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Weekend Forecast

Friday
Partly Cloudy
62°/48°



Saturday
Sunny
60°/44°



Sunday
Sunny
62°/46°



Jim Thorpe Park Gets Kicking



The start of the Major League Soccer season is just a few weeks away and Hawthorne’s Jim Thorpe Park recently achieved an important goal of its own when it unveiled two new small-sided soccer courts – thanks to the generosity of the LA Galaxy Foundation and Herbalife. Photo: Hawthorne Parks and Recreation

Wiseburn School Board Gets Updates on Construction Projects, Governor’s Budget

By Duane Plank

During the first Wiseburn School Board meeting of 2018, members wished the assembled folks a happy new year and blessed the near-completion of Phase I of the mammoth Wiseburn High School construction project. Board member Neil Goldman, in his very brief report, intoned “Happy New Year, Happy New Year, Happy New Year! I’m done.” This pretty much summed up the general comments, as the members looked forward to resumption of the 2017-18 school year, completion of Phase I challenges, and work on the Phase II projects -- including the aquatics center, gymnasium and soccer field.

Prior to the meeting, Wiseburn Unified School District Superintendent Tom Johnstone noted financial challenges, including stretching “professional development dollars.” He mentioned a recent collaboration with the Hermosa and El Segundo districts to work together. “If you pool your resources, the money goes a lot further,” he said, as Wiseburn looks for the most fiscally prudent way to address skyrocketing employee pension costs.

Johnstone also spoke about the progress made on the Phase II construction projects, humorously noting, “Well, there is a pool out there, all right,” as he alluded to the torrential downpour that hit much of California on Monday and Tuesday. Johnstone said the rains set construction in the pool area back “about a week.” He still hopes the pool opening will occur prior to his retirement at the end of June, but deemed that timeline “very ambitious.” Said the ever-positive Johnstone, “You don’t get stuff done unless you are ambitious.”

The other two facets of the Phase II project are the gym, which should be completed around the time that the pool opens; and the soccer field, which Johnstone said will hopefully be

ready for the start of the prep soccer season in December. The grounds the soccer field will occupy are currently being utilized as a staging area for the ongoing construction on the west side of Douglas Street.

Director of Facilities Planning Vince Madsen, who was unable to attend the meeting, emailed that the superintendent has a schedule he would like to see hit and that “as you know, the existing soil conditions and the Transite pipe we’ve had to deal with in the ground has been very challenging to the schedule.”

Last Friday Johnstone was to meet with John Bernardy, senior vice president of Balfour Beatty -- the management company overseeing the construction project -- to discuss a realistic timeline for completion of the El Segundo Aquatics Center, which is a joint financial venture coupling Wiseburn with the City of El Segundo.

Johnstone reported prior to last week’s meeting that because of lost time with the inclement weather, probably the only way to hit the June 30 opening date may be to have workers on overtime. The issue here, he said, was if the current timeline is achievable and who will incur the overtime worker expense. The opening of Wiseburn High School was delayed for about a month as workers grappled with minor construction setbacks.

District Chief Business Official David Wilson discussed the tentative budget proposed last week by outgoing California Governor Jerry Brown. The governor will issue what is termed the May “revise” of the budget during the second week of May.

Wilson talked about Proposition 98 funding increases from \$75.2 billion to \$78.3 billion (plus \$3.1 billion), noting this would fully fund the Local Control Funding Formula two years

ahead of schedule. He also reported a 2.51 percent increase to cost of living adjustment (COLA) to special education and other categorical programs, as well as \$1.8 billion in “one-time” state mandate funding. This is approximately \$295 per ADA -- about \$700,000 for Wiseburn Unified.

Also noted in the initial release of Brown’s budget was the full funding of the state’s rainy day fund to \$13.5 billion, which is 10 percent of state tax revenues; and the proposal to authorize a total of \$640 million in Proposition 51 bond authority.

Emailed Wilson, post-meeting: “This initial proposal is the first step of a long process. The legislature will want to include their priorities and many negotiations/discussions will be had before the final state budget is enacted in June of 2018.”

The lifeblood of school districts is the funding emanating from Sacramento. Brown, who will wrap up 16 years of service as governor, has earmarked nearly \$79 million for California for K-12 school districts. The funding is due to a requirement that schools are granted a sizeable “earmark” of annual state tax revenues. With the tax revenues bursting the state coffers, K-12 schools continue to benefit with increased funding.

Also on Thursday, the Board approved an agreement with UCLA Extension to facilitate careers in teaching, as well as one with NOVA Southeastern University to provide student teacher supervision. The consent agenda included approval to form the Dana School Math competition team.

Upcoming calendar items include the Feb. 2 staff development day, and shuffling the next board meeting to Tuesday, Jan. 23 because Johnstone will be attending the California School Superintendent’s Symposium in Monterey. •

Film Review

Seniors

Celebrating a New Year in Cinema as the 2018 Sundance Film Festival Kicks Off

How Bluetooth Hearing Aids Are Transforming the Way We Live



Morgan and Ryan Rojas at last year's Sundance Film Festival

By Morgan Rojas
for www.cinemacy.com

Today marks the official start of the 2018 Sundance Film Festival, and Cinemacy is so excited to be returning to Park City, UT to cover the best of the fest from start to finish.

The forecast predicts snow, and the lineup predicts over 100 innovative and groundbreaking independent films from all over the globe. Founded by Robert Redford in 1978, the Sundance Film Festival is a cultural taste-making event that sets the tone for the coming year in indie film. Some of last year's notable gems that went on to box office and critical acclaim include *Call Me By Your Name*, *The Big Sick* and *Mudbound*. And although the ink is not yet dry on Cinemacy's film festival schedule -- there are more events, panels and performances to attend than there are hours in the day -- we have narrowed down some of our most anticipated events.

It is undeniable that female artists are shaping the film industry at this very moment, creating a platform and a call to action for equality and respect. The result is a major societal and revolutionary revamping of the system. That is why this year in particular, it feels extremely important to highlight the contributions and impact that women have made in cinema. It is with delighted anticipation that Sundance is hosting various discussions highlighting these current events with universally inspiring women, including Ava DuVernay, Justice Ruth Bader Ginsburg, Joan Jett, Octavia Spencer, and so many more. There will be conversations based on how storytellers transform not only the arts, but society at large and how the stories we tell will shape our future.

As a whole the biggest draw of the festival may be the films, but Sundance also caters to the music-driven crowd with the inclusion of various pop-up performances and lounges. The ASCAP Music Café is a great place to regroup after spending the day in the snow or a theatre, and this year it celebrates its 20th anniversary with an impressive lineup. Brett Dennen and Ethan Gruska are just a couple of the artists set to perform, spotlighting music's essential role in the art of filmmaking. And in keeping with the theme of music, another scheduled event is the "Scoring for Sundance" panel, which gives the opportunity to hear from various composers as they discuss the art of music over a hot cup of coffee.

When all is said and done, however, it is the films that inspire us most. Out of 13,468 submissions, 110 feature-length films were selected to screen at this year's festival. What is Cinemacy most looking forward to? For starters, covering master filmmaker Gus Van Sant's drama *Don't Worry, He Won't Get Far*

On Foot starring Joaquin Phoenix, Jonah Hill and Rooney Mara; cinematographer-turned-director Reed Morano's sci-fi feature *I Think We're Alone Now* starring Peter Dinklage and Elle Fanning; and the sensitive drama *Burden* starring Garrett Hedlund, Andrea Riseborough and Forest Whitaker.

Follow Cinemacy along on our journey to Sundance and beyond on Instagram (@cinemacy) and Facebook (@cinemacyspeaks) to get an insider's look at all the happenings at the 2018 Sundance Film Festival. •



Morgan Rojas



(BPT) - Bluetooth technology is steadily expanding the role of modern hearing aids from tiny marvels that make use of artificial intelligence to process sound into true, state-of-the-art multimedia hubs now capable of two-way communication.

The primary goal of hearing aids has always been to improve speech understanding. While this hasn't changed, manufacturers are now building Bluetooth technology directly into the most advanced hearing aid microchips. This lets consumers directly connect to virtually any wireless electronic device, eliminating the need to wear a body-worn accessory.

Let's take a brief look at how the latest Bluetooth hearing aids are transforming the way we live. They can now directly connect to any Bluetooth-enabled phone

According to Dr. Elizabeth Thompson, director of business development and veterans affairs at Phonak, previous generations of hearing aids could only directly connect to an iPhone, which greatly limited people's options.

"Pew Research Center found only 33 percent of American smartphone owners used an iPhone while a whopping 66 percent used the Android operating system," said Thompson. "Furthermore, another study showed 38 percent of all Americans over age 65 still use a classic flip phone. Until now, there has never been a Bluetooth hearing aid that was truly made for all devices and allowed universal connectivity - including the ability to directly connect to an iPhone, an Android device (e.g., Samsung, LG), or even a classic flip phone that is Bluetooth-ready."

Bluetooth hearing aids enable truly hands-free calls

The latest Bluetooth hearing aids allow you to answer a phone call with a simple press of a button on the hearing aid. Built-in microphones on the hearing aids themselves feature automatic

voice pickup, allowing people to have two-way conversations through their hearing aids. Thompson stated this is the first time this has ever been done with hearing aids.

"This is indeed the first time a hearing aid wearer can have a true hands-free conversation without having to touch the phone at all," she said. "This is especially convenient in the car, where your phone may be in a pocket or purse, or if you need to have a conversation while leaving your phone on the table or countertop, for example if you're cooking."

They stream wireless stereo sound directly from your TV

According to research firm Statista, Americans spend an average of 4.5 hours per day watching TV. And if you are or live with someone who has hearing loss, you probably know that sometimes the volume of the TV can become an issue.

"With a card-sized TV Connector, hearing aid wearers simply plug the device into the back of the TV," added Thompson. "The 'plug and play' TV Connector instantly pairs with Bluetooth hearing aids, allowing viewers to stream high-fidelity TV sound in-stereo at their preferred volume level, independent of other viewers. Wearers have reported a markedly better experience in understanding dialogue, especially when the person on TV is talking fast."

Bluetooth hearing aids are available right now

While all of these new advances may sound like the future, hearing aids with built-in Bluetooth technology are available today. For more information, visit tryphonak.com or find a licensed hearing care professional who has been specially trained in fitting the latest hearing aid technology. •

PUBLIC NOTICES

NOTICE TO CREDITORS OF BULK SALE (UCC Sec. 6105) Escrow No. 32517-J
NOTICE IS HEREBY GIVEN that a bulk sale is about to be made. The name(s), business address(es) to the Seller(s) are: HULI HULI HAWAIIAN GRILL, INC., 11540 Hawthorne Blvd., Suite A, Hawthorne, Ca 90250 Doing Business as: "HULI HULI HAWAIIAN GRILL"
All other business name(s) and address(es) used by the Seller(s) within three years, as stated by the Seller(s), is/are: NONE
The name(s) and address of the Buyer(s) is/are: E.V. EQUITIES, LLC, 11540 Hawthorne Blvd., Suite A, Hawthorne, Ca 90250
The assets to be sold are described in general as: RESTAURANT and are located at: 11540 Hawthorne Blvd., Suite A, Hawthorne, Ca 90250
The bulk sale is intended to be consummated at the office of Dynasty Escrow Corporation and the anticipated sale date is February 9, 2018. The bulk sale is subject to California Uniform Commercial Code Section 6106.2 YES
The name and address of the person with whom claims may be filed is: Jeannie Atkinson, Escrow Officer, Dynasty Escrow Corporation, 205 South Chapel Avenue, Suite D Alhambra, CA 91801-4243 and the last date for filing claims by any creditor shall be February 8, 2018 which is the business day before the sale date specified above.
Dated: 1/12/18
BUYER: E.V. EQUITIES, LLC
By: S/ Eric Vuong, Manager
1/18/18
CNS-3090197#
Hawthorne Press Tribune Pub. 1/18/18 HH-25865

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NOTICE OF PETITION TO ADMINISTER ESTATE OF: DUANE F. MILLER CASE NO. 17STPB10984
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of DUANE F. MILLER.
A PETITION FOR PROBATE has been filed by HAE WON LEE AKA DIANA HAE LEE in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that HAE WON LEE AKA DIANA HAE LEE be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 01/30/18 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.
Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner
JAE S. KIM, ESQ. - SBN 134336
LAW FIRM OF J.S. KIM & ASSOC., INC.
3600 WILSHIRE BLVD. STE 914
LOS ANGELES CA 90010
1/11, 1/18, 1/25/18
CNS-3086221#
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Hawthorne Happenings

Classifieds

News for the City of Good Neighbors from an Old Guy named Norb Huber

THE HAWTHORNE BUSINESS EXPO

Ms. Olivia Valentine, Hawthorne council member cordially invites you to attend the 2rd Annual Hawthorne Business Expo to be held on Wednesday, January 24 from 3 to 7 p.m. at the Hawthorne Memorial Center. There will be key note speakers, seminars and vendors all there to assist local businesses prosper.

PANCAKE BREAKFAST

The Hawthorne Historical Society will be hosting a Pancake Breakfast on Saturday, February 24 from 8 a.m. to 11 a.m. at the new Hawthorne Museum located at the south side of Jim Thorpe Park at 14100 south Prairie Avenue. Two months later on Saturday, April 28th, I will be hosting the 14th Annual "God Bless America" Pancake Breakfast at my church a couple miles south on Prairie Avenue at Ascension Lutheran Church. The exact address is 17910 S. Prairie in north Torrance. Over the years these breakfasts have become popular events. Great food, friends and usually super weather have made it great to enjoy getting together with others to start out our Saturday mornings. Each breakfast is only \$5 and proceeds go to good causes. So mark your calendars and plan to get there before the crowds, it's real torture smelling the bacon and hot cakes while waiting in line. Pancakes, bacon and OJ are almost as good as having a cold one. Let me know if you can help at either one of these breakfasts, I would love to meet just one of my readers some day before I retire from this labor of love.

WE ARE GONERS! (At least that's what it says on my cell phone)

Can you imagine how you would feel if you woke up to a message on your cell phone stating that there was an incoming ballistic missile headed your way and it was not a warning but it was the real thing? That is what happened to our 50th state last Saturday morning. For 38 minutes people thought the worst was about to happen. I can only imagine how many prayers were said, how many frantic phone calls were made and



how many people really didn't know what to do. The question around here has always been are you ready for the "big one"? A massive earthquake has been in our future since who knows when? A bigger question is, are we ready to meet the big guy in the sky? If you know the big guy is in charge, why worry?

NOT TOO EARLY FOR GOLF

The Hawthorne Parks and Rec Foundation's annual Golf Tournament will be held on Monday, April 16th at a new site this year. The course at Industry Hills has been selected to challenge the best of golfers. My foursome won this event last year but I hear that this new circuit is extremely difficult. So, if you like a challenge, make plans to play, just remember to bring plenty of extra golf balls, we both might need them.

ASH WEDNESDAY AND VALENTINE'S DAY

Wow! There are going to be some people not giving up their chocolates for Lent this year. The Lenten season begins on Valentine's Day this year, March 14th. A lot of guys take the safe way out, they give the traditional flowers and candies. What are our ladies supposed to do, accept the candy, look at it and put it away for forty days until Easter arrives?

PARTY WITHOUT THE FOOTBALL GAME?

Many of us have decided to not watch NFL football this year. To be honest I really haven't been watching pro football for the past several years. With our national anthem being used as a stage to protest our social injustices, I have found better things to do. Now the question becomes what do we do on Super Bowl Sunday? Do we still have a party? Do we attend a party if invited? Do we eat all the great finger food? Do we have a cold one or two? What the heck? Who needs football to party? It's like who needs Jesus to celebrate Christmas? A holiday is a holiday. Maybe I'll just watch the commercials. With Jesus and a cold one, there wouldn't be a need to protest anything. I wonder if I could get elected to higher office with, "Love, Peace, Chill Out and have a Cold One". •

(I love to hear from my readers. – email me – norbhuber@gmail.com)

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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EMPLOYMENT

S C A Q M D is Seeking Attorneys and Engineers South Coast AQMD in Diamond Bar, CA is seeking Hearing Board Members: • Attorney Member • Engineer Member • Alternates for each For details and to apply by 2/15/18 See www.aqmd.gov/careers

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EMPLOYMENT

QUALITY ASSURANCE ENGINEER sought by Stamps.com Inc. in El Segundo, CA. Identify gaps in existing automation & regression efforts and provide solutions. Send resume to: Libuse Tomas, Stamps.com Inc., 1990 E. Grand Ave., El Segundo, CA 90245.

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Wanted: One or Two Car Garage in El Segundo to rent for storage – Please Contact 310-937-3246

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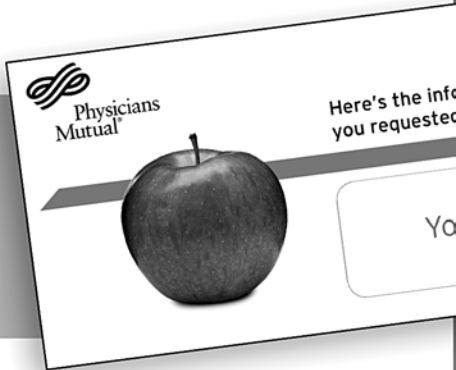
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Sports

Ducks Win Battle of SoCal Hockey

By Adam Serrao

For now, though it may even only last a week, the Anaheim Ducks have earned bragging rights over the Los Angeles Kings. With a 4-2 victory against their rivals last Saturday night, the Ducks came out feisty and ready to assert their dominance. That's exactly what they did. The Kings may indeed be the better team in the standings, even with the loss last week. Anaheim walked right into Staples Center, however, and proved that it is currently the team containing more fight.

Speaking of fight, there was plenty of it to go around on the ice last week in Los Angeles. Before even three minutes could tick off of the game clock, the Freeway Faceoff rivals would drop the gloves to go at it, as everyone might have expected. What most may not have expected, though, was that it would happen two more times on each ensuing faceoff after that. "That's good hockey right there," Ducks captain Ryan Getzlaf explained. "That's just guys who are sticking up for each other. It was good to see it on both sides."

Perhaps nothing encapsulates a Ducks vs. Kings game more than three fights taking place over the course of four seconds of clock time in front of a sold-out Staples Center crowd on a Saturday night. Despite who landed more physical blows to their opponent, Anaheim proved to be the team to come out with more fight in the game. With two goals in the first period of play, the Ducks jumped out to a big lead and took the air out of the building. Though Los Angeles fought back late, the damage had already been done as the Kings were unable to mount a comeback after being down 3-0 in the third period of play.

"It was obviously an emotional game," Kings captain Anze Kopitar said. "The start was physical. With three fights in a row, everybody got fired up pretty quick. I think the first 40 minutes on our part were not to the level that we want to play. Third period we're playing catch-up and with desperation, which we should do the first two periods." Los Angeles didn't end opposing goalie John Gibson's shutout bid until the third quarter when Nick Shore snapped his 27-game goal drought. Just a few minutes later, Kopitar would scratch on a one-timer for his 18th goal of the year to make things a bit interesting for the first time all night. It was Corey Perry, however, who would crush the hopes of the Kings and their fans as he flung the puck into an empty net from 170 feet away in a play that proved to be a microcosm of the Kings' entire night.

The loss marked the third straight for L.A. – a team that is once again falling victim to what looks to be another rollercoaster type of season. "I thought we had a lot of guys who showed up ready for the physical challenge -- we had some guys that didn't," Kings coach John Stevens explained postgame. "It cost us. It's a good lesson for us. We cannot win a game like that unless we have everybody, and we needed more tonight." The Kings are going to need more if they wish to stay near the top of the Pacific Division standings. Since Dec. 1, Los Angeles ranks dead last in the NHL in shots per game. The Kings had 25 against the Ducks in the game one week ago, but will certainly need to manufacture much more offense in the coming weeks as the schedule will only continue to get harder and harder.

"I think both teams understand the implications of these games," Stevens went on to say. "I think everybody's coming to the game knowing that the chips are on the table and everybody's going to be all in." The Kings will have to be all in the next time they take on the Ducks, with a rematch that just so happens to be this week. The Ducks aren't the only daunting team coming up on the schedule for L.A., though, as the Kings will also face off against the likes of the Calgary Flames, Nashville Predators and Tampa Bay Lightning in the coming weeks.

After winning the last five consecutive Pacific Division titles, this season has been somewhat trying for a Ducks team that has been forced to deal with their share of injuries to start the year. The team's victory against L.A. put it just four points behind the Kings for second place in the standings. With Anaheim's history of great play late in the season, one would have to think that the Ducks are right where they want to be heading into the latter portion of the schedule.

The Kings, on the other hand, must get back down to the details, eliminate self-inflicted wounds and eradicate their tentative play at the beginning of games. If Los Angeles can learn to consistently put together three periods in a row of high-intensity play, ditch the rollercoaster and get back to winning, then their playoff chances will certainly be looking bright. For now, though, the Ducks not only have bragging rights, but also seemingly have all of the momentum that they need moving forward into the second half of the season.

–Aserrao6@yahoo.com | @UpandAdam6

Finance

Buying Life Insurance Can Be Complicated, but It Doesn't Need to Be



(BPT) - Getting insurance can be famously complex and time-consuming. Whether it's life, health, automobile or home, it takes time to understand what coverage you need and how to get it. As a result, it's easy to put off items that don't feel truly urgent until it's too late.

Buying life insurance and helping to protect your family in the event of the unexpected is one of the most important purchases you can make. Doing this right requires a clear understanding of how much coverage you need, what a policy actually covers and how much you can reasonably afford.

Even the young and healthy are at risk for the unexpected, from accidents to sudden illness. Life insurance can help you and your loved ones - whether that's your children, parents or siblings - prepare for the unknown and make the right financial decisions. Laying the groundwork for that protection now, when you're healthy and young, is an important step in building a sound financial future.

The good news is that there are different types of insurance policies that can best serve you and your family's needs. Whole life insurance, which is what we often think of when we're considering a life insurance policy, offers coverage you can't outlive, with the cash value of the policy growing over time.

If you have big responsibilities right now and are still healthy, term life insurance, which can replace income and cover expenses in the unfortunate event of an early death, might be the better option. You can choose the timespan of the policy based on your family's needs (for example, if you're just starting your family, you may want to opt for a 20- to 30-year policy to make sure your children are covered until they're adults). In an ideal world, your family will never need

the policy, but it's a strong safety net that can help you feel more secure, regardless of what the future holds.

Understanding the amount and type of coverage you need keeps costs down. Being underinsured can be distressing in an emergency; being over-insured can eat away at your financial planning. Opting for a term life policy can help you solve these challenges. Their premiums are typically lower, and allow you to only cover the most likely scenarios for your age demographic.

Products like TruStage(R) come into play. You don't need to spend hours assessing your risk and sorting through the clutter yourself; you have access to an online application as well as licensed agents that can help take the guesswork out of the process.

TruStage offers a simplified-issue term life insurance product that helps demystify the process for you through an online application process that takes about 10 minutes to complete.* After answering a few health questions, their automated process delivers a decision in minutes, offering coverage amounts of \$5,000 to \$300,000 to provide protection for home mortgages, children's education, income replacement and final expenses. It also provides coverage options based on your budget, rather than making you estimate the amount of coverage you need. •

*Visit www.trustage.com to fill out the online form. Include if you're a credit union member, but even if you aren't, you could still be eligible to apply for coverage.

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Recipe provided by Brandpoint

Ingredients

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- 8 ounces jalapeño cheddar cheese, grated
- 2 tablespoons mayonnaise
- 4 ounce jar of pimentos, drained and chopped
- 1/4 cup Greek yogurt
- 1/4 teaspoon garlic powder
- 1/8 cup pickled jalapeños, drained and chopped
- 1/8 teaspoon cayenne powder
- 1/4 teaspoon salt
- 1/4 teaspoon ground pepper
- 2 teaspoons lemon juice

Preparation

1. Using a food processor or grater, shred cheddar cheese.
2. Add chopped pimentos, chopped jalapeños, cayenne powder, salt, pepper, garlic powder, mayo and 1/4 cup thick Greek yogurt. Mix until combined. Depending on texture you want, add more Greek yogurt.
3. Stir in lemon juice.
4. Serve with Lay's Kettle Cooked Original or 40% Less Fat Jalapeño Cheddar Chips.



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Fictitious Business Name Statement 2017358434

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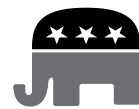
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Politically Speaking



One Man's Opinion

Just a Reminder on this Honorable Day

By Cristian Vasquez

In honor of Dr. Martin Luther King, Jr. Day, it is appropriate to address a lie floating around the past couple of years. Some conservatives have taken it upon themselves to proclaim that Dr. King was a Republican. Stop it, people. That is a lie. It is wishful thinking on behalf of a group that, much like liberals, doesn't have a squeaky-clean record on civil rights -- but who unlike liberals has done more to hinder the spread and protection of civil rights than to ensure them.

In a 1958 speech at Bennett College in Greensboro, N.C. Dr. King himself stated he was neither Republican nor Democrat. To use the man's exact words, "I am not a politician. I have no political ambition. I don't think the Republican Party is a party full of the almighty God, nor is the Democratic Party -- they both have weaknesses. I am not inextricably bound to either party." Yet, conservatives love to label the man a Republican. You don't get to rewrite history to excuse your ideological flaws from the present and past. It's a lie. You are wrong. So once more, just stop. There is evidence that Dr. King's father, like most African Americans of the time, voted in favor of the Republican Party. However, there is no evidence of the man himself supporting said party. So, much like when conservatives want people to stop bringing up slavery because they had nothing to do with it, conservatives should stop using Dr. King's father's voting habits to identify the civil rights leader under a false political label.

In addition, the pathetic attempt to rewrite the past includes the constant reminder by conservatives that the Democratic Party is

responsible for the KKK and segregation. And for once, they got a fact right. However, their selective memory keeps them from mentioning that this was a conservative Democratic Party. The Democratic Party was the conservative party of the past. This is a fact that can't be ignored. Conservatives jumped from the Democratic Party to the Republican Party during the 1960s and 1970s. The Democrats' ties to the KKK can't be ignored, but neither should the hate-group's birth in conservatism. It is disgusting for anyone to deflect the role of conservatism in birthing the KKK for political gain, and it takes a complete lack of human decency to purposely distort these facts for political gain.

James Chaney, Andrew Goodman and Michael Schwerner are names we should never forget. They were murdered because of their dedication to fighting against racial injustices. These men were executed by conservative Klansmen dedicated to the preservation of white supremacy. When the laws shifted to provide that equal protection under the law, these same conservatives jumped to the Republican Party. The most notable conservative to abandon the Democratic Party because of his opposition to civil rights: Strom Thurmond.

Thurmond represented everything wrong with conservatism and when his Democratic Party supported legislation to promote civil rights, he defected. So when sharing out nation's history, don't make up things such as Dr. King being Republican and don't omit facts such as Democrats used to be the conservatives when the party gave birth to the KKK. It would be no different than if I sat here and claimed that Thurmond was a liberal. •

Another Man's Opinion

Don't Let President Trump's Poor Choice of Words Obscure Immigration Reality

By Duane Plank

Wow, the left wing media went into melt-down mode last week when it was leaked that President Donald Trump had apparently used some coarse language when speaking during what was supposed to be a private, closed-door session with members of Congress ruminating over the DACA situation.

Trump initially denied commenting about the immigration status of s--hole countries located in Africa, Central America and the Caribbean, though at least two people in the meeting said he did use the derogatory phrase while trying to fix our broken-down immigration system.

Trump would rather see legal immigrants invade our borders from thriving countries like Norway than from third-world enclaves such as Haiti. Gee, what a dumb, racist thought, right? America should continue to allow in, many times illegally, the most poorly educated folks from allegedly developing countries -- many who have no discernible skills and dodgy histories in their homeland.

Then once the immigrant invades America, allow said immigrants to play tag with their alleged relatives ... and through the idiotic leftist chain migration program, export a bunch of people not fit to be here and oftentimes exploit our lefty social services and raid our financial coffers.

When was it decided, and by whom, that Americans do not have the right decide whom we allow to enter our country? Would you really rather import a horde of people who barely speak English, may not be all that educated, and may lack the job skills necessary to thrive (not just survive on the dole) in America? Or allow in (even recruit) men

and women who speak English, are well-educated, and possess the skills -- whether technical or so-called "blue collar" -- that our country needs?

The lefties and their lock-step media buddies will trot out the same excuses for letting darn near anyone who wants to call America home to land here. We are all immigrants, they thunder. If we don't let immigrants in, who will man the jobs that Americans won't do? Yada, yada. And they automatically brand as racist those who don't agree with their jaded way of thinking.

So, the blathering talking heads in the southpaw media went full bore at the president, excoriating him for what were supposed to be private thoughts leaked by deep-staters with their own agenda, privy to the DACA meeting.

Trump is not the first president to evince salty language. As we learned during the Washington cover-up the Watergate scandal devolved into, California's own "Tricky Dick" Nixon threw the F-bomb around like a drunken sailor on shore leave. And Southern gentleman Lyndon B. Johnson spewed colorful language when dealing with the post-JFK assassination challenges like, oh, the Vietnam War, or the revolt that permeated America as the flower-power pot-heads and other 1960s unemployed resistors created mayhem in the streets, chanting, "Hey, hey LBJ, how many kids did you kill today?"

Point is: Don't let Trump's ignorant choice of words, in what was supposed to be a closed-door, private meeting, obscure the fact that we need to get the grip on whom we are allowing into our best-as-it-gets country. •

Looking Up

Two Astronomers a Century Apart Use Stars to Measure the Universe

Based on a Press Release from the Sloan Digital Sky Survey, Provided by Bob Eklund

How far away is that galaxy?

Our entire understanding of the universe is based on knowing the distances to other galaxies, yet this seemingly simple question turns out to be fiendishly difficult to answer. The best answer came more than 100 years ago from an astronomer who was mostly unrecognized in her time -- and today, another astronomer has used Sloan Digital Sky Survey (SDSS) data to make those distance measurements more precise than ever.

"It's been fascinating to work with such historically significant stars," says Kate Hartman, an undergraduate from Pomona College. Hartman studied "Cepheid variables," a type of star that periodically pulses in and out, varying in brightness over the course of a few days or weeks.

The pattern was first noticed in 1784 in the constellation Cepheus in the northern sky, so these stars became known as "Cepheid variables." Cepheid variables went from interesting to completely indispensable in the early 1900s thanks to the work by astronomer Henrietta Leavitt. Leavitt's contributions were largely ignored for one simple reason -- she was a woman at a time when women were not taken seriously as astronomers.

In fact, when Leavitt was first hired by Harvard College Observatory in 1895, she was hired as a "computer." In the days before modern computers, a "computer" was a person



Henrietta Leavitt (left) and Kate Hartman (right) — two astronomers a century apart studying Cepheid variable stars. Image Credit: Cynthia Hunt (Carnegie Institution for Science).

hired to perform complex calculations, assisted only by pencil and paper. Although the work was demanding, it was not taken seriously by the male professional scientists of the time -- it was seen as rote work not requiring intelligence or insight that could be done by anyone, even a woman.

So in 1908 when Leavitt discovered a relationship between the brightness (or "luminosity") of a Cepheid variable star and the time it took to go through a full cycle of change (its "period"), her work was not immediately recognized for its significance. It took years for the mostly-male astronomy community to realize that this relationship (today known as "the Leavitt Law") means that measuring the period of a Cepheid variable immediately

gives its true brightness -- and furthermore, that comparing this to its apparent brightness immediately gives its distance.

Using the period-luminosity relationship that Leavitt discovered, others later calculated the distances to Cepheid variables in galaxies outside our own Milky Way. In doing so, they discovered that our universe is expanding, starting from a single point more than 14 billion years ago at the Big Bang -- a discovery that would have never been possible without the discovery of the Leavitt Law.

More than a century later, astronomers like Hartman are carrying on Leavitt's work. Her announcement came about as a result of a ten-week summer research project at Carnegie Observatories. Hartman worked closely with

her research advisor, Rachael Beaton, a Hubble and Carnegie-Princeton fellow now based at Princeton University.

The tool that Hartman and Beaton are using to improve our knowledge of Cepheid variables is the Sloan Digital Sky Survey's Apache Point Galactic Evolution Experiment (APOGEE), which is systematically mapping the chemical compositions and motions of stars in all components of our galaxy.

The very property of these stars that allowed Henrietta Leavitt to discover the Leavitt Law -- their predictable variations in brightness -- creates challenges for APOGEE. "Over a pulsation cycle of a Cepheid variable, the star's properties change," says Beaton. "Its temperature, surface gravity and atmospheric properties can vary greatly over a fairly short time. So how can APOGEE properly measure them? I thought it would be an excellent summer research project to find out."

The undergraduate to take on the challenge was Kate Hartman. She was able to demonstrate that it is possible to get consistent measurements of the chemical makeup of Cepheid variables, regardless of when in their cycle they were observed by APOGEE.

Hartman explains, "I had to look at multiple spectra from the same Cepheid variable and measure the amount of different elements in the star. When we looked at a star's spectrum across its entire pulsation cycle, we found no significant differences in the results. That means that we're getting reliable results every time we look." •

A black and white close-up photograph of a fluffy kitten. The kitten has large, dark, round eyes and a white blaze running down the center of its face. Its ears are pointed and have dark tips. The kitten's fur is very soft and fluffy, with a mix of light and dark patches. The background is out of focus, showing some indistinct shapes.

Cupid

Aisha is a very sweet little girl who came a long way to find her forever home. She was

Victoria is an affectionate and playful young girl. She likes to cuddle on laps and be picked up for hugs. She was taken in by Kitten Rescue a few days after giving birth to a litter of eight kittens. She has taken wonderful care of her babies and now that she has gotten them all adoption-ready, she is looking for a home of her own. Victoria can be adopted with one of her kittens or on her own. She likes to wrestle with her kittens, but she also loves playing with wand toys, running through tunnels and batting toys across the floor. Victoria is currently living at the Kitten Rescue Sanctuary and we have a live camera in the room she's in. You can watch her and her family on the live stream here: <https://explore.org/livecams/kitten-rescue/kitten-rescue-cam>.



Aisha

Your tax-deductible donations for the rescue



Hunter

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Blvd., just south of Manchester Ave.; and also in Mar Vista at 3860 Centinela Ave., just south of Venice Blvd. Our website lists additional adoption sites and directions to each location. •



Grace



Tango



Keiko



Victoria