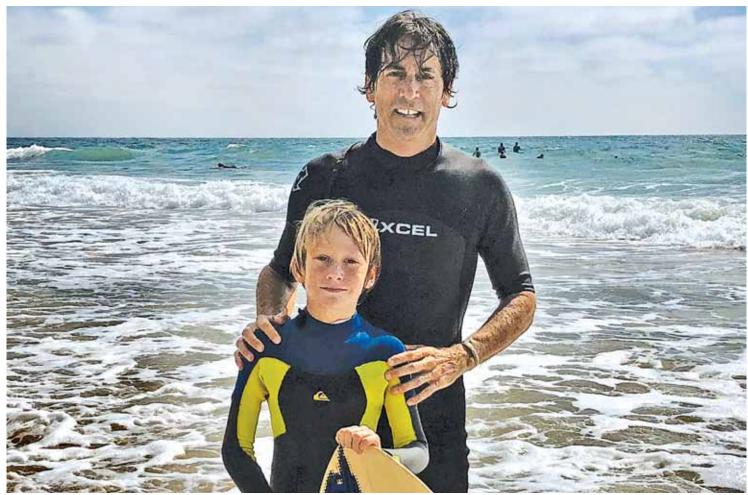
Egundo El Segundo

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 110, No. 6 - February 11, 2021

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Weekend Forecast Friday AM Showers 64°/51° Saturday Partly Cloudy 61°/52° Sunday Mostly Sunny 65°/50°

El Segundo Local Helps Couples Build Healthy Relationships



Brian Mattson and his son Kaden enjoy surfing the waters off El Segundo Beach. This is part of our "Love Thy Neighbor" series. Send your nominees to letters@heraldpublications.com. Please get the nominee's permission to be interviewed, before submitting to us. See Brian's story in the yellow box below. Photo courtesy Brian Mattson.

El Segundo's Prolific Writer Eric Beetner Keeps Churning-Out the Books

By Duane Plank

"Noir is a genre of crime film or fiction characterized by cynicism, fatalism, and moral ambiguity." I know that because...I looked it up. "Right and wrong," said the site I perused, "are not clearly defined, while the protagonists are seriously and often tragically flawed."

Well, El Segundo resident Eric Beetner is not only a successful TV editor and producer, but he is also a prolific writer of books, with his focus mainly on crime novels and thrillers. The genre noir!

Beetners forays into the noir genre have generated numerous nominations for industry awards, as well as plaudits from other authors and book reviewers. He has been hailed as "a crime writer's crime writer," "the standard by which all current and hardboiled noir writers should be judged;" and labeled as "probably the best storyteller that you have never heard of." Pretty high praise for a moonlighting writer who has a "real job" as a television editor.

Beetner was born in Iowa, then moved to Northern California at a young age. After his parents divorced, he bounced back to Iowa and later settled-in with his father in Connecticut, where he spent his formative years. He attended film school at Emerson College, located in Boston. Two weeks after graduating from Emerson, he boarded a plane heading West to Los Angeles, looking to kick-start his career.

Beetner said that in pursuing the type of career he was trained for, the jobs are "either here or New York." He spent "a little bit of time in New York," working for a visual effects company, living with a buddy of his in Manhattan. Beetner said that when he was growing up in Connecticut, he always thought he would settle in New York, but after living there for a summer, he concluded that "if you don't have any money," this may not be the place to put down roots.

"Literally when I landed in LA, I was picked up at the airport in a convertible by friends who had a place in Venice," he said. "The weather was good; it was a beautiful spring day." Beetner hung-out with his Venice pals and quickly decided that "this is good...I will be here for a while." That was in 1993.

Two in the Head, Beetner's latest book (he has now penned 26), is a bit of a departure for the prolific author. While still a thriller, still a crime novel, Beetner said Two in the Head takes a "sharp left turn away from reality," dabbling in the science fiction genre. It involves scads of illicit drug money, a car-bombing, and the resultant split personality of the protagonist Samantha into the good and bad Sam. Beetner's latest effort is hailed as fast-paced and action

See Eric Beetner, page 12

Relationship Specialist Brian Mattson Gives Advice for Valentine's Day

By Kiersten Vannest

When you think of Valentine's Day, you may think of mass-produced cards, a dozen red roses, and a heart-shaped box of chocolates. Perhaps you see it as just a special day to celebrate the love in your life. Whether you think of it as a commercial holiday or another way to express your devotion, relationship specialist and El Segundo resident Brian Mattson, MFT, says the best way to celebrate this holiday with your partner is to listen to them. Sounds simple, right?

Mattson, born in Kansas City and a graduate of the University of Kansas, realized that his life was about to change when he got a promotion at his suit-and-tie consulting job.

"They kind of laid out my future, and I literally fell against my boss's door in depression," says Mattson. Two weeks later, he quit that job, sold everything, and moved to San Francisco. He began working in a bookshop focused on psychology and spirituality, and as he read and learned more about it, he knew he wanted to pursue this new course. He went to graduate school in LA, and got a job working with foster kids in South Central LA. From here, his work evolved into helping couples.

"I got a reputation for working with kids, but what ended up [happening] was the kids were usually okay," he says, "It was the parents that needed help." Through his work with parents, he narrowed down

See Brian Mattson, page 7

Obituaries

In Memory of Michael G. Williams

Michael passed away suddenly on Wednesday, January 27, age 69. He was a man of many talents, including photography, soccer, computing, and most of all, intellectual pursuits. He had an innate understanding of politics, and was always ready for a good debate. He loved music, and shared his taste for all genres with his children.

He emigrated to the US as a teenager, eventually becoming an official citizen. After several moves around California and Hawaii, he made El Segundo his home in 1989. His wealth of knowledge and natural charm made him many friends from all walks of life. He had a generous heart, and



a strong sense of integrity.

He leaves behind his wife, Seran, his daughter Atarah Dymally, his stepdaughters Alexis and Martine Yemma, his brother Butch (Ronald), his sisters Jacqueline and Allyson and many, many family members. His beloved son Michael Dymally, aka Young Mike, preceded him in death. We will celebrate Michael at every turn, and we are

planning a 70th birthday bash in his honor in August.

He was a big supporter of the Music Maker Relief Foundation, public television and radio, and the ACLU. Donations in his name may be made to any of these organizations. •

Your Neighborhood Therapist

Dear Neighborhood Therapist,

I am experiencing a high level of anxiety that I think is partly connected to my job, and maybe of course everything else that is happening in the world right now. Are there specific tools that I should use in order not to feel so terrible?

- Fix Me Please, El Segundo

Dear Fix Me Please,

This is one of the most frequent requests I receive, and I fear that I often disappoint people with my answer, which is this: it is likely to be no more helpful for me to suggest tools to manage anxiety than it would be for you to research it yourself. Read some articles and watch some videos, and see what works for you.

I know that is not a satisfying answer, but unfortunately the self-help industry has trained us to believe that the problems of life all have "solutions" if we just "work on ourselves." But what would happen if I, a trained professional and supposed "expert," were to recommend some tools and coping mechanisms that didn't work for you? I suspect it would only make the anxiety seem worse, with a feeling of, "I'm not even capable of helping myself, or maybe I'm beyond help."

You might feel bad, but you'd be in good company: "tools" do not work for everyone! Many do not find meditation, mindfulness practices, positive self-talk or any other kind of self-help very helpful at all. Self-help is an industry. It is designed to separate you from your money. Self help gurus tell you their methods should work (and thus implying that it's your fault they do not) is far more profitable than saying, "Buy this book. There

See Therapist, page 11

Valentines from the Heart

Happy Valentines Day Mr. Wonderful! Thank you for being the wind beneath my wings. Love Forever, Carrie PLP

You've made me feel special every day we've been together. You're the best Valentine ever. I Love You!

Lisa



My heart has found so many new ways to love and be loved because of you, my eldest daughter. I love you bunches and bunches!

Mom



Valentine's Day is one more opportunity for me to share with the World how much I love you, my youngest daughter. It's endless! Love,

Mom

www.jewelrysourceUSA.com

Matthew.

Here's to many more years of weekly crosswords, morning coffee walks, and constant laughter. I can not wait to marry you! Love,

Annabelle

A Very Happy Anniversary To A Very Special Someone!





From all of us at Herald Publications.



Film Review

Olivia Cooke and Jack O'Connell Fall In and Out of Love-And Consciousness-in Little Fish

By Morgan Rojas for cinemacy.com

While Little Fish is, at its heart, a sci-fi romance, its central story of a devastating virus causing irreversible damage to its affected has become less "science fiction" and more accurately the bizarre reality in which we live. Based on the short story by Aja Gabel, Little Fish-directed by Chad Hartigan-is a sensitive protagonist. However, Olivia Cooke and Jack O'Connell give passionate performances that allow us to connect. Set to a sweeping score by composer Keegan Dewitt, Little Fish embraces its dark undertones. Even the title alone has an ironic ring to it, as it's commonly believed that fish have a memory span of 30 seconds, their forgetfulness being their weakness.



Little Fish, courtesy IFC Films.

and thought-provoking independent film that sparks nostalgia for simpler times.

Little Fish is a story about falling in love and falling out of consciousness, of waking up one morning and not recognizing the love of your life. Newlyweds Emma (Olivia Cooke) and Jude (Jack O'Connell) have a steady relationship-a true "us against the world" outlook-but even their bond isn't immune to the newly discovered virus causing catastrophic symptoms. NIA (also known as Neuro-Inflammatory Affliction) is a wicked virus that attacks the brain and causes permanent memory loss. Some lose it all at once, others fade slowly. And Jude, regrettably, is fading away slowly.

Without a cure and complete memory loss inevitable, Emma and Jude take it upon themselves to recreate the moments from their love story in the hopes of prolonging his conscious mind. Cue the polaroids with notes written on the back, daily walks around the neighborhood, and tattooing a little fish on their feet-symbolic of their deeply felt love for each other-all serving as Emma's ways of recording everything she can to cherish the present moment.

Much like Jude's slow progression towards the unfamiliar, Little Fish feels like a slow and somber drip of passing time. It's heavy and heartbreaking, matching the grim outlook of our

As we're all still in the thick of fighting through the emotional hardships of our collective COVID pandemic, Little Fish holds up a mirror and asks how we can better remember the moments that are important to us. It's not possible to put time in a bottle, but we all have those moments that were so special, you wish you could relive them again and again (for most of us, that moment is anytime pre-March 2020). Little Fish, now available On Demand and at Cinelounge Drive-In Hollywood, encourages us to treat memories as sacred gifts because life without memory is no life at all. •



ESUSD OK's Third Graders Return to the Classroom, Reopening of **Eagles' Nest Preschool**

By Duane Plank

Tuesday evening's virtual El Segundo Unified School District's (ESUSD) virtual School Board meeting, held on the WebEx platform, yielded a plethora of information to please both District parents and students.

The Board passed an action item that will allow third grade students whose parents selected the hybrid learning option to return to the classroom environment later this month. District Transitional Kindergarten-2nd grade students had initially returned to the classrooms in December but had to take a three-week break because of rising COVID concerns. The TK-2nd grade students returned to the classrooms on Feb. 2.

The Board also approved an action item to return fourth and fifth grade students to their classrooms when deemed permissible. And Eagles' Nest Preschool Executive Director Guadalupe Grijalva made a presentation to the assembled board members detailing the plans to reopen the school for the 2021-22 school year. The Board also passed that action item.

Grijalva informed the board members of the details to reopen the Eagle's Nest school by following "all state and local health orders ensuring preschool students' safety."

But the main presentation during the twohour minute meeting was helmed by the troika of ESUSD Superintendent Dr. Melissa Moore, Dr. Dylan Farris, Executive Director of Human Resources, and Ali Rabiei, Director of Maintenance and Operations. The presenters revealed a 21-page PowerPoint presentation that delineated California Department of Public Health (CDPH) evolving guideline changes, such as implementing smaller learning cohorts, reopening requirements for in-person schooling, and recommending face-covering for any school staff who have routine contact with others.

The CDPH has also set a COVID case requirement for the reopening of grades 4-6. Moore said she hoped that the ESUSD would be able to start in-person learning for the District's fourth through sixth graders, if all continues to trend well, in the first week of March, but like every facet of kick-starting in-person learning, the ESUSD must follow the established public health directives, and those directives are driven by infection-rate data. It appears that opening-up the classroom doors for students in grades seven-12 may be

Moore has previously said that the District was planning on presenting to the Board information about getting the sixth-graders into the classroom and upcoming activities for ESHS seniors at the Feb. 23 Board meeting.

A health screening update was offered, which includes temperature checks and the addition of the Ruvna health screening application to the District's arsenal. As for a protective mask update, Rabiei noted the latest information from the CDPH for staff who come into routine

contact with others, with the CDPH recommending the use of disposable 3-ply surgical masks, which have been more effective than face coverings.

The next slide portrayed exposure management (number of actual COVID cases on campus), which currently tallies 12. The resultant actions taken by the District to mitigate the spread of the virus were listed. At this point, there was no transmission of the virus in the first nine cases; the last three cases are more recent, and it has not been determined if there is any transmission. A follow-up slide included emailed Ferris "all reports of people who have contacted COVID that we know of, even if they were not at school (includes distance learning, COVID during winter break, etc." That number was 27.

A District vaccine update was provided in the presentation. ESUSD Human Resources has provided all employees with letters to verify their employment in the District and is encouraging any employee who qualifies to take the shot in the arm as soon as possible.

Dr. Moore's recommendation to the Board: return third grade students to campuses under the guise of the guidelines of the Los Angeles County Department of Health. This return looks to be on target for implementation later in February. Once back on campus, the students would participate in the AM/PM hybrid learning model, which means some students would start their school day with distance learning and then head to the campus in the afternoon. Another group of students would start their day on campus, returning home later in the day to partake in distance learning. Each group of students would spend 2 ½ hours per day in the classroom environment, with approximately 12 students and two adults in the classroom.

Moore also recommended that fourth and fifth grade hybrid students return to the classroom as soon as the COVID-19 adjusted case rate falls below a certain threshold determined by the CDPH.

As for the Eagle's Nest presentation, Grijalva spoke to the Board and parents and teachers watching virtually about the implementation of stable student-teacher cohorts, physical distancing, symptom monitoring, face masking, cleaning and sanitation plans, as well as updating the student drop off and pick-up procedures.

Grijalva also spoke about the potential reduction of school session hours, the proposed size of the 2021-22 learning cohorts, revising prior daily school routines, limiting parents on campus, and utilizing enhanced outdoor space for students to eat their meals.

Prior to the meeting, Grijalva had emailed that "I am excited to be speaking to the ESUSD school board about the reopening plan for Eagles' Nest Preschool in the fall. Families in the community are eager to return, and staff is looking forward to returning to their classrooms.

See ESUSD, page 9



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Love Thy Neighbor

Dear El Segundoans,

The Herald staff and I only know so many El Segundoans, but we want to learn about more of you. With 8,000 residents, we're sure there are some gems we may have overlooked or not been aware of them. Do you have an interesting friend, neighbor or student? With most of El Segundo sports and events on hold, we are looking to do more El Segundo residents' profiles. All you have to do



is ask their permission and send us their contact information. Of course, if you find yourself fascinating, send us your information too.

- Best to you all. HM.

Send your suggestions in to letters@heraldpublications.com

Please have your nominee's approval before you submit them as a nominee.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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To appear in next week's paper, submit your Classifed Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

Police Reports

Monday, February 1st

One male adult was arrested at 1050 hours in the 200 block of South Douglas Street for a hate crime, felony vandalism and one outstanding felony probation warrant.

A burglary (commercial) report was taken at 0732 hours from the 800 block of North Douglas Street. Unknown suspect(s) smashed the glass door of the business.

A found property report was taken at 1310 hours from Grand Avenue and Main Street. Found was a black wallet.

An unauthorized use of an access card report was taken at 1326 hours from the 800 block of East Grand Avenue. Unknown suspect(s) used the victim's debit card to buy an X-box.

An online petty theft report was taken at 1631 hours from the 900 block of Main Street. Unknown suspect(s) stole a hub cap from the victim's vehicle.

A felony vandalism report was taken at 1750 hours from the 2200 block of East Imperial Highway. Unknown suspect(s) smashed the victim's vehicle front windshield.

A felony vandalism report was taken at 1800 hours from the 2000 block of East Mariposa Avenue. Unknown suspect(s) smashed the victim's vehicle front windshield

A found property report was taken at 2300 hours from Imperial Highway and California Street. A black wallet was found.

One male adult was arrested at 0054 hours from the 1700 block of East Sycamore Avenue for misappropriation of lost property and possession of burglary tools.

Tuesday, February 2nd

Two male adults were arrested at 0640 hours from Franklin Avenue and Standard Street for grand theft auto, conspiracy, possession of burglary tools, proving false information to a peace officer and one LASD misdemeanor warrant.

An identity theft report was taken at 0951 hours from the 300 block of Main Street.

See Police Reports, page 9

PUBLIC NOTICES

Fictitious Business Name Statement 2021028084

The following person(s) is (are) doing business as AT&T MOBILITY, 12770 HAWTHORNE BLVD., HAWTHORNE, CA, 90250, LA COUNTY.

Registered Owner(s): NEW CINGULAR WIRELESS PCS, LLC., 1025 LENOX PARK BLVD, NE, ATLANTA, GA, 30319, LLC - DE This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed

above on: 01/2007. Signed: NEW CINGULAR WIRELESS PCS, LLC, MANAGER, JACKIE A. BEGUE. This statement was filed with the County Recorder of Los Angeles County on February 2, 2021. NOTICE: This Fictitious Name Statement expires on February 2, 2026. A new Fictitious Business Name Statement must be filed prior to February 2, 2026. Fictitious Business Name in violation of the rights of another Section 14400 ET SEQ., Business and Professions Code). Pub. 2/11, 2/18, 2/25,

El Segundo Herald: H-2080

Name Statement 2021028948

The following person(s) is (are) doing business as SAINT JOHN'S CANCER INSTITUTE, 2200 SANTA MONICA BLVD, SANTA MONICA, CA, 90404, LA COUNTY. Owner(s): JOHN WAYNE INSTITUTE, 2200 SANTA Registered MONICA BLVD. SANTA MONICA. CA.

This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on:

JOHN WAYNE CANCER Signed: INSTITUTE. PRESIDENT, MICHAEL ROGER RICKS. This statement was filed with the County Recorder of Los Angeles

County on February 3, 2021 NOTICE: This Fictitious Name Statement expires on February 3, 2026. A new Fictitious Business Name Statement must be filed prior to February 3, 2026, Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Pub. 2/11. 2/18. 2/25. El Segundo Herald:

Fictitious Business Name Statement 2021025045

The following person(s) is (are) doing business as SHOP BAJO LA LUNA, 1) 236 S. IRENA AVE., REDONDO BEACH, CA 90277. LOS ANGELES COUNTY; 2) 18403 FALDA AVE., TORRANCE, CA, 90504. Registered Owner(s): LIZA RIVERA, 236 IRENA AVE., REDONDO BEACH, CA

This business is being conducted by an individual. The registrant commenced to transact business under the fictitious N/A.

Signed: LIZA RIVERA, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 29, 2021 NOTICE: This Fictitious Name Statement expires on January 29, 2026. A new Fictitious Business Name Statement must be filed prior to January 29, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business

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El Segundo Herald: Pub. 2/11, 2/18, 2/25, 3/4/21 H-2082

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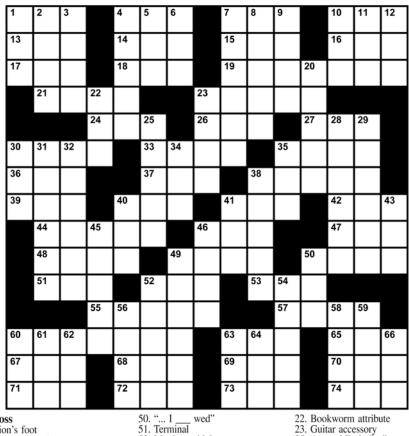
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WEEKLY CROSSWORD

See Answers Next Week



Across
1. Lion's foot

Circular veggie
 Bonfire fallout

10. Crime organization 13. Have a position 14. Magician's stock item

15. Piggy 16. Feeling of wonder

Veteran mariner 18. Mined metal

19. Got in shape "Father Knows _

23. Segments 24. Quaint dance

Slick, in a way Depressed

30. Rage

Billiards equipment Precious

36. Till bill

37. Bic filler

Verse writers 39. Scott Joplin tune

40. Occasional 41. Divide in a way Assistance

Oath taker's book

46. Dieters no no Blubber

48. Luggage 49. School subject

Come up for 71. Lion's home

74. Acquire intelligence Down

Light stroke
 Middle East inhabitant

52. Moving vehicle 53. Attach, with "on"

55. Lens57. Islets on maps

60. Kind of court

65. Kringle aide "Live and Let

69. Census info

72. You betcha!

73. Auction action

63. It has a price on it

68. Directly, directionally

3. "What ___ you thinking?"
4. ID necessity, often

Aural device

6. Bolted down 7. Charge

Classic board game 9. Warm up 10. Staff, in a way

11. Have a debt to

20. Magazine edition

Resting place

23. Guitar accessory and Prejudice"

28. Secure 29. Fancy he's a jolly ... 30.

Incompetent 32. Area 34 Rain cats

35. Profit bringer, cash

38. Rustic ways 40. Long established

Warmed the bench Change the colour of, as hair

45. Mark of courage for law enforcement personnel Room coolers

49. Lumps

50. Tandem bike's capacity Appraiser's figure
 Rimmed

Godiva title

58. Some afternoon affairs 59. Boat locale

60. Tag on Word with cutie or sweetie

62. It is mightier than the sword

63. You might get one at the pool Since

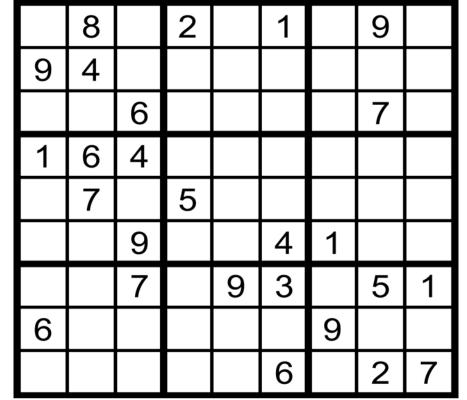
66. Cook chicken, in a way

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SUDOKU Medium



Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

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\$1.595.000



13416 OCEAN GATE AVE **HAWTHORNE**

2 BED | 2 BATH | 1,500 SQ. FT.

Traditional style home | Hardwood flooring | Spacious family room with skylight | Large back yard with fruit trees | Solar Power System

\$835,000



2558 TORRANCE BLVD **TORRANCE**

3 BED | 1 BATH | 1,200 SQ. FT.

Picturesque turnkey home | Enclosed white picket fenced front yard | Backyard oasis with expansive pergola and a wood burning outdoor fireplace

\$1,088,000



534 S FRANCISCA AVE REDONDO BEACH

5 BEDS | 3 BATHS | 3,103 SQ. FT.

Impeccably Remodeled home Stylish Chef's Kitchen | Master bedroom with Fireplace Beautifully landscaped front and back yards

\$1,899,000



224 SHELL ST MANHATTAN BEACH

4 BEDS | 3 BATHS | 1,736 SQ. FT.

Amazing panoramic white water views Remodeled duplex | Upper unit features 2 beds 2 baths | Large deck with unobstructed ocean views

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FOR SALE

- 745 Main Street, El Segundo, top floor corner unit, recessed lighting, new bathroom and more! Priced to sell at \$739,000
- 115 41st St, Manhattan Beach, Oversized full lot. 3 bed/2 bath + Studio. 7 Garage spaces.
- 120 Moonstone Street, Manhattan Beach, Triplex, 6 car parking, ocean views.
- 117 41st Street, Manhattan Beach, 3 bed/3 bath, renovations, ocean views

FOR LEASE in EL SEGUNDO

- 400 East Sycamore Amazing new construction, 3,000 sq ft, high end 4 bed 4 bath + huge garage, roof top deck with amazing views. Real hardwood floors, marble, high end finishes, w/d - \$7,495/mo
- 227 W Palm Beautiful townhome, front corner unit. 2 bed/2.5 bath, great location. \$3,250
- 402 Standard St On quiet street, 1 car garage, 3 bed/2 bath house. \$3,900
- 1653 E Maple Ground flr, close to freeways, stores, schools. 2 bed/1 bath. \$2,100
- 328 Standard Street 2 bed/1 bath, new plank flooring, great location \$2,200
- 746 Sierra Street large 3 bed/2 bath home, garage, great location. \$4,500 320 Standard Street Townhome style 2 bed/2 bath. 2 car enclosed garage, patio \$2,595

RECENT SALES...

- \$2,500,000
- 531 13th Street, Manhattan Beach141 Arena Street, El Segundo \$ \$2,725,000
- 902 Esplanade, Redondo Beach \$5,300,000
- 1839 S Walker, San Pedro 1406 E Walnut, El Segundo \$799,000
- \$1,372,500



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The Hoffman Group





319 East Oak Ave, El Segundo, CA 90245 3 Bed + Den | 2.5 Bath | 1850 SF | Fenced Private Back Yard Available March 15, 2021 | \$5,350 | https://319eastoak.com





527 West Maple Ave, El Segundo, CA 90245 4 Bed | 2.5 Bath | 2400 SF | Large Fenced Back Yard Available March 1 - July 31, 2021 | \$5,995 | https://527westmaple.com



524 Concord St (Back Unit off Alley), El Segundo, CA Studio | 1 Bath | 450 SF | All Utilities + High Speed Internet Included | \$1,795 https://524concordbackunit.com

Quote for the Week: "To Succeed in Life, You Need 3 Things: A Wishbone, A Backbone, & A Funny Bone." —Reba McEntire



gina hoffman 310.864.5347 ginahoffmanrealtor@gmail.com



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Newly Listed Home on Corner Lot! \$1,159,900 ~ Great Price!

3 Bedrooms, 1 1/2 Baths, 1151 sq ft Open concept floor plan, fireplace in Large Living Area, Dining plus outdoor space. Forced Air Heat, AC, new electrical panel, plus more! 2 car attached garage, laundry and off street parking! Won't last at this price! Walk to schools, park, shopping, Library, Main Street. Quick bike ride to beach!

Call Lynn for an appt to see!



Brian Mattson from front page

what he wanted to do with his training and focused on what he lovingly describes as the "dynamic aspect of couples."

After a few more years of trauma training and neurobiology couples therapy training, he moved into his current El Segundo office for private practice. Couples come to see him when they are no longer able to resolve conflict on their own or when communication has broken down. When everything is ending in a fight, the answer he offers is in the nervous system.

Mattson explains the nervous system as binary.

"It's either open for love and affection and empathy, or it's shut down to those things and turned on the defense." He connects this to past trauma, saying that every experience gets filtered through our wounding. If, for example, a person experiences attachment trauma that results in a break or injury to the bond with the primary caregiver at a young age, they may carry that trauma into their adult relationship and not even know it.

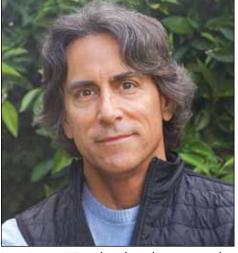
"A lot of times people don't remember what happened or how they got injured...but their nervous system always remembers," he says. So, when that important conversation in the relationship arrives, the body is already in defense, and being binary, this means it is shut off to love, affection, and empathy. If you enter a conversation with your partner from this place, whether you know it or not, you are relying on your fight or flight mode, working the more primitive parts of the brain to keep yourself safe. The more sophisticated prefrontal cortex and cortical area allow you to process the conversation and react from a more regulated place.

"If you're in a defense based conversation, you don't get access to the best parts of your brain," says Mattson. He doesn't solve couples' problems, he says, he helps them to stay regulated so they have full access to their brain. So how do we recognize when we're in this mode?

Racing heart, flushed face, fidgeting... if your body is charging up for a fight or flight, you're likely not in listening mode. Learn to recognize your triggers, be mindful of your body, and work on regulating your mind so you can remain open to healthy dialogue.

"Love is always in the listening," says Mattson, "it's rarely in the talking."

In his practice, Mattson sees what he calls the Big Five, in terms of what brings in his clients, any of which can lead to divorce. They are, in order of prominence: sex, money, housekeeping, and childrearing and extended family interchangeably. Far more important than the occurrence of these conflicts, or the frequency



Brian Mattson, MFT, works with couples to improve their

of their occurrences, he says, is the couple's ability to repair afterward. This means truly understanding the position of the other person and creating a plan to avoid it in the future.

Relationships, according to Mattson, go through a linear pattern of "ideal, ordeal, and real deal." The ideal is the phase of a couple loving each other intensely for the version of them that's created in their minds. The ordeal is the phase where they start to realize who they really are. The real deal comes after, when

they can decide if they truly love this person for themselves, and if they are better for it.

As for what you can do to create a healthier relationship this Valentine's Day, Mattson recommends a few things.

First, for couples that are already in the real deal, do an activity with your partner that does not involve talking. Go for a walk hand in hand, or gaze into each other's eyes, wordless. Embrace the discomfort that comes with it, and learn from it. Take inventory of your partner, and take the time to check in.

Second, for newer couples, write a relationship contract. Mattson suggests that happiness is measured against expectations. Physically write up a contract stating what you want out of the relationship and what you're willing to offer, especially regarding the Big Five. Clearly define your boundaries and expectations. How do you feel about friends of the same and opposite sex? Do you need to meet them? Does your partner need to tell you when they'll be home, or can they just show up? Who will pay the bills, and will you join bank accounts?

Finally, for all couples, plan for important conversations. Prepare to be in the right headspace, in a comfortable place. Talk about your one, five, and ten-year goals and visions.

Most of all, and most importantly, listen. •

PUBLIC NOTICES

City of El Segundo Notice of Public Hearing



The PLANNING COMMISSION will hold a public hearing on:

Thursday, February 25, 2021, 5:30pm

Virtual Meeting via Zoom Teleconferencing

Zone Text Amendment to update the planning permit review processes

Address: Citywide

Project Description: A proposed ordinance amending the El Segundo Municipal Code to update the planning permit review processes (Environmental Assessment No. EA-1240 and Zone Test Amendment No. ZTA 18-07).

Applicant: City of El Segundo

Join via Zoom from a PC, Mac, iPad, iPhone, or Android device, or by phone. Please use this URL

OR

Join by phone: 1-669-900-9128 US Enter Meeting ID: 990 0119 3281

Environmental Determination: The proposed zone text is exempt from review under the California Environmental Quality Act (California Public Resources Code §§21000, et seq., "CEQA") and the regulations promulgated thereunder (14 California Code of Regulations §§15000, et seq., the "State CEQA Guidelines") because it consists only of minor revisions and clarifications to existing zoning regulations and related procedures

Further Information: The public may provide comments via email with a limit of 150 words by noon on February 25, 2021 to: Planning@elsegundo.org. In the subject line please state "Public Hearing for EA-1240." The emails received by the noon deadline will be read to Planning Commission during public communications and are subject to disclosure under the Public Records Act. Note that any appeal of a decision made following a public hearing may be limited to the issues raised by evidence omitted before or during that public hearing.

El Segundo Herald Pub. 2/11/21

H-27030

City of El Segundo Notice of Public Hearing



The PLANNING COMMISSION will hold a public hearing on:

Zone Text Amendment to Allow Beekeeping on

Address: Single-Family Residential (R-1) Zoned Properties

Project Description: A proposed ordinance amending (Environmental Assessment No. EA-1301 and Zone Test Amendment No. ZTA 21-01) Amend certain sections in Chapters 5 (Beekeeping), 7-1-4 (Nuisances, Designated), and 15-4A-3 (Permitted Accessory Uses) of the El Segundo Municipal Code to allow backyard beekeeping on single-family residential (R-1) zoned properties (Environmental Assessment No. EA-1301 and Zone Test Amendment No. ZTA 21-01).

Applicant: Chia-Ming Ro

Hearing: Thursday, February 25, 2021, 5:30pm Virtual Meeting via Zoom Teleconferencing

Join via Zoom from a PC, Mac, iPad, iPhone, or Android device, or by phone Please use this URL

 $\underline{https://zoom.us/j/99001193281?pwd=L0VDclRleDdqVytpWnk3b1EyMGRmQT09}$ OR

Join by phone: 1-669-900-9128 US Enter Meeting ID: 990 0119 3281 Passcode: 375440

Environmental Determination: The proposed zone text amendment is exempt from further review (CEQA <u>Guidelines</u> Section 15061(b)(3)), because it consists only of minor revisions to existing zoning regulations and related procedures and it can be seen with certainty that there is no possibility that the activity will does not have the potential for causing a significant effect on the environment

Further Information: The public may provide comments via email with a limit of 150 words by noon on February 25, 2021 to: Planning@elsegundo.org. In the subject line please state "Public Hearing for The emails received by the noon deadline will be read to Planning Commission during public communications and are subject to disclosure under the Public Records Act. Note that any appeal of a decision made following a public hearing may be limited to the issues raised by evidence submitted before or during that public hearing.

CASE NO. 21TRCV00070 SUMMONS (CITATION JUDICIAL) Exempt From Filing Fees Pursuant To

SUPERIOR COURT OF THE STATE OF CALIFORNIA COUNTY OF LOS ANGELES

City of El Segundo, Plaintiff

ALL PERSONS INTERESTED IN THE MATTER Of The Issuance And Sale Of Bonds For The Purpose Of Refunding Certain Obligations That The City Of El Segundo Owes To The Public Employees Retirement System Arising Under CalPERS Contract And The Public Employees Retirement Law, And Certain Proceedings Leading Thereto, Including The Adoption Of A Resolution That Authorizes The Issuance Of Bonds And The Execution And Delivery Of A Trust Agreement, Relating To The Issuance Of Bonds

Defendants. NOTICE TO DEFENDANT (AVISO AL

NOTICE! YOU HAVE BEEN SUED. THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU RESPOND NOT LATER THAN March 22, 2021, WHICH IS AT LEAST TEN (10) DAYS AFTER COMPLETION OF PUBLICATION OF THIS SUMMONS. READ THE INFORMATION BELOW.

:AVISO! USTED HA SIDO DEMANDADO. USTED SIN AUDIENCIA A MENOS QUE USTED RESPONDA A MÁS TARDAR PARA EL 22 DE MARZO 2021, QUE ES DIEZ (10) DIAS DESPUÉS QUE TERMINE LEA LA INFORMACIÓN CITATORIO.

ALL PERSONS INTERESTED IN THE MATTER OF THE ISSUANCE AND SALE OF BONDS FOR THE PURPOSE OF REFUNDING CERTAIN OBLIGATIONS THAT THE CITY OF EL SEGUNDO ("THE CITY") OWES TO THE PUBLIC EMPLOYEES RETIREMENT SYSTEM ARISING UNDER CALPERS CONTRACT THE PUBLIC **EMPLOYEES** LAW, AND CERTAIN LEADING THERETO, RETIREMENT PROCEEDINGS INCLUDING THE ADOPTION OF RESOLUTION THAT AUTHORIZ THE ISSUANCE OF BONDS AND THE EXECUTION AND DELIVERY OF A TRUST AGREEMENT, RELATING TO THE

ISSUANCE OF BONDS.
DETAILED SUMMARY OF MATTER TO BE VALIDATED:

The City provides its employees with retirement benefits under the requirements of the Public Employees Retirement Law, California Government Code section 20000 et seq. (Retirement Law), pursuant to a contract, as amended from time to time, it has entered into with the California Public Employees Retirement System (CalPERS,

and the CalPERS Contract). The City has established three pension plans for its employees, a Miscellaneous Plan (the "Miscellaneous Plan"), a Safety Police First Tier Plan (the "Policy First Tier Plan"), and a Safety Fire Plan (the "Fire Plan") pursuant to the CalPERS Contract. The Retirement Law obligates the City, among other things, to: (1) make annual contributions to CalPERS to fund pension and other retirement benefits for its members and their beneficiaries; (2) amortize the unfunded accrued actuarial liability of the City under the Retirement Law, which is the liability for retirement benefits and the CalPERS Contract but which the City has not yet paid to CalPERS; and (3) appropriate funds to pay these obligations. As of June 30, 2019, based upon the actuarial reports of pension liability as calculated by CalPERS with respect to the Miscellaneous Plan, the Police First Tier Plan, and the Fire Plan (together, the "Actuarial Reports"), the City had an aggregate obligation for its Unfunded Accrued Actuarial Liability in the amount of amount of \$151,299,753 (consisting of \$34,576,384 for the Miscellaneous Plan, \$61,384,985 for the Police First Tier Plan and \$55,338,384 for the Fire Plan) pursuant to the Retirement Law, based on the market value of assets. The City understands and believes that, in the current market, it can issue taxable bonds at a true interest cost not more than 4.00% (current expected true interest cost estimated at 2.73%). Thus, the City can realize a substantial savings on its interest expense by issuing the Bonds, using the proceeds to refund its Unfunded Accrued tuarial Liability under Contract, and thereby pay a lower interest rate on the Bonds than the rate it would otherwise have to pay to CalPERS.

On January 19, 2021, after public notice adopted the Resolution (Resolution No. 5246), entitled, "Resolution Of The City Of El Segundo, California Providing For The Issuance Of One Or More Series Of City Of El Segundo Taxable Pension Obligation Bonds And Authorizing A Trust Agreement, A Validation Action And Other Matters Relating (Resolution). A true and correct copy of the Resolution is attached to the Summarized, in the Resolution the City Council authorized, among other things, the issuance of one or more series of pension obligation bonds, and the execution and delivery of a trust agreement and supplemental connection with the issuance of such bonds, to facilitate the payment of all or a portion of the City's unfunded accrued actuarial liability and to the extent consistent with the City's then-existing local debt policy, the City's annual contributions to CalPERS, to fund pension benefits for its members and their beneficiaries.

The City brought this validation action to confirm the validity of this bond transaction and its terms, as described above and more

specifically in the complaint. The City seeks an order declaring, among other things, that the City's incurrence of any and all indebtedness and/or liability in connection with the pension obligation bonds, the City's unfunded accrued actuarial liability, and any annual contribution to CalPERS, as authorized in the Resolution and pursuant to the CalPERS Contract, is subject to an exception, and not otherwise subject, to the debt limitation set forth in Article XVI, Section 18 of the California Constitution. The Plaintiff has filed a civil complaint against you. If you wish to contest the legality or validity of the matter that is the subject of this lawsuit, you must appear and file with the Court a written pleading in response to the Complaint **not** later than March 22, 2021. Your pleading must be in the form required by the California Rules of Court. Your original pleading must be filed in this Court with proper filing fees and proof that a copy thereof Plaintiff's attorneys.

Unless you so respond, your default will be entered upon Plaintiff's application, and this Court may enter a judgment against you for the relief demanded in the complaint. Persons who contest the legality or validity of the matters which are the subject of this lawsuit will not be subject to punitive action, such as wage garnishment or seizure of their real or personal property.
YOU MAY SEEK THE ADVICE OF

AN ATTORNEY IN ANY MATTER CONNECTED WITH THE COMPLAINT OR THIS SUMMONS. IF SO, YOU SHOULD DO SO PROMPTLY SO THAT YOUR WRITTEN RESPONSE, IF ANY, MAY BE FILED ON TIME.

USTED DESEA SOLICITAR EL CONSEJO DE ABOGADO EN ESTE ASUNTO, DEBERÍA INMEDIATAMENTE, PARA QUE, SU REPUESTA ESCRITA, SI HAY ALGUNA, PUEDA SER REGISTRADA A TIEMPO. CASE NUMBER (Número del Caso)

The name and address of the court is (El

SUPERIOR COURT, COUNTY OF LOS

Torrance Courthouse 825 Maple Ave Torrance, CA 90503

The name, address, and telephone number of plaintiff's attorney is (El nombre, la abogado del demandante es):

Kristopher R. Wood, Esq. Orrick, Herrington & Sutcliffe 2050 Main St. Ste. 1100 Irvine, CA 92614

Telephone: 949-567-6700 Facsimile: 949-567-6710

El Segundo Herald Pub 2/11, 2/18, 2/25, 3/4/21

H-27031

NOTICE OF REQUEST FOR PROPOSALS FOR THEEL SEGUNDO PARK PLACE **EXTENSION FINAL ENGINEERING** AND DESIGN SERVICE IN THE CITY OF EL SEGUNDO RFP NO.: ENG 20-21

The City of El Segundo is accepting the submittal of sealed proposals to City Hall, 350 Main Street, El Segundo, California 90245, until 4:00 p.m. on: TUESDAY APRIL 27 2021

Proposals will not be accepted after that

As described in the RFP Documents, the proposals are for engineering and design services for a public works project ("Project") which consists of final roadway, railroad, two railroad bridges, and environmental remediation design plans and specifications for the Park Place Extension Project between Nash Street and Allied Way in the City of El Segundo.

Copies of the RFP Documents are available from the Engineering Division of the Public Works Department, City of El Segundo,

350 Main Street, El Segundo, California, 90245. The RFP Documents are alternately available electronically via https://www elsegundo.org/government/departments/ city-clerk/bid-rfp An **optional** virtual pre-proposal meeting

will be held on Tuesday, March 9, 2021. Time TBD. Lifan Xu can be emailed at Ixu@ elsegundo.org to be placed on the Zoom meeting information mailing list. The Zoom meeting call-in information will be posted electronically to https://www.elsegundo. org/government/departments/citv-clerk/bidrfp and distributed to those on the mailing list one (1) week prior to the pre-proposal meeting date.

Questions regarding the RFP Documents can be sent to Lifan Xu at lxu@elsegundo. org and he can also be contacted at 310-524-2368. The last day to submit questions is **Tuesday, March 23, 2021**. Responses to questions will be provided to all interested proposers by Tuesday, April 6, 2021.

The proposal requirements for the Project are described in the RFP Documents. City staff will conduct the qualifications-based review of all received proposals, and

then factor in the fee to produce a ranking list. The top rated consultants may be requested to interview with several members of City staff, who will make the final selection for recommendation to the City Council. Oral interviews, if held, will be scheduled in June

Proposals and accompanying documents must be prepared per the requirements specified in the RFP Documents and submitted to City Hall, 350 Main Street, City of El Segundo, in a sealed envelope plainly marked on the outside:

"PROPOSAL TO PROVIDE
PROFESSIONAL DESIGN SERVICES FOR PARK PLACE EXTENSION PROJECT

RFP NO. ENG 20-21" Notice of Request for Proposals DATED this 9th

day of February, 2021. CITY OF EL SEGUNDO, CALIFORNIA Lifan Xu

lxu@elsegundo.org

City Engineer

El Segundo Herald Pub 2/11, 2/18/21

PUBLIC NOTICES

Fictitious Business Name Statement

2021002383 The following person(s) is (are) doing 1) FAEGRE DRINKER 1800 CENTURY PARK business as EAST SUITE 1500, LOS ANGELES, CA 90067, 2) FAEGREBD CONSULTING, 2200 WELLS FARGO CENTER 90 S. 7TH STREET, MINNEAPOLIS, MN 55402, LOS ANGELES COUNTY. Registered Owner(s): 1) TOM FROEHLE, 300 N. MERIDIAN STREET SUITE 2500, INDIANAPOLIS, IN 46204, 2) ANDREW C. KASSNER, ONE LOGAN SQUARE SUITE 2000 PHILADELPHIA, PA 19103, 3) WILLIAM M. CONNOLLY, ONE LOGAN SQUARE SUITE 2000, PHILADELPHIA, PA 19103, 4) DAVID W. BARRETT, 600 EAST 96TH STREET SUITE 600 INDIANAPOLIS IN 46204

Active Partners Full Firm Address Listing, Prokott, Dan G., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901

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33, Des Moines, Iowa, 50309 Wadsworth, Melanie, 7 Pilgrim Street, London, , EC4V 6LB

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55402-3901 Tomizuka. Lica. 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-

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Yost, Peter A., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-

Kastel, Gina M., 2200 Wells Fargo Center,

90 S 7th St, Minneapolis, Minnesota, 55402-

Martin, George D., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901

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SEE ATTACHMENT A: ON NEXT PAGE

Police Reports

Unknown suspect(s) used the victim's information to make a fraudulent insurance claim.

Obtain money by false pretenses report was taken at 1039 hours from the 300 block of Indiana Street.

One male adult was arrested at 1401 hours from Imperial Highway and Hughes way for possession of a controlled substance for

sales, possession of a controlled substance and possession of drug paraphernalia.

A burglary (auto) report was taken at 1711 hours from the 2200 block of East Park Place. Unknown suspect(s) broke into the victim's vehicle.

Wednesday, February 3rd

One female adult was arrested at 1550 hours

from the city of Redondo Beach for felony evading, misdemeanor DUI and possession of drug paraphernalia.

One male adult was detained at 1920 hours from the 2100 block of East Mariposa Avenue and transported to Harbor General Hospital for a 72 hour psychiatric evaluation.

A petty theft to a vehicle report was taken

at 1902 hours from the 600 block of West Mariposa Avenue. Unknown suspect(s) stole

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property from the victim's unlocked vehicle. A stolen vehicle report was taken at 2114 hours from the 1800 block of East Sycamore Avenue. A Honda motorcycle was taken.

An online lost property report was taken at 0125 hours from the 700 block of Indiana Court. A ring was lost.

One male adult was arrested at 0318 hours from the 2100 block of East Mariposa Avenue for assault with a deadly weapon

One female adult was arrested at 0338 hours from the 1500 block of East Palm Avenue for identity theft, receiving stolen property, possession of a controlled substance and forgery. •

ESUSD from page 3

We have strong organizational support to keep our students, staff, and environment safe and follow the guidelines to reopen."

Following the Tuesday evening special presentations, the Board followed the standard agenda format, tackling the consent agenda, which featured 14 items. Of note: The approval to enter into an agreement with Ruvna for a new ESUSD health screening platform. This new platform will allow the ESUSD to leverage "customizable screening questions, as well as the direct synching with the district's student information system." Moore said this was a positive step in the ESUSD reopening the classrooms.

Up next, the Board gave their blessing to multiple action items, including the return to the classroom of the third graders; the pending return to campus of fourth and fifth graders, as well as the re-start of Eagle's Nest instruction; the District's participation in a USC Trends in Tobacco Use Study, (TITUS); as well as the re-appointment of the four members of the District's Measure ES Citizen's Bond Oversight Committee, (COC).

The (TITUS) involves USC researchers studying "why some teens smoke and vape, and others do not," and is planned to involve about nine schools and 2,500 student surveys, with the goal of "creating new programs to help teens make better choices about smoking and vaping. The ESUSD is in its second year of participating in the program, with tenth grade students being targeted for their feedback this year.

Ryan Baldino, Cheryl Smith, Jennifer Jirkovsky, and Stuart Carroll were the members of the COC appointed to a second two-year term.

Information pending action items included the consideration of the single plan for student achievement, which is a requirement for District's to receive funding, and a preview of the ESUSD's comprehensive school safety plans.

Board President Tracey Miller-Zarneke summed-up her thoughts on Tuesday evening's meeting and the strides that the ESUSD has made since the pandemic was unleased.

"One of our top priorities now is bringing back students for in-person services as soon as we are allowed to do so," she said, "under the auspices of the Los Angeles County Department of Health order. Our Board is proud that we were one of the first LA-based public-school districts to welcome back hybrid grades TK-2 and that we have hosted high needs cohorts of students on all campuses for months now, supporting them as best as our staff can in pandemic conditions. What was exciting in this meeting," she concluded, "was the forwardlooking discussion to expand in-person services to hybrid grades 3-5 as well as preschoolers at Eagles' Nest. We know our COVID-19 safety protocols work, we know that our students are best served in person. We are grateful for all our teachers and staff who bring safe practices and in-person classrooms together in a most beneficial way for our school community."

For her part, Moore said before the meeting, "the District has been very proactive in finding all opportunities to bring students back to campus, but we must operate within the state regulations, and health orders. Our hands are tied," concluded Moore, "on a lot of things." •

PUBLIC NOTICES

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Indianapolis, Indiana, 46240-3789 Busby, Adrienne Franco, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-

Cierzniak, Libby Kelley, 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-

1750 Hollis, Ted E., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Long, Christine G., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789

Long, Crinstaine S., 600 2 90th St Ste 600, Indianapolis, Indiana, 46240-3789
Birge, Jim S., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Rubenstein, David A., 191 N Wacker Drive
Suite 3700, Chicago, Illinois, 60606

Suite 3700, Chicago, Illinois, 60606 Kimpel, Jason D., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Scheiderer, Pat, 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802

Cox, Adam F., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Roy, Daniel R., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Garver, Chip, 300 N Meridian St Ste 2500,

Indianapolis, Indiana, 46204-1750 Getz, Edwin A., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606

Butler, Abigail M., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Bennett, James Stephen, 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana,

Moses, Karen T., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Buttrick, Stuart R., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Belden. Trevor J., 600 E 96th St Ste 600.

Indianapolis, Indiana, 46240-3789 Schwartz, Michael D., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Rosenbaum, Michael D., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Pierson, Andrea Roberts, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-

1750 Foster, David A., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 Williams, David L., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Boshkoff, Ellen E., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Pebworth, Carl R., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Zook, David R., 1050 K St NW Ste 400, , Washington, District of Columbia, 20001-

Washington, Pistint of Colombia, 200014448
Freije, Richard T., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Ponader, Wendy Wright, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Boeglin, Daniel L., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Bomberger, Jon A., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802
Brown, J. Jeffrey, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Castille, M. Angella, 1050 K St NW Ste 400,

Castille, M. Angella, 1050 K St NW Ste 400, Washington, District of Columbia, 20001-4448 Fennerty, Brian S., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 Gardner, Brant O., 600 E 96th St Ste 600. Gardner, John, 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 Given, David A., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Griffith, Kevin P., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Haffner, Timothy J., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802

Rupp, Brian C., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Jaffe, Jay, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789 Kosnoff, Scott M., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46244-4750

Kosnoff, Scott M., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 MacLean, Michael J., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Kay, David N., 191 N Wacker Drive, Suite 3700 Chicago, Illinois, 60606

3700, Chicago, Illinois, 60606
Skolnik, Gayle L., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Soshnick, Drew Z., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Stanley, Robert K., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Tanner, John Joseph, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Voigtmann, Mark A., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Wright, Mark E., 600 E 96th St Ste 600, Indianapolis, Indiana, 46204-1759
Wryne, Robert S., 600 E 96th St Ste 600,

Indianapolis, Indiana, 46240-3789 Osborn, Kathy L., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Cahr, Darren S., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606

Swill, Douglas B., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Casey, Timothy R., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Breuer, Jennifer R., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Capizzi, Mary Devlin, 1500 K St NW STE

1100, , Washington, District of Columbia, 20005 Holmes, Laurie A., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Kalina, Ira M., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Kelleher, Patrick J., 191 N Wacker Drive,

Kelleher, Patrick J., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Blenkinsop, Peter A., 1500 K St NW STE 1100, , Washington, District of Columbia, 20005

Hardwick, Maureen Donahue, 1500 K St NW STE 1100, , Washington, District of Columbia, 20005 Gournis, Stephanie Dodge, 191 N Wacker

Drive, Suite 3700, Chicago, Illinois, 60606
Farber, Allen V., 1500 K St NW STE 1100, ,
Washington, District of Columbia, 20005
Ganiban, Jeffrey T., 1500 K St NW STE
1100, , Washington, District of Columbia,
20005

Olderman, Neil S., 191 N Wacker Drive Suite 3700, Chicago, Illinois, 60606 Considine, Eileen M., 187 Wolf Rd Ste 211, Albany, New York, 12205

Albany, New York, 12205
D'Andrea, John J., One Logan Square Suite
2000, , Philadelphia, Pennsylvania, 19103
Hearne, Kelley Taylor, 1500 K St NW STE
1100, , Washington, District of Columbia,

Amodeo, Matthew P., 187 Wolf Rd Ste 211, , Albany, New York, 12205 Murphy, Kathleen M., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Sawyer, James L., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Rucker, Randy, 191 N Wacker Drive, Suite

Rucker, Randy, 191 IN Wacker Drive, Suite 3700, Chicago, Illinois, 60606 McCartin, Gerald, 1500 K St NW STE 1100, Washington, District of Columbia, 20005 Novak, Monica A., One Logan Square Suite 2000, Philadelphia, Pennsylvania, 19103 Delaney, Daniel J., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Andreozzi, Bradley J., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Guzman, Nicolas, 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Guzman, Nicolas, 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Chistinic Chicago, Illinois, 60606 Chistinic Chicago, Illinois, 60606 Chistinic Cristin M., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606

3700, Chicago, Illinois, 60606
Obsitnik, Cristin M., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606
Witten, Jesse A., 1500 K St NW STE 1100, , Washington, District of Columbia, 20005
Toner, Kevin M., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Goldbeck, William L., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606
Millar, Sarah Bassler, 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606
Auberry, Brent A., 300 N Meridian St Ste

Auberry, Brent A., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Beyer, Carrie A., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Attlan, Luc, 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606

Raby, Andrew C., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Weinstock, Adam S., 191 N Wacker Drive, Suite 3700, Chicago, Illinois, 60606 Wilson, Jane Dall, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Kline, Susan W., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Arnett, April Risk, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3780

Arnett, April Risk, 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 Smith, Joe L., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Beck, Jeffrey S., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Glawe, Caryn M., 300 N Meridian St Ste

Glawe, Caryn M., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 48204-1750 Lechleiter, Daniel M., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Wolfla, Paul A., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Campbell, Andy L., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750

Indianapolis Indiana 46204-1750 Ricchiuto, Anne K., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Gutwein, Philip J., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Hurley, Ryan M., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Carter, Trevor, 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Meyers, Bill S., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Yerkeson, Doug A., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Blankenship, Janelle, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789 Jenkins, Sarah, 300 N Meridian St Ste 2500. , Indianapolis, Indiana, 46204-1750 Danilson, Jared R., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 DeNeal, Dustin R., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789 Garrison, Brian R., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Clifford, Brian P., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Gosheff, Dom B., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Chinn, Scott, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Albaugh, Matthew T., 300 N Meridian St Ste . Indianapolis, Indiana, 46204-1750 Clark, Murray, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Wang, Bing, No. 1 JianGuoMenWai Avenue, Room 1919, Tower 2, China World Trade

Room 1919, Tower 2, China World Trade Center, Beijing, 100004
Gumm, Stephanie A., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Mathioudakis, Nick E., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Griffin, Teresa A., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Korpalski, Mallory S., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Mappes, Harmony A., 300 N Meridian St Ste

Mappes, Harmony A., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750 Drewry, Jamie M., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750 Baney, Libby, 1050 K St NW Ste 400, , Washington, District of Columbia, 20001-4448

Hardin, Steve D., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789
Miller, Patrick M., 311 S Wacker Dr Ste 4300, Chicago, Illinois 60606-6622

, Chicago, Illinois, 60606-6622
Hall, Angela Kelver, 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Shelby, Amanda L., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Judge-Prein, Amy B., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
LaTarte, Larry E., 2200 Wells Fargo Center,

90 S 7th St, Minneapolis, Minnesota, 55402-3901 Meyer, Peter A., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Doorhy, Shawn M., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Pearcy, Jennifer A., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789

Pearcy, Jennifer A., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 McCoy, Andrew M., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Geier, Andy M., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Gryczan, Catherine C., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Saul, James J., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Naul, James J., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622

Criticago, Illimios, 6000-6022
Kanute, Michael J., 311 S Wacker Dr Ste 4300., Chicago, Illinois, 60606-6622
Levy, Matthew R., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750
Britton, Kayla D., 600 E 96th St Ste 600., Indianapolis, Indiana, 46240-3789
Pulliam, Daniel E., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750
Van Dalen, Jessica L., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750
Reilly, Patrick H., 300 N Meridian St Ste 2500., Indianapolis, Indiana, 46204-1750
Kingshury, Colby Anne, 311 S Wacker Dr Ste

Reilly, Patrick H., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750 Kingsbury, Colby Anne, 311 S Wacker Dr Ste 4300, Chicago, Illinois, 60606-6622 Williams, Therese M., 110 W. Berry Street, Suite 2400, Fort Wayne, Indiana, 46802 Isaacson, Nicholas O., 311 S Wacker Dr Ste 4300, Chicago, Illinois, 60606-6622 Willett, Ike M., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789 Blair, Ben A., 300 N Meridian St Ste 2500,

Willett, Ike M., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789
Blair, Ben A., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750
Svirsky, Pablo A., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789
Pimentel-Gannon, Jacqueline M., 300 N
Meridian St Ste 2500, , Indianapolis, Indiana,

46204-1750 Cox, Jessica Benson, 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750 Smiricky, Stacey L., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Reckamp, Christopher J., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Kelln, Max, 300 N Meridian St Ste 2500, ,

Indianapolis, Indiana, 46204-1750
Hogan, Lindsey M., 311 S Wacker Dr Ste
4300, , Chicago, Illinois, 60606-6622
Calhoon, Victoria R., 300 N Meridian St Ste
2500, , Indianapolis, Indiana, 46204-1750
Suess, David A., 300 N Meridian St Ste
2500, , Indianapolis, Indiana, 46204-1750
Viner, Michael B., 311 S Wacker Dr Ste 4300,

, Chicago, Illinois, 60606-6622 Sherburne, Kate, 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901 Routhier, Peter M., 2200 Wells Fargo Center, 90 S 7th St Minneapolis Minnesota 55402-

Mesires, George R., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Lefort, Brian D., 1470 Walnut St Ste 300, ,

Boulder, Colorado, 80302-5335 Rhoten, Roger D., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Johnson, David H., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901

Anderson, Nick M., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901 Roberts, John A., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622

Porteous, David W., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Blumberg, Jeff, 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Beverley-Smith, Huw, 7 Pilgrim Street, , London, EC4V 6LB

London, , EC4V 6LB Hughes, Pat, 1050 K St NW Ste 400, , Washington, District of Columbia, 20001-4448 Paul, Brian J., 300 N Meridian St Ste 2500, ,

Indianapolis, Indiana, 46204-1750
Abrams, Gregory P., 311 S Wacker Dr Ste 4300, Chicago, Illinois, 60606-6622
Kirkwood, John R., 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Smith, Kelley L., 311 S Wacker Dr Ste 4300, Chicago, Illinois, 60606-6622
Deppen, Jason, 600 E 96th St Ste 600, Indianapolis, Indiana, 46240-3789
Johnson, Zeke, 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-

Katterheinrich, Braden M., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901 Buroker, Andy B., 600 E 96th St Ste 600.

Buroker, Andy B., 600 E 96th St Ste 600, , Indianapolis, Indiana, 46240-3789 Klinefeldt, Nick A., 801 Grand Ave Floor 33, , Des Moines, Iowa, 50309 Stacke, Ben A., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-

3901 Laddon, Tarifa B., 1800 Century Park East, Suite 1500, Los Angeles, California, 90067 Cominos, Ted, 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622

Criticago, Illinois, 50005-5022 Harris, Colin G., 1470 Walnut St Ste 300, , Boulder, Colorado, 80302-5335 Warmuth, Jay A., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-

3901 Hammerman, Joel M., 311 S Wacker Dr Ste 4300, , Chicago, Illinois, 60606-6622 Wilson, Brendan M., 1050 K St NW Ste 400, , Washington, District of Columbia, 20001-

Spencer, Noel W., 2200 Wells Fargo Center, 90 S 7th St, Minneapolis, Minnesota, 55402-3901 Luehr, Paul Henry, 2200 Wells Fargo Center,

90 S 7th St, Minneapolis, Minnesota, 55402-3901 McDonald, Kip S.M., 300 N Meridian St Ste 2500, , Indianapolis, Indiana, 46204-1750

Wieder, Robert, 7 Pilgrim Street, , London, , EC4V 6LB Mao, Daniel H., 1950 University Avenue, Suite 450, , East Palo Alto, California, 94303

Tall, Richard, 7 Pilgrim Street, London, EC4V 6LB Glover, Joel A., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569 Best, Yasmin N., 1800 Century Park East, Suite 1500. Los Angeles. California. 90067

Suite 1500, Los Angeles, California, 90067
Bayton, Emily A., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569
Comer, Amy, 7 Pilgrim Street, , London, , EC4V 6LB
Kim, Heili, 1050 K St NW Ste 400, , Washington, District of Columbia, 20001-

4448
Hall, Gregory R., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569
Springer, Marilee J., 300 N Meridian St Ste 2500, Indianapolis, Indiana, 46204-1750
Ursu, John W., 2200 Wells Fargo Center, 90
S 7th St, Minneapolis, Minnesota, 55402-

3901

Costa, Keith N., 1177 Avenue of the Americas FL 41, New York, New York, 10036 Dickey, Allen J., 1717 Main Street, Suite 2400, Dallas, Texas, 75201 Scull, Timothy B., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569 Stoll-DeBell, Kirstin L., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569 Ott, Kathleen E., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569 Pouzeshi, Andrew T., 1144 15th Street, Suite 3400, Denver, Colorado, 80202-2569 Masin, Adam M., One Constitution Plaza, 5th Floor, Hartford, Connecticut, 06103 Appleby, Laura E., 1177 Avenue of the Americas FL 41, New York, New York, 10036 Conlan, James, 191 N Wacker Drive, Suite 3700 Chicago Illinois 60608

3700, Chicago, Illinois, 60606 Corr, Patrick, 7 Pilgrim Street, , London, , EC4V 6LB

Fallon, Brett D., 222 Delaware Ave STE 1410, Wilmington, Delaware, 19801 Praitis, Judith M., 1800 Century Park East, Suite 1500, Los Angeles, California, 90067 This business is being conducted by a Limited Liability Partnership. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: WILLIAM R. BUSCH, General Partner. This statement was filed with the County Recorder of Los Angeles County on January 5, 2021.

expires on January 5, 2026. A new Fictitious Business Name Statement must be filed prior to January 5, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 1/21, 1/28, 2/4 2/11/21 **H-2055**

PUBLIC NOTICES

Fictitious Business 2021014798

The following person(s) is (are) doing business as BACK ON POINT WELLNESS CENTER, 4640 DEL AMO TORRANCE, CA, 90503, LOS ANGELES COUNTY.

Registered Owner(s): BACK ON POINT WELLNESS CENTER, DR. KIM CHIROPRACTIC, INC., 4640 DEL AMO BLVD., TORRANCE, CA, 90503

This business is being conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on:

Signed: BACK ON POINT WELLNESS CENTER, DR. KIM CHIROPRACTIC, INC., PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on January 19, 2021.

NOTICE: This Fictitious Name Statement expires on January 19, 2026. A new Fictitious Business Name Statement must be filed prior to January 19, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 2/4, 2/11, 2/18, 2/25/21 **H-2075**

Fictitious Business Name Statement 2021006639

The following person(s) is (are) doing business as GOLDEN ROSE CARE CENTER, 5404 WHITSETT AVE, SUITE 182, VALLEY VILLAGE, CA, 91607, LOS ANGELES COUNTY.

Registered Owner(s): RG LEGACY I, LLC., 5404 WHITSETT AVE, SUITE 182,

VALLEY VILLAGE, CA, 91607. AI #ON 202004110534.
This business is being conducted by A Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A.

Signed: RG LEGACY I, LLC, Manager, Jacob Unger. This statement was filed with the County Recorder of Los Angeles

County on January 11, 2021. NOTICE: This Fictitious Name Statement expires on January 11, 2026. A new Fictitious Business Name Statement must be filed prior to January 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 1/21, 1/28, 2/4, H-2056

Fictitious Business Name Statement 2021010930

expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4,

Name Statement

The following person(s) is (are) doing business as TWO PALMS CARE CENTER, VENTURA BLVD, OAKS, CA 91423, LOS ANGELES COUNTY. AI #ON: 202033510006. COUNTY. AI #ON: 202033510006. Registered Owner(s): TWO PALMS SKILLED CARE, LLC, 13347 VENTURA BLVD, SHERMAN OAKS, CA 91423. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2020. Signed: TWO PALMS SKILLED CARE, LLC, RONALD MAYER, Manager. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.
NOTICE: This Fictitious Name Statement

expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4, H-2069 2/11, 2/18/21

Fictitious Business Name Statement 2021017508

The following person(s) is (are) doing business as SLIM THICK BEAUTY BAR, 6764 LOS VERDES DR. #8, RANCHO PALOS VERDES, CA, 90275, LOS ANGELES COUNTY.

Registered Owner(s): AMIA HEADLEY, 6764 LOS VERDES DR. #8, RANCHO PALOS VERDES, CA, 90275.
This business is being conducted by an

Individual. The registrant commenced to transact business under the fictitious business name or names listed above on:

Signed: AMIA HEADLEY, OWNER. This statement was filed with the County Recorder of Los Angeles County on January 25, 2021.

NOTICE: This Fictitious Name Statement expires on January 25, 2026. A new Fictitious Business Name Statement must be filed prior to January 25, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 2/18, 2/25/21 H-2076

Fictitious Business

The following person(s) is (are) doing business as ADOBE HOUSE PRESS, 4614 W. 131st STREET, HAWTHORNE, CA, 90250, LOS ANGELES COUNTY. Registered Owner(s): TERESA VERDUZCO, 4614 W. 131st STREET,

This business is being conducted by an Individual. The registrant commenced

to transact business under the fictitious business name or names listed above

This statement was filed with the County Recorder of Los Angeles County on

must be filed prior to January 13, 2026 Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/21, 1/28, 2/4, 2/11/21 **H-2057**

Fictitious Business Name Statement 2021023142

The following person(s) is (are) doing business as DÉJÀ VU LA MAIN STREET, 1) 1800 MAIN STREET, LOS ANGELES CA, 90015, LA COUNTY. 2) C/O MODERN BOOKKEEPING INC, 8252 E LANSING RD, DURAND, 48429.

Registered Owner(s): DV OF LA LLC, 1800 MAIN STREET, LOS ANGELES, CA, 90015. LLC-NV

This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2011.

Signed: DV OF LA LLC, MANAGER, DONALD KRONTZ. This statement was filed with the County Recorder of Los Angeles County on January 29, 2021. NOTICE: This Fictitious Name Statement expires on January 29, 2026. A new Fictitious Business Name Statement must be filed prior to January 29, 2026 Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 2/11, 2/18, H-2078

Fictitious Business Name Statement 2021005211

The following person(s) is (are) doing business as ANGEL CARE, 627 N. PAULINA AVENUE, REDONDO BEACH, CA 90277, LOS ANGELES COUNTY Registered Owner(s): MYLENE F MAGPILE, 627 N. PAULINA AVENUE, REDONDO BEACH, CA 90277. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/1998. Signed: MYLENE F. MAGPILE, Owner. This statement was filed with the County Recorder of Los Angeles County on January 8, 2021.

NOTICE: This Fictitious Name Statement expires on January 8, 2026. A new Fictitious Business Name Statement must be filed prior to January 8, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code)

El Segundo Herald: 2/4, 2/11/21 : Pub. 1/21, 1/28, **H-2052**

Fictitious Business 2021006637

The following person(s) is (are) doing business as CACTI BEVERAGE CO., 15800 ROSCOE BLVD., VAN NUYS, CA 91406, LOS ANGELES COUNTY.
Registered Owner(s): ANHEUSER-BUSCH, LLC, ONE BUSCH PLACE, ST. LOUIS, MO 63118. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2011. Signed: ANHEUSER-BUSCH, LLC, THOMAS LARSON, Secretary. This statement was filed with the County Recorder of Los Angeles County on

January 11, 2021. NOTICE: This Fictitious Name Statement expires on January 11, 2026. A new Fictitious Business Name Statement must be filed prior to January 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).
El Segundo Herald: Pub. 1/21, 1/28, 2/4. 2/11/21

H-2053

Fictitious Business 2021006635

The following person(s) is (are) doing business as MEADOW CREEK BEVERAGE COMPANY, 15800 ROSCOE BLVD., VAN NUYS, CA 91406, LOS ANGELES COUNTY. Registered Owner(s): ANHEUSER-BUSCH, LLC, ONE BUSCH PLACE, ST. LOUIS, MO 63118. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2011. Signed: ANHEUSER-BUSCH, LLC, THOMAS LARSON, Secretary. This statement was filed with the County Recorder of Los Angeles County on January 11, 2021.
NOTICE: This Fictitious Name Statement

expires on January 11, 2026. A new Fictitious Business Name Statement must be filed prior to January 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ. Business and Professions Code).
El Segundo Herald: Pub. 1/21, 1/28,

El Segundo Herald: 2/4, 2/11/21 H-2054

Name Statement 2021010024

HAWTHORNE, CA, 90250.

Signed: TERESA VERDUZCO, OWNER.

January 13, 2021. NOTICE: This Fictitious Name Statement expires on January 13, 2026. A new Fictitious Business Name Statement

Fictitious Business Name Statement 2021009187

The following person(s) is (are) doing business as 1) IKES LOVE AND SANDWICHES, 460 N PACIFIC COAST HIGHWAY SUITE B, EL SEGUNDO, CA 90245, 2) PO BOX 24069, SAN JOSE, CA 95154, LOS ANGELES COUNTY. AI #ON 202022610593. Registered Owner(s): ISP2 DEL MAR, LLC, 1950 E 220^{TH} ST SUITE 301, CARSON, CA 90810. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 10/2020. Signed: ISP2 DEL MAR, LLC, MICHAEL GOLDBERG CEO. This statement was filed with the County Recorder of Los Angeles County

on January 12, 2021. NOTICE: This Fictitious Name Statement expires on January 12, 2026. A new Fictitious Business Name Statement must be filed prior to January 12, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4 H-2058 2/11. 2/18/21

Fictitious Business Name Statement 2021009158

following person(s) The doing business as IKES LOVE AND SANDWICHES, 20810 AVALON BLVD SUITE D, CARSON, CA 90746, 2) PO BOX 24069, SAN JOSE, CA 95154, LOS ANGELES COUNTY. AI #ON: 202022610593. Registered Owner(s) ISP2 DEL MAR, LLC, 1950 220TH ST SUITE 301, CARSON, CA 90810. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 10/2020. Signed: ISP2 DEL M AR, LLC, MICHAEL GOLDBERG, CEO. This statement was filed with the County Recorder of Los Angeles County on January 12, 2021.

NOTICE: This Fictitious Name Statement

expires on January 12, 2026. A new Fictitious Business Name Statement must be filed prior to January 12, 2026. Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: 2/11, 2/18/21 Pub. 1/28, 2/4,

Fictitious Business Name Statement 2021010926

2021010926
The following person(s) is (are) doing business as JCPENNEY 1) 20700
AVALON BLVD, CARSON, CA 90746, 2) 6501 LEGACY DRIVE, PLANO, TX 75024, LOS ANGELES COUNTY, Registered Owner(s): PENNEY OPCO LLC, 6501 LEGACY DRIVE, PLANO, TX 75024 VM This business is basic TX 75024, VA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2020 Signed: PENNEY OPCO LLC, LISA DUBOIS, MANAGER. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.
NOTICE: This Fictitious Name Statement

expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: 2/11, 2/18/21 Pub. 1/28, 2/4, **H-2061**

Fictitious Business Name Statement 2021013055

The following person(s) is (are) doing business as 1) THE BODY APPROACH, 11622 AVIATION BLVD SUITE #419, INGLEWOOD, CA 90304, LOS ANGELES COUNTY. Registered Owner(s): TSA LAININA MCCOY, 11622 AVIATION BLVD SUITE #419, INGLEWOOD, CA 90304 This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2021. Signed: TSA LAININA MCCOY, Owner. This statement was filed with the County Recorder of Los Angeles County

on January 14, 2021. NOTICE: This Fictitious Name Statement expires on January 14, 2026. A new Fictitious Business Name Statement must be filed prior to January 14, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4

HI-2065 2/11, 2/18/21

The following person(s) is (are) doing business as ACTIVISTA, 1319 ABBOT KINNEY BOULEVARD, VENICE, CA NINNEY BUULEVARD, VENICE, CA 90291, LOS ANGELES COUNTY. Registered Owner(s): ANOMALY PARTNERS LA LLC, 1319 ABBOT KINNEY BOULEVARD, VENIE, CA 90291. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2020. Signed: ANOMALY PARTNERS LA LLC, EDMUND GRAFF, Vice President. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.
NOTICE: This Fictitious Name Statement

H-2062 2/11, 2/18/21

Fictitious Business 2021010928

The following person(s) is (are) doing business as 1) THE VARIEL OF business as 1) THE VARIEL OF WOODLAND HILLS, 6233 VARIEL AVENUE, WOODLAND HILLS, CA 91367, 2) THE VARIEL, 4514 COLE AVENUE #1500, DALLAS, TX 75205, LOS ANGELES COUNTY. Registered Owner(s): SBLP WARNER CENTER OPCO, LLC, 4514 COLE AVENUE #1500. DALLAS, TX 75205. This business is being conducted by a Limited Liability
Company. The registrant commenced to transact business under the fictitious business name or names listed above on N/A. Signed: SBLP WARNER CENTER OPCO, LLC, JOSEPH P. MCGONIGLE, Vice President. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.

NOTICE: This Fictitious Name Statement expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4 2/11, 2/18/21 H-2063

Fictitious Business 2021007659

doing business as YACHT JAM PRODUCTIONS, 1240 ROSECRANS AVE. #120, MANHATTAN BEACH, CA 90266, LOS ANGELES COUNTY. Owner(s): CATALINA ISLAND, LLC, 1240 ROSECRANS AVE. #120. MANHATTAN BEACH, CA 90266. This business is being conducted by a Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: CATALINA COMEDY ISLAND, LLC, ANTHONY RICCIO III, Managing Member. This statement was filed with the County Recorder of Los Angeles County on January 11, 2021.

NOTICE: This Fictitious Name Statement expires on January 11, 2026. A new Fictitious Business Name Statement must be filed prior to January 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ. Business and Professions Code). Pub. 1/28, 2/4 El Segundo Herald: 2/11, 2/18/21

H-2064

Fictitious Business 2021014874

The following person(s) is (are) doing business as 1) AMERIFOODS TRADING CO., 600 CITADEL DRIVE, COMMERCE, CA 90040, LOS ANGELES COUNTY Registered Owner(s): SMART & FINAL STORES LLC, 600 CITADEL DRIVE, COMMERCE, CA 90040. This business is being conducted by a Limited Liability Corp. The registrant commenced to transact business under the fictitious business name or names listed above on: 11/2020. Signed: SMART & FINAL STORES LLC, ANTHONY BERNARDINI, Vice President. This statement was filed with the County Recorder of Los Angeles County on January 19, 2021. NOTICE: This Fictitious Name Statement

expires on January 19, 2026. A new Fictitious Business Name Statement must be filed prior to January 19, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4. H-2066 2/11, 2/18/21

Fictitious Business 2021011147

The following person(s) is (are) doing business as 1) DSJ GLOBAL, 12130 MILLENNIUM DR., SUITE 02-164, MILLENNIUM DR., SUITE U2-104, LOS ANGELES, CA 90094, 2) SELBY JENNINGS, 3) EPM SCIENTIFIC, 4) GLOCOMMS, 5) LVI ASSOCIATES, LOS ANGELES COUNTY, AI #ON: 3754524. Registered Owner(s): PHAIDON INTERNATIONAL (U.S.), INC., 622 THIRD AVENUE, 8TH FLOOR, NEW YORK, NY 10017, NY. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2020. Signed: PHAIDON INTERNATIONAL (U.S.), INC., KIERAN BEHAN, President. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.

NOTICE: This Fictitious Name Statement expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code) El Segundo Herald: Pub. 1/28, 2/4, 2/11, 2/18/21 **H-2067**

Fictitious Business Name Statement 2021011141

The following person(s) is (are) doing business as SWIFT BRANDS, 101 N. PACIFIC COAST HIGHWAY, SUITE 302, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): LGND U, LLC, 101 N. PACIFIC COAST HIGHWAY, SUITE 302, EL SEGUNDO, CA 90245. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2020. Signed: LGND U, LLC, JEFFREY LE SAGE, Manager. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021. NOTICE: This Fictitious Name Statement

expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026 Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 1/28, 2/4 H-2068 2/11, 2/18/21

Fictitious Business

SHERMAN

Fictitious Business Name Statement

The following person(s) (are) 1) RAGTIMÉ doing business HONEYCRATES, GLOBAL ROSECRANS AVENUE, MANHATTAN BEACH, CA, 90266, LOS ANGELES PRODUCTION BACKINGS. BEACH, CA, 90/206, LOS ANOCELES COUNTY. Registered Owner(s): MBS MEDIA CAMPUS, LLC, 1600 ROSECRANS AVENUE, MANHATTAN BEACH, CA 90/266, DE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 09/2020. Signed: MBS MEDIA CAMPUS, LLC, RICHARD J. NELSON, CEO. This statement was filed with the County Recorder of Los Angeles County on January 5, 2021.
NOTICE: This Fictitious Name Statement

expires on January 5, 2026. A new Fictitious Business Name Statement must be filed prior to January 5, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code) Business and . . . El Segundo Herald: Pu H-2070 Pub. 1/28, 2/4,

Fictitious Business Name Statement

The following person(s) is (are) doing business as MARTINDALE-NOLO, 909 N PACIFIC COAST HWY 11 FLOOR, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 N. PACIFIC COAST HIGHWAY 11TH FLOOR, EL SEGUNDO, CA 90245 This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 02/2016. Signed: MH SUB I, LLC, B. LYNN WALSH, Secretary. This statement was filed with the County Recorder of Los Angeles County on January 19, 2021.

NOTICE: This Fictitious Name Statement expires on January 19, 2026. A new Fictitious Business Name Statement must be filed prior to January 19, 2026. Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Pub. 1/28, 2/4 El Segundo Herald: 2/11, 2/18/21 H-2071

Fictitious Business Name Statement

The following person(s) is (are) doing business as ALTERNATE ROUTES, INC, 501 OREGON STREET, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Al #ON: 2385861. Registered Owner(s): ALTERNATE ROUTES, INC., OREGON STREET, EL SEGUNDO, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 02/2001. Signed: ALTERNATE ROUTES, INC., MICHAEL ZARNEKE, CFO. This statement was filed with the County Recorder of Los Angeles County on January 13, 2021.

NOTICE: This Fictitious Name Statement expires on January 13, 2026. A new Fictitious Business Name Statement must be filed prior to January 13, 2026. Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 2/4, 2/11, H-2072 2/18, 2/25/21

Fictitious Business Name Statement

The following person(s) is (are) doing business as TOTAL SERENITY, 642 S. PALOS VERDES ST, SAN PEDRO, CA 90731, LOS ANGELES COUNTY. Registered Owner(s): ROSALIND Owner(s): ROSALIND 25917 VIANA AVE, GUERRERO. LOMITA, CA 90717. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2009. Signed: ROSALIND GUERRERO, Owner This statement was filed with the County Recorder of Los Angeles County on

NOTICE: This Fictitious Name Statement expires on January 11, 2026. A new Fictitious Business Name Statement must be filed prior to January 11, 2026. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Pub. 2/4, 2/11, El Segundo Herald: 2/18, 2/25/21 H-2073

Name Statement 2021031202

The following person(s) is (are) doing business as OPTUM, 2175 PARK PLACE, EL SEGUNDO, CA, 90245, LA COUNTY. Registered Owner(s): ARTA WESTERN CALIFORNIA, INC., 2175 PARK PLACE EL SEGUNDO, CA, 90245.

This business is being conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on Signed: ARTA WESTERN CALIFORNIA

CEO, AMAR DESAI, M.D. This statemen was filed with the County Recorder of Los Angeles County on February 4, 2021 NOTICE: This Fictitious Name Statement

expires on February 4, 2026. A new Fictitious Business Name Statement must be filed prior to February 4, 2026. Fictitious Business Name in violation of the rights of another under Federal. State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

Pub. 2/11, 2/18, El Segundo Herald: 2/25, 3/4/21 H-2079

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Minnie is a cute tortoiseshell kitten who will be the first one to come sit on your lap in the morning after her breakfast. She has beautiful golden eyes and an interesting half divided dark side and lighter side face. Minnie will do better without young children as she prefers to stay away from the rambunctious, noisy play that children sometimes enjoy. This loving girl has would do well with adults, older children and another kitty in her new home.

Cooper is a great looking guy. He must know he is too, which would explain why he thinks he can get away with being a pain in the neck sometimes. Cooper likes getting his way and being told he's a handsome boy. Cooper would prefer to be an solo kitty and would be best placed with an experienced cat person.

Forrest is the sassiest boy his fosters have ever met. Full of personality, Forrest will play hide and swipe as you walk past the bed or by his kitty condo. Giving a playful little "Boop!", Forrest will let you know he is around and ready to play! He is still learning to cuddle for long periods of time but thoroughly enjoys being scooped up and held. This boy is highly observant and talkative. He will tell you about his day with happy "meows" and sets boundaries with gentle nibbles. Forrest loves the smaller kittens in



his foster home and would love to have a live-in playmate that can keep up with him!

Cedar is an adorable, loving kitty who will continue to head butt your hand until you give him the loving that he so richly deserves. Cedar can be shy at first as he is a sensitive guy and changes rock his world for a bit. But once he knows he can trust you, Cedar will show you how super attentive he can be. He is soft and has the biggest puddy tat eyes. Cedar is better in an adult household because little ones are unpredictable to him and may cause him to retreat. He is great with other cats and has a few buddies at the adoption center where he lives. While Cedar can be an only cat, we believe he would come to trust his new family quicker if he had a cat friend with him.

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. Temporarily, adoption events are suspended. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org or email us at mail@kittenrescue.org.

With our city and state shut down, we are faced with the delicate balance to protect our fellow humans from the spread of COVID-19, while continuing our mission of saving the most vulnerable victims of the homeless cat crisis. We know that these are hard times for everyone. If you can give a little, it will go a long way. They are still counting on us during these difficult times. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Blvd. #583, Los Angeles, CA 90024.

Saving one animal won't change the world, but the world will surely change for that animal. •



Forrest

Therapist

is a chance it will work for you."

Instead, if you want "tools," the best place to look is at your own life and experience. Chances are that you already have everything you need. Finding a strategy to confront stress and anxiety is hard to do - most of us could use some outside help to look inside - but here are a few questions that may help with a framework to get started:

Which of your skills, and which aspects of your personality, have you employed to manage difficult situations in the past?

What was it about the specific actions that you took that caused the anxiety to remain at a reasonable level?

What lessons did you take from these experiences that may be applicable to the present circumstances?

Take some time to think through these answers. (I always find that writing down the answers to difficult questions helps me clarify my thinking; you may find it helpful as well.)

Next: when you think about the last time anxiety was manageable, what was different from what is happening now?

Finally, now that you have looked critically at your current circumstances, are you able to identify any sources of anxiety? If so, can you address or resolve them?

These questions are important because so much of what we experience as anxiety is connected to what is happening around us. All of the self help in the world won't help much in a horrible situation (pandemics certainly qualify as horrible). Eliminating the sources of anxiety - or reducing their influence - is far and away the most effective way to feel better.

from page 2

Please write to tom@tomandrecounseling. com or text to 310.776.5299 with questions about handling what is affecting your life, your family, the community or the world. Tom Andre is a Licensed Marriage & Family Therapist (LMFT119254). The information in this column is for educational purposes only and nothing herein should be construed as professional advice or the formation of a therapeutic relationship. •

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Eric Beetner from front page

packed with "the highest body count of any book that I have ever written," he said.

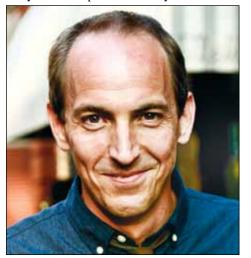
Beetner is typically involved in producing two books per year. He has also written two Westerns under a fictional pen name, "just trying to keep myself busy." He lives in-town with wife Marie and daughters Molly, who is a freshman at El Segundo High School, and Gracie, who is a 7th grader at El Segundo Middle School. Beetner said that when the girls were young, the family was living on the cusp of Culver City, but technically on turf under the educational guise of the Los Angeles Unified School District (LAUSD).

The Beetner's were hoping to eventually obtain permits for their daughters to attend school in the Culver City School District, but then the 2008 economic crash occurred, and Culver City suspended the student permit process, which meant that the girls would have to attend a school in the LAUSD, which was not an appealing option for the Beetner family.

Eric was familiar with the El Segundo area, having worked as a television show editor locally. "I knew this area well," he said, noting the allure of the District's "great schools."

Beetner has been a television editor and producer for 25 years, with credits from shows like The Amazing Race, Fear Factor, Wipeout, Top Gear, and dozens more. He has been nominated five times for a screenwriting Emmy but has yet to bring home the winner's

piece of hardware to display on his mantle. Beetner says, "we try to ignore" the fact he has yet to triumph at the Emmy's but said he



El Segundo TV Editor and Writer Eric Beetner. Photo by Mark

has valued attending the award shows with his family members, getting dressed up, and solidifying the fact with his daughters that "yes, Dad really does work in Hollywood."

Currently, he is the executive producer of Top Gear America, "a show about cars" that is modeled after a hit show in the United Kingdom and was set to premiere on the Motor Trend streaming app on Jan. 29.

Beetner is highly active in the crime and mystery writing community and currently hosts a

similarly themed podcast. It has allowed him to build a cadre of great friends in the industry who "sell a heck of a lot more books than I do," but are also able to provide critiques on his books.

El Segundo resident and film director/ screenwriter Adam Marcus has been a friend of Beetners since their high school days, growing up in Westport, Connecticut. Somehow, they both ended up relocating 3,000 or so miles away, living and working in El Segundo.

Marcus said that, in their East-Coast days, Beetner worked for Marcus as an actor; Marcus had piloted two theatre companies. They also played a lot of music together. Marcus called Beetner a "virtuoso guitarist, a genius actually." Marcus referred to him and Beetner as "allaround artistic brothers-in-arms," mentioning that they created their own film company when they were still in their teens.

"What is truly amazing," Marcus said, "is that two guys who grew up only a couple of miles from each other ended-up moving to LA, we are both in the industry, and we now live less than a mile apart."

"The guy is an incredible editor," Marcus said. "And he was always a wonderful writer." Beetner is currently editing a film that Marcus is producing, with plans to continue the collaboration in the future. "I feel really blessed; he is brilliant," Marcus summed-up, "the guy is just so freaking talented."

So why did Beetner delve into the crime and

thriller genre for his writings? Well, he said that he was a screenwriter for years and that while he "sold some stuff," none of his efforts ever made it to the big screen. "Thankfully, I got paid," he said, wryly noting that his screenwriting efforts were rewarded with a paycheck and "a hearty handshake," but invariably ended-up collecting dust "on some shelf."

In 2009, he switched his writing talents to penning novels. He said that his screenwriting was eclectic, but the powers-that-be in Hollywood would rather see writers focus on one aspect of writing. "Pick a lane and stick to it." When he decided to start writing novels, Beetner basically used as inspiration the books, mysteries, and thrillers that he enjoyed reading. He made a conscious decision to stick with the genre, with occasional forays into western and horror genres.

Beetner is a former musician and an occasional painter. He has been a guitar player since he was 15, and started a punk rock band in high school, formed a folk acoustic duo with a friend in his college days, and "did the whole Indie-rock scene" once moving to the Los Angeles area, playing "every greasy dive in LA and Southern California" until he "got married, and grew-up" leaving his paid musical aspirations in the rear-view mirror.

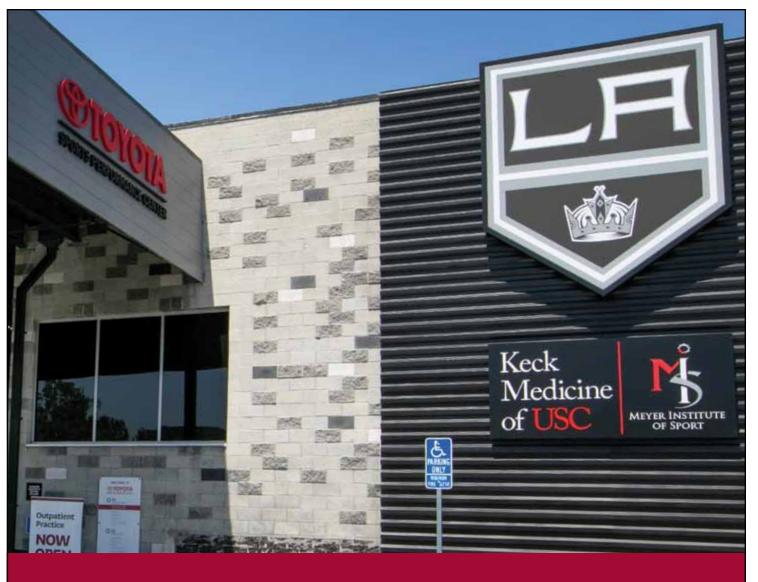
"Music has been a big part of my life," Beetner said, noting that he still has guitars stashed around his house. He wistfully said that he wished that he "could still do it" while acknowledging the music industry is "a young man's game."

As for his foray into painting, Beetner said that "I will try anything, give it a whirl." While he was living in an apartment back in his college days, Beetner said he came to the epiphany that "I think we should have a painting on the wall." Because Beetner could not afford to buy a painting, he just decided he would "paint something." He said his paintings are abstract, because "I am untrained, and can't paint things." However, he did take a painting class in college. He has participated in a few art shows, including the Beverly Hills Affair in the Park, and has sold a couple of his creations. He said he really had not made any serious stabs at fulfilling any further painting ambitions, saying he "always felt a little bit like a fraud."

Beetner said he embraces the mantra of trying anything and not worrying too much about the initial results, whether it be the first draft of a new novel, the splashing colors on a canvas or attempting to carry a tune, testing his singing voice. When not working, Beetner was a big movie attender, pre-pandemic lockdown, and an avid volleyball player, but his league at the Westchester YMCA has had to shut-down for COVID-19.

Beetner is fortunate that he has not had to limit his editing hobs during the lockdown now that he is working remotely from his home's garage, which is where he repairs to pen his novels. "Since COVID, I even do my editing work from home," Beetner said, noting, "I have barely left El Segundo in a year."

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