

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

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Cougars Back for New Year



Back to school! Hawthorne High Cougars' 2015-16 school year started on Tuesday, August 18th. Good luck, students

Council Debates Reduced Stipends, Approves Prepaid Phone Card Tax

By Derrick Deane

With mere months away from Election Day, budget woes continued to resurface during Tuesday's City Council meeting.

Councilman Nilo Michelin voted against a resolution that the other councilmembers passed that reduced their stipends from \$3,000 to \$1,500 a year. The council members also get additional money for their time served on behalf of the city, ultimately raising the total to \$10,500 each.

Michelin's vote wasn't because he wanted to keep his original stipend, but rather quite the opposite.

"We are in the middle of a budget crisis and we are trying to reduce our budget deficit," Michelin said. "We have several employee groups that have made sacrifices as far as furlough and deferred raises. Every city councilmember gets \$1,500 to give to organizations and in normal times this would be okay, but I have objections to this."

"I have nothing against the non-profits," Michelin continued. "Come in front of the City Council and state your case. Don't go through individual city council members. I think we need to show the employees that we're making the sacrifice. I think we need transparency. We need a mechanism where the non-profits can come in front of the council and state their case. When one individual makes the allocation, then there's no transparency."

The rest of the council members jumped in wanting to comment on the matter. After Mayor Chris Brown calmed everyone down, he allowed council member Angie Reyes English to speak.

"You're going to vote against it, but it's asking for a reduction. So you're saying you're not for the reduction?" English asked.

"I want it to be zero," Michelin fired back, to which Mayor Brown let out a gasp and English replied that that was "a whole other animal all together."

English and Mayor Pro Tem Olivia Valentine

said that completely wiping out the stipend was going a bit too far.

Councilman Alex Vargas loosely supported Michelin's position saying he'd be willing to work to change the process in how donations are doled out from the stipends, but ultimately said that there were community organizations that are counting on receiving the money.

"There are people already in the queue and waiting for their money for upcoming events," Vargas said. "Events like picnics, the future National Night Outs and so on. I would support you, but to pull the rug out from under some of these groups would not be productive."

Valentine went further to say that it wasn't as though they were hoarding the money and that it went back in to the community.

English continued to contest Michelin's stance. "Not all the monies that are donated by each councilmember go to neighborhood council groups," English said as Mayor Brown agreed. "Let's just make that clear. It's from everybody and anybody, an organization that is providing a community benefit in our city. If you really want to make an impact, do what we've done in the past and give up your stipend."

While the council reined in their stipends, they did pass a couple of construction projects that will be coming to Hawthorne soon.

The three intersections that will see street widening and new traffic signal installation will be at El Segundo Blvd. and Inglewood Blvd. and the area by the Space X parking structure that is currently under construction along Crenshaw Blvd. between Rocket Road and Jack Northrop Ave.

El Segundo Blvd. will see a dedicated right turn lane added to alleviate early morning and rush hour traffic near Hawthorne High School. The intersection will also get a pedestrian countdown and a dedicated left turn signal added so traffic doesn't have to yield to oncoming traffic.

The Space X intersections will need to accommodate 4,000 additional pedestrians once

the employee parking structure is operational. In addition to widening Crenshaw Blvd., left turn lanes will be added along with brand new signals and safety lights.

The project will cost \$2 million but will be funded by money from Measure R.

Additionally, the council approved the purchase of two new police patrol vehicles, which will hopefully ease concerns of residents in the northern parts of the city who once again voiced their concerns about slow response times.

In his closing statements, Michelin took a moment to praise the police department and say that there is no bias in terms of response times.

"I can tell you that the [police] cars are being distributed equally across all neighborhoods," Michelin said. "Any time there was a delay, it was because the police were responding to a priority call. There's absolutely no favoritism."

To help bring in much-needed money into the city, the council unanimously approved the collection on local surcharge tax on prepaid telephone cards. While the state had already passed the resolution, the council, waited to look in to the matter to make sure that it would be fairly and evenly enforced.

The resolution needed to be approved by September 1 in order for the state to be allocating funds for the city. It is estimated that the tax will bring in \$200,000 to the city next year.

One thing that won't be in the city next year is a new restaurant near the Hawthorne Municipal Airport as the council followed up on a discussion about an appeal from Primestor Development Inc. from the last council meeting.

Two weeks ago, representatives from Primestor has stated their case that building a restaurant along 120th Street across from Hawthorne Airport would be safe, despite the structure being in the line of path for landing aircraft.

There was little discussion on the matter this time around, although councilmember English continued to abstain from voting on the matter. •

Weekend Forecast

Friday
Sunny
84°/70°



Saturday
Sunny
81°/70°



Sunday
Partly
Cloudy
77°/66°



Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

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Film Review

The Delightful and Sharp Fun of *Mistress America*

By Ryan Rojas for CINEMACY

In some ways, director Noah Baumbach's third latest film also serves as the winning cap to a lovely themed trilogy of films – that of millennial-modern romantics figuring out life in lush and cinematic New York cityscapes. Following 2012's *Frances Ha* and last year's *While We're Young*, The New York born director returns with *Mistress America*, once again set to simultaneously explore, praise,

her fiancé's own out-of-school-age daughter who lives nearby. Enter Brooke (Gerwig), who immediately and literally embraces her new step-sister and opens Tracy's eyes to a world of spontaneous adventures.

What makes *Mistress America* so fun (and it really is) is its intelligentsia-tinged hilariousness that here, channels screwball-styled comedy, showing how finely Baumbach and Gerwig have their fingers on this culture's hipster-pulsed



Greta Gerwig as "Brooke" and Lola Kirke as "Tracy" in *Mistress America*. Photo courtesy of Fox Searchlight Pictures © 2015 Twentieth Century Fox Film Corporation All Rights Reserved.

and ponder the aimless intellectual wanderers of Generation Y in, a refreshingly hilarious screwball comedy.

On the whole, *Mistress America* feels more like the sister film to *Frances Ha* than the director's others, not particularly because the film is actually about a girl who becomes step-sisters with a very "Frances Hallowsay-like" character. Considering *Mistress America* was co-written by Baumbach and real-life girlfriend Greta Gerwig (who also co-wrote *Frances Ha*), it's no surprise that the film is charged with similarly clever observations and comedic rhythms about characters so creative and cultured, and yet so incompetent and existentially clumsy.

Two characters share these qualities. Relative newcomer Lola Kirke (*Gone Girl*) plays Tracy, an incoming Freshman Lit major with more creative writing ideas than friends. Her introduction to school is a lonely one, prompting her recently engaged mother to encourage her to meet up with

zeitgeist. As *While We're Young* also explored the self-aware character study of studying the hipster-bohemian lifestyle (young and aging alike), *Mistress America's* Tracy, being all perceiving in her own right, looks at Brooke with empathy, channeling her new adventures and sister into her creative writing. Brooke's fun yet unrealistic and equally fleeting goals, such as intentions of opening a restaurant, excite an encourageable Tracy, but Brooke the character is ultimately filtered through Tracy's own writing, revealing a person whose tragic romance is at both times invigorating and unsustainable.

Mistress America contains whip-smart intellectual musings and dialogue, further enhanced by a deft use of quick-cut editing to mine real laughs and poignancy. Whether or not audiences are familiar with Baumbach's past work, *Mistress America* is a smart film that will entertain those looking for a riotously funny and understated comedy that counts among the director's most entertaining. *Mistress America* is now playing in select cities. •

Police Reports

Mon 8/10/15 to Sun 8/16/15

ATTEMPTED ROBBERY 4100 W EL SEGUNDO BL Wed 08/12/15 20:02

ROBBERY 12700 S CRENSHAW BL Thu 8/13/15 16:26

ROBBERY 11300 S HAWTHORNE BL OTHER Fri 8/14/15 12:00

ROBBERY 3900 W ROSECRANS AV Sun 8/16/15

Property Taken: blk Samsung Galaxy S6 cell phone

ROBBERY 11800 S HAWTHORNE BL Sun 8/16/15 19:57

ROBBERY 4600 W 136TH ST Sun 8/16/15 23:27

Property Taken: California identification card in Otoy's name, California driver's license in Lurch's name, identification card in Palacio's name, blk iphone 5s w/blk case w/eyore

ROBBERY 2800 W 120TH ST Mon 8/10/15 14:24

Property Taken: cash money, teal bank bag

ROBBERY 13600 SYUKON AV STREET, HIGHWAY, ALLEY 8/12/15 02:55

Property Taken: 18 Karat gold chain
ATTEMPT COMMERCIAL BURGLARY 3900 W ROSECRANS AV DOCTOR & DENTIST OFFICE, CLINIC Thu 8/13/15 11:54

BURGLARY – RESIDENTIAL 12500 S FREEMAN AV HOUSE Thu 8/13/15 15:06

ATTEMPT RESIDENTIAL BURGLARY 12500 S MENLO AV GARAGE ATTACHED Thu 8/13/15 18:03

BURGLARY – RESIDENTIAL 4800 W ROSECRANS AV Sat 8/15/15 08:53

Property Taken: mtn bike

BURGLARY – RESIDENTIAL 12800 S PRAIRIE AV APARTMENT COMMON AREAS (LNDRY,CLB HSE,ETC) Sat 8/15/15 11:39

Property Taken: husky paint compressor, various compact discs, skil power drill, skil circular saw, (2) power converters, dewalt drill bits, stereo electrical cables

BURGLARY – RESIDENTIAL 11900 S BIRCH AV HOUSE Tue 8/11/15 03:27 •

Hawthorne Happenings

News for the 'City of Good Neighbors'

From City Clerk Norb Huber
HISTORIC TOUR OF

HAWTHORNE CHAMBER CIVIC AWARDS

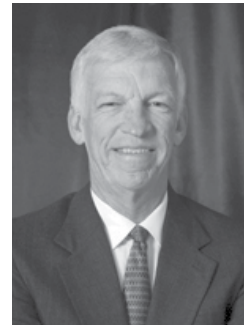
The Hawthorne Chamber of Commerce will be holding their annual civic awards luncheon on Friday, August 28 at the Memorial Center. Several awards will be given out to volunteers in Hawthorne along with the Citizen of the Year award. Call the Chamber 310-676-1163 for more information. CEO and Chamber President Pat Donaldson invites you to attend: "On behalf of the Hawthorne Chamber of Commerce I would like to invite you to be a Sponsor of our 45th Annual Installation of Officers & Civic Awards Presentation. The event will be held Friday August 28th, 2015, at 12:00 p.m. Registration starts at 11:00 a.m. at the Hawthorne Memorial Center, 3901 W. El Segundo Boulevard".

VFW TO HOST END OF THE SUMMER BBQ

The Hawthorne VFW Post 2075 invites the public to an End of Summer BBQ to be held on Saturday, September 19th at the VFW Post located on 131st in Hawthorne. I will have more details for you in future columns. Mark your calendar.

NEXTDOOR – YOUR NEIGHBORHOOD CHAT POSTING SITE

Remember the days when you had two choices to contact someone. Call them up or send them a letter through the US postal service. Now, we can text them, we can send a message through Facebook or Twitter, we can facetime them on our phones, we can send an email, or we send a group posting. It's really not cool to use a landline phone and call someone on their home phone. Most likely they are screening their calls and your name and phone number will show up on their television. If you have not joined Nextdoor,



you may want to check it out. It's a great way to know what is going on in your neighborhood. Once you join, you can post a question, tell your neighbors about a danger, or ask about a stray dog. It's a fun way to stay informed. You don't have to go next door to find out what is happening, you can just look at your phone or computer.

FAMILY

We all have one. Some of us have large families. Some of us come from a smaller family. But, no matter how many people are in our family, we all are part of a family. They come in different flavors. Close families, distant, dysfunctional, blended, extended, and multicultural families, they all make us related by blood, love or marriage. Some times our relatives are a challenge to get along with. Sibling rivalries and many times divorces create big divisions within the family structure. God has put us in a particular family unit to be part of that group to help and support one another. I'm flying up to Seattle this week to visit my sister and brother. Miles have separated us and our lives have been busy raising our kids and making our own livings. The years have passed and not as much communication has taken place to keep us very close. It will be good to reconnect, recount some of our past memories, and see how much each has aged. Families are a gift, we should cherish our time together.

NORTH HAWTHORNE HOMEOWNERS ASSOCIATION PICNIC THIS SUNDAY

Residents of the North Hawthorne area are invited to the NHHA annual picnic to be held this year on Sunday, August 30 at Eucalyptus Park from 12 noon to 4 p.m. Come out and get to know your neighbors

CONTACT

Email me: norbhuber@gmail.com. •

"Failure will never overtake me if my determination to succeed is strong enough."

- OG MANDINO

Seniors

5 Simple Time-Tested Tips For Aging Well



(BPT) - A health renaissance is taking place in America as more people are embracing aging well and being proactive rather than reactive about their well-being. Prevention has become the focus, and many aging Americans are turning to time-tested methods for keeping their bodies and minds healthy so they can live longer, higher-quality lives.

Kristen Johnson, certified personal trainer, registered dietician and nutrition expert at www.ontargetliving.com points out five time-tested strategies for aging well:

Daily exercise

"Daily movement is the real fountain of youth. It keeps us healthy from the inside out," says Johnson.

She notes that quality over quantity is what really matters.

"When it comes to improving overall fitness, high-intensity exercise for a short amount of time may be much more beneficial than low intensity for a long amount of time," Johnson says. "Research suggests that fat-burning hormones like human growth hormones and testosterone are stimulated by high-intensity exercise, while fat-storing hormones like cortisol may be lowered. Try increasing the intensity and frequency of your exercise, while decreasing the time spent."

Superfoods

The foods you eat influence how you look and feel, from glowing and confident to lethargic and sick. Selecting foods that people have eaten historically as nutritional powerhouses can help boost overall wellness.

"Superfoods are nutrient-rich foods, such as fruits, vegetables, ancient grains, healthy fats and lean proteins," says Johnson. "These foods naturally contain high amounts of antioxidants, vitamins and minerals, which all contribute to healthy aging."

A few to focus on:

- Carrots, squash and sweet potatoes are extremely beneficial for eye and skin health, thanks to high levels of beta-carotene, a type of vitamin A.
- Any brightly colored fruits and vegetables will have an abundant amount of antioxidants, and these help prevent oxidation and cell damage. Examples: raspberries, kale and cabbage.

- Carbohydrates like healthy grains, beans and potatoes help you produce serotonin, a calming and satiety hormone that helps fight stress and anxiety's negative effects.

Nutrients

Supplements help fill nutritional gaps, especially as the aging body requires greater amounts of certain vitamins and minerals. Johnson points out the importance of omega-3s for aging well.

"Omega-3 fats are essential for getting you healthy from the inside out, all while helping improve hormonal balance, brain health, weight loss and metabolism," she says. "Omega-3 fats are also extremely helpful for healthy skin, hair and nails."

Her favorite? Nordic Naturals Cod Liver Oil. "This contains EPA and DHA, both of which contribute to a healthy heart and brain," she says. "Cod liver oil also helps improve cellular function, energy and mood. Did you know cod liver oil can actually taste good? Try their delicious orange flavor."

Sleep

"Chronic lack of sleep is one of the fastest ways to age the human body," Johnson says. "Lack of sleep can have a huge impact on the appearance of skin, causing fine lines, wrinkles and dark under-eye circles. Not getting enough sleep can also cause your body to release a stress hormone called cortisol."

She notes that adequate sleep can positively influence cognitive ability, mood, weight loss and skin rejuvenation, so it should be a top priority for an aging-well routine. While the right amount of sleep will vary between individuals, the goal for most adults is around 7 to 8 hours a night.

Social activity

Human interaction can decrease as people age, but it's more important than ever to form and maintain bonds with others. Participating in social activity is a fun way to enjoy life and reap real health benefits.

"The American Medical Association has noted that stress is the basic cause for more than 60 percent of all human illnesses and diseases," says Johnson. "When you are socially active and surround yourself with people you enjoy, you may be less likely to feel lonely, unhappy, or unfulfilled, all of which can cause unwanted stress."

Finally, there's no need to become overwhelmed; start an aging-well routine by taking one small step and building healthy habits over time. This is what will lead to long-term success.

"Remember that it's never too late to start living a healthy and happy life," Johnson says. "Give yourself more reasons to smile and laugh! Did you know research suggests that happy people live longer, healthier and more fulfilling lives?"

Community Briefs

Free Social Security Workshop

The Inglewood Public Library will host a free Social Security workshop presented by Kevin Kugley of CalAnnuity.com. Learn all about Social Security and get answers to your questions on Saturday, September 5, 2015, from 10:30 a.m. to 12:00 p.m. in the Gladys Waddingham

Lecture Hall at the Main Library, 101 West Manchester Boulevard. This informative seminar covers the basics of Social Security, and reveals strategies for maximizing your benefits. This program is free and open to all. For more information about this program call (310) 412-5380.

LAWA Approves Sound Insulation Funding for Projects in IUSD

Los Angeles World Airports (LAWA) officials announced today that the Inglewood Unified School District will receive its first funding installment of \$10 million from LAWA for the District's Classroom Noise Mitigation Program. Sound-insulation construction will include replacing standard doors with thicker, solid doors; installing interior acoustic ceiling tiles and other insulation as needed; framing and insulating top floors; replacing standard windows with sound-rated windows; replacing/installing heating and air conditioning systems; miscellaneous electrical upgrades

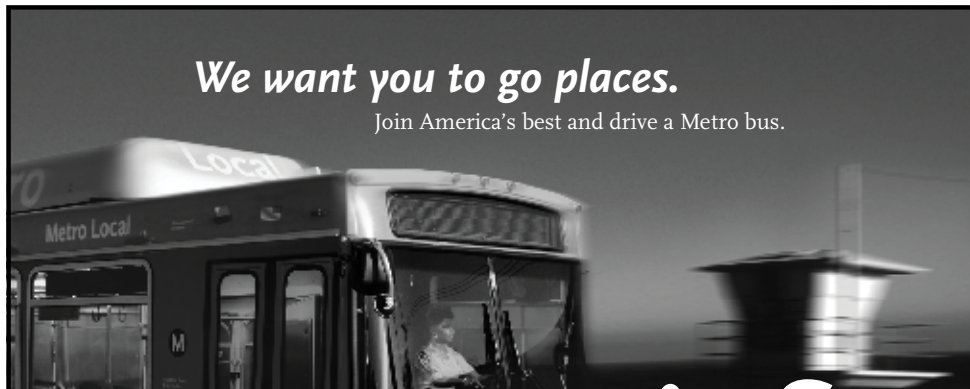
where needed; and other work necessary to achieve a targeted interior noise level of 45 decibels or less.

The FAA-approved plan provided funding for six Inglewood schools. This first work plan requests an installment of \$10 million for sound insulation at Payne Elementary School, Woodworth Elementary School, and the Child Development Center at Woodworth Elementary School. Other campuses that will be involved in the noise mitigation program include Oak Elementary School, Monroe Middle School, and Morningside High School.

WHEN WORLDS COLLIDE

By Elaine Simon

*Passing, rushing, here come the wiry boys.
Tiptoe, tiptoe, there go the graceful girls.
Thunder! Patter. Such is the clashing noise;
This day collide the touchdown and the twirls*



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Metro Briefs

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Want to reach Dodger Stadium faster this season? Now you can Go Metro to Union Station or Harbor Gateway Transit Center and connect with the Dodger Stadium Express. Your Dodger ticket is good for the fare! For more information, visit metro.net/dodgers.

Blue Line Station Upgrades Completed

Upgrades to all of the Blue Line stations have been completed. The features include new canopies, camera and video enhancements, improved lighting, fresh paint and tile work. Thank you for your cooperation during this effort. Stay tuned for future improvements by visiting metro.net/bluelineupgrades.

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Almost one million people are victims of human trafficking each year. Many of them are right here in LA County. If you have reason to believe someone might be a victim of human trafficking, don't be silent - report it. Call 888.950.SAFE. To learn more, visit metro.net/dontbesilent.



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Sports

Leuzinger, Morningside Gridders Begin Season Friday



A Leuzinger High ballcarrier attempts to get past tacklers during a recent intersquad scrimmage. The Olympians begin their season against Morningside Friday at Coleman Stadium

By Joe Snyder
Photo by Joe Snyder

The 2015 prep football season kicks off Friday at 7 p.m. between Leuzinger and host Morningside at Coleman Stadium in Inglewood. Last season, both teams finished 4-6 overall with the Olympians going 1-4 in the highly competitive Torrance-school studded Pioneer League and the Monarchs going 0-5 in the rugged Bay League after a 4-1 non-league slate.

Leuzinger should have a mostly experienced line but its skilled positions face rebuilding. Perhaps the top returning starter for the Olympians is senior defensive lineman-tight end Semesi Lauaki, who was a first team all-Pioneer selection. Lauaki is being scouted by several Major Division I colleges, including UCLA, University of Utah and Boise State.

"He did real well in summer competitions and we'll see how he does in the fall," Leuzinger head coach Damian Porter said of Lauaki.

Also back is senior linebacker Adrian Galera, a third year starting varsity player, along with another all-leaguer in senior offensive lineman-defensive end Amad Taylor. Another all-Pioneer player is senior running back Lionel Smith.

According to Porter, sophomore outside linebacker Loren Bowen and junior offensive lineman Bethel Perez had a very good offseason. Porter is also impressed with senior middle linebacker Edgar Mijares, who started seven games for Leuzinger last year.

"I expect big things from him," Porter said of Mijares. "He's stronger and faster."

The Olympians will be rather young and inexperienced at skilled positions. Juniors Jeremiah Smith, a part-time starter last year, and Antonio Haygood, a transfer from Los Angeles Jefferson High, are top candidates.

Leuzinger will be inexperienced in the receiving positions.

"It's a mixture of youth and experience," Porter said of the team. "We should be very good up front but young and inexperienced in the skilled positions."

The Olympians start Pioneer play at defending league champion and Western Division semifinalist West Torrance on October 9 at 7 p.m.

FLETCHER HOPES TO BRING MONARCHS BACK UP

After the last two seasons with Derwin Henderson, Lafayette Fletcher returned to head coach Morningside High's football team.

Fletcher spent a total of 25 seasons as head and assistant coach for the Monarchs before leaving in the 2010 season after a 1-9 record. His best as head mentor was in 2003 when Morningside advanced to the CIF-Southern Section Northwestern Conference final where it lost at Lompoc.

The Monarchs should have a respectful offense with six returning starters but did lose running back Christian Williams to graduation. Last season, Williams rushed for 1,840 yards and 15 touchdowns.

Leading Morningside's offense will be senior quarterback Travian McGee, senior center Jose Mejia, senior all-Bay League

wide receiver Darren Morgan, junior wide receiver Patrick Jeune and senior athletes Adarrus and Charles Akanno.

The Monarchs also hope to get some help from Jaylin Wright and six-foot-four senior Jerome Roseborough, who transferred from cross town rival Inglewood. On defense, Morningside will be led by Akanno and speedy senior defensive back Aaron Berry, both all-Bay Leaguers. Berry is also a standout track and field athlete for the Monarchs. Jeune and Wilson are also key defensive players.

Fletcher feels that the Monarchs figure to contend in the Bay, a league led by league power and defending Southern Section Western

Division Palos Verdes, Redondo (which returns most of its top starters from last year's league runner-up and Western Division quarterfinalist squad) and Manhattan Beach Mira Costa.

Morningside begins the Bay at Peninsula in Rolling Hills Estates on October 9 at 3 p.m.

SKYLANDERS GO UNBEATEN

The Skylanders finished the Hawthorne Parks and Recreation Youth Basketball League Division I (ages 6-7) with an unbeaten 10-0 record after topping the Matadors 18-12 Saturday at the Betty Ainsworth Gymnasium.

Zi Williams sparked the Skylanders with five points. Sarnay Matthews added four points and Joseph James chipped in three. Ryan Hendrix and Neal Smith shared the Matadors' high scoring honors with four points apiece.

ROCKERS EDGE KNIGHTS; HARD WORK WINS DIVISION

The Rockers finished second in the Hawthorne Parks and Recreation Division I play with a 7-5 win over the Knights on Saturday. Jordan Edwards led the Rockers with a game-high four points. Williams Wright sparked the Knights with three points.

The Hard Work won the Hawthorne Parks and Recreation Division IV (ages 12-13) regular season title at 7-3 after downing Shut Em Down 50-36 on Saturday. Amir Mayied led Hard Work with 12 points, followed by Kevin Elleby with 10. Kevin Hamilton led Shut Em Down (2-8) with 12 points and Dorian Paymore finished with eight.

WARRIORS TOP SHUT EM DOWN

The Warriors held on to defeat Shut Em Down 53-48 in Hawthorne Parks and Recreation Youth Basketball Division IV action Saturday. Garry Harris led the Warriors' balanced scoring attack with nine points. Tayay Hope had six points. Anthony Thompson and Michael Harron each put in five. Nile Alredge led all scorers with 21 points for Shut Em Down. Andy Alvarez tallied 18 points. •

PUBLIC NOTICES

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE (U.C.C. 6101 et seq. and B & P 24074 et seq.)

Escrow No. L-033179-JL
Notice is hereby given that a bulk sale of assets and a transfer of alcoholic beverage license is about to be made. The names, Social Security or Federal Tax Numbers, and address of the Seller/Licensee are: LEE, MEEHAN, 1190 S. LA BREA AVE, INGLEWOOD, CA 90301
The business is known as: SPEEDY SPOT LIQUOR

The names, Social Security or Federal Tax Numbers, and addresses of the Buyer/Transferee are: HELLUVA GOOD TIME, INC, 1190 S. LA BREA AVE, INGLEWOOD, CA 90301
As listed by the Seller/Licensee, all other business names and addresses used by the Seller/Licensee within three years before the date such list was sent or delivered to the Buyer/Transferee are: NONE

The assets to be sold are described in general as: FURNITURE, FIXTURES AND EQUIPMENT, TRADENAME, GOODWILL, LEASE, LEASEHOLDER IMPROVEMENT, COVENANT NOT TO COMPETE AND ABC LICENSE and are located at: 1190 S. LA BREA AVE, INGLEWOOD, CA 90301
The kind of license to be transferred is: Type: OFF-SALE GENERAL, License Number: 21-518425 now issued for the premises located at: 1190 S. LA BREA AVE, INGLEWOOD, CA 90301

The anticipated date of the sale/transfer is SEPTEMBER 15, 2015 at the office of: TOWER ESCROW, INC, 3600 WILSHIRE BLVD, STE 426, LOS ANGELES, CA 90010

The amount of the purchase price or consideration in connection with the transfer of the license and business, including the estimated inventory \$70,000.00, is the sum of \$340,000.00, which consists of the following: DESCRIPTION, AMOUNT: BUYER DEPOSITED INTO ESCROW IN THE AMOUNT OF \$10,000.00; BUYER WILL DEPOSIT INTO ESCROW IN THE AMOUNT OF \$330,000.00

It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec. 24073 of the Business and Professions Code, that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.

DATED: JUNE 24, 2015
SELLERS: LEE, MEEHAN
BUYERS: HELLUVA GOOD TIME, INC
LA1574256 INGLEWOOD NEWS 8/27/15
Inglewood News Pub. 8/27/15

To: Defendant, Illegally Uninsured Employer
Applicant: HELIODORO MEZA, ADJ9341946
Defendant: CHARLES ANDRE CHARVET, an individual dba A CITY OF ROOFING NOTICES

1) A lawsuit, the Application for Adjudication of Claim, has been filed with the Worker's Compensation Appeals Board against you as the named defendant by the above-named applicant.

You may seek the advice of an attorney in any matter connected with this lawsuit and such attorney should be consulted promptly so that your response may be filed and entered in a timely fashion.

If you do not know an attorney, you may call an attorney reference service or a legal aid office. You may also request assistance/information from Information and Assistance Officer of the Division of Worker's Compensation (see telephone directory.)

2) An answer to the Application must be filed and served within six days of the service of the Application pursuant to Appeals Board rules; therefore, your written response must be filed with the Appeals Board promptly; a letter or phone call will not protect your interests.

3) You will be served with a Notice(s) of Hearing and must appear at all hearings or

conferences. After such hearing, even absent your appearance, a decision may be made and an award of compensation benefits may issue against you. The award could result in garnishment of your wages, taking of your money or property, or other relief.

If the Appeals Board makes an award against you, your house or other dwelling or other property may be taken to satisfy that award in a non-judicial sale, with no exemptions from execution.

A lien may also be imposed upon your property without further hearing and before the issuance of an award.

4) You must notify the Appeals Board of the proper address for the service of official notices and papers and notify the Appeals Board of any changes in that address.

Name and address of Appeals Board:
Worker's Compensation Appeals Board
6150 Van Nuys Blvd. Rm 110
Van Nuys, CA 91401
Name of Applicant's Attorney
Robert D Blinder Esq./ Glazer & Blinder
23945 Calabasas Rd, Suite 200
Calabasas, CA 91302

Inglewood News Pub. 8/13, 8/20, 8/27, 9/3/15

HI-24817

PUBLISH YOUR PUBLIC NOTICES HERE

Order to Show Cause for Change of Name Case No. SS028361

Superior Court of California, County of
Petition of: Rachel Kristen Johnndrow for
Change of Name

TO ALL INTERESTED PERSONS:
Petitioner filed a petition with this court for a decree changing names as follows:
Rachel Kristen Johnndrow to Rachael Kristen Jeandreau

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: September 18, 2015, Time: 8:30am,
Dept.: K

The address of the court is
1725 Main St., RM 102
Santa Monica, CA 90401

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Hawthorne Press Tribune

Date: JUL 24 2015
Gerald Rosenberg
Judge of the Superior Court
Hawthorne Press Tribune Pub. 8/13, 8/20, 8/27, 9/3/15

HI-24811

Things do not happen.
Things are made
to happen.
-
John F. Kennedy

HI-24828

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Beanie acts sassy but is sweet and loves to cuddle.

Looking for your purr-fect match? Kitties of all colors and sizes are ready for the forever home with you.

Espresso Bean (or Beanie as his friends call him) is a tortoiseshell cat. He was named after his stunning markings. He also has a unique meow which sounds like a chirp and he uses it in asking to be petted, which is his favorite thing. Like most tortoiseshell cats, Beanie has plenty of sass! But you will quickly find out that he's really just a big softie. Beanie would love to play with you and then cuddle up and watch a movie while you pet him. His ideal forever home would be a quiet one in a home with just adults, but he is okay around older children too. Beanie would also love a home where he could be the only cat or with other cats who leave him alone.

Coco was rescued from a shelter with her kittens, who have all been adopted. With her tiny face, lithe body, and gorgeous ticking along her sides, Coco is definitely an Abyssinian mix. Not only does she look the part, but she has the personality to match! She is super smart, very inquisitive, outgoing, and loves to climb. Coco will perch on your shoulders if she can, always wanting attention and love for as long as you can give it. She needs a home where she will be challenged mentally and given lots of playtime to keep her from getting bored. This fabulous little lady loves people and with the correct introduction and personality, is ok with other cats. She is very energetic and playful, but also loves to lounge around and stare out the windows. Coco has the most precious meow ever, not super loud, just a little chirp when she's got something exciting to say.

Finn is an orange tabby and there's no denying he's a handsome cat with a cute

white mark on his nose. He still loves to play like a kitten and is an explorer cat who loves to climb. One of his favorite things to do is keep lookout from the top of a cat tree. Finn would love to keep you company and follow you around, staying on top of all the action! He is looking for his forever home with his sister and best friend Karma. They've been a bit confused after their owners gave them up for adoption. But if you give them a little time and a lot of love, Finn and Karma will settle right in! Because they grew up together,



Coco is an Abyssinian mix, and is smart and inquisitive.



Karma is sweet and loves to be petted.

they can be nervous around other kitties, so Finn and Karma need a home where they can be the only cats.

Karma is a beautiful brown tabby with striking markings that makes her look a bit like a baby tiger! However her personality is definitely more of that of a lap cat. She loves to snuggle and would be so happy curling up with you and watching TV - in between naps, of course! Karma will even let you pick what you watch together! She can be a bit shy at first, but you will quickly

see that she is just a sweet cat who loves to be petted. A forever home with her brother and best friend Finn would be the best for Karma. Growing up together, Karma and Finn are not used to other kitties and need a home where they will be the only cats.

These kitties are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org or email us at mail@kittenrescue.org. Your tax deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Blvd. #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Blvd. just south of Manchester Ave. and also in Mar Vista at 3860 Centinela Ave, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location. •

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Support animal rescue.*



Finn is an explorer.

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- HEALTH ISSUES
- IN TRAINING
- BEING REHABILITATED
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Fictitious Business Name Statement 2015194477

The following person(s) is (are) doing business as MODEL CITIZEN, 313 VIRGINIA ST., #5, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): PATRICK STRONG, 313 VIRGINIA ST. #5, EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: PATRICK STRONG, Owner. This statement was filed with the County Recorder of Los Angeles County on July 24, 2015.

NOTICE: This Fictitious Name Statement expires on July 24, 2020. A new Fictitious Business Name Statement must be filed prior to July 24, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/6, 8/13, 8/20, 8/27/2015. H-1300



Fictitious Business Name Statement 2015198148

The following person(s) is (are) doing business as 1) SUPER SACK BROTHERS; 2) SUPER SACK BROS.; 3) SACK BROS.; 4) SACK BROS.; 5) SACK BROTHERS; 6) SUPER SACK BROS., 1428 MANHATTAN AVE., HERMOSA BEACH, CA 90254, LOS ANGELES COUNTY. Registered Owner(s): STEPHEN DEAN PLIACONIS, 1428 MANHATTAN AVE., HERMOSA BEACH, CA 90254. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: STEPHEN DEAN PLIACONIS, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 29, 2015.

NOTICE: This Fictitious Name Statement expires on July 29, 2020. A new Fictitious Business Name Statement must be filed prior to July 29, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/6, 8/13, 8/20, 8/27/2015. H-1301

Fictitious Business Name Statement 2015204941

The following person(s) is (are) doing business as iBody Sports Therapy, 240 Center Street, El Segundo, CA 90245, Los Angeles County. Registered Owner(s): Yolanda Richeson, 824 E. Grand Ave #6, El Segundo, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: Yolanda Richeson, Owner. This statement was filed with the County Recorder of Los Angeles County on August 6, 2015.

NOTICE: This Fictitious Name Statement expires on August 6, 2020. A new Fictitious Business Name Statement must be filed prior to August 6, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. H-1302

Fictitious Business Name Statement 2015193686

The following person(s) is (are) doing business as 1) "Powell-Contract: UCC Treasury Trust Account.", 2) Exemption ID: 409155639, 4024 W 165 ST, LAWNDALE, CA 90260, LOS ANGELES COUNTY. Registered Owner(s): BRYAN ONEAL POWELL, 4024 W 165 ST, LAWNDALE, CA 90260. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: July 7th. Signed: BRYAN ONEAL POWELL, Owner. This statement was filed with the County Recorder of Los Angeles County on July 24, 2015.

NOTICE: This Fictitious Name Statement expires on July 24, 2020. A new Fictitious Business Name Statement must be filed prior to July 24, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

Lawndale Tribune: Pub. 8/13, 8/20, 8/27, 9/3/2015. HL-1303

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ABANDONMENTS: \$125.00
ABC NOTICES: \$125.00
DBA (Fictitious Business Name): \$75.00
NAME CHANGE: \$125.00

Fictitious Business Name Statement 2015193501

The following person(s) is (are) doing business as COFFEE PLUS RM, 2525 W 190th ST, TORRANCE, CA 90504, LOS ANGELES COUNTY. Registered Owner(s): 1) MOHAMED RASHEED ABDUL LATHIEF, 1641 242nd PLACE #E, HARBOR CITY, CA 90710; 2) FATHIMA MUNAZZAH LATHIEF, 1641 242nd PLACE #E, HARBOR CITY, CA 90710. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MOHAMED RASHEED ABDUL LATHIEF, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 23, 2015.

NOTICE: This Fictitious Name Statement expires on July 23, 2020. A new Fictitious Business Name Statement must be filed prior to July 23, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

Torrance Tribune: Pub. 8/13, 8/20, 8/27, 9/3/2015. HT-1304

Fictitious Business Name Statement 2015196557

The following person(s) is (are) doing business as ART'S AUTO SERVICE, 4712 ROSECRANS AVE., HAWTHORNE, CA 90250, LOS ANGELES COUNTY. Registered Owner(s): 1) VEKIN YEGHIAYAN, 3731 W. 226th ST., TORRANCE, CA 90505; 2) SILVA YEGHIAYAN, 3731 W. 226th ST., TORRANCE, CA 90505. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SILVA YEGHIAYAN, Wife. This statement was filed with the County Recorder of Los Angeles County on July 28, 2015.

NOTICE: This Fictitious Name Statement expires on July 28, 2020. A new Fictitious Business Name Statement must be filed prior to July 28, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

Hawthorne Press Tribune: Pub. 8/13, 8/20, 8/27, 9/3/2015. HH-1305

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

- Mark Twain

Fictitious Business Name Statement 2015196568

The following person(s) is (are) doing business as New Horizons Aircraft Ignition Repair, 308 #B E. Franklin Ave., El Segundo, CA 90245, Los Angeles County. Registered Owner(s): 1) Howard R. Johnson, 1049 E. Acacia Ave., El Segundo, CA 90245; 2) Nancy L. Johnson, 1049 E. Acacia Ave., El Segundo, CA 90245. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: Aug. 21, 1987. Signed: Howard R. Johnson, Owner. This statement was filed with the County Recorder of Los Angeles County on July 28, 2015.

NOTICE: This Fictitious Name Statement expires on July 28, 2020. A new Fictitious Business Name Statement must be filed prior to July 28, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. H-1306

Fictitious Business Name Statement 2015200933

The following person(s) is (are) doing business as Essenceworld, 3 Vicente Terrace #201, Santa Monica, CA 90401, Los Angeles County. Registered Owner(s): Shiva Afzali, 3 Vicente Terrace #201, Santa Monica, CA 90401. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SHIVA AFZALI, Owner. This statement was filed with the County Recorder of Los Angeles County on August 3, 2015.

NOTICE: This Fictitious Name Statement expires on August 3, 2020. A new Fictitious Business Name Statement must be filed prior to August 3, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. H-1307

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Spring Toasted Almond Fruit Salad



Yield: 8 servings
Prep time: 15 minutes
Cook time: 12 minutes

Ingredients

- 1 1/4 cups sugar, divided
- tablespoons lemon juice
- teaspoons grated lemon zest
- cup (4 ounces) Fisher Chef's Naturals Sliced Almonds
- teaspoon dry ginger
- Pinch of salt
- 2 pints blackberries
- 2 pints raspberries
- 2 Granny Smith apples, cored, quartered and cut into 1/2-inch slices
- 1 pint raspberry sorbet
- 1/4 cup small basil leaves

Preparation

1. **Make the syrup:** In a small saucepan, bring 1/2 cup water and 1/2 cup of the sugar to a simmer and cook until the sugar dissolves, two to three minutes. Remove from the heat and transfer to a small bowl. Add the lemon juice and zest. Refrigerate.
2. **Caramelize the nuts:** Rinse out the pan used to make the syrup and dry well. Add the remaining 3/4 cup sugar and enough water for it to look like wet sand. Cook over medium heat until the sugar caramelizes and browns, approximately five to eight minutes. Add the almonds and carefully stir to coat the nuts with the caramelized sugar. Season with the dry ginger and a pinch of salt. Transfer to a baking sheet to cool and harden. When hard, break into bite-size pieces.
3. **Assemble the salad:** Toss the blackberries, raspberries and apple slices with the lemon syrup in a large bowl. Refrigerate until ready to serve. The colder the fruit, the better. When ready to serve, top with the almond brittle, a 1/4 cup scoop of raspberry sorbet and the basil leaves. Serve immediately.

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