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## Green Elementary Hosts Workshops to Increase Parent Engagement



The recent Parent Math Meet-Up groups at Green Elementary School enlightened parents about fractions. (Photo Courtesy of Lawndale Elementary School District)

## Board Approves Workshops for School Sites throughout District

By Cristian Vasquez

Members of the Hawthorne School Board unanimously approved an agreement between the Richstone Family Center and the Hawthorne School District to receive professional development services. Through a series of one-hour trauma and wellness workshops, Richstone Family Center will work directly with staff throughout schools in the district. Each workshop is tailored to train staff on how to focus on behavioral issues in order to properly intervene and provide the support needed to help any student living through a crisis.

“The reality is it that the teachers need to build the relationships with these students, so we reached out to Richstone to see if they would be willing to tailor the workshops so that they [teachers] got an overview of the trauma and loss, but that would also help develop the relationship with the students in the classroom,” Hawthorne School District Director of Pupil Personnel Services Dr. Sonya Smith said. “The bottom line is that we need the student in the classroom ready to learn. When they are stressed about going home, or not having a home, they will not be ready to receive the academics.”

Workshops will train staff members on “specific preventative interactions” that will help ease “the intensity of trauma and emotional episodes,” which the staff report states will help to enhance the relationships between students and staff while encouraging a problem-solving approach in the future. Through this change in behavior, it is expected that students with behavioral problems triggered by a life crisis will be capable of achieving higher academic accomplishments and attain a more balanced social and

emotional well-being.

The idea to provide these workshops for teachers was born in the summer when similar professional development efforts were hosted for everyone in the district to join. Upon conclusion, the decision was to host separate workshops, also centered on the concept of trauma and loss, for psychologists, deans and counselors.

“Everybody is unique and we have to try and peel that onion so that we can get to the root of the issues,” Dr. Smith said. “The student may be disruptive in the classroom, but that may be because something is happening

*The idea to provide these workshops for teachers was born in the summer when similar professional development efforts were hosted for everyone in the district to join.*

outside of the classroom that we don’t know about. So bringing that training to the people over the summer was a way to help them understand some of the different dynamics that might be affecting our students who might have experienced some sort of loss.”

Incorporated in 1974 as non-profit social services agency, Richstone Family Center was one of the first six treatment and prevention program facilities in the state dedicated to addressing child abuse. Through a grant provided by the State of California in 1977, the Richstone Family Center became a comprehensive agency capable of providing services to an estimated 70 families. Since 1980, the center has seen its staff grow from six to 135 along with the number of programs it offers and the cities assisted.

Among those localities are the City of Hawthorne (the center’s home), the greater South Bay area, and the southwest corner of Los Angeles County, including six different school districts. “They [Richstone] were kind of a natural fit—not only because we have worked with them—but as a counseling agency for some of our families, they are also the ones who manage some of our afterschool programs,” Dr. Smith said.

Hawthorne School District’s commitment to approaching behavioral issues with empathy and compassion is a departure from the traditional disciplinary approach that would only focus on reprimanding the student for disruptive behavior. Furthermore, the District is dedicated to ending the practice of isolating students from classmates and the classroom as the only disciplinary action.

These workshops are available for all schools within Hawthorne School District. Some principals have responded favorably to past classroom management workshops and there is optimism that the response for these workshops will be positive among all the schools.

“We want to help break down those barriers and help them understand that it’s about relationship-building and getting to know the child and what is going on at home, and learn where they are struggling, whether it be academic or behavioral,” Dr. Smith said. “If someone is not reading at their grade level, we provide intervention. If they are not behaving the way that the school expects, we need to provide intervention. It’s the same thing with their social and emotional well-being. If there is a gap, we need to respond to find a way to try and fill that.” •

## Weekend Forecast

Friday  
Rain  
60°/52°



Saturday  
Mostly Sunny  
63°/52°



Sunday  
Mostly Sunny  
62°/52°





# Wiseburn Staying on Target and Looking Forward

By Haleemon Anderson

The Wiseburn School Board began the new year with a focus on the final phase of construction at the highly anticipated new high school. Wiseburn High is scheduled to open this fall. When completed, the multi-million-dollar complex will be the first comprehensive high school to be built in the area in over 50 years.

Vince Madsen, Director of Facilities Planning, said the innovative plan for the school has gained attention in development circles. “We are definitely affecting the industry,” he said. Madsen reported at last week’s School Board meeting that despite 43 change orders on the agenda, the project is nevertheless on target. “We’re looking right on track,” he said, noting the goal is to have teachers setting up rooms by July 31.

Madsen pointed out the contribution and fundraising efforts of major developer and landholder Richard Lundquist that facilitated the partnership with the District and the City

of El Segundo to establish a world-class Health and Aquatics Center at the school.

Deputy Chris Jones told the Board he is preparing an updated technology budget to be presented later this quarter. “It will give you an idea of what our next projections will be,” he said, adding that everyone is anticipating the upcoming Wiseburn High opening. “We are doing what we can to ensure a smooth opening.” Jones also called attention to the need for a traffic impact study at the corner of Utah and Douglas. This corner will serve as the pick-up and drop-off location when school is in session.

Chief Business Official Dave Wilson reported on an upcoming meeting of oversight committees for Measures A and AA. “We’re going over revenues, expenses and balances through December 31,” he said. The parcel tax measure (A) was wildly popular in the November general election, passing with near 75 percent voter approval, and will fund park improvements. Wilson

mentioned Measure CL, which also passed in November. This measure will raise over \$11 million a year for Wiseburn and other local districts, and the funds will be used for enhanced technology and academic programs. Wilson also reported the District’s 2015-16 audit has been completed and submitted to Los Angeles County. “There were no audit findings,” said Wilson.

Board Vice President JoAnne Kaneda thanked President Israel Mora and member Roger Banuelos for their work on both the School Board and the Wiseburn Foundation Board.

Superintendent Tom Johnstone announced audits had been completed by both local Little League organizations, Aviation and Hawthorne National Wiseburn, as had been requested by the Board. Johnston said American Youth Soccer Organization (AYSO) will also conduct an audit and submit results to the Board. The teams play on Wiseburn fields. The 2017 season is underway with

sign-ups ending February 3 and Opening Day on February 25. A Board member has been invited to throw out the first pitch.

Johnstone added that the academic calendar for next year will be out by next meeting, with a start date of August 22 for all schools. He also announced that Mayor Alex Vargas will deliver the State of the City of Hawthorne next month on Wednesday, March 29. The reception and luncheon will take place at the Memorial Center at 3901 West El Segundo Boulevard, starting at 11 a.m.

In other school news, Dana Middle School held a showcase for its drama classes. A student at Dana won the Geography Spelling Bee and will move on to the state competition, sponsored by National Geographic. April 1 has been set for the district-wide Rock Around the Block, the annual music and carnival-style festival.

The next meeting of the Wiseburn Unified School District Board will be held Tuesday, February 7 at 6 p.m. •



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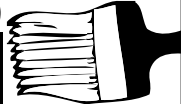
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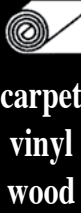
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# Hawthorne Happenings

## News for the City of Good Neighbors from City Clerk Huber

### CELEBRATION OF LIFE – SUPER BOWL SUNDAY – ANYONE WATCHING THE GAME?

Do we love the food more than the game? Do we watch the commercials more than the game itself? Do we care more about winning our bet than the final score? Will the half time show be more entertaining than the first half? New England vs Atlanta, how boring! How about a cross South Bay matchup with the Rams vs the Chargers? That would be the Blue Line match up, Carson vs Inglewood. The two teams will share a stadium in 2019 and the Super Bowl will be played there a couple of years later. A LA home team victory would be pretty exciting.

### TENNIS ANYONE?

Beginning adult tennis lessons start this Saturday, February 4th at 7 a.m. at the Holly Park tennis courts. If you have always wanted to learn how to play the great game of tennis, here is your chance. If you have any questions, please contact Lisa Aguilar at lisagaguilar@gmail.com.

### GOLF ANYONE?

Two tournaments coming up. Please contact me if you would like to play in either one or both: The Lutheran Open on Monday, February 20th at 8 a.m. at Coyote Hills Golf Club in Fullerton. The Hawthorne Parks Foundation Gold Tournament is on Monday, April 10th at 12 noon at Coyote Hills Golf Club. These are two good days to get out of the office and enjoy some sunshine following our rainy season.

### PANCAKES ANYONE?

The 2017 Historical Society Pancake Breakfast will be held Saturday, February 25th at the VFW Post located at 4562 W. 131st Street from 7 a.m. – 11 a.m. Everything tastes better outside and this year's breakfast will be held outside the historic water tank building of the VFW. During the early years of Hawthorne the water tank was located at one of the highest elevations in Hawthorne. The water department used gravity to flow water down to the city's homes and businesses along Hawthorne Blvd.

### HAWTHORNE CHAMBER SEEKS NOMINATIONS

The Hawthorne Chamber of Commerce is seeking nominations for the Hawthorne Citizen of the Year Award that will be presented during the chamber's annual State of the City Luncheon, featuring Hawthorne Mayor Alex Vargas, March 29, 2017, at the Hawthorne Memorial Center, 3901 El Segundo Blvd, from 11:30 a.m. to 2 p.m. The award



is given to those individuals who have given outstanding service to the community as a volunteer and through other humanitarian activities, and have helped to build a better community. Nominees must be residents of the City of Hawthorne, or live within the Wiseburn or Hawthorne School District boundaries.

The selection committee consists of past recipients. Nominations must be in the chamber office by noon on February 28th. Written nominations may be hand carried or emailed to the chamber at 12519 Crenshaw Blvd, Hawthorne. Send email nominations to sherice.baker@thehawthornechamber.com. Telephone contact is 310-676-1163.

### STUDENT SPEECH CONTEST

The Lions Club will be sponsoring their annual Student Speech Contest on February 8th beginning at 5:45 p.m. at the Moose Lodge on Inglewood Avenue and 132nd Street. The public is invited. Every year these young people learn a great deal from this public speaking event.

### HALF EMPTY OR HALF FULL?

I was accused of being too negative last week with my rants about the lack of parking in Hawthorne and the rainstorm flooding many of our garages. So, let me take a more positive approach this week. I'm thankful to So Cal Edison for turning my power off for a day to "upgrade the grid" on my block. I'm thankful that I can hang up on all of those phone solicitors who want to give me a free estimate on remodeling my house. (I tell them I'm all done, but in actuality we are putting in new landscaping and working on our abode 37 years after we bought our place. Home remodeling never ends.) I'm thankful that I've got half of my taxes figured out already. You see, you can look at your world with a half empty attitude or a half full attitude. It all depends on your attitude. When my old lady gives me a directive, I can say, "thank you honey" or I can mutter something under my breath about "why me?" Thank God for these little irritations in life. Without pain, suffering, anguish, frustration, anger and outrage, there would be no joy, happiness, and sense of accomplishment. There would be no need to celebrate with a cold one. All I know is that when my mug is empty, it's time for another one. May your life be full and overflowing, spilling all over your world with refreshing joy. Don't forget to clean up the mess you made. •

Contact email: [norbhuber@gmail.com](mailto:norbhuber@gmail.com)  
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## Community Brief

### Leuzinger High College-Prep Program Funded by U.S. Department of Education

Last week, Lawndale's Leuzinger High School was awarded funding by the U.S. Department of Education for a new college-preparation program in partnership with Volunteers of America, Los Angeles (VoALA), called the Educational Talent Search Program.

The Educational Talent Search Program offers free services to students from Leuzinger High School that participate. Program activities include:

- Academic advisement (tracking A-G

requirements).

- College & cultural enrichment field trips.
- Standardized test preparation (PSAT/SAT/ACT).
- Assistance with scholarship searches.
- Tutoring.
- Workshops (academic, gender awareness, senior year preparation and timeline, networking, financial responsibilities, athletics, etc.).
- Individual help with college and financial aid applications.

### Inglewood Alumnae Chapter Hosts Authors Event

The Inglewood Alumnae Chapter (IAC) of Delta Sigma Theta Sorority, Inc. will host Delta Authors on Tour in the Farwest Region on Saturday, February 4 from 1 to 4 p.m. at The Museum of African American Art at the Baldwin Hills Crenshaw Plaza. The Museum is located at 4005 Crenshaw Boulevard in Los Angeles on Macy's third floor. This event is free and open to the public.

The event will feature national, regional and local authors, including Dr. Carliss R. McGhee, author of *I Am My Brother's Keeper, Are You?*; Victoria C. Murray, author of *Lust: A Seven Deadly Sins Novel*; Dr. Victoria M. Ruffin, author of *Caught During the Fall*; Patricia J. Thurmond, author of *Let Me Tell You A Story...A Memoir*; and L.D. Wells and Dr. Francene Breakfield, authors of *An Anthology*

of Sisterhood.

Attendees can meet and greet the authors and enjoy an afternoon of literary discussions on books written by Delta authors. Literature from the featured authors will be available for purchase and book signing.

Delta Authors on Tour is a key program under Delta Sigma Theta Sorority, Inc.'s National Commission on Arts and Letters. The mission of the Arts and Letters Committee is to promote a positive image of African Americans and other minorities through music, dance, drama and poetry. It is a platform for members of the sorority who are authors to promote literacy, provide information about writing and publishing, and share their own literary works and journey. For more event information, contact [artsandletters@iacdst.org](mailto:artsandletters@iacdst.org).

### SBWIB Hosts LAX Building for the Future

During a special program at the Hawthorne Memorial Center (3901 W. El Segundo Boulevard) on February 7, LAX Consolidated Solutions will share Los Angeles World Airports' vision for the proposed Consolidated Rent-a-Car facility (ConRAC) at LAX. The ConRAC will relocate existing rental car companies into one convenient location adjacent to the 405 Freeway with direct connection to the airport via the LAX Train. Hosted by the South Bay

Workforce Investment Board (SBWIB), the discussion will cover workforce development, project labor agreements, insurance regulations and general construction. Registration is at 10:30 a.m., with a general session from 11-11:45, a lunch presentation from noon to 1:15, and networking from 1:15 to 2. To register for the event, go to <https://www.eventbrite.com/e/building-for-the-future-new-opportunity-tickets-31048481845>.

### Caltrans Project May Cause Delays Near LAX

Los Angeles International Airport (LAX) advises guests and employees that they may experience traffic delays for the next few weeks near the airport as Caltrans continues nighttime work to seal bridge surfaces on Interstate 105.

Interstate 105 lanes and ramps in the LAX area may be closed nightly Sunday through Thursday as a Caltrans contractor applies a sealant to the surfaces of bridges (bridge decks). The work began in mid-January, but was temporarily suspended. Current plans call for lanes and ramps to begin closing as early as 7 p.m., with several lanes of Interstate 105 closed after 10 p.m. and reopening by 5 a.m.

the following morning. The work resumed last week with westbound Interstate 105 reduced to one lane.

Airport officials recommend departing travelers plan ahead and allow more time for possible detours around closed I-105 lanes and ramps. Caltrans will be responsible for detouring freeway traffic. Updates on real-time traffic conditions in and around LAX will be available by following the Los Angeles Airport Police (@LAAirportPD) and LAX Airport (@flyLAXairport) on Twitter. For more information on the project, contact Caltrans' District 7 public information office at (213) 897-3656. •

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| <p><b>Fictitious Business Name Statement</b><br/><b>2017005833</b></p> <p>The following person(s) is (are) doing business as ELIZABETH'S WORLD OF ART GLASS, 655 WEST MAPLE AVENUE, EL SEGUNDO, CA 90245-2006, LA COUNTY. Registered Owner(s): ELIZABETH CLARA RUSSELL, 655 WEST MAPLE AVENUE, EL SEGUNDO, CA 90245-2006. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2016. Signed: ELIZABETH CLARA RUSSELL, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 9, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 9, 2022. A new Fictitious Business Name Statement must be filed prior to January 9, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 1/12, 1/19, 1/26, 2/2/2017 <b>H-1572</b></p> | <p><b>Fictitious Business Name Statement</b><br/><b>2017005321</b></p> <p>The following person(s) is (are) doing business as TCJ AND ASSOCIATES, 4001 INGLEWOOD BLVD BLDG 101 UNIT 708, REDONDO BEACH, CA 90278, LA COUNTY. Registered Owner(s): ATHENIA PARKER, 4001 INGLEWOOD BLVD BLDG 101 UNIT 708, REDONDO BEACH, CA 90278, CA. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: ATHENIA PARKER, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 6, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 6, 2022. A new Fictitious Business Name Statement must be filed prior to January 6, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 1/12, 1/19, 1/26, 2/2/2017 <b>H-1573</b></p> | <p><b>Fictitious Business Name Statement</b><br/><b>2017005322</b></p> <p>The following person(s) is (are) doing business as ALL SEASONS CATERING, 20927 AMIE AVE APT 17, TORRANCE, CA 90503, LA COUNTY. Registered Owner(s): OSBORN LARAY FOWLER, 20927 AMIE AVE APT 17, TORRANCE, CA 90503, CA. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: OSBORN LARAY FOWLER, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 9, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 9, 2022. A new Fictitious Business Name Statement must be filed prior to January 9, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>TORRANCE TRIBUNE: Pub. 1/12, 1/19, 1/26, 2/2/2017 <b>HT-1574</b></p>                                      | <p><b>Fictitious Business Name Statement</b><br/><b>2017008466</b></p> <p>The following person(s) is (are) doing business as 1.) LOVE N LIGHT MAMA, 113 S AVIATION BLVD, MANHATTAN BEACH, CA 90266, LA COUNTY. 2.) LOVE N LIGHT LEARNING. Registered Owner(s): MANDARIN KAR LING SO, 113 S AVIATION BLVD, MANHATTAN BEACH, CA 90266. This business is being conducted by an INDIVIDUAL. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: MANDARIN KAR LING SO, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 11, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 11, 2022. A new Fictitious Business Name Statement must be filed prior to January 11, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 1/19, 1/26, 2/2, 2/9/2017 <b>H-1575</b></p> | <p><b>Fictitious Business Name Statement</b><br/><b>2017000787</b></p> <p>The following person(s) is (are) doing business as MARISCOS LA FIESTA, 15020 HAWTHORNE BLVD STE E, LAWNDAL, CA 90260, LA COUNTY. AI #ON: 3972721. Registered Owner(s): R T FOOD GROUP INC, 15020 HAWTHORNE BLVD STE E, LAWNDAL, CA 90260, CA. This business is being conducted by A CORPORATION. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: R T FOOD GROUP INC, ISMAEL RAMIREZ, PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on January 3, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 3, 2022. A new Fictitious Business Name Statement must be filed prior to January 3, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>LAWNDAL TRIBUNE: Pub. 1/19, 1/26, 2/2, 2/9/2017 <b>HL-1576</b></p> |
| <p><b>Fictitious Business Name Statement</b><br/><b>2017003085</b></p> <p>The following person(s) is (are) doing business as GANACHE A TROIS, 2049 W 236 PLACE, TORRANCE, CA 90501, LA COUNTY. Registered Owner(s): SANDRA I ALVAREZ GARCIA, 2049 W 236 PLACE, TORRANCE, CA 90501. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: SANDRA I ALVAREZ GARCIA, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 5, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 5, 2022. A new Fictitious Business Name Statement must be filed prior to January 5, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>TORRANCE TRIBUNE: Pub. 1/19, 1/26, 2/2, 2/9/2017 <b>HT-1577</b></p>                                         | <p><b>Fictitious Business Name Statement</b><br/><b>2017010301</b></p> <p>The following person(s) is (are) doing business as TOPOP MARKETING, 2817 W. 83 RD ST, INGLEWOOD, CA 90305, LA COUNTY. Registered Owner(s): GERARDO VILLALOBOS, 2817 W 83 RD, INGLEWOOD, CA 90305. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: GERARDO VILLALOBOS, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 13, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 13, 2022. A new Fictitious Business Name Statement must be filed prior to January 13, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>INGLEWOOD DAILY NEWS: Pub. 1/26, 2/2, 2/9, 2/16/2017 <b>HI-1578</b></p>                                                | <p><b>Fictitious Business Name Statement</b><br/><b>2017010387</b></p> <p>The following person(s) is (are) doing business as 1.) AEG CREDIT CONSULTANTS, 1238 W 107 SUITE 1, LOS ANGELES, CA 90044, LA COUNTY. 2.) 15501 SAN PABLO AVE, RICHMOND, CA 94806. Registered Owner(s): MARCUS FRANKLIN, 1238 W 107 SUITE 1, LOS ANGELES, CA 90044. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MARCUS FRANKLIN, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 13, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 13, 2022. A new Fictitious Business Name Statement must be filed prior to January 13, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 1/26, 2/2, 2/9, 2/16/2017 <b>H-1579</b></p> | <p><b>Fictitious Business Name Statement</b><br/><b>2017000272</b></p> <p>The following person(s) is (are) doing business as NATURAL-WE COMMUNITY HAIR SHOW, 2656 E 55<sup>TH</sup> WAY #5, LONG BEACH, CA 90804, LA COUNTY. Registered Owner(s): TIEAREA J. ROBINSON, 2656 E 55<sup>TH</sup> WAY #5, LONG BEACH, CA 90805. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: TIEAREA J. ROBINSON, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 3, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 3, 2022. A new Fictitious Business Name Statement must be filed prior to January 3, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 2/2, 2/9, 2/16, 2/23/2017 <b>H-1580</b></p>                  | <p><b>Fictitious Business Name Statement</b><br/><b>2017018024</b></p> <p>The following person(s) is (are) doing business as ETHUR, 411 ½ RICHMOND ST., EL SEGUNDO, CA 90245, LA COUNTY. Registered Owner(s): HALLAND BRINAN ETHRIDGE, 411 ½ RICHMOND ST., EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: HALLAND BRINAN ETHRIDGE, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 24, 2017.</p> <p>NOTICE: This Fictitious Name Statement expires on January 24, 2022. A new Fictitious Business Name Statement must be filed prior to January 24, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).</p> <p>El Segundo Herald: Pub. 2/2, 2/9, 2/16, 2/23/2017 <b>H-1581</b></p>                                               |



# Sports

## Cardinals Beat Cougars, Climb Standings

The Lawndale Cardinals and the Hawthorne Cougars boys' soccer teams are on two very different trajectories. Hawthorne, a team with plenty of junior and senior talent, got off to an amazing start this season and looked to be one of the clubs to beat in a stacked Ocean League. Lawndale, on the other hand, sports a roster full of freshman and sophomores. Those youngsters got off to a shaky start at the beginning of the year, but have recently come on strong when it has meant the most. The directions that these two teams have been headed held true when they met each other for a rivalry matchup last Wednesday afternoon. Lawndale's young guns took control of the game early and the defense clamped down late. A 3-0 victory boosted the Cardinals up the Ocean League standings while Hawthorne has been left looking for answers in a season that is quickly coming to a close.

The story of the game and much of the season for the Cardinals has been an extremely strong defense led by senior captain Ruben Salas. Salas is one of the more tenured players on a team that has been getting major contributions from its sophomore players. "Defensively, we're a lot better now than we were earlier in the season," Salas explained. "We're more organized, positioned better and communicate better." That great communication hasn't only led to wins, but also to shutouts. In the last five games the Cardinals have played, they have only given up a total of four goals.

While the defense has held strong, the offense has been on fire as well. Led mainly by sophomore Mario Perez, Lawndale took a quick 2-0 lead on Hawthorne before the seventh minute was even fully over. Perez scored in the second minute to give his team the quick lead before sophomore Anthony Canseco notched the second goal of the game in the seventh. The Cardinals were able to score their third goal of the game in the 70<sup>th</sup> minute to officially put things away. Their defense had already done a great job of putting things away by allowing only one shot on goal while completely shutting out the Cougars, who have been without the services of their star offensive player Oskar Gomez who is out for the rest of the season due to injury.

With the victory, Lawndale keeps its momentum heading into the final stretch of the regular season with a young but exuberant team. Salas likes the direction in which his players are headed. "We struggled early, we have a young team, but we're getting used to each other and communicating well and it

shows on the field," he said. Lawndale will look to keep gelling as it competes for the Ocean League title with games against the first place Culver City Centaurs and fourth place El Segundo Eagles this week. Despite their current third place standing, the Cardinals (7-12-3, 3-2) have the firepower and the opportunity with the schedule to keep their head of steam going and take a shot at the Ocean League championship before all is said and done.

Hawthorne, on the other hand, has been spiraling out of control--almost to the point of no return. Without Gomez, it has been next to impossible for the Cougars to formulate any offense whatsoever. "You have a starting lineup, one key kid goes down...you start moving things around. It's been tough," said Hawthorne head coach Yuri Najarro. "We're not defeated yet. We're trying to hang in there and figure it out." The loss to Lawndale marked the fourth loss in a row for a Hawthorne team that had only scored two goals in that same time span and was shut out in three straight games. The Cougars (9-7-6, 1-4-1) will look to get anything at all going on offense as they take on Santa Monica (second place) and Culver City (first place) this week, looking to improve on their fifth place Ocean League standing.

### INGLEWOOD HIGH

While Hawthorne and Lawndale have made things extremely interesting over in the Ocean League, the Inglewood Sentinels boys' soccer club has been completely outmatched in the Bay League. Inglewood has been extremely competitive thus far, attempting to make a run at the Bay League championship in the latter stages of the regular season, but the school has suffered an inability to field a competitive soccer club. Inglewood's (0-9-2, 0-5) last victory on the soccer field came in the last game of the regular season last year when they beat Morningside by a final score of 3-1.

The Sentinels have been marred by losses this season, including a 6-0 shutout at Palos Verdes last Friday night and a 3-0 shutout at home against the Peninsula Panthers last Thursday. Inglewood has to deal with Mira Costa and Peninsula once again down the stretch, but does have an opportunity for a victory with a potential matchup against Morningside (0-5, 0-1) on the schedule in what would be the final game of the regular season. •

— Asixlion@earthlink.net



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# Entertainment

## Film Review

### Grindhouse Comedy *I Don't Feel at Home in This World Anymore* Wins Sundance Grand Jury Prize

By Ryan Rojas for Cinemacy.com

Cinemacy just came back from covering this year's Sundance film festival (the first time for me and Morgan!) and we were lucky enough to see the film that took home the top prize. That film was Macon Blair's comedy-thriller *I Don't Feel at Home in This World Anymore*, which won the coveted Grand Jury Prize after leaving audiences in stitches with its raucous tonal mixings of genuinely side-splitting comedy and shock-violence action that plays like an indie grindhouse comedy.

*I Don't Feel at Home in This World Anymore* is built on the premise that the world is full of self-centered jerks. It's certainly the world that Ruth (Melanie Lynskey) lives in, where minor violations like witnessing lifted trucks pumping out black exhaust, people carelessly discarding items on the floor at the grocery store, and finding constantly not-picked-up dog droppings on her lawn are a part of everyday life. The easygoing nice-person levee breaks when, after the discovery of a home invasion with personal affections stolen, Ruth decides to take matters into her own hands and track down the culprit--if for nothing more than to confront the perpetrator for the moral wrongness. Ruth enlists the help of her quirky karate-obsessed neighbor Tony (Elijah Wood) to help find the burglar, but little do they know that they're tracking down a band of junkie nutsos led by slithery and vampiric Marshall (Tony Zow), who are planning an even bigger smash and grab job--which sucks them into an underbelly world full of bloodbath mayhem that puts them in way over their heads.

As Ruth, Melanie Lynskey is great as an elder's nurse turned homespun moral crime-fighter, playing the full comedic range of meekly expected disappointments at the beginning of the film up through passing her tipping point and boiling over into DIY revenge when she steals back her grandmother's

silver from a seedy pawn shop in one of the film's most jarringly and unexpectedly hilarious moments as the store owner tries to stop them. Even the notion of being one of the last few moral defenders in a world run amuck by schmucks is a feeling that taps into the collective conscious that we all have (haven't we all fantasized about confronting that jerk who uncaringly spoils a major twist in that fantasy novel?), making the cathartic and comedic effects here even greater.

Wood as Ruth's nerdy, karate-loving loner neighbor Tony may have never been funnier onscreen. With his rattail hair, old man specs, and nunchucks and ninja stars, Wood plays the punchline sidekick that keeps the filming motoring confidently ahead on its screwy head. Wood gets rich deadpan dialogue at every turn from Blair's original script (after struggling to get a ninja star out of a wall, Tony surmises, "That's how hard I threw it..."). But Wood's sensitivity also conveys the introverted antisocial neighbor that makes his Tony a perfect companion. He's more looking for a friend than a reprobation, and the chemistry between him and Ruth makes one wish those two would get into more adventures.

*I Don't Feel at Home in This World Anymore* (its mouthy title comes from a gospel LP that Blair received from director pal Jeremy Saulnier, whose name ended up fitting the tone of the film perfectly) is a true belly-laugh of a film and a great watch for when you're in the mood for a weirdly hilariously and insane hybrid of a movie. Director Blair, who Morgan and I had the fortune of actually running into while walking down Park City's Main Street earlier in the day before his film would win at the Awards Ceremony later that night, could not have been a more pleasant and nice person. Which just goes to show--as the film will be streaming on Netflix later this year--that nice people don't always finish last. •



Elijah Wood and Melanie Lynskey in *I Don't Feel at Home in This World Anymore*. Photo Courtesy of Sundance.



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## Seniors

### What to Do When a Senior Loved One Wanders



(BPT) - Virtually all parents have experienced the terror of looking up from what they were doing only to realize their child has wandered off. Your pulse races, your heart pounds and you can't relax until your child is back in sight. As children grow up, they learn to stay put - or at least let you know where they're going - and your fears fade.

However, if you become a caregiver for a parent, grandparent or other loved one with dementia, you may find yourself having the same fear if your loved one begins to exhibit a concerning symptom of dementia - getting lost or wandering.

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*"Wandering is one of the potentially most dangerous symptoms of dementia."*

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The Alzheimer's Association says six out of 10 people with Alzheimer's experience episodes of wandering. The behavior can take many forms, from leaving the house without telling anyone to leaving and then becoming too disoriented to find their way home. Wandering can also occur at night, when a person with Alzheimer's gets out of bed and wanders inside the house - or more concerning, goes outdoors - in the dark.

"Wandering is one of the potentially most dangerous symptoms of dementia," says Juliet Holt Klinger, senior director of dementia care for Brookdale Senior Living. "The Alzheimer's Association notes that up to half of those who wander will suffer serious injury, or even die, if not found within 24 hours. It's important for caregivers to understand why and how wandering happens, when it occurs and what they can do to prevent or minimize occurrences."

#### Why Wandering Occurs

To understand why your loved one may be wandering, look for a pattern, Holt Klinger advises. Does he wander at a particular time of day or night? Is she trying to communicate with you? Do they have an unmet physical or psychological need, like being hungry or thirsty, or feeling lonely? Is an undiagnosed medical problem, such as a urinary tract infection, prompting the person to get out of bed at night?

Sleep patterns change as we age, and those changes can be pronounced and concerning for people with dementia. Your loved one may get up during the night because he or she has trouble sleeping. People with Alzheimer's may wake in the middle of the night and get confused, thinking that it is time to get up and go somewhere, such as work or running errands.

#### Wandering Safety Tips

Observing when and why your loved one wanders can help you take steps to keep him or her safe. Common coping strategies for night-time wandering include:

- Help people with Alzheimer's differentiate between day and night by making sure they're exposed to plenty of natural light during the day. This can help circadian rhythms that dementia disrupts and age-related changes in sleep patterns.

- Encourage at least 30 minutes of exercise every day, but not within four hours of bedtime. Exercise can keep people more awake and alert during the day, and promote better sleep at night.

- Discourage daytime sleeping by keeping people with Alzheimer's engaged in meaningful activity. Allow a good balance between activities and rest.

- Avoid serving alcohol, caffeine or large meals as bedtime approaches.

- Encourage a bathroom visit right before bedtime.

- Avoid screen time (white light) directly prior to bedtime and use amber colored night lights which do not disrupt REM sleep patterns.

- Practice relaxation methods like a short, light massage, warm bath, hot milk or herb tea, or reading aloud. These activities are soothing and can help a person calm down for better sleep.

- For extreme wandering concerns, consider investing in a monitoring system that will alert you when a loved one gets out of bed at night.

*For daytime episodes of wandering, try:*

- Hiding car keys. This can prevent loved ones from leaving the house, getting in the car and losing their way. If your loved one's car operates with a key fob, removing the battery or distributor cap may be another option.

- Keeping doors locked. Some people with Alzheimer's are unable to operate locked doors. At the very least, a locked door may provide a delay long enough for a caregiver to intervene.

- Equipping doors with an alarm to signal when it is opened. This can be as simple as putting a bell on the door.

- Staving off wandering impulses by taking your loved one for frequent walks outdoors.

- Occupying your loved one with a relatable, doable task that provides a sense of purpose. For example, if someone worked in an office, give her papers to organize. If he loves animals, have him brush the dog.

"Sometimes, despite your best efforts and precautions, wandering can remain a concern," Holt Klinger says. "If that happens, it may be time to consider a move to a senior living community that specializes in caring for people with Alzheimer's and other dementias. Brookdale's Clare Bridge communities are secured and designed to promote a sense of independence, safety and purpose." •

## Finance

### Forget Post-Holiday Sales: Find the Best Deals at Local Boat Shows



(BPT) - Post-holiday sales aren't the only deals to be found during the winter months. Starting in January, boat shows take place across the country. They offer some of the best pricing and incentives of the year - a major draw for the millions of Americans who take to the water each year on more than 12 million boats in the U.S., according to the National Marine Manufacturers Association. For those ready to plan their summer fun, boat shows are often the place to start.

Whether it's fishing, sailing, cruising, riding personal watercraft, wakesurfing or tubing - boat shows have it all and create a unique shopping experience with hundreds of boats are under one roof to board, browse and buy. However, most people don't know about the special pricing, incentives and perks these events offer.

Discover Boating, the national awareness program to help get people on the water, offers five tips to find the best deal at your local boat show.

- **Find your virtual dreamboat.** Before visiting a boat show, you'll want to know which boats to shop. Start your search online with DiscoverBoating.com's Boat Selector to identify which boat types fit your lifestyle, interests, and budget. Plug in your preferences for on-water activities, number of passengers, boat length, price range and propulsion, to narrow down boat options before heading to your local boat show.

- **Warm up with hot deals.** Unlike auto shows, boat shows are the place to buy. Hundreds of new-year models are available to buy right at the show, often at some of the best prices of the year as exhibitors generally offer special show pricing or other incentives. Plus, it's the perfect time to order a new boat to ensure it arrives

ready to launch in spring.

- **Make the most of show pricing.** It helps to know what fits in your budget before shopping a show. Use this boat loan calculator on DiscoverBoating.com to estimate monthly payments, which can be as low as \$250 a month or less.

- **Try out the boating lifestyle.** Boat shows are a great place for beginners to learn about boating and for more experienced captains to hone their skills, plus they offer lots of fun and interactive activities for the whole family. Look for boat shows that offer knot-tying, DIY boat maintenance, a sailing simulator, remote control docking ponds, virtual boating simulators, paddlesports pools, fishing for kids and much more. It's not only fun to learn new skills, but smart to take advantage of the onsite training boat shows offer usually at little to no cost. Plus, it's a great place to meet other boaters as many make their local boat show a winter rendezvous.

- **Look for the seal of approval.** When shopping for a boat at a show, online or at a dealership, always check to make sure it is certified by the National Marine Manufacturers Association. An "NMMA Certified" seal means a boat has met strict industry standards for safety, construction and federal regulations, ensuring the best quality to the buyer. Look for the NMMA certified sticker near the helm.

Boat shows not only offer the best deals of the year, but they are also a way to learn how to get on the water, while enjoying a taste of summer boating during the off season. Visit DiscoverBoating.com to find a boat show near you, a list of certified dealers and manufacturers, and unbiased advice for getting started in boating. •

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Tommy

**Georgie** is very sweet, intelligent, inquisitive and a gentle little lady. Her owner moved to California for hospice care by his family and passed away at the end of July 2016. She was a great comfort to him during his final illness. She had lived with a couple of small dogs before and they got along well. At her foster home, she was nervous about meeting their Great Danes, but her curiosity and sweetness overcame that and she wanted to interact with them (unfortunately, it was



Windsor

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other kittens and cats, please check our website [www.kittenrescue.org](http://www.kittenrescue.org), or email us at [mail@kittenrescue.org](mailto:mail@kittenrescue.org). Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard.



## Finn and Quinn

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard just south of Manchester Avenue,



George



Lancaster



**Michael**



Cardiff



## Buckingham



**Georgie**