

El Segundo Herald

The Weekly Newspaper of El Segundo

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Weekend Forecast

Friday
Partly
Cloudy
73°/86°



Saturday
Sunny
75°/97°



Sunday
Sunny
73°/93°



Girls' Flag Football Team Celebrates Win



The Eagles pose after defeating West Torrance 13-0. For story see Sports on page 3. Photo by Gregg McMullin.

Council Candidates Weigh in on the Issues

Each week leading up to the November election, the Herald will publish El Segundo City Council candidate responses to questions covering various matters of local concern.

1. What are the three most significant challenges facing the City now and over the next four years, and how would you address them?

Ryan Baldino

Our three biggest challenges are the structural deficit, a growing infrastructure backlog, and meeting housing requirements while preserving what makes El Segundo special. El Segundo faces a structural deficit in the coming years. To maintain our high level of City services, we need real solutions. Renegotiating our Chevron tax agreement is one path forward. We need to bring our refinery tax revenue closer to what comparable cities collect. We also have several capital needs across our parks and facilities. The City is making progress, like reopening the Plunge and repairing park facilities, but we need long-term maintenance plans so they don't fall back into disrepair. Over the next four years, the City will begin its next Housing Element, planning for greater density. We have to comply with the law, but we need to

be smart about how and where that growth happens so it makes sense for El Segundo.

John Pickhaver

As costs rise, seniors who have spent decades here, young adults who grew up here, and those who teach our children and serve our City increasingly struggle to stay. The housing shortage is eroding El Segundo's small-town character by pricing out those who make this community what it is. We need thoughtful planning to expand housing options. Street safety is public safety. We should identify dangerous intersections and corridors, listen when residents flag problems, and act before a known danger becomes a tragedy. Economic development should be pragmatic and create lasting value. My approach is to understand what projects demand of our limited land and infrastructure, set clear expectations, and make informed decisions about what best serves El Segundo residents. When a major data center proposal exposed gaps in our policies, I successfully called for a temporary moratorium so the City could address those gaps before another proposal arrived.

Chris Pimentel

El Segundo is as safe, prosperous and

vibrant as it has ever been. In a decade where more than 500,000 people departed LA County, our city has grown, our schools are full and our economy is booming. We cannot be complacent with the work that has gotten us here, and we cannot fall into the trap, like many cities, of spending our effort and funds on tasks that are the role of the county, state and federal governments. Prosperity can tempt us to poor decisions and feckless government. We have to manage our growth carefully, and this means ensuring available housing that allows our children opportunities to live here alongside the new residents joining our unique and prosperous community. It means smart updates to our land use regulations. We have to reduce the impacts of spiraling unaffordability by continuing to use tax dollars in ways that directly benefit our taxpayers.

2. What is the number one priority item you would personally try to advance to the Council if elected and why is it important?

Ryan Baldino

If re-elected, my top priority is completing the renegotiation of El Segundo's 15-year-old Chevron tax agreement. El Segundo

See Council Candidates, page 7

★ Candidate ★
Ryan Baldino



Photo by Kim Nicol

★ Candidate ★
John Pickhaver



Photo by Christian Gutierrez

★ Candidate ★
Chris Pimentel



Photo Courtesy of the City of El Segundo

Herald in South Bay



The Herald took a spin around the South Bay area with Larry Burdick and his traveling Chunk-n-Chip sundae bar.

Police Reports

Monday, Sep 21

A found property report was taken at 0903 hours from the 300 block of Vista Del Mar. A wallet was found.

A theft of a credit card report was taken at 0852 hours from the 200 block of North Douglas Street. A credit card was stolen.

A property report was taken at 1158 hours from the 300 block of Vista Del Mar. A laptop was found.

One male adult was arrested at 1434 hours from the 500 block of North Pacific Coast Highway for one felony Gardena PD warrant.

Tuesday, Sep 22

One male adult was arrested at 1005 hours from Franklin Avenue and Virginia Street for one no-bail CDCR parole violation warrant, one OCSD felony warrant, and one OCSD misdemeanor warrant.

A dog bite report was taken at 1054 hours from the 300 block of Main Street.

A traffic collision (with injuries) report was taken at 1617 hours from Aviation Boulevard and Rosecrans Avenue, vehicle versus bicyclist.

A burglary (vehicle) report was taken at 0151 hours from the 800 block of South Aviation Boulevard. Unknown suspect(s) smashed the victim's vehicle window.

Wednesday, Sep 23

A petty theft report was taken at 1459 hours from the 300 block of North Continental Boulevard.

An assault with a deadly weapon report was taken at 2020 hours from the 700 block of Indiana Court.

One male adult was arrested at 2140 hours from the 100 block of North Pacific Coast Highway for public intoxication.

One male adult was arrested at 0219 hours from Center Street and Maple Avenue for one felony parole warrant.

One male adult was arrested at 0219 hours from Center Street and Maple Avenue for four misdemeanor warrants.

Thursday, Sep 24

A shoplifting report was taken at 0702 hours from the 300 block of North Pacific Coast Highway. Unknown suspect(s) entered a store and stole miscellaneous items.

A grand theft report was taken at 1142 hours from the 300 Main Street. An E-bike was taken.

A dead body report was taken at 1410 hours from the 900 block of McCarthy Court. An elderly male adult died from natural causes.

A commercial burglary report was taken at 1619 hours from the 700 block of South

Pacific Coast Highway. Unknown suspect(s) entered a store and stole miscellaneous items valued at approximately \$4000.

A hit and run report (with injuries) was taken at 2218 hours from Douglas Street and El Segundo Boulevard, vehicle versus vehicle.

A vandalism report was taken at 0426 hours from Lomita Street and Pine Avenue.

Friday, Sep 25

A vehicle burglary report was taken at 0830 hours from West El Segundo Boulevard and Main Street. Unknown suspect(s) smashed the victim's vehicle window and stole miscellaneous items.

One male adult was arrested at 1115 hours from the 700 East Imperial Avenue for one ESPD misdemeanor warrant.

An identity theft report was taken at 1057 hours from the 300 block of Main Street. Unknown suspect(s) used the victim's identity to fraudulently loan money from a business.

A traffic accident (no injuries) report was taken at 1109 hours from Main Street and West Walnut Avenue, vehicle versus vehicle.

A hit and run report (with injuries) was taken at 1725 hours from Campus Drive and North Douglas Street, vehicle versus scooter.

One male adult was arrested at 2146 hours from the 300 block of North Pacific Coast Highway for commercial burglary.

One male adult was arrested from the 1700 block of 162nd Street in the City of Gardena for one ESPD misdemeanor warrant.

Saturday, Sep 26

One male adult was arrested at 1249 hours from the 100 block of North Los Angeles Street in the city of Los Angeles for one ESPD felony warrant.

One female adult was arrested at 1414 hours from the 11200 block of Playa Court in Culver City for one ESPD misdemeanor warrant.

Two female adults were cited and released in the field at 2002 hours from the 300 block of North Pacific Coast Highway for shoplifting.

Sunday, Sep 27

A petty theft report was taken at 0934 hours from the 200 block of Center Street. Unknown suspect(s) stole a yard sign from the business.

An extortion report was taken at 2307 hours from the 500 block of East Grand Avenue. Unknown suspect(s) threatened the victim to release photos if not paid.

A shoplifting report was taken at 2337 hours from the 300 block of North Pacific Coast Highway. Unknown suspect(s) took merchandise from the location without rendering payments. •

Entertainment

Film Review

The History of Concrete Review: A Solid, Surprisingly Riveting Documentary

By Morgan Rojas for Cinemacy

Shockingly, a documentary about concrete does not have to feel equivalent to watching paint dry. This is true only because of the mastermind behind the project: John Wilson. If it had been another other filmmaker, *The History of Concrete* would most certainly be a slog. How could it not? *The History of Concrete* encapsulates the beauty, skill, and ingenuity that John Wilson has built his brand around: turning the mundane into humorous and outright unforgettable moments. Now playing in select theaters.

For fans of his HBO series *How To with John Wilson*, *The History of Concrete* plays

like an extended episode. It's delightful; his signature on-the-nose puns and observational archival footage are on full display. Using New York City as his backdrop once again, John hones in on his subject matter: concrete. Inspiration is all around him, from the streets to buildings to bridges, and more. Realizing that there is a lack of knowledge on the material that surrounds New Yorkers the most, he sets out to create the definitive documentary on concrete.

To no one's surprise, it's a tough sell. To up the appeal, John applies the "industry-approved Hallmark formula" to increase the film's chances of success. Despite riveting conversations with blue collar workers who educate John on the difference between concrete and cement and street cleaners who proudly declare that "gum is like the birdsh*t of people," he struggles to keep his artistic

See Film Review, page 4



The History of Concrete, courtesy of Magnolia Pictures.



Morgan Rojas

Check It Out

The School for Thieves by Peter Burns

By Kim Harris, El Segundo Middle School Library Assistant

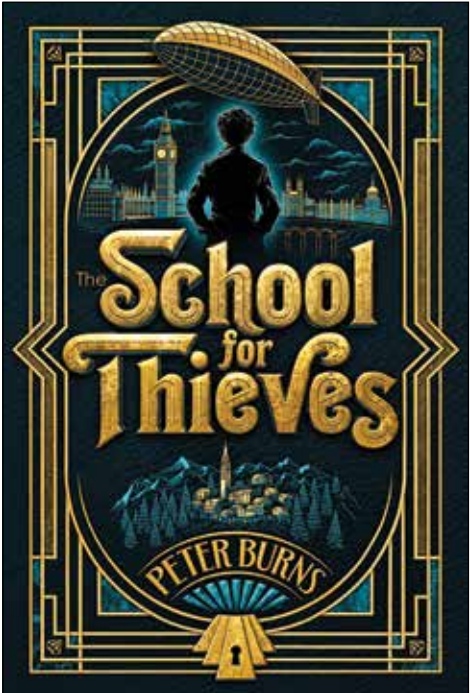
The School for Thieves by Peter Burns is the first of a middle grade mystery thriller trilogy that takes place in an alternate 1930s London. It is a cross between Oliver Twist, Spy School and Harry Potter. The world is controlled by three superpowers, the largest being France. Tom Morgan is a teenager living with other orphans in London. His life consists of shining shoes, picking pockets and keeping his gang of orphans safe from the workhouse, especially Maxine and Bernie.

Tom Morgan was born to an unwed mother and lived in the workhouse until he was 7 and escaped with the help of his teacher, Morris. Even though the workhouse promised a good

meal and a bed, it was just a way to get free labor out of the downtrodden and poor. Tom was determined to keep everyone out of the workhouse, but one day everyone was caught except for him. It was hard enough to get into the workhouse and almost impossible to escape it. When Tom was approached by Hezekiah van Stuppe to join the Shadow League and the boarding school at Beaufort's, he leaped at the opportunity to learn more so he could rescue his friends.

Life at Beaufort's is at first very difficult for Tom. Beaufort is a school set in the Alps and the majority of the students are legacies and following their parents' footsteps. Tom is a poor outsider and has troubles fitting in. The school has four different divisions: Politico, Spy, Assassin and Thieves. Each house competes against the others every year to win the International Shadow Cup. Tom was really confused when he first started school because who ever heard of studying burglary.

See Check It Out, page 4



The School for Thieves by Peter Burns



Kim Harris

“Love the life you live. Live the life you love.”
– BOB MARLEY

Sports

These Athletes Playing with a Passion

Story and Photos by Gregg McMullin

Girls’ flag football has become the fastest-growing high school sport in America. Tens of thousands have taken up a game that barely had a varsity footprint just a few years ago. Few high school sports have moved from niche to mainstream so quickly, broadening athletic opportunities in the process. More than 102,000 girls played high school flag football in 2025-26, a 551% increase in the past four years, according to a reputable study, and those numbers have only grown this year.

This is El Segundo High School’s third season fielding a team. As popularity has grown each year, they’ve attracted athletes from other sports to play varsity and JV. Three players instrumental in leading this season’s team are multi-sport athletes. They include junior wide receiver Brooke Engelhardt, sophomore quarterback Willa McLendon, and sophomore defensive back Makena Burton. Each is highly competitive both on the field and in the classroom.

Brooke Engelhardt comes from an athletic and scholastic family. Competing in sports came naturally for the talented softball and flag football student-athlete. Outside the classroom and on the field, Brooke’s favorite thing to do is go to the gym to get stronger and take

a break from the rigors of studying. In flag football, Brooke plays tight end on offense and safety on defense. Her favorite position to play is tight end because “It’s very intense and aggressive.” On the softball team, she plays second base and third base and led the team with a .951 fielding percentage among all infield starters as a sophomore.

Brooke has been involved in sports since she was five years old, starting with softball. “My parents inspired me. My mom would sign me up for all the clinics, and my dad would teach me the basics of the game and always wanted me to get better.”

Playing multiple sports means committing to each one. Brooke gets ready for each by “Practicing in my free time, doing drills to improve for Softball or the Flag football season.” Her hard work has helped her earn various awards. “I’ve won many awards in softball growing up. My sophomore year I won Rookie of the Year, and in flag football I was selected to the second team all-league.” Like most athletes, Brooke has some superstitions before a game. “I always have to listen to music to get me hyped, and I have to get a drink from Starbucks.”

How does she balance a busy academic life with sports? She plans out her homework and tries to finish it early in the week with her

parents’ support. That’s one reason why she would like to thank, “My parents, my brothers and my grandma for their support and encouraging me to be the athlete I am today.”

One of Brooke’s softball coaches, TD Mayer, said, “Brooke is a tremendous athlete and a trusted infielder who can play several positions. She is a tough out at the plate but more than that she is a great team player with a great work ethic.”

Brooke’s flag coach, Megan McCann, says, “Whenever Brooke steps on the field (softball or flag), she’ll be one of the toughest kids out there, and as a junior she’s a true leader.”

Brooke says, “Growing up in this town has shaped who I am today, and all the friends that I’ve made through sports are priceless.”

Another multi-sport standout is Makena Burton. As a freshman, she helped guide her lacrosse team to a CIF Southern Section Division 2 championship. She is a defender on the soccer team, and this season, on the flag football team, she is a wide receiver on offense and corner on defense. Makena says her favorite position on the flag team is, “Playing offense because of the excitement that comes with gaining yards and scoring touchdowns as a team and all of the energy and celebrations that you get to have with your teammates.”

Makena comes from athletic parents who encouraged her to get involved in sports early. “I have been interested in sports for as long as I can remember, and my biggest inspirations were my parents. They signed me up for so many activities when I was younger, and let me figure out what I liked doing.”

Makena says her dad played lacrosse for a while and her mom did a variety of sports, including surfing, “which inspired me to want to be like them.” From gymnastics to skateboarding, they always supported her. “They were supportive of what I enjoyed and made sure to keep me going to practices without forcing me into something I didn’t want to do.”

Another of Makena’s biggest inspirations was all the women athletes that she got to watch on TV. A big one was Sky Brown, a child prodigy skateboarder. “That showed me that I could do anything I put my mind to.”

Makena says she is not superstitious before a game and really doesn’t have any superstitions. She likes to get super hyped up and make sure her teammates feel the same energy and excitement. Makena prepares for each sport and season by “Training certain skills on my own, whether that be running or doing sport-specific things like wall ball for lacrosse.”

See Sports, page 7



Brooke Engelhardt shows her athleticism when she reaches for a first down.



Sophomore quarterback Willa McLendon is calm under pressure.

Sports Teams Summaries

Girls Tennis

The ESHS Girls Tennis team is starting League matches this week against North. With lots of young talent on the team, the singles squad has been leading the way with wins from Chiara Marini, Alessa Morales, and our doubles starting to accumulate some wins from Camie Haug and Josephine Grimm, Milana Ruey and V Sanchez, as well as the marathon match played against Mira Costa with Milana and Diya Shah.

“The Ruey-Shah match has been the match of the season, with the girls fighting out every point. Even though we lost the match, it was the highlight of the year so far,” explained head coach Bonnie Maye. “We are looking forward to matches to come, including the annual Pete Brown First Serve Tournament this Saturday that gives everyone a chance to get into competitive tournament play.”

– Provided by Bonnie Maye

Girls Volleyball

Eagles had a hard-fought battle versus Palos Verdes at home but ultimately lost 1-3. Scores were 18-25, 25-23, 10-25, 28-30. The Eagles were led by sophomore Sienna Mattoon with eight kills, seven blocks, and fifteen digs, and senior Sydney Neely with seven kills. Senior Bella Rixon led the team with nine blocks, and senior Joslyn McCarthy had 12 digs. Senior Lundin Leitch had 23 assists. This completes the first round of the Bay League for the Eagles.

El Segundo Eagles beat the South Torrance Spartans in another five game match

at South. Scores were 20-25, 25-22, 21-25, 25-23, 15-6.

Sydney Neely led the Eagles with sixteen kills and two blocks. Bella Rixon led the defense with seven blocks and three block assists. Alexa Barry also contributed five blocks. Lundin Leitch had thirty assists, three kills, and seven service aces.

The Eagles are now 1-4 in Bay League play and will host Redondo Union on Thursday 10/1 for their Senior Appreciation Night.

– Provided by Natasha Nguyen •

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To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

Film Review

from page 2

freedom from getting lost in the modern film industry's need for a "happily ever after."

John Wilson is known for his archival footage that captures the weird and wacky side of NYC life. Through his films & docuseries, he offers more than just entertainment. His work is a poetic commentary on the state of society, usually under a darkly humorous and deadpan lens. The tapestry of comedic moments he weaves together through cunning voiceovers with perfectly paired archival footage is the work of a true artist. Aiding in the film's

impact is the score by legendary electronic artist Suzanne Ciani. Notable EP's include Josh Safdie and Ronald Bronstein of *Marty Supreme*, which makes a special appearance in *The History of Concrete*.

Unique in execution and subject matter, *The History of Concrete* is a surprisingly fun watch. It also leaves audiences with a sobering reminder that nothing lasts forever... except maybe a tombstone. The film made its World Premiere at the 2026 Sundance Film Festival. •

Check It Out

from page 2

deception and the art of the long con? All the students except for a few outsiders like Tom know of the Shadow League. Its purpose is to keep the central powers in check so one country doesn't control the world. Tom joins the school midterm but has plenty of street smarts and a logical mind to catch up quickly. As Tom slowly begins to make friends and learn about how to survive in his new world, the students begin to train and compete for the International Shadow Cup. For this challenge, the students must complete a real mission successfully. Which house will win? How does Tom do when he is asked to help his team?

Will Tom be successful and get his friends out the workhouse? Why does Maxine suddenly show up at Beaufort's? If you want to know the answers, read the book to find out!

I really enjoyed this book! It is perfect for reluctant readers and students who enjoy books about spies and mysteries. It reminds me of Harry Potter, but without the magic. If you are a fan of Stuart Gibb's Spy School series or want a happier Oliver Twist, this is the book for you! To check out The School for Thieves and other great books, please visit the El Segundo Public Library either in person or online at www.elsegundolibrary.gov. •

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WEEKLY CROSSWORD

See Answers Next Week

Across

1. Navigator's need
4. Geological time span
7. Bug spray target
10. Type of sandwich
13. Way back when
14. Slow-witted
15. Swarmer
16. Miner's load
17. Boeing product
18. Glacier composition
19. Picasso period
20. Rhythm
22. Searching for
24. Anomalous
25. Prohibit
26. "Not a moment ___ soon!"
27. Rome's country
29. Come together
31. See the sights
32. Software developer output
33. Crew members
34. That girl
35. Judge's concern
36. "___ Miniver"
37. Clear tables, e.g.
38. Word in many business names
39. Hint
42. Tricked
43. Event in 1812
44. Play alone

Down

1. Important
2. ___ group
3. Source of French fries
4. Managing ___
5. Uncle Ben's dish
6. Made in the States
7. Overseas
8. Christmas tree dropping

9. Cuddly bear
10. Alluring
11. "... but few ___ chosen"
12. Country club attendees
21. Butter pieces
23. Quartet
28. Auto club service
29. Apple pie pro
30. Piece of corn
31. Impact sound
35. Powerful person
37. National pastime
38. Pitcher
39. Sightseer
40. Corn Belt state: Abbr.
41. Grammy category
42. Not hers
43. Annex
44. Formed yarn
45. Tossed
46. Hard feelings
47. Zoo favourite
49. Colorado craft
51. Should, with "to"
54. Where China is
56. Often used article in sentences
57. Perplexed, at ___
61. "___only as directed"

Last Week's Answers

SUDOKU Medium

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

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1305 East Grand
3 Bed 2.5 Bath. Modern townhouse w/ private patio. Renovated kitchen w/ upgrades, bright expansive primary suite. Pool spa & BBQ area.

NEW LISTING



314 Penn #2
2 Bed 2.5 Bath, Updated townhome w/ private patio overlooking Rec Park. Open, bright floor plan w/ spacious primary suite. Attached 2 car garage.

PRIVATE DECK OVERLOOKING REC PARK



Grand Kansas Townhome
3 Bed, 2.5 Bath. Huge townhouse w/ open layout, large bonus room & private patio. Spacious primary suite w/ en suite bath & deck. Attached 2 car garage.

OVER 2000 SQUARE FEET



356 Virginia #304
2 Bed, 2 Bath. Prime location condo close to downtown! Top floor, corner unit w/ hardwoods throughout. Private balcony w/ 2 assigned parking spaces.

CLOSE TO SHOPS & RESTAURANTS



900 Cedar
2 Bed, 2 Bath. Beautifully updated condo w/ natural light throughout. Private patio w/ assigned, covered parking. Community pool, jacuzzi, & clubhouse.

UPDATED CONDO



212 East Imperial #E
3 Bed, 2 Bath. Updated condo w/ modern finishes. Open layout w/ large island. Primary bedroom w/ private deck & en-suite bathroom.

RARE 3 BEDROOM CONDO



1225 East Grand
2 Bed, 2.5 Bath. Beautifully updated home w/open layout & plenty of entertainment space. Primary suite has walk in closet & private balcony. Rooftop deck w/ views.

ROOFTOP DECK & OPEN FLOOR PLAN

AVAILABLE EL SEGUNDO SINGLE FAMILY HOMES



203 East Sycamore
4 Bed, 3 Bath. Spacious home w/ hardwood floors, dual fireplace, versatile bonus/guest room, potential for ADU, major upgrades, & ample parking.

CORNER LOT W/ BONUS FLEX SPACE



1514 East Maple
7 Bed, 4 Bath. 3,404 sq ft home on huge corner lot. Open layout w/ paid off solar, luxurious primary suite, private backyard & 2 car garage.

7 BED 4 BATH, ALL REMODELED

MARKET UPDATE

ADDRESS	TYPE	BED	BATH	SQFT	PRICE
770 W IMPERIAL AVE #71	RES	2	2	1005	\$650,000
1100 E ACACIA AVE	RES	4	2	1598	\$1,475,000
906 E IMPERIAL AVE	RINC			4624	\$1,900,000
624 SIERRA ST	RES	4	4	3711	\$3,100,000
701 W MAPLE AVE	RES	4	3	3263	\$3,299,000
735 LOMITA ST	RES	4	3	2274	\$3,485,000

JUST SOLD



701 West Maple
4 Bed, 3 Bath, Asking \$3,299,000



427 E Franklin
3 Bed, 2 Bath, Asking \$1,175,000



438 Sierra
4 Bed, 3 Bath, Asking \$1,649,000



417 Standard
4 Bed, 6 Bath, Asking \$2,799,000



703 Main #2
3 Bed, 3.5 Bath, Asking \$1,190,000



745 Penn
3 Bed, 2 Bath, Asking \$1,899,000



211 East Pine
3 Bed, 2 Bath, Asking \$1,539,000



865 Center
3 Bed, 2 Bath, Asking \$1,598,000



305 Kansas #D
4 Bed, 3.5 Bath, Asking \$1,450,000



527 W Mariposa
2 Bed, 1 Bath, Asking \$1,475,000



124 W Sycamore
2 Bed, 1 Bath, Asking \$1,390,000



825 Bungalow
3 Bed, 3 Bath, Asking \$2,100,000



419 Concord
2 Bed, 1.5 Bath, Asking \$1,699,000



443 Loma Vista
3 Bed, 2 Bath, Asking \$2,200,000



423 Concord
3 Bed, 2 Bath, Asking \$2,299,000



758 California
4 Bed, 1 Bath, Asking \$1,750,000



127 Loma Vista
10 Units, Asking \$4,000,000



329 E Maple Ave
3 Bed, 2 Bath, Asking \$1,799,000



724 Loma Vista
4 Bed, 3 Bath, Asking \$2,050,000



931 Hillcrest St
3 Bed, 3 Bath, Asking \$1,595,000

Real Estate

Beat the Heat With This Cost-Cutting Home Prep Checklist

(StatePoint) - As the country braces for a predicted “hotter-than-normal” summer, homeowners will face financial pressure from higher cooling costs compared to last year. The good news? This easy and affordable DIY checklist contains money-saving upgrades that boost energy efficiency around the home, keeping summer bills in check throughout the scorching season.ping

1. Give Your HVAC System Room to Breathe: Clogged HVAC filters are a common yet overlooked problem that restricts airflow, forces air conditioner units to work harder and can cause uneven temperatures throughout the home. Check filters regularly to clean or replace them. This simple step not only improves indoor air quality, but helps take the strain off the AC, leading to noticeable summer savings.

2. Don’t Let Cool Air Slip Out the Window—Seal Up Sneaky Leaks: Tiny, hidden gaps around windows and doors let cool air escape, leading to large spikes in energy bills. Installing easy-to-use weatherstrip seals, such as the Duck Brand Heavy-Duty Weatherstrip Seal, is an affordable solution to replace worn-out seals, forming a barrier against the hot, humid outdoor air as well as dust, pollen and insects. Simply apply the self-adhesive seal to the perimeter of doors and window sashes to increase comfort and energy efficiency during the warmer months.

3. Take Advantage of the Cooler Hours: On crisp mornings and evenings, leverage

natural airflow to give your AC a break. Simply open your windows and doors to let the fresh air in, then seal them tight before the peak afternoon heat hits. To make the most of these outdoor breezes, try installing a product like the Duck Brand Hands-Free Magnetic Screen Door. Its mesh construction helps keep the heat out by allowing hot air to escape and cool breezes to flow through the home without letting bugs inside. Plus, it’s quick to install, easy to walk through with full hands and is breathable, so you can enjoy seasonal weather.

4. Bring the Shade, Block the Heat: A substantial amount of summer heat enters your home through uncovered windows facing the sun. You can say farewell to that unwanted warmth with blackout curtains, reflective window films, or just by keeping your blinds closed during the hottest parts of the day. This creates an invisible barrier against rising temperatures, working alongside your DIY home weatherization efforts to keep refreshingly chilled air inside and your electricity bills down.

5. Optimize Ceiling Fan Rotation for Summer Cooling: Ceiling fans can make a room feel several degrees cooler when spinning in the proper direction. Try setting your ceiling fan to rotate counterclockwise during the summer. This direction pushes colder air downward and creates a wind-chill effect, so you can depend more on your fans and less on your conditioning unit to maintain a



cost-saving home. Having a lower AC bill can be a breeze this summer, with the right DIY home weatherization habits. Follow this simple checklist to make a noticeable difference in comfort and spending this season.

—Source provided by StatePoint Media Inc. •



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ELECTION 2026

★ ★ ★

Council Candidates

from front page

currently receives far less tax revenue than any other California city with similarly-sized refineries. I'm currently serving with Councilmember Lance Giroux on our Chevron ad hoc committee, working to secure a fair deal for our city. My goal is to protect El Segundo's long-term financial interests while maintaining a constructive relationship with a company that's been part of our community since its founding. Chevron has been a great supporter of our city and I am confident an agreement will be reached. Getting this right won't just affect one budget year. It will shape El Segundo's finances for a decade or more.

John Pickhaver

Putting residents first. For years, I've worked to make City Hall more responsive to the people it serves. You shouldn't have to organize a brigade of public commenters just to get a quality-of-life or safety concern addressed. Putting residents first also means making quality of life a budget priority by investing more in services residents value, including expanding weekend hours at the Plunge and library. Just as important is transparency and public participation. On larger decisions, residents should know what is happening and be involved early enough to meaningfully influence a major policy, not after the direction is already set. Transparency should mean more than posting a Council agenda 72 hours before a meeting, and public participation should mean more than having just 90 seconds to address the Council during public comment. Putting residents first means listening seriously, following up, and treating the public as partners in shaping El Segundo.

Chris Pimentel

Having served as the mayor, mayor pro tem, Little League board, AYSO, PTOs, etc., everything looks like a priority. We solved our debt crisis, beat back our crime wave, and have reconstituted our economy to the healthiest in the region. We've reduced water consumption by 40%, built a Local Travel Network, reinvigorated our Tree Master Plan, and led the county's first Measure W water reclamation project. So what is our number one priority? Cementing our gains for the future, and that is as much a demographic issue as it is a process to be built. It means entry-level housing in our multifamily zones in ways that let our children and people that want to join our community have a route in. If we do not, we risk becoming an atrophying monument to our past, and not the community that has built America's future for the last 109 years.

3. What is your position on additional housing, including affordable housing, east of PCH, where it should be located and how it should be developed?

Ryan Baldino

Rezoning east of PCH for housing is the wrong path for El Segundo. Businesses east

of PCH generate most of our tax revenue, funding police, fire, and the City services we depend on. Every building we convert from business to residential means less revenue and more demand for services, and we're already facing a coming budget deficit. The state requires us to plan for more housing and higher density. I support affordable housing requirements for new developments and a live/work preference that prioritizes affordable units for people who already live or work here. When our next Housing Element process begins, I'll bring my Planning Commission experience to preserve the balance between adding housing and supporting our business community. Decisions like this require careful planning, public input, and an understanding that the zoning choices we make today shape our town for generations.

John Pickhaver

It's been 40 years since an apartment complex was built here. Housing should be part of our economic development strategy. Businesses continually tell us we need more housing to attract and retain employees. Meeting that need requires thoughtful, pragmatic choices about how and where we grow. It also means lobbying Sacramento to reward cities that build new housing with a greater share of the property tax growth those homes generate. SB 79 now allows qualifying housing near transit, making proactive planning even more important. I support mixed-use housing east of PCH because it spreads density across El Segundo rather than squeezing new projects into the same neighborhoods just west of PCH, while putting homes near jobs and adding restaurants and retail that generate General Fund revenue. On affordable housing, we must put our existing Affordable Housing Fund to work while leveraging the benefits of our South Bay Regional Housing Trust membership.

Chris Pimentel

This is an idea that voters have rejected repeatedly, as economically infeasible, destructive, and the wrong way to provide housing. We have numerous state-certified locations for multifamily housing in our current residential and mixed-use zones and have development agreements for projects with affordability components. The issue is not "we're out of room." Instead, the issues are interest rates, inflation and CEQA lawsuits. El Segundo only receives 6.75% of residential property taxes: A \$1.5 million home generates about \$800 to fund the City. The rest, 98%, comes from business. Exchanging businesses east of PCH with service-intensive residences is not sustainable. In El Segundo, we are neighbors that know and care for one another. Our proximity invests us in each other's lives in a shared culture. Housing east of PCH shatters that irreparably with a bisected community in two school districts, and all that is unique about us is lost. •

Sports

from page 3

Makena balances a busy academic life with sports, squeezing in time throughout her day to do her schoolwork whenever possible. "I like to work on homework at lunch to get ahead, and I also like going to the library to have a quiet space to work in between school, games, and practices."

Though she is just a sophomore, her college plans mostly center on sports. "In a perfect world, I would really like to play D1 lacrosse and later on, go to medical school and pursue a job in the medical field."

Makena is quick to thank all her flag team coaches. "I would like to thank my coaches, Coach Joe, Coach McCann, Coach Nootbaar, and Coach Harrington, for making my experience in flag football so amazing. Joe, thank you for everything you have taught me on defense and for believing in me enough to help me get to where I am. Coach McCann, thank you for always being such an outgoing coach. You always make sure all of your players understand what you are teaching them, and for all the work that you do behind the scenes to help keep our experience fun."

Coach McCann says, "Makena has improved so much that she shines on both offense and defense, and as a sophomore she's got a bright future."

Makena also wanted to thank Ms. Harrington and Ms. Nootbaar for stepping up this year to coach a brand-new sport for both of them. "Our program has benefited so much by having you guys in it, and you bring so much joy to our teams. I always love getting to see you guys during the school day, and just getting to say hi or have a conversation makes my day. Thank you coaches for everything you do, we are all so incredibly grateful for all of you!"

Two-sport star Willa McLendon quarterbacks the flag football team. She says she competed on the track team as a freshman but is concentrating on flag football, her new favorite sport. She navigates her busy academic and



Makena Burton is a two-way starter for the Eagles. athletic life by decompressing with guitar, the beach, and time with friends.

Willa's flag coach, Megan McCann, believes Willa has a bright future in flag football. "She's getting more confident by the day and is constantly learning more about flag football. She has grown so much from her freshman year." And now only a sophomore, Coach McCann says, "I can't wait to see her future in flag."

In fourth grade, Willa got interested in sports, including softball, basketball, and outrigger canoeing. It wasn't until middle school that she got involved in flag football, and it quickly became her favorite sport. As a sophomore, Willa has a clear idea for her future that includes playing flag football in college.

Willa is thankful for her parents and sister for coming to her games and always being there for her. And of course, she credits Coach McCann and Coach Joe for her development and her teammates for making Flag so much fun.

Three players, playing with passion and with the same mindset alongside their friends. •



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PUBLIC NOTICES

Fictitious Business Name Statement 2026169751

The following person(s) is (are) doing business as 1) EMERALD HEALTH SERVICES, 2) TIDEPOINT HEALTHCARE STAFFING, 2041 ROSECRANS AVE 245, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY.

Registered Owner(s): TEMPUS LLC, 2041 ROSECRANS AVE 245, EL SEGUNDO, CA, 90245. CORP: CA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2021.

Signed: TEMPUS LLC, SECRETARY, SCOTT DE BAETS. This statement was filed with the County Recorder of Los Angeles County on August 6, 2026.

NOTICE: This Fictitious Name Statement expires on August 6, 2031. A new Fictitious Business Name Statement must be filed prior to August 6, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-4599**

Fictitious Business Name Statement 2026169381

The following person(s) is (are) doing business as YAMAYA JAPANESE WAGYU & GRILL, 2529 PACIFIC COAST HWY, TORRANCE, CA, 90505, LOS ANGELES COUNTY.

Registered Owner(s): SANSUI TEI USA, INC., 3420 KASHIWA ST, TORRANCE, CA, 90505. CORP: CA

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: SANSUI TEI USA, INC., CEO, TAKAYUKI HIRAI. This statement was filed with the County Recorder of Los Angeles County on August 6, 2026.

NOTICE: This Fictitious Name Statement expires on August 6, 2031. A new Fictitious Business Name Statement must be filed prior to August 6, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4605**

2026189045 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

Current File #2026082680

The following person has abandoned the use of the fictitious business name: AGILE BRIDGE CLUB, 1732 AVIATION BLVD SUITE 425, REDONDO BEACH, CA 90278. The fictitious business name referred to above was filed in the County of Los Angeles on APRIL 15, 2026. Registrants: JEFFREY TEN GROTENHUIS, 1732 AVIATION BLVD SUITE 425, REDONDO BEACH, CA 90278. This business was conducted by an Individual. Signed: JEFFREY TEN GROTENHUIS, OWNER. This statement was filed with the County Clerk of Los Angeles County on September 2, 2026.

El Segundo Herald: Pub. 9/24, 10/1, 10/8, 10/15/26 **H-4611**

Fictitious Business Name Statement 2026204736

The following person(s) is (are) doing business as EVERNORTH FREEDOM PHARMACY CA, 10840 NATIONAL BOULEVARD, LOS ANGELES, CA, 90064, LOS ANGELES COUNTY. AI #ON 201809610589

Registered Owner(s): GLOBAL PHARMACY LLC, 10840 NATIONAL BOULEVARD, LOS ANGELES, CA, 90064. CORP: CALIFORNIA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2026.

Signed: GLOBAL PHARMACY LLC, SECRETARY, ALICIA MORROW. This statement was filed with the County Recorder of Los Angeles County on September 24, 2026.

NOTICE: This Fictitious Name Statement expires on September 24, 2031. A new Fictitious Business Name Statement must be filed prior to September 24, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4617**

Fictitious Business Name Statement 2026169285

The following person(s) is (are) doing business as SEABRIGHT SCHOOLS & THERAPY STAFFING, 2041 ROSECRANS AVE #245, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY.

Registered Owner(s): THERAPYTRAVELERS LLC, 2041 ROSECRANS AVE #245, EL SEGUNDO, CA, 90245. CORP: CA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2026.

Signed: THERAPYTRAVELERS LLC, SECRETARY, SCOTT DE BAETS. This statement was filed with the County Recorder of Los Angeles County on August 6, 2026.

NOTICE: This Fictitious Name Statement expires on August 6, 2031. A new Fictitious Business Name Statement must be filed prior to August 6, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-4600**

Fictitious Business Name Statement 2026182231

The following person(s) is (are) doing business as ROOSTER & RICE, 4437 SEPULVEDA BLVD. UNIT D, TORRANCE, CA, 90505, LOS ANGELES COUNTY.

Registered Owner(s): AMM DRAGON CORP., 15019 PIUMA AVE, NORWALK, CA, 90650. CORP: CA

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: AMM DRAGON CORP., PRESIDENT, MAUREEN NICART. This statement was filed with the County Recorder of Los Angeles County on August 25, 2026.

NOTICE: This Fictitious Name Statement expires on August 25, 2031. A new Fictitious Business Name Statement must be filed prior to August 25, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4606**

Fictitious Business Name Statement 2026191385

The following person(s) is (are) doing business as AGILE BRIDGE CLUB, 1732 AVIATION BLVD #425, REDONDO BEACH, CA, 90278, LOS ANGELES COUNTY.

Registered Owner(s): AGILE BRIDGE CLUB LLC, 2108 N ST STE N, SACRAMENTO, CA, 95816. CORP: CA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2021.

Signed: AGILE BRIDGE CLUB LLC, MANAGER, JEFFREY TEN GROTENHUIS. This statement was filed with the County Recorder of Los Angeles County on September 8, 2026.

NOTICE: This Fictitious Name Statement expires on September 8, 2031. A new Fictitious Business Name Statement must be filed prior to September 8, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/24, 10/1, 10/8, 10/15/26 **H-4612**

Fictitious Business Name Statement 2026200452

The following person(s) is (are) doing business as ARCOVA, 101 S TRYON ST, STE 2450, CHARLOTTE, NC, 28280, MECKLENBURG COUNTY. AI #ON 202565613247

Registered Owner(s): MF CYBER, LLC, 101 SOUTH TRYON STREET, SUITE 2450, CHARLOTTE, NC, 28280 CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: MF CYBER, LLC, PRESIDENT, PETER E. SCHILE. This statement was filed with the County Recorder of Los Angeles County on September 18, 2026.

NOTICE: This Fictitious Name Statement expires on September 18, 2031. A new Fictitious Business Name Statement must be filed prior to September 18, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4618**

Fictitious Business Name Statement 2026188139

The following person(s) is (are) doing business as ERIE HOME ROOFING, 9428 ETON AVENUE, UNITS A-C, CHATSWORTH, CA, 91311, LOS ANGELES COUNTY.

Registered Owner(s): ERIE CONSTRUCTION MID-WEST, LLC, 3516 GRANITE CIRCLE, TOLEDO, OH, 43617. CORP: OHIO

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: ERIE CONSTRUCTION MID-WEST, LLC, MEMBER, ROBERT PSAROPOULOS. This statement was filed with the County Recorder of Los Angeles County on September 1, 2026.

NOTICE: This Fictitious Name Statement expires on September 1, 2031. A new Fictitious Business Name Statement must be filed prior to September 1, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-4601**

Fictitious Business Name Statement 2026189943

The following person(s) is (are) doing business as METROPOLITAN ELECTRICAL DISTRIBUTORS, 6355 CHALET DRIVE, COMMERCE, CA, 90040, LOS ANGELES COUNTY. AI #ON C2325444

Registered Owner(s): CONSOLIDATED ELECTRICAL DISTRIBUTORS, INC., 1920 WESTRIDGE DRIVE, IRVING, TX, 75038. CORP: DELAWARE

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2003.

Signed: CONSOLIDATED ELECTRICAL DISTRIBUTORS, INC., SECRETARY, DAVID M. LYONS. This statement was filed with the County Recorder of Los Angeles County on September 3, 2026.

NOTICE: This Fictitious Name Statement expires on September 3, 2031. A new Fictitious Business Name Statement must be filed prior to September 3, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4607**

Fictitious Business Name Statement 2026160912

The following person(s) is (are) doing business as MOTHERED, 1730 E HOLLY AVE, BOX 609, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY.

Registered Owner(s): MODERN ASSETS LLC, 1730 E HOLLY AVE, BOX 609, EL SEGUNDO, CA, 90245. CORP: CA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: MODERN ASSETS LLC, MANAGING MEMBER, MARIE THOMASSON. This statement was filed with the County Recorder of Los Angeles County on September 15, 2026.

NOTICE: This Fictitious Name Statement expires on September 15, 2031. A new Fictitious Business Name Statement must be filed prior to September 15, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/24, 10/1, 10/8, 10/15, 26 **H-4613**

Fictitious Business Name Statement 2026200458

The following person(s) is (are) doing business as FRESINIUS KIDNEY CARE EAST OLYMPIC – LOS ANGELES, 5714 E OLYMPIC BLVD, COMMERCE, CA, 90022, LOS ANGELES COUNTY.

Registered Owner(s): RAI CARE CENTERS OF SOUTHERN CALIFORNIA I, LLC, 920 WINTER STREET, WALTHAM, MA, 02451. CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: RAI CARE CENTERS OF SOUTHERN CALIFORNIA I, LLC, VICE PRESIDENT, MOLLIE MILLER. This statement was filed with the County Recorder of Los Angeles County on September 18, 2026.

NOTICE: This Fictitious Name Statement expires on September 18, 2031. A new Fictitious Business Name Statement must be filed prior to September 18, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4619**

Fictitious Business Name Statement 2026188136

The following person(s) is (are) doing business as LONGEVITY PLANNING GROUP, 13157 MINDANAO WAY PMB #3163, MARINA DEL REY, CA, 90292, LOS ANGELES COUNTY. AI #ON B20260354507

Registered Owner(s): ADVISOR GROWTH OPERATIONS LLC, 13157 MINDANAO WAY PMB #3163, MARINA DEL REY, CA, 90292. CORP: CALIFORNIA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: ADVISOR GROWTH OPERATIONS LLC, MANAGER, JAMES MABRY. This statement was filed with the County Recorder of Los Angeles County on September 1, 2026.

NOTICE: This Fictitious Name Statement expires on September 1, 2031. A new Fictitious Business Name Statement must be filed prior to September 1, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-4602**

Fictitious Business Name Statement 2026189946

The following person(s) is (are) doing business as WINDSOR PASADENA, 1375 E. GREEN ST., PASADENA, CA, 91101, LOS ANGELES COUNTY. AI #ON 202253711111

Registered Owner(s): IMP PASEO COLORADO GP LLC, 125 HIGH ST, FL 27, BOSTON, MA, 02110. CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2026.

Signed: IMP PASEO COLORADO GP LLC, VICE-PRESIDENT, ELTON LEE. This statement was filed with the County Recorder of Los Angeles County on September 3, 2026.

NOTICE: This Fictitious Name Statement expires on September 3, 2031. A new Fictitious Business Name Statement must be filed prior to September 3, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4608**

Fictitious Business Name Statement 2026201759

The following person(s) is (are) doing business as 1) TCD, 2) TCD BRANDS, 3) THE CREATIVE DEPARTMENT, 4) CREATIVE DEPARTMENT, 111 W. OCEAN BLVD SUITE 400, LONG BEACH, CA, 90802, LOS ANGELES COUNTY.

Registered Owner(s): THE CRE8IVE DEPARTMENT CORP, 111 W. OCEAN BLVD SUITE 400, LONG BEACH, CA, 90802. CORP: CA

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: THE CRE8IVE DEPARTMENT CORP, CEO, MICHAEL THOMPSON. This statement was filed with the County Recorder of Los Angeles County on September 21, 2026.

NOTICE: This Fictitious Name Statement expires on September 21, 2031. A new Fictitious Business Name Statement must be filed prior to September 21, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/24, 10/1, 10/8, 10/15, 26 **H-4614**

Fictitious Business Name Statement 2026200449

The following person(s) is (are) doing business as MARCUS & MILLICHAP, 23975 PARK SORRENTO, SUITE 400, CALABASAS, CA, 91302, LOS ANGELES COUNTY.

Registered Owner(s): MARCUS & MILLICHAP CAPITAL CORPORATION, 23975 PARK SORRENTO, SUITE 400, CALABASAS, CA, 91302. CORP: CALIFORNIA

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: MARCUS & MILLICHAP CAPITAL CORPORATION, SECRETARY, CONNIE WANG. This statement was filed with the County Recorder of Los Angeles County on September 18, 2026.

NOTICE: This Fictitious Name Statement expires on September 18, 2031. A new Fictitious Business Name Statement must be filed prior to September 18, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4620**

Fictitious Business Name Statement 2026182863

The following person(s) is (are) doing business as 1) PREMIER BUSINESS CENTERS 2) PREMIER WORKSPACES, 12700 VENTURA BLVD. 3RD FLOOR, STUDIO CITY, CA, 91604, LOS ANGELES COUNTY. AI #ON B20260348745

Registered Owner(s): 12700 VENTURA COWORKING LLC, 2102 BUSINESS CENTER DRIVE, IRVINE, CA, 92612. CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: 12700 VENTURA COWORKING LLC, PRESIDENT, WILLIAM A. GUTIERREZ. This statement was filed with the County Recorder of Los Angeles County on August 25, 2026.

NOTICE: This Fictitious Name Statement expires on August 25, 2031. A new Fictitious Business Name Statement must be filed prior to August 25, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-4603**

Fictitious Business Name Statement 2026192020

The following person(s) is (are) doing business as SUPACOLOR, 12705 DAPHNE AVENUE, HAWTHORNE, CA, 90250, LA COUNTY. AI #ON 4230767

Registered Owner(s): SUPACOLOR USA, INC., 12705 DAPHNE AVENUE, HAWTHORNE, CA, 90250. CORP: CALIFORNIA

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2021.

Signed: SUPACOLOR USA, INC, CEO, RAMNEEK WALIA. This statement was filed with the County Recorder of Los Angeles County on September 8, 2026.

NOTICE: This Fictitious Name Statement expires on September 8, 2031. A new Fictitious Business Name Statement must be filed prior to September 8, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4509**

Fictitious Business Name Statement 2026201022

The following person(s) is (are) doing business as 1) SOFT CHAOS CANDLE COMPANY 2) DR. CHANDRA SMALLWOOD, 1001 WILSHIRE BOULEVARD PMB 2133, LOS ANGELES, CA, 90017, LOS ANGELES COUNTY.

Registered Owner(s): THE FITNESS MIND LLC, 1001 WILSHIRE BOULEVARD PMB 2133, LOS ANGELES, CA, 90017. CORP: CA

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: THE FITNESS MIND LLC, MANAGER, CHANDRA L SMALLWOOD. This statement was filed with the County Recorder of Los Angeles County on September 21, 2026.

NOTICE: This Fictitious Name Statement expires on September 21, 2031. A new Fictitious Business Name Statement must be filed prior to September 21, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4615**

Fictitious Business Name Statement 2026200455

The following person(s) is (are) doing business as MARUGAME UDON, 18872 MACARTHUR BLVD. STE 330, IRVINE, CA, 92612, ORANGE COUNTY. AI #ON 201525210254

Registered Owner(s): MARUGAME UDON USA, LLC, 8821 AVIATION BLVD., #91138, LOS ANGELES, CA, 90009 CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: MARUGAME UDON USA, LLC, CEO, VICTOR MISAWA. This statement was filed with the County Recorder of Los Angeles County on September 18, 2026.

NOTICE: This Fictitious Name Statement expires on September 18, 2031. A new Fictitious Business Name Statement must be filed prior to September 18, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4621**

Fictitious Business Name Statement 2026188142

The following person(s) is (are) doing business as TODAY ON THE MOON, 12105A BLUFF CREEK DRIVE, PLAYA VISTA, CA, 90094, LOS ANGELES COUNTY. AI #ON 201731510070

Registered Owner(s): HECHO STUDIOS LLC, ONE WORLD TRADE CENTER, FL 64, NEW YORK, NY, 10007. CORP: DELAWARE

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: HECHO STUDIOS LLC, VICE PRESIDENT, PETER MCELLIGOTT. This statement was filed with the County Recorder of Los Angeles County on September 1, 2026.

NOTICE: This Fictitious Name Statement expires on September 1, 2031. A new Fictitious Business Name Statement must be filed prior to September 1, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/10, 9/17, 9/24, 10/1/26 **H-6404**

Fictitious Business Name Statement 2026192017

The following person(s) is (are) doing business as ZERO DEBT LEGAL, 10250 CONSTELLATION BLVD STE 2500, LOS ANGELES, CA, 90067, LOS ANGELES COUNTY.

Registered Owner(s): 1) KNIGHT LAW GROUP, LLP, 10250 CONSTELLATION BLVD STE 2500, LOS ANGELES, CA, 90067. 2) STEVE MIKHOV, 10250 CONSTELLATION BLVD STE 2500, LOS ANGELES, CA, 90067.

This business is being conducted by a Limited Liability Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2026.

Signed: KNIGHT LAW GROUP, LLP, GENERAL PARTNER, STEVE MIKHOV. This statement was filed with the County Recorder of Los Angeles County on September 8, 2026.

NOTICE: This Fictitious Name Statement expires on September 8, 2031. A new Fictitious Business Name Statement must be filed prior to September 8, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 9/17, 9/24, 10/1, 10/8/26 **H-4610**

Fictitious Business Name Statement 2026202857

The following person(s) is (are) doing business as AURA PROPERTY MANAGEMENT, 23210 HUBER AVE, TORRANCE, CA, 90501, LOS ANGELES COUNTY.

Registered Owner(s): ROSACRUZ FALLA, , 23210 HUBER AVE, TORRANCE, CA, 90501.

This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: ROSACRUZ FALLA, OWNER. This statement was filed with the County Recorder of Los Angeles County on September 22, 2026.

NOTICE: This Fictitious Name Statement expires on September 22, 2031. A new Fictitious Business Name Statement must be filed prior to September 22, 2031. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 10/1, 10/8, 10/15, 10/22/26 **H-4616**

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00

ABC NOTICES: \$125.00

DBA (Fictitious Business Name) \$75.00

NAME CHANGE: \$200.00

Other type of notice? Contact us and we can give you a price.

For DBA's email us at: dba@heraldpublications.com

Seniors

Protect Your Heart and Brain by Knowing the Signs and Symptoms of AFib

(Feature Impact) There are a lot of things that can make your heart flutter, race or skip a beat. In a figurative sense, it could be a smile from a loved one, a jump scare in a movie or the moment the roller coaster car tips over the top of the hill. In a much more literal sense, an irregular heartbeat might mean you’re experiencing atrial fibrillation, or AFib.

Symptoms of AFib aren’t always as obvious as those adrenaline-inducing moments. In fact, according to research from the American Heart Association, 62% of people with AFib had no prior knowledge of the condition before being diagnosed. Since AFib can increase your chances of having a stroke by up to five times, educating yourself early could be a powerful way to protect your long-term health.

AFib is a type of arrhythmia, or heart rhythm disorder, that happens when your heart’s electrical signals fire abnormally, causing an irregular heartbeat. More than 10 million people in the U.S. live with AFib, so if you’re one of them, there are plenty

of ways to find connection, support and resources to help.

“It’s important for people to understand their risk factors, recognize potential symptoms and have regular conversations with their health-care professional,” said Dr. Javier Sanchez, HCA Healthcare cardiac electrophysiologist. “Early detection and proactive management can make a life-saving difference.”

This expert information can help you understand what to look for and what steps to take if you or a loved one are living with AFib.

Common Symptoms

Although AFib doesn’t always cause noticeable symptoms, knowing the signs can help you protect your health. AFib can feel like a fluttering feeling in your chest, a pounding heart or skipped heartbeats. Some people also feel fatigued, dizzy or short of breath. Symptoms can come and go, and they may range from mild to more severe. Experiencing any sort of heart symptom can be scary and overwhelming but try to stay calm and pay attention to the feeling so you can describe it to your doctor.

Risk Factors

Anyone can develop AFib, but certain factors make it more or less likely. Some risk factors for arrhythmia - like getting older or having it in your family history - are unavoidable. Others, like smoking, drinking alcohol or living with uncontrolled high blood pressure, put the power in your hands to make risk-reducing changes. People with diabetes, obesity, sleep apnea or other heart conditions are also more likely to experience AFib.

The Connection Between AFib and Stroke

When the heart beats irregularly, it means blood can’t move through the heart efficiently. That can cause blood clots, which in turn may block blood flow to the brain and lead to a stroke. Although stroke is a leading cause of death and disability in the U.S., it is largely preventable and treatable. Even someone who has already had a stroke can recover, manage their condition and put themselves on the road to better health.

Diagnosing AFib

Catching AFib early can make a meaningful difference, so even if you haven’t

experienced any glaring symptoms, it’s wise to communicate with your doctor about your risk factors and concerns. Your healthcare team may run tests to confirm a diagnosis and recommend the best course of action for you.

Treatment Options

Depending on the stage of your AFib, your doctor might suggest medication, surgical or non-surgical procedures or lifestyle changes such as the American Heart Association’s Life’s Essential 8 to support your heart health. Staying physically active, quitting tobacco, maintaining a healthy weight and controlling your blood pressure, among other steps, can help you manage heart conditions and reduce your future risk of stroke.

Remember: Prevention is the best cure, so even if you haven’t received an arrhythmia diagnosis, you can start working toward these healthier habits.

Explore more information and resources at [Heart.org/AFibfacts](https://www.heart.org/AFibfacts).

– Source Provided by
American Heart Association •



Photos Courtesy of Shutterstock.

PUBLIC NOTICE



City of El Segundo
Notice of Nominees for Public Office

NOTICE IS HEREBY GIVEN that the following persons have been nominated for the office of City Council for the General Municipal Election which will be held in the City of El Segundo on Tuesday, November 3, 2026:

For Two (2) members of the City Council
Vote For No More Than TWO

John Pickhaver
Christopher Pimentel
Ryan W. Baldino

October 01, 2026
Susan Truax, City Clerk
City of El Segundo

**Order to Show Cause
for Change of Name
Case No. 26TRCP00315**

Superior Court of California, County of LOS ANGELES
Petition of: LINDSEY MICHELLE FRY for Change of Name
TO ALL INTERESTED PERSONS: Petitioner LINDSEY MICHELLE FRY filed a petition with this court for a decree changing names as follows:
LINDSEY MICHELLE FRY to LINDSEY MICHELLE STEPHENS

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: October 23, 2026, Time: 8:30 AM., Dept.: B, Room: 340
The address of the court is:
825 MAPLE AVE
TORRANCE, CA 90503

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
EL SEGUNDO HERALD
Date: September 11, 2026
JUDGE PATRICIA A. YOUNG
Judge of the Superior Court
El Segundo Herald Pub: 9/17, 9/24, 10/1, 10/8/26

H-29264

**Order to Show Cause
for Change of Name
Case No. 26TRCP00320**

Superior Court of California, County of LOS ANGELES
Petition of: PAUL NICHOLAS JAMES OBANA BUCCAT for Change of Name
TO ALL INTERESTED PERSONS: Petitioner PAUL NICHOLAS JAMES OBANA BUCCAT filed a petition with this court for a decree changing names as follows:
PAUL NICHOLAS JAMES OBANA BUCCAT to PAUL NICHOLAS BUCCAT

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: October 20, 2026, Time: 9:30 AM., Dept.: 5, Room: 403

The address of the court is:
INGLEWOOD COURTHOUSE
ONE REGENT STREET
INGLEWOOD, CA, 90301

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
EL SEGUNDO HERALD
Date: September 16, 2026
JUDGE TAMARA HALL
Judge of the Superior Court
El Segundo Herald Pub: 9/24, 10/1, 10/8, 10/15/26

H-29270

*“Those who won
our independence
believed liberty to
be the secret of
happiness and
courage to be the
secret of liberty.”*

—

Louis D. Brandeist



Finance

Financial Experts Say This One Number Can Protect Your Family

(StatePoint) - Tiffany and her husband were building a life raising their daughter and special-needs son in Arizona when they called in to “The Ramsey Show,” where Dave Ramsey and his team give personal finance advice. Tiffany’s husband had a generous life insurance policy through his employer, so it seemed like they were covered. But were they? Tiffany began to question that after a family member got cancer and had to quit their job—which meant their life insurance policy disappeared.

Tiffany was right to wonder. What she was just beginning to realize was that her family would not be okay financially if her husband lost or quit his job and then died. Without his income and without that life insurance, there would be nothing to cover any mortgage payments, bills, childcare or future college plans.

Tiffany and her family are not alone. Close to half of America is underinsured.

How Much Life Insurance Do You Actually Need?

There’s a very specific number for how much life insurance you should have. Financial expert Dave Ramsey uses a simple formula of 10-12 times your annual income to determine how much your life insurance policy should be worth—and the policy

should always be your own. When Tiffany called in, that’s the answer she got.

A policy worth that is the difference between Tiffany being able to grieve and Tiffany having to sell the house while she does.

Why 10-12x Works

The goal isn’t to give your family a wind-fall—life insurance is an income replacement

strategy. With a payout worth 10 times your income, your family can invest the death benefit, live off the growth, and never touch the principal.

Here’s how the math works: Let’s say Tiffany’s husband earns \$80,000 a year. Multiply that by 10 and you’ve got \$800,000. Invested in a good growth stock mutual fund averag-

ing a 10% return (roughly the historical S&P 500 average), the family will have \$80,000 a year to live on—her husband’s full salary.

If \$800,000 sounds like a lot of money, it is. You want your family to have the space to miss you, not scrambling to cover bills. And that’s what the right policy buys: not just money, but time. Time to grieve without a financial deadline. Time for the kids to stay in their schools, their sports, their lives.

How to Find Your Number

Do a quick check for your own family. Take your income and multiply it by 10. This is your base number, but you may need to lean toward 12 times your salary if your kids are still young, you have significant debt, or you want to help pay for future college costs.

Once you’ve done this math, you have your number. To find out how a policy for that number will fit into your budget, use a quote tool like the one at ramseysolutions.com/lifeinsurance. You’ll always want term life over permanent life insurance—it offers the same coverage with significantly lower premiums.

Whatever your number is, protecting your family is worth doing right.

– Source Provided by StatePoint Media, Inc. •



Photo Courtesy of (c) Halfpoint / Getty Images.

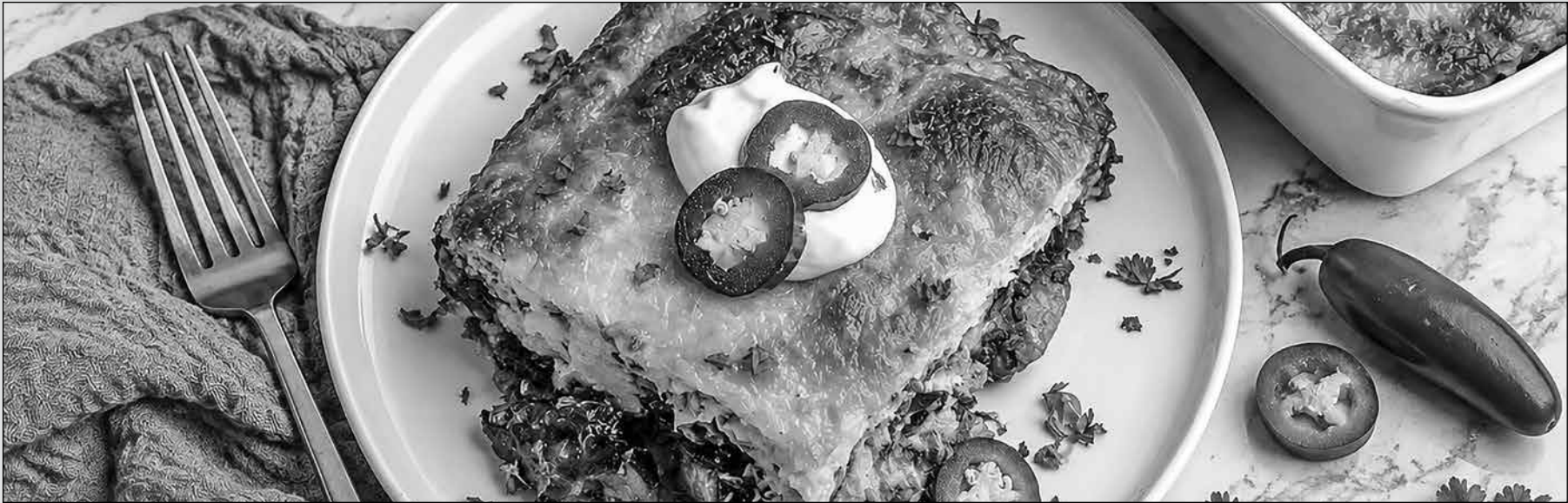


GUNDOGRAM
SUBMIT YOUR YUM DISH!!

Chile Rellenos Casserole

Provided by RecipesDina.com

Chile Rellenos Casserole is a delightful dish that combines the rich flavors of roasted poblano peppers with creamy cheeses and fluffy eggs. This comforting casserole is not only a crowd-pleaser but also an easy-to-make recipe that can be enjoyed for breakfast, lunch, or dinner. It’s perfect for gatherings or a cozy family meal.



Prep Time: 20 minutes | Cook Time: 45 minutes | Servings: 6

Ingredients

- 6-8 large poblano peppers
- 2 cups freshly shredded Monterey Jack cheese, divided
- 1 cup freshly shredded cheddar cheese, divided
- 5 large eggs
- 1 1/2 cups whole milk
- 3 tablespoons all-purpose flour
- 1 teaspoon baking powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon garlic powder
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper
- Sour cream, salsa, and fresh chopped cilantro, for serving (optional, but recommended)

Send us a photo and recipe of your favorite dish.
We'd love to share it with the community. Send to: web@heraldpublications.com

Directions

- **Step 1:** Preheat the oven’s broiler and place the rack about 6 inches from the heat source. Line a baking sheet with aluminum foil. Roast the peppers on the baking sheet for 10-15 minutes, turning occasionally, until the skins are blackened and charred.
- **Step 2:** Transfer the roasted peppers to a plastic bag and let them steam for about 10 minutes. Peel off the skin, remove the stems, open them up, and remove the seeds.
- **Step 3:** Preheat oven to 350 degrees. Lightly coat a 3-quart baking dish with nonstick spray.
- **Step 4:** Lay half of the roasted chiles in the baking dish in a single layer. Sprinkle 1 cup of Monterey Jack cheese and 1/2 cup of cheddar on top. Repeat the layers once.
- **Step 5:** In a medium bowl, whisk together the eggs, milk, flour, baking powder, onion powder, garlic powder, salt, and pepper until well combined. Pour the mixture evenly over the cheese and chiles.
- **Step 6:** Bake in oven for 45 minutes until puffed up in the center and the eggs are set and golden around the edges.
- **Step 7:** Let it cool for 5-10 minutes before cutting. Slice into squares and serve with sour cream, salsa, and freshly chopped cilantro. Enjoy.



Notice of Preparation of a Program Environmental Impact Report for the Proposed Substation Program

The City of Los Angeles Department of Water and Power (LADWP) has prepared an Initial Study and Notice of Preparation (NOP) to notify agencies and interested parties that, as the lead agency, LADWP will prepare a Program Environmental Impact Report (PEIR) pursuant to the California Environmental Quality Act (CEQA) for the proposed Substation Program.

The Substation Program consists of planned developments and conceptual improvements to the LADWP distribution system through the planning horizon year 2045. To keep pace with the City’s growing electricity needs and reduce strain on the existing system, LADWP proposes to modernize its distribution system by constructing four new distributing substations to serve the Sun Valley, Silver Lake, Southeast Los Angeles, and Wilmington areas, and improving existing distributing substations and receiving substations. These improvements would take place in the LADWP in-basin service area, which covers the City of Los Angeles, and focus on relieving overloaded facilities, modernizing aging equipment, and meeting the City’s growing electricity needs to ensure reliable power delivery into the future.

LADWP invites agencies and the public to attend Program scoping meetings to provide comments on the scope and content of the environmental analysis to be addressed in the PEIR. The public comment period will commence on September 15, 2026, and conclude on October 16, 2026. To review the NOP and Initial Study, provide written comments, and register for scoping meetings, visit LADWP.com/SubstationProgram or scan the QR code below.

Aviso de Preparación de un Informe Programático de Impacto Ambiental para el Programa de Subestaciones Propuesto

El Departamento de Agua y Energía de la Ciudad de Los Ángeles (LADWP) ha preparado un estudio inicial y Aviso de Preparación (NOP) para notificar a las agencias y partes interesadas que, como agencia principal, LADWP preparará un Informe de Impacto Ambiental del Programa (PEIR) en conformidad con la Ley de Calidad Ambiental de California (CEQA) para el Programa de Subestaciones propuesto.

El Programa de Subestaciones consiste en desarrollos planificados y mejoras conceptuales al sistema de distribución de LADWP hasta el año horizonte de planificación 2045. Para mantenerse al ritmo de las crecientes necesidades de electricidad de la ciudad y reducir la presión sobre el sistema existente, LADWP propone modernizar su sistema de distribución mediante la construcción de cuatro nuevas subestaciones distribuidoras para servir a las áreas de Sun Valley, Silver Lake, el sureste de Los Ángeles y Wilmington, así como mejorar las subestaciones distribuidoras y las subestaciones receptoras existentes. Estas mejoras se ubicarían dentro de la área de servicio de LADWP, que abarca la Ciudad de Los Ángeles, y se centrarían en aliviar instalaciones sobrecargadas, modernizar equipos envejecidos y satisfacer las crecientes necesidades de electricidad de la ciudad para garantizar un suministro confiable de energía en el futuro.

LADWP invita a las agencias y al público a asistir a las reuniones de alcance del Programa para proporcionar comentarios sobre el alcance y el contenido del análisis ambiental que se abordará en el PEIR. El período de comentarios públicos comenzará el 15 de septiembre de 2026 y concluirá el 16 de octubre de 2026. Para revisar el NOP y el Estudio Inicial, enviar comentarios por escrito y registrarse para las reuniones de alcance, visite LADWP.com/SubstationProgram o escanee el código QR a continuación.



LADWP.com/SubstationProgram