

Seniors

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April 2 features the Lutheran church's own organist and choirmaster, James Taulbee. Since the program falls on Good Friday, the music will be appropriate for Holy week.

Some of these same artists can be seen on the stages of the Dorothy Chandler Pavilion or the Disney Concert Hall.

Others may be in due time. Now they can be enjoyed right here in Manhattan Beach, free of charge. Hard to pass up. Again the concerts are free, and at just 30 minutes can fit in a lunchtime break. In fact, box lunches are available for \$5. There are also Sunday afternoon concerts at 4 p.m. but those are

not on a particular schedule. Call the church office at 310-937-9722, or look up www.palosverdes.com/TLCmusic.

And don't forget the Be Our Guest Program. Seniors are invited, free, for all shows at Mira Costa. How cool is that? I think both their drama and music productions match most of the professional productions I see. And Dial-A-Ride will take you to and from. For upcoming programs, call the Older Adult Office at Joslyn and talk to Jan Buike, 310-802-5000 Ext. 5447.

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Opinion

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I would sell my stock in any health insurance carrier.

4. Proposed new taxes will range from \$400B to \$700B, primarily from the 1.5% of the highest earners, but also from individuals and businesses who do not comply with government imposed mandates, the enforcement of which will require another bureaucracy. Just what we need, another IRS.

5. Originally, the Congressional Budget Office (CBO) had scored this proposal as costing \$1.055 trillion, but has since raised the estimate to \$1.2 Trillion....that's one trillion, two hundred billion dollars! But when deducting out offsetting revenue, the gross cost of the program is twice that.....\$2.4 trillion. And the spending beat goes on.

6. The CBO estimates that by 2019, by

broadening Medicaid eligibility, its program expenditures will rise to 20% of all healthcare expenditures, and in fact, 50% of all healthcare expenditures will be made by the Federal Government. The growth of the welfare state will accelerate.

These six points are just scratching the surface. There are 1,990 pages of taxes, mandates, fines, fees, rules, commissions, agencies, and regulations governing the conduct of all individuals, businesses, and states.

So here's the question: With the passage of the Pelosi bill, has the debate morphed from an effort to improving healthcare to a prescription for government control? On a more individual note, does anyone really know what this will do to you or for you and your family? Better find out.

Downtown

from front page

are most generous...they care about the community and they care about the traditions of this community," Duncan said.

Patricia Jones, founder of the non-profit P.S. I Love You Foundation, said she expects residents to be just as generous when it comes to donating money to help children in need. The Foundation, which helps underprivileged children in the South Bay, will be returning to solicit donations at this year's event.

Jones and other volunteers will collect unwrapped gifts which they will later distribute to children who are suffering this holiday season. They are also soliciting donations through the Foundation website, psiloveyou-foundation.org. "With this toy drive, we are reaching cancer victims, children with autism as well as children living below the poverty level with one or no parents," Jones said.

For \$10, families will be able to have their picture taken in front of a decorative, oversized chair and wear fun holiday-themed hats. The money will help pay for gift baskets for families in need and will include a photo album and disposable camera so children and their parents can remember the

holidays. "There's the incredible excitement of opening a gift and you have the money to buy something for yourself or get your mom something," Jones said. "You have photos to remind you of that holiday. It's a creative gift that lasts."

The Foundation works with schools and shelters to ensure they are reaching the children who need the most help.

"For a family to get a gift basket from a family they don't know gives them incredible hope and inspires that pay-it-forward goodness," Jones said. "Knowing that, 'I'm cared for, somebody thought of me,' that can carry somebody who's been distressed a really long way."

Jones hopes the holiday gathering will kick-start the spirit of giving that seems to come naturally to people during the Christmas season.

"Everyone wants to do something good. All they need is a medium of exchange to do good and I think everybody would do something good if they knew how," Jones said. "We will provide the community a way to do that." •

Manhattan Beach Dining Destinations

Barbecue

Joey's Smokin' BBQ: 3564 N. Sepulveda Blvd. 310-563-9072

California-Casual

- Beaches: 117 Manhattan Beach Blvd. 310-545-2523
- Chickies: 350 N. Sepulveda Blvd. #7 310-376-8044
- Coco Noche: 1140 Highland Ave. 310-318-3474
- Ercole's: 1101 Manhattan Beach Blvd. 310-379-9917
- Hennessey's: 313 Manhattan Beach Blvd. 310-546-4813
- The Kettle: 1138 Highland Ave. 310-545-8511
- Koffee Kart: 1104 Highland Ave. 310-372-6050
- Manhattan Beach Brewery Co.: 124 Manhattan Beach Blvd. 310-798-2744
- Manhattan Bread and Bagel: 1812 N. Sepulveda Blvd. 310-545-7553
- OB's Grill & Bar: 3610 Highland Ave. 310-544-9936
- Sharks Cove Restaurant & Sports Bar: 309 Manhattan Beach Blvd. 310-545-2683
- Shellback Tavern: 116 Manhattan Beach Blvd. 310-376-7857
- Sloopy's: 3416 Highland Ave. 310-545-1373
- Uncle Bill's Pancake House: 1305 Highland Ave. 310-545-5177



California-Fine Dining

- Darren's: 1141 Manhattan Ave. 310-802-1973
- Lido Restaurant: 1550 Rosecrans Ave. #G 310-536-0730
- Rock 'N Fish: 120 Manhattan Beach Blvd. 310-545-5401
- Second Story Restaurant (The Belamar Hotel): 3501 Sepulveda Blvd. 310-750-0312
- Towne: 1142 Manhattan Ave. 310-545-5405
- Twelve + Highland: 304 12th Street 310-545-1881
- Upper Manhattan: 3600 Highland Ave. 310-545-2091



Chinese

- Beach Chinese Food: 314 Rosecrans Ave. 310-545-7969
- Bobo Chinese Deli: 2114 Highland Ave. 310-546-3859
- China Grill: 3282 N. Sepulveda Blvd. 310-546-7284
- Szechwan Restaurant: 924 N. Sepulveda Blvd. 310-379-9712



French

- Café Pierre: 317 Manhattan Beach Blvd. 310-545-5252
- La Creperie: 1209 Highland Ave. 310-545-3509

Greek/Mediterranean

- Petros: 451 Manhattan Beach Blvd. #B110 310-545-4100
- Tapa Meze Bar & Grill: 1019 Manhattan Beach Blvd. 310-545-8500

Italian/Pizza

- Beach Pizza: 3501 Highland Ave. 310-546-5401
- Brooklyn Brick Oven Pizza: 500 S. Sepulveda Blvd. #103 310-379-6599
- Fresh Brothers Pizza: 2008 Sepulveda Blvd. 310-546-4444
- Il Fornaio: 1800 Rosecrans Ave. 310-725-9555
- Mangiamo Ristorante & Bar: 128 Manhattan Beach Blvd. 310-318-3434
- Pomodoro Cucina Italiana: 401 Manhattan Beach Blvd. 310-545-5401
- Talia's Italian Restaurant: 1148 Manhattan Ave. 310-545-6884
- Valentino's Pizza: 975 N. Aviation Blvd. 310-318-5959



Japanese

- Ebizo: 229 Manhattan Beach Blvd. 310-802-0765
- Fusion Sushi: 1150 Morningside Dr. 310-802-1160
- Katsu!: 302 Rosecrans Ave. 310-546-3761
- O-Sho Restaurant: 913 N. Sepulveda Blvd. 310-372-6156
- Sashi Sushi & Sake Lounge: 451 Manhattan Beach Blvd. 310-545-0400
- Sun & Moon Café: 1131 Manhattan Ave. 310-802-8855



Mexican

- Baja Sharkeez: 3801 Highland Ave. 310-545-6563
- El Gringo: 921 N. Sepulveda Blvd. 310-372-6080
- Mucho: 903 Manhattan Ave. 310-374-4422
- Pancho's: 3615 Highland Ave. 310-545-6670
- Rubio's Fresh Mexican Grill: 2000 N. Sepulveda Blvd. 310-939-7098
- Sion's Mexican Restaurant: 235 N. Sepulveda Blvd. 310-372-4504



Thai

- Thai Dishes: 1015 N. Sepulveda Blvd. 310-546-4147

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