Fil Segundo Herende Segundo The Weekly Newspaper of El Segundo

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Outdoor Dining on Richmond



Have you been down to Historic Richmond Street for fabulous outside dining? It's a wonderful experience...great food, drinks entertainment, fresh air and more. Photo courtesy El Segundo Chamber of Commerce.

Tennis Coach Jamie Sanchez Still Going Strong

By Duane Plank

Long-time El Segundo resident Jamison (Jamie) Sanchez has been a fixture on the cement tennis courts, not only at our local Recreation Park, but also at Westchester's Loyola Marymount University, and recently completed his third year at Rancho Palos Verdes' Marymount California University, coaching both the men's and women's tennis teams.

Like all collegiate sports, the tennis season fell victim to the March shutdowns mandated by the scourge of COVID-19, which did not allow the Mariners to complete their Spring seasons. But coach Sanchez is already plotting a return to the cement courts once; hopefully, the virulent pandemic subsides, and he can continue to build his nascent tennis programs.

Sanchez spent more than four decades coaching tennis at LMU, where he was selected as the West Coast Conferences coach-of-the year on three separate occasions, with his teams notching 724 victories. He then transitioned into an administrative position in June of 2015. He worked in administration at the school for a couple of years but said he realized that he missed the day-to-day interaction with student-athletes that he had been accustomed to as a coach. So, when he was apprised of an opening at the Rancho Palos Verdes college to start-up a tennis program, he jumped at the chance to resume his coaching career.

Sanchez said he realized he might not have been best suited for a desk job at LMU. He mentioned that things were in a state of flux at that time, administratively, at LMU. "There is a big difference between being an administrator and being outside (coaching.)" He yearned to earn his paycheck coaching, not dotting I's, and crossing T's on the administrative paperwork.

Growing up, Sanchez played football and, later, tennis, at his high school in San Jose. He said that he became interested in tennis before his senior year in high school, taking up the sport following the lead of his brother, Rudy. Once he matriculated to LMU, he continued playing both football and tennis and has been inducted into the LMU Hall-of-Fame three different times for his sporting exploits. He said he is "very proud that he could play a small role (in the HOF) inductions."

A graduate of LMU in 1975 with a degree in English, Sanchez said he initially had considered a career as a teacher. But he never finished the work required to garner his credential, and instead, his career path took him quickly back to his collegiate alma mater, where he was hired on to start and coach tennis programs. Coaching is teaching, except outdoors in the sunshine, without the Power-point presentations and tech screens, right?

During his early coaching career, he also tried to make a few bucks, took jobs as an

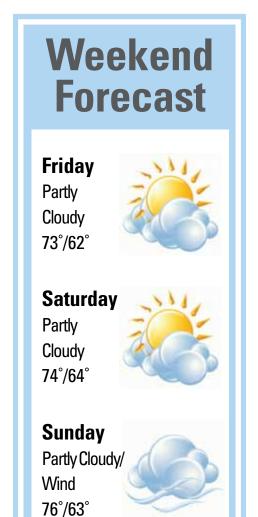
assistant collegiate and high school football coach, and even spent one season as the LMU men's soccer coach. Sanchez said that he was eager to take advantage of any opportunity that came his way at that point in his life. He dove headfirst into those opportunities, doggedly following "a relentless pursuit of excellence."

"I learned more about myself," he said, as he veered into coaching. "I am amazed, looking back, what I could do while helping others succeed at something with the right intentions. I wanted to learn how to be better and make every moment matter."

But coaching on the collegiate level was not enough to fill his plate for Sanchez, who began a 32-year tenure as the Director of Tennis for the El Segundo Department of Parks and Recreation in 1978. Sanchez spear-headed a program that offered lessons, clinics, and leagues to locals during the tennis hey-day. In 1994, the Southern California Tennis Association selected the Rec Park tennis courts as the facility of the year, an accomplishment of which Sanchez is justifiably proud of.

One of his tennis students was Billy Traber, the current El Segundo High baseball coach, who went on to gain sports stardom, not as a challenger to the professional tennis stars on the hard-courts in the early 2000's,

See Jamie Sanchez, page 5



Real Estate.....6-8,12

<u>Obituaries</u>

It is with extremely heavy hearts that the Coonan family shares the news that Kay Coonan passed away at her long-time home on Bungalow Drive in El Segundo, CA on Thursday evening, July 2. She was surrounded by her family. That is the saddest possible news for Tom, her husband of 62 years, for her six kids, her 12 grandchildren and for the hundreds of former students that she taught through the years.

Kathleen Mavourneen McFadden Coonan ("Kay") was the last survivor of her generation of the iconic McFadden family of Springfield, Illinois. She was born on July 11, 1935, the oldest child of Louis and Alice McFadden. Lou was a much beloved grade school and high school teacher, coach and principal, and he and Alice created a wonderful academic environment in which Kay thrived. Kay enjoyed an idyllic childhood pursuing her passions – playing piano and consuming books voraciously. Her parents had to force her to turn off her flashlight in bed each night, put away her book and go to sleep. She and her sister Carol endured endless ribbing at the hands of their younger brothers, Jim and Joe. The sisters would complain for years about that but always viewed it as a sign of affection.

On Thanksgiving weekend in 1954, 19-year old Kay traveled with her best friend from Springfield College and a collection of other college ladies to Notre Dame by train for a football weekend and formal dance -a weekend that would change the course of her life. Once there she was set up with Tom Coonan, a junior at Notre Dame who had asked to be paired with her upon seeing her that day for the first time. What followed was truly a fairy tale courtship and romance that spanned 65 years.

Kay and Tom bonded instantly that day over their Irish heritage, their common values, their faith, and their shared experience of growing up children of educators. Tom was the son of a college professor and a nurse. Kay expressed a desire to teach children, and shared that her dream was to raise a big, loving Irish-Catholic family. Within three years they would be married.

In their first Thanksgiving together – just the two of them in Anniston, Alabama - Kay planned to cook her first turkey along with the McFadden stuffing recipe. Tom asked her if she would make the traditional Coonan side dishes as well, and Kay was all too happy to oblige. Before long she became an absolute aficionado **Kay Coonan**

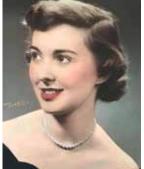
at every aspect of serving that remarkable meal, and it would become one of several things that defined her over the next half century as that Thanksgiving table of hers at times grew to numbers as many as twenty-five or more.

Tom and Kay moved to El Segundo, California in 1958, and then proceeded to have six children over the course of the next twelve years. Kay played the

role of Mom to perfection not only for her six but for scores of others as well - as so many came within her orbit in the neighborhood on Bungalow Drive, or through Little League, Girl Scouts, Boy Scouts, and all the countless friends she welcomed with open arms to the Coonan home through the years from St. Anthony's, St. Bernard's, Notre Dame, UCLA, UCSB and Santa Clara. She welcomed one and all to the Coonan house and made each of them feel like part of the family. They were.

Kay, possessing a teaching degree from Illinois State Normal with an emphasis on childhood education, was forever pushing her children to read books, turn off the television, write more, and work to enhance their vocabulary. What a wonderful environment to be raised in. She started teaching grade school full-time when her twins, Tim and Terry, went off to college at Notre Dame. She continued to teach at St. Anthony's in El Segundo and later St. Mark's in Venice for 27 years, where she had the opportunity to do what she loved - shape and develop hundreds of young minds. She also volunteered for years teaching in adult literacy programs, drawing upon a wonderful combination of both her big heart and her passion for letters. And she served for years on the Board of Directors of the El Segundo Public Library.

She was the quintessential grandmother. She relished her role as "baby whisperer" to all her grandchildren, whom she affectionately called "the dirty dozen". There was simply no one better at working with a new mother at those wonderful yet challenging moments with a newborn, whether it be alongside her own daughters or one of her daughters-in-law. Some of the most meaningful moments of her life were spent all alone in the middle of the night with a new baby grandchild - letting the new parents get a good night's rest while doing



who ever walked the earth. Through it all she somehow still

what she did as well as anyone

managed to have a fully-prepared meal on the dinner table for the family every night - regardless of what craziness may have been swirling around her in the Coonan house. Each such meal was selected from among the many in her recipe box in a rotation, and each had their own particular name, like

Yankee Doodle Macaroni or Hamburger A-La-Supreme, served up with a host of mandatory side dishes specific to that dinner.

In her later years as she started to feel less compunction about speaking her mind, she became somewhat famous within the family for her well-timed, purposeful zingers. There are scores of examples of this, but perhaps the best came when she served as the foreman of a jury. After a few frustrating days of deadlock one older gentleman persisted as the lone holdout. As the jury broke for the day, Kay approached him and said, as only she can, "If I ever serve on a jury with you again and I see you sleeping during the trial, I'll shoot a rubber band at you." The next morning as they reconvened he came up to her and said, "I thought about what you said last night, Ma'am." He promptly changed his vote, they delivered a unanimous verdict, and they were all home by noon. All Coonans are all too familiar with the way he felt in that moment. But she was right. She always was.

She was immensely proud of her Irish heritage. She spoke often about knowing how to swear in Gaelic, which she proudly learned from her many uncles on the O'Connor side, but no one can ever recalled any instance where she actually used it. She always had a style and class about her, and an elegance, and that would have been out of character. She delighted in Irish music. No child or grandchild of Kay's who ever fell asleep to her soothing rendition of Toora Loora Loora, delivered just a decibel above a whisper along with a soft, calming back rub, will ever forget it. She always finished with a very reassuring "Love you lots," but by that time the child was surely fast asleep.

She was soft enough that she'd cry for two states when the Coonan family station wagon would pull away from Springfield on one of many cross-country summer vacations, but tough as nails when life required that of her as well. She experienced her share of heartbreaking tragedy in her life, losing a child just days after birth, losing her beloved brother Jim at a young age, and then outliving all of her other immediate family members. But she stayed positive, cheerful and appreciative all the way to the end. Even when her body failed her and her mind failed her, her indomitable spirit persisted through it all, together with her sense of humor.

In the end, hers was a life devoted to her family, her love of literature, and her teaching. And to Tom. Their love and affection for one another never waned. What began as a storybook romance remained just that until the very end, with Tom, the consummate rule follower, sneaking into her room from outside Kay's rehab center in violation of their policy just to have the chance to hold her hand for a few brief moments – demonstrating the same enthusiasm for each other they had first exhibited as college kids. What a rare and wonderful blessing she was in his life - and what a blessing she was in the lives of all the hundreds of others she impacted in her beautiful and consequential time with all of us. It may have been almost 85 years, but even eight decades now seems not nearly enough. Not even close.

One of the last things she said on her deathbed, as she struggled mightily to say anything at all, was "I feel love." So do we, Mom. So do we. My God do we feel it! That is by far her greatest legacy. And that will surely sustain us now that she's gone.

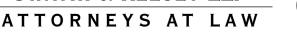
In addition to Tom, Kay leaves behind her six children, Tim of Ventura, California, Terry (Katia) of Tallahassee, Florida, Dan (Donna) of Newtown, CT, Katie Pinkelman (Jim) of Woodinville, WA, Nora Gervais (Neal) of El Segundo, and Dennis (Emma) of San Jose. And the "Dirty Dozen" - Colleen, Killian and Erin Pinkelman; Bridget and Carrie Coonan; Maddie and Grace Gervais; Claire, Tommy and Kevin Coonan; Eleanor and Seamus Coonan; as well as Kristina, Vlada, Phillip, Nicky and

Unfortunately, a public service cannot be conducted for her in the midst of the Covid-19 pandemic.

Sláinte, Kay. None of those characters you read about as a child late at night by flashlight had anything on you and the life and legacy you crafted for yourself. Love you lots. •



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DEADLINES

OBITUARIES: Monday at noon. **CALENDAR ITEMS:** Monday at noon. **PEOPLE ITEMS:** Monday at noon. **CLASSIFIEDS:** Tuesday at noon. **LEGAL NOTICES:** Wednesday at 11:00 am. **REAL ESTATE ADS:** Monday at noon. **AD CANCELLATIONS:** Prior Thursday.

> LATE CANCELLATIONS WILL BE CHARGED 50% OF AD



Eliana Gonzalez Putting a Smile on Your Face

By Gregg McMullin

You will rarely find a person as genuinely nice and loved by all than Eliana Gonzalez, who also goes by Ellie. She isn't your typical 18-year-old girl who has just graduated from El Segundo High School. She is one of those people who make you feel important when you meet her. If you're having a lousy day, Ellie's smile will certainly flip that frown. You get the feeling that her zest for living life with a smile should be everyone's mantra.

Eliana is an involved person, and she says she can thank her parents for being as well rounded and grounded as she has become. She is an excellent student, loves her time with the school choir, very involved with her faith, an athlete, and is learning to play the ukulele.

During her final months of school, Ellie was like other students muddling through unchartered times. "I was fortunate enough

that I was still able to work during this time, and it also helped me gain some form of human contact outside my home." She added, "I struggled with time management and not physically going to classes made it all that more difficult."

Ellie kept herself busy, when not studying for her classes by learning to play the ukulele during the quarantine. Her friend Charlene started playing, and that inspired her to do it too. She finished reading Michelle Obama's memoir Becoming. She said, "Not only details her experiences as a woman of color but also taught me not to limit my aspirations.

Over the past four years, Eliana's brilliance in the classroom surfaced and she finished with a sparkling 4.5 GPA. She says that school was fun for her because of the teachers she had. "When you have good teachers, it makes learning fun."

See Eliana Gonzalez, page 9



Ellie was a key player for the Eagles this past season where she helped her team win 20 games.



 ${\bf Eliana\ is\ flanked\ by\ her\ parents\ LeAnn\ and\ Adrian\ on\ Senior\ Night\ honoring\ choir\ seniors.}$

Chronologically Gifted; Wire Your Brain for Happiness

By Lauren Mahakian

People who care for loved ones with dementia, especially when those loved ones are relatives, are often also concerned about whether they will develop dementia themselves. While research continues to study the disease, especially Alzheimer's disease, most researchers believe the disease develops from multiple factors, including genetics, lifestyle and environment. Simply put, just because your loved one has the disease does not necessarily mean you will also develop symptoms.

Even if you have a family history of dementia, a healthy lifestyle and environment might avoid symptoms later in life. Common factors identified in lifestyle include diet and exercise, along with drinking less alcohol and not smoking. To

achieve this, however, is challenging for some and quite natural for others. The difference, in my years of practice, is often rooted in one elusive emotion: happiness.

Happiness empowers people to take better care of themselves. They are better able to eat well, to exercise, and break bad habits around smoking and alcohol consumption, not to mention they live with less stress, anxiety, and depression than those who choose to not be happy.

You see, happiness is not something we are born into, and it certainly isn't earned by success. Many successful or wealthy people are also unhappy and depressed. We see it among famous people, but it happens just as often to those out of the limelight. Then you

See Happiness, page 5

Letters

Support of El Segundo Police

I commend Mayor Boyles for taking the commitment to action under My Brother's Keeper Alliance. I read the four key actions and they're extremely reasonable and common-sense limits on police use of force. With that being said, I hope that the City does not follow Mayor Garcetti's actions of re-directing police funding in the 2020-2021 budget. We are nothing like the City of Los Angeles where there's a despairing need for reforms in minority health, education and jobs. I fully understand the Country is saddened by the demonic actions of those awful police officers. The frustration and anger is justified, but not at our local ES police department or city official's expense. The 2020-2021 Strategic Plan has Goal #2 to Support Community Safety and Preparedness. Please do not give into the protest to defund our local police. In fact, I would support increasing police funding to add more social workers, training courses and police mental health resources. Our small city is a prime location for opportunists. I'm from Woodcrest and we had no police department and just one sheriff. All homes had several guns, pit bulls and wrought iron fences. This will be the new norm if we continue reducing police forces. I do not want this reality in ES. Perhaps a solution is rolling out the common sense actions under My Brother's Keeper Alliance, quarterly public town halls to discuss safety, and reinstating neighborhood watches. I am grateful for our police department and please do not defund our police.

- Corrie Zupa •

Police Reports

Monday, July 6th

A petty theft report was taken at 0950 hours from the 1900 block of East Maple Avenue. Unknown suspect(s) stole the victim's vehicle batteries

A misappropriation of lost property report was taken at 0200 hours from Holly Street and Indiana Avenue.

Two male adults were arrested at 0550 hours from the 1200 block of East Oak Avenue for identity theft and two outstanding misdemeanor warrants.

Tuesday, July 7th

A missing person report was taken at 0724 hours from the 700 block of Main Street. A female juvenile was reported missing

Two male adults and one female adult were arrested at 1333 hours from the 405 Freeway and Inglewood Avenue for robbery.

A traffic accident (no injuries) occurred at 1600 hours from the 100 block of West Imperial Avenue, vehicle versus vehicle.

One male adult was arrested at 0301 hours from Maple Avenue and Virginia Street for identity theft and grand theft auto.

One female adult was arrested at 0301 hours from Maple Avenue and Virginia Street for grand theft auto.

A criminal threats report was taken at 0421 hours from the 1100 block of East Acacia Avenue. A known suspect threatened the victim.

Wednesday, July 8th

One male adult was arrested at 0540 hours from the 300 block of West El Segundo Boulevard for driving a stolen vehicle and vandalism.

A petty theft report was taken at 0926 hours from the 800 block of North Pacific Coast Highway. Taken was an Apple Watch.

One male adult was cited and released at 1435 hours from the 300 block of Main Street for one outstanding ESPD misdemeanor warrant.

See Police Reports, page 5



Volunteers Needed!

The City Council is currently accepting applications for the following Committees, Commissions and Boards (CCB) positions.

Closing Soon

Diversity, Equity, and Inclusion Commission Deadline to apply is Friday, July 31, 2020 no later than 5:00 p.m.

Immediate Openings

Arts and Culture Advisory CommitteeFour positions

Capital Improvement Program Advisory Committee

Three positions

Environmental Committee

Two positions

Investment Advisory CommitteeOne position

Library Board of Trustees Two positions

Planning Commission
Two positions

Recreation and Parks Commission
One position
Senior Citizen Housing Corporation Board

Two positions

Technology Committee
Seven positions

Terms Expiring Soon

Capital Improvement Program Advisory Committee

One position November 30, 2020

If you are interested in applying and would like more information, please log onto the City's website at www.elsegundo.org, under Government, click the Committees, Commissions and Boards link.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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Software Developer II (.NET) (Torrance, CA and client sites) Design, Develop and implement web-based applications. Prepare design documents, perform program coding and testing. Bachelor's degree or equivalent in Computer Science or related field required. 3 years of work experience required. Required Skills: 3 years in C#, and 2 years in MVC, Web API, REST, HTML5, JQuery, and SQL Server, Asp.Net. Mail resume to Numentica LLC, 3868 W Carson St Suite 300, Torrance, CA, 90503.

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The following person(s) is (are) doing business as STAR VIEW COMMUNITY TREATMENT FACILITY, 1) 4025 WEST 226TH STREET TORRANCE CA 90505 2) 7677 OAKPORT STREET SUITE 1010, OAKLAND, CA 94621, LOS ANGELES COUNTY, AI #ON: 1774000. Registered Owner(s): STAR VIEW CHILDREN AND FAMILY SERVICES, INC., 4025 W 226TH STREET, TORRANCE, CA 90505. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: business name or names listed above on: 12/1995. Signed: STAR VIEW CHILDREN AND FAMILY SERVICES, INC., MICHELLE HATFIELD, Vice President. This statement was filed with the County Recorder of Los Angeles County on June

30, 2020. NOTICE: This Fictitious Name Statement expires on June 30, 2025. A new Fictitious Business Name Statement must be filed prior to June 30, 2025, Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: 7/23, 7/30/20

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WEEKLY CROSSWORD

See Answers Next Week

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Across 1. Wear down

- 4. Quality
- 8. Dull pain
- 15. Till bill
- 16. Appeal for help
- 17. Competent
- 18. Distance measurement
- 19. Weight measurement
- 20. Guidelines
- 22. Beat-keeping instrument 24. Phenom
- 25. "Midnight in the Garden of
- Good and 27. Followed
- 29. Relatively unimportant, 2
- words 33. "No way" 34. Insatiable
- 35. Boasters have big ones 37. Central position
- 41. Panel truck
- 42. Puts away
- 44. Posting at LAX 45. Pool dilemma
- 48. Jump 49. Certain sandwich
- 50. Good, in street talk
- 52. Banned NFL substances
- Love writer 4. Not quite right 5. Went out, as a fire

54. Prepared a turkey

62. Innermost regions

66. Battery contents

68. Moderately cold

73. Spartacus was one

75. Squirrel's home

76. Church feature

1. Unwanted e-mail

Errand runner, e.g.

70. Untamed

74. Unleash

Down

71. Trust 72. Above

60. Exterior area

58. Appear 59. Madame Tussaud's medium

- 6. Open and observable Dividend
- 8. Inclined 9. Hide
- 10. Hereafter
- 11. Comforted
- 13. Substantiated
- 14. Kitchen appliance
- 21. Disreputable nightspots

- 23. "Yes.
- 26. Corporate department
- 28. Tai _ 29. It pours over the rocks
- 30. Track
- Section of a large building Adores
- 36. Accommodates, as an arena
- 38. Food shop 39. Style of poker
- 40. Notebook projections
- 43. Blender selection
 46. Stomach muscles, briefly
 47. "Don't overdo it!"
- 49. Drive
- 51. Church official
- Australia's coral
- Overshadow
- 55. American blacksnake 56. Elba was the site of
- Napoleon's _
- 57. Monotonous sound
- 61. They may need connecting 63. Spider's web e.g.
- 64. Keep 65. Killed a dragon, e.g.
- 67. Salon supply
- 69. Raft

Last Week's Answers

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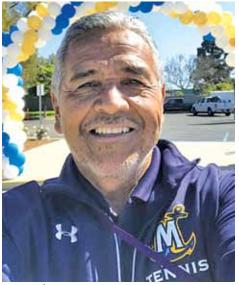
Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Jamie Sanchez

from front page

but as a southpaw hurler in major league baseball.El Segundo High School athletic director Steve Shevlin said that Sanchez's "impact with the students will always be remembered" because he helped develop many of the players who would populate the Eagles' tennis teams. One of the players Shevlin remembers is Erin Sanchez, Jamie's older daughter, calling her "one of the top female players to ever go through the high school.

Bill Watkins, who has served the El Segundo community in multiple positions for decades, including a stint as the high school tennis coach for more than a dozen years that ended in 1979, called Jamie "an outstanding coach and teacher who helped



many children and adults in El Segundo to learn to love to play tennis. Jamie brought his Loyola Marymount players to our courts to play and help coach El Segundo children." Said Watkins: "Jamie's knowledge and love of the game is infectious, and our children truly benefited from it."

El Segundo resident Amy (Lavetich) Lane played on the tennis team coached by Sanchez at LMU in the mid-to-late 90's,

then spent a year as a grad-assistant coaching at the school as she was completing her college course work, and also taught tennis on the courts at Rec Park. She said she became familiar with Sanchez because her older sister, Lara, had played on the women's team guided by Sanchez."Jaime loves the game," she said. "He is a nice patient guy. Deeply knowledgeable. He has become a great friend and a great friend to

Sanchez, who lives in town with wife Tami Adkins, said he is still fired-up about coaching. He said that returning to coaching has "rekindled" his love of connecting with college students, noting how an effective coach on the collegiate level can empower and motivate young adults, building a foundation that instills "teamwork, persistence, and the values that come from participating in sports."

Sanchez, an El Segundo resident for more than four decades, who is on the board of the El Segundo Girls' Softball program, touts the cities "close-knit, family atmosphere," as well as it "history (that is to be revered. His daughter Gabriella, a student at Center Street Elementary school, is like many local athletes, eagerly awaiting youth sports resumption in the city.

When not coaching or playing tennis, Sanchez is a voracious reader, perusing bookstores for interesting reading material, and sharing his love of reading with daughter Gabriella, and shepherding her to-and-from her extracurricular activities.

Asked how long he plans to continue coaching, Sanchez said he had a five-year time-frame in mind when he took the MCU job, attempting to establish a "good foundation" for his successor, hoping to dovetail academic standards with excellence on the cement. Said a grateful Sanchez: "I think every day that I get to do exactly what I love to do." Not a bad gig, right? •

Police Reports A vandalism report was taken at 1736

A traffic collision report (with injuries) was

known suspect(s) wrote graffiti on a business. An identity theft report was taken at 1837 hours from the 300 block of Main Street. Unknown suspect(s) made fraudulent purchases and applied for credit applications

hours from the 300 block of Coral Circle. Un-

A petty theft report was taken at 2215 hours from the 500 block of Indiana Street. Unknown suspect(s) stole the victim's bicycle

One female adult was arrested at 0415 hours from Maple Avenue and Maryland Street for identity theft, possession of a controlled substance and possession of drug paraphernalia.

Thursday, July 9th

A petty theft report was taken at 1250 hours from the 500 block of North Pacific

A courtesy identity theft report was taken at 1200 hours from the 1300 block of East Grand Avenue.

One female adult was arrested at 1724 hours from the 900 block of Center Street for grand theft and possession of a controlled substance.

One male adult was arrested at 1724 hours from the 900 block of Center Street for identity theft, grand theft, and possession of a controlled substance.

A grand theft courtesy report was taken at 1617 hours by LASD/Norwalk Station. Unknown suspect(s) withdrew money from the victim's account.

A criminal threats report was taken at 2036 hours from the 300 block of Illinois Street. Friday, July 10th

A stolen plate report was taken at 1110 hours from the 600 block of West Walnut Avenue.

An online identity report was taken at 1156 hours from the 700 block of North Pacific Coast Highway.

from page 3

taken at 1332 hours from the 800 block of North Pacific Coast Highway.

A vandalism report was taken at 1302 hours from 2200 block of East Mariposa Avenue. Unknown suspect(s) spray painted the El Segundo Fire Department's driveway.

A grand theft report was taken at 1642 hours from the 500 block of Hillcrest Street. Taken was a catalytic converter from the victim's vehicle.

Saturday, July 11th

One male adult was detained at 0821 hours from the 800 block of Center Street and transported to MLK medical center for a 72 hour psychiatric evaluation.

A grand theft report was taken at 0940 hours from the 500 block of East Imperial Avenue.

A burglary (residential) report was taken at 1322 hours from the 400 block of Illinois Street. Unknown suspect(s) stole the victim's bicycle.

A stolen plate report was taken at 1450 hours from the 700 block of Eucalyptus Drive. The (rear) plate was stolen from the victim's vehicle.

A stolen vehicle was recovered at 0045 hours from the 1700 block of East Sycamore Avenue. Recovered was 2012 Mercedes-Benz ML350 reported stolen out of Gardena PD.

Sunday, July 12th

One male adult was arrested at 1714 hours from Mariposa Avenue and Continental Boulevard for throwing an object at a vehicle and an outstanding misdemeanor warrant out of Beverly Hills Police Department.

One male adult was arrested at 1928 hours from the 800 block of North Pacific Coast Highway for misdemeanor DUI with a BAC of .08% or above and misdemeanor hit and run.

One male adult was arrested at 1913 hours from the 800 block of North Pacific Coast Highway for robbery. •



You Can Literally Choose Your Family, in Werner Herzog's Family Romance, LLC

By Morgan Rojas for cinemacy.com

Romance is a business in Herzog's latest, Family Romance, LLC. Inspired by the phenomenon of renting actors to act as stand-ins during important events in the lives of their clients, the real-life Japanese company Family Romance has capitalized on a very niche market. "Family rentals" sound insane - because they are - but Herzog humanizes this need for connection and compassion. In one

the human for hire agency is, in fact, very real). This directorial approach creates what feels like a documentary/soap opera hybrid, bringing up a mixture of emotions that range from intrigue to uneasiness to fascination.

Family Romance is in the business of creating illusions to make their clients' lives better. However, those lines become blurred when real emotions start to develop, and "acting the part" starts becoming more harmful than



Family Romance, LLC, courtesy of MUBI.

scenario, a single mother rents a father, played by Family Romance's founder Yuichi Ishii, to have an ongoing relationship with her preteen daughter Mahiro (Mahiro Tanimoto). Mahiro never met her real father, and this gives her the opportunity to feel a father's love, even if it's fabricated. The intention behind this rental is sweet, but things become more unsettling when actors are hired to play paparazzi for a wannabe social media influencer looking for fame, or a rail worker renting a stand-in to accept a reprimanding lecture by his boss. The whole thing is so bizarre but we can't

A self-proclaimed return to "his filmmaking as a young man," Family Romance, LLC has the aesthetic and authenticity of a documentary, it shocked me to discover that this is actually scripted. Leaning towards mumblecore, even. We're not getting any classic Herzog narration here or spontaneous moments, although it may feel like it, this film is pure fiction (although helpful. By the end of the film, Herzog begs the question: How much is "fake" sometimes necessary for human survival?

Streaming on MUBI (now offering a 7-day free trial at mubi.com)



Morgan Rojas

Happiness

run into someone with almost nothing who seems downright happy? How can this be?

Ultimately, happiness is a choice we each must make for ourselves. We have to choose to be happy, with what we have or what we have earned, and do what we enjoy. Happiness can be learned, but it takes some discipline. Many of us have to work at happiness. Fortunately, there are things we can all do to wire our brains for happiness.

Practice Gratitude. Perhaps the lynchpin to happiness is practicing gratitude, be grateful for what we have and not obsessed over what we don't have. Studies have shown that, on average, those who routinely practice gratitude have stronger immune systems, decreased amounts of chronic pain, lower blood pressure, and are generally happier than those who do not. How we practice gratitude is largely a matter of personal choice, but one way to get started is to start a gratitude journal. Grab any notebook or blank journal and develop the habit of writing down what you are grateful for. Making a point of writing at least one thing a day is a great place to start. The simple act of writing down your experiences or emotions can enrich them and help your brain absorb it.

Focus on the present. Don't stress over what you haven't accomplished. Accept yourself for what you have experienced, good and bad. If you have negative emotions around part of your past, realize those experiences made you the person you are today, so find ways to accept who you are in the here and now.

from page 3

Commit to meaningful goals. Everyone responds to goals if they are meaningful and achievable. This is true in workplaces, but they are also meaningful in our personal lives. Setting even small goals that are achievable within our means, and then working to achieve them is one way to move the needle toward happiness.

Develop meaningful social connections. This is perhaps the easiest to achieve in the near term, because of the prevalence of social media to maintain relationships, and yet those same media make it hard to keep relationships meaningful. Take time to weed your social garden. Yes, you want diversity in your social streams to avoid living in an echo chamber but avoiding those who are incessantly negative can also help maintain a positive trend toward happiness.

Finally, take care of your mind, body, and spirit. Focus on and maintain what you have, not worrying about what you don't. These are key lessons from those happy people around us. Let's not lose sight of them by focusing on what's not there.

Lauren Mahakian is a certified Dementia Practitioner and offers a free podcast, Unlocking the Doors of Dementia[™] with Lauren. Visit familyconnectcare.com for more information. •

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Open floor plan | Huge chef's dream kitchen | Walk-in climate controlled wine cellar with own its own air conditioning unit | 3-pane sliding panoramic doors that lead to outdoor patio and beautifully landscaped yard | Huge bright master bedroom with fireplace and private balcony with gorgeous views | Security system | 3 car garage

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127 W. PALM AVE. - 4 BEDS | 3 BATHS | 2,021 SQ. FT. 131 W. PALM AVE. - 4 BEDS | 3 BATHS | 1,902 SQ. FT.

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3708 LISSO ST. - HAWTHORNE 3 BEDS | 2 BATHS | 1,549 SQ. FT \$699,000 Remodeled single-story home | Spacious living room | Modern kitchen with breakfast counter | Large main bedroom with en suite bathroom | Lots of outdoor space with well landscaped back yard | Central Air conditioning

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3 BEDS | 2 BATHS | 1,768 SQ. FT. | 6,552 SQ. FT. LOT \$1,585,00

Abundance of natural light and rich bamboo flooring | Crown Molding and double pane windows throughout | Open plan kitchen with breakfast nook | Bright, sunny kitchen features granite counters, double sink, and brand new stainless appliances | Lovely family room with skylights | Lush large yard with green grass and plants | Lovely Patio Area | Huge Master suite features vaulted beamed ceilings and gorgeous fireplace | Upgraded bathroom with travertine tile| Attached 2-Car Garage





TWO-STORY CALIFORNIA COASTAL HOME

948 LOMA VISTA ST., EL SEGUNDO

4 BEDS | 3 BATHS | 2,600 SQ. FT. | 4,711 SQ. FT. LOT \$1,795,000

Hand scraped teak hardwood floors | Granite countertops | Custom-made maple cabinetry | Stainlesssteel appliances | Spacious master suite with walk-in closet | Features large detached rec room | Oversized 2-Car Garage

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650 W. MAPLE AVE., EL SEGUNDO

5 BEDS | 6 BATHS | APPROX. 4,500 SQ. FT. \$3,785,0

Incredible Views | Custom-Built | Chef's kitchen with oversized island, quartz countertops, and Bauformat cabinetry | Elegant living room with linear fireplace | Media Room | Top floor dedicated to master suite with walk-in closet and contemporary bathroom | Hansgrohe faucets and shower controls | Private outdoor entertaining space with cooking station hook-ups and a cozy fire pit



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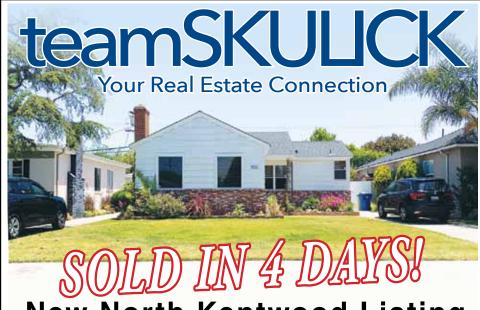
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John Skulick | 310-350-4240 TeamSkulick@gmail.com



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10002 Mattock Ave, Down SOLD! Hot! 3 bdrm, 3 bth, 3 car garage, \$799,000 549 E Imperial, El Segundo, 3 bdrm, 3: SOLD! Sorner unit (rep buyer), \$1,150,000

RENTALS P bedroom, 1 bath apartment, El Segundo - \$2,150 - \$2,350 bedroom, 1.5 bath townhome style, renovated, El Segundo, \$3250 bedrms, Manhattan Beach, steps to beach, \$2,350 - \$2,950

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28004 S. Western Ave. No. 208, San Pedro 2 BD | 2 BA | 1092 SF \$410,000 Represented Buyer



558 Rosecrans Ave. Manhattan Beach 3 BD | 3 BA | 1876 SF | 4055 SF Lot \$1,910,000, Represented Buyer



22737 Marjorie Ave., Torrance 3 BD | 1 BA | 1176 SF | 5180 SF Lot Asking \$849,000 Represented Buyer Kelly Granato | Kasey Fisher | Gina Hoffman



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Eliana Gonzalez from page 3

While Eliana enjoyed all of her classes, there was one class that stood out as a favorite. "While I do love lectures in English and Math, my favorite course was AP World History with Ms. Richmond." She says she loved how engaging Ms. Richmond was in her lessons and how she loved the subject and loved teaching it. "I enjoyed learning about history on a global scale because it opened my eyes to how there are ways of living completely different than mine."

Ellie has an expanded friend group that has been there for her since day one of high school, and some even longer. There are so many to name, so she might miss someone if she volunteered their names, but they know who they are. "I'll miss every one of them next year as we venture into new stages of our lives. I will miss the teachers, my counselor, choir friends, coaches, and basketball teammates. All brought joy into her life and have supported her endlessly, "I am so grateful for each one of them."

Mrs. Summers, her choir teacher, made a significant impact on Ellie's life through her "kind and loving spirit." Ms. Richmond not only taught a subject she found intriguing but also was the Advisor of a volunteer club, she began with one of her best friends. "She was a significant member of our club. She helped my co-president and me organize our meetings and figure out our goals of the club.

A vital part of Eliana's four years of high school was being a part of the school choir.

"My teacher, Mrs. Summers, and everything she stands for is something I will always remember. "She not only taught her about the wonders of the choir and the impact it makes but also taught her life lessons on the importance of kindness, optimism, and strength. Eliana says that In her class, there are so many opportunities for growth. I was grateful to be an Alto section leader for the past two years and choir secretary her senior year. It allowed her to work on her leadership skills, gain confidence in herself and her voice. She said, "Like my parents, Mrs. Summers believes nothing can hold you back from following your heart and your dreams. I am forever grateful to have found both a friend and a mentor in such an amazing teacher."

A memory that stood out from Ellie's four years in the choir was a trip to Hawaii in 2017. "We went to Oahu, and we learned a lot about the Hawaiian culture from the locals. I had the best time singing, and my roommates Nai'a Rose Richeson-Yandall, Olivia Pederson and Madeleine Nolan made the experience even better.

Ellie's counselor, Mrs. Burns, helped her focus on what's important to her and what goals, "I want to achieve in life." John Peterson was her basketball coach, and he made a huge impact on her life. "He taught us all to work hard and to set high standards for ourselves. I greatly appreciate how much he believed in all of us.'

Basketball was an important part of Ellie's four years of high school since it is her favorite sport. "All my teammates have been so amazing and talented, and they, along with all my coaches, have brought me so much joy." One of her favorite moments wasn't scoring but starting at center on Senior Night. "It was so nice to see all my family in the stands and play with all my senior teammates." Another favorite moment was winning their first-round CIF playoff against La Serna. "The energy in the gym was incredible, and it was so wonderful to see the smiles on everyone's faces after the win."

With a hectic schedule, Ellie says her faith is vital to her, and she is highly involved in her church." My involvement in the church encouraged me to volunteer and serve others in my community. I especially

loved altar-serving with my younger sister because I was able to teach her everything I knew."

In the Fall, Ellie will attend Boston University as a student in their Pardee School of Global Studies. She will study International Relations and is excited because she will be able to choose both a region and a function! "I love the city and cannot wait to meet so many new students from all around the world."

At Boston University, she says she would like to participate in internships throughout the city, study abroad programs, and be involved with various clubs. She isn't entirely sure about

Grad school because she is still weighing her options because she still unsure of a career she wants to pursue. "I am interested in working for a non-profit organization for international development. I'm also considering applying for the Peace Corps."

Remembering her senior year won't be a problem at her ten-year reunion. She says it flew by just like the other three years. She, along with her friends, will remember the painstaking process of applying to colleges. 'I'll remember Senior Nights for choir and basketball and the wonderful trip to the Bay area with my basketball team. I'll remember my engineering group and our capstone project." She says what she and her friends will remember most is how the world paused and stay-at-home orders began and how the class of 2020 celebrated their graduation much more differently than usual and how a new human rights movement began to make lasting changes throughout the world.

Ellie says there were a lot of people who played a part in her overall development. Her closest friends were essential. Her teachers challenged her, and her counselor, Mrs. Burns, guided her. She says the support of her family was the most important element of her successes that helped her get to this point in her life. "My sisters Mari, Gracie and Isabella were always there, and we're all very close," Ellie says. Her parents LeAnn and Adrian made plenty of sacrifices for her, mentored her and were her biggest fan whatever activity she was involved in.

As Eliana turns the page on this chapter in her life, she's ready to make the world a better place with her zest for living. •

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Order to Show Cause for Change of Name Case No. 20TRCP00116

Superior Court of California, County of LOS ANGELES Petition of: MELINDA RAE KOTSIANAS

TO ALL INTERESTED PERSONS: Petitioner MELINDA RAE KOTSIANAS filed a petition with this court for a decree

MELINDA RAF KOTSIANAS MELINDA RAE TOPPENBERG

for Change of Name

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. Notice of Hearing:

Date: 8-14-2020, Time: 8:30 AM., Dept.: M, Room: 350 The address of the court is 825 MAPLE AVE

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: EL SEGUNDO HERALD Date: JUNE 23, 2020

TORRANCE CA 90503

Judge of the Superior Court El Segundo Herald Pub. 7/2, 7/9, 7/16,

H-26817

Order to Show Cause for Change of Name Case No. 20TRCP00134

Superior Court of California, County of LOS ANGELES Petition of: LO FOON HUI for Change

TO ALL INTERESTED PERSONS: Petitioner LO FOON HUI filed a petition with this court for a decree changing

O FOON HUI to F

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing Notice of Hearing:

Date: 8/28/2020. Time: 8:30 AM., Dept. B ROOM: 340

The address of the court is: 825 MAPLE AVE

TORRANCE, CA 90503 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: EL SEGUNDO HERALD Date: JULY 9, 2020

GARY Y. TANAKA Judge of the Superior Court El Segundo Herald 7/30, 8/6/20 Pub. 7/16, 7/23,

H-26831



Baja Shrimp Tacos

Provided by Brandpoint

Prep Time 10 Minutes • Total Time 29 Minutes • Serves 4 People

This southern California classic couldn't be any easier to make because our salsa verde is packed with fabulous flavor. Tangy tomatillo, fresh jalapeño, onion, garlic and cilantro are perfectly blended in our salsa and add all of the flavor to this dish. Use it as a quick marinade for the shrimp and then again as a topping. Shredded carrots and cabbage add sweetness and crunch for the perfect shrimp taco.



Ingredients

- 1 pound uncookedshrimp (21-25 count per pound), peeled, deveined and tails removed
- 1 cup Pace® Salsa Verde
- 1 tablespoon olive oil
- 1 cup guacamole
- 8 flour tortilla or corn tortillas (6-inch), warmed
- 1 cup shredded green cabbage
- 1/2 cup shredded peeled carrot
- 1 1/2 cup chopped fresh cilantro

Directions

- Step 1: Place the shrimp into a large bowl. Add 1/4 cup salsa verde and toss to coat. Cover and refrigerate for at least 15 minutes. (Discard any salsa left in the bowl before cooking the shrimp).
- Step 2: Heat the oil in a 12-inch skillet over medium-high heat. Add the shrimp and cook for 4 minutes or until cooked through.
- **Step 3:** Spread about 2 tablespoons guacamole on each tortilla. Layer with the cabbage, carrot, cilantro, shrimp and remaining 3/4 cup salsa verde. Serve with additional salsa verde, if desired.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: web@heraldpublications.com

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Malta

"Kitten season" is here and there is a great need for foster parents. Whether you care for one or many, once or frequently, Kitten Rescue would love for you to become a foster parent. They offer training, guidance, medical care (if needed) and lots of moral support. Fostering brings you the rich reward of knowing you personally saved this kitty's life in providing a safe, loving home while waiting for adoption. Interested?.....please email them at foster@kittenrescue.org for more information.

If just 2% of the pet-owning households in America fostered one pet a year, we could stop euthanizing healthy pets in shelters.

Here are a few of the precious cats and kittens waiting for their fur-ever homes.

Malta, his seven siblings and their mama came to us from an abandoned house. Malta is a very rambunctious, playful and energetic kitten. There is never a dull moment when he is around! He is a climber and likes to climb all the way up to sit on your shoulders. Malta will keep you entertained with his shenanigans and definitely needs an equally energetic kitty friend to wrestle and play with. He should be adopted with another kitten or go to a home that already has a kitten or playful teen who wants a buddy.

Sicily, Malta's little sis, is a typical playful, fun kitten. She has a little 'tortitude' but is also sweet and affectionate. This adorable girl needs to be adopted with another kitten or go to a home with an existing kitten or young cat, to be her playmate.

Cookie is known as a little love bug; all the volunteer caregivers love her. She is extremely sweet and adorable and loves attention. She will walk back and forth at your feet, meowing softly, waiting for you to scratch her ears and pet her. Like a lot of kitties, she does not like to be held for too long. Cookie has a cute head tilt; she looks like she is asking a question with her beautiful green eyes. Although she is a mature adult, Cookie is very kitten like in nature. If you can offer this sweet cat a home with a gentle approach, please consider her.

Ramsey is a fiery little kitty who loves to play and explore. He is always up for a chase after a wand toy (and in rare cases his own tail). When he's tuckered himself out, Ramsey is happy to curl up with you to take a long siesta. The most confident and self-assured of his siblings, Ramsey looks and acts like a baby Lion King. He is sure to be the king of your heart – a benevolent king who likes belly rubs and cat treats! Ramsey would *love* to be adopted with sister, Remy, but can also be adopted to a home that already has another cat or kitten.

Remy is a squishy Beanie Baby kitten. If you like smushing cheeks, this is the kitten for you. She is a calmer soul than her two more energetic brothers, preferring the couch potato lifestyle. She has an affinity for toes, preferring to hunt these elusive creatures than any of the actual cat toys her foster mom got her. Remy can be shy at first but with a



little patience, kindness, and a small boost of confidence, she will be sure to adopt you.

Ebony is a sassy, feisty little girl that *loves* attention and purrs loudly in appreciation when she gets it. She often starts purring when you talk to her. Ebony will not hesitate to come looking for you to make sure she gets in cuddle time every day. A confident kitten with a funny little personality, Ebony likes to keep herself busy playing, chasing and wrestling with her foster sister, Beauty,



and cuddling with you. Ebony is bonded with Beauty and needs a forever home that will adopt them together. If you are interested in meeting Beauty and Ebony, her foster mom is happy to arrange a playdate.

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. Temporarily, adoption events are suspended. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org or email us at mail@kittenrescue.org.

With our city and state shut down, we are faced with the delicate balance to protect our fellow humans from the spread of COVID-19, while continuing our mission of saving the most vulnerable victims of the homeless cat crisis. We know that these are hard times for everyone. If you can give a little, it will go a long way. They are still counting on us during these difficult times. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood



Blvd. #583, Los Angeles, CA 90024.

If you remember Tricia Helfer from the TV series Battlestar Galactica, she has a special message for you on the Kitten Rescue Facebook page about "Giving Tuesday".

Saving one animal won't change the world, but the world will surely change for that animal. •



Three cheers for Chad!

We know...one look at this handsome fellow and you are asking yourself, "What's the big deal?" Well, it is. Chad is FeLV+. While our goal at Kitten Rescue is to find all our cats a home of their own, we know that when we take in an FeLV+ cat, they may spend the rest of their life

So, hip, hip, hooray! Thank you to this wonderful couple for making Chad a part of their family today.

When you adopt a "pet without a partner", you will forever make a difference in their life and they are sure to make a difference in yours. •



Ramsey



Congratulations to Chad and his family.



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