

# Herald at White House



Annie Constantino and Journey Manzo take the El Segundo Herald with them to visit the White House.

Swimming

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Colette Gulick gets a flying start to her 100 Breaststroke where she took seventh. Gulick also won the consolation heat of the 200 Individual Medley placing her ninth. Photos by Shelley Kemp, [www.kemp.photorelect.com](http://www.kemp.photorelect.com)



Courtney Rava won the consolation final heat to take ninth in the 500 Freestyle and 12th in the 200 Freestyle.

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Relay to close out the meet. Rava achieved two personal fastest times in moving up four places to finish 12th in the 200 Free, and came back in the 500 to be consolation champion (ninth) in moving up four places again! ESHS record holder Gulick nailed down a seventh in the 100 Breast, and moved up three places to win the consolation championship of the 200 Medley. The 200 Free Relay participants were making their CIF SS debut (seniors Cathy Broderick and Alivia Roney along with sophomore Nichol Puma and freshman Hayden Green) and made it a swim to remember as they defeated arch-rival Santa Monica to gain a measure of dual meet revenge.

Saturday's finals made more than one family especially proud. After watching his sister rout the competition in the 100 Back, younger brother (10<sup>th</sup> grader) Jeffrey Allison moved up three spots to capture fifth place in the 100 Back. Allison assisted in the 200 Medley Relay as sophomores Christopher Cordobes and Tucker Hopkins along with junior Max Reynolds finished 13th. Brother Robert Cordobes finished 20th in the 200 Free, while freshman Bradley Rava (brother of Courtney) nabbed 24th place. The 200 Free Relay lay claim to the fifth fastest time in the meet as Makuta, Rava, Reynolds and 2010 classmate Cordobes scorched the pool with personal bests. Sophomore Christopher finished the 100 Back in 23rd position with a typically quick reliable time. As the morning session and regular season came to a close last Saturday, coaches Fotis Davlantis and Jim Makuta couldn't help but feel satisfied with their squad's performance. Only two of the swimmers that qualified for the 32 CIF prelims positions were seniors. All of you can do the math; watch out for the Eagles in 2010! •

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