

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

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Hawthorne Police Department Officers Awarded Medals of Valor



Two of the Hawthorne Police Department's finest were honored at the Medal of Valor 2014 Award luncheon on May 29. Officer Sean Judd (left) received the Distinguished Service Award and Reserve Officer Dr. Joe Nakagawa was honored with the Sustained Superiority Award. The award recipients are selected by senior officers in their departments and the primary distinction is the imminent threat of great bodily harm or loss of life to the officer, a colleague or a citizen. See story on page 3. Photo by Charlene Nishimura.

Kornblum Continues Academic Improvement

By Dylan Little

During the May 28 meeting the Hawthorne School Board heard an update from LaTima Jones, the school's new principal, who shared with the board the successes and challenges facing her students. Jones started the presentation by acknowledging the success of her predecessor Jennifer Beekman. Prior to Jones's tenure at the school, the staff and students improved the school's Academic Performance Index rating by 17 points to a current (and presumably final) score of 789. "Last year, under the leadership of Mrs. Beekman, the Kornblum staff rocked the CST," said Jones. "They met all of their targets which was a wonderful, wonderful achievement and our staff needs to be recognized for that. You guys worked hard and we celebrate that."

In English Language Arts Kornblum's lower grades all either improved or showed minor decreases compared with last year. The school's third grade was especially strong, having met the district's goals in every end of unit assessment. "Third grade really did a spectacular job," said Jones. "I'm so proud of them." However, the school's fourth and fifth graders were less successful on the test. In all but one unit, less than half the students scored proficient or advanced on their benchmark assessments. Jones said improving scores in these two grades is a priority. "We're going to focus on working to improve our scores," said Jones. "[Fourth and fifth graders] didn't do as well on language arts . . . so we're going to work on that area."

While English Language Arts was a problem for Kornblum's fifth grade, in Math they showed consistent growth all year. So far, every unit assessment has shown improvement over

last year. "In fifth grade I was very delighted to see that every unit they improved on their scores [compared with] last year," said Jones. "I'm very proud of them." Kornblum also has a sizable amount of students learning English. Jones explained that special projects teacher Jezabel Salas has been working with these

"They met all of their targets which was a wonderful, wonderful achievement and our staff needs to be recognized for that. You guys worked hard and we celebrate that."

students after school so they can get a solid grasp on the language, and Jones is confident in their abilities. "Our after-school classes focused on second and third grade students," said Jones. "Miss Salas, our EL specialist, she worked with those students after school, consistently all year, and she's been working to move them along so they can reclassify. I'm sure they will be reclassifying as they have more school experience."

Kornblum has a number of special program in place to improve student education. One program Jones said has been working well is providing teachers with collaborative work time while students are working. "It's a first for us," said Jones. "It's working extraordinarily well for us. Our students are well behaved; on the occasion that Miss Salas isn't available I do the same thing. I did it once this year and I loved the experience of teaching and working with the kids directly. I'm a real teacher at heart."

Kornblum's fifth graders also have the

opportunity to receive math tutoring from students attending Hawthorne Math and Science Academy. These HMSA students are instructed by a Kornblum teacher how work with small groups of Kornblum students to improve their math skills. "When we go in there you see the students and they are very attentive, they want to learn they're engaged, they want to learn," said Jones. "I see it being a great program. We're hoping to expand it next year to language arts or multiple grade levels depending upon the participation of HMSA students." Jones said she has enjoyed working with the staff at Kornblum. She commended them for going above and beyond to help students. "The entire Kornblum staff . . . have responded to any request I've given them," said Jones. "I feel that we are truly a team, everyone comes together."

One parent of a Kornblum student, Cristina Montoya, also addressed the Board to compliment Jones's performance as the school's principal. She said Jones is attentive to every student and provides them with rewards like "Brag Tags" and "Gotcha tickets" for good behavior. "She takes the time to explain everything to the parents and the incentives she provides to the students are great," said Montoya. "Miss Jones, we are very happy with you and I wish you could stay with us forever." The Board was similarly impressed with Jones. Board member Cristina Chiappe said the programs at Kornblum are models for the district. "It doesn't surprise me that you are so successful," said Chiappe. "When we talk about what we want from a school it's what you are doing. I'm really impressed with what's going on at Kornblum." •

Weekend Forecast

Friday

AM Clouds
PM Sun
69°/59°



Saturday

AM Clouds
PM Sun
69°/60°



Sunday

Sunny
73°/61°



Seniors

Centenarians Reveal Their Secrets to a Long, Happy Life

(BPT) - One hundred years ago, the average American's life expectancy was between 50 and 60 years, and so the estimated 53,000 centenarians in the United States today have lived much longer than most of their contemporaries. Perhaps that is why a new survey shows that these 100-year-olds feel "blessed" (36 percent), "happy" (31 percent) and "surprised" (12 percent) to have lived so long. Not one reports feeling sad or burdened; only 3 percent say they feel lonely.

For the past nine years, UnitedHealthcare has conducted a survey of 100 100-year-olds to gain insight into their lives. For its most recent 100@100 survey, the company also polled 65-year-old baby boomers to examine how the attitudes and lifestyles of people entering their retirement years compare to those who hit that same age 35 years ago.

According to the study, one thing both groups agreed on is that they feel younger than their years. On average, the centenarians surveyed said they feel just 83 years old, while 65-year-old baby boomers said they feel 55 years old.



"It's encouraging that older Americans feel more youthful than the number of candles on their birthday cake might suggest," said Rhonda Randall, D.O., chief medical officer of UnitedHealthcare Retiree Solutions. UnitedHealthcare serves more than a quarter of America's centenarians through its Medicare plans. "By looking at how they are living their

daily lives, we can glean important insights about the keys to staying healthy and feeling vibrant as we age."

The following are some of the secrets to healthy aging, as revealed by the 100@100 survey.

Secret 1 Keep Up with Exercise

Despite their age, centenarians stay active: more than half walk or hike and nearly a third do strength-training exercises. Some even run outdoors or play team sports every week (4 percent). Exercise is an important part of boomers' lifestyle as well. Nearly 3 in 4 walk or hike each week, 37 percent do strength-training exercises and 13 percent run outdoors or play team sports.

Secret 2 Get Preventive Care to Stay Healthy

Older Americans are taking the saying "an ounce of prevention equals a pound of cure" to heart by keeping up with preventive health care services to stay well. Nearly 9 in 10 get an annual exam (87 percent of centenarians and 89 percent of baby boomers) with their

primary care physician, and the majority also report getting eye exams regularly (71 percent of centenarians and 76 percent of baby boomers).

Secret 3 Maintain a Positive Attitude

Both centenarians and baby boomers say maintaining their physical health and a positive attitude are equally important to successful aging (66 percent and 81 percent, respectively). In fact, 82 percent of centenarians say laughing/having a sense of humor is important to healthy aging.

Perhaps the most important lesson revealed in the 100@100 survey findings is that living a long, healthy life is about more than just genetics. Daily habits and lifestyle choices can make a difference not only in how long people live but also in how they feel as they age.

For more information on how to stay healthy beyond 65, visit nihseniorhealth.gov. For complete 100@100 survey results, visit the news room on UHC.com. •

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PUBLIC NOTICES

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Fictitious Business Name Statement 2014123090
The following person(s) is (are) doing business as Y Y WONG CALIFORNIA, 14822 FONTHILL AVE., HAWTHORNE, CA 90250, Los Angeles. Registered Owner(s): Yuka Yayama Wong, 14822 Fonthill Ave., Hawthorne, CA 90250. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: April 2014. Signed: Yuka Yayama Wong, Owner. This statement was filed with the County Recorder of Los Angeles County on May 06, 2014.
NOTICE: This Fictitious Name Statement expires on May 06, 2019. A new Fictitious Business Name Statement must be filed prior to May 06, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Hawthorne Press Tribune: May 15, 22, 29, 2014 and June 5, 2014. **HH-1096**.

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00
ABC NOTICES: \$125.00
DBA (Fictitious Business Name) \$75.00
NAME CHANGE: \$125.00

Other type of notice? Contact us and we can give you a price.

Fictitious Business Name Statement 2014113719
The following person(s) is (are) doing business as HERALD PUBLICATIONS, INC. 312 E. IMPERIAL AVE., EL SEGUNDO, CA 90245, LA. Registered Owner(s): Herald Publications, Inc., 312 E. Imperial Ave., El Segundo, CA 90245, California. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: 1984. Signed: Herald Publications, Inc., CEO, Heidi Maerker. This statement was filed with the County Recorder of Los Angeles County on April 28, 2014.
NOTICE: This Fictitious Name Statement expires on April 28, 2019. A new Fictitious Business Name Statement must be filed prior to April 28, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: May 15, 22, 29, 2014 and June 05, 2014. **H-1100**.

Fictitious Business Name Statement 2014130939
The following person(s) is (are) doing business as KINROSE. 6311 ROMAINE ST. STE 7103, LOS ANGELES, CA 90038, LOS ANGELES. 3770 HIGHLAND AVE, STE 201, MANHATTAN BEACH, CA 90266. Registered Owner(s): I.e. & co. LLC, 3770 Highland Ave, Ste 201, Manhattan Beach, CA 90266, California. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name listed: January 1, 2014. Signed: I.e. & co. LLC, Managing Member, Emily Roth. This statement was filed with the County Recorder of Los Angeles County on May 14, 2014.
NOTICE: This Fictitious Name Statement expires on May 14, 2019. A new Fictitious Business Name Statement must be filed prior to May 14, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: May 15, 22, 29, 2014 and June 05, 2014. **H-1101**.

Fictitious Business Name Statement 2014121393
The following person(s) is (are) doing business as ESPINOZA & ELLIS. 883 N. DOUGLAS STREET, EL SEGUNDO, CA 90245, LOS ANGELES. Registered Owner(s): Ellis Law Corporation, 883 N. Douglas Street, El Segundo, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Andrew L. Ellis, President. This statement was filed with the County Recorder of Los Angeles County on May 05, 2014.
NOTICE: This Fictitious Name Statement expires on May 05, 2019. A new Fictitious Business Name Statement must be filed prior to May 05, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: May 22, 29, 2014 and June 05, 12, 2014. **H-1102**.

Fictitious Business Name Statement 2014138459
The following person(s) is (are) doing business as ZERO-NINE TRADING COMPANY. 12963 RUNWAY ROAD #318, PLAYA VISTA, CA 90094, LOS ANGELES. Registered Owner(s): Zero-Nine Publications, Inc., 12963 Runway Road #318, Playa Vista, CA 90094, California. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Zero-Nine Publications, Inc., President, Noritaka Murayama. This statement was filed with the County Recorder of Los Angeles County on May 21, 2014.
NOTICE: This Fictitious Name Statement expires on May 21, 2019. A new Fictitious Business Name Statement must be filed prior to May 21, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: May 29, 2014 and June 05, 12, 19, 2014. **H-1104**.

Fictitious Business Name Statement 2014134632
The following person(s) is (are) doing business as 1. JC LAUREN DESIGNS. 2. LOVESTAYS. 13273 FIJI WAY #326, MARINA DEL REY, CA 90292, LA COUNTY. Registered Owner(s): Joan Lauren, 13273 Fiji Way #326, Marina Del Rey, CA 90292. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Joan Lauren, Owner. This statement was filed with the County Recorder of Los Angeles County on May 16, 2014.
NOTICE: This Fictitious Name Statement expires on May 16, 2019. A new Fictitious Business Name Statement must be filed prior to May 16, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Hawthorne Press Tribune: May 29, 2014 and June 05, 12, 19, 2014. **HH-1105**.

Fictitious Business Name Statement 2014125546
The following person(s) is (are) doing business as GO2LAX4LESS. 12035 S. BROADWAY #B, LOS ANGELES, CA 90061, LA. P.O. BOX 1884, HOLLYWOOD, CA 90078. Registered Owner(s): Jorge Alarcon, 12035 S. Broadway #B, Los Angeles, CA 90061. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: January 01, 2014. Signed: Jorge Alarcon, Owner. This statement was filed with the County Recorder of Los Angeles County on May 08, 2014.
NOTICE: This Fictitious Name Statement expires on May 08, 2019. A new Fictitious Business Name Statement must be filed prior to May 08, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Inglewood News: May 15, 22, 29, 2014 and June 05, 2014. **HI-1097**.

Fictitious Business Name Statement 2014115323
The following person(s) is (are) doing business as THINGS TO WINE ABOUT. 8290 E. ELLERFORD ST., LONG BEACH, CA 90808, LOS ANGELES. Registered Owner(s): Michelle Massetti, 8290 E. Ellerford St., Long Beach, CA 90808. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Michelle Massetti, Owner. This statement was filed with the County Recorder of Los Angeles County on April 29, 2014.
NOTICE: This Fictitious Name Statement expires on April 29, 2019. A new Fictitious Business Name Statement must be filed prior to April 29, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Torrance Tribune: May 15, 22, 29, 2014 and June 05, 2014. **HT-1098**.

Fictitious Business Name Statement 2014122361
The following person(s) is (are) doing business as HARBOR NAILS & SPA. 1111 WEST PACIFIC COAST HIGHWAY UNIT 16, HARBOR CITY, CA 90710, LOS ANGELES. Registered Owner(s): Yen Thi Duong, 14372 Rio Grande St, Westminster, CA 92683. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: May 06, 2014. Signed: Yen Thi Duong, Owner. This statement was filed with the County Recorder of Los Angeles County on May 6, 2014.
NOTICE: This Fictitious Name Statement expires on May 6, 2019. A new Fictitious Business Name Statement must be filed prior to May 6, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Torrance Tribune: May 15, 22, 29, 2014 and June 05, 2014. **HT-1099**.

Fictitious Business Name Statement 2014128958
The following person(s) is (are) doing business as 1. CARVER INTERNATIONAL INC. 2. CARVER SKATEBOARDS. 111 SIERA STREET, EL SEGUNDO, CA 90245, LOS ANGELES. Registered Owner(s): Carver International Inc., 111 Sierra Street, El Segundo, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: July 08, 2008. Signed: Greg Falk, President, Carver International Inc. This statement was filed with the County Recorder of Los Angeles County on May 12, 2014.
NOTICE: This Fictitious Name Statement expires on May 12, 2019. A new Fictitious Business Name Statement must be filed prior to May 12, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: May 29, 2014 and June 05, 12, 19, 2014. **H-1106**.



Fictitious Business Name Statement 2014131437
The following person(s) is (are) doing business as LITTLE POPPY CREAMERY. 1337 OAKHEATH DRIVE, HARBOR CITY, CA 90710, LA. Registered Owner(s): Kate Crossley, 1337 Oakheath Drive, Harbor City, CA 90710. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name listed: . Signed: Kate Crossley, Owner. This statement was filed with the County Recorder of Los Angeles County on May 14, 2014.
NOTICE: This Fictitious Name Statement expires on May 14, 2019. A new Fictitious Business Name Statement must be filed prior to May 14, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Torrance Tribune: May 22, 2014 and June 05, 12, 2014. **HT-1103**.

Fictitious Business Name Statement 2014144708
The following person(s) is (are) doing business as FLEET VEHICLE REGISTRATION SERVICES CORP. 4681 LONG BEACH BLVD, LONG BEACH, CA 90805 LA COUNTY. 19100 VON KARMAN AVE. SUITE 800, IRVINE, CA 92612. Registered Owner(s): Fleet Vehicle Registration Services Corp., 19100 Von Karman Ave, Suite 800, Irvine, CA 92612. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed: N/A. Signed: Fleet Vehicle Registration Services Corp., President, Scott Burri. This statement was filed with the County Recorder of Los Angeles County on May 28, 2014.
NOTICE: This Fictitious Name Statement expires on May 28, 2019. A new Fictitious Business Name Statement must be filed prior to May 28, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
Lawndale Tribune: June 05, 12, 19, 26, 2014. **HL-1108**.

Fictitious Business Name Statement 2014146135
The following person(s) is (are) doing business as SONIC FUEL. 150 SIERRA ST, EL SEGUNDO, CA 90245 LA COUNTY. Registered Owner(s): 1. Tim Wynn, 150 Sierra St., El Segundo, CA 90245. 2. Christopher Lennertz, 150 Sierra St., El Segundo, CA 90245. This business is being conducted by a Copartners. The registrant commenced to transact business under the fictitious business name listed: May 27, 2014. Signed: Tim Wynn, Copartner. This statement was filed with the County Recorder of Los Angeles County on May 29, 2014.
NOTICE: This Fictitious Name Statement expires on May 29, 2019. A new Fictitious Business Name Statement must be filed prior to May 29, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: June 05, 12, 19, 26, 2014. **H-1109**.

BE SPECIAL, BE ANYTHING BUT MEDIOCRE.
- ANITA RODDICK

Hawthorne Happenings

News for the 'City of Good Neighbors'

From City Clerk Norb Huber



Flag Day

Flag Day is coming up on Saturday, June 14th. This is another chance for us to display our patriotism. We need more American flags flying here in Hawthorne. If you have one stored away in the closet, try to find it and fly it proudly on June 14 and July 4. There was a great display on Ramona Avenue between 138th and 140th when eleven flags were flying on Memorial Day. Does any other block in Hawthorne have more flags flying?

Passports Now Available at City Hall

The City of Hawthorne is pleased to announce that we will be accepting passport applications on behalf of the US Department of State. US citizens planning international travel may apply for their passports at the Human Resources Department located on the second floor of City Hall. The office hours are from 8 a.m to 4:30 p.m. Monday thru Thursday and 8 a.m. to 3:30 p.m. on alternating Fridays.

Hustle for Huskies

The 4th annual sports fundraiser and family fun day will be held at Bud Carson Middle School this Saturday, June 7 from 9 a.m. to 1 p.m. This event raises much needed funds for the school's athletic program. LA Galaxy starting forward, and graduate of Bud Carson, Gyasi Zardes, will be involved again this year to give back to his community. There are silent auctions, food and sports activities held throughout the day. The school is located at 13838 S. Yukon Avenue in Hawthorne. For more information: 310-676-1908.

A Night at the Museum

Friends of the Hawthorne Library invite you to attend a special meeting to be held at the Hawthorne Historical Museum on Wednesday, June 11 from 7 to 9 p.m. "A Night at the Museum" will allow you to view the historical photos and mementos that are on display at the museum. You are encouraged to join

the Friends of the Library for a lifetime fee of \$10.

3-On-3 Basketball Tournament

Councilmen Alex Vargas is hosting his fourth annual Unity 3-on-3 Basketball Tournament on Saturday, June 14th at the Betty Ainsworth Center Gymnasium located at 3901 W. El Segundo Blvd. The entry fee is only \$50 per team. For more information, visit the cityofhawthorne.org.

Holly Park Pancake Breakfast

Each year the Holly Park Homeowners Association grants a scholarship to a deserving graduating high school senior to help them pay for college. On Saturday, June 14th, the HPHA will be hosting their annual pancake breakfast as a fundraiser for this scholarship fund. This year the breakfast will be held at Olivet Lutheran Church located at 2506 W. Imperial Highway, in Hawthorne.

Good Neighbors Day Tables

If you would like to have an information table at our Good Neighbors Day event to be held on Saturday, July 18, then email me or call Dick Huhn at 310-643-9157.

In Memory of a Friend of Hawthorne

Beverly Robinson, a longtime member of our Hollyglen community, passed away on May 10. Beverly was active in the community, volunteering her time for the Little League, Hollyglen Homeowners Association and Friends of the Library, was a regular attendee at the Hawthorne City Council and Planning Commission meetings, and attended many community events. She always had a smile and something nice to say. She will be dearly missed. There was a large crowd of people who attended Beverly's memorial service last Saturday over in Westchester. You tell that she had touched the hearts of many people.

Contact Info

Norbhuber@gmail.com. (Thanks for reading my column. You all are Good Neighbors!) •

Calendar

ALL CITIES

SUNDAY, JUNE 8
 • The Historical Society of Centinela Valley's 39th Annual Barbecue, 4 p.m., Centinela Adobe, 7634 Midfield Ave. For more information call Claydine Burt at (310) 412-2812.

SATURDAY, JUNE 14
 • South Bay Begonia plant sale, 8 a.m.-2 p.m., Da Vinci School cafeteria, corner of 135th and Aviation, Hawthorne.

HAWTHORNE
TUESDAY, JUNE 10
 • City Council Meeting, 6-10 p.m., City Council Chambers, 4455 W 126th St. For more information call (310) 349-2915.

WEDNESDAY, JUNE 11
 • Friends of Hawthorne Libraries Membership Drive, 7-9 p.m., Hawthorne Historical Museum, 12622 Grevillea Ave. Light Refreshments Served.

SATURDAY, JUNE 14
 • Fourth Annual 3-On-3 Basketball Tournament, hosted by Councilmen Alex Vargas, at the Betty Ainsworth Center Gymnasium, 3901 W. El Segundo Blvd. For more information visit cityofhawthorne.org.
 • Holly Park Pancake Breakfast fundraiser for scholarship fund, held at Olivet Lutheran Church located at 2506 W. Imperial Highway.
 • Teen Chair Project Gallery, 2-4 p.m., Hawthorne Library, 12700 Grevillea Ave. For more information call (310) 679-8193

ONGOING
 • 43rd Annual International Children's Art Exhibition, through June 29, Hawthorne Library, 12700 Grevillea Ave. For more information call (310) 679-8193.
 • Hawthorne Museum open Tuesdays 10 a.m.-2 p.m. and Saturdays, 11 a.m.-1 p.m.,

Hawthorne Museum, 12622 Grevillea Ave.
 • Free 10K Walk Club. For more information email 10kwalkclub@gmail.com or call (323) 201-7253.

INGLEWOOD
TUESDAY, JUNE 10
 • Family Movie at the Library, 4:30 p.m., 101 W. Manchester Blvd. For more information call (310) 412-5645.

THURSDAY, JUNE 12
 • Father's Day Gift Workshop at the library, 4 p.m., Children's Room, Inglewood Public Library, 101 W. Manchester Blvd. For more information call (310) 412-5645.

LAWDALE
MONDAY, JUNE 16
 • City Council Meeting, 6:30 p.m. City Hall, 14717 Burin Ave.

TUESDAY, JUNE 17
 • Lawndale Elementary School District Education Foundation 2nd Annual Golf Tournament Fundraiser. For more information call Van Benford at (310) 973-1300 x50020 or email Van_Benford@lawndalesd.net. www.LESDEF.org

WEDNESDAY, JUNE 18
 • Summer Reading Program Kickoff! Juggler David Cousin, 3- 4 p.m., Lawndale Library, 14615 Burin Ave. For more information call (310) 676-0177.

ONGOING
 • Lawndale Farmers Market, every Wednesday, 2-7 p.m., 147th St. in front of Lawndale Library. For information call (310) 679-3306.

• Garden Work Days for Adults, 1-2 p.m., meet in the Lawndale Ocean Friendly Garden, 14616 Grevillea Ave. For more information call (310) 676-0177. •

Officers Honored with Medals for Bravery

By Charlene Nishimura

Individual South Bay police officers and firefighters who distinguished themselves in the past year by acts of bravery beyond their everyday normal demands were recognized at the 40th Annual Medal of Valor luncheon held at the Torrance Marriott on May 29. The award recipients are selected by senior officers in their departments and the primary distinction is the imminent threat of great bodily harm or loss of life to the officer, a colleague or a citizen. The awards are sponsored by the South Bay area Chambers of Commerce. Each award winner's heroic story was read out loud by guest presenter Glen Walker in front of a proud audience of family, police and fire department colleagues, city dignitaries

and several corporate and business leaders.

Medal of Valor Awards

Sergeant Brett Birkbeck, Officer Joel Marquez, Officer Corinna Rodriguez, and Officer Travis Towle of the Inglewood Police Department

Sustained Superiority Award

Reserve Officer Dr. Joe Nakagawa, of the Hawthorne Police Department.

Distinguished Service Award

Officer Caroline Amezcua, Sergeant Joe Cupo, Officer Paul Devlin, Officer Louis Gilmour, Officer Michael Jaen, Officer Ethan Siddell, Officer Jon Thompson, Officer Travis Towle, Officer David Villamil, and Officer Cilia Islas, of the Inglewood Police Department; and Officer Sean Judd of Hawthorne Police Department. •

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

APARTMENT FOR RENT

1BD/1BA. Large Apt. In ES quiet gated building. W/swimming pool, laundry facility, pond w/ water fall \$1,275/mo. No pets. Call Mike at (310) 322-7166.

APARTMENT FOR RENT

1BD. Lower unit. Deluxe w/hdwd floors, SS stove, DW, Micro, refrig, granite counters, stack W/D, A/C, private patio, 1-car garage. \$1,650/mo. Avail 6/27. 764 Main St. (310) 963-7653.

EMPLOYMENT

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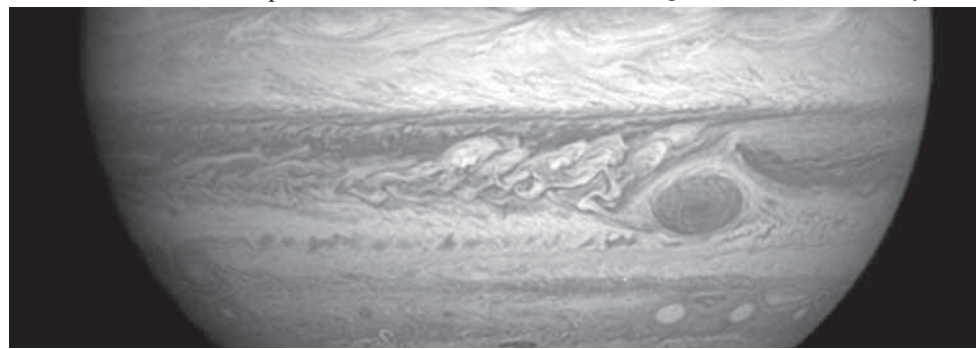
Sunsets on Titan Reveal Complexity of Hazy Exoplanets

By Bob Eklund

Scientists working with data from NASA's Cassini mission have developed a new way to understand the atmospheres of exoplanets by using Saturn's smog-enshrouded moon Titan as a stand-in. The new technique shows the dramatic influence that hazy skies could have on our ability to learn about these alien worlds orbiting distant stars.

The work was performed by a team of researchers led by Tyler Robinson, a NASA Postdoctoral Research Fellow at NASA's Ames Research Center in Moffett Field, California. "It turns out there's a lot you can learn from looking at a sunset," Robinson said. Light from sunsets, stars and planets can be separated into its component colors to create spectra, as prisms do with sunlight, in order to obtain hidden information. Despite the staggering distances to other planetary systems, researchers have recently begun to develop techniques for collecting spectra of exoplanets. When one of these worlds transits, or passes in front of its host star, as seen from Earth, some of the star's light travels through the exoplanet's

atmosphere, where it is changed in subtle but measurable ways. This process imprints information about the planet that can be



Jupiter's "Great Red Spot," a high-pressure anti-cyclone in Jupiter's southern hemisphere, has been slowly shrinking over the years, turning its classic oval shape into more of a circle. Photo credit: NASA/ESA/A.Simon.

collected by telescopes. The resulting spectra are a record of that imprint. Spectra enable scientists to tease out details about what exoplanets are like, such as aspects of the temperature, composition and structure of their atmospheres.

Robinson and his colleagues exploited a similarity between exoplanet transits and sunsets witnessed by the Cassini spacecraft at Titan. These observations, called solar

occultations, effectively allowed the scientists to observe Titan as a transiting exoplanet without having to leave the solar system.

In the process, Titan's sunsets revealed just how dramatic the effects of hazes can be. Multiple worlds in our own solar system, including Titan, are blanketed by clouds and high-altitude hazes. Scientists expect that many exoplanets would be similarly obscured. Clouds and hazes create a variety of complicated effects that researchers must work to disentangle from the signature of these alien atmospheres.

Jupiter's Great Red Spot Is Shrinking

Jupiter's trademark Great Red Spot—a swirling storm feature larger than Earth—is getting smaller. This downsizing, which is changing the shape of the spot from an oval into a circle, has been known about since the 1930s, but now a striking new Hubble Space Telescope image captures the spot at a smaller size than ever before.

Jupiter's Great Red Spot is a churning anticyclonic storm. It shows up in images of the giant planet as a conspicuous deep red eye embedded in swirling layers of pale yellow, orange and white. Winds inside this Jovian storm rage at immense speeds, reaching several hundreds of miles per hour. Historic observations as far back as the late 1800s gauged this turbulent spot to span about 25,000 miles at its widest point—wide enough to fit three Earths comfortably side by side. In 1979 and 1980 the NASA Voyager flybys measured the spot at a shrunken 14,000 miles across. Now, Hubble has measured the diameter of this feature to be just under 10,000 miles. •

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Sports

Holly Park Teams Sweep Games

By Joe Snyder

All four Holly Park Major Little League Baseball teams swept their home games last Saturday in Hawthorne. It started when the Holly Park Angels downed Aviation's No. 3 team. Holly Park's Yankees had a thrilling eight-inning 7-6 team over Lennox. The Holly Park Giants topped the Tri Park Diamondbacks 3-1. Holly Park completed the sweep, after that. In the battle of the Dodgers, it was Holly Park that recorded a four-inning mercy rule 10-0 victory. All moved to the second round of the winner's bracket played last Sunday at Lennox Little League.

The Holly Park Dodgers had an outstanding performance from winning pitcher Marcellus Henry who hurled a two-hitter, struck out five batters, walked two and hit one batter over four innings. With the bat, he went two-for-two including a two-run double to begin Holly Park's scoring in the bottom of the first inning. Holly Park went on to score four runs in that inning. Brian Garcia drove in Henry with a double. After two out in the top of the second, Keith Moore tripled and scored on an error. Holly Park added two runs in the third and scored three more in the fourth, taking advantage of five Lennox errors in those innings. Lennox committed six miscues for the game. Damian Blake and Abraham Ruiz each singled for Lennox's only hits.

The Giants had a fine performance from starting and winning pitcher Dorian Echol who went five innings, allowing one run on four hits. Jonathan Ramos had two hits and drove in two runs. Andrew Nunez



Pitcher Dorian Echol of the Holly Park Giants throws to a Tri Park Diamondbacks batter during last Saturday's first round action of the Carl Magee Memorial District 37 Little League Baseball Tournament of Champions. The Giants topped the Diamondbacks 3-1. Photos by Joe Snyder.

drove in the only run with a base hit for the Diamondbacks. Despite the loss, losing pitcher Quinton Brown pitched well, allowing three runs (two earned) on five hits. Josh Mallen pitched one scoreless inning for Tri Park.

PETERSON KEYS ST. MARY'S TO STATE

Inglewood St. Mary's Academy senior Sierra Peterson and both of its relay teams advanced to Friday and Saturday's California State Track and Field Championships after strong showings at last Friday's CIF-Southern Section Masters Championships at Cerritos College. Individually, Peterson advanced in the 100-meter dash by finishing in fifth place at 11.93 seconds. She placed third at the 200, clocking 24.24, and sparked the Belles' 4x100 and 4x400 into Friday's state prelims. She anchored St. Mary's 400 relay squad to

a fifth place finish in 46.95. The first three runners included Allannah Hughes, Aliyah Hale and Briana Shufford.

Peterson also anchored the Belles' 1,600 team that also consisted of Alai Divinity, Hale and Shufford to seventh place with a fast enough qualifying time of 3:50.42. It was below the maximum qualifying time of 3:51.27. "I felt good," Peterson said about her performances. "I stayed focused in everything. My goal is to do the best I can at state. I know I can do pretty good. I just have to stay focused. It's a pretty good experience. I'm honored to compete at a high level."

Peterson has already competed against top powers such as Long Beach Poly, which, six days earlier in the Southern Section Division I Championships, ran away with the crown and, according to most observers, is the favorite for the girls state crown, as well. The Jackrabbits swept virtually all sprinting events, including one-two finishes in the 100 and 200, and winning both relays, including by 6.66 seconds, 3:41.31 to 3:47.97 over runner-up Westlake Village Oaks Christian in the 4x400.

ANIMO FALLS SHORT IN QUARTERFINALS

The Animo Leadership High baseball team from Inglewood fell one run shy to host and number-three seed Nuvview Bridge 3-2 in eight innings in the CIF-Southern Section Division VII quarterfinals last Friday in Nuevo. The game was scoreless until Nuvview scored in the bottom of the sixth, but the Aztec-Eagles scored in the bottom of the seventh to knot the game at one. Animo added a run in the



St. Mary's Academy's Sierra Peterson finishes in fifth place in the 100-meter dash at 11.93 seconds in last Friday's CIF-Southern Section Masters Track and Field Championships. Peterson qualified for Friday and Saturday's California State Championships in the 100, 200, 4x100 and 4x400 relays.

top of the eighth but Nuvview scored twice in the bottom of the inning to pull the game out.

At Darby Park in Inglewood on May 27, Animo overcame a 3-2 deficit with four runs in the bottom of the sixth to eliminate Cate from Carpinteria 6-3. Daniel Colmenero sparked the Aztec-Eagles by going two-for-three with four runs batted in. Alex Munoz went three-for-four. Daniel Carrisona was two-for-two with one RBI and two runs scored. Erick Lopez went two-for-three with two runs. Fabian Bell was the winning pitcher in relief of starter Colmenero. He went three and one-third innings, allowing one earned run on three hits, striking out three batters and walking two. Starter Colmenero went three and two-third innings, allowing two runs (one earned) on six hits. He struck out two batters and walked one. •

Politically Speaking

One Man's Opinion

By Gerry Chong

I have always admired people who could turn a phrase in a few words and speak volumes in the process. Two such men were Frederic Bastiat and Herbert Stein. Never heard of them, you say? Here are thumbnail sketches: in 1849, the French economist Frederic Bastiat wrote that there are only two ways a person could better himself: "Productivity or Plunder." On an individual basis, if one man took from another that which he had produced, it

"As a result, the average family income has declined during this Liberal driven recovery."

would be a criminal and immoral act. But on a collective basis, that criminal act is the foundation of Liberal thought.

But having more than a criminal foundation, the philosophy has two corollary consequences: it is collectively enslaving and individually degrading. There is no question that every society is a complex milieu that defies a clear sense of order. The challenge for every individual is to understand himself and make a place within this complex stew. Conservatives laud and promote individual achievement, while Liberals denigrate human capacity by contending that it is beyond the ability of individuals to find their place. Liberals contend that if one is a woman, Black, Hispanic, Gay, Asian, Muslim, government employee, or a member of any group other than white, male, and Christian, the game is rigged and cannot be won. Thus, the government must set up a reverse-discrimination set of rules designed to enhance opportunities for selected groups only. The irony is that Liberals have created new categories of discrimination. Rationally,

the process of taking from the top discourages industry, while simultaneously providing benefits for not working as a disincentive to work. Consequently, a system that disincentivizes work by both top and bottom cannot possibly serve the best interests of the nation. By Bastiat's or any rational person's definition, such a condition is comedic "plunder."

And now we come to Herbert Stein's warning, as paraphrased by FOX News: "Anything that can't continue, won't." The financial cost

of liberalism cannot continue. Exhibit one is the LBJ War on Poverty. Over its life, the government has spent \$22 trillion in entitlements, yet the percentage of the population living in poverty today is nearly the same as when this economic war began. As one wag said, we waged a war on poverty, and poverty won. Today's Administration doubled down on the war, spending so much money our national debt has exploded by 70% over less than six years. Yet, we have 46 million living in poverty, 49 million living off food stamps, and 11 million unemployed. Even as the President crows over the 9 million jobs created, a closer look reveals that there has little recovery in the higher end jobs that were lost after the last recession, while the majority of the jobs gained were in low paying, entry level positions. As a result, the average family income has declined during this Liberal driven recovery. Bastiat and Stein, in their condensed eloquence have given us a foundation and perspective from which to vote in the coming elections. Use it wisely. •

Another Man's Opinion

Speaker Boehner Should Be More Serious About His Job

By Cristian Vasquez

In the world of politics, it's common to see odd alliances as well as unexpected rivalries. For a few years now, Speaker of the House John Boehner has been clashing with fellow Republicans. These Tea Party foes have been a headache for the Speaker, who has had to juggle attacking the Democrats while deflecting attacks from this small group of Republicans. As a result, Boehner is now teaming up with some of his friends in order to make sure that Tea-Party-aligned Republicans don't have an opportunity to hurt his chances at being the Speaker next year. Given the animosity that members of the GOP have demonstrated toward the Democrats it is easy to assume that Boehner would have no problem obtaining support from fellow conservatives. Sadly, that isn't the case in the world of politics.

Politico.com is reporting that Boehner and his friends are "discussing tactics such as trying to change GOP Conference rules to punish members who do not support the party's nominee during a floor vote." Part of what that means is that any lawmaker who opposes the party's choice for speaker could lose committee assignments, among other perks. The report also states that Speaker Boehner's friends have already removed some Republicans from a committee for straying too far from the party's platform. As if it wasn't frustrating enough to watch the country's two major parties fling mud at each other as they throw childlike temper tantrums in

what they call political discourse; now we have to watch the internal bickering. In all honesty, this isn't exclusive to the GOP for Democrats are guilty of such asinine behavior as well. As a matter of fact, presidential primaries can be said are the blueprints for such behavior. But I digress.

As I have said in the past, Washington fails everyone when the people elected to office get more caught up fundraising and campaigning and serving. What Speaker Boehner and his buddies are doing to Tea Party Republicans falls into this category of wasted time. Rather than focusing on addressing the concerns of constituents and fixing the endless amounts of issues that afflict the country, these lawmakers are too busy trying determine who can be part of the cool kids' club. Having Tea Party members blacklisted for expressing ideas that don't reflect the GOP platform is absurd. Several GOP members constantly take jabs at the media for being too liberal and at the President for being a Socialist; yet, here they are telling people within their own party that they can't participate because they think differently.

I don't agree with the Tea Party on much other than that we are taxed way too much. However, they shouldn't be victims of this Boehner witch-hunt simply because they will not vote how he and the party desires. If Boehner wants to keep his job, maybe he should try serving the people who vote for him rather than organizing a mob to eliminate a group of politicians that he considers a threat. •

Add a Burst of Flavor to Summer Meals with Grapes

(BPT) - With warm summer weather comes the desire to lighten family meals and impress guests with thoughtful fare for backyard entertaining. Call on the bounty of fresh fruits and vegetables for inspiration. For instance, simply adding a handful of grapes immediately adds taste, color, freshness and a healthy enhancement to any dish. All three colors of grapes - green, red and black - are easy to use, extremely versatile, and conveniently available.

California grapes provide a juicy, refreshing texture that complements many popular

and often strongly spiced flavor profiles, including Asian and Latin offerings. With just 90 calories per 3/4-cup serving, grapes add a crisp, no-guilt lift to summer meals. You can also feel good about adding them into many other dishes because they are a source of antioxidants and other polyphenols, which may contribute to heart health.

Try this grape-enhanced summer recipes guaranteed to impress at your next summer gathering:

Banh Mi-Style Flatbread with California Grapes



Ingredients

- | | |
|--|--|
| 1 (14-ounce) package prepared pizza dough | 1/2 cup shredded carrots |
| 1 tablespoon canola oil | Pinch of sugar |
| 1 tablespoon minced garlic | 1 tablespoon rice vinegar (unseasoned) |
| 1 tablespoon lemongrass paste | 2 cups halved green seedless California grapes |
| 12 ounces chicken breast, cut into 1/2-inch pieces | 1/4 cup coarsely chopped fresh cilantro |
| 2 tablespoons low-sodium soy sauce | 1 jalapeno pepper, very thinly sliced (Remove seeds for less heat) |

Directions

Roll the pizza dough into a 10-by-14-inch oval on a lightly floured board. Transfer it to a baking sheet. Bake at 450° F for 8 to 10 minutes, or until lightly browned.

Meanwhile, heat the oil in a medium skillet, and stir in the garlic and lemongrass paste; cook for 1 minute. Add the chicken and soy sauce; stir-fry over medium-high heat until the chicken is cooked through. Place the carrots in a small bowl and stir in a pinch of sugar and the vinegar.

Spread the chicken mixture over the baked dough then sprinkle it with the carrots, grapes, cilantro, and jalapeno slices. Cut the flatbread into 8 square pieces.

Nutritional Information

Serves 4.

Nutritional information per serving (2 slices): Calories 418; Protein 22 g; Carbohydrate 55 g; Fat 12 g (Sat. Fat 2g); 27 percent Calories from Fat; Cholesterol 44 mg; Sodium 357 mg; Potassium 508 mg; Fiber 2 g.

Grapes from California are available May through January. For more information and recipe ideas go to grapesfromcalifornia.com or [facebook.com/grapesfromcalifornia](https://www.facebook.com/grapesfromcalifornia).

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