

# El Segundo Herald

The Weekly Newspaper of El Segundo

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## Thank You SKECHERS For Your Continued Support to Ed!



Because of the dedication to our community, Skechers presented Ed! with a check for \$125,000 for participation in the Pier to Pier Friendship Walk. This puts Ed! that much closer to their goal and keeping the commitment of raising \$1.8M for the students of El Segundo. Photo courtesy El Segundo Unified School District.

## Sarah Brockhaus Brings Sustainability to El Segundo

By Kiersten Vannest

For most Americans, especially during the pandemic, getting takeout food was a no-brainer. Quick and disposable plates, cups, utensils, and boxes are convenient, sanitary, and leave no mess. Or does it? Local El Segundo resident Sarah Brockhaus tells you quick does not always mean better.

Brockhaus was born in Oklahoma, outside of Norman, and grew up on a farm. She spent her childhood working with the soil and learning to grow her own food. “[My parents] sit on their front porch every night and look out at the land,” she says, explaining that this parcel has been in her family for generations. In fact, her dad grew up working on the very same farm as a child, going back to her great-grandfather. “There’s just kind of an appreciation when you grew up on a farm, of where your food comes from and the work you put into growing it,” says Brockhaus. This kickstarted a lifelong effort to sustain our earth.

Going into construction for her undergrad, Brockhaus studied green building concepts and learned how our infrastructure could integrate more seamlessly and sustainably with our environment.

Brockhaus’s passion has stayed with her throughout her career. While living in Waco, Texas, she served on a sustainable resource practices advisory board, getting to think through some sustainable policies and programs that could be implemented on a governmental and corporate level.

When her husband’s job in space engineering moved them to El Segundo, Brockhaus wanted to continue implementing these programs and ideas. She joined and continues to serve on the El Segundo Environmental Committee,

which aims to promote sustainability in the city through cooperative partnerships, outreach, and education.

Currently, Brockhaus works at a small shop in El Porto called The Waste Less Shop, a store dedicated to providing reusable resources to the community. Brockhaus herself uses places like this to refill things like shampoo, conditioner, body soap, and dish soap to reduce her use of single-use plastics like the bottles sold at stores.

Plastic use as a common practice began to take off in the 1950s and 60s. As greenhouse gases also began rising, the environment hit a critical point in the 1970s. Brockhaus

See Sarah Brockhaus, page 15



Sarah Brockhaus works toward making El Segundo a greener place to live and work.

## Henry Stuart: El Segundo’s Legendary Aquatics Coach is ‘One of a Kind.’

By Duane Plank

The one-time El Segundo High School aquatics coach and biology teacher may have been retired for a quarter-century, but the forever El Segundo resident, born in Arkansas in 1935, who moved to California in 1941, is still swimming upstream.

In the first grade, Henry Stuart started his schooling, advancing through the El Segundo school system, graduating from high school in 1953. He harkens back to a time, in 1949, when he decided he wanted to participate in school sports programs but was “too small to go out for football, so I went out for the water polo team.”

The legendary Urho Saari was the school’s aquatics coach at the time. Remi-

nised Stuart of folks associated with the El Segundo aquatics program more than seventy years ago: “I had a lot of good role models. I was not the star, but I did well at it.” The Pan American games were introduced in 1951, which helped motivate him to ramp up his training.

He was also motivated by a group of El Segundo water polo-ers who participated in the 1952 Helsinki Olympics and, under the tutelage of Saari, captured fourth place in the tournament.

Post high school graduation, Stuart and “some of my buddies” matriculated to El Camino College, where Saari just happened to be the college’s water polo coach. He played at El Camino for two years and

See Henry Stuart, page 6

## Weekend Forecast

### Friday

Partly Cloudy  
72°/57°



### Saturday

Partly Cloudy  
72°/55°



### Sunday

AM Clouds/  
PM Sun  
68°/57°



# Travel

## The Thing About Houston

Article and photos by Ben & Glinda Shipley

To the outside world, Texas can sometimes seem like an over-sized cast-iron skillet—flat, hot, dry, and spilling over with big-talking Texans

in cowboy hats and bolo ties. Drop a bowling ball on the ground in the Panhandle and watch it slowly and steadily roll past a ranch, an oil derrick, and a pile of money clear across the state to the sea. Ask a Texan, and per their

reputation, everything here is bigger, better, faster, tougher, stronger, louder, taller—and on and on—than anywhere on Earth.

Yet, unlike most clichés, which bear some grounding in reality, these prejudices couldn't

be less descriptive. Houston, on the Gulf of Mexico, lives a world apart from Dallas, much less Midland, Lubbock, or El Paso. As the fourth largest urban complex in America, it belongs to the eccentric, charismatic seaside



Natural playground for the generations of Bay City.



Chinese New Year comes to downtown Texas Street.

culture that curves around from New Orleans through Galveston to Corpus Christi. Texas was born here in 1836, at the eighteen-minute Battle of San Jacinto, but the offspring grew into a vibrant fountain of activity.

In the summers, Houston sends surfers and sun worshippers to the nearest beaches to escape the thick blanket of seaborn humidity. In the autumn, it braces with the rest of the Gulf for floods and hurricanes—and sends rescue workers by the hundreds to help the



Singing the blues in a cheerfully bluesy town. As one of the most diverse cities in America, Houston was the only major metropolis to get through the 1960s without a race riot. In 2009, with a vibrant LGBTQ community, it elected the first openly lesbian mayor of a major US city. It is a mecca for space exploration and medical research, and home to some of the best educational facilities

See Travel, page 15



Slow-cooking the brisket at the Corkscrew in Spring.

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El Segundo Herald

## Police Reports

### Monday, March 14th

A grand theft report was taken at 1038 hours from the 1400 block of East Walnut Avenue. Unknown suspect(s) stole golf clubs from an unlocked vehicle.

A petty theft report was taken at 1508 hours from the 100 block of Vista Del Mar. Unknown suspect(s) stole a bicycle seat.

A burglary (residential) report was taken at 1811 hours from the 400 block of Indiana Street. Stolen were several personal items from a secured storage area.

One male adult was detained at 2120 hours from the 2200 block of East Park Place and transported to Exodus MLK for a 72-hour psychiatric evaluation.

One male adult was arrested at 2335 hours from the 200 block of Main Street for driving a stolen vehicle, resisting arrest and one outstanding felony warrant out of LAPD.

One male adult was arrested at 2335 hours from the 200 block of Main Street for possession of methamphetamine, possession of drug paraphernalia and several outstanding misdemeanor warrants.

### Tuesday, March 15th

One male adult was detained at 0943 hours in the 2000 block of East Mariposa Avenue and transported to Exodus Medical Center for a 72-hour psychiatric evaluation.

A grand theft report was taken from the 700 block of Bayonne Street. Unknown suspect(s) stole the catalytic converter from the victim's vehicle.

A stolen vehicle report was taken at 1824 hours from Lairport Street and Maple Avenue. Taken was a 2014 Kia Optima.

A traffic collision (no injuries) report was taken from the area of Mariposa Avenue and Pacific Coast Highway.

One male adult was arrested at 0109 hours from the 2100 block of East Mariposa Avenue for possession of drug paraphernalia.

### Wednesday, March 16th

A stolen vehicle report was taken at 0720 hours from the 300 block of Bungalow Drive. Taken was a 2019 Honda.

One female adult was detained at 0819 hours from the 500 block of North Pacific Coast Highway and transported to Harbor Exodus Hospital for a 72-hour psychiatric evaluation.

One male adult was arrested 0849 hours at 6th Street and Pacific Coast Highway for one outstanding ESPD misdemeanor warrant.

A petty theft report was taken at 0807 hours from the 1900 block of East Mariposa Avenue. Unknown suspect(s) entered an unlocked vehicle and took the victim's personal property.

A vandalism report was taken at 1007 hours from the 2000 block of East Rosecrans Avenue. Unknown suspect(s) spray painted a gate.

A petty theft report was taken at 1225 hours from the 1300 block of East Grand Avenue. Unknown suspect(s) took miscellaneous mail packages from the mail area.

A hit and run (no injuries) report was taken at 1917 hours from Grand Avenue and Loma Vista Street, vehicle versus vehicle.

A grand theft report was taken from the 700 block of California Street. Unknown suspect(s) stole the catalytic converter from the victim's vehicle.

An annoying phone calls report was taken from the 2300 block of East Imperial Highway.

### Thursday, March 17th

A stolen vehicle report was taken at 0624 hours from the 2100 block of East El Segundo Boulevard. Taken was a 2012 Hyundai.

An incident report was taken at 1130 hours from the 700 block of Lairport Street. A business is receiving multiple harassing phone calls from an unknown suspect(s).

One male adult was detained at 1213 hours from the 900 block of North Pacific Coast Highway and transported to Exodus Recovery for a 72-hour psychiatric evaluation.

A battery report was taken at 1333 hours from the El Segundo Beach. Unknown suspect kicked the victim while surfing.

A stolen vehicle was recovered at 1327 hours from the 2500 block of East El Segundo Boulevard. Recovered was 2017 Ford F-550 reported stolen out of Vernon PD.

A shoplifting report was taken at 1907 hours from the 700 block of South Pacific Coast Highway. Unknown suspect(s) took Nike merchandise without paying for them.

An injury report was taken at 2054 hours from the 100 block of West Imperial Avenue. A male subject had overdosed on Fentanyl and was transported by ESD to the hospital.

### Friday, March 18th

A grand theft (vehicle) report was taken at 0813 hours from the 600 block of West Maple Avenue. Unknown suspect(s) entered the victim's unlocked vehicle and took victim's property.

A grand theft (vehicle) report was taken at 1122 hours from the 1900 block of East Mariposa Avenue. Unknown suspect(s) entered the victim's unlocked vehicle and took victim's laptop, i-Phone and suitcase containing miscellaneous clothing.

A stolen vehicle report was taken at 1147 hours from the 300 block of East Grand Avenue. Taken was a 2021 Mercedes GLC.

A stolen vehicle report was taken at 1909 hours from the 700 block of Washington Street. Taken was a 2006 Ford F250 truck.

A burglary (auto) report was taken at 2029 hours from the 1400 block of East Imperial Avenue. Unknown suspect(s) broke into the victim's vehicle and stole his property.

A petty theft report was taken at 2123 hours from the 2100 block of East Maple Avenue. Unknown suspect(s) broke into the victim's unlocked vehicle and stole his property.

A burglary (auto) report was taken at 2142 hours from the 1400 block of East Imperial Avenue. Unknown suspect(s) broke into the victim's vehicle and stole his property.

One male adult was arrested at 0015 from

**See Police Reports, page 4**

# Sports

## Eagles Rounding into Form

By Gregg McMullin

The El Segundo high school's baseball and softball teams are figuring out their strengths and weaknesses. His Eagles' strengths can be traced to pitching and solid defense for head coach Billy Traber's baseball team. As for the head coach, Megan McCann's softball team has dominated in most games and is off to the program's best start in school history. Each team will be starting their Pioneer League schedules this week, and both programs are expecting to challenge for a league title.

### Baseball Team Splits

The Eagle's pitching staff has the benefit of having two great coaches to learn from. Ricky Clark pitched the Eagles to the 1989 CIF title while Billy Traber pitched in the Major Leagues. With that in mind starting pitchers Owen Kirsten and Brady Engelhardt have benefitted from their mentors. Kirsten's ERA is 0.56 with just three walks in 25 innings, while Engelhardt has an impressive 0.95 ERA and averages a strikeout in an inning.

Kirsten pitched a complete game shutout against Bishop Montgomery in El Segundo's 3-0 win over the Knights. He gave up two hits, walked one, and struck out seven in his third consecutive, complete game shutout in a row.

The Eagles got all the runs they would need in the third inning. Jack Aguilera doubled and scored on an RBI single by Dylan Immel. In the fifth inning, Aguilera singled and scored on a sacrifice fly ball by Immel. In the seventh inning, Aguilera scored on an RBI single by Jack Stoker. The Eagles played flawless defense and let Kirsten dominate on the mound.

El Segundo traveled to Burbank for a game against the Burroughs Bears but came away with a 4-3 defeat. Engelhardt started for the Eagles and threw well enough to win but fell victim to errors that led to two unearned runs.

The Eagles got on the scoreboard in the second inning with two runs. Stoker was hit by a pitch and promptly stole second base. Lucas Bonham's RBI double scored Stoker, and Anthony Temesvary had an RBI double to make it 2-0. Burroughs tied the game in their half of the second inning on Steven Suarez's two-run single. El Segundo took a 3-2 lead in the third inning when Aguilera singled, stole second base, and scored on Evan Smith's RBI single. The Bears benefitted by two errors, two wild pitches, and a sacrifice to take a 4-3 lead. El Segundo had the tying run on base in the seventh inning on Jonathan Anderson's pinch-hit single. A game-ending double-play doomed the Eagles, and they fell 4-3.

The Eagles opened their Pioneer League schedule yesterday at North Torrance and host

the Saxons on Friday at 3:15 p.m. They'll host Eastside (Lancaster) on Saturday at 11 a.m. and Torrance next Wednesday at 6 p.m.

### Softball Team on a Roll to Start the Season

The Eagles had started the season 14-1 before losing to Rosary Academy. It is believed to be the best start in the program's history since starting in 1975. The Eagles have a potent offense and a deep pitching staff, and it showed in their 20-2 win over Palos Verdes, 4-1 victory over Redondo, and their 4-1 triumph over Aliso Niguel.

The Eagles overwhelmed the Palos Verdes Sea Kings from the start. Maya Holtzman had an RBI single to start things off in a five-run first inning. They backed that up with a nine-run second inning highlighted by a sacrifice fly ball by Norah Green and a homerun by Sophia Marrero. The Eagles stretched their lead with another five-run fourth inning and added one more in the fifth inning.

Marrero was 3-for-4 with three RBIs, Holtzman, Miranda Sullivan and Allie Stevenson each had three RBIs, while Sienna Mayer was hit by a pitch three times and had two RBIs. Haley Wantz went the distance in the circle giving up two earned runs on three hits and struck out four.

The Eagles faced Redondo on the road against a team that looks to challenge for a Bay League title. Sienna Mayer's run-scoring double got the offense going in the second inning before a three-run fifth inning put the game away. Norah Green had an RBI double in the fifth inning, and Marrero slammed a two-run home run. Bailey Douglas-Gertsch started and went four innings before giving way to Wantz, who finished up giving up an unearned run in the sixth inning, and the Eagles hung on for a 4-1 win.

El Segundo played two tournament games in Orange County. The first one against Aliso Niguel went the Eagle's way early. Marrero clobbered her third home run of the week in the first inning, this time a solo home run that gave her team a 1-0 lead. The Wolverines tied the game in their half of the first inning on a couple of timely hits. In the fourth inning, the Eagles' offense opened up with three runs. Norah Green had an RBI single, Marrero had an RBI double, and Bella Gridley's RBI single made it 4-1. Douglas-Gertsch went the distance allowing one run on six hits and struck out seven, and improved to 8-0 on the season.

The Eagles faced a hot-hitting Rosary Royals team and fell 7-2. In the first inning, Sophia Marrero hit her fourth home run of the week and fifth for the season. The Royals took a 2-1 lead in the bottom of the first

**See Eagles, page 10**



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## Love Thy Neighbor

Dear El Segundoans,

We love the profiles we've done, and we've learned so much about El Segundo's residents. We want to do more, so please keep the suggestions coming. With over 16,000 residents, we're sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 🤗

- Best to you all. HM.

Send your suggestions in  
to [letters@heraldpublications.com](mailto:letters@heraldpublications.com)

Please have your nominee's approval before you submit them as a nominee.

# Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

### EMPLOYMENT

**Motor Trend Group, LLC** (a subsidiary of Discovery Communications) seeks a Senior iOS Engineer in El Segundo, CA to develop optimal software solutions for problems of scale. Teleworking Permitted. Send resume to Tyler Williams, Discovery Communications, 9721 Sherrill Blvd, Knoxville, TN 37932.

### YARD SALE

**MULTI FAMILY** Yard Sale. Sat March 26. 8am-1pm. 800, 900 Block of Lomita St. & 1000 E Acacia. Vintage & Household decor.

### EMPLOYMENT

**Part-time rental** position available. Duties include facility and calendar management, financial management of rentals when renting out the facility. ESWCrentals@gmail.com.

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**WANTED. Vinyl, records, vinyl, anything musical.** Collectibles/antiques. Typewriters, sewing machines, military, silver, Japan, records, stamps, coins, jewelry, Chinese, ANYTHING. Buy/Sell/Trade. We sell for you on EBAY. Studio Antiques, El Segundo. 310.322.3895.

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.



## Police Reports

from page 3

the 300 block of North Pacific Coast Highway for possession of drug paraphernalia and given a citation out in the field.

A burglary (auto) report was taken at 0359 hours from Cypress Street and Imperial Avenue. Unknown suspect(s) broke into the victim's vehicle and stole his property.

### Saturday, March 19th

One male adult was arrested at 0806 hours from the 500 block of North Pacific Coast Highway for defrauding an innkeeper.

A grand theft report was taken at 1321 hours from the 200 block of Sierra Street. Unknown suspect(s) entered the victim's unlocked vehicle and removed miscellaneous items

One male adult was arrested at 0048 hours from Imperial Highway and Pacific Coast Highway for misdemeanor DUI.

One male adult was issued a citation out in the field at 0419 hours from the 1900 block of East Mariposa Avenue for possession of drug paraphernalia.

A burglary (auto) report was taken at 0456 hours from the 800 block of North Pacific Coast Highway. Unknown suspect(s) broke into the victim's vehicle and stole his property.

### Sunday, March 20th

A female adult was detained at 0722 hours from the 400 block of North Pacific Coast Highway and transported to Little Company

of Mary for a 72-hour psychiatric evaluation.

A burglary (vehicle) report was taken at 1132 hours from the 1400 block of East Imperial Avenue. Unknown suspect(s) broke into the victim's vehicle and stole her property.

A burglary (vehicle) report was taken at 1512 hours from the 1100 block of East Walnut Avenue. Unknown suspect(s) broke into the victim's vehicle.

A vehicle was reported stolen at 1617 hours from the 600 block of West Pine Avenue. Taken was a 2012 Hyundai Tucson.

A burglary report was taken at 2006 hours from the 400 block of Richmond Street. Unknown suspect(s) stole clothing worth over a \$1000.00.

A misdemeanor hit and run report was taken at 2242 hours from the 800 block of Center Street, vehicle versus parked vehicle.

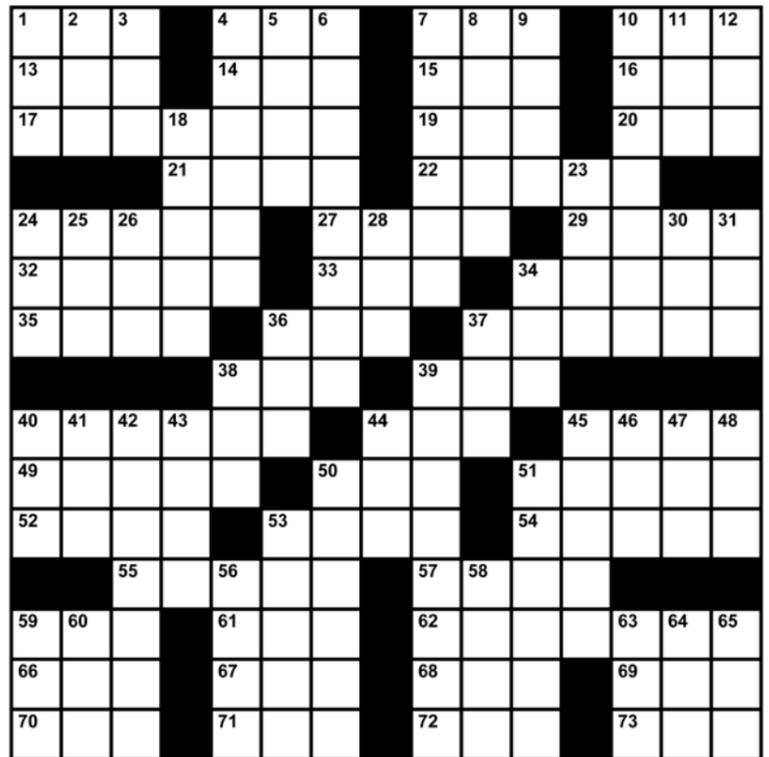
One female adult was arrested at 2338 hours from Mariposa Avenue and California Street for assault with a deadly weapon on a fireman, attempting to steal a vehicle and resisting arrest.

A battery report was taken at 2352 hours from the 2100 block of East El Segundo Boulevard, a female adult pepper sprayed a male adult.

An arson report was taken at 2321 hours from the 2100 block of East Park Place. Unknown suspect(s) started a brush fire. •

## WEEKLY CROSSWORD

See Answers Next Week



### Across

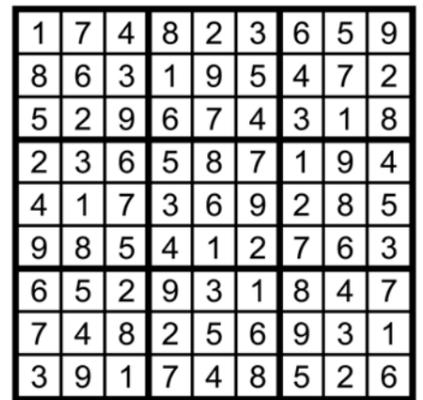
1. It may have a keeper
4. Lincoln or Ford
7. Get into a stew?
10. Catch forty winks
13. "This \_\_\_ shall pass"
14. Be a false witness
15. "A long time \_\_\_ in a galaxy ..."
16. Be indebted to
17. Creeks
19. Like sushi
20. Waterlogged
21. Fall shade
22. Beethoven's "Choral" Symphony
24. Book with maps
27. All-comers tournament
29. Cooking instruction
32. Bing, bang or boom
33. Free from
34. Crowd motion
35. Kind
36. Figure out
37. Summer temperature in some areas
38. Piece of football gear
39. Evening hour
40. Some religious celebrations
44. Rabble
45. In between black and white
49. Thespian
50. Fashion line

### Down

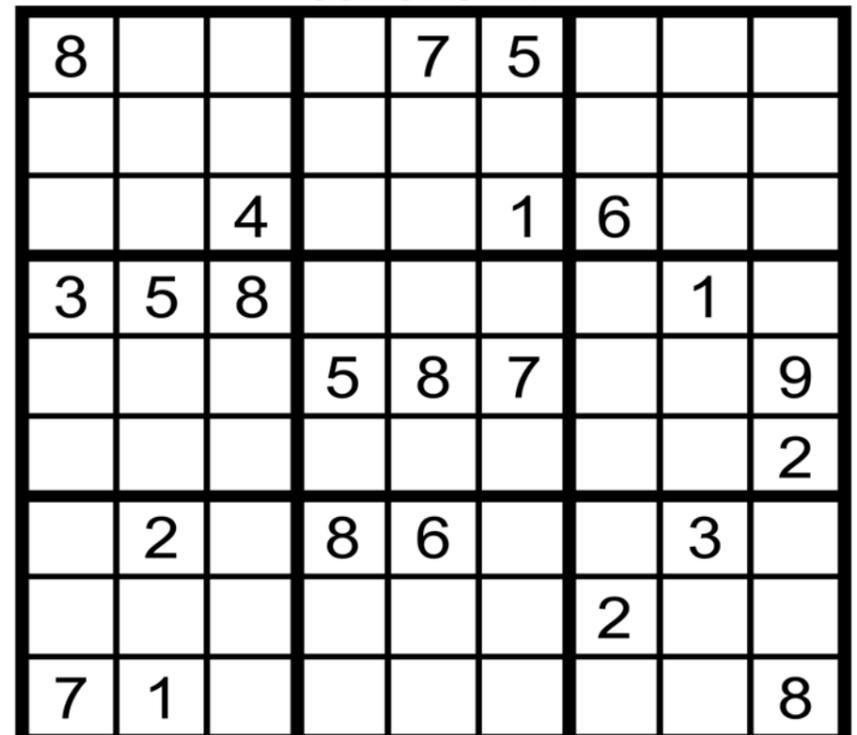
1. "\_\_\_ me" (phone response)
2. Common negative
3. "Neither rain \_\_\_ sleet ..."
4. Contract provision
5. Points at
6. Touched up, like old masters
7. Took in
8. Once more
9. \_\_\_ houses
10. Some live in it's middle
11. Floor
12. Special favourite
18. Clear, as a disk
23. Holier \_\_\_ thou

24. Carpenter, for one
25. Bathub submarine, e.g.
26. Below the nose
28. Crater
30. Play a part
31. Your, to a Quaker
34. Recipe direction
36. Engine need
37. Point
38. Proportionately
39. To an extent
40. Vandalize
41. Humourist, \_\_\_ Goodman
42. Unyielding
43. Couch
44. Shook hands with, say
45. Wonderful
46. Manage
47. Recipe direction
48. Favourable vote
50. Concealed
51. Bright red
53. Military operation
56. Recreation
58. "I am not my \_\_\_ " India Arie
59. Thimbleprop
60. Self starter?
63. It takes in the sights
64. Davy Jones's domain
65. Veteran seafarer

### Last Week's Answers



### SUDOKU Medium



Each Sudoku puzzle consists of a 9x9 grid that has been subdivided into nine smaller grids of 3x3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.



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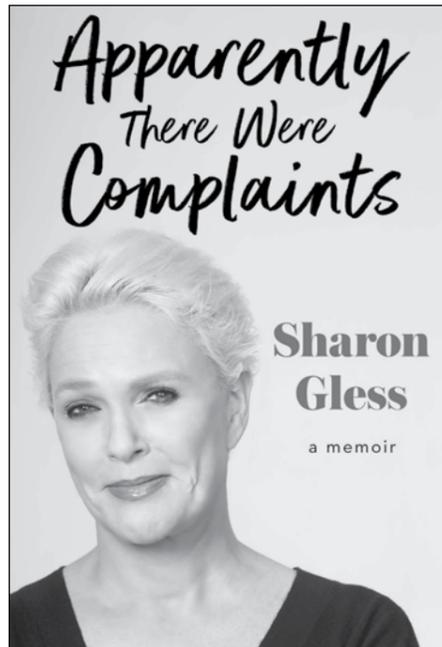
★ ★ Entertainment ★ ★

**Check It Out**

**Apparently There Were Complaints**  
by Sharon Gless

By ESPL Library Assistant Roz Templin

Actress Sharon Gless calls ‘em as she sees ‘em. Her memoir *Apparently There Were Complaints* is laugh-out-loud funny and sometimes jaw-droppingly dumbfounding. She is astoundingly honest about her life, especially so about her own behavior with



in the 1970s. She worked as a production secretary by day and honed her acting skills at night. A non-paying appearance in a play at a senior community center brought her to the attention of well-known talent agent Monique James. Sharon Gless became the last contract player in Hollywood history, when she was signed by Universal Studios. And THEN what? Her first television series ... with Robert Wagner and Eddie Albert: *Switch*. Many more guest appearances, TV movies and series followed until her big break: playing Christine Cagney on *Cagney & Lacey* on CBS. Not only did she and her co-star Tyne Daly portray characters who would have a major impact with viewers, especially women, but they received acknowledgment by the entertainment industry as well. Sharon won two Emmys and a Golden Globe during the run of the series.

Anecdotes about Hollywood stars (her friendship with Andy Griffith actually saved her life!), her complicated history with her husband Barney Rosenzweig (Cagney & Lacey’s executive producer), a life-long struggle with alcoholism and the pain of many losses of family members and friends are just a few of the many topics Sharon shares with readers and fans.

*Apparently There Were Complaints* is available both in hardcover and audiobook formats. I would encourage you to try the audiobook ... hearing the distinctive rasp of Sharon Gless’s voice certainly enhanced the telling of her story, at least for me.

The El Segundo Public Library invites you to browse our books, magazines, cds and many other materials available for checkout. We also present programs and special events for our community. Drop in anytime! •



Roz Templin

*Apparently There Were Complaints* by Sharon Gless regard to personal addictions, relationships and her experiences in Hollywood.

She chronicles her early years of privilege that contrast starkly with the sadness of living through her parents’ divorce and the resulting traumas she and her brothers endured. Sharon soon began to struggle with her weight, substituting her love of food for her missing father. She tended to overindulge as a means to console herself when she couldn’t quite understand what her prominent family expected of her. She seemed to have a difficult time pleasing her wealthy, controlling grandmother – she couldn’t quite understand how to emulate the demure, obedient debutante that she was being pushed to become.

College didn’t work out for Sharon, so she began a series of experiments with employment, including a hilarious misadventure with aluminum siding. After a few “going-nowhere” secretarial jobs, she had an epiphany while visiting her grandfather in Arizona: “I want to be an actress.”

With her grandfather’s support, Sharon began taking acting lessons with Estelle Harman, a leading acting teacher in Hollywood

**Film Review**

**‘Rock Bottom Riser’ is a Psychedelically Explosive Nature Doc**

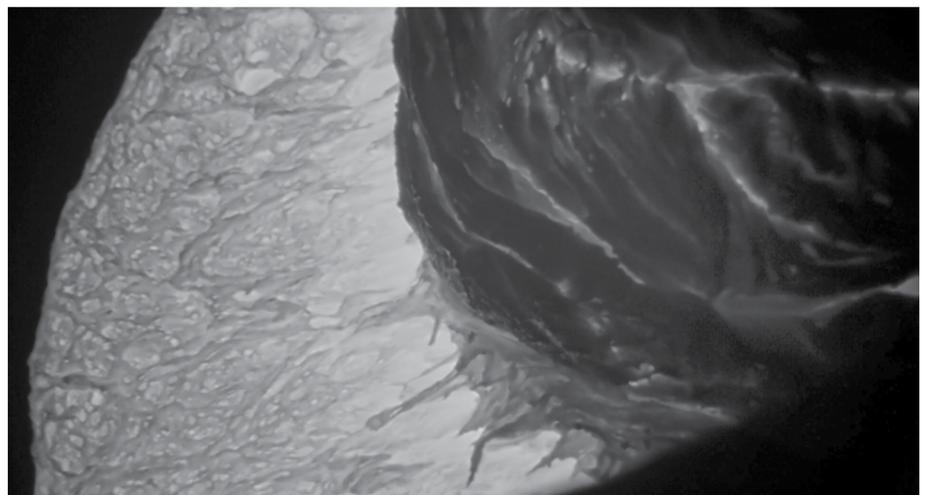
By Morgan Rojas, Cinemacy.com

*Where to watch:* Now playing in Los Angeles at the Lumiere Music Hall.

Having screened in 35mm at the Metrograph Theater in New York, experimental filmmaker Fern Silva’s *Rock Bottom Riser* makes its way to Los Angeles tomorrow, March 12th,

is expressed in so many different ways in this film, and the recurring statement that “Earth is our mother, Sky is our father” is one of the more easily digestible lines of impact.

Perhaps most striking is Silva’s conviction that we, the audience, are all students of life on a never-ending journey towards sustain-



*Rock Bottom Riser*, courtesy of The Cinema Guild.

and—trust me—you don’t want to miss it. With an explosion of piercing, hypnotic visuals set to a sensational score, *Rock Bottom Riser* is more of an experience than a traditional film, making for a truly unforgettable impression on the eyes, ears, and mind.

Fern Silva’s psychedelic approach to showing the ongoing crisis indigenous Hawaiians face over scientific expansion into their most sacred natural mountains is not your average nature documentary. Silva uses different techniques to show the importance of ethnography, geology, and the cosmos in our evolutionary fight for survival. While at times its non-narrative structure can feel overwhelming, Silva’s avant-garde masterpiece is to be interpreted literally or metaphorically as you see fit. The only worry I had was that if I blinked, I’d miss something spectacular. And so, I didn’t blink.

From underwater volcanic eruptions to images of the stars in the night sky, *Rock Bottom Riser* holds the ethos of the Hawaiian culture close to its heart. The symbiotic relationship we have with the natural world

ability and survival. “A bird is never lost with its internal compass,” says one man in reference to the importance of astronomy. Astronomy gives us a chance for survival and allows us to navigate the probability of living off of Earth.

*Distributed by The Cinema Guild. 1 hour 9 minutes.* •



Morgan Rojas

*“There is more treasure in books than in all the pirate’s loot on Treasure Island.”*  
— WALT DISNEY

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## Finance

### How Many Couples Make Long-Term Financial Decisions Together?

(BPT) - Should married women and men be equally involved in long-term financial decisions? Your answer is likely a resounding yes! The problem is, although everyone agrees a joint financial approach is best for spouses, it's rarely happening in reality.

According to the 2021 "Own Your Worth" report from UBS, the world's largest global wealth manager, nearly 100% of women and men believe women should be more involved in long-term financial decisions, such as investing, financial planning and estate planning. What's more, women and men overwhelmingly believe that unless women are equally involved in these decisions, there will never be true gender equality.

Despite these strong beliefs, in heterosexual marriages, men continue to manage most of the finances. Seven in 10 men say they take the lead on long-term financial decisions, often believing they know more about long-term finances than their spouse. But there's good news: Among men who take the lead, nine in 10 wish their spouse was more involved in long-term financial decisions.

Both women and men agree that making long-term financial decisions together would increase their confidence in the future, minimize

financial mistakes and reduce anxiety about money. Currently, only about 20% of couples make long-term financial decisions together.

Surprisingly, this is even more common in younger couples. Prior to marriage, 88% of millennial women plan to share long-term financial decisions equally or take the lead. But after marriage, only 15% of millennial women make these decisions together. Fifty-one percent defer to their spouses - more than any other generation.

The importance of equal spousal participation is something that became clear the moment that John had an unexpected heart attack at age 34. Fortunately, John survived and he and his wife, Chris, learned an important lesson. They now communicate regularly about finances and have everything documented in writing. This gives them both confidence in the future no matter what happens.

John and Chris's story is part of "Real life, real stories," an Own Your Worth video series found at UBS.com/women which shows how real people manage money, what's at stake and lessons learned.

"Participation is the key to change," says Carey Shuffman, Head of the Women's Segment

See Finance, page 10

## Seniors

### The Importance of Planning Your Own Funeral

(BPT) - At some point, most of us will need to make final arrangements for someone we will miss. Coupled with overpowering grief, making even the simplest decisions about a funeral or cremation service can be confusing and overwhelming, especially since those decisions often need to be made in the days immediately following a death. Occasionally, decisions are made in haste and leave loved ones feeling like they didn't do enough to truly honor and celebrate a unique life.

By working with a funeral professional to plan your service ahead of time, you give your loved ones peace of mind and comfort, as well as remove a potential financial burden. Here are four reasons to plan your own funeral or cremation.

Your loved ones can focus on healing. When you pass, you will leave behind people who are deeply saddened by your absence. The days and weeks right after your passing will be emotionally difficult. Having all your arrangements in place and your final wishes documented will help relieve some of the stress involved in planning your memorial service and allow those who loved you most to concentrate on coming together and comforting one another.

It's a good financial decision. The cost of living has increased over the years, and so has the cost of the average funeral. By planning ahead, you can lock in today's pricing. A burial space in a beautiful, serene section of your local cemetery could increase in value before the time of your passing. When you pre-arrange your final arrangements that burial spot will remain the same price as it was when you bought it, protecting your loved ones against rising inflation.

You can plan almost every detail in advance. Prepaid funeral plans typically include almost every aspect of your final arrangements, from the services of the funeral director to the casket of your choosing to the venue you select and more. Often, you can even select flowers and mementos for family and friends. And, by documenting all of your wishes, your family will know to incorporate additional special touches, such as song selections, special readings or videos.

Your final wishes are recorded. Perhaps you would prefer a small, intimate memorial service, but your loved ones envisioned a flashy, expensive send-off. Planning final wishes ahead of time takes the guesswork out of the

See Seniors, page 10

## Henry Stuart

then served a stint in the armed forces.

Stuart said he had an eye on participating in the 1956 Melbourne Olympics and played on an all-armed services water polo team that participated in the '56 U.S. Olympic trials, but finished third, unable to secure a trip to Australia.

He ended up in Germany, working for a period as an infantry medic. He was selected

After his stint in the military, Stuart returned to the South Bay and became a "recurrent beach guard." One of his friends encouraged him to take up "rowing and dory-ing," which he said, "I did not know anything about." Stuart tried to immerse himself in competitive lifeguard dory racing, but the results were not immediate. "We were awful," he said, but after a couple of seasons, Stuart realized

participate in the El Segundo High School aquatics program: "Stuart was easy to talk to when it came to aquatic sports. I love the guy. I know that Saari is revered as the father of (El Segundo) aquatics, but there should be a paternal description given to Henry."

Stuart finished his schooling at Cal State Long Beach, achieving his teaching credential in science. He taught in the Torrance Unified School District before moving to the now-shuttered Aviation campus, where Maury recruited him to teach and coach water polo. Stuart spent five years there, and when he heard that Saari was going to retire from his post with the El Segundo Unified School District, he applied for the position. Stuart did not initially get the high school gig; he was first hired to work at what is now the El Segundo Middle School. At that point, he was also coaching the high school's junior varsity water polo team.

When Saari's health began declining, Stuart took over the high school water polo program, "probably in 1975," he said.

He spoke of the challenges a small high school, like El Segundo's, has in fielding competitive sports teams, noting the need to nurture the athletes, so that when their senior season arrives, they excel. "It was very rewarding to me," he said. "I stayed with it until 1998," when he retired. "I did not always have the people that could win a title," he said, "but you do the best you can with what you have."

He relishes communications with his ex-players and students. "A lot of youngsters call me," he said, "telling me about the impact that I made on their lives." He said that focusing on winning championships may consume some coaches, but "I felt that taking care of the needs of these youngsters was very important."

Stuart's name is on the program disseminated at the annual "Henry Stuart South Bay Water Polo Tournament." Stuart said that the first iteration of the tournament started five decades ago and that Stuart had his name attached to the festivities by someone else because that would ensure "that I would do

all of the work." He still oversees the tournament, which typically takes place in October, in conjunction with a parent's group.

"I still supply the trophies," he said, while noting that the tournament provides two scholarships to participants. Stuart and his wife Joan try to attend as many high school games as possible, especially the home games that are now played at the aquatic's facility



Henry and Joan Stuart. Photo's courtesy of Henry Stuart.

to participate in the "military Olympics" and "spent some time" in the French Riviera. He soon learned that the European version of water polo was rougher than the game played in America.

"We played a clean game," he said. "They played with no rules whatsoever. We did not do very well at those games," Stuart said, mentioning his squad's lack of practice time and unfamiliarity with the Europeans' tactics. "The Europeans played very rough; a lot of holding and grabbing, stuff like that."

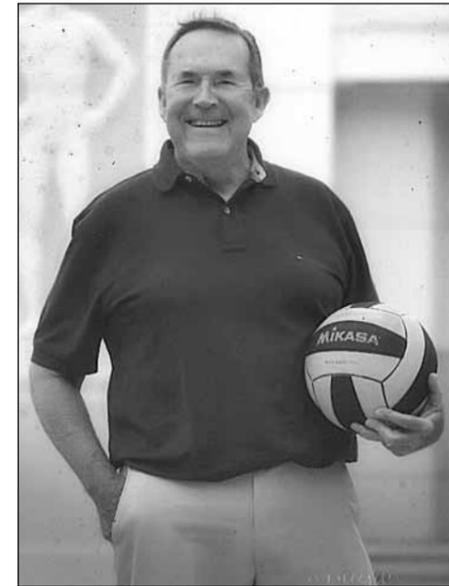
One can imagine what was occurring underwater. "What they don't see," Stuart said, "they do not call," referring to the referees. "But that is just the way it is," Stuart said, adding the United States players soon began incorporating the Europeans clutch-and-grab tactics into their repertoire.

that competing in those competitions helped keep him in great shape, now that he was no longer competing in the water polo pools.

Fast forward to the early 1970s, and Stuart and rowing partner Mike Maury, in eight years, captured six national lifeguard titles, seizing four overall championships in the National Doryman's Association rowing circuit.

Maury, who lives in Manhattan Beach, met Stuart while lifeguarding and convinced Stuart to move to Aviation High to coach and had this to say about his friend: "He is one-of-a-kind. He is very thorough," Maury noted that he and Stuart had a "different (rowing) technique" that seemed to have worked out quite well as they amassed their rowing trophies. "He was a great coach and a great dory man," Maury said.

Mike Briney, who had three of his children



Henry Stuart.

located on the Wiseburn Unified School District facility on Douglas Street. "An ideal facility," Stuart said.

So, what does the happily retired Stuart do? Sometimes, not much. "The last couple of years," said the 86-year-old Stuart, "I have been staying close to home."

Like most El Segundo residents, Stuart evinces no desire to get out of Dodge. Or Mayberry. "El Segundo is a unique town that I enjoy." He said, riffing on the old days when the city ended at the thoroughfare that used to be known as Sepulveda. "There used to be strawberry fields out there," he reminisced, mentioning the defense contracting plants that dotted the landscape stretching east towards Aviation Boulevard.

"I don't know why anyone would want to leave," concluded the El Segundo lifer. •

*"The water is your friend.....you don't have to fight with water, just share the same spirit as the water, and it will help you move."*

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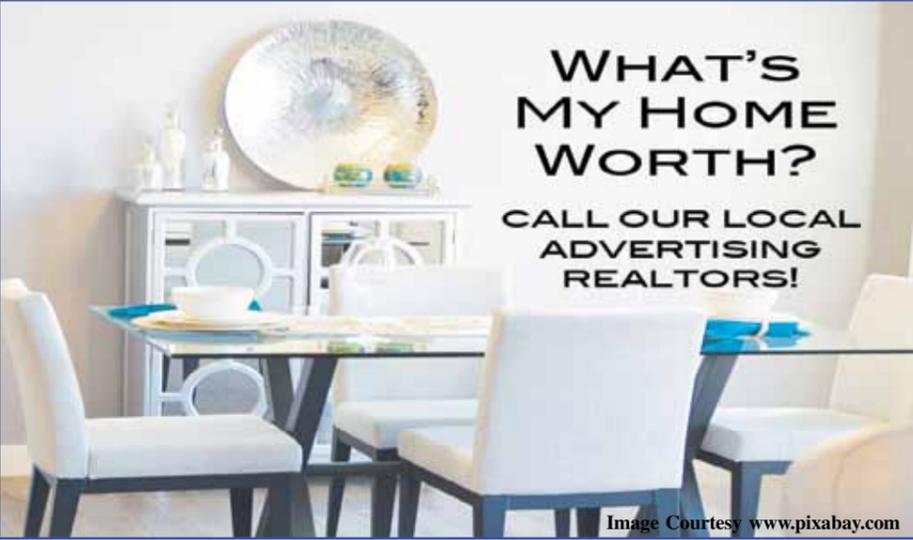
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quote for the week  
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 - ELON MUSK



# Eagles

from page 3

on a fielder's choice by Nevaeh Trejo. In the second inning, Sierra Mayer singled and later scored as the Eagles tied the game at 2-2. But the Royals took the lead for good in the third inning on Kayla Martin's two-run single to take a 4-2 lead to a win over the Eagles.

The Eagles opened their Pioneer League schedule yesterday against North Torrance and host Torrance on Friday at 3:15 p.m. and will host nationally-ranked South Torrance next Tuesday at 3:15 p.m.

### Cardinals Sweep Little League Double-header

One of the highlights of each Little Leaguer each season is playing in a Saturday double-header. It can be a challenge for managers to figure out a pitching rotation, but teams seem to figure it out. What isn't a challenge is how

much fun the players have between games snacking down on snacks and full-on spread the player's parents bring for consumption between games.

The Cardinals and Angels met for their double-header, and the Cardinals swept the day, winning 9-4 in the first game and 8-7 in the nightcap.

The Cardinals trailed the Angels 4-0 in the first game but mounted a comeback in their win. Carson Puffer's three-run home run highlighted a big inning, and the Cardinals won easily. In the second inning, the Cardinals overcame a 3-1 deficit to win it in the bottom of the sixth inning.

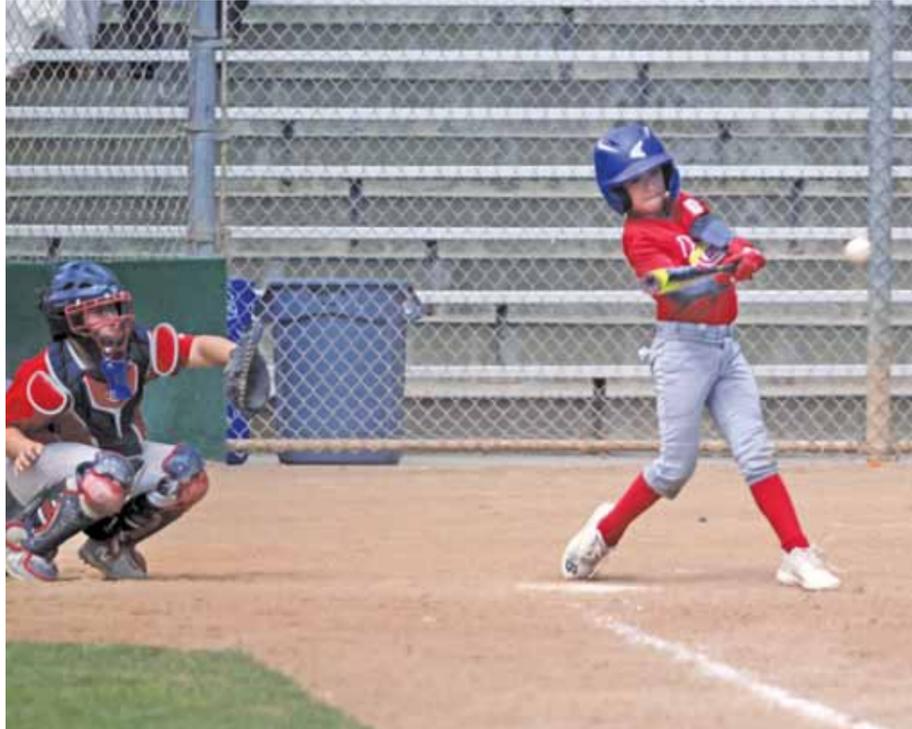
In the first inning, Daniel Bass reached first base on a strike out past ball. He later scored on an error. Crew O'Conner reached on an

infield error and scored on Benni Rayburn's single to give the Angels a 2-0 lead. The Cardinals countered with a run when Max Adlam doubled and scored on Cade Maehling's RBI single. The Angels padded their lead when Logan Meyer singled and scored on an error to make it 3-1 in the second inning.

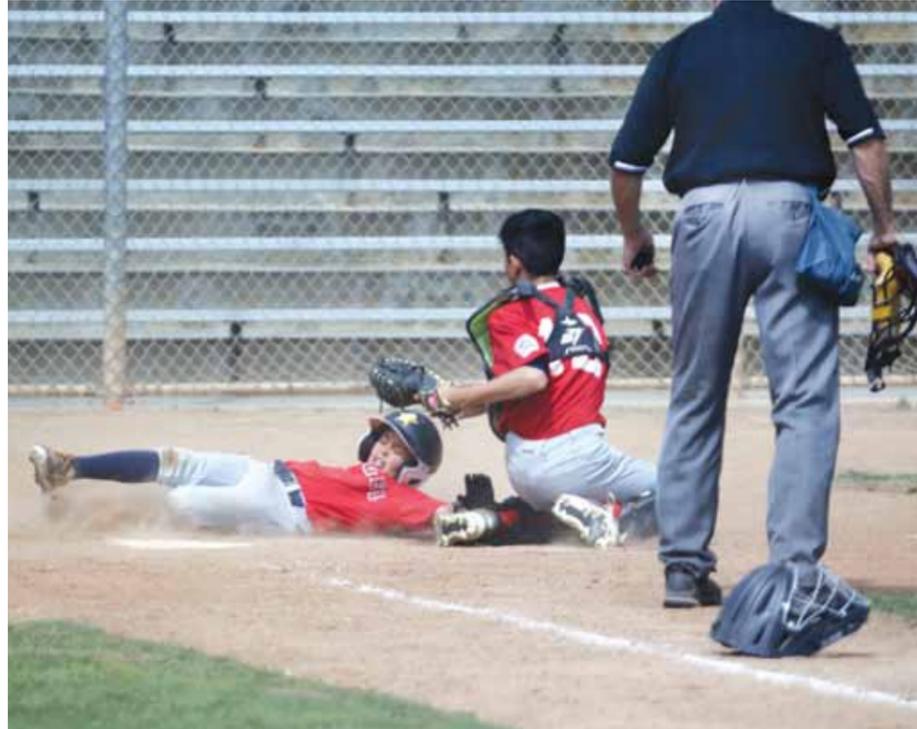
In the third inning Travis Berman, Joshua Arieta, and Adlam each singled to load the bases for the Cardinals. Luke Fowler had an RBI single, and Berman's RBI double scored the Cardinals' sixth run and a 6-4 lead. The Angels cut their deficit in the fourth inning when Mikey Lambert walked and scored on Xavier Gomez's sharp single to centerfield to make it 6-5. In the fifth inning, the Cardinals took the benefit of four walks to score and make it 7-5. The Angels, however, tied the

game in the top of the sixth inning. Lennon Salazar and Rayburn singled and scored on Logan Meyer's single to tie the game at 7-7. The Cardinals won it in the bottom of the inning. Heath Shoepe drew a walk and later scored on a passed ball to give the Cardinals an 8-7 win.

The Cardinals may have swept the double-header but the real winners were members of both teams and their family and friends watching in the stands. Is there anything better than watching your kids getting dirty, playing baseball all day, and eating their favorite food between games? My suggestion would be to attend a Little League or a girls' softball game and watch these young athletes play a game they truly love. You'll get more enjoyment from the smiles they radiate during their games. •



Travis hits an RBI double for the Cardinals in the third inning.



The Cardinals Max Adlam tags the Angels Logan Meyer out at the plate in the third inning.

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## Seniors

from page 6

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"exactly what mom wanted."  
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## Finance

from page 6

at UBS. "It's critical for women to take their seat at the 'money table' so they can actively design the life and legacy they want. Men can be instrumental allies in removing barriers so active participation is possible."

George, a retired Baby Boomer and husband to Bonnie, agrees. "With us discussing all the financial decisions that we made, it helped us to make the best decisions because two heads are always better than one. My wife has a good handle on all the finances, so when I'm gone I have peace of mind she will do the right thing."

First steps for equal financial involvement Every couple's situation is unique, but the most important thing is to get started together. Schedule regular conversations about where your finances are currently and your vision for the future. Be open, honest and value each other's opinions. To help share long-term

financial decisions equally, ask each other some questions:

- What do you want to accomplish in your life?
- Who are the people that matter most to you?
- What do you want your legacy to be?
- What are your main concerns?
- How do you plan to achieve your life's vision?

"When couples participate equally in long-term decisions, they feel greater confidence in achieving their goals, greater satisfaction in their financial situations and less stress about money, so this is a very powerful step in any marriage," said Shuffman. "The importance of participation in long-term financial decisions doesn't just apply to women in couples - women who are not in a partnership can ask these questions of themselves, or speak with other trusted loves ones, peers, or a financial professional, to help them get started." •

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NOTICE: This Fictitious Name Statement expires on February 17, 2027. A new Fictitious Business Name Statement must be filed prior to February 17, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2485

Fictitious Business Name Statement 2022041693

The following person(s) is (are) doing business as LIEM HOSPICE, 3089 N. LIMA ST., STE. A, BURBANK, CA 91504, LOS ANGELES COUNTY. Registered Owner(s): GOLDEN SEASONS HOSPICE, INC., 1164 N. BRAND BLVD., SAN FERNANDO, CA 91340, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2022. Signed: GOLDEN SEASONS HOSPICE, INC., LETICIA ALDABA, CEO. This statement was filed with the County Recorder of Los Angeles County on February 22, 2022.

NOTICE: This Fictitious Name Statement expires on February 22, 2027. A new Fictitious Business Name Statement must be filed prior to February 22, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2491

Fictitious Business Name Statement 2022031529

The following person(s) is (are) doing business as UNITED PACIFIC SURGERY CENTER, 18133 VENTURA BLVD. STE 400 TARZANA, CA 91365, LOS ANGELES COUNTY. Registered Owner(s): NORTH ANAHEIM SURGERY CENTER, LLC 18133 VENTURA BLVD STE 400, TARZANA, CA 91365, CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: NORTH ANAHEIM SURGERY CENTER, LLC, JAMES BOWDEN, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on February 8, 2022.

NOTICE: This Fictitious Name Statement expires on February 8, 2027. A new Fictitious Business Name Statement must be filed prior to February 8, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/2022 H-2497

Fictitious Business Name Statement 2022058567

The following person(s) is (are) doing business as INVITA HEALTHCARE TECHNOLOGIES, 12121 WILSHIRE BOULEVARD, SUITE 205, LOS ANGELES, CA 90025, LOS ANGELES COUNTY. AI #ON: C2297526. Registered Owner(s): TRANSPLANT CONNECT, INC., 12121 WILSHIRE BOULEVARD, SUITE 205, LOS ANGELES, CA 90025, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: TRANSPLANT CONNECT, INC., GARRETT M. MONDA, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on March 15, 2022.

NOTICE: This Fictitious Name Statement expires on March 15, 2027. A new Fictitious Business Name Statement must be filed prior to March 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/24, 3/31, 4/7, 4/14/22 H-2502

Fictitious Business Name Statement 2022029983

The following person(s) is (are) doing business as 1) WEXFORD INSTITUTE, 28633 S. WESTERN AVE STE. 203, RANCHO PALOS VERDES, CA 90275. 2) WEXFORD INC, P.O. BOX 4089, PALOS VERDES PENINSULA, CA 90274, LOS ANGELES COUNTY. AI #ON: C1990762. Registered Owner(s): WEXFORD INC, 27520 HAWTHORNE BLVE STE. 130, ROLLING HILLS ESTATES, CA 90274, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2007. Signed: WEXFORD INC, SARANDON BRACERO, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on February 7, 2022.

NOTICE: This Fictitious Name Statement expires on February 7, 2027. A new Fictitious Business Name Statement must be filed prior to February 7, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2486

Fictitious Business Name Statement 2022044422

The following person(s) is (are) doing business as ALDERUS MORTGAGE, 1551 SAWGRASS CORPORATE PKWY SUITE 300, SUNRISE, FL 33323, BROWARD COUNTY. AI #ON: 3387851. Registered Owner(s): HAMILTON HOME LOANS, INC., 1551 SAWGRASS CORPORATE PARKWAY, SUITE 300, SUNRISE, FL 33323, FLORIDA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: HAMILTON HOME LOANS, INC., TAMMY SCOTT, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on February 24, 2022.

NOTICE: This Fictitious Name Statement expires on February 24, 2027. A new Fictitious Business Name Statement must be filed prior to February 24, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/22 H-2492

Fictitious Business Name Statement 2022034544

The following person(s) is (are) doing business as EYESTONE ENVIRONMENTAL, 2121 ROSECRANS AVE STE 3355, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. Registered Owner(s): EYESTONE-JONES ENVIRONMENTAL, LLC, 2121 ROSECRANS AVE STE 3355, EL SEGUNDO, CA 90245, CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2015. Signed: EYESTONE-JONES ENVIRONMENTAL, LLC, STEPHANIE EYESTONE-JONES, MANAGER. This statement was filed with the County Recorder of Los Angeles County on February 11, 2022.

NOTICE: This Fictitious Name Statement expires on February 11, 2027. A new Fictitious Business Name Statement must be filed prior to February 11, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/2022 H-2498

Fictitious Business Name Statement 2022058573

The following person(s) is (are) doing business as 1) TEAM ONE, 2) TEAM ONE ADVERTISING, 13031 WEST JEFFERSON BOULEVARD, LOS ANGELES, CA 90094, LOS ANGELES COUNTY. AI #ON: 202119710023. Registered Owner(s): SAATCHI & SAATCHI NORTH AMERICA, LLC, 375 HUDSON STREET, NEW YORK, NY 10014, DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SAATCHI & SAATCHI NORTH AMERICA, LLC, ROBERT W. VYVERBERG, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on March 15, 2022.

NOTICE: This Fictitious Name Statement expires on March 15, 2027. A new Fictitious Business Name Statement must be filed prior to March 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/24, 3/31, 4/7, 4/14/22 H-2503

Fictitious Business Name Statement 2022042261

The following person(s) is (are) doing business as GRAPHIC COMMUNICATIONS, 2600 S COMMERCE WAY, CITY OF COMMERCE, CA 90040, LOS ANGELES COUNTY. Registered Owner(s): VERITIV PUBLISHING & PRINT MANAGEMENT, INC., 1000 ABERNATHY RD BLDG 400, STE 1700, ATLANTA, GA 30328, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: VERITIV PUBLISHING & PRINT MANAGEMENT, INC., MARK W. HIANIK, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on February 22, 2022.

NOTICE: This Fictitious Name Statement expires on February 22, 2027. A new Fictitious Business Name Statement must be filed prior to February 22, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2487

Fictitious Business Name Statement 2022042896

The following person(s) is (are) doing business as PROVIDENCE LITTLE COMPANY OF MARY HOME HEALTH, 1) 5315 TORRANCE BLVD., SUITE B169, TORRANCE, CA 90503. 2) DEPT. LEGAL AFFAIRS, 1801 LIND AVE. SW #9016, RENTON, WA 98057, LOS ANGELES COUNTY. Registered Owner(s): PROVIDENCE HEALTH SYSTEM - SOUTHERN CALIFORNIA, 1801 LIND AVE SW #9016, RENTON, WA 98057. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2017. Signed: PROVIDENCE HEALTH SYSTEM - SOUTHERN CALIFORNIA, JOHN WHIPPLE, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on February 23, 2022.

NOTICE: This Fictitious Name Statement expires on February 23, 2027. A new Fictitious Business Name Statement must be filed prior to February 23, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/22 H-2493

2022051298 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

Current File #2021270034 The following person has abandoned the use of the fictitious business name: AMADA HOSPICE, 3089 N. LIMA ST. #A, BURBANK, CA 91504. The fictitious business name referred to above was filed in the County of Los Angeles on DECEMBER 13, 2021. Registrants: GOLDEN SEASONS HOSPICE, INC., 1164 N. BRAND BLVD., SAN FERNANDO, CA 91340, CALIFORNIA. This business was conducted by a Corporation. Signed: GOLDEN SEASONS HOSPICE, INC., LETICIA ALDABA, CEO. This statement was filed with the County Clerk of Los Angeles County on MARCH 4, 2022. EL SEGUNDO HERALD: Pub. 3/10, 3/17, 3/24, 3/31/2022 H-2496



Fictitious Business Name Statement 2022041685

The following person(s) is (are) doing business as BULKLEY DUNTON, 2600 S COMMERCE WAY, CITY OF COMMERCE, CA 90040, LOS ANGELES COUNTY. Registered Owner(s): VERITIV PUBLISHING & PRINT MANAGEMENT, INC., 1000 ABERNATHY RD, BLDG. 400, STE 1700, ATLANTA, GA 30328, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: VERITIV PUBLISHING & PRINT MANAGEMENT, INC., MARK W. HIANIK, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on February 22, 2022.

NOTICE: This Fictitious Name Statement expires on February 22, 2027. A new Fictitious Business Name Statement must be filed prior to February 22, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2488

Fictitious Business Name Statement 2022042893

The following person(s) is (are) doing business as PROVIDENCE LITTLE COMPANY OF MARY HOME HEALTH, 1) 3551 VOYAGER STREET #201, TORRANCE, CA 90503, LOS ANGELES COUNTY. Registered Owner(s): PROVIDENCE HEALTH SYSTEM - SOUTHERN CALIFORNIA, 1801 LIND AVE SW #9016, RENTON, WA 98057. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2017. Signed: PROVIDENCE HEALTH SYSTEM - SOUTHERN CALIFORNIA, JOHN WHIPPLE, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on February 23, 2022.

NOTICE: This Fictitious Name Statement expires on February 23, 2027. A new Fictitious Business Name Statement must be filed prior to February 23, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/22 H-2494

Fictitious Business Name Statement 2022055125

The following person(s) is (are) doing business as 1) MAISIE BEATS, 2) MAISIE ANTHEMS, 3) MAISIE SONGS, 5808 W. SUNSET BLVD FL. 10, LOS ANGELES, CA 90028, LOS ANGELES COUNTY. Registered Owner(s): MAISIE MUSIC PUBLISHING, LLC, 5808 SUNSET BLVD. 11TH FLOOR, LOS ANGELES, CA 90028, DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MAISIE MUSIC PUBLISHING, LLC, VERONIQUE BORDEAU, MANAGING MEMBER. This statement was filed with the County Recorder of Los Angeles County on March 10, 2022.

NOTICE: This Fictitious Name Statement expires on March 10, 2027. A new Fictitious Business Name Statement must be filed prior to March 10, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/17, 3/24, 3/31, 4/7/22 H-2500

Fictitious Business Name Statement 2022058570

The following person(s) is (are) doing business as 1) CONILL ADVERTISING, 2) SAATCHI & SAATCHI, 3) SAATCHI & SAATCHI LOS ANGELES, 555 AVIATION BOULEVARD, EL SEGUNDO, CA 90245, LOS ANGELES COUNTY. AI #ON: 202119710023. Registered Owner(s): SAATCHI & SAATCHI NORTH AMERICA, LLC, 375 HUDSON ATREET, NEW YORK, NY 10014, DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SAATCHI & SAATCHI NORTH AMERICA, LLC, ROBERT W. VYVERBERG, VICE PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on March 15, 2022.

NOTICE: This Fictitious Name Statement expires on March 15, 2027. A new Fictitious Business Name Statement must be filed prior to March 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/24, 3/31, 4/7, 4/14/22 H-2504



Fictitious Business Name Statement 2022041645

The following person(s) is (are) doing business as CELLIPONT BIOSERVICES, 12860 DANIELSON COURT SUITE B, POWAY, CA 92064, SAN DIEGO COUNTY. Registered Owner(s): PERFORMANCE CELL MANUFACTURING, INC., 12860 DANIELSON COURT SUITE B, POWAY, CA 92064, CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: PERFORMANCE CELL MANUFACTURING, INC., DEBORAH WILD, CEO. This statement was filed with the County Recorder of Los Angeles County on February 22, 2022.

NOTICE: This Fictitious Name Statement expires on February 22, 2027. A new Fictitious Business Name Statement must be filed prior to February 22, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/3, 3/10, 3/17, 3/24/22 H-2490

Fictitious Business Name Statement 2022035461

The following person(s) is (are) doing business as XFINITY HOME, 1701 JOHN F. KENNEDY BOULEVARD, PHILADELPHIA, PA 19103, PHILADELPHIA COUNTY. AI #ON: 4798815. Registered Owner(s): COMCAST BROADBAND SECURITY, LLC, 1701 JOHN F. KENNEDY BOULEVARD, PHILADELPHIA, PA 19103, DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: COMCAST BROADBAND SECURITY, LLC, THOMAS J. REID, PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on February 11, 2022.

NOTICE: This Fictitious Name Statement expires on February 11, 2027. A new Fictitious Business Name Statement must be filed prior to February 11, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/10, 3/17, 3/24, 3/31/2022 H-2495

Fictitious Business Name Statement 2022043690

The following person(s) is (are) doing business as JR CONSTRUCTION & CONCRETE, 8715 PLEVKA AVE, LOS ANGELES, CA 90002, LOS ANGELES COUNTY. Registered Owner(s): JOSE JACOBO ANGEL RODRIGUEZ, 8715 PLEVKA AVE, LOS ANGELES, CA 90002, CA. This business is being conducted by an individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 02/2022. Signed: JOSE JACOBO ANGEL RODRIGUEZ, OWNER. This statement was filed with the County Recorder of Los Angeles County on February 24, 2022.

NOTICE: This Fictitious Name Statement expires on February 24, 2027. A new Fictitious Business Name Statement must be filed prior to February 24, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/17, 3/24, 3/31, 4/7/22 H-2501

Fictitious Business Name Statement 2022056595

The following person(s) is (are) doing business as G-STAR RAW, 1) 413 NORTH RODEO DRIVE, BEVERLY HILLS, CA 90210. 2) 315 FLATBUSH AVENUE, #533, BROOKLYN, NY 11217, LOS ANGELES COUNTY. Registered Owner(s): G-STAR RAW RETAIL INC., 315 FLATBUSH AVENUE, #533, BROOKLYN, NY 11217, DELAWARE. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 11/2011. Signed: G-STAR RAW RETAIL INC., KATHLEEN KUNDAR, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on March 14, 2022.

NOTICE: This Fictitious Name Statement expires on March 14, 2027. A new Fictitious Business Name Statement must be filed prior to March 14, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 3/24, 3/31, 4/7, 4/14/22 H-2506

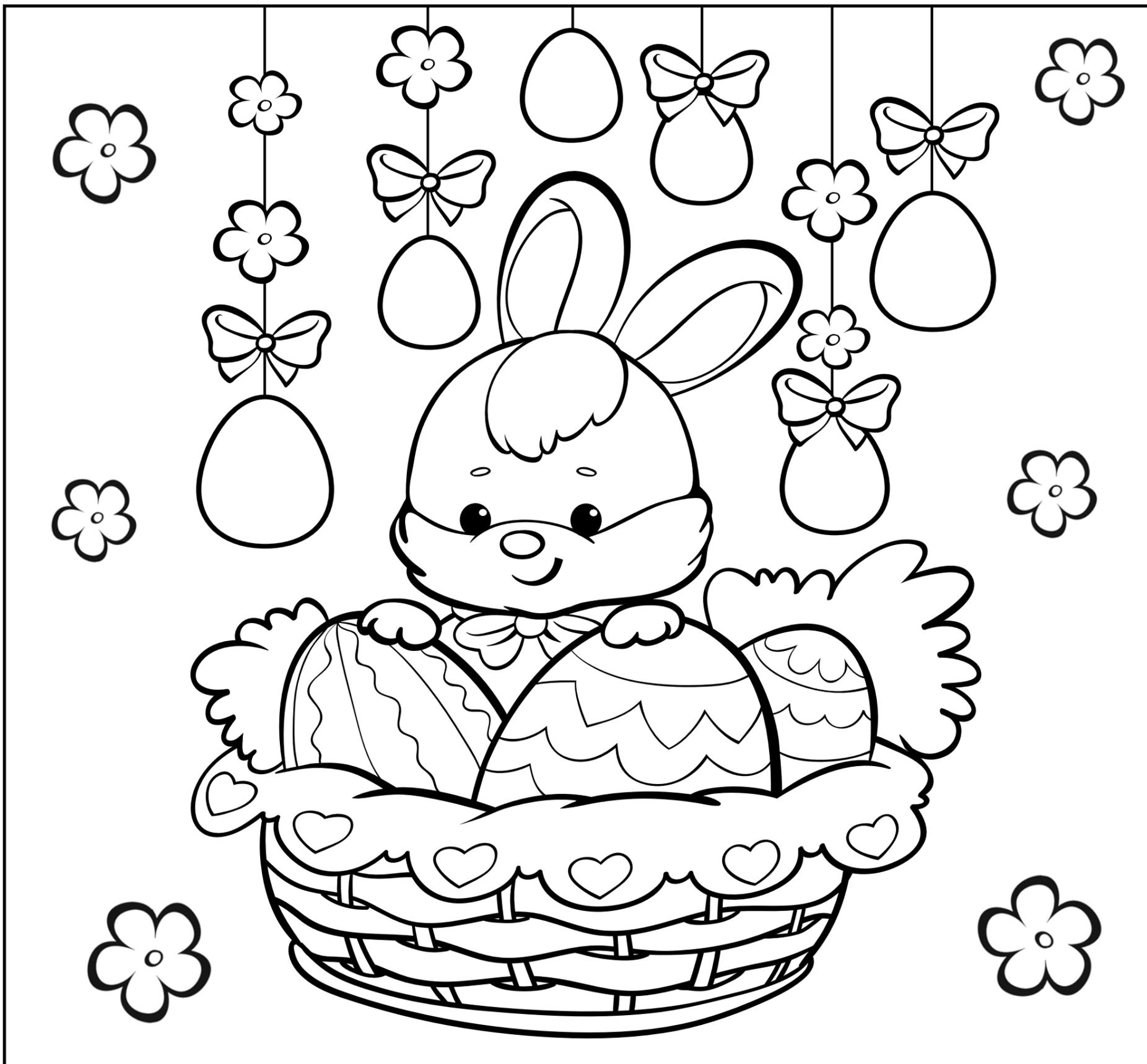




# Herald's Holiday Coloring Contest! (Ages 5-12 Years Old)



## Happy Easter!



Name \_\_\_\_\_

Age \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

**PLEASE PRINT CLEARLY, SO WE CAN BE SURE TO REACH YOU.**

- The two age groups for this image are 5-8 years old and 9-12 years old. Each age group will have one winner, who will receive a \$20 Gift Certificate. Please write clearly and include your address so that we can mail you the gift certificate. The artwork is due Monday, April 4, 2022. We can no longer take drop-offs or mailings. To submit your artwork, you can take a photo or scan it and email it to: [web@heraldpublications.com](mailto:web@heraldpublications.com). Thank you for participating. We are excited to see your creations.

Prize winners will be contacted by Herald staff members. Thank you for participating and Happy Easter!



# Herald's Holiday Coloring Contest!

(Ages 13 Years Old and Up)



## Happy Easter!



Name \_\_\_\_\_

Age \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Mailing Address \_\_\_\_\_

**PLEASE PRINT CLEARLY, SO WE CAN BE SURE TO REACH YOU.**

- The two age groups for this image are 13-18 years old and 19 years old and up. Each age group will have one winner, who will receive a \$20 Gift Certificate. Please write clearly and include your address so that we can mail you the gift certificate. The artwork is due Monday, April 4, 2022. We can no longer take drop-offs or mailings.
- To submit your artwork, you can take a photo or scan it and email it to: [web@heraldpublications.com](mailto:web@heraldpublications.com). Thank you for participating. We are excited to see your creations.

Prize winners will be contacted by Herald staff members. Thank you for participating and Happy Easter!



# GUNDOGRAM

SUBMIT YOUR YUM DISH!!

## Overnight Breakfast Casserole

Provided by Campbell's Kitchen

Our recipe for Overnight Breakfast Casserole with bread, bacon and eggs is so easy you can pull it together in just 10 minutes. Let it sit overnight in the fridge so the bread soaks up all of the great flavor. Then all you need to do it bake it in the morning. It's a great dish for entertaining since all of the work is done ahead of time.



### Ingredients

- 6 slices Pepperidge Farm® Farmhouse™ Hearty White Bread, cut into cubes
- 4 slices bacon, cooked and crumbled
- 1 can (10 1/2 ounces) Campbell's® Condensed Cream of Bacon Soup or Campbell's® Condensed Cream of Mushroom Soup
- 1 cup milk
- 4 egg
- 1 cup shredded Swiss cheese or Gouda cheese (about 4 ounces)
- 1 cup halved grape tomatoes

### Directions

- **Step 1:** Place the bread cubes and half the bacon into a lightly greased 8x8x2-inch baking dish.
- **Step 2:** Beat the soup, milk, eggs and 3/4 cup cheese in a medium bowl with a fork or whisk. Pour the milk mixture over the bread and bacon. Stir and press the bread cubes into the milk mixture to coat. Top with the remaining bacon, cheese and the tomatoes. Cover and refrigerate for 4 hours or overnight.
- **Step 3:** Heat the oven to 400°F. Bake, uncovered, for 40 minutes or until a knife inserted in the center comes out clean.

### Tip

- If you prefer a more custard-like texture, reduce the chill time to 1 hour before baking.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: [web@heraldpublications.com](mailto:web@heraldpublications.com)

## PUBLIC NOTICES

### NOTICE OF PETITION TO ADMINISTER ESTATE OF HANS LENNART OSVALD OLSSON

Case No. 22STPB02677

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of HANS LENNART OSVALD OLSSON

A PETITION FOR PROBATE has been filed by Mikael Koltai in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Mikael Koltai be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 22, 2022 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of

the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**Petitioner: Mikael Koltai**  
**MIKAEL KOLTAI**  
 3267 AVENIDA ARAGON  
 CARLSBAD CA 92009  
 CN985420 LENNART Mar 24,31, Apr 7, 2022  
 El Segundo Herald Pub. 3/24, 3/31, 4/7/22

H-27510

### NOTICE OF PUBLIC HEARING

DATE: Wednesday, April 6, 2022  
 TIME: 6:00 p.m.

PLACE:  
 Access remotely via Zoom from a PC, Mac, iPad, iPhone or Android device at <https://zoom.us>

Enter Meeting ID: 846 1279 7598 and Passcode: 547667

TAKE NOTICE that the City of El Segundo CAPITAL IMPROVEMENT PROJECT ADVISORY COMMITTEE (CIPAC) will hold a public meeting at the time and place indicated above to discuss a variety of proposed Capital Infrastructure Projects.

The City encourages its residents and businesses to attend this meeting to provide input on and make recommendations for Capital Infrastructure Projects of community interest. Your input is welcome. Once the list of Capital Infrastructure Projects list is finalized, it will be presented to City Council for consideration and support. For more information about these projects, you can find the meeting agenda and draft list of projects on the City's website or contact Lifan Xu, City Engineer, at 310-524-2368 or via email to [lxu@elsegundo.org](mailto:lxu@elsegundo.org).

El Segundo Herald Pub. 3/24/22  
 H-27513

### Order to Show Cause for Change of Name Case No. 22TRCP00039

Superior Court of California, County of LOS ANGELES  
 Petition of: XIN LI for Change of Name TO ALL INTERESTED PERSONS: Petitioner XIN LI filed a petition with this court for a decree changing names as follows:

XIN LI  
 to  
 ANNA XIN LEE

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
 Date: 4-15-22, Time: 9:00 AM., Dept.: M  
 The address of the court is:  
 825 MAPLE AVE  
 TORRANCE, CA 90503

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:

EL SEGUNDO HERALD  
 Date: FEB. 07, 2022  
 DEIRDRE HILL  
 Judge of the Superior Court  
 El Segundo Herald Pub. 3/17, 3/24, 3/31, 4/7/22

H-27500

### Order to Show Cause for Change of Name Case No. 22TRCP00064

Superior Court of California, County of LOS ANGELES  
 Petition of: GLADYS NITURA DIAZ for Change of Name TO ALL INTERESTED PERSONS: Petitioner GLADYS NITURA DIAZ filed a petition with this court for a decree changing names as follows:

GLADYS NITURA DIAZ  
 to  
 GLADYS HAZEL DIAZ ASADA

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
 Date: 4/29/22, Time: 9:00 AM., Dept.: M  
 The address of the court is:  
 825 MAPLE AVE  
 TORRANCE, CA 90503

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:

EL SEGUNDO HERALD  
 Date: MARCH 7, 2022  
 DEIRDRE HILL  
 Judge of the Superior Court  
 El Segundo Herald Pub. 3/10, 3/17, 3/24, 3/31/22

H-27496

### Order to Show Cause for Change of Name Case No. 21TRCP00420

Superior Court of California, County of LOS ANGELES  
 Petition of: TYLER JOSEPH MOZDEN for Change of Name TO ALL INTERESTED PERSONS: Petitioner TYLER JOSEPH MOZDEN filed a petition with this court for a decree changing names as follows:

TYLER JOSEPH MOZDEN  
 to  
 TYLER JOSEPH NUNNALLY

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:  
 Date: APRIL 8, 2022, Time: 8:30 AM., Dept.: M  
 The address of the court is:  
 825 MAPLE AVE  
 TORRANCE, CA 90503

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:

EL SEGUNDO HERALD  
 Date: NOV. 24, 2021  
 DEIRDRE HILL  
 Judge of the Superior Court  
 El Segundo Herald Pub. 3/10, 3/17, 3/24, 3/31/22

H-27492



Look at the beautiful weather outside -  
 Sunshine & Vitamin D are good for you!!  
 - Love You Most, - Mom

# Sarah Brockhaus

from front page

explains that before the passage of the Clean Water Act, 60% of US bodies of water were not fishable or swimmable. As laws passed to protect natural environments and regulate emissions and pollutants, that percentage slowly climbed down. However, plastic use did not.

Having the ease of throwing something away after one or two uses has practical advantages for living in a fast-paced society. It serves its purpose, and then you never have to see it again, out of sight, out of mind. But unfortunately, that's not true for the environment. Plastic is rarely recycled as it should be, and plastic that isn't recycled doesn't break down quickly in the environment. So, while all these plastic grocery bags, water bottles, razors, and more pile up exponentially within decades, we are unable to match the centuries it would take for them to break down into anything organically usable.

Even if plastic does break down, most plastic contains harmful chemicals that are released into the soil or absorbed into the animal that eats it, polluting food grown there and harming wildlife. Already, most Americans show high levels of some of these additives in their blood, which has been shown to result in reproductive and developmental issues in animals.

So, what can we do? Brockhaus has a

few ideas. "Making sustainable swaps from single-use plastics is a huge help and huge win for the environment," she says. Most families rely on things like single-use plastic sandwich bags, which are not easily recycled and contribute to plastic waste. In this case, Brockhaus recommends switching to a reusable, dishwasher-safe silicone bag. She mentions other swaps ditching the plastic razor for a stainless-steel razor, buying a reusable water bottle, and experimenting

with refilling household liquids at places like the Waste Less Shop, which even has a milk program.

El Segundo passed legislation regarding single-use plastics, switching to a "request-only ordinance," which means that instead of automatically throwing in plastic utensils, restaurants add them by customer request, saving them money and reducing the amount of plastic in the city.

Other things that she says can make a

difference are opting to take a walk or ride a bike instead of driving a car, designing your landscaping to be drought-resistant, air-drying clothes instead of using a dryer's energy, and looking into solar panels and renewable energy sources. She mentions that California just passed a bill regarding composting, which will encourage residents to sort their green and food waste over time. Food waste that goes to a landfill can produce a lot of methane, which is a more dangerous greenhouse gas than carbon emissions. Because of this, Brockhaus practices composting in her household, which she encourages everyone to try.

So how can buying one less plastic water bottle make any difference on these global environmental issues facing the world today?

"It's just one straw," said nine million people." Brockhaus uses this oft-cited saying as an example of how an individual decision can compound into a state, national, and even global movement. For her part, Brockhaus says that she will continue to practice environmentally sustainable habits for the rest of her life. Her goal is to have a stable environment that can be shared and enjoyed by future generations to come.

Of her future, she says this: "This lifestyle is always going to be something that is a part of me and that I'm advocating for life." •



Swaps from single-use plastics to reusable items like this sandwich bag help to create less waste. Photos provided by Sarah Brockhaus.

# Travel

from page 2

in America. And yet, when Glinda first brought Ben here to meet the folks, the first thing he wanted to see was the Houston Ship Channel.

The Channel in question was dredged out of the Buffalo Bayou and Galveston Bay in an operation that started in 1836 and continues to this day. If you're interested in industrial tourism—and admittedly, not many people are—this is one of the great anthropological sites of the world. Petroleum refineries, chemical plants, steel works, paper mills, grain elevators, high-tech plants and laboratories, construction companies—along with the docks, wharves, warehouses, engineers, and roustabouts to service them. Admittedly, it's no environmental paradise, but if you want a true feeling for the scale of American ingenuity and organization in our first two hundred years, look no further. And at a time when former mega-complexes like Detroit, Pittsburgh, and Buffalo have dialed back their industrial ambitions, the Ship Channel and the city it serves are bringing in the largest expansion in their history.

Oil and its gusher of exports might have financed the explosion of growth in Houston, but they don't necessarily define the place. Glinda's family were rice farmers in the wet expanse of land to the southeast that made this and Louisiana two of the richest granaries of the world. The damp weather also made the ground hospitable for sugar and cotton, and those crops ushered in one of the bleaker periods in the city's history, as the hub of a short-lived slave state that joined the Confederacy. After the Civil War, Texas did its worst to suppress its Blacks and poor Whites, but with the western frontier and Mexico so close, and with

a chronically tight labor market, the region never quite fell into the ignorant slumber of the Deep South that so distressed Mississippi's William Faulkner.

The Civil Rights Act of 1964 and the Voting Rights Act of 1965—both brought to fruition by the Texan Lyndon Johnson—transformed America, and nowhere more so than in Houston.



Famous logo at the NASA Space Center.

Attracted by their growing power base and quality of life, Blacks flocked here in ever-increasing numbers, followed in the 1970s by Mexicans and Asians. For the traveler, this increasingly urbane heterogeneity is reflected in the eclectic local offering of arts, culture, and cuisine.

If you're from California, with its Sonoran and Baja Californian influences, Tex-Mex cooking is an acquired taste—think enchiladas and overstuffed burritos made with flour tortillas and loaded down with cumin, yellow cheese, and refried beans. Restaurateurs like Felix Tijerina (of Felix's, since closed and reopened as Uchi, a gourmet Japanese eatery) and the

Anaya brothers (of Don Jose Mexican Restaurant) have led the way in adapting Mexican cuisine to mainstream American palates.

If you crave true Mexican, the uber-imaginative, award-winning Hugo's on Westheimer is our favorite outside of Mexico City. Think of goat, pork, barbacoa, scallops, and shrimp, in all manner of vegetables and exotic sauces

(especially their mole poblano and salsa terasca), with pyramids of flavored rice. Our favorite drink at the bar is la Tricolor, named for the Mexican flag—three narrow sipping glasses of white tequila, spicy tomato, and lime juice.

But as noted, the Mexicans came late to Houston. Long before them, the city was famous as a center of soul food (Esther's, This Is It), seafood (Christie's, Caracol), Cajun (Cajun Kitchen, Ragin' Cajun), BBQ (Corkscrew), and various in-betweens. And in recent times, the influx of Vietnamese and other Asians has infused the restaurant scene with all manner of new aromas and flavors.

Along with Hugo's, Don Jose, the Cajun

Kitchen, and the Houston National Cemetery—where Glinda's mother and father (a veteran of Okinawa) lie at rest—our regular stops in Houston include Galveston, the nearby beach town that has no business existing. Hurricanes have repeatedly tried to blast this historic community into the Gulf. Every decade or so, the locals evacuate to safer ground, then crawl back for yet another round of re-building. Our favorite marker on the Galveston Seawall recalls the Balinese Room, a nationally famous speakeasy we used to frequent, where the bartender invented the Margherita for the visiting Peggy Lee. In 1951, when Galveston County Sheriff Frank Biagne was asked why he hadn't raided the club's casino, he complained that, as a non-member, he wasn't allowed inside.

But most of our time in town is spent visiting with scores of family and friends from the last half-century. And this is the "Thing" about Houstonians and maybe Texans in general—they make friends quickly, and they mate for life. To a longtime wanderer like Ben, the intense mutual gratitude and loyalty shown by nearly everyone you meet—not just to other individuals, but to the state and the country that nurtured them—can be a bit disconcerting. Until you make your own relationships and realize that they'll be with you forever. Sounds like the human-scale paradise many Houstonians like to think it is.

*Ben & Glinda Shipley, published writers and photographers, share their expertise and experience of their many world travels. If you have any questions or interest in a particular subject, please email them at web@heraldpublications.com. •*

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# PETSPETS **Pets** PETSPETS

## Featured Pets of the Week

Provided by Hannah Collett, spcaLA

**Stella** is a 2-year-old dilute Orange Tabby. She's a little shy and quite small. A quiet place to relax is her dream, along with a sweet companion and some fishy treats. <https://spcala.com/adoptable/pet/?ss=LACA-A-2991>

**Mia** is a playful, energetic 6 years young female Pit mix who came to spcaLA when her owner could no longer care for her. While here, she'll be working on her basic obedience. Ideally, her new family loves to explore, is generous with the chews, and will continue her training. <https://spcala.com/adoptable/pet/?ss=LACA-A-3151>

**Poppy** is a lovely Torti 6 year old female

domestic short hair cat ready for the love and admiration of a new companion. She is smart and sweet, has a medium activity level, and loves a cat scratcher. She would love a sunny sill to snooze on and some yummy cat treats in her bowl. <https://spcala.com/adoptable/pet/?ss=LACA-A-657>

**Pepe** is a 4-year-old Shepherd mix boy, who came to spcaLA when his owner could no longer care for him. He shows social behaviors, and knows sit and down. He really likes treats and receiving pets. He's looking forward to meeting a kind family or companion for a second chapter! <https://spcala.com/adoptable/pet/?ss=LACA-A-2693>



Stella



Mia



Poppy



Pepe

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