

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Lawndale, Torrance and Inglewood

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Lawndale Tribune

AND LAWDALE NEWS The Weekly Newspaper of Lawndale

Torrance Tribune

The Weekly Newspaper of Torrance

Inglewood News

The Weekly Newspaper of Inglewood

Herald Publications - El Segundo, Hawthorne, Lawndale, Torrance & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 8, No. 32 - August 6, 2026

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Weekend Forecast

Friday
Mostly Sunny
67°/82°



Saturday
Partly Cloudy
68°/83°



Sunday
Partly Cloudy
69°/84°



An Accessible World for Everyone



As we mark the anniversary of the 26th Americans with Disabilities Act, the LAX Art Program is proud to spotlight Infinite Flow — an award-winning dance company that brings together dancers with and without disabilities to create something truly extraordinary. Their recent performance at the Tom Bradley International Terminal is a powerful reminder that inclusion, accessibility, and representation help create spaces where everyone can thrive. Today, we celebrate the talent, creativity, and contributions of people with disabilities and the ongoing work to build a more accessible future for all. Photo courtesy of LAX Facebook page.

Mending Hearts for Over Fifty Years

By Ron Sokol

The Richstone Family Center has addressed and sought to help for over 50 years the victims of child abuse, domestic violence, and those dealing with mental health issues. Over half a century, Richstone has taken on these significant challenges. For most of those years, and to this day, the Center is based in Hawthorne. The effort reaches throughout the South Bay, and extends to neighboring cities and locations as well.

Richstone’s work is determined. The therapists, staff, and teachers are relentless in their effort to help victims heal and families come together. Did you know that many of the Center’s therapists are based in local South Bay schools?

Richstone’s campus is located at 13643 Cordary Avenue, and includes the original main administration and program building, the Jim Murray Building, and the Everychild Foundation Healing Center. Classrooms offer parenting, counseling, anger management, domestic violence, and educational courses. There is also a children’s playground, an outdoor courtyard, and gathering areas. It is an inviting, comfortable environment.

To think this all began in a Manhattan Beach school room all those years ago, and was operating at one point in a garage that belonged to the YMCA. In its first year, Richstone dealt with about 70 children. This past year, that total would be 3,000.

I spoke with Jill Notch, Manager of Richstone’s Philanthropic Partnerships. She asked me to close my eyes for just ten seconds. When I opened them, she said, sadly, that a report of child abuse is filed every 10 seconds; every ten seconds.

Richstone wants to mend hearts. The story of its well-known logo is that a young girl came to the Center after severe emotional trauma. The counselor provided her with a piece of paper and asked that she show what

she was feeling. She drew a heart, cut it out carefully with scissors, and quietly tore the heart into several pieces. She then said, “This is how I feel. My heart is broken.” The young girl then handed the pieces of the heart to the counselor. Gradually and thankfully, with ongoing support through Richstone, she began to heal. On her last day of counseling, after several months, she asked if by any chance the paper she had cut up was still available; thankfully it was. With the pieces in hand, she taped each back together. Holding up the repaired heart, she said, “My heart was broken. You mended it.”

Richstone is a non-profit organization, supported in part by Government grants, and in part by the generosity of private donors. This allows the Center greater leeway because the Government often will condition grants, but Richstone is not reliant any more on the Government than its very kind donors.

One notable donor for many years was Robert Courtney, a colorful, tenacious lawyer

so many of us knew and admired who for years had offices on the Redondo Beach Pier. Robert’s wife Dorothy is among those who have been very generous to Richstone. Fundraising is part of the good effort.

“What I want to emphasize is that we are really here to address the whole family” I am speaking with Roger Van Remmen, CEO and President of the Richstone Family Center. “This is not a band-aid approach. Often it is so important to stabilize the whole family.”

Richstone’s programs include home visitation. There is a connectivity to the outreach. A therapist works specifically with one or more persons in the family, but can also assist in getting those in need to services that may well be of further assistance. Some of the work is of an emergency nature. To be sure, this is serious business, let alone strenuous work.

“Cases differ,” Roger shares with me. “We cannot say this child, or that this family, will

See Mending Hearts, page 4



The Healing Center. Image provided by Ron Sokol.

Finance

Exploring Your Wireless Options:
4 Tips to Pick the Right Provider

(Feature Impact) - Today’s wireless plans offer far more than connectivity alone, and choosing a provider involves more than simply comparing monthly rates and upfront phone costs. When balancing factors like nationwide network reliability and data performance needs against pricing, device compatibility and member benefits, finding the right fit for your needs and lifestyle can help simplify your daily routine while unlocking additional savings and experiences.

The experts at T-Mobile - which offers industry-leading, benefit-packed plans; exclusive experiences; and the largest 5G Advanced network voted No. 1 in network quality by J.D. Power - recommend evaluating several key factors before switching providers or upgrading plans:

Think About Your Lifestyle

If you work remotely, reliable high-speed connectivity is a must-have. For families, bundled savings or streaming services included as part of the plan may help seal the deal. Frequent travelers may prioritize international plan perks, in-flight Wi-Fi access or vacation discounts carriers can provide. As wireless providers expand their offerings beyond traditional phone service, look for the one that best complements how you live, work and travel, providing value across your everyday life.

Compare Pricing
Beyond the Base Number

The lowest advertised price doesn’t always translate to the best value. Evaluate any taxes, fees, autopay requirements, device payment plans and subscriptions or bundled perks included with the plan you’re considering. A slightly higher monthly plan with more included benefits may save you money over time compared to paying separately for

streaming services or delivery memberships that may be folded into the plan.

Keep Coverage Top of Mind

No matter how attractive a plan’s cost may look on paper, coverage remains one of the most important considerations when choosing a wireless provider. Before signing on with a provider, use a coverage map to check how strong the coverage is where you live, work and travel most often, particularly if you live in or frequently commute through rural areas.

Don’t Overlook Member Benefits

Wireless providers increasingly compete on customer perks. While rewards programs shouldn’t outweigh network reliability or pricing, they can add meaningful everyday value. In celebration of 10 years of the T-Mobile Tuesdays program, which provides weekly perks simply for being a member, the wireless provider is proclaiming June as “Member Month” with its biggest lineup of always-on benefits, limited-time perks, experiences and sweepstakes.

“From day one, T-Mobile Tuesdays has delivered meaningful value and relevant benefits that fit naturally into everyday life,” said Allan Samson, chief marketing officer, T-Mobile. “We’re always looking for new ways to give our customers more of what they love. Member Month is our biggest celebration of that commitment yet.”

The month-long initiative includes additional savings at Shell stations, free Dashpass by DoorDash for families juggling busy schedules, in-flight travel benefits when summer plans are in full swing and experiences that give members something to look forward to.

To compare plans and learn more about the value, perks and experiences that go beyond wireless, visit T-Mobile.com.

– Source Provided by T-Mobile •

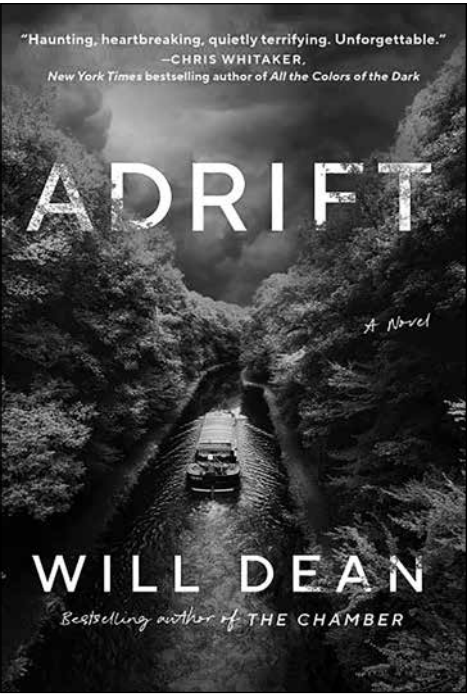
Check It Out

Adrift by Will Dean

By Kristen Morell, Librarian I,
El Segundo Public Library

This month I will be reviewing *Adrift* by Will Dean. If you’re looking for a novel that will keep you on the edge of your seat, then look no further. Drew and Peggy are both aspiring writers who live on a houseboat with their fourteen-year-old son, Samson. It’s been many years since Drew has written a successful story and this torments him. As a result, Drew decides that living on an isolated houseboat is just what he needs to create the environment of solitude he wants to get back to writing. Peggy and Samson are unhappy and increasingly concerned about living so far away from civilization. Unfortunately, Drew makes it clear that he does not care about Peggy and Samson’s feelings. In fact, before they moved into the houseboat, Peggy was happy with the home they had, her mother’s old home and wanted

to raise their son there. Drew is controlling refuses to let Peggy have a job and they struggle financially to provide necessities for their son, Samson. Instead, Peggy volunteers at her local library. She finds the encouragement she needs from her library colleagues, and she begins to write again. Peggy writes in secret because she knows that Drew will be upset and jealous of her for writing again while he is struggling to. She writes a novel and with encouragement from her supervisor at the library, she decides to send it off to a few publishers. Peggy is hopeful that she can earn some money from her novel and provide a better life for her son. Meanwhile, Samson is being tormented by bullies at school for his appearance and for his family’s living situation. When Samson is at home, he is also bullied by his father, Drew. Peggy works hard to develop a plan to move away from Drew with Samson. However, she finds it difficult to do so when Drew is constantly watching her every move. While this is a book that will keep you on the edge of your seat, it is not an easy read. To put this book on hold, visit www.elsegundolibrary.org. •



Adrift by Will Dean



Kristen Morell



“Let the beauty of what
you love be what you do.”
– RUMI

Classifieds

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- We reserve the right to refuse publication of any ad for any reason.

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and our website can no longer take inquires or emails

*Our newspapers are adjudicated of general circulation accordance with the laws of California. El Segundo Herald, Case Number 372819; Hawthorne Press Tribune, Case Number 187530; Inglewood Daily News, Case Number 601550; Lawndale Tribune, Case Number 479346.

What a Fantastic Night at Movies in the Park



Families and friends filled Memorial Park for an evening of fun, enjoying a great movie under the stars along with delicious food, jumpers, games, and plenty of community spirit. Thank you to everyone who came out and made it such a memorable event. Missed this one? Don't worry — there's one more Movies in the Park coming up on Friday, August 28th. Mark your calendars, grab your blankets and lawn chairs, and join us for another fun-filled night at the park. Photo courtesy of City of Hawthorne Facebook page.

Community Briefs

City of Hawthorne Secures Court Order for Hawthorne Mall Demolition, Announces Work Plan Timeline

The City of Hawthorne has secured a court order requiring the property owners of the Hawthorne Mall to commence site demolition no later than Aug. 14, 2026. The mandate follows a July 30 court hearing regarding the vacant property.

The court ruling establishes a definitive timeline for the property's teardown. In addition

to the Aug. 14 demolition start date, the judge ordered the property owners to submit all outstanding demolition permit applications for the site's two parking structures no later than Aug. 28, 2026. The court noted good faith efforts made by the defendants to date, including the installation of perimeter fences, gates, a job site trailer and issuing advance

demolition notices to the adjacent community.

"This court decision provides a clear, enforceable schedule for the remediation of the Hawthorne Mall property," said City Manager Vontray Norris. "The City remains committed to utilizing all available legal avenues to pave the way for future development that will benefit residents and local businesses alike."

To execute the teardown, the property owners have contracted AMPCO Contracting Inc. to perform the building demolition at 12124 Hawthorne Blvd. According to the Hawthorne Mall Work Plan, the project will adhere to a structural demolition phasing plan, beginning at the south end of the site and progressing north through five distinct phases, labeled A through E.

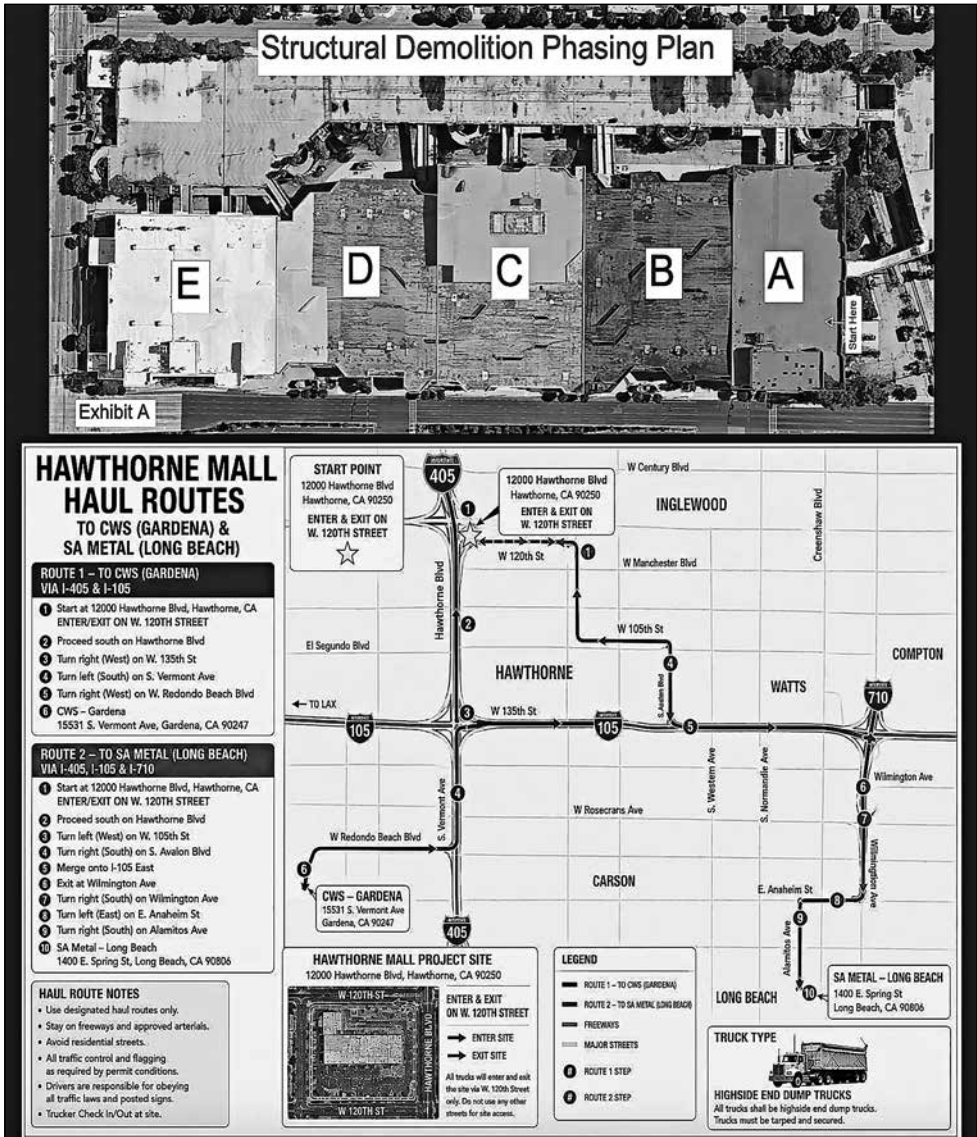
To manage local traffic and minimize community impact, strict logistical measures will be enforced. All highside end dump trucks

will enter and exit the project site exclusively via West 120th Street and must be tarped and secured. Designated haul routes will direct construction traffic to major freeways to transport mixed debris to CWS in Gardena and scrap metal to SA Metal in Long Beach.

The City of Hawthorne will continue to monitor the site closely alongside the project's management team to ensure full compliance with court mandates, project timelines and safety protocols.

Community members can stay informed on the demolition progress and future revitalization efforts by visiting the City's website. Residents may also subscribe to City email notifications through the City's homepage and follow the City's social media channels for ongoing announcements related to the Hawthorne Mall property.

– Source Provided by City of Hawthorne •





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El Camino Architecture Students Show Final Projects



Students from the architecture studio classes presented their capstone projects, including reimagining local spaces and showcasing environmental design. With El Camino's architecture program, you can start an exciting career that combines technical skills and creativity for an affordable price. Visit bit.ly/ArchElCo for more info. Photo courtesy of El Camino College Facebook page.

Mending Hearts

from front page

be done in 3 to 4 visits. We will know more as we go along. In any given instance it could be 20 visits, 20 sessions. Our staff goes through rigorous training, as you can well imagine. Some matters involve physical risk. I am in my 12th year as President and CEO, but have served on the Board since the 1980s. All of our Board members are volunteers. They have what we all have – a love of the mission.”

Richstone does not want to turn a family away if it can be helped. There is a sliding scale depending upon a family’s resources and economic reality. This is why fundraising is so important.

Here, I will turn back to earlier mention of the Jim Murray Building. It was added to the campus in the 1990s as Richstone expanded

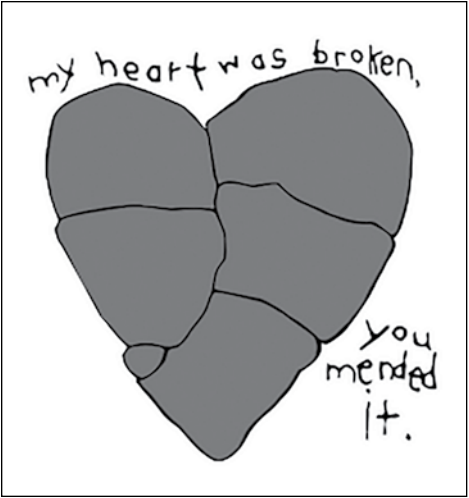
its services. The building is named after the Pulitzer Prize-winning sports columnist Jim Murray, who wrote such provocative, fun, and wistful articles for the Los Angeles Times. He is a hero of mine, and one of the key reasons that I write newspaper columns. Jim and his wife were generous to Richstone. Vin Scully, the Dodgers’ incomparable broadcaster, spoke the day the Jim Murray Building was dedicated. Think about that, Jim Murray and Vin Scully. Right there, those two people, all that they did in their lifetimes, how they conducted themselves, what they gave to the community.

Yes, we can rightfully describe the Richstone Family Center as a home run. This is easy to say, but in truth it takes a lot of work to get up to bat. To eye the pitcher. To stay

steady, to stay strong. You have to have real patience and faith. And, you have to keep your eye on the ball, which is sometimes not easy to see.

The Richstone Family Center has been mending hearts for over 50 years. Walk the campus, and you sense the mission, the dedication. Heroes throughout, but you probably know no one’s name, or you know of only a few.

It is very uplifting to see how Richstone continues such superb work. There are many who have benefited, and many more who will. I would say Richstone does not only mend hearts. It grows them. And, yes, it puts them back together as well. Mending and healing in equal parts. •



Richstone Family Center Logo.



A Fun Playground. Images provided by Ron Sokol.



Bob Courtney Drive.

Torrance Tribune

The Weekly Newspaper of Torrance

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Happy 20th Anniversary to the Annenberg Treehouse



Located at Wilson Park, this one-of-a-kind structure became California's first universally accessible treehouse in a public park when it was dedicated on April 10, 2006. To celebrate the milestone, Los Angeles County Supervisor Janice Hahn and Mayor Sharon Kalani recently visited Wilson Park to explore the 2,500-square-foot wooden treehouse. Photo courtesy of City of Torrance.

Seniors

3 Ways Pharmacists Can Help Maximize Your GLP-1 Experience

(Feature Impact) - Roughly 1 in 8 American adults take GLP-1 medications for diabetes or weight loss and the number continues growing, according to a recent KFF Health poll. People considering these drugs understandably have many questions, ranging from which GLP-1 would be best, what side effects might they experience and whether their insurance will cover it.

The health care professional who prescribes GLP-1s is a key source of information, but another vital partner is the medication expert on your health care team: your pharmacist.

"GLP-1s are more complicated than your typical antibiotic or medicines like cholesterol drugs, and they require particular expertise to manage effectively," said Martin Torres, PharmD, director of pharmacy, University of California, Irvine. "With their medication management expertise, pharmacists are particularly equipped to counsel people on GLP-1s. Our guidance can help people maximize benefits and minimize the risks."

GLP-1s are intended to be taken long-term, so it's helpful to consult with the pharmacist at your medical center or clinic. The health-system pharmacists who work collaboratively with doctors in these settings can serve as ongoing guides on your GLP-1 journey.

Here are three ways they can support you.

Managing Costs

Health-system pharmacists are an important resource for helping figure out how to pay for your medications. If you have insurance, they can help determine which GLP-1s your plan covers and which will suit you best.

If your plan doesn't cover these drugs or you lack insurance, pharmacists can help you find alternative payment options, such as a drug-maker coupon or medication-support program.

Effective and Safe Usage

Figuring out the optimal dose and frequency for each patient typically takes time. Many people also experience side effects. Pharmacists can help you manage the risks and maximize the effectiveness of your GLP-1 in several ways.

- They're experts in flagging potential harmful interactions between GLP-1s and other medications or supplements you're taking.
- They can work with you to cope with or lessen side effects such as nausea, reflux and constipation.
- They can advocate to your doctor for increasing or decreasing your dose to get you to the safest effective amount and coordinate any other needed medication changes.
- They can teach you how to administer your medication properly to avoid waste.

Lifestyle Changes

Health-system pharmacists are also resources for lifestyle counseling to make the most of your GLP-1. There's a common misconception that GLP-1s simply melt away fat. Rather, by reducing cravings, they help people eat less - and that can open the door to developing healthier eating and activity habits.

Pharmacists can provide a wealth of information on the effects of lifestyle modifications. The strategies for healthy eating and physical activity they share can help make these a routine part of your life for

long-term success.

To learn more about how health-system pharmacists can impact your overall health, visit yourpharmacist.org.

Discontinuing a GLP-1: How Your Pharmacist Can Smooth the Transition

At least half the people who start GLP-1s will stop within the first year. High costs, insurance issues and side effects are among the reasons people discontinue use. If you anticipate stopping your GLP-1, your health-system pharmacist can help smooth the transition.

A pharmacist's extensive knowledge of

medications is valuable not only for starting but also for stopping GLP-1s. They can help by:

- Determining whether a different GLP-1 or a more affordable source for the drug is right for you
- Helping people understand the source of side effects and how to lessen and manage them
- Providing advice on alternative medicines that may help patients reach their goals
- Guiding people on tapering their doses to avoid a hard stop.

— Source Provided by American Society of Health-System Pharmacists •

Garage Sale

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BY

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RENO

MOVING SALE!!! Sunday

Inglewood Families Get One-Hundred Free Laptops and School Supplies at Crozier Middle School Fair



Families at Crozier Middle School received backpacks, clothes, and one-hundred laptops with a one-year warranty and training, thanks to a partnership with AT&T, 101 Enterprises Foundation and Human-I-T. More device distributions are planned for local students in need. Photo courtesy of Human-I-T Facebook page.



GUNDOGRAM
SUBMIT YOUR YUM DISH!!

Margherita Pizza

Provided by Contadina / Del Monte

Prep Time: 5 minutes | Cook Time: 50 minutes | Servings: 2



Ingredients

Sauce:

- 1 can (28 oz.) Contadina® Crushed Tomatoes
- 4 tsp. minced garlic

Pizzas:

- All-purpose flour
- 2 balls (1 lb. each) refrigerated pizza dough, at room temperature at least 1 hour, or enough homemade dough to make 2 (12") pizzas
- 1 lb. fresh mozzarella cheese, drained
- 2 Tbsp. extra-virgin olive oil
- 20 fresh basil leaves

Directions

- **Step 1:** Arrange 2 oven racks to divide the oven into thirds and heat to 450°F. Mix crushed tomatoes and garlic together in a bowl; set aside.
- **Step 2:** Place 1 ball of dough on a piece of generously floured parchment paper and roll into a rectangle, roughly 12x14-inches. Transfer parchment with dough on it onto a baking sheet. Repeat with second ball of dough on a second baking sheet.
- **Step 3:** Bake crusts 10 minutes; rotate between racks and bake 5 to 10 more minutes, or until edges begin to turn light golden brown. Meanwhile, cut mozzarella into thin slices and place in a single layer on paper towels to drain.
- **Step 4:** Remove crusts from oven. Spread 3/4 cup pizza sauce evenly over each crust. Top pizzas evenly with cheese.
- **Step 5:** Bake pizzas 10 minutes; rotate pizzas between racks and bake 5 to 10 more minutes, or until cheese is melted and crust is golden brown. When ready to serve, drizzle pizzas with oil. Tear basil leaves and sprinkle on top.

Tip

- Only half of the pizza sauce will be used to make 2 pizzas. Freeze remaining sauce in 3/4 cup portions so they are ready to make 2 more pizzas.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community.
Send to: web@heraldpublications.com

PUBLIC NOTICES

SUMMONS (CITACION JUDICIAL)
CASE NUMBER: (Numero del Caso): 26STCV08965 NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): **Ali Arslan, an individual; and DOES 1 to 50, inclusive, YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): David Gamaliel Vargas Alvarez,** an Individual. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org) the California Courts Online Self-Help Center (www.courtinfo.ca.gov/

selfhelp), or by contacting your local court or county bar association. **NOTE:** The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. **¡AVISO!** Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos

sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. The name and address of the court is: (El nombre y dirección de la corte es): **Stanley Mosk Courthouse, 111 North Hill Street, Los Angeles, CA 90012** The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): **Bradley G. Hayes, Esq., 2648 Durfee Ave., Ste 101, El Monte, California 91732, (323) 477-1415,** Electronically FILED by Superior Court of California, County of Los Angeles, DATE: (Fecha) **3/19/2026 2:16PM,** David W. Slayton, Executive Officer/Clerk of Court By D. Williams, Deputy Clerk. **COMPLAINT-** Personal Injury, Property Damage, Wrongful Death, Type: MOTOR VEHICLE; Property Damage; Personal Injury; Other Damages (Specify): Pain & Suffering. Jurisdiction: ACTION IS AN **UNLIMITED CIVIL CASE (exceeds \$35,000),** CASE NUMBER: **26STCV08965;** 1. Plaintiff (name or names): **David Gamaliel Vargas Alvarez** ,an individual, alleges causes of action against **defendant** (name or names): **Ali Arslan, an individual; and DOES 1 to 50, inclusive.** 2. This

pleading, including attachments and exhibits, consists of the following number of pages: 5, 3. Each plaintiff named above is a competent adult. 5. Each defendant named above is a natural person. 6. The true names of defendants sued as Does are unknown to plaintiff. a. Doe defendants (specify Doe numbers): 1-25 were the agents or employees of other named defendants and acted within the scope of that agency or employment. b. Doe defendants **Does 1 to 50, inclusive** are persons whose capacities are unknown to plaintiff; c. Doe Defendants(specify Doe numbers): 26-50 are persons whose capacities are unknown to plaintiff. 8. This court is the proper court because c. injury to person or damage to personal property occurred in its jurisdictional area. 10. The following causes of action are attached and the statements above apply to each(each complaint must have one or more causes of action attached): a. Motor Vehicle; b. General Negligence. 11. Plaintiff has suffered: a. wage loss; b. loss of use of property; c. hospital and medical expenses; d. general damage; e. property damage. f. loss of earning capacity; g. other damage: pre-judgment interest and all damages according to proof at trial. 13. The relief sought in this complaint is within the jurisdiction of this court. 14. Plaintiff prays for judgment for costs of suit; for such relief as is fair, just, and equitable; and for a. (1) compensatory damages. b. The amount of damages is (in this cases for personal injury or wrongful death, you must check (1)): (1) according to proof. The paragraphs of this complaint alleged on information and belief are as follows: All. Date: 3/19/2026, Bradley G. Hayes, Esq. **FIRST CAUSE OF ACTION-Motor Vehicle** ATTACHMENT TO Complaint;

Plaintiff: **David Gamaliel Vargas Alvarez;** an individual, MV-1 Plaintiff alleges the acts of defendants were negligent; the acts were the legal (proximate) cause of injuries and damages to plaintiff; the acts occurred on (date) **September 5, 2024** at (place): **At or near Marengo Street and Britannia Street Los Angeles, California 90033;** MV-2 DEFENDANTS a. The defendants who operated a motor vehicle are: **Ali Arslan, an individual;** and Does 1 to 50, inclusive, b. The defendants who employed the persons who operated a motor vehicle in the course of their employment are: Does 1 to 50, inclusive. The defendants who owned the motor vehicle which was operated with their permission are: **Ali Arslan, an individual; and Does 1 to 50, inclusive,** d. The defendants who entrusted the motor vehicle are: Does 1 to 50, inclusive, e. The defendants who were the agents and employees of the other defendants and acted within the scope of the agency were: **Does 1 to 50, inclusive;** f. the defendants who are liable to plaintiffs for other reasons and the reasons for liability are as follows: Ali Arslan, an individual; and Does 1 to 50, inclusive. **SECOND CAUSE OF ACTION-General Negligence** Page Five; ATTACHMENT TO Complaint; GN-1. Plaintiff (name): **David Gamaliel Vargas Alvarez, individual** alleges that defendant **Ali Arslan, an individual;** and DOES 1 to 50, inclusive, was the legal (proximate) cause of damages to plaintiff. By the following acts or omissions to act, defendant negligently caused the damage to plaintiff on(date): **September 5, 2024** at (place): **At or near Marengo Street and Britannia Street, Los Angeles, California;** (description of reasons for liability): Defendant(s), employees and or agents, and each of them, so

negligently, carelessly, recklessly, and wantonly drove, managed, maintained, controlled, operated and entrusted their motor vehicle so as to legally cause the Plaintiff to be injured when the driver of the Defendant(s) vehicle suddenly, unexpectedly and negligently operated the Defendant's vehicle so as to legally cause a collision with Plaintiff while Plaintiff was driving his motorcycle. That as a direct and legal result of the negligence on the part of the Defendant(s), and each of them, Plaintiff was caused to sustain injuries and damages as herein alleged. Defendant(s) employees and or agents, and each of them, negligently hired, trained, supervised, retained, employed, and or managed their employees, agents and assigns so as to legally cause a collision with Plaintiff herein while Plaintiff was driving his motorcycle. That as a direct and legal result of the negligence on the part of the Defendant(s), and each of them, Plaintiff was caused to sustain injuries and damages as herein alleged. **STATEMENT OF DAMAGES** (Personal Injury or Wrongful Death) To: Ali Arslan, Plaintiff: David Gamaliel Vargas Alvarez seeks damages in the above-entitled action, as follows: 1. General damages: a. Pain, suffering, and inconvenience: **\$500,000.00,** b. Emotional Distress **\$500,000.00;** 2. Special damages: a. Medical expenses (to date) **\$35,325.00** b. Future medical expenses (present value) TBD c. Loss of earnings (to date) **TBD** d. Loss of future earning capacity (present value) **TBD** e. property damage **TBD.** Date: July 21, 2026 /s/ Bradley G. Hayes, Esq Inglewood Daily News Pub 7/30, 8/6, 8/13, 8/20/26

HI-29239

Order to Show Cause for Change of Name
Case No. 26STCP02694
Superior Court of California, County of LOS ANGELES
Petition of: SELENE PRESLEY MANZANARES BY SAMANTHA AURORA PALACIOS AND ALEX MANZANARES for Change of Name TO ALL INTERESTED PERSONS:
Petitioner SAMANTHA AURORA PALACIOS AND ALEX MANZANARES filed a petition with this court for a decree changing names as follows:
SELENE PRESLEY MANZANARES to
SELENE PRESLEY PALACIOS
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least

two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: October 30, 2026, Time: 8:30 AM., Dept.: 529, Room: 529, 5th Floor
The address of the court is:
LOS ANGELES SUPERIOR COURT
111 N. HILL STREET, ROOM 102
LOS ANGELES, CA, 90012
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:
Torrance Tribune
Date: July 17, 2026
VIRGINIA KEEENEY
Judge of the Superior Court
Torrance Tribune, Pub 7/30, 8/6, 8/13, 8/20/26

HT-29241

NOTICE OF PETITION TO ADMINISTER ESTATE OF: MANFRED WOLFGANG GAUER CASE NO. 20STPB08360
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the Will or estate, or both of MANFRED WOLFGANG GAUER
A PETITION FOR PROBATE has been filed by ANTHONY CRAIG GAUER in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that ANTHONY CRAIG GAUER be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons

unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 9/17/20 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to

you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner
DANIELLE STRUWE, CFLA;
SHANSHAN HAN ESQ
QUINN & DWORAKOWSSKI, LLP
2050 Main St., Suite 600
Irvine, CA 92614
949-660-1400
Lawndale Tribune Pub 8/6, 8/13, 8/20, 8/27/26

HL-29243

NOTICE OF PUBLIC HEARING
CONDITIONAL USE PERMIT CU-2026-0002
PUBLIC NOTICE is hereby given that the Planning Commission of the City of Hawthorne will hold a public hearing to consider the following matter:
CONDITIONAL USE PERMIT NO. CU-2026-0002: A request to approve the expansion of an existing nonconforming self-storage facility from 27,850 square feet, and one story to 83,550 square feet and three stories within the existing envelope of the building.
PROJECT LOCATION: 13521 Crenshaw Blvd. - City of Hawthorne, Los Angeles County, State of California.

MEETING DETAILS:
Day: Wednesday
Date: August 19, 2026
Time: 6:00 PM
Place: City Council Chambers
4455 West 126th Street
Hawthorne, CA 90250
Those interested in this item may appear at the meeting and submit oral or written comments. Written information pertaining to this item must be submitted to the Planning and Community Development Department prior to 5:00 PM August 18, 2026, at 4455 West 126th Street, Hawthorne, California 90250 or emailed to yhernandez@cityofhawthorne.org . For additional information, you may contact

Yesenia Hernandez at (310) 349-2970 or at the email noted above.
ENVIRONMENTAL REVIEW: Conditional Use Permit No. CU-2026-0002 is Categorically Exempt per Section 15332, Class 32. The proposed development occurs within city limits on a project site of no more than five acres and is substantially surrounded by urban uses, it has no value as habitat for endangered, rare or threatened species and approval would not result in significant effects related to traffic, noise, air quality, or water quality. The project is consistent with general plan policies as well as with applicable zoning designation and regulations. The self-storage facility will consist of 3 stories, 83,550 square

feet. The site area is 51,590square feet (approximately 1.18 acres) and is located within the M-1 (Limited Industrial) zone and designated general industrial in the general plan.
PLEASE NOTE that pursuant to Government Code Section 65009: In an action or proceeding to attack, review, set aside, void, or annul a finding, determination or decision of the Planning Commission or City Council, the issues raised shall be limited to those raised at the public hearing in this notice or in written correspondence delivered to the Planning Commission or City Council at or prior to the public hearing.
Hawthorne Press Tribune 8/6/26
HH-29245

*“Those who won our independence
believed liberty to be the
secret of happiness and courage to be the
secret of liberty.” —
Louis D. Brandeist*

Love Thy Neighbor

Dear South Bay Cities Neighbors,
We love the profiles we’ve done, and we’ve learned so much about South Bay City residents. We want to do more, so please keep the suggestions coming. With over 200,000 residents, we’re sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 😊

– Best to you all. HM.
Send your suggestions in to letters@heraldpublications.com

Please have your nominee’s approval before you submit them as a nominee.





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PETSPETS

Pets

PETSPETS

Featured Pets of the Week



Aaron
Provided by Hannah Collett, spcaLA
Say hello to **Aaron**, a young Pit Bull mix who is friendly and loves being around people. Aaron is playful and energetic, but he also has a gentle side. After playtime, he’s happy to lounge by your side and soak up attention. If you’re looking for a pup who can keep up with your adventures and then snuggle in for movie night, Aaron might just be your perfect match! [https://spcala.com/](https://spcala.com/adoptable/pet/?ss=LACA-A-21050)

[adoptable/pet/?ss=LACA-A-21050](https://spcala.com/adoptable/pet/?ss=LACA-A-21050)
Meet **Madea**, a young Bulldog mix with a big heart and an even bigger love for people. This affectionate girl thrives on attention, companionship, and cuddles. She is very treat-motivated, which makes training and bonding with her a fun experience. Could Madea be your new Friend for Life? <https://spcala.com/adoptable/pet/?ss=LACA-A-22515>



Cynthia
Cynthia is a calm girl with a gentle and loving personality. She enjoys getting pets and is always happy to soak up affection. When her curiosity strikes, Cynthia loves to explore her surroundings and then find a cozy spot to relax. She would make a wonderful companion for someone looking for an affectionate and easygoing cat to share their home with. <https://spcala.com/adoptable/pet/?ss=LACA-A-23357>

Blue is a sweet, shy kitten with a gentle soul. She can be timid when meeting new people or exploring new places, so her ideal home is a quiet one where she can feel safe and loved. Blue thrives in calm environments and would be happiest with someone who understands that trust takes time. Stop by spcaLA South Bay to meet Blue and her sister, True today! <https://spcala.com/adoptable/pet/?ss=LACA-A-22711> •



Madea



Blue

““A dog doesn’t care if you’re rich or poor, smart or dumb.
Give him your heart...and he’ll give you his.”
– MILO GATHEMA