

# Eagles Softball Wins El Segundo Tournament



Photo by Sean Heyman. Back row (from left to right): Coach Lauren Fissori, Lindsey Provencher, Erin Bumer, Devon Bargmann, Katy Roach, Sammy LaPlante, Lauren Farello, head coach Keith Cameron, Darcy Brown, Julia Smith, coach Jim Jimenez, Suzanne Lipscomb, Taylor Gonzalez. Middle row (left to right): Jenna Rich, Gabby Valerio, Missy Schaefer, Sidney Roles, Heidi Skulick, Aly Doering, Dani Hanna. Front Row: (left to right): Sam Heyman, Anissa Noland. Not Pictured: Brittany Baker.

## By Andrew Thomas WINNING STREAK REACHES 18 AS TEAM CONTINUES TO ROLL

The El Segundo varsity softball team entered the semifinals of their own tournament with two things on their mind: revenge and a championship. The Eagles finished the day with both in their possession as they won the El Segundo Tournament for only the third time in the 24-year history of the tournament.

In the semifinals, the Eagles played Bishop Montgomery, which happened to be the only team to defeat the Eagles this season. The Eagles jumped on the Knights early, with Sam Heyman delivering a one out triple in the bottom of the first to jumpstart the Eagles' offense. The next batter was Anissa Noland and as she has done numerous times in the past, she delivered the clutch hit to drive in Heyman and give the Eagles a 1-0 lead.

Jenna Rich stymied Bishop Montgomery, as she allowed just two hits for the game. The Knights tried to mount a rally in the third, putting two runners on after a single and an Eagles error to put the tying run on second with one out. Rich and the Eagles dug deep and they got out the jam by getting the Knights' best hitter, Alex Davis, to ground out to third.

The Eagles mounted a threat of their own in the fifth inning, but came up short. However, Bishop put another two runners on base via a walk and an error in the sixth before Rich induced a groundout and a strikeout to end the inning.

The Eagles stopped the Knights in the top of the fifth, with Rich striking out the last batter of the game to give El Segundo a 1-0 victory over Bishop Montgomery and secure

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# ESHS Track and Field is... Citius, Altius, Fortius!!

## By John Garland

There's a new buzz in town. Something is growing...Faster, Higher, and Stronger. Is it a new vapor trail down Main Street left by Defending State Hurdles Champion and national class multi-event junior Alison Reaser? No, she's nursing a stress fracture and will be out for CIF. Even better, is the exciting improvement for scores of athletes under Head Coach Holly Lipscomb (horizontal jumps), assistants Cathy Riner (distance), Moss Seros and Steve Hernandez (hurdles/sprints) and Patrick Ernest (throws).

Nearly every athlete established or improved on a personal record (a PR) this year! Amazing to me, this group represents almost 10% of the entire student body!

Peaking when it counts is a goal in track and field. This year many Eagles PR'd in Pioneer League prelims or finals. Four garnered invites to the prestigious CIF SS D-III Prelims being held at Estancia High School in Costa Mesa on Saturday, 5/16/09. Sophomore Ahmed Mahmood soared 5'8" in the high jump for a league 3rd, then bounded an eye-popping 41' 1-1/2" to win the triple. Not to be outdone, bouncers Valerie Fernandez and Emilija Stojanovic tripled 32'8" and 32'7" respectively, each improving on the league stage! Lastly, Natalia Perez will carry the torch for Reaser (44.45 this year) with her 52.05 clocking in the 300m hurdles. All are CIF bound!

Coach Holly Lipscomb said, "This young team excites all the coaches. We are looking forward to helping each of them reach their potential over the next few fun-filled years. Along the way we should win some meets, maybe even a league championship at the end of the year!"

A young sprint corps was led by the

dominating Trevor Thompkins and Michael Procopio. Juan Ramirez paced the quarter milers this year followed by Daniel Szetho, Terrence Wilson, Carson-Garcia, and Wil Reimann.

Each of the following boys PR'd in league finals: Joshua Clark m), Michael Moore (3200m), 4x100m relay members Rex Umbenhaur, William Carson-Garcia, Thompkins and Clarke, 4x400m teammates Carson-Garcia, Reimann, Daniel Szetho and Umbenhaur, the entire frosh-soph shot put team of Garrett James, Jacob Lewis, Jordan Anderson, Luke Martin and Hunter Davis plus Ryan Denman in varsity shot.

Lane Krejcik (HJ), Trevor Thompkins (LJ), Evan Azcuna (LJ & TJ), Ricardo Delgado (LJ & TJ) and Garett Lopez Dominetta (LJ) also PR'd.

On the girls side, PR's were turned in by Addie Saldana and Mindy Labayen in the 100m, Jessy Hoeschler in the 400m, Melissa Vasak in the 800m, Natalie Perez and Hanna Swayze in the 100m hurdles plus Amy Reaser in the 300m hurdles. The 4x100m team of Danielle Ramirez, Tiffanie Walters, Stacie Saldin and Breanna Moore put up a best, as did the team of Labayen, Saldana, Judith Alvarez and Katalina Santamaria.

Shot put heavies Kendra Zindler, Angela Newman and Ashlyn Ginossi established PR's along with long jumpers Ashley Anyankor, Angella Cortinez (LJ & TJ), Saldana, Swayze, Ali Fernandez, Joslyn Yarbrough (LJ & TJ), Shalizeh Bashirian, Alice Crehan (LJ & TJ), Stephanie Colbert, Meagan McCall, Kathryn McPherson and Catherine Marroquin.

Junior Ryan Denman led a young middle distance (800-1600m) team featuring Austin

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