

El Segundo Herald

The Weekly Newspaper of El Segundo

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Weekend Forecast

Friday

Partly
Cloudy
76°/66°



Saturday

Sunny
77°/67°



Sunday

Sunny
78°/67°



Chevron and Locals Clean Beach



Over 160 local residents and Chevron employees volunteered at the "Keep El Segundo Beach Beautiful" beach clean-up day held on Saturday, July 30th. The event was sponsored by Kiwanis, Chevron, EDCO and Kinecta. More photos to come next week. Photo provided by Chevron.

Steven Gebhart: All His Chips Are in as the New Principal at El Segundo High School

By Duane Plank

For those invested in the El Segundo Unified School District [ESUSD], you may have noticed quite a churn of the folks who have occupied the principal's office at El Segundo High School [ESHS] in the near decade since principal Jim Garza was in charge.

Steve Gebhart, who was selected as the new principal earlier this year, hopes to stem the tide of that churn. Gebhart officially started drawing a paycheck from the District on July 1, and last served as the principal at San Pedro High School, a post that he ascended to in 2020.

Before working at San Pedro High, Gebhart spent a half dozen years as the principal at San Pedro's Dana Middle School, served a stint as the assistant principal at Los Angeles High School, and entered the education profession in 2000, teaching English as well as serving as an instructional coach at Gardena and San Pedro High schools.

While growing up, Gebhart did his initial schooling in Gardena. He is from a family including four siblings, all girls, with two older and two younger sisters dotting the family tree. "I had a pretty normal life," he said, which included playing some basketball, and reading, and going to school. "Just a kid growing up," he said.

When the high school years beckoned, he attended North Torrance High School. In between his graduation from North Torrance High and his enrollment at Cal State Dominguez Hills [CSDH], where he notched both a bachelor's and master's degree, as well as his teaching credential, Gebhart worked in the private sector for a decade for TRW, Inc., [now Northrup Grumman].

He started in the mail room and then

transferred to the company's project security office, where he utilized his communications talents to write and edit plans and give security briefings. After ten years on the job, Gebhart decided to pivot and return to school to enter the field of education. He initially wanted to be a police officer, but that was during the infamous Rodney King era. He decided that police work may "not be for me, but I still wanted to do something to help society."

He left TRW and enrolled at CSDH to begin the educational career pathway. In 2000, he started his career in the classroom, spending four years at Gardena High and eight years at San Pedro High. He then transitioned into

See Steven Gebhart, page 6



Steve Gebhart with wife Luisa.

Two Things in Life Worth Doing, According to Tom Andre

By Allison Armijo

What do music festivals and therapy have in common? On the surface, they seem like completely different endeavors – one, typically reserved for large, outdoor venues with screaming crowds; the other, taking place behind closed doors, usually with a box of tissues.

El Segundo Herald advice columnist and local therapist Tom Andre, however, finds them more similar than different. "When I was younger, I thought: if you have some privilege in your life, there are two things worth doing: one, increasing the amount of happiness in the world, and two, reducing the amount of unhappiness," said Andre, when asked to reflect

on his career.

Andre grew up in New Orleans, where he remembers frequently attending Mardi Gras. "People in New Orleans know how to have a good time," he explained. In college, Andre studied abroad in South America, where he went to Brazil to attend Carnival. Reminiscing on the vibrant crowds and eclectic music, he said that the attendees "... knew how to have a good time in the same way the people in New Orleans did."

It was the desire to sustain and grow this specific, communal happiness that led Andre to embark on one of his first major career endeavors: starting a New

See Tom Andre, page 8

Obituaries

Beth (Weil) Kirkpatrick

Please join the family in celebrating the life of Beth (Weil) Kirkpatrick who passed away peacefully, surrounded by her family, on Wednesday, October 20, 2021 after a three year courageous battle against colorectal cancer.

Beth was born September 6, 1967 and was the oldest of three children born to Donna Weil and Bob Weil. Beth was a proud ESHS Eagle and enjoyed her time building floats for the homecoming parade, involved in student government for four years, becoming class president, played on the soccer team as well as tall flags, becoming co-captain. After graduating El Segundo High School in 1986, she started her 30+ year career as a flight attendant for Delta Airlines on May 25, 1988, based in LA for 19 years, then transferring to Atlanta to secure a better flight schedule so she could raise her two amazing sons Aidan and Gavin Kirkpatrick.

Beth married Gary Kirkpatrick on February 15, 2003 in Santa Barbara, CA. She was most proud of her family, which includes sons Aidan (20) and Gavin (17). She loved that her job gave her family the opportunity to travel the world and they enjoyed her favorite places like London, Paris, Amsterdam, Inchon, Rome and doing castle tours in Germany. But her most beloved places were close to home in Yosemite and drives to Sedona and the Grand Canyon.



She could often be found on the sidelines cheering on her favorite boys during their Lambert High School basketball games, soccer games, and football games. Beth was beyond happy when Aidan was accepted to Georgia College and she would have been so proud to see Gavin made Lambert High School volleyball team.

Beth was an avid sports fan and loved the Lakers followed by the Dodgers, and USC football, often staying up late in Atlanta to watch the games and text her family after numerous championships and nail biting wins. She loved Stevie Nicks, Fleetwood Mac, Carole King, and her Atlanta local favorite Teddy Swims.

In addition to her loving husband Gary and amazing sons Aidan and Gavin, proud parents Donna Weil and Bob Weil, Beth is survived by her sister Jodi (Weil) Lopez, brother in law Ken Lopez, niece Hannah Lopez and nephew Jake Lopez of El Segundo and brother Rob Weil, sister in law Candy Weil, nephew Luke Weil, niece Exene Weil, and nephew Hawk Weil of Bridgeport, CA.

The Lopez family will be hosting a Celebration for Beth at their home (324 W Sycamore Ave) on Sunday, September 4th from 2-5pm. Please stop by to share a memory and give a toast to a very special person that will be forever missed. #BecauseOfBeth •

Hot Wheels™ Legends Tour

Photos by Gregg McMullin

The car event of the year had on-site experiences, which included designer meet ‘n greets, die-cast displays and collections,

photo opportunities, celebrity influencers, kid-friendly activities, merchandise, gaming, live music and tasty eats. Families and car enthusiast alike were smiling ear-to-ear. •



Gunner Listberger was mesmerized with all the Hot Wheels to play with.



Ford Sterling enjoyed the Mattel Car Show.



Barbie showed off her car.

For more photos see Hot Wheels™, page 15

*“Only a moment you stayed, but what an imprint
your footprints have left on our hearts.”*
– DOROTHY FERGUSON



Jordan’s Keck Effect

FROM PAIN TO PLAYING AGAIN

The experts at USC Epstein Family Center for Sports Medicine treat all kinds of sports injuries, from simple to complex. Whether you’re an athlete or a weekend warrior, the official physicians of the LA Kings and USC intercollegiate athletes can get you back in top shape. We provide a full range of services, including orthopaedic urgent care, non-invasive treatments and personalized care plans in El Segundo at the state-of-the-art Toyota Sports Performance Center. We’ll treat you like a pro.

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Denial, Deception and Disinformation

By Lauren Mahakian,
Family Connect Memory Care

I have been leading Alzheimer’s and dementia support groups for those in mild stages of the disease and/or their families for well over a decade. As many topics as are discussed, among the most prevalent are the contrasts and interactions of the two generational groups—the elderly parents experiencing the disease and the adult children supporting and caring for them. Often the argument that arises comes down to adult children not being fully in touch with the needs of their aging parents. While this is common in any group, it is greatly visible in families living with Alzheimer’s disease or other dementias. I label this “The 3 Ds: Denial, Deception, and Disinformation.

Denying Dementia

Let’s face it, it’s human nature to procrastinate or avoid facing something uncomfortable, giving rise to denial. “The house untidiness and stacked papers are not so bad,” “He seems OK and comfortable, just a little tired and bored,” “She says she is eating fine and seems to have food in the refrigerator.”

Acknowledging Dad’s declining mental capacity and isolation means having to react, and that’s where the fear comes in. What are we supposed to do? Is it premature? Are we denying what he has left of his independence? How are we going to coordinate all this?

Making matters worse, medical professionals can’t really offer much hope. With Alzheimer’s, there isn’t a cure or remission. The best drugs currently available do little to address the causes of dementia and have limited effect on symptoms. No wonder denial is such a powerful weapon. *Fear associated with the inability to resolve the issue may convince us that it’s “not that bad.”*

Deception with Dementia

Mom also has tricks up her sleeve. From a practitioner perspective, we call this *masking*. Often fearing the loss of independence, or perhaps not wanting to bother her adult children, Mom doesn’t complain about her condition, even though she is fully aware of it, especially in the early and intermediate stages. As her memory function begins to

See Family Connect, page 5

Police Reports

Monday, July 25th

A stolen vehicle recovery report was taken at 0851 hours from the 500 block of Whiting Street. A 1998 Ford F150 was recovered.

A petty theft report was taken at 1057 hours from the 2500 block of East El Segundo Boulevard. Unknown suspect(s) took merchandise from the store valued at \$200.

A petty theft report was taken at 1049 hours from the 500 block of Sheldon Street. Unknown suspect(s) entered the victim’s unlocked vehicle and took several miscellaneous keys.

A burglary (vehicle) report was taken at 1204 hours from the 800 block of South Nash Street. Unknown suspect(s) smashed the vehicle window and took the victim’s property.

A burglary report was taken at 1336 hours from the 2200 block of East Park Place. Unknown suspect(s) broke into the victim’s gym locker and took the victim’s property.

A trespassing report was taken at 2134 hours from the 200 block of West Mariposa Avenue.

A found property report was taken at 2240 hours from the 100 block of Maryland Street. A wallet was found.

A found property report was taken at 2240 hours from the 100 block of East Franklin Avenue. A set of keys were found.

One male adult was arrested at 0356 hours from the 400 block of East Franklin Avenue for carrying a concealed firearm.

Tuesday, July 26th

A stolen plate report was taken at 0831 hours from the 100 block of Loma Vista Street. The front license plate was taken from a 2016 Kia Sorento.

A burglary and identity theft report was taken at 0958 hours from the 2200 block of East Park Place. Unknown suspect(s) broke into the victim’s gym locker and took a debit card and US currency. The debit card was later used at a store in another city.

One male adult was arrested at 1145 hours from the 800 block of Parkview Drive North for battery. He was subsequently cited and released in the field.

A grand theft report was taken at 2145 hours from the 800 block of Eucalyptus Drive. A package was taken.

One male adult was arrested at 0506 hours from the 900 block of Main Street for drunk in public.

Wednesday, July 27th

An online petty theft report was taken at 1252 hours from the 1900 block of East Grand Avenue. The victim’s wallet containing his credit cards, identification card and \$40 was taken.

A forgery report was taken at 1556 hours from the 2300 block of East Rosecrans Avenue. Unknown suspect(s) forged a business check and cashed it.

A shoplifting report was taken at 2023 hours from the 700 block of South Pacific Coast Highway. Unknown suspect(s) entered the store and took merchandise.

An attempt grand theft report was taken at 0032 hours from the 600 block of West Mariposa Avenue. Unknown suspect(s) attempted to take a catalytic converter from a vehicle.

A found property report was taken at 0512

See Police Reports, page 13

Sports

Baseball Season Over for El Segundo Teams

By Gregg McMullin

What started in late February, with the first Little League game, ended in late July. The remaining youth baseball teams completed the baseball season. The 11-year-old all-stars competed for the Southern California State Little League title and placed third while the American Legion baseball team’s state title run came to an end. It was an incredible run for El Segundo youth baseball at both levels.

ESLL 11-Year-Old All-Stars Suffer Defeats and Place Third

The run for a second consecutive Southern California Little League championship ended for this group of 11-year-old all-stars, most of who were a part of last season’s state championship team as 10-year-olds. El Segundo

had defeated La Verne in their opener and faced Sherman Oaks in the second game only to lose an epic walk-off thriller.

Falling into the loser’s bracket meant playing each day in elimination games. El Segundo eliminated Long Beach 6-3 and Eastlake (Chula Vista) 13-4, only to face Scripps Ranch (San Diego) and fall 7-4 in the elimination final.

The devastating loss to Sherman Oaks was a rematch between the two teams that competed for last season’s 10-year-old state title. In last year’s state tournament, El Segundo and Sherman Oaks faced each other three times. El Segundo won the first game 5-4, but Sherman Oaks came through

See Sports, page 10



Colby Lee attempts to tag out Scripps Ranch’s Alex Kolk in the fifth inning on his double. Photos by Gregg McMullin, unless otherwise noted.



Jaxon Kalish hits a controversial ball that was ruled a fair ball to end the game against Scripps Ranch.



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Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

EMPLOYMENT

My name is Tom, I am an 18 year old looking for my first real employment or meaningful volunteer job. I have Crohn's disease and I'm not sure how long I will be around on this planet (is anybody?). Don't worry, I am fully insured and hope somebody thoughtful reads this and has project that needs my help. Phone- 323-766-7667. Email: toomasowoods@gmail.com

EMPLOYMENT

Software Engineer II (Data Governance) (Multiple Openings) (Torrance, CA & client sites) Dsgn, devel, deploy & support Informatica data governance solutions. Prep dsgn docs, perf program coding & testing. Bachelor's Degree or equivt in Comp

Sci OR Electrical Engng OR rel field req'd. 3 yrs expreq'd. Required skills: Informatica EDC, Axon, IDQ, Linux, AWS. Mail resume to Numentica LLC, 3868 W Carson St Suite 300, Torrance, CA, 90503

EMPLOYMENT

Staff Software Engineer, Teradata US, Inc., El Segundo, CA. Responsible for designing, implementing, and unit testing new features leveraging agile and continuous delivery methodologies. Must have a Master's degree or foreign equivalent in Computer Science, Software Engineering, or a related degree and 5 years of work experience. **TO APPLY:** Please apply by email to STAFF.TDPM@Teradata.com (Job Number - 214688)

GARAGE SALE

Community Garage Sale. August 6, 9-3. El Segundo Woman's Club at 541 Standard Street. Ice cream, cookies, and lemonade too!

HOUSE FOR RENT

1bd/1ba detached back unit for rent. Located in cul-de-sac near Rec Park. \$2850/month. Available September 1. Please call 424.471.9087.

WANTED

WANTED. Vinyl, records, vinyl, anything musical. Collectibles/antiques. Typewriters, sewing machines, military, silver, Japan, records, stamps, coins, jewelry, Chinese, ANYTHING. Buy/Sell/Trade. We sell for you on EBAY. Studio Antiques, El Segundo. 310.322.3895.

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

EMPLOYMENT

IT


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MH Sub I LLC.

Email resume w/Ref# ESJIN to
HR.Recruiting@internetbrands.com.

DEADLINES

OBITUARIES: Monday at noon.
CALENDAR ITEMS: Monday at noon.
PEOPLE ITEMS: Monday at noon.
CLASSIFIEDS: Tuesday at noon.
LEGAL NOTICES: Wednesday at 11:00 am.
REAL ESTATE ADS: Monday at noon.
AD CANCELLATIONS: Prior Thursday.

LATE CANCELLATIONS WILL BE
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WEEKLY CROSSWORD

See Answers Next Week

1	2	3		4	5	6		7	8	9		10	11	12
13				14				15				16		
17				18				19				20		
				21				22						
23	24	25				26	27					28	29	30
32						33				34		35		
36					37	38				39	40			
				41	42					43				
44	45							46	47				48	49
51						52	53						54	
55						56				57	58			
				59	60	61				62				
63	64	65								66			67	68
70						71				72			73	
74						75				76			77	

Across

1. Bothered (with "at")
4. Cigar leftover
7. False show
10. Entirely
13. Happy as a lark
14. Black or Irish water body
15. Profit bringer, cash ____
16. Crusted dessert
17. People who are against you
19. Distorted
21. Unmatched, like socks
22. George Harrison's "____ It a Pity"
23. Group of people
26. "Holy smokes!"
28. ____ Eaters
32. Portrayed
33. Bacon and ____
35. Pink, as a steak
36. Tawny, for example
37. Proverbs preposition
39. Minded
41. As well
43. Disoriented
44. Small horses
46. Winter blanket
48. ____ a good plan!
51. A string has two
52. Repetitious sound
54. Latitude/longitude shower
55. Round home
56. "Love ____ Madly"

57. Passionate
59. Different
62. Cooking equipment
63. G.I.
66. Established
70. Overwhelming admiration
71. The P of RPM
72. Unfavorably
73. Sculler
74. Rainy
75. Something blue
76. Dig
77. Have a go at

Down

1. Length of life
2. Beach bonus
3. "Red ____" thriller
4. Stage direction
5. Start of something
6. Comprises
7. On the stage
8. Milk dispensers
9. Mirror image
10. Not out of place
11. Story
12. Marshaled
18. Unruly crowd
20. Stashes
23. Word with "faced" or "fisted"
24. Like most recruits
25. Middle kitchen counters

26. Said hello to
27. Since
29. Soap opera's slot
30. Metal mixture
31. Spectrum end
34. Going alone
37. Milk, in a way
38. Schnozzola
40. Tie
42. Written in a column, as "to-do" things
44. Enclosure
45. "____ night love affair," Bryan Adams
46. Nautical pronoun
47. Common conjunction
49. What a steamroller steamrolls
50. Mole with secrets
53. Bright red
57. Error
58. Tavern
60. Kissers
61. Hide and ____
62. Barbershop emblem
63. Divide in a way
64. Have a tab
65. Allow
66. Nabisco's ____ Newtons
67. Sentence ender
68. Keen perception, musically
69. Kind of ice

Last Week's Answers

1	2	3	4	5	6	7	8	9	10
11	A	G	E		12	C	A	R	E
13	B	O	N	F	I	R	E	S	
14					15	A	L	O	N
16					17				
18	I	D	E	A	S		19	P	E
20	B	A	N	G	S		21	M	A
22					23	Y	E	D	
24	O	W	E		25	R	E	C	I
26	W	E	T		27	M	A	R	E
28					29	R	E	C	I
30					31	T	I	E	D
32					33	A	R	C	
34					35	F	R	I	
36					37	W	A	N	T
38					39	E	R	A	
40					41	A	T	I	
42					43	H	E	M	
44					45	O	L	I	
46					47	L	I	N	
48					49	E	R	E	
50					51	R	E	D	
52					53				
54					55				
56					57				
58					59				
60					61				
62					63				
64					65				
66					67				
68					69				
70					71				
72					73				
74					75				
76					77				

3	9	1	6	2	5	7	8	4
2	5	7	4	8	1	3	6	9
6	4	8	3	7	9	2	1	5
9	1	6	8	3	7	5	4	2
5	3	4	2	1	6	8	9	7
8	7	2	9	5	4	6	3	1
4	2	3	5	9	8	1	7	6
1	8	9	7	6	2	4	5	3
7	6	5	1	4	3	9	2	8

SUDOKU Medium

					3	7	9		2
				5	2	8			
2	6								3
			5					2	
		3	9	7					5
			6				3	8	
			8		6	1	4		
5				8				7	

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Finance

Reaching Your Financial Goals: What To Do If You Are New To Credit

(BPT) - Many people have financial goals - maybe it's to get an education, buy a car, purchase a home, or start a business - that require access to credit. However, if you are new to credit, trying to build a credit history can be daunting. It helps to know the basics about the FICO® Score.

A FICO Score summarizes your credit report into a three-digit number. Credit reports are maintained by the three nationwide credit bureaus, Experian, Equifax and TransUnion. The FICO Score includes measures on how long you've had credit, how much credit you have, how much of your available credit is being used and if you've paid on time. A FICO Score helps lenders determine how likely you are to repay a loan. This, in turn, affects how much you can borrow and how much it will cost (e.g., the interest rate).

FICO introduced FICO® Score XD and UltraFICO™ Score, which enhance credit bureau data with alternative data not typically found in traditional credit bureau files, such as how you have paid your telecom and utilities, or balance information from your consumer permissioned checking account. FICO also recently introduced FICO® Score 10T, which taps into trended data - a deeper look at traditional credit bureau data, the use of trended data considers a historical view such as account balances for the previous 24+ months, giving lenders more insight into how individuals are managing their credit.

Ninety percent of the top U.S. lenders use FICO Scores to help them make lending decisions. To get a FICO Score, you need at least one credit account opened for six months or more and at least one account that is reporting to the credit bureaus in the last 6 months (those criteria can be met with the same account).

More lenders are using newer scores that tap into alternative data sources, such as telecom, utilities and checking account data. To help establish credit history, consider opportunities with reputable lenders and the credit bureaus to proactively share your personal, responsible financial information (such as on-time rent and cell phone payments).

Research has shown that consumers who frequently check their credit score are more likely to have a higher overall score. There are several ways you can monitor your FICO Score. FICO works with over 200 institutions to provide FICO Scores free to consumers. You can check your monthly credit card statement, your online banking environment or go to myFICO.com to monitor your score.

The good news is your FICO Score is dynamic; it changes with your credit behavior. Your score today doesn't have to be your score tomorrow. Plan and stay the course with positive borrower behaviors that will be reflected in your credit file. Stay up to date on your bills, keep balances low and only apply for the credit you need.

Understanding your credit score and how to manage it doesn't have to be a mystery. There are many educational resources available, including free workshops supported by FICO where you can learn about your credit score directly from the experts. Visit www.scoreabetterfuture.com to learn more.

Whether your goal is purchasing your first home, going to college, or financing a new car, it is helpful to envision a target credit score that allows you to achieve it. With that target in mind, and these tips and educational resources, you can start building a sustainable path toward a FICO Score that achieves your financial goal, regardless of your current credit experience. •

Seniors

Positive Ways Older Adults Can Enjoy a Balanced Lifestyle

(BPT) - As you age, it may be challenging to keep your life feeling both balanced and positive. For example, keeping up with your own health and nutrition, changes to your professional career, and spending time with friends and family can all lead to stress, which may have a negative impact on your overall feeling of well-being. Fortunately, you can help support a well-balanced lifestyle by making more positive choices around nutrition and daily activity.

Here are things you can try to improve the balance in your daily life.

1. Sneak in more protein throughout your day

Protein is considered to be one of the most important nutrients as you get older, yet up to 44% of adults over 60 do not meet minimum protein requirements, according to The Journal of Nutrition, Health and Aging. You can increase your daily protein intake with snacks like nuts, seeds and Greek yogurt, but it can still be challenging to get enough protein through normal diet.

One easy and delicious way to add more protein to your day is the new BOOST High Protein Cinnabon Bakery Inspired Flavored Nutritional Drink, which contains 20 grams of high-quality protein to help maintain muscle, plus 27 vitamins and minerals to help meet your daily nutritional needs - with no artificial sweeteners, flavors or colors. Protein plays an important role in muscle health, bone health and immune function, so stock up on these drinks and enjoy daily.

2. Try new recipes

Visit your local grocery store or farmers market regularly to stock up on fresh fruits and vegetables, which provide vitamins, fiber and other nutrients that your body needs. Have fun experimenting with new recipes using these fresh ingredients, and you may discover all kinds of interesting new textures and flavors.

3. Explore the outdoors

Fresh air can feel invigorating, and getting exposure to even a small amount of sunshine every day gives you vitamin D, which is known to help boost your mood and energy. A simple way to enjoy the outdoors is to take a daily walk, but if you want more variety, consider new hobbies that bring you out into Mother Nature.

Taking part in outdoor activities can make a real difference when it comes to finding balance and enjoyment each day. Swimming, biking, hiking, yoga, gardening and more - whatever pastimes that get you moving outdoors, bring you joy, and put a smile on your face are worth spending time doing.

4. Plan social times

Having strong social ties and meaningful relationships increases quality of life and adds balance and meaning to your days. It's not about quantity of connections, it's about quality. Make time to socialize with friends, families and people in your community.

Some ideas include joining a book club or game group, planning weekly phone chats with friends, meeting for monthly lunches with family, and signing up for continuing education classes in subjects of interest or groups at your local community center or church.

5. Prioritize rest

A balanced day isn't just about eating well and moving your body. You need to make rest a top priority, especially as you age, so your mind and body can properly recover. This means getting at least seven hours of sleep a night, as well as taking breaks during the day if needed. There's nothing wrong with a quick nap, so listen to your body.

Using these tips, you can start finding better balance in your life and supporting your wellness journey by taking positive steps that help you feel your best, every day. •

Steven Gebhart

the administration side of education, taking a job as the assistant principal at Los Angeles High in 2012 and then becoming principal at San Pedro's Dana Middle School in 2014. In 2020, he took over as the principal at San Pedro High.

When Gebhart was alerted to the job opening at ESHS, he investigated it a bit and after speaking with his wife, Luisa, decided to apply for the job. He said that after working 22 years in the Los Angeles Unified School system, he was intrigued by the idea of "continuing to broaden my skill set and knowledge of education," he said. He researched the community of El Segundo, noting the traditions of the town and what he termed the "generational knowledge" of our city, and realized it was similar to the San Pedro town where he lived.

Gebhart went through the interview screening process, met with administrators and stakeholders, and emerged as the 2022-23 principal in April. He has benefitted, he said, in that he has had the past three-plus months to start getting up to speed on the culture of ESHS, "attending a few [school] board meetings and functions that got me introduced to people."

"It has all been very positive," he said. "One of the things that I really like is the combination of professionalism and ability" of the people he will be working closely with. "All the people I have met know what they are doing."

So, what makes Gebhart the right selection to head ESHS in the 2022-23 school year and beyond?

Someone who should know is Dr. Melissa Gooden, who served a stint as principal at ESHS and is currently working for the ESUSD at the District office as Executive Director of Human Resources. "Steve and I worked together many years ago at Los Angeles High School," Gooden emailed. "When the

position became available, he immediately came to mind as a perfect candidate who exhibited traits that students, staff, parents, and community members identified as being important qualities of the next principal.

"Steve is a seasoned administrator that understands the intricacies of running a

to excel under Mr. Gebhart's leadership."

San Pedro High School English teacher Maya Suzuki Daniels thinks that Gebhart will excel in his new gig. "He is very compassionate," Daniels said of Gebhart, "with a deep set of loyal convictions. I have never known a principal to lead with so much heart.



New El Segundo High School Principal Steve Gebhart.

comprehensive high school in a tight-knit community. His wide scope of knowledge and proven track record at the secondary level made him a stellar candidate," continued Gooden. "Steve is forward-thinking, solution-oriented, and keeps students at the core of every decision he makes. There is no doubt in my mind that ESHS will continue

He can be both determined, but he will also listen, which I think is a unique combination in a leader."

Mike Sestich counts Gebhart as a friend for the past decade. "Steve is full of common sense," noting that if something "makes sense, he is for it...if it does not make sense, he will not be for it, which I think is refresh-

from front page

ing. He works on behalf of the kids, and the teachers, as well."

Rodney Lusain, who has known Gebhart for a decade, said that one of the traits that make his friend a successful administrator is that "he does a better job of any principal that I have ever worked with of shielding teachers from the bureaucrats, giving his team space to work. He trusts his teachers and his staff to do what they are supposed to do."

Gebhart said his over-arching educational philosophy revolves around relationship building. "Everybody has the ability to be their best," he said, "but not everybody can be their best," he added, citing mitigating factors. "But if [students] are in a place that values and validates who they are, then they will be able to perform at their best."

If you want to meet the new principal, the District will be hosting a "Coffee with the Principal" event on Aug. 11, which will take place in the campus cafeteria from 9 a.m. to 10 a.m., a few weeks before the resumption of classroom activities in the District. Participants will also be introduced to the 2022-23 ESHS administrative team.

For recreational activities, Gebhart said he cherishes family time, especially hours spent at the beach. He is an avid poker player, taking part in local poker games with friends, with the occasional foray to Las Vegas in the mix. It would not be a shock to see him participate in the El Segundo Education Foundation-sponsored Guy's Night Out shenanigans, which, I believe, have in the past entailed some card playing as well as sipping adult beverages.

Gebhart is looking forward to greeting his new charges as they settle into their classrooms on Aug. 23.

And to use poker vernacular, Gebhart seems to be pushing all his chips to the center of the table as he begins his tenure at El Segundo High School. •

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Tom Andre

Orleans-themed music festival in Rio. “I didn’t know a lot about music, but I had a sense of what people liked,” he explained. The festival, featuring a variety of Jazz and New Orleans grass bands, encouraged people from New Orleans to come together with people from Brazil and make music, producing new, collaborative sounds with their distinct musical styles. Running for several years, the festival eventually expanded to a small island in Brazil and Colombia.

"The festival was fun," Andre explained, "but not great for establishing a long-term, sustainable career."

After a few years, he moved back home, living part-time in Brazil and New Orleans. At this time in his life, Katrina hit, forcing him to consider relocating. He decided to move to Los Angeles, where he got a job at Sony Pictures in the International Media Department, where he worked for one year. After that, he transitioned to a career in advertising and sales, selling television slots to the same people he used to work for. He found the job nice and comfortable, but not terribly fulfilling.

It was around this time that Andre's old boss from Sony suggested he come to become a therapist. He thought it made sense. "I'm really interested in people and their stories," he said. Andre decided to go back to school, enrolling in Phillips Graduate University, all the while still working different jobs in

media to support himself.

Upon completing his degree, Andre began working with Miracle Mile, specializing in low-cost counseling. When they opened an office in El Segundo, Andre started working there, eventually branching off to start his own practice with former colleagues.

Andre also works as the advice columnist for the El Segundo Herald, where he responds to anonymous queries related to personal and communal issues. He enjoys the position, seeing it as another way to connect to the community around him by trying to make people less unhappy as best he can.

Questions of identity, purpose and meaning sit at the forefront of his approach to therapy and counseling, as he believes that people constantly wrestle with these subjects throughout their lives. "Who am I, what am I about, why am I here, why am I doing the things that I'm doing? I don't know that we always have perfect, neat answers we can tie up with a bow, but I think the process of wrestling with these questions can help bring people a lot of peace and direction in life," he explained. "Saying I'm okay with imperfection can be really helpful to people." Andre also discussed the importance of being comfortable as things in life change and evolve. "Not feeling alone in the discomfort is extremely helpful."

According to Andre, this element of not feeling alone, and having a community of



Tom Andre

support around oneself, is a vital part of personal growth and happiness. “Talking to people and seeing their experiences of doing amazing things in their lives and still feeling that they’re not measuring up in some way ... if so many of us feel this way, maybe it’s okay,” he explained.

When asked if he had any advice for how people can better themselves, he said, "Assess how happy you are with your community and the people around you, because that makes a huge difference." He also expressed

from front page

some hesitance with using the word ‘mental health’ when discussing personal growth and development, as he believes the word is often misused. “We focus too much on people ‘working on their mental health when the first question we should ask is: have they suffered a mental injury?” By which, he means it is more effective to assess the circumstances surrounding the situation and the emotions it produces before diving in head-first to try to fix it. That, he explains, often neglects the issue entirely.

He also addressed some common misconceptions about therapy. “I grew up with this idea that you’re gonna have to talk about your deepest, darkest, craziest thoughts and feelings in therapy, and it’s not like that. It’s not scary,” he said. Andre also spoke about the difficulties of reaching out for help, specifically for men. “As a man, I get it, you know. It’s a thing.” To any men reluctant to get the help they may need, Andre suggested exploring alternative counseling methods, such as text or email, which may seem less confrontational than an in-person or phone session.

Above all, Andre is dedicated to doing what he can to make people happy or less unhappy. “At the beginning of my career, I decided to try to increase the total amount of happiness in the world, so I created a music festival. Now, being a therapist, I’m happy to work on both sides of that equation.” •

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Sports

from page 3

the loser's bracket to play the locals in the championship. Sherman Oaks defeated El Segundo 5-2 to force a championship game which El Segundo won 2-1.

El Segundo jumped out in front against Sherman Oaks 1-0 in the first inning. Max Baker led the game off with a single to left field. Brody Brooks was hit by a pitch, and Jaxon Kalish singled to load the bases. Baker



scored on a wild pitch to make it 1-0. Lucas Keldorf worked a base on balls to load the bases, but El Segundo's rally came to a crashing halt when Sherman Oaks pitcher Rylan Howard struck out the next three batters. In the second inning, Lennon Salazar slashed a single to left field and later scored on Brooks' RBI single to make it 2-0.

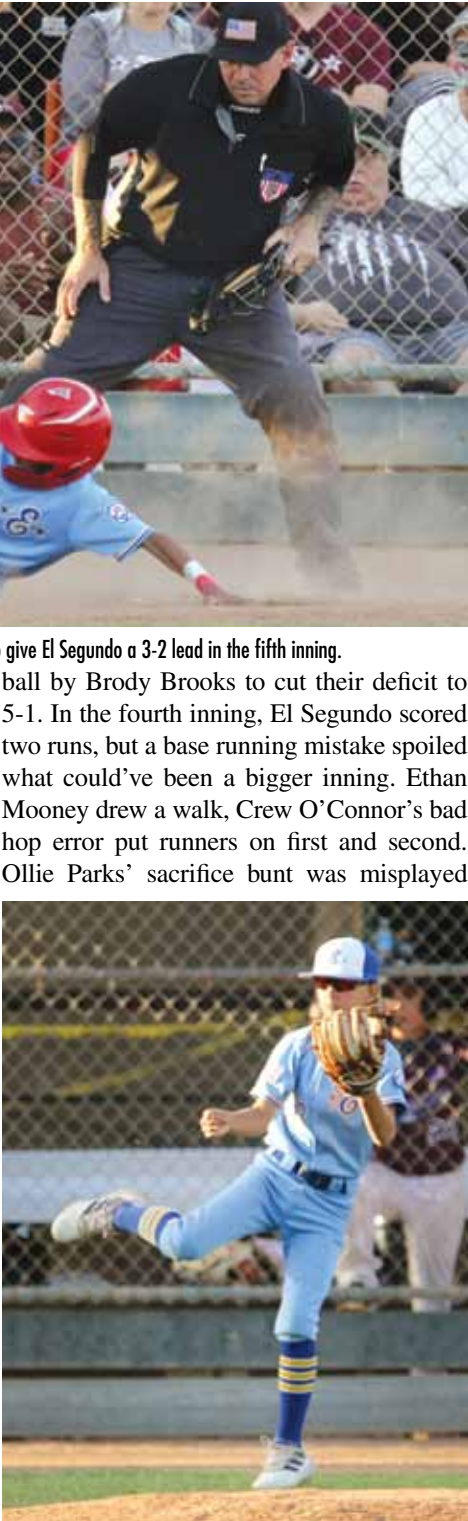
In the third inning, Sherman Oaks tied the game with a four-hit inning. Josh Pontcille singled and scored on a single by Howard. Casey McDowell, who had singled, scored on an RBI double by Marcus Spinks to make it 2-2. El Segundo took the lead back in the fifth inning. Lucas Keldorf doubled to left-center field to lead off the inning. Ethan Mooney ran for Keldorf and advanced to third base on a fielder's choice. Mooney used his speed to score two pitches later, on a wild pitch, to give El Segundo a 3-2 lead.

In the sixth inning, El Segundo had an opportunity to add to their lead when Jaxon Kalish and Quinn Boehle each singled, but Sherman Oaks snubbed the rally. In the bottom half of the sixth inning, Sherman Oaks combined four hits to score two runs, including Luke Alvarado's walk-off RBI single to give Sherman Oaks a thrilling 4-3 win.

Facing elimination El Segundo easily defeated Long Beach and Eastlake, which sent them into the loser's bracket final against Scripps Ranch. El Segundo sent hard-throwing Brody Brooks to the mound while Scripps Ranch countered with crafty Alex Kolk. El Segundo went in order in the first inning, but Scripps sent seven batters to the plate, including the first four hitters who reached base. Scripps would capitalize on their hitting to score two first-inning runs. It could have been worse for El Segundo, but Brooks struck out Jack Hooper with runners on second and third to end the inning.

In the second inning, Scripps added to their 2-0 lead. With one out and runners on first and second base, Aaron Tinoco hit a fly ball to center field that just got over the fence for a three-run home run and a 5-0 lead over El Segundo.

In the third inning, El Segundo broke through with a run. Finley Green opened the inning with a walk and later scored on a ground



ball by Brody Brooks to cut their deficit to 5-1. In the fourth inning, El Segundo scored two runs, but a base running mistake spoiled what could've been a bigger inning. Ethan Mooney drew a walk, Crew O'Connor's bad hop error put runners on first and second. Ollie Parks' sacrifice bunt was misplayed by the pitcher for an error, and Mooney came around to score. Green's ground ball scored O'Connor, with Parks taking third base. Daniel Bass' pop fly behind third base was caught by Evan Marshall. The shortstop quickly threw to his pitcher, Kolk, covering third base, who caught Parks off the bag, after not tagging up, for the inning-ending double play.

In the fifth inning, trailing 6-3, El Segundo narrowed their deficit when Max Baker singled and scored on a ground ball by Lucas Keldorf to make it 6-4. Scripps would answer with a run of their own on an RBI single by Eli

Green to make it 7-4. In the sixth inning, El Segundo threatened to have a big inning with singles by Boehle, Baker and Brooks. With two outs, Jaxon Kalish's ground ball was ruled fair down the first baseline. It was a controversial call but came after another controversial no-call. On the pitch, before Kalish grounded out, he was apparently hit on the foot with a pitch in the dirt. The



plate umpire ruled it a ball and did not ask for help from the other umpiring crew even though Kalish pleaded his case while limping.

It was an ending nobody expected but none-the-less a great run for the team that consisted of Manager Danny Boehle and his assistants Tim Abrams and Edie Lee and players Brody Brooks, Colby Lee, Crew O'Connor, Declan McRoberts, Ethan Mooney, Finley Green, Jaxon Kalish, Lennon Salazar, Lucas Keldorf, Max Baker, Quinn Boehle, Daniel Bass and Ollie Parks.

Blues Feeling the Pain After Losing

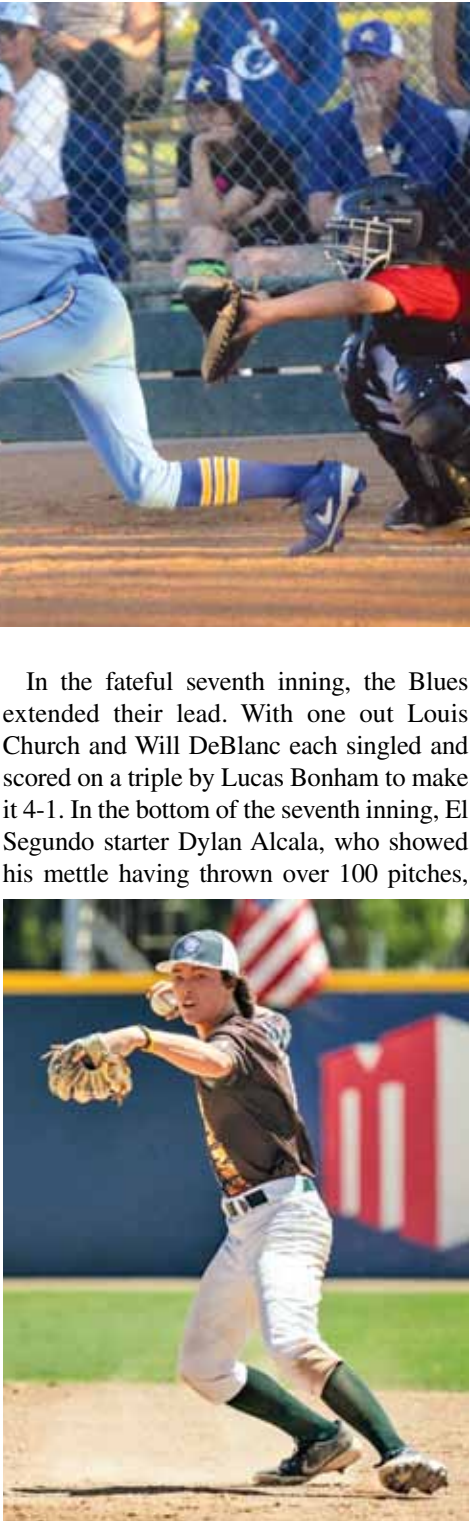
El Segundo's American Legion baseball team had traveled to Fresno to play in the state American Legion tournament. The Blues opened the tournament with a win over Patrick Henry of San Diego, fell to Fairfield, and defeated Hoover of San Diego to set up an elimination game with the defending state champion Petaluma Leghorns. The Leghorns had five returning members from their 2021 state championship team, along with five other players who played at the junior college level this season. El Segundo saw their 4-1 lead in the seventh inning disappear and lost 5-4 to the eventual 2022 state champions.

The game was scoreless in the first two innings before El Segundo broke through in their half of the third inning. Will DeBlanc singled and was thrown out at the plate by right fielder Wesley Allen on Lucas Bonham's double, and Hudson Comer was hit by a pitch. With one out Dylan Immel's fly ball was misplayed, scoring Bonham and Comer for a 2-0 lead.

In their half of the fourth inning, Petaluma had a potential big inning snubbed out by an inning-ending double play. They did, however, score one run when Nick Andrews walked and later scored on an RBI single by Allen. Petaluma loaded the bases, but Blues starter

Dylan Alcala induced Mario Zarco to hit into a double play to end the rally.

In the sixth inning, El Segundo got singles from Immel and Anthony Temesvary, but Petaluma got out of the jam when Mateo Heredia hit into a double play. In the bottom of the sixth inning, Petaluma's two-out rally was shut down when Alcala struck out Nico Antonini.



Lucas Bonham, who played solid defense at shortstop, hit a two-run triple in the seventh inning to give his team a brief 4-1 lead. Photo by John Endow Photography.

walked the lead-off hitter but got Nate O'Leal to fly out. Will DeBlanc came in to relieve Alcala and Petaluma took advantage. Austin Steeves singled, Evan Johnson was hit by a pitch followed by two batters who each drew a walk, including Caze Derammelaere whose RBI walk cut El Segundo's lead to 4-3. A wild pitch scored the tying run, Wesley Allen's line drive single scored the winning run, and El Segundo fell 5-4. It was a valiant effort for a team nearly knocking off the eventual state champs. •



The American Legion team represented Army at the state tournament. Photo by Christine Engelhardt.

PUBLIC NOTICES

Fictitious Business Name Statement 2022150789

The following person(s) is (are) doing business as SHERWOOD ELM PROPERTIES, 1324 THE STRAND, MANHATTAN BEACH, CA 90266, LOS ANGELES COUNTY. Registered Owner(s): 1) CHARLES ROBERT HOLMES, 1324 THE STRAND, MANHATTAN BEACH, CA 90266, 2) BARBARA JO HOLMES, 1324 THE STRAND, MANHATTAN BEACH, CA 90266. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2022. Signed: CHARLES ROBERT HOLMES, HUSBAND. This statement was filed with the County Recorder of Los Angeles County on July 7, 2022. NOTICE: This Fictitious Name Statement expires on July 7, 2027. A new Fictitious Business Name Statement must be filed prior to July 7, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/14, 7/21, 7/28, 8/4/22 **H-2624**

Fictitious Business Name Statement 2022161284

The following person(s) is (are) doing business as PROVIDENCE SPECIALTY MEDICAL GROUP, 21311 MADRONA AVE STE 101, TORRANCE, CA 90503-5970, LOS ANGELES COUNTY. AI #ON: C3709029. Registered Owner(s): PROVIDENCE SPECIALTY MEDICAL GROUP, 21311 MADRONA AVE STE 101, TORRANCE, CA 90503-5970. CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2017. Signed: PROVIDENCE SPECIALTY MEDICAL GROUP, DAVID SATO, M.D., CEO. This statement was filed with the County Recorder of Los Angeles County on July 19, 2022. NOTICE: This Fictitious Name Statement expires on July 19, 2027. A new Fictitious Business Name Statement must be filed prior to July 19, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2632**

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Fictitious Business Name Statement 2022158924

The following person(s) is (are) doing business as TACO BELL #39786, 18943 SOLEDAD CANYON ROAD, CANYON COUNTRY, CA 91351, LOS ANGELES COUNTY. Registered Owner(s): ANGEL CITY BELL LLC, 465 FIRST STREET WEST, 2ND FLOOR, SONOMA, CA 95476. CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2021. Signed: ANGEL CITY BELL LLC, JAMES BRANDON, CFO. This statement was filed with the County Recorder of Los Angeles County on July 15, 2022. NOTICE: This Fictitious Name Statement expires on July 15, 2027. A new Fictitious Business Name Statement must be filed prior to July 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2633**

Fictitious Business Name Statement 2022163151

The following person(s) is (are) doing business as BUBBLES BAKING COMPANY, 1) 15215 KESWICK ST, VAN NUYS, CA 91405, 2) 21151 S WESTERN AVE STE 284, TORRANCE, CA 90501, LOS ANGELES COUNTY. AI #ON: C4611482. Registered Owner(s): THE HUB FOOD MANAGEMENT COMPANY, 15215 KESWICK ST, VAN NUYS, CA 91405. CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE HUB FOOD MANAGEMENT COMPANY, LEONARD DAYAO, CEO. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2638**

Fictitious Business Name Statement 2022163871

The following person(s) is (are) doing business as CMOORE FITNESS, 2213 CABRILLO AVE APT 1, TORRANCE, CA 90501, LOS ANGELES COUNTY. Registered Owner(s): CLAYTON MOORE, 2213 CABRILLO AVE APT 1, TORRANCE, CA 90501. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2022. Signed: CLAYTON MOORE, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2644**

Fictitious Business Name Statement 2022154659

The following person(s) is (are) doing business as CAINE & WEINER, 5805 SEPULVEDA BLVD, FL 4, SHERMAN OAKS, CA 91411, LOS ANGELES COUNTY. Registered Owner(s): CAINE & WEINER COMPANY, INC., 5805 SEPULVEDA BLVD, FL 4, SHERMAN OAKS, CA 91411. CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2012. Signed: CAINE & WEINER COMPANY, INC., GREG A. COHEN, CEO. This statement was filed with the County Recorder of Los Angeles County on July 12, 2022. NOTICE: This Fictitious Name Statement expires on July 12, 2027. A new Fictitious Business Name Statement must be filed prior to July 12, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/21, 7/28, 8/4, 8/11/22 **H-2626**

Fictitious Business Name Statement 2022158929

The following person(s) is (are) doing business as TACO BELL #39794, 23146 VALENCIA BLVD., SANTA CLARITA, CA 91355, LOS ANGELES COUNTY. Registered Owner(s): ANGEL CITY BELL LLC, 465 FIRST STREET WEST, 2ND FLOOR, SONOMA, CA 95476. CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2021. Signed: ANGEL CITY BELL LLC, JAMES BRANDON, CFO. This statement was filed with the County Recorder of Los Angeles County on July 15, 2022. NOTICE: This Fictitious Name Statement expires on July 15, 2027. A new Fictitious Business Name Statement must be filed prior to July 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2634**

Fictitious Business Name Statement 2022163154

The following person(s) is (are) doing business as 1) UNIVERSAL BAKERY, 15215 KESWICK ST, VAN NUYS, CA 91405, 2) PAPILLON BAKERY, 21151 S WESTERN AVE STE 284, TORRANCE, CA 90501, 3) BABYLON BAKERY, 4) TURLOCK BAKERY, LOS ANGELES COUNTY. AI #ON: C4611482. Registered Owner(s): THE HUB FOOD MANAGEMENT COMPANY, 15215 KESWICK ST, VAN NUYS, CA 91405. CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE HUB FOOD MANAGEMENT COMPANY, LEONARD DAYAO, CEO. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2639**

Fictitious Business Name Statement 2022159118

The following person(s) is (are) doing business as CRAFTED WITH YOU IN MIND, 2185 SEPULVEDA BLVD. #H, TORRANCE, CA 90501, LOS ANGELES COUNTY. Registered Owner(s): SHERINA JONES, 2185 SEPULVEDA BLVD #H, TORRANCE, CA 90501. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2022. Signed: SHERINA JONES, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 18, 2022. NOTICE: This Fictitious Name Statement expires on July 18, 2027. A new Fictitious Business Name Statement must be filed prior to July 18, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2645**

Fictitious Business Name Statement 2022152451

The following person(s) is (are) doing business as GEORGE SMITH PARTNERS, INC., 10250 CONSTELLATION BLVD, SUITE 2700, LOS ANGELES, CA 90067, LOS ANGELES COUNTY. Registered Owner(s): AXCS ADVISORS, INC., 10250 CONSTELLATION BLVD, SUITE 2700, LOS ANGELES, CA 90067. DELAWARE. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: AXCS ADVISORS, INC., DAVID GRAVELLE, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on July 8, 2022. NOTICE: This Fictitious Name Statement expires on July 8, 2027. A new Fictitious Business Name Statement must be filed prior to July 8, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/21, 7/28, 8/4, 8/11/22 **H-2627**

Fictitious Business Name Statement 2022158932

The following person(s) is (are) doing business as TACO BELL #39795, 24712 W. PICO CANYON ROAD, NEWHALL, CA 91381, LOS ANGELES COUNTY. Registered Owner(s): ANGEL CITY BELL LLC, 465 FIRST STREET WEST, 2ND FLOOR, SONOMA, CA 95476. CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2021. Signed: ANGEL CITY BELL LLC, JAMES BRANDON, CFO. This statement was filed with the County Recorder of Los Angeles County on July 15, 2022. NOTICE: This Fictitious Name Statement expires on July 15, 2027. A new Fictitious Business Name Statement must be filed prior to July 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2635**

Fictitious Business Name Statement 2022162035

The following person(s) is (are) doing business as KOLLYN CONRAD, 2416 W VICTORY BLVD. SUITE 608, BURBANK, CA 91506, LOS ANGELES COUNTY. Registered Owner(s): COLLIN LAWRENCE, 5716 TUJUNGA AVE #04, NORTH HOLLYWOOD, CA 91601. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2021. Signed: COLLIN LAWRENCE, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 20, 2022. NOTICE: This Fictitious Name Statement expires on July 20, 2027. A new Fictitious Business Name Statement must be filed prior to July 20, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2640**

Fictitious Business Name Statement 2022162912

The following person(s) is (are) doing business as 1) BRAZILIAN PLATE HOUSE, 4509 TORRANCE BLVD, TORRANCE, CA 90503, 2) BRAZILIAN PLATE, 2418 ARTESIA BLVD #A, REDONDO BEACH, CA 90278, LOS ANGELES COUNTY. Registered Owner(s): COLEONE & OFILADA GROUP LLC, 2418 ARTESIA BLVD #A, REDONDO BEACH, CA 90278. CA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 06/2016. Signed: COLEONE & OFILADA GROUP LLC, KETRIN OFILADA, MANAGING MEMBER. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 8/4, 8/11, 8/18, 8/25/22 **H-2646**

Fictitious Business Name Statement 2022157696

The following person(s) is (are) doing business as 1) PACLO, 2) PLC EXPEDITED, 3200 OLYMPUS BLVD., SUITE 300, DALLAS, TX 75019, DALLAS COUNTY. Registered Owner(s): PACIFIC LOGISTICS (PACLO), LLC, 3200 OLYMPUS BLVD., SUITE 300, DALLAS, TX 75019. DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 01/2022. Signed: PACIFIC LOGISTICS (PACLO), LLC, WENDY CURTIS, AUTHORIZED OFFICER, MEMBER. This statement was filed with the County Recorder of Los Angeles County on July 14, 2022. NOTICE: This Fictitious Name Statement expires on July 14, 2027. A new Fictitious Business Name Statement must be filed prior to July 14, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/21, 7/28, 8/4, 8/11/22 **H-2628**

Fictitious Business Name Statement 2022148318

The following person(s) is (are) doing business as SGB BETTER BAKING COMPANY, 14530 BLYTHE ST, PANORAMA, CA 91402, LOS ANGELES COUNTY. AI #ON: C4611482. Registered Owner(s): THE HUB FOOD MANAGEMENT COMPANY, 14530 BLYTHE ST, PANORAMA, CA 91402. CA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE HUB FOOD MANAGEMENT COMPANY, LEONARD DAYAO, CEO. This statement was filed with the County Recorder of Los Angeles County on July 5, 2022. NOTICE: This Fictitious Name Statement expires on July 5, 2027. A new Fictitious Business Name Statement must be filed prior to July 5, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2636**

Fictitious Business Name Statement 2022158926

The following person(s) is (are) doing business as TACO BELL #39802, 2136 S HACIENDA BLVD., HACIENDA HEIGHTS, CA 91745, LOS ANGELES COUNTY. Registered Owner(s): ANGEL CITY BELL LLC, 465 FIRST STREET WEST, 2ND FLOOR, SONOMA, CA 95476. CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 12/2021. Signed: ANGEL CITY BELL LLC, JAMES BRANDON, CFO. This statement was filed with the County Recorder of Los Angeles County on July 15, 2022. NOTICE: This Fictitious Name Statement expires on July 15, 2027. A new Fictitious Business Name Statement must be filed prior to July 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2641**

Fictitious Business Name Statement 2022165574

The following person(s) is (are) doing business as DAHLIA CANDLE COMPANY, 16815 KRISTIN AVENUE, TORRANCE, CA 90504, LOS ANGELES COUNTY. AI #ON: 201908610052. Registered Owner(s): MACRO LLC, 16815 KRISTIN AVENUE, TORRANCE, CA 90504. WY. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2022. Signed: MACRO LLC, JEANETTE MCCCHRISTION-JENKINS, PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on July 25, 2022. NOTICE: This Fictitious Name Statement expires on July 25, 2027. A new Fictitious Business Name Statement must be filed prior to July 25, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 8/4, 8/11, 8/18, 8/25/22 **H-2647**

Fictitious Business Name Statement 2022159037

The following person(s) is (are) doing business as CVS/PHARMACY #17840, 1) 5731 BICKETT STREET, HUNTINGTON PARK, CA 90255, 2) ONE CVS DRIVE, WOONSOCKET, RI 02895, LOS ANGELES COUNTY. AI #ON: 200432010237. Registered Owner(s): GARFIELD BEACH CVS, L.L.C., ONE CVS DRIVE, WOONSOCKET, RI 02895. CALIFORNIA. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: GARFIELD BEACH CVS, L.L.C., MELANIE K. ST ANGELO, SECRETARY. This statement was filed with the County Recorder of Los Angeles County on July 15, 2022. NOTICE: This Fictitious Name Statement expires on July 15, 2027. A new Fictitious Business Name Statement must be filed prior to July 15, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/21, 7/28, 8/4, 8/11/22 **H-2630**

Fictitious Business Name Statement 2022148301

The following person(s) is (are) doing business as SGB BUBBLES BAKING COMPANY, 15215 KESWICK ST, VAN NUYS, CA 91405, LOS ANGELES COUNTY. AI #ON: C4611482. Registered Owner(s): THE HUB FOOD MANAGEMENT COMPANY, 15215 KESWICK ST, VAN NUYS, CA 91405. CA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: THE HUB FOOD MANAGEMENT COMPANY, LEONARD DAYAO, CEO. This statement was filed with the County Recorder of Los Angeles County on July 5, 2022. NOTICE: This Fictitious Name Statement expires on July 5, 2027. A new Fictitious Business Name Statement must be filed prior to July 5, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2637**

Fictitious Business Name Statement 2022163963

The following person(s) is (are) doing business as HD RESEARCH – PASADENA, 100 WEST CALIFORNIA BLVD., UNIT 25, PASADENA, CA 91105, LOS ANGELES COUNTY. Registered Owner(s): ERG CLINICAL RESEARCH – CALIFORNIA, P.C., 100 WEST CALIFORNIA BLVD., UNIT 25, PASADENA, CA 91105. CALIFORNIA. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2022. Signed: ERG CLINICAL RESEARCH – CALIFORNIA, P.C., ALINA BEATON, PRESIDENT. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2642**

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00

ABC NOTICES: \$125.00

DBA (Fictitious Business Name) \$75.00

NAME CHANGE: \$200.00

Fictitious Business Name Statement 2022163960

The following person(s) is (are) doing business as CAMRAS, LASKIE AND ASSOCIATES, 1) 2029 CENTURY PARK E, STE. 2550, LOS ANGELES, CA 90067, 2) 707 2ND AVE S, MINNEAPOLIS, MN 55474, LOS ANGELES COUNTY. AI #ON: 202003810043. Registered Owner(s): AMERIPRISE FINANCIAL SERVICES, LLC, 707 2ND AVE S., MINNEAPOLIS, MN 55474. DELAWARE. This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2022. Signed: AMERIPRISE FINANCIAL SERVICES, LLC, MICHELE MILLER, MANAGER. This statement was filed with the County Recorder of Los Angeles County on July 21, 2022. NOTICE: This Fictitious Name Statement expires on July 21, 2027. A new Fictitious Business Name Statement must be filed prior to July 21, 2027. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 7/28, 8/4, 8/11, 8/18/22 **H-2643**

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00

ABC NOTICES: \$125.00

DBA (Fictitious Business Name) \$75.00

NAME CHANGE: \$200.00

Film Review

is that the longer Chuck continues the rouse, the stronger Franklin falls for Becca. In a high-stakes and inevitable move, Franklin decides to meet Becca. Who else decides to drive him, but his nervously sweating father, Chuck. *I Love My Dad* takes it to the actually cringe-worthy lines when Franklin and Becca engage in deeply *intimate* messaging, leading to a climax involving Franklin and his dad—locked into continuing the facade—making for an awkward next morning.

Beyond being an enjoyable comedy, what makes the film emotionally engaging and smart is that Morosini doesn’t overdo these deeply

uncomfortable moments but rather balances them with empathy and understanding. One can only imagine how Morosini handled that shocking WTF reveal in real life when he learned of his dad’s unintentional catfishing. But in the film, there’s impressive wisdom in how he portrays this story. It’s also an impressive study of how humans long to connect and the role that technology plays in helping and impeding that from happening.

I Love My Dad announces the arrival of new young talent James Morosini. It’s understandable why he opted to wear all the hats here, credited as the film’s screenwriter, director,

and co-lead actor. Not only is the story based on his life experience, but it’s one that’s so comically awkward that you really do need *that* person to tell the story.

I Love My Dad combines a variety of honest human storytelling: humor, sadness, and our need to connect while also showing how technology helps and impedes that from happening. Kudos to the now 30-year-old filmmaker, who has successfully turned a traumatizing episode into an entertaining, heartfelt, and charming indie feature.

1 hour 36 minutes. ‘I Love My Dad’ is rated R for sexual content and language. •



Ryan Rojas

PUBLIC NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF: JORDAN FRANCIS SMITH CASE NO. 22STPB05460

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JORDAN FRANCIS SMITH.

A PETITION FOR PROBATE has been filed by ZACHARY ALEXANDER SMITH WUILLEUMIER in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that ZACHARY ALEXANDER SMITH WUILLEUMIER be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 09/28/2022 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file

written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner DYLAN P. HYATT - SBN 278125, MEISSNER, JOSEPH, PALLEY & RUGGLES, INC. 1555 RIVER PARK DRIVE, SUITE 108 SACRAMENTO CA 95815 7/28, 8/4, 8/11/22 **CNS-3608190#** EL SEGUNDO HERALD El Segundo Herald Pub. 7/28, 8/4, 8/11/22

H-27652

T.S. No. 19-58080 APN: 4036-018-008 **NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 11/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.** A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: **RAYMUNDO PANTOJA AND GABRIELA AGUAYO, HUSBAND AND WIFE AS JOINT TENANTS** Duly Appointed Trustee: ZBS Law, LLP

Deed of Trust recorded 12/2/2005, as Instrument No. 05 2946069, of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: **8/11/2022** at 9:00 AM Place of Sale Vineyard Ballroom, Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Estimated amount of unpaid balance and other charges: **\$492,112.48** Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: **10421 BURIN AVENUE LENNOX, California 90304** Described as follows: As more fully described on said Deed of Trust A.P.N #: **4036-018-008** The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned

off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (855) 976-3916 or visit this Internet Web site www.auction.com, using the file number assigned to this case 19-58080. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction.

If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (855) 976-3916, or visit this internet website tracker.auction.com/sb1079, using the file number assigned to this case 19-58080 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Dated: **7/11/2022 ZBS Law, LLP , as Trustee 30 Corporate Park, Suite 450 Irvine, CA 92606 For Non-Automated Sale Information, call: (714) 848-7920 For Sale Information: (855) 976-3916 www.auction.com Rick Mroczek, Trustee Sale Officer** This office is enforcing a security interest of your creditor. To the extent that your obligation has been discharged by a bankruptcy court or is subject to an automatic stay of bankruptcy, this notice is for informational purposes only and does not constitute a demand for payment or any attempt to collect such obligation. EPP 34959 Pub Dates 07/21, 07/28, 08/04/2022 El Segundo Herald Pub. 7/21, 7/28, 8/4/22

H-27643

Order to Show Cause for Change of Name Case No. 22LBGP00258

Superior Court of California, County of LOS ANGELES

Petition of: KIMBERLY BELLINE FRANCO RIVAS ON BEHALF OF MINOR CHILD ARIAH MALAYA CAPOTE for Change of Name

TO ALL INTERESTED PERSONS: Petitioner KIMBERLY BELLINE FRANCO RIVAS ON BEHALF OF MINOR CHILD ARIAH MALAYA CAPOTE filed a petition with this court for a decree changing names as follows:

ARIAH MALAYA CAPOTE to ARIAH MALAYA FRANCO

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing: Date: 8-26-22, Time: 8:30 AM., Dept.: 27 The address of the court is:

275 MAGNOLIA LONG BEACH, CA 90802

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county:

EL SEGUNDO HERALD Date: JULY 5, 2022 MARK C. KIM Judge of the Superior Court El Segundo Herald Pub. 7/28, 8/4, 8/11, 8/18/22

H-27651

NOTICE OF PETITION TO ADMINISTER ESTATE OF GARY W. SPOHN Case No. 22STPB07176

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GARY W. SPOHN

A PETITION FOR PROBATE has been filed by Nicholas Nugent in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Nicholas Nugent be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 26, 2022 at 8:30 AM in Dept. No. 79 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of

the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: VERLAN Y KWAN ESQ SBN 243246 KEYSTONE LAW GROUP 11300 W OLYMPIC BLVD STE 910 LOS ANGELES CA 90064 CN988710 SPOHN Jul 28, Aug 4, 11, 2022

El Segundo Herald Pub. 7/28, 8/4, 8/11/22

H-27658

APN: 4144-016-003 TS No: CA07000378-22-1 TO NO: 220174417-CA-VOI NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d) (1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED November 18, 2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 27, 2022 at 10:00 AM, behind the fountain located in the Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on November 28, 2016 as Instrument No. 20161480083, of official records in the Office of the Recorder of Los Angeles County, California, executed by JOSE MANUEL VELAZQUEZ, TRUSTEE OF THE JOSE MANUEL VELAZQUEZ AND FRANCES K VELAZQUEZ REVOCABLE TRUST, DATED MARCH 28, 2002, as Trustor(s), in favor of MORTGAGE ELECTRONIC REGISTRATION SYSTEMS, INC., as Beneficiary, as nominee for FINANCE OF AMERICA REVERSE LLC as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 4870 W 133RD STREET, HAWTHORNE, CA 90250 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable

estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$585,797.40 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your

sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call In Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Website address listed below for information regarding the sale of this property, using the file number assigned to this case, CA07000378-22-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. Notice to Tenant NOTICE TO TENANT FOR FORECLOSURES AFTER JANUARY 1, 2021 You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 702-659-7766, or visit this internet website www.insourcelogic.com, using the file number assigned to this case CA07000378-22-1 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: July 25, 2022 MTC Financial Inc. dba Trustee Corps TS No. CA07000378-22-1 17100 Gillette Ave Irvine, CA 92614 Phone: 949-252-8300 TDD: 866-660 4288 By: Amy Lemus, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ONLINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Order Number 84244, Pub Dates: 8/4/2022, 8/11/2022, 8/18/2022, EL SEGUNDO HERALD El Segundo Herald Pub. 8/4, 8/11, 8/18/22

H-27661



*Make the best of each day and be thankful for all the wonderful people in your life !!
- Love You Most, - Mom*



GUNDOGRAM

SUBMIT YOUR YUM DISH!!

Steak with Chipotle Cheese Sauce

Provided by Campbells Soup Corp.

Move over steak sauce. Our recipe for Steak with Chipotle Cheese Sauce is a great way to turn ordinary steak into something special. Tomatoes and onions simmer in our cheddar cheese soup to give it a savory flavor while chipotle chile powder gives this sauce a smoky kick. This easy recipe for Chipotle Cheese Sauce can be made ahead of time and then warmed up while you grill the steak making this dinner extra easy to get on the table.



Ingredients

- 1 tablespoon olive oil
- 2 large white onion or 1 large sweet onion, coarsely chopped (about 2 cups)
- 1 can (10 1/2 ounces) Campbell's® Condensed Cheddar Cheese Soup
- 1/2 cup milk
- 1/2 teaspoon ground chipotle chile powder
- 2 medium tomato, coarsely chopped (about 2 cups)
- 2 pounds beef skirt steak or beef flank steak (1-inch thick)
- 1/4 cup chopped fresh cilantro (optional)

Directions

- **Step 1:** Heat the oil in a 2-quart saucepan over medium heat. Add the onions and cook for 5 minutes or until tender, stirring occasionally.
- **Step 2:** Stir the soup, milk, chili powder and tomatoes in the saucepan. Reduce the heat to low. Cook until the mixture is hot, stirring occasionally.
- **Step 3:** Season the beef with salt and pepper, if desired. Lightly oil the grill rack and heat the grill to medium. Grill the beef for 15 minutes for medium or until desired doneness, turning the beef over once halfway through the grilling time. Thinly slice the beef. Spoon the soup mixture over the beef and sprinkle with the cilantro, if desired.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community.
Send to: web@heraldpublications.com

Police Reports

from page 3

hours from the 500 block of East Sycamore Avenue. A wallet was found.

Thursday, July 28th

A stolen vehicle report was taken at 0706 hours from the 100 block of Concord Street. Taken was a 2001 Chevy Silverado.

An injury report was taken at 1025 hours from the 800 block of Pepper Street. Two bicyclists struck a parked vehicle.

One male adult was arrested at 1209 hours

from the 500 block of North Pacific Coast Highway for petty theft. Subsequently, he was cited and released out in the field.

A stolen plate report was taken at 1212 hours from the 2000 block of East Mariposa Avenue. The rear license plate was taken from a 2016 Cadillac.

A stolen vehicle report was taken at 1251 hours from the 300 block of Whiting Street. Taken was 2019 Honda motorcycle.

A stolen vehicle report was taken at 1329 hours from the 800 block of Lomita Street. Taken was a 2012 Kia Soul.

A traffic (injury) collision report was taken at 1404 hours from the 600 block of West Sycamore Avenue. Vehicle versus a wall.

A grand theft report was taken at 1700 hours from the 400 block of Whiting Street. Unknown suspect(s) stole the catalytic converter from the victim's vehicle.

An injury report was taken at 1834 hours from the 200 block of Vista Del Mar. A male adult fell off his scooter causing an injury to his face.

A recovered stolen vehicle report was taken at 1927 hours from the 200 block of Concord Street. Recovered was a 2006 Honda Accord.

One female adult was arrested at 2241 hours from the 400 block of North Pacific Coast Highway for public intoxication.

A found property report was taken at 2341 hours from the 600 block of Main Street. Found was a Chase bank debit card.

Friday, July 29th

One male adult was arrested at 1213 hours from 300 block of Richmond Street for possession of a firearm on school grounds.

A grand theft report was taken at 1134 hours from the 900 block of Hillcrest Street. Unknown suspect(s) stole the catalytic converter from the victim's vehicle.

A found property report was taken at 1651 hours from the 300 block of Eucalyptus Drive. Found was a ring.

One female adult was arrested at 2153 hours from the 1900 block of East Mariposa Avenue for grand theft auto and one misdemeanor warrant.

One female adult was arrested at 2049 hours from Douglas Street and El Segundo Boulevard for felony child endangerment, misdemeanor DUI, resisting a peace officer, and driving without a license.

An identity theft report was taken at 2317 hours from the 2100 block of East Mariposa Avenue. Unknown suspect(s) used the victim's credit card information to order services.

Saturday, July 30th

A grand theft report was taken at 0840 hours from the 800 block of North Pacific Coast Highway. Unknown suspect(s) stole the catalytic converter from the victim's vehicle. •

PUBLIC NOTICES

NOTICE TO VOTERS OF BALLOT MEASURE ARGUMENT AND REBUTTAL SUBMISSION DEADLINES TO THE CITY OF EL SEGUNDO CLERK

City Initiative for Commercial Cannabis Regulation
Shall an ordinance be adopted to repeal the City's current prohibition on commercial cannabis activities to authorize commercial cannabis retailers east of Pacific Coast Highway in the Multimedia Overlay District by right, of no less than 1,750 square feet, with sensitive receptor buffers and away from major arterial frontages, subject to a City permitting process; and authorize the City Council to subsequently regulate non-retail cannabis businesses?

Voter Initiative for Commercial Cannabis Regulation
Shall an ordinance be adopted to repeal the City's current prohibition on commercial cannabis activities to authorize up to two commercial cannabis retailers in the General Commercial and Smokey Hollow West zones primarily west of Pacific Coast Highway by right with sensitive receptor buffers subject to a City permitting process; and authorize the City Council to subsequently regulate non-retail cannabis businesses?

Cannabis Business Tax
Shall an ordinance (a "yes" vote taxing cannabis does "not" make cannabis businesses legal in El Segundo; it creates a tax in case a cannabis business ever becomes legal) funding general municipal expenses such as police, fire, streets, and parks, by establishing taxes upon cannabis businesses not to exceed \$20 per square foot for cultivation and 10% of gross receipts for other cannabis businesses, until ended by voters, generating approximately \$600,000 to \$1,500,000 annually, be adopted?

Business License Tax Ordinance
Shall an ordinance amending business taxes, including: \$150 for specified businesses; for others, \$150 up to five employees, \$138 per additional employee, and \$0.26 to \$0.30 per square foot above 2,000 square feet; for apartments and hotels or motels, \$150 up to three units or rooms plus \$150 for each additional; sunseting current tax credits; generating approximately \$3,000,000 annually for public safety, maintaining parks and streets, and other general purposes, until repealed, be adopted?

NOTICE IS HEREBY GIVEN that the City of El Segundo's General Municipal Election will be held on November 8, 2022, at which there will be submitted to the voters the following measures: NOTICE IS FURTHER GIVEN that pursuant to Article 4, Chapter 3, Division 9 of the Elections Code of the State of California, the legislative body of the City, or any member or members thereof authorized by the body, or any individual voter or bona fide association of citizens, or any combination of voters and associations, may file a written argument, not to exceed 300 words in length, accompanied by the printed name(s) and signature(s) of the author(s) submitting it, or if submitted on behalf of an organization, the name of the organization, and the printed name and signature of at least one of its principal officers who is the author of the argument, for or against a ballot measure. NOTICE IS FURTHER GIVEN that, based upon the time reasonably necessary to prepare and print the arguments and Voter Information Guide for the election, the City Clerk has fixed August 19, 2022, by 4:00 PM, as the date after which no arguments for or against the City of El Segundo's measures may be submitted to the clerk for printing and distribution to the voters as provided in the Article 4. Arguments shall be submitted to the City Clerk, accompanied by the printed name(s) and signature(s) of the author(s) submitting it, or if submitted on behalf of an organization, the name of the organization, and the printed name and signature of at least one of its principal officers who is the author of the argument, at the City Hall, City Clerk's Office, 350 Main Street, City of El Segundo, California. Arguments may be changed or withdrawn until and including the date fixed by the City Clerk. An argument may not have more than five signatures; if more than five signatures are submitted, the first five will be printed with the ballot information. NOTICE IS FURTHER GIVEN that the rebuttal arguments, not to exceed 250 words in length, as submitted by the authors of the opposing direct arguments, may be filed with the City Clerk, accompanied by the printed name(s) and signature(s) of the author(s) submitting it, or if submitted on behalf of an organization, the name of the organization, and the printed name and signature of at least one of its principal officers who is the author of the argument, not more than 10 days after the final date for filing direct arguments. A rebuttal may not have more than five signatures; if more than five signatures are submitted, the first five will be printed with the ballot information. NOTICE IS FURTHER GIVEN that any initiative, impartial analysis, or direct argument filed under the authority of the Elections Code will be available for public examination in the City Clerk's office for not less than 10 calendar days from the deadline for the filing of the arguments and analysis(es). Any rebuttal argument filed under the authority of the Elections Code will be available for public examination in the City Clerk's office for not less than 10 calendar days from the deadline for filing rebuttal arguments. Tracy Weaver
City Clerk
City of El Segundo
Dated: August 2, 2022
El Segundo Herald Pub. 8/4/22
H-27671

Q-Tip

We will create your B&P ad for you, at no additional cost. For information or rates, call 310-322-1830.
Interested parties email: marketing@heraldpublications.com

Hot Wheels™

from page 2



The little ones got to experiment driving on a track.



The Darth Vader drew a lot of attention.



This engine had a special mechanic watching over it.



The life-sized Match Box truck was impressive.



A beautiful Hot Wheels™ hotrod.



Another live-sized Hot Wheel was a crowd pleaser.



Ethan and Jack Ruiz surround their dad and show off their new Mattel trucks.



The car show portion revealed well taken care of vintage cars.



Some of the entries were bigger and brighter in person.

energizing the future in el segundo



Our El Segundo refinery is the first Chevron refinery in the U.S. to co-process biofeedstock to make renewable diesel with a lower lifecycle carbon intensity. And our commitment to safety has made El Segundo one of the safest refineries in the country. **Learn more at [chevron.com](https://www.chevron.com)**

