

Torrance Tribune

The Weekly Newspaper of Torrance

Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 5, No. 3 - January 15, 2015

Inside This Issue

Business Briefs	2
Certified & Licensed Professionals	6
Classifieds	7
Crossword/Sudoku	7
Police Reports	3
Politically Speaking	3
Real Estate	8
Sports	4
TerriAnn in Torrance	2

High School Basketball Season Begins with Determination



Tartars #23 Jordan Sakasegawa maneuvers through the Culver City defense last Saturday. Photo by Peter Thornton, jp.thornton58@gmail.com. For more photos see page 4.

South Bay Village, OTNA to Host Information Session at Bartlett Center

By Cristian Vasquez

"It Takes a Village to Age in Place" is the name for the information presentation by South Bay Village that will be hosted at the Bartlett Center, located at 1318 Cravens Ave., on Jan. 21 from 7:30 to 9 p.m.

The Old Torrance Neighborhood Association [OTNA] has invited the South Bay Village, part of the National Village Program, to answer that question and to present resources seniors need to age comfortably in their own home and continue to lead active lives.

"The South Bay Village is something new coming to Torrance and it will make its debut at the Old Torrance Neighborhood Association," Debby Hays with OTNA said. "Torrance has a fast-growing population of seniors and Torrance is known for taking care of its seniors so we want to get the word out as to how they can stay in their homes for as long as possible."

As the population in Torrance ages, many seniors face the challenge of staying home as long as possible instead of relocating to an assisted living facility for seniors. The presentation hopes to draw volunteers and inform seniors and people with senior-age parents about what South Bay Village provides and how residents can benefit from those resources.

"AARP put out a report that ninety percent of seniors want to live in their own homes as they age. Up until now they only asked about staying in your own home and once you couldn't drive it was recommended to ask a neighbor or family member," South

Bay Village CEO Ges Davis said. "That doesn't always work so South Bay Village takes you to your doctor's appointment, they take you to the senior center to play cards and get you out of the house. The statistics have proven that if you get out of the house you will live longer and healthier."

South Bay Village was established in 2013 and it is an all-volunteer organization dedicated to providing as wide range of resources to aging seniors. Davis' experience with seniors goes back several years and has been based in the City of Torrance.

"I worked as a manager at RSVP [Retired Senior Volunteer Program], and had close to 1,000 senior volunteers," Davis said. "After seven years it became evident to me that this was my calling and I wanted to do something more for seniors than just the volunteer aspect. So I kept telling the people that I worked with that we had to do more for people who can't get out and about. That is how South Bay Village was born."

There are 140 villages across America and throughout Europe. In addition, there are 125 more in villages in the process of being established much like the Torrance location.

"Every presentation that I do is receiving more and more attention," Davis said. "The reason the response is growing is because there are so many seniors that as they get older are going to need some help."

South Bay Village is a nonprofit and is set to open its doors in March of this year. Davis indicated that 10,000 people are turning 65 every day, emphasizing the need for

services like the ones provided by South Bay Village.

"We felt it is a timely topic so we want to help spread the word and make people aware of the resources that are available right here in our own backyard," Hays said. "We are thrilled to have a resource like South Bay Village available to Torrance residents and we are looking forward to partnering with them."

In addition to the presentation at the Bartlett Center, there will be one at the Torrance-South Bay YMCA located at 2900 W. Sepulveda Blvd. in Torrance on Jan. 27 from 1 to 2:30 p.m. which is expected to be a different group of people since the presentation will be during the day.

For the Bartlett Center presentation refreshments will be served beginning at 7 p.m. All OTNA meetings are free of charge and open to the public. All who live, work and play in Torrance are welcome and are encouraged to attend early.

"We hope we get a good turnout for this because the resources are something that everyone needs to now about, regardless," Hays said. "If you're not a senior you probably have a parent that is; I know that I do so I will be all ears at this meeting."

OTNA was founded in 1981 and is celebrating its 34th anniversary this year. Meetings are hosted on the third Wednesday of every other month beginning in January, and are free and open to the public. OTNA boundaries are Crenshaw to Western and Dominguez to Sepulveda. For additional information, please contact Debbie Hays at 310.320.6054. •

Weekend Forecast

Friday
Mostly
Sunny
68°/52°



Saturday
Sunny
70°/53°



Sunday
Sunny
70°/54°



TerriAnn in Torrance

A Nurse in Torrance

By TerriAnn Ferren

Photo by TerriAnn Ferren

Sabrina Q. Nettles, RN, BSN, has been a registered nurse for seven years and works and lives in the city of Torrance. She makes her home in Torrance with her husband Evans and son David. Sabrina explained to me that being a nurse wasn't her first career. When she arrived here from the Philippines at eighteen years old, she wanted to go to USC. "I was in dental school when we came over here from the Philippines. When we came here, USC was a little bit expensive, so I became a registered dental assistant and I did that for eighteen years, but I studied general education in between and I transitioned into dental hygiene because my former employer encouraged me to become a hygienist. But I didn't like it and switched to nursing instead," said Sabrina. Sabrina told me it has been the best decision she has ever made. She has lived in Torrance with Evans for twenty years. David attended South



Sabrina Q. Nettles, RN, BSN.

television that show people smiling broadly while strolling through grassy gardens or frolicking on sunny beaches while a voiceover tells you the fifty side effects, that of course usually contain the word – death. No wonder Saturday Night Live did a sketch on these very commercials. Makes one wonder.

Sabrina assured me that if you ever pick up medication from a pharmacy you will notice the 'side effect' sheet will be in larger print so you and your family can read the literature. Okay, how about flu shots? Sabrina told me she gets hers every year and encourages the young and the elderly to get the flu shot every year as well. She assures me that if you get the flu shot, it acts as a very good preventive measure.

I asked Sabrina if her family relies on her when they are sick and she laughed and said, "Oh, yes. A lot of times they know you are there – like a security blanket." I can relate to that. To this day, my mom, a

"Getting [my patients] to progress to wellness is the best thing ever and makes me feel good as a nurse."

High School and later graduated from UCI. "I like working with patients, especially cardiac patients. I want to be able to [see] the transition from being sick to discharge from the hospital. Getting [my patients] to progress to wellness is the best thing ever and makes me feel good as a nurse," said Sabrina.

Sabrina told me she loves being a nurse, especially reaching out to not only the patients but to their families - to educate them about the patient. Sabrina went on to tell me, "Both the patient and the family need to be educated for the patient to go home to prevent them from coming back to the hospital."

I then asked Sabrina what advice she would give to someone interested in nursing and she said, "Make sure you are competitive, knowledgeable, and that you read a lot. Nursing is continuing [education]. Every year you have to advance and keep skilled. You need to take thirty [hours] continuing education classes every two years to keep your license. Being a nurse is always continuing educating because medicine is always advancing so you have to keep up – especially with medications."

At this point I was reminded of the pharmaceutical advertisements I have seen on

nurse, is never 'off duty' when it comes to family and friends. She always helps when she can and is the first to direct someone to the appropriate doctor. I have watched my mom be a nurse all her life and do believe it is a calling of a higher level.

Sabrina enjoys working in the hospital setting and living in Torrance and told me, "Torrance is great. It is a big community, north, south, east, west – and Torrance has so many promising businesses - booming now and there are so many new stores. Torrance is quiet, the temperature is beautiful, and it is conducive – the weather is great."

After speaking with Sabrina I felt lucky our paths had crossed. Having two major hospitals in the area, not including Harbor General Hospital, I think it is fair to say on any given day we have hundreds of nurses working in the city of Torrance. Somehow that is a comforting thought and gives me pride in our 'top of the mark' medical care. So the next time you cross paths with a nurse, say thank you. Thank you for caring for our community. As Mother Teresa once said, "It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving." •

Sports Shorts

South vs. Leuzinger Basketball

Photos by Osvin Suazo, oszy.suazo@gmail.com.



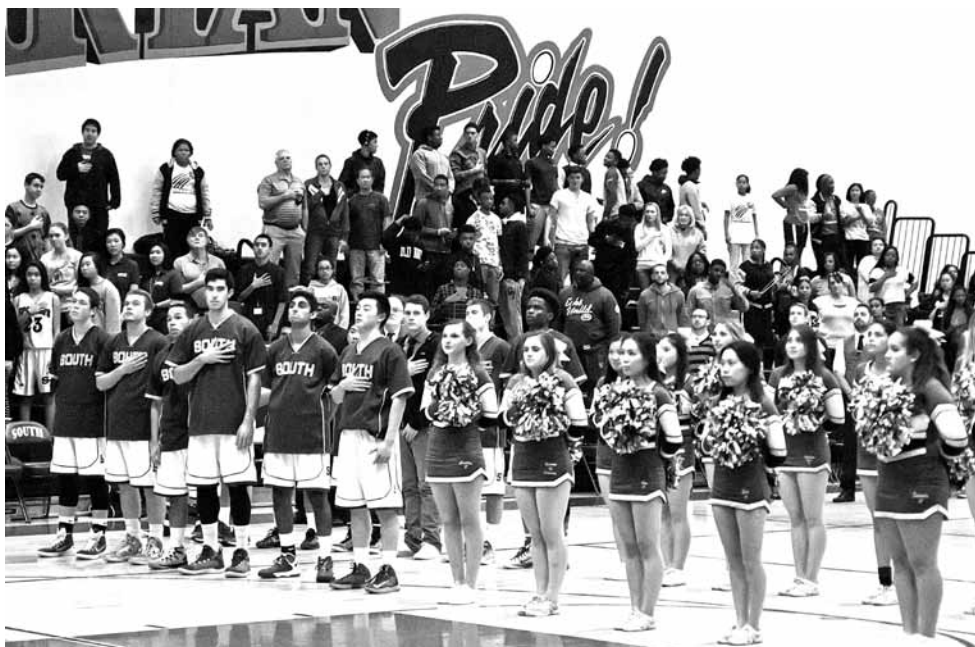
South's #33 Kasey Takashi gaining control of the ball in the 4th quarter.



Leuzinger's #10 Darrian Williams scoring with a dunk in the first quarter.



South's #32 Garland Gribbs with a sudden block to Leuzinger's #25 Nathaniel Vaughn's attempt to score.



The South High Varsity Boys Basketball Team and Cheerleaders during the National Anthem.

Business Briefs

SBCCOG Zero Waste Workshop

South Bay Cities Council of Governments through its Environmental Services Center has teamed up with South Bay Adult School to bring you an informative and motivational free workshop, Moving Toward a Zero Waste System. Experts from The Sanitation Districts of Los Angeles County, Grades of Green and Ron Wildermuth will present ways to minimize your impact on the environment through the following topics: Overview of Zero Waste, Solid Waste Management, Past, Present and Future; What's Up with Food Waste?; Waste Free at Home and Office, Environmentally Friendly Eating and Composting Overview

and Resources. Workshop will be held Monday, January 26, 2015, 7-9pm, at South Bay Adult School (701 S. Peck Avenue, Manhattan Beach, CA). Register at www.sbesc.com/calendar/workshops or call 310-371-7222.

Dancing with the South Bay Stars IV

On Saturday, February 7, at 8pm, local South Bay "stars" will be paired up and performing with professional dancers, competing to raise funds for their favorite nonprofits. The event will be held at the Armstrong Theatre. To purchase tickets and see the bios and favorite charities of each dancer, please visit <http://www.torrancearts.org/dancing-with-the-south-bay-stars-iv/>. •

SENIOR DAYS FOR THE ENTIRE MONTH OF FEBRUARY 2015

\$.99 cent games
\$.99 cent shoe rental
\$2.99 lunch specials



MONDAY – FRIDAY
9:00 AM THROUGH 5:00 PM

For more information please call Charlotte
at charlotte@pwbowl.com; or 310.326.5120

Palos Verdes Bowl

THE SOUTH BAY'S HOME FOR OLD SCHOOL ENTERTAINMENT

TANNERSEWANDVAC.COM
OLD-FASHIONED SERVICE & TOP QUALITY PRODUCTS

NEW SEWING CLASSES!
CHECK OUR WEBSITE
TannerSewAndVac.com



310-670-2429
SEWING AND VACUUM SERVICE
FOR ALL MAKES AND MODELS.
FACTORY TRAINED TECHNICIANS.
EXPERT SEWING INSTRUCTORS.
SAME DAY SERVICE AVAILABLE.
ESTABLISHED SINCE 1964.

Husqvarna Miele

Politically Speaking

One Man’s Opinion

The Other Side of the Coin

By Gerry Chong

The line . . . the long line begins here at the figurative entry to America, and extends as far as the horizon and beyond. That line is comprised of people from all over the world, every ethnicity, every religion, every age and sex. They all stand patiently in line hoping for a chance to immigrate and participate in the greatest experiment in human freedom the world has ever known.

Their frustration, however, is that the line moves so slowly that many die before their turn for legal immigration comes, and that people who have ignored the law and cut into line are receiving the opportunities and benefits those in line are being denied. With faith that America will ultimately come to its senses and enforce its own laws, they hope their turn will come.

But what are those laws intended to do? We are, first, a nation of immigrants, so immigration is welcome. But as an established nation with its own customs and way of life, it needs to control the immigration process to prevent criminal elements and enemies of the state from entering. It needs to admit immigrants who wish to integrate into the mores and culture of this society, and to do so in numbers that do not destroy the foundation on which this nation was founded; because to do otherwise is to destroy the very basis for immigration.

The people in line must be astounded to find we do not enforce our laws. Millions of people refuse to wait in line, and simply crash through a weak border in

uncontrolled numbers. Few are deported. Many do not integrate into our society, but seek to superimpose on us the language and culture they had supposedly left behind. Newspapers, radio/TV shows, supermarket signs, voice mail systems, and voting ballots all evidence that superimposition. The children of the gatecrashers are rewarded with lower in-state tuition to universities. Crashers are rewarded with driver’s licenses on the assumption they’d drive without a license anyway. Many illegal immigrants do not appear for scheduled immigration hearings and simply disappear into the system. Many receive Food Stamps and other social benefits, including Medicaid, welfare, and Social Security. Some work in the underground economy, paying no income taxes. Our government’s justification for rewarding lawlessness is human compassion, but that reward comes at the expense of the law and at the expense of those waiting in the long line. If and when amnesty is approved and citizenship is granted ahead of those in line, it will be the ultimate betrayal of the rule of law.

Today, Americans find ourselves strangers in a strange land as our culture is changed by the sheer volume of uncontrolled immigration. Laws and its operational practices work in opposition to each other. All the while orderly applicants for residency and citizenship must wait in an endless line, their personal stories no more nor less compelling than the law breakers. To those in line, we can only offer our deepest apology. •

Another Man’s Opinion

Terrorists Attacks in Paris Should Give us More Resolve to Enjoy Life

By Cristian Vasquez

Few times in my career as a reporter have I ever felt that my well-being was at risk. That isn’t to say that that I haven’t engaged in activities that weren’t dangerous, but few times did my fear levels rise. When the news of the tragic shooting at the Paris-based satirical magazine “Charlie Hebdo” made headlines, it was shocking, saddening and caused much reflection. Among the 12 victims murdered were 10 journalists, including the magazine’s editor and two police officers. The attacks were the result of a well-calculated plan by criminals: well-trained terrorists who were determined to accomplish this massacre carried out these cowardice acts.

Despite the fact that these fellow journalists in Paris were killed in cold blood, I can honestly say that I am not afraid of ever losing my life while reporting. Granted I do not know where my career as a reporter will take me, death due to occupational hazard does not cross my mind. However, in this tragic moment for journalists around the world, I can’t help but to also think about the two police officers that were murdered. Much like the officers killed in Brooklyn about a month ago, the two officers who were shot in the Bronx a few weeks later or the LAPD officers who were shot several nights before the New Year, the murdered officers in Paris left home that morning with plans to come home to their families.

Despite the daily risks that come with being a police officer, these men and women put on their uniform and go to work everyday just like you and I despite the dangers involved. There are thousands of people around the world who proudly entire

lifetime as law enforcement agents because it is their calling. Writing is my calling but unlike the men and women in uniform, I’m pretty sure that I would not be able to function properly if the daily danger in my profession equaled that of a peace officer. Yet, there have always been men and women willing to overlook these risks and work to make their city a safer place to live.

I love reporting as much as I enjoy writing and my writing skills keep me safe, tucked away behind a desk and in front of a computer. Interviews usually take place over coffee or in someone’s office. That is worlds apart from the uncertainty that comes on a daily basis for police officers. So when I hear news of an officer of the law being attacked or murdered in the line of duty, it is heartbreaking. People become police officers because it is a calling; I know that there is no amount of money that would give me the courage to walk a beat or patrol a dangerous part of the city on a daily basis.

In the history of the written word thousands, if not millions, of people have been killed for what they have printed. Good or bad words and images have an impact on us all and in some cases, like what happened in Paris this, that impact can be deadly. Investigative reporters, war correspondents, crime beat writers are just some of the assignments that can get a reporter killed. 12 people were murdered because of the hateful and poisoned souls a few cowards armed with guns. So I pray for the victims, the families and every journalist and police officer working a beat; I pray for their safety and that we as a society have the courage to not succumb to terrorist. •

Police Reports

Burglary-Auto 1/3/2015 10:52:07 PM
21200 BLOCK HAWTHORNE BLVD
Suspect(s) uses unknown tool for entry and takes property/third row seat, one shoe

Battery-Simple 1/3/2015 7:48:22 PM
16600 BLOCK KRISTIN AVE
Suspect pushes victim, knocking her to the ground

Vandalism 1/4/2015 2:45:10 PM 21800 BLOCK HAWTHORNE BLVD
Suspect(s) uses a metal pipe to smash glass window door pane

Battery-Weapon/Agg 1/3/2015 5:37 PM
VAN NESS AVE & 166TH ST
Suspect brandishes a knife following road rage incident

Burglary-Commercial 1/3/2015 6:51:00 PM
22500 BLOCK HAWTHORNE BLVD
Suspect(s) defeats door lock for entry and takes property/third row seat, purse

Burglary-Auto 1/3/2015 8:43:57 AM
1700 BLOCK IRIS AVE
Suspect(s) enters unlocked vehicle and takes property/suitcase, cosmetic bag

Burglary-Commercial 1/3/2015 4:13 AM
3700 BLOCK PACIFIC COAST HWY
Suspects smash window for entry/ unknown loss at time of report

Burglary-Auto 1/3/2015 1:48:44 AM
18100 BLOCK BAILEY DR
Suspect(s) enters possibly unlocked vehicle’s toolbox and takes property/ saw zaw, hammer saw, hand grinder

Auto Theft 1/2/2015 11:57:42 PM
SEPULVEDA BLVD & WESTERN AVE
Stolen vehicle: ‘93 GMC P/U

Burglary-Commercial 1/2/2015 9:05:00 PM
100 BLOCK VIA PASQUAL
Suspect(s) removes screen on unlocked window for entry and takes property/ laptop, sunglasses, cell phone

Burglary-Auto 1/6/2015 5:32:15 PM
184TH ST & BAILEY DR
Suspect(s) enters vehicle by unknown

means and damages both steering column and ignition

Burglary-Residential 1/2/2014 9:00:00 PM
4600 BLOCK HALISON ST
Suspect(s) removes screen on unlocked window for entry, ransacks and takes property/jewelry

Auto Theft 1/2/2015 8:48 AM 22300 BLOCK KENT AVE
Stolen vehicle: ‘12 Hyundai Elantra

Burglary-Residential 1/2/2015 9:00:00 AM
19400 BLOCK BECKWORTH AVE
Suspect(s) removes partial portion of window screen/ no entry, no loss

Burglary-Residential 1/1/2015 10:00:00 PM
19500 BLOCK BECKWORTH AVE
Suspect(s) enter unlocked sliding door and takes property/ jewelry

Burglary-Residential 1/1/2015 7:36 AM
3600 BLOCK DEL AMO BLVD
Suspect(s) attempts to pry open sliding screen door/ no entry, no loss

Burglary-Auto 1/1/2015 3:00:00 PM
2000 BLOCK 235TH PL
Suspect(s) enters unlocked vehicle and takes property/DVDs, coat jacket, coins, GPS

Theft 1/1/2015 12:30:00 AM 23400 BLOCK KATHRYN AVE
Suspect(s) takes unattended property from location/ cell phone

Auto Theft 1/2/2015 8:00:00 AM 17200 BLOCK FALDA AVE
Stolen vehicle: ‘15 Audi Q7

Vandalism 12/31/2014 6:45:00 PM 3900 BLOCK PACIFIC COAST HWY
Suspect kicks the victim’s vehicle causing damage

Burglary-Residential 12/31/2014 9:30:00 PM
18900 BLOCK FELBAR AVE
Suspect(s) smashes sliding glass door for entry, ransacks and takes property/ jewelry

Theft 12/31/2014 4:00:00 PM 2700 BLOCK SEPULVEDA BLVD
Suspect(s) takes unsecured property from

counter/ cell phone

Vandalism 1/5/2015 10:50:00 AM 2500 BLOCK CABRILLO AVE
Suspect(s) uses unknown tool to damage mailbox at location

Theft 12/31/2014 7:00:00 PM 1100 BLOCK SIERRA PL
Suspect takes property from residence without permission while there with permission/laptop

Burglary-Commercial 12/31/2014 9:04 AM 4300 BLOCK 190TH ST
Suspect enters business by unknown means, ransacks, but flees without property when interrupted by employee

Burglary-Auto 12/30/2014 8:30:00 PM
1700 BLOCK CARSON ST
Suspect(s) smashes window for entry and takes property/jacket

Burglary-Auto 12/30/2014 8:00:01 PM
2700 BLOCK PACIFIC COAST HWY
Suspect(s) enters vehicle by unknown means and takes property/ third row seat

Burglary-Commercial 12/31/2014 8:15:00 AM
300 BLOCK VISTA DEL MAR
Suspect(s) enters business complex, tampers with several mail box slots, unlocks two of the doors and takes property/computer, two external hard drives, cell phone

Burglary-Auto 12/31/2014 10:45:00 AM
3800 BLOCK JASON CIR
Suspect(s) punches door lock for entry and takes property/third row seat

Robbery-Weapon 12/30/2014 11:40:55 AM
20700 BLOCK HAWTHORNE BLVD
Suspects enter open business, one suspect jumps counter, pushes victim while demanding property while second suspect fires weapon into the ceiling/ cash

Burglary-Residential 12/30/2014 7:00:00 AM
100 BLOCK PASEO DE SUENOS
Suspect(s) enters by unknown means and takes property/hand saw

Theft 12/29/2014 3:50 PM 2200 BLOCK CRENSHAW BLVD
Suspect(s) takes property from public rest-room facility/flushing mechanisms

Burglary-Commercial 12/28/2014 7:22:18 PM
1800 BLOCK 179TH ST
Suspect smashes window, but flees without making entry upon possibly realizing witness was watching/ no entry, no loss

Burglary-Residential 12/28/2014 9:00:00 PM
200 BLOCK VIA ALAMEDA
Suspect(s) pries open window for entry, ransacks and takes property/ coins, clothing.

Theft 12/28/2014 8:15:00 PM 20700 BLOCK ANZA AVE
Suspect(s) takes property from communal mailbox area/delivered parcel

Burglary-Commercial 12/29/2014 8:50:00 AM
22000 BLOCK WESTERN AVE
Suspect(s) pries door lock for entry and takes property from storage unit/ toolbox, two amplifiers •



BURKLEY & BRANDLIN LLP

ATTORNEYS AT LAW



LIVING TRUSTS/WILLS, PROBATE, EMPLOYMENT LAW, PERSONAL INJURY
TRUST AND ESTATES LITIGATION, BUSINESS LITIGATION, CIVIL LITIGATION

310-540-6000

*AV Rated (Highest) Martindale - Hubbell / **Certified Specialist Estate Planning, Trust & Probate Law, State Bar of California, Board of Legal Specialization

Sports

Championship Games Are Set

Ladies' Basketball Heating Up

By Adam Serrao

The media can forget about comparing Peyton Manning to Tom Brady for yet another season in the National Football League. Andrew Luck came into town and ruined all of that fun for everyone. That may not be all that he ruined. Now it is Luck who is looking to make a name for himself after perhaps even putting an end to Manning's historic career. Brady will still be there, waiting. The NFC has no shortage of drama, either. Last year's Super Bowl champs, the Seattle Seahawks, are back in contention and look to be playing their best football of the year. If probable league MVP and Green Bay Packers quarterback Aaron Rogers has anything to say about it though, Seattle's "Legion of Boom" may go pop. Though the outcomes are, of course, yet to be determined, the four best NFL teams are left still standing midway through January. The Super Bowl looms in the balance, but for now, there is still some very interesting football left to be played.

Now that the championship games are set, we know that it will be the Indianapolis Colts vs. the New England Patriots and the Seattle Seahawks against the Green Bay Packers. That is about all that we know, however. All four teams seem to be playing their best ball of the season. All four teams seem to be on a roll. Normally, at this time of year, it is the team that has the most momentum that goes on a run, takes down everyone in their way and hoists the Super Bowl trophy come early February. Picking that team out of this bunch would seem to be a rather tedious task.

The Colts have the best young quarterback in the game on their side. That's a good start to any sentence that is about the game of football. Coming off of a good game last Sunday night in Denver, Luck not only put together one of his first impressive road playoff performances of his career, but he knocked Peyton Manning out of playoff contention. His 265 yards and two touchdowns led the Colts to a 24-13 victory over Denver at Mile High Stadium, leading Indianapolis to its first conference championship game since Manning led the team there in January of 2010. "I think we're playing good team ball," Luck said of his squad. "We're feeding off each other. Offensively we're making enough plays to put some points on the board. Great night. So proud to be a part of this Colts victory." While it was a great night for Luck and his Colts, Manning was left to consider his future in the game of football. In postgame interviews, he was noncommittal on the issue and offered only the promise that he would think about a return in the coming days, weeks and months. With his deep ball turning ever so inaccurate and his arm strength wavering, it may be beginning to look like the end of the line for Peyton. It will certainly be a top storyline this offseason.

As usual, Brady waits in New England to play in the AFC championship game. The three previous years it's been Manning that he's faced, but now Luck has taken his place. The Patriots got down early in last Saturday's game against the Ravens, but as most people figured, they came back and were able to

pull out a 35-31 win at a 19 degree Gillette Stadium in Foxboro. The Patriots had success earlier in the year against the Colts. You might remember the game where Jonas Gray burst onto the scene with his franchise-record four-touchdown performance against the Indianapolis defense. While that certainly doesn't figure to happen again, the Patriots, with a healthy Rob Gronkowski and a very hungry Tom Brady, may just be the closest thing to that team that is putting things all together at the exactly right time this year.

The Packers will get ready to face Seattle and set up an encore performance to this year's NFL season opener. While Rogers was battling a calf injury that clearly limited his mobility on the field, he seemed to find a way to get over it in the second half of last week's game against the Dallas Cowboys. Rogers and the Packers rallied from eight points down, controversial calls aside, to defeat "America's Team" by a final score of 26-21 last Sunday in Green Bay to advance to the conference title game for the first time in four seasons. Now they will get ready to face a Seattle team that whooped them in week 1 by a final score of 36-16. Now, Rogers and his Packers will look to go back into CenturyLink Field in Seattle and avenge their previous loss. "I'll do everything I can to get ready to go to Seattle and play a great team," said Rogers. Certainly a tough task that awaits.

While the Packers remained unbeaten on the year at home this season (9-0 at Lambeau), the Seahawks will remain home after making quick work of Cam Newton and the Carolina Panthers to welcome in Aaron Rogers. No one wants to play in Seattle. The 12th man is precisely that. The Seahawks and quarterback Russell Wilson are 25-2 at home since he took over at quarterback for the team and 8-1 this season. In week one Marshawn Lynch had his way with Green Bay, rushing for 110 yards and two touchdowns as Rogers declined to pass in the direction of Richard Sherman all game long. If the Packers want to win, Rogers will have to test the All-Pro cornerback this weekend in a game that will certainly feature two of the best all-around teams in the game.

There is obviously no telling who will win the championship games this weekend and advance to the Super Bowl, but the two games certainly look to be as exciting as the rest of this fantastic NFL season has been so far up to this point. All four teams are rolling at the right time and while journalists normally refrain from making predictions and simply dissect the action, I will take the road less traveled. Tom Brady will simply be too much for the Colts defense and Darrelle Revis and the Patriots secondary will have at least one big interception in a New England victory. Green Bay and Seattle will be a close one that comes down to the end. Ultimately, Marshawn Lynch will show why he is one of the greatest running backs in the league. The 12th man and that vaunted Seattle defense will also prove to be too much for an otherwise immobile Rogers as the Seahawks make it back to the dance for the second year in a row. Super Bowl matchup: Patriots vs. Seahawks. •

By Adam Serrao

Photo by Peter Thornton

While much of the national spotlight may not be on basketball just quite yet, the lady high school basketball players of Torrance have certainly been giving their fans something to watch. If you've missed out unto this point, reading about them will have to do, but an entire fun-filled, competitive season still awaits for you to get out there, cheer on and see for yourself. One of those teams that you should make a point to see is the South High Spartans. The Lady Spartans have been dominant in just about every game they have played so far this season. In what is sure to be a highly competitive Pioneer League division this year, South will

win. "We had great energy tonight," Imamura continued. The girls were really pumped for their first league game."

It's always good to get the first one out of the way and now the Spartans (13-3, 1-0) can shake off some of the nerves and prepare themselves for the second of the season that is to come. That second half will continue with a league rivalry matchup against the West High Warriors coming up next Friday. There's no indication as to how the Pioneer League will end up this season, but the winner of that game will certainly give themselves a distinct advantage in the race for first place.

West High

If there's one thing that we should all know



Culver City #11 M. Yoon faces off with Tartars #55 Ashley Sasaki.

need every win that they can get. Last Friday night at South High, the Lady Spartans not only notched another win, but they dominated a league foe by a final score of 60-37.

Winning is never an easy thing to do, especially inside of your own division. Games that are originally thought to have a chance at being easy, always turn out to be the toughest ones and games that are expected to be tough, turn into nail-biters. That's why South's 23-point victory over the Leuzinger Olympians in the first game of league play last week turned out to be so spectacular. "We wanted to come out strong and get our first win," said senior starting point guard Jaryn Fajardo. "I think we came out as a team and our effort was definitely there." Fajardo was right. While the game stayed neck-and-neck throughout the first quarter, the Lady Spartans began to really heat up in the second and beyond. Behind Fajardo's game high 16 points and 12 rebounds and Kristy Takahashi's 11 points and clutch long-range shooting, South found themselves up by 10 points at the half before they put things into cruise control.

South head coach Bobby Imamura loved his team's effort, but wasn't too fond of some of the nonchalant mistakes made on the court. "We just preach effort and to play through your mistakes," Imamura said. "I think that's what we did today." There was a point in the third quarter when, through turnovers and missed shots, the Lady Spartans let Leuzinger back into the game, leading by only a three-point margin. With great intensity and effort on the night, however, South was able to rally for an eventual huge fourth quarter and 23-point

about the West High Warriors ladies' basketball team it is to never count them out. Last year's champs, the Warriors are putting together yet another formidable season as they await their first divisional game that will take place this week. In the meantime, however, Jasmine Jones, Kayla Sato and head coach Mike Caporaso will look to rebound from tough loss at Bishop Montgomery and get themselves on the same page once again.

The Lady Warriors fell down early vs. Bishop, receiving only four points in the first quarter. By the half, they found themselves down by 10 and a big third quarter by Bishop basically put the game out of reach. The real story of the week isn't West's loss to Bishop, however, but rather, their coming together as a team. After being out for some time due to injury, the Warriors have recently plugged Sato back into their lineup to go with Jones, who is averaging 16 points and almost 12 rebounds per game this year. With Sato back in the mix, the sky is the limit for this West High ball club. "Sato's getting back into her rhythm and I'm proud of our team," Jones said. "We got off to a slow start, but everyone is developing and coming together really well." Jones, Sato and the Lady Warriors will look to bring it all together when they run up against their league rivals, North High, this Friday night at North.

North High

If you're looking for the best team in the Pioneer League so far this season, look no further than the North High Saxons. At 12-1 so far this year with league play set to begin this week, the Saxons have only lost once to

See Ladies' Basketball, page 8

1107 Van Ness Ave. Torrance, CA 90501 • 310.320-3207

★
|||
★
|||
★

STARS & STRIPES

AMERICAN MADE CLOTHING STORE
COME CHECK US OUT!
GREAT CLOTHING INCLUDING DENIM, HATS, BAGS, SHOES AND MORE
LEE 101 USA, WOOLRICH, SAVE KHAKI, MINNETONKA MOCCASIN, PENNY, JAN SPORT, DULUTH, REYN SPOONER, TRETORN, BALL, BURTON, STANCE, RAINBOW SANDALS, FILSON, TEVA, NEW YORK HAT, PADDY WAX, RICHER & POORER, SCHOTT USA, STRATHTAY
Open Mondays through Saturdays Noon to 6pm

Brown Rice Frittata with Bacon and Edamame



Makes 6-8 servings

Ingredients

- 1 cup Minute(r) Brown Rice
- 4 thick cut bacon slices, cut into 1/2-inch pieces
- 4 scallions, thinly sliced (whites and greens divided)
- 1 cup frozen shelled edamame
- 6 eggs
- 3/4 cup sour cream, divided
- 1/2 teaspoon kosher salt

Preparation

1. Prepare rice according to package directions.
2. While rice cooks, sauté bacon pieces in 10-inch ovenproof skillet over medium heat until starting to crisp, about 5 minutes. Drain off all but 1 tablespoon bacon fat, then add scallion whites and edamame (or if desired, use 1 cup frozen green peas) to the bacon in the pan and sauté 1 minute.
3. Add cooked rice, and sauté 1 minute. In a bowl, whisk together eggs, 1/2 cup sour cream and salt. Add egg mixture to pan, swirling gently to distribute mixture evenly throughout other ingredients. Cook undisturbed for 2-3 minutes, until edges look set. Then place pan in preheated oven until set in center, about 10 minutes.
4. Mix together scallion greens with remaining 1/4 cup sour cream. Serve frittata in wedges topped with a dollop of scallion cream. •

VALENTINO'S

Pizza, Pasta & More

"A Taste of Brooklyn"

Catering Available

1 LARGE 16" PIZZA with one topping \$13.99

ANY SMALL COLD 6" SUB made on our daily fresh homemade bread with bag of chips and small drink \$6.95

Plus Tax. Extra toppings additional cost. No substitutions and coupon must be presented. Please mention coupon when ordering. One per customer. Expires 1/29/15.

Plus Tax. One per customer, must present coupon, not valid with any other offer, no substitutions please. Expires 1/29/15.

Ample Seating

EL SEGUNDO
150 S Sepulveda Blvd.
310-426-9494

Now Open Sundays

MANHATTAN BEACH
976 Aviation Blvd.
310-318-5959

DELIVERY IN LIMITED AREA AT BOTH LOCATIONS

1261 Cabrillo Avenue,
Torrance

310.320.2332
www.BuffaloFireDepartment.com

310.785.7501 • www.depotrestaurant.com

DOWNTOWN
TORRANCE
MARKET PLACE

Every Thursday
3:00 pm - 7:00 pm

Rain or Shine

Location: El Prado and Sartori

For more information call
Chef Shafer 310-787-7501 • Julie Randall 310-328-6107
www.buffalofiredepartment.com

Fictitious Business Name Statement
2014344031

The following person(s) is (are) doing business as ESF FINANCIAL PLANNING GROUP, 1500 ROSECRANS AVE., SUITE 500, MANHATTAN BEACH, CA 90266, LOS ANGELES COUNTY. Registered Owner(s): ESF FINANCIAL INC. 1500 ROSECRANS AVE., SUITE 500, MANHATTAN BEACH, CA 90266. This business is being conducted by a corporation. The registrant commenced to transact business under the fictitious business name listed above on: 08/25/2004. Signed: ESF FINANCIAL INC., PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on December 5, 2014. NOTICE: This Fictitious Name Statement expires on December 5, 2019. A new Fictitious Business Name Statement must be filed prior to December 5, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. 12/25/14; 1/1, 1/8, 1/15/15


2014350500
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

Current File #2012041769
The following person has abandoned the use of the fictitious business name: HAWTHORNE DENTAL CARE, 4477 W. 118th St., #500, Hawthorne, CA 90250. The fictitious business name referred to above was filed in the County of Los Angeles ON MARCH 13, 2012. Registrants: NADER RAMZI DDS INC., 1813 THAYER AVE., #D, LOS ANGELES, CA 90025. This business was conducted by a corporation. Signed: NADER RAMZI DDS, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on December 12, 2014.

El Segundo Herald, Pub. 1/1, 1/8, 1/15, 1/22/15

PUBLISH
YOUR
PUBLIC
NOTICES
HERE

Fictitious Business Name Statement
2015000788

The following person(s) is (are) doing business as INTRINSIC, LLC, 1124 N. LA CIENEGA BLVD., #304, WEST HOLLYWOOD, CA 90069, , LOS ANGELES COUNTY. #201435410338. Registered Owner(s): INTRINSIC, LLC, 1124 LA CIENEGA BLVD., #304, WEST HOLLYWOOD, CA 90069, CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: Intrinsic, LLC, Partner, Jonathan Silverman. This statement was filed with the County Recorder of Los Angeles County on January 2, 2015. NOTICE: This Fictitious Name Statement expires on January 2, 2020. A new Fictitious Business Name Statement must be filed prior to January 2, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald 1/15, 1/22, 1/29, 2/5/15

ABANDONMENTS:
\$125.00

ABC NOTICES:
\$125.00

DBA
(Fictitious Business Name):
\$75.00

NAME CHANGE:
\$125.00

Other type of notice? Contact us and we can give you a price.

Fictitious Business Name Statement
20153611936

The following person(s) is (are) doing business as POLISHME NAIL BAR & SPA, 11035 LONG BEACH BLVD 6, LYNWOOD, CA 90262, LOS ANGELES COUNTY. Registered Owner(s): KIM NGAN THI NGUYEN, 4107 W. 160TH ST., LAWNDAL, CA, 90260. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: KIM NGAN THI NGUYEN, OWNER. This statement was filed with the County Recorder of Los Angeles County on December 29, 2014. NOTICE: This Fictitious Name Statement expires on December 29, 2019. A new Fictitious Business Name Statement must be filed prior to December 29, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/15, 1/22, 1/29/14, 2/5/15

Fictitious Business Name Statement
2014352609

The following person(s) is (are) doing business as JOEL BELL INDUSTRIAL DESIGN, 211 W. BEACH AVE., INGLEWOOD, CA, 90302, LOS ANGELES COUNTY. Registered Owner(s): JOEL BELL, 211 W. BEACH AVE., INGLEWOOD, CA, 90302. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: JOEL G. BELL, PRINCIPAL. This statement was filed with the County Recorder of Los Angeles County on December 15, 2014. NOTICE: This Fictitious Name Statement expires on December 15, 2019. A new Fictitious Business Name Statement must be filed prior to December 15, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald Pub. 1/8, 1/15, 1/22, 1/29/15

Fictitious Business Name Statement
2014357681

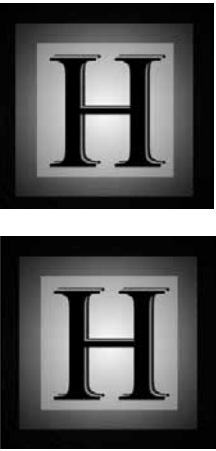
The following person(s) is (are) doing business as TRUTECH SOLUTIONS, 17121 S. CENTRAL AVE. #2N, CARSON, CA, 90746, LOS ANGELES COUNTY. Registered Owner(s): JJ ENTERPRISES, INC., (which will do business in California as JAY JAY ENTERPRISES, INC.), 5241 VANDERHILL ROAD, TORRANCE, CA, 90505. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed above on: 12/1/14. Signed: TruTech, CEO, Jocelyn Towler. This statement was filed with the County Recorder of Los Angeles County on December 22, 2014. NOTICE: This Fictitious Name Statement expires on December 22, 2019. A new Fictitious Business Name Statement must be filed prior to December 22, 20. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/15, 1/22, 1/29, 2/5/15

Fictitious Business Name Statement
2014362219

The following person(s) is (are) doing business as MARKMAN & WOLSTAN, A MEDICAL GROUP, 3838 CARSON ST., #105, TORRANCE, CA 90503, LOS ANGELES COUNTY. Registered Owner(s): DAVID A. MARKMAN, M.D., 31 CLUB VIEW LANE, ROLLING HILLS EST., CA 90274; BARRY J. WOLSTAN, M.D., 40 CLEAR VISTA DRIVE, ROLLING HILLS EST., CA 90274. This business is being conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name listed above on: n/a. Signed: Barry J. Wolstan, M.D., Partner. This statement was filed with the County Recorder of Los Angeles County on December 29, 2014. NOTICE: This Fictitious Name Statement expires on December 29, 2019. A new Fictitious Business Name Statement must be filed prior to December 29, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald 1/15, 1/22, 1/29, 2/5/15.

I am seeking, I am
striving, I am in it with
all my heart.

-
Vincent Van Gogh



YOU CAN FAX YOUR FILED FORM TO 310-322-2787 THE PUBLISHING COST IS \$75 FOR MORE DETAILED INFORMATION CALL 310-322-1830 EXT. 23

Visit us online: www.heraldpublications.com

CERTIFIED AND LICENSED PROFESSIONALS

concrete

Need A Driveway or Patio?
Lindahl
Concrete, Inc.
Specializing in all Residential Concrete
WWW.LINDAHLCONCRETE.COM
Call For Estimate
310-326-6626
Lic#531387

design & construction


**TOTAL CONCEPT
DESIGN & CONSTRUCTION**
CCL#: 522719
**Complete Renovations
Outdoor Living Areas**
Stone Patios, Fireplaces, BBQ's, Waterfalls & Spas,
Water Wise Softscapes
Website: www.TCLSouthbay.com
Call: 310-371-3368

electric

Wise Electric Contracting Service
Commercial/Industrial/Residential
License No: 785853
**Serving El Segundo
since 1945**

Keith R. Wise Owner/Operator
Phone: **310-529-5271**
Fax: **310-615-0063**

**YOUR
AD
HERE**

Email to reserve your space
class@heraldpublications.com

flooring


KIRK FLOORING
(310) 322-6099
Fax (310) 322-6899
lic# 648106
333 Indiana Street, El Segundo
kirkflooring@socal.rr.com

**YOUR
AD
HERE**

Email to reserve your space
class@heraldpublications.com

gardening


**EL SEGUNDO
GARDENER**
Licensed/Bonded
All E.S. Crew, Lawn Service Clean Ups,
Tree Trim, Sprinklers, Handyman, etc.
CALL BRIAN
310-493-7811 310-322-7396
Lic# 100085424

handyman

PHILMO HANDYMAN SERVICE
One Call does it All! Over 30 Years Experience
Water Heaters \$150 Plus Parts
Painting, Doors, Locks, Windows, New Faucets,
Licensed Electrician, Toilets, Plumbing Repair,
Light Fixtures, Drywall, Earthquake Valves, Water Leaks
No job too small, We do all Sec 8 work
323.420.4498 323.752.3664
Cell Phone Message Center
License # 145328

handyman

**BILL'S
HOME & APARTMENT
MAINTENANCE**

**CONTRACTOR QUALITY
at Handyman Prices.**
We cover everything from A-Z.

Bill Henrichon
Call: 310-890-7531
Office: 310-542-3470
Billshomeandaptmain@yahoo.com
CA ST LIS# 786081 / Bonded & Insured


2011


2012


2013

Serving the South Bay for 25 years
FREE ESTIMATES

handyman

TOUCHSTONE

PAINTING • PLASTERING
HANDYMAN
Reasonably Priced - Referrals Upon Request
310-517-9677
30 Year Business and Resident in the South Bay

**YOUR
AD
HERE**

Email to reserve your space
class@heraldpublications.com

painting

PAINTERS PLUS



INTERIOR • EXTERIOR
PLUS
IMPROVEMENTS • REPAIRS

FREE ESTIMATES
LOWEST PRICES • GUARANTEED QUALITY
5 YEAR FREE MAINTENANCE

SERVING THE BEACH CITIES
FOR OVER 20 YEARS

CALL DON **310-798-0450**
LIC # 726089

painting

RICH'S PAINTING

**Specializing in exterior
Quality interior work**
Reliable • Reasonable Rates
310-640-9465

painting

TKO PAINTING CO. INC.
Knocking Out The Competition

Satisfaction Guaranteed
Great Competitive Prices
FOR A FREE ESTIMATE
Call Troy at
310-663-1672
#833537

plumbing

**24
Hour
Service**

**MATTEUCCI
PLUMBING** Free Estimates

Since 1990 • Lic # 770059 • C-42 C-36 C-34 C20 C-10 A

PLUMBING, HEATING, COOLING & ELECTRICAL
Full Service Plumbing • Heating • Cooling & Electrical
Sewer Video Inspection • Rooter Service • Copper Repipes
310-543-2001

plumbing


Phone/Text
310.738.7094
**SECOND CITY
PLUMBING
& Rooter Service**
El Segundo Resident
23 YEARS EXPERIENCE
Sewer Video • Hydrojetting • Bonded • Insured
CA LIC. #980971

plumbing

Lic#557167
Est. 1989

**Frank's
Plumbing**

Heating-Electrical • Stoppages
Tankless Water Heaters
KillasserKid@verizon.net
310.613.4563

**YOUR
AD
HERE**

Email to reserve your space
class@heraldpublications.com

OVER 40 THOUSAND PAPERS DELIVERED WITHIN MILES OF YOUR HOME OR BUSINESS.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

APARTMENT FOR RENT

330 Sierra St. 1BD/1BA. Nice floor plan. Very large windows and bright. Excellent location. Well maintained. W/D on premises. Prkg. garage. Water incl. No pets. \$1,280/mo. Call (310) 594-2766.

FOR RENT

A) 227 E. Oak, unit 103, El Segundo, CA: Beautiful 2 bed/2 bath; condo with view, exceptionally large patio, and 2 car covered parking. Asking \$2,495 per month. a. Please call 310-647-1635 for more info.
B) 535 Indiana Street, El Segundo, CA: Large 3bed/1.5bath, plus bonus room. Asking \$2,500 per month.

a. Please call 310-647-1635 for more info.

FOR RENT

1) 957 Virginia Street, El Segundo a. Rare new construction home, never been lived in: 1800 sq ft, 3 bedrooms, 2 1/2 baths with a large 2 car garage. Asking \$3,995/month. b. Please email billruane90245@yahoo.com or call Bill Ruane's office at 310-647-1635 for info.

FOR RENT

723 Loma Vista, El Segundo, Ca...2bed/1bath with 2 car garage...has rooftop deck with city view, and a private yard...asking \$2,800/month. Please email billraune90245@yahoo.

com or call Bill Ruane's office at 310-647-1635 to view.

GARAGE SALE

531 Richmond Street in the alley. Saturday Jan 17 8am-11am

GARAGE SALE

SUNDAY ONLY, Jan. 18, 9am-2pm, 1457 E. Palm Ave. ES, toys, furniture, clothes, electronics, many other unique items.

HOUSE FOR RENT

Large Executive two story house, 5 Bed & 3 Bath, 2 car garage over 3700 sq. ft. all hardwood floor. Huge deck, city and ocean view. Huge back yard with the fruit trees. All the amenities. \$6,000.00



FOLLOW US
ON TWITTER
@HERALDPUB



KEEP IT LOCAL

NEW LOWER RATES!

PRICING

1X

2X

3X

4X

Up to 21 words:

Up to 28 words:

Up to 35 words:

Up to 42 words:

Up to 49 words:

\$40

\$50

\$60

\$70

\$80

\$90

\$45

\$55

\$60

\$65

\$75

\$85

\$90



HERALD PUBLICATIONS

The deadline for Classified Ad copy and payment is at Noon on Tuesday. We reserve the right to reject, edit, and determine proper classification of classified ads. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

PLEASE NOTE: new email address. E-mail ad copy to: class@heraldpublications.com.

OVER 40 THOUSAND PAPERS DELIVERED WITHIN MILES OF YOUR HOME OR BUSINESS.

HOW TO PAY: CHECKS, CASH OR CREDIT CARDS. Include Visa or M/C number along with billing address, security code, expiration date, email address and phone number. PAYMENT MUST BE RECEIVED BEFORE AD IS PUBLISHED!

Payment Type

☐ CASH

☐ CHECK

☐ 

☐ 

Credit Card Billing Information

Card Number

Security Code

Expiration Date

First Name on Card

Last Name on Card

Address

City

State

Zip/Postal Code

Phone Number

Signature

Ad Copy

COMMUNITIES COUNT

For your convenience you can fill out this form and fax it (310-322-2787), email (class@heraldpublications.com) it or bring it into the office at 312 E Imperial Avenue, El Segundo.

WEEKLY CROSSWORD See Answers Next Week Reality TV Shows

1	2	3		4	5	6	7		8	9	10	11	12	13	
14				15					16						
17				18					19						
20							21					22			
23						24					25				
				26		27					28	29	30	31	
32	33	34		35			36		37	38					
39				40					41						
42							43					44			
45									46			47			
				48	49	50	51	52			53		54	55	56
57	58	59		60					61						
62				63					64						
65								66					67		
68								69					70		

Across

1. Blah-blah-blah
4. June honorees
8. Relating to animals
14. "Catch-22" pilot
15. Multivitamin supplement
16. Probable
17. Dating show
20. Gave it a shot
21. Dublin's home
22. Morse Code signal
23. Back
24. Chicken serving
26. Fair
28. Long, dismal cry
32. Biblical verb ending
35. Math term
37. Fish hawk
39. Show in which less is more
42. Old-fashioned women's hood
43. Alliance acronym
44. Jonson work
45. Sledding spot
46. Fast and lively
48. Large lizard
53. Contents of some urns
57. Occurred
60. A deadly sin

Down

61. Wired
62. It has a home edition
65. Top
66. Combustible pile
67. Cousin of an ostrich
68. Beethoven work in E flat
69. Get wind of
70. Friend of Frodo

27. Suspiration
29. Give or take
30. Garden intruder
31. Stringed instrument
32. Cut
33. Popular cuisine
34. Hot spot
36. Farm layer
37. One of four Holy Roman emperors
38. Propagandist
40. Singaraja is its capital
41. Tale
47. European capital
49. Ninnies
50. Not fulfilled
51. Map abbr.
52. Nature goddess
54. Busy places
55. "The Illinois ___ Bandit" (Zappa song)
56. Emergency supply
57. Entanglements
58. Rod for a hot rod
59. "Enough!"
61. Southern stew
63. Grind
64. Reply to a captain

Last Week's Answers

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49	50	51	52
53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78
79	80	81	82	83	84	85	86	87	88	89	90	91
92	93	94	95	96	97	98	99	100	101	102	103	104

4	1	2	6	5	8	7	9	3
3	6	7	4	9	2	8	5	1
9	8	5	3	7	1	4	6	2
1	7	9	5	2	6	3	4	8
5	4	6	8	1	3	2	7	9
2	3	8	9	4	7	5	1	6
7	2	3	1	6	5	9	8	4
6	5	4	2	8	9	1	3	7
8	9	1	7	3	4	6	2	5

SUDOKU Medium

9			8				5	
	6	2			3	7		8
						4	2	
5	3				1	8		
	8	6				1	7	
		7	6				4	5
	2	9						
3		5	7			6	8	
	1				4			7

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Ladies' Basketball

from page 4

a Mater Dei team that might rank up there with the best in the nation even. While the Pioneer League is a difficult division, the Lady Saxons will not find themselves forced to compete with teams like Mater Dei for the rest of the season. Look for North at the top of the division all season long and watch as they begin league play competition against Centennial before they take on city-rival West High this Friday night.

Torrance High

The Torrance Tartars are one team in the Pioneer League that has had a rough go of



Culver tries to score around #55 Ashley Sasaki.



Jessica Nakahira fights for control of the ball.



Tartars #12 Natalie Walker catches the rebound.

things to start the young season. With a string of losses leading into league play, which is set to begin this Friday night for the Lady Tartars, it has been anything but smooth sailing so far. Tough losses to Mira Costa and Palos Verdes Peninsula have dropped Torrance to a 2-7 record and a standing near the bottom of the Pioneer League standings so far this year, but along with the start of league play comes the start of new hope. Follow the Tartars here this season to see if they can get things turned around and challenge the class of the Pioneer League this season. •



Tartars #22 Jessica Nakahira shoots for two.



Tartars #00 Kayla Chung works the ball around the defense in spite of a previous leg injury.

Real Estate

Protecting Your Kitchen Investment



(BPT) - Kitchens are the heart of the home. It's where you prepare meals, help your kids with homework and entertain guests. It's the room in the house where everyone gathers, where memories are made, and, with solid investment, can single-handedly increase the value of your home and help you build more of a nest egg. Even if you're considering selling your home, all eyes of prospective buyers will inevitably be on the kitchen.

"When making investments in your home, the kitchen is unanimously the best place to

start," says Nate Berkus, renowned decorator, designer and artistic advisor for LG Studio appliances. "For me, a great kitchen is one that feels timeless. To accomplish that, reach for what feels classic for the space like subway tiles and stainless steel, and allow the elements that tell your story to come through in the non-permanent fixtures like the furniture, fabrics and details."

Here are Berkus' five tips for designing a forever kitchen that will sustain its value, whether you're looking to put your house on the market or simply updating it for your family's enjoyment:

1. A timeless look: When it comes to making big design decisions in your kitchen, put aside trends and go with timeless and elegant. Reach for what feels classic like white subway tiles, brass and stainless steel appliances - things that will look as good 10 years from now as they do today. The entire LG Studio line of premium, built-in appliances, for example, was designed with a

signature look, feel and style that will easily transition with you through the years.

2. Paint: I don't know why people always grimace when I say to paint wood. It isn't a cardinal sin, especially in the kitchen. Tearing out cabinets isn't always an option, but painting, while a bit of work, is one of my favorite things to do. Reach for black. It sets off all the appliances and makes for a dramatic change.

3. Brighten with lights: I tell my clients this all the time - lighting is one of the most important decisions you can make in any room, including the kitchen. I love vintage pendant lights over an island or table. Since lighting can often add to a dated vibe of the space, swapping it out for something more timeless immediately makes the space appear more modernized - perfect for illuminating any potential buyers.

4. The long haul: Making over a kitchen is no small feat. It's expensive and time consuming. Trust me when I say I get it. So, your best asset is information. Start building that Pinterest board to identify what you

like. Once you have that, you can start to attach costs. Mine always starts with what's permanent like the cabinets, appliances and tiles. These, along with the appropriate team to help you make and install all of it, are your best investments. From there, consider ways that you can have what you want at a price you can live with. I've seen the most amazing islands fashioned from unique things like a farm table, or hutches that are free standing on a wall as opposed to extending your cabinets. These can all be ways to get a big look without the big price tag.

5. Consider technology: The home of the future is actually here today. It's one that is wired for sound, TV and Wi-Fi. Simply put, our kitchen island is command central for more than meal prep. For many of us it's also the office. So, to add value to this space, don't undervalue what will make life easier, like outlets that have USB ports in the wall and island, charging docks and TVs. We do so much more in this space than cook. So, to add value, add ways for you be connected ... just not at the dinner table. •



Roger Hart
310-781-2000
BRE# 00625505



2420 W. Carson St. #120
Torrance, CA 90501

NEW FLOORS & NEW CARPET



2267 Carson St. Unit B
2 master suits, 3 baths.
1,373 sq.ft.
2 car attached garage with alley access.
215 sq.ft. basement/storage room, ideal for a wine cellar.
Secured entrance.
Newer roof and new courtyard landscaping

Reduced to \$479,900

SHOWN BY APPOINTMENT ONLY



9 Aurora Dr, Rolling Hills Estates 90274
Enjoy country living at its finest in this 4 bedroom, 3 bath, 2,640 sq. ft. home. Great floor plan with a family room, two master suites, and an over-sized garage with even more driveway parking. The bathrooms and kitchen have recently been remodeled. The backyard is nicely landscaped and boasts a fabulous pool. This quiet neighborhood features award winning school and the Kramer Club. **List price: \$1,399,000**