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Inside This Issue
Calendar2
Certified & Licensed Professionals14
Classifieds4
Crossword/Sudoku4
Food7
Legals 12,13
Letters2
Pets15
Police Reports2
Politically Speaking5
Real Estate9-11

Weekend Forecast Friday Partly Cloudy 74°/62° Saturday Partly Cloudy 72°/62° Sunday Partly Cloudy 72°/62°

75°/61°

Sports8

Wake up on Main Street



A patron enjoys the morning paper and breakfast at El Segundo's Blue Butterfly Coffee Company. Photo by Peter Thornton, jp.thornton58@gmail.com.

Survey Asks for Citizen Input in Addressing Community Hazards

By Brian Simon

City officials are asking local residents and business owners to participate in an online survey to get a sense of the community's views and concerns about the potential hazards facing El Segundo. The 12 questions cover a variety of topics and the results will be instrumental in formulating El Segundo's soon-to-be revised Hazard Mitigation Plan (HMP). "We are subject to 13 types of hazards in the city from earthquakes to climate change--which is on the rise and affects everything from air pollution to vector control," said City of El Segundo Emergency Management Consultant Denise Davis. "Knowing what residents and businesses are really concerned with helps the City so we know where to put our resources and planning. The outcome is we can continue to focus our education and outreach on what the public wants the most."

Federal law requires the City to update its HMP every five years, and the Federal Emergency Management Agency (FEMA) approved the last one in 2009. El Segundo was to complete its latest plan this past June, but a technicality delayed the process. "We were applying for a federal grant to cover funding [roughly \$60,000] for updating the plan itself and so we were told to hold off starting work on the new plan or else we would no longer be eligible for the grant," said Davis. "But as it turned out, the grant monies had to be allocated to other projects and were no longer available for hazard planning."

Meanwhile, another grant opportunity materialized that would provide almost \$400,000 in funding for the City to retrofit Fire Station 1. But there was a catch. "In order to apply for the retrofit grant, we now have to complete the Hazard Mitigation Plan and get it approved as soon as possible," said Davis. If the City

obtains the grant for the retrofit, it will also save money allocated for this project in the 2014/15 general fund budget.

FEMA requires community input as part of the HMP and that includes a public outreach program to gauge citizen opinions and recommendations. This prompted Davis to post the online survey. "The survey is targeted at what hazards citizens in the community are most concerned with and if they have taken precautions or readiness measures to prepare their home and family or business," said Davis. "It's basically what they believe the City should focus on for hazard mitigation."

Among the survey items, Davis asks

residents and businesses to rate their level of concern about potential hazards ranging from earthquakes to terrorism to tsunamis. Another question attempts to learn which preparedness steps people have taken in their households-such as storing water and food, creating an evacuation plan, installing smoke and carbon monoxide detectors, and purchasing flood or earthquake insurance. Other questions address the preferred means of communication for receiving hazard and disaster preparedness information, the types of projects the City should prioritize to reduce damage and disruption from hazard events, and assessments

See Community Hazards, page 14

School Board Hears Presentation for Project Lead the Way

By Duane Plank

A month into the 2014-2015 school year in the El Segundo Unified School District, the only special presentation item on the Tuesday night School Board agenda was a trip to the podium by Director of Educational Services Marisa Janicek and Middle School Science and Design teacher Megan DeLong, who talked about the Project Lead the Way program in the District.

A Science, Technology, Engineering and Mathematics (STEM) program, Project Lead the Way began at the High School back in 2010, thanks to funding from Chevron, Murad, El Camino College, and the Ed! Foundation.

Janicek noted that one of the main focuses that the program works to develop is in the area of problem solving, not rote memorization. The program has successfully spread to the Middle School, as well as to the upper grades at the city elementary schools.

Following the presentation, the Board quickly addressed the consent agenda items, which included an agreement with JW Photography for Services to be rendered at Center Street Elementary; a contract agreement with a gardening consultant at Richmond Street Elementary; the approval of a "Sports Days" field trip for the Eagles' Nest students; a Pre-school Parent Education night; and the approval of a student teaching agreement with Loyola Marymount University. The student teaching agreement reached with Loyola Marymount University will provide teaching experiences for the university students, and is set to run until July 2017.

See School Board, page 13

<u>People</u>

Birth Announcement

Kirk Brown Jr. and wife Celeste Brown proudly announce the birth of their son, Wilson Kirk Brown, 6 pounds 8 ounces and 19.5 inches long, on September 6, 2014. His sister

Clara, paternal grandparents Kirk Brown Sr. and Janette Brown, maternal grandparents, Joe and Patricia Santolla joyfully welcome Wilson to the family. •



Wilson Kirk Brown and his family.

<u>olice Reports</u>

Monday, September 15, 2014

A traffic accident (without injuries) occurred at 0602 hours at El Segundo Boulevard and Nash Street, vehicle versus manhole cover

An annoying phone calls report was taken at 0952 hours from the 300 block of North Sepulveda Boulevard. Unknown suspect made repeated and unwanted calls to the victim's business line

A petty theft report was taken at 1024 hours from the 600 block of North Sepulveda Boulevard. Taken were two propane tanks

A petty theft report was taken at 1207 hours from the 100 block of Sierra Street. A lock and key were taken from a storage bin at the location

A traffic accident (without injuries) occurred at 1831 hours in the 700 block of South Sepulveda Boulevard, vehicle versus vehicle One male adult was arrested at 2359 hours

from the 200 block of East Grand Avenue for public intoxication

Tuesday, September 16, 2014

An online petty theft report was taken at 1112 hours on 09/15/14 from the 600 block of Hawaii Street. Taken was a pair of Ray Ban Aviator sunglasses

One male adult was arrested at 1553 hours from the 1000 block of East Pine Avenue for inflicting injury on a child and assault with a deadly weapon

A traffic accident (without injuries) occurred at 1242 hours in the 500 block of North Nash Street, vehicle versus a street sign

A burglary (commercial) report was taken at 1729 hours from the 400 block of North Continental Boulevard. A bicycle was taken from a parking garage

A traffic accident (with injuries) occurred

See Police Reports, page 13





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Story and Photos By Cece Stewart, Sophomore at ESHS

On September 20th, El Segundo High School held their semi-formal coronation



dance (or "Coro" as the students fondly call the event) from 7-11pm in the North Gym. All students grades 9 - 12 were invited, and the theme of this year's dance was "All

Around the COROnation." So, the coronation dance is meant to honor the homecoming court nominees. At ESHS these nominees were voted on a few weeks before the dance



Sophomore Shane Kiel and Bradley Heckman at pre-Coro photos. and the winners announced at the dance. Congratulations to all the winners of prince, princess, and king and queen.

See School Spotlight, page 13

There is a limited word count of 20 words and fees will apply. Email to calendar@ heraldpublications.com. Deadline for submissions is Thursday at 9 a.m.

Tuesday, September 23

 The Jewelry Source celebrates 30 years! This Annual Anniversary Sale is their biggest ever. To commemorate this special occasion they are offering up to 50% off instock items. The celebration runs from today through Saturday, September 27th.

Thursday, September 25

- The Jewelry Source celebrates 30 years! This Annual Anniversary Sale is their biggest ever. To commemorate this special occasion they are offering up to 50% off instock items. The celebration runs through Saturday, September 27th.
- The El Segundo High School Alumni Association is hosting the 2014 Hall of Fame inductees ceremony. The induction ceremony will take place during a school assembly

today at 10:20am, in the El Segundo High School Auditorium.

Friday, September 26

 The Notables present music by Gershwin, 8pm, today and Saturday, at United Methodist Church, 540 Main St.

Saturday, September 27

- El Segundo Kiwanis presents the 38th Annual Richmond Street Fair. 9am - 5pm. on Richmond, Grand and Franklin.
- ESHS c/o 1999 15-year reunion for more info call Freddy (310) 906-8662.
- Join Tree Musketeers' community tree care group, from 10am - 12pm, on Imperial Ave. Contact volunteers@treemusketeers.org or (310)322-0263 for more info.

• Sat Oct 25th from 10am-Noon; Join Tree Musketeers' for our annual Make a Difference Day volunteer event. Contact volunteers@treemusketeers.org or 310-322-0263 for more info. •

Letters

Minimum Wage **Comments**

I was very disappointed to hear Ms. Fuentes on your (KPCC) show today stating she opposes raising the minimum wage. She seemed completely inflexible and made it clear to me that she is more concerned with pleasing businesses than helping the community.

El Segundo is typically a more affluent city in our neighborhood and most of the minimum wage workers probably can't afford to live there. The fact that she doesn't care about their well being shows a lack of compassion and the same 'trickle down' mentality that has clearly not worked for the growing working poor in our communities. Saying "let the free market dictate" is not realistic because if it was up to business, a lot of labor laws like mandatory breaks would not have happened. Her attitude and demeanor makes me not want to spend money in her city and to speak with my friends who live

there to consider this when they vote again.

I love La Sirena Grill, Habit burgers, The Container Store, Rock and Brews and all the other shops in the area, but unfortunately I will no longer patronize businesses in this city to show Ms. Fuentes that we as a community care about this issue.

 Janeth Angel Unincorporated Wiseburn resident

A Beautiful Gesture

I would like to thank the El Segundo Woman's Club for taking the time to organize, prepare and have installed the 120 newly refreshed hanging flower baskets in the Downtown area. What a wonderful contribution you have made in helping to beautify our Community. All of us who work, live and enjoy the Downtown area appreciate that you embraced this much needed project. Thank you.

 Brenda Newman The Jewelry Source

Sports Shorts

ESHS Water Polo Defeats La Habra

By Henry Stuart Photos by Marcy Dugan

The Eagles' water polo team welcomed the La Habra Highlanders into Urho Saari Swim Stadium by handing them an early season loss. El Segundo prevailed 10 to 6 while using the team's powerful defense to stifle La Habra's scoring efforts and set up the Eagle scoring opportunities.

La Habra frequently turned the ball over to the Eagles on errant passes, giving El Segundo the opportunity to initiate an effective fast break. Open Eagle players began showing up in front of the La Habra goalkeeper. Throughout the game El Segundo displayed their trademark cross-court passes, which created the scoring opportunities. La Habra is a strong C.I.F. Division I team, and this victory places El Segundo among the top teams in Division II. Scoring for the Eagles: Joe Doucette (4); Paul Bibas (2); Wyatt Hogoboom (2); Anthony Rotolo (2). Also, providing scoring assists were Nick Paz, Kyle Crist, Josh Palmer, and Paul Bibas.



Goalie Nick Paz ready for the attack.



Justin Knoll on the defense.

Business Briefs

Toastmaster to Speak at District Conference



Depicted (L-R) from the August 31, 2014 Toastmasters event, are Club president KC Converse, and members Bob Lauson, Ron Gee and CJ Walsh. Walsh, a personal trainer from El Segundo, was judged best speaker for his humorous speech "The Gym Versus Television" and table topics impromptu speaking at the Area C1 contests held on Saturday August 31, 2014. Next he will give the speech at the District contest coming up in October. The El Segundo Toastmasters Club #153, in existence for over 30 years, meets every Wednesday from Noon - 1 pm at 2100 E. Grand Avenue (at Continental Boulevard) in El Segundo. The Club is always seeking new members who want to improve their public speaking abilities. For any information about the Club please call (310) 726-0892. Photo by Grace Lauson.

Bill Ruane Recognized as Top Agent

Bill Ruane is a real estate sales professional who qualified to be part of this year's REAL Trends the Thousand as advertised in the Wall Street Journal. He is among the superb professionals who closed more than \$58 billion in sales volume in 2013 – a new record for this group. Ruane specializes in residential, income, and commercial properties in El Segundo, Manhattan Beach, Playa del Rey, Westchester, Mar Vista, and the entire South Bay. Information, Bill Ruane, RE/MAX Beach Properties, (310) 877-2374.

Working Smoke Alarms Save Lives!

Fire Prevention Week is from October 5th – 11th, the El Segundo Fire Department is joining forces with the nonprofit National Fire Protection Association (NFPA) to remind local residents about the importance of having working smoke alarms in the home and testing them monthly. Among the safety tips that firefighters and safety advocates will be emphasizing:

Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home; testing alarms at least monthly by pushing the test button; replacing all smoke alarms when they are 10 years old or sooner if they don't respond properly; making sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it; and putting together a home escape plan, identifying two ways out of each room and practice the plan twice a year, once at night and once during the day.

This year, The El Segundo Rotary Club is sponsoring the annual Fire Prevention Week Poster Contest with the Fire Prevention Week theme "Working Smoke Alarm Save Lives, Test Them Monthly". For 55 years, students in El Segundo schools have participated in a poster contest where they create posters depicting the Fire Prevention Week theme. This year, winners from the 3rd, 4th and 5th grades will be honored at a luncheon on October 9th at Chevron Park. To find out more about fire prevention in the home, please contact the El Segundo Fire Department at (310) 524-2295. For more information on Fire Prevention Week and "Working Smoke Alarm Save Lives, Test Them Monthly" visit www.firepreventionweek.org •

Eagles Prevail Against Crescenta Valley

The Eagles needed an additional game to fill out their schedule, and the opportunity was provided by Crescenta Valley, a long-time opponent of the Eagles. El Segundo prevailed 9-7 in a hard-fought victory. Matt Marak had three goals to lead El Segundo scoring in this nonleague win. Paul Bibas and Nick Paz each had two goals; Joe Doucette and Lukas Frerichs had one. Justin Knoll blocked 13 Crescenta valley shots.

On September 18 - 20, the Eagle varsity water polo team traveled to the Inland Empire to participate in the prestigious Riverside Poly water polo tournament. In their first game on Thursday, the El Segundo Aqua Men dominated San Gabriel, winning 20 to 5, with eight El Segundo players scoring. However, the Eagles

found themselves matched in the same bracket with Redlands, and in a hard fought contest, El Segundo proved to be its own worst enemy, missing on several shots which might have turned the contest around. El Segundo lost 3 to 8.

The following day was a different story. El Segundo played a strong Corona High School at Corona's home pool and defeated them 13 to 9. The next day the Eagles had two games scheduled, the first being Citrus Valley, whom El Segundo easily upended 13 to 7. In El Segundo's final game of the tournament, they met Beaumont and handily picked them apart, 14 to 8. Of the 32 teams participating, El Segundo placed 9th. El Segundo's next contest will be on the road to Downey High School, Thursday, September 25. •



Lucas Frerichs setting up the shot

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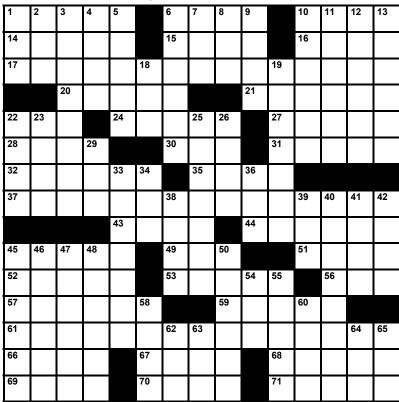
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Bloopers And Blunders

WEEKLY CROSSWORD See Answers Next Week



52. Lowest deck on a ship

56. Martha Stewart meas.

61. It can be made in good faith

53. New Delhi salad

57. No-nothing

67. Legal prefix

68. Downy duck 69. Cultural doings

70. Tennyson work

71. Happening place

1. "60 Minutes" network

4. One of the Three Bears

59. Flavor

66. Binge

Down

2. "That's ___

3. Most wet

5. Breaks off

8. Dug in

6. Stadium nosh

7. Biblical suffix

Across

- 1. Pitches a tent
- 6. When repeated, a cry of
- approval 10. Agreement
- 14. Swell
- 15. Director Preminger
- 16. Couple's pronoun17. Accidental statement
- 20. Tasty
- 21. Most wise
- 22. Cave dweller
- 24. Baby bird?
- 27. "Endymion" poet
- 28. John Irving's "A Prayer for Meany"
 30. "How about that!"
 31. Perfect, e.g.
- 32. Secret society members
- 35. Clothing
- 37. One way a conclusion is
- reached 43. Straight, at the bar
- 44. In Asia, house section
- reserved for women
- 45. Some porcelain
- 51. Ripens
- 49. Common contraction

9. Deteriorates

- 18. In shape
- 11. Filthy from long neglect 12. Pie parts 13. African fly
- 10. Cloth woven from raw silk 62. Dejected
- 63. Attempt

19. Mighty one?

23. On the road

25. Boat race

26. Astute

22. Fail miserably

_'wester

34. Ed.'s request

39. Genetic initials

46. Editor, at times

48. Giving ones

50. Cheerless

54. Clavell's "_

58. Visored cap

60. Ear-related

55. Church recesses

42. Coarse file

47. Dated

41. Change for a five

33. Part of some splits

36. Wood-dressing tool 38. Animal shelter

40. Fashion industry, slangily

45. Beethoven's "Moonlight

- 64. Knowledge
- 65. Palindromic preposition

Last Week's Answers

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47 A	D	D	⁴⁸ T	0		⁴⁹ O	D	⁵⁰D			⁵¹ S	Т	Α	R
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6	8	1	5	2	4	3	7	9
4	9	5	3	1	7	2	6	8
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7	1	4	9	8	3	5	2	6

SUDOKU Medium

		4	1			9	7	6
			5	8			2	
	9			6			5	
			2	3		5	9	
3								7
	5	9		7	6			
	2			4			8	
	4			1	2			
7	3	6			5	1		

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Politically Speaking

One Man's Opinion

We're All Gonna' Die!

By Gerry Chong

(Note: On August 21, the National Geographic reported two environmental scientists acknowledge that the Earth's surface has not been warming for the last 15 years. Nevertheless, they postulate that we are still experiencing Global Warming since the excess heat is being deposited into the depth of the Atlantic Ocean.... but not the Pacific.....This trend will continue for another 15 years, after which the Earth's surface temperatures will rise with a vengeance. Then, WE'RE ALL GONNA' DIE!)

The Prophet is a worried scientist with the disheveled look of an Einstein; white hair mussed and bags circle tired eyes. He holds his head in his hands as he tries to explain Global Warming for the hundredth time to the dense Rube that stood before him.

"OK, look, humans exhaling, cows flatulating, and fossil fuel burning will cause the temperature to rise. We have 15 years to perfect a yoga technique for not exhaling. We need to have the President issue another decree ordering cows to stop that disgusting habit or risk being turned into hamburger for the 47 million Food Stamp users.

"While we've stopped the use of coal and nuclear energy, that damned oil is so prevalent it seeps from every rock. We need the President to issue another decree ordering a \$6 per gallon tax to bring the cost of gasoline to the \$10 per gallon targeted by Energy Secretary Chu. (And think of what that tax revenue would do for our national debt!)

"Then we need the Prophet Mohammed to cause the wind to blow gently and consistently around the earth, so we can harness its power, but no hurricanes, please.

Now solar power creates a paradox. We need the electricity from the sun to run our air conditioners which we need to protect us from the heat of the sun... sigh."

Uncomfortable, the Rube asked, "This is all very complicated, Prophet, but I have questions. For example, this 15-17 break in warming is called a "pause." When does a pause constitute a directional change? Since it's snowing in Colorado in September, could we be in Global Cooling?

"Then there's the matter of the Atlantic's ability to absorb heat for the next 15 years. Who calculated the heat-bearing capacity of the ocean to determine when we will meet our Maker with our crispy sun tan? Could it just as easily be 5 years or 500

"And, Prophet, the latest satellite images indicate the Arctic and Antarctic ice caps are growing larger, deeper, and denser; and in fact, much to Al Gore's chagrin, are not melting, and the oceans are not rising. How could that be if the oceans are warming?

"I mean no disrespect, Prophet, but this environmental stuff is too complicated for me, so I am grateful for seers like you and Johnny Carson's Karnac who know the future and can show us the light."

"Listen, Rube, who're you gonna believe, me or your lyin' eyes?" •

Another Man's Opinion

New Bike-Safety Law Well-Meaning but Difficult to Enforce

By Cristian Vasquez

With the new three-feet for safety law now in effect, motorists and cyclists throughout the state will have to begin obeying new traffic laws intended to protect people on bicycles. The new law does bring some peace of mind, knowing that there is a new law attempting to protect and ensure the well being of people on bicycles, especially since I do have plenty of friends who ride a bike to work or for recreational purposes. However, I believe that there will be a significant challenge in enforcing this law.

In short, the new law mandates that drivers give bicyclists traveling in the same direction three feet of clearance when passing. In the case that there is no space on the roadway to provide a cyclists three feet of space, a driver is going to have to slow down to a "reasonable and prudent" speed so that the cyclist is not in danger.

While the intentions of this new law are good, and hopefully the new law does make road conditions much, much safer for cyclists, it will be challenging for drivers to properly calculate three feet of distance when driving at 35-45 miles per hour. I'm not implying it is impossible nor that it can't happen, but it will be difficult for some drivers to be accurate with this three-feet rule. For the majority of us who can properly gauge three feet as we drive, the challenge then becomes the slowing down requirement of the law.

Even before this law took effect, I slowed

down whenever I saw a bicyclist on the road simply because it is terrifying to ride a bike and have a half-ton vehicle speed past you. In many instances the driver behind me was either not paying attention or simply speeding, and had to slam on their brakes. So my point is that the law has the potential to cause other traffic incidents. That is not to say that there should not be rules in place to protect cyclists on the road but there will be other risk factors that one will have to deal with until the driving culture in our state adapts to said changes.

In addition, there is the issue of enforcement. Police officers will now have to determine what constitutes an unsafe speed and distance when bypassing a cyclist. The distance issue should not be too difficult for officers to determine however, what is a safe speed? How much should a driver slow down? If it's a 40-mile-per-hour zone, should we reduce the speed to 35? 30? 25? What if it's a residential or school zone? Should it be reduced to 20 miles per hour? Maybe 15-miles-per-hour is safe? I am not opposed to slowing down but what's the standard? For such a law we should have a set standard rather than the vague "prudent speed" requirement. "Prudent speed" is pretty loose language and will leave every citation issued up for dispute.

I sincerely hope that this new law helps everyone stay safe and uninjured on the roadways. I do, however, question the full effectiveness of this attempt at cyclist safety. •



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Keep Pets Safe During Disasters

By Dr. Greg Perrault

September is disaster preparedness month. The recent earthquake that occurred in Napa is a wakeup call to be ready. Let's look at some easy ways to get things in order just in case of an emergency.

For small dogs and cats, keep a pet carrier handy. If possible, keep it in the house and use it as a hide-away for your pet. Keeping the carrier familiar to your pet will make it easier if you have to evacuate your home quickly. Make sure the carrier has a luggage tag with contact information. If you can't get to the carrier in time, remember, a pillow case makes a good temporary pet carrier for cats. For larger dogs, keep the leash and harness in an easily accessible location.

For major disasters, you may be separated from your pet for a period of time. Make sure to keep an identification tag on your pet's collar. Keep current photos of your pet on your phone. Record the number to your pet's microchip and check to see the contact information connected to the chip is correct. Your veterinarian can help you check the microchip number with their scanner.

Keep a backpack or other bag handy that contains bottled water and some canned pet food - and remember a can opener. You should medication, try to keep a one-week supply in the disaster kit. Every disaster kit should also include a blanket and a flashlight.

Vaccine information: Record and list all of your pet's vaccinations. The most important vaccine information to record is the rabies

"If your pet is picked up by animal care services during a disaster and ends up in the shelter, the best way to be reunited with them is a current license."

plan on keeping enough water for five days. Figure your pet needs at least one ounce of water for each pound of body weight per day. A 25-pound dog may need about one liter per day. If your pet is older or has certain medical conditions, it may require more water.

Create a list of past and current medications your pet takes. Include flea and heartworm medication too. If your pet is taking chronic

vaccine. Your veterinarian will provide you with a copy of a rabies certificate. The certificate will have the date of the vaccination, the name of the maker of the vaccine and the lot number. It will also tell you whether the duration of the vaccine is one year or three years. Take a picture of the certificate with your phone. Check and see if your pet is current on its rabies vaccine. September 28th is world rabies day, and the United States has an unsurpassed record of identifying and controlling this deadly virus by requiring pets be vaccinated. Help keep it so. Worldwide, as many as 50,000 people still die every year from this terrible disease.

Keep a file of your pet's medical records. The file should include vaccine history, medical conditions and prescription medication information. A paper folder file is fine but put the information on your cell phone in case the written records are not retrievable. You can use an application such as pawplanner or dozens of other programs. Keep your pet's city license current. If your pet is picked up by animal care services during a disaster and ends up in the shelter, the best way to be reunited with them is a current license. Update everything once a year. Hopefully, your disaster kit will gather dust and never get used. But, if the big one hits, you and your special friend will be ready.

Dr. Greg Perrault owns and operates Cats & Dogs Animal Hospital in Long Beach. •

Seniors

Managing The Aches And Pains Of Arthritis

(BPT) - Arthritis can strike at any age. In fact, of the 50 million Americans suffering from arthritis, two-thirds are under the age of 65. Each year, arthritis accounts for 44 million outpatient visits, over 900,000 hospitalizations and has quickly become the leading cause of disability in the United States, outnumbering activity limitations caused by heart disease, cancer or diabetes. Making the right lifestyle and medication decisions can be the difference between living a healthy, full life and living with a serious disability.

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Center, offered through Accredo, have diseasespecific expertise and spend the majority of their time counseling patients with these

"It's important to know that arthritis is not one condition, but a complex family of musculoskeletal disorders consisting of more than 100 different diseases," says Phyllis Crockett, specialist pharmacist at Express Scripts. "Of the arthritis population, 60 percent are women and several types of arthritis are more prevalent in women."

The most common forms of arthritis are osteoarthritis (OA), rheumatoid arthritis (RA) and juvenile arthritis (JA), which account for about 58 percent of all patients. OA is characterized by a breakdown of joint cartilage and primarily affects elderly patients. RA is characterized by inflammation of the membranes lining the joint. Lastly, JA describes many autoimmune and inflammatory conditions that can affect children ages 16 and younger.

"Managing the disease so that patients can continue to live normal lives is important," Crockett says. "Each patient is different and so are their treatment plans, but there are a manage symptoms."

Crockett offers the following suggestions to help the arthritis population.

- Do not self-medicate: Combining overthe-counter medications with prescription medications can be risky and can cause side effects such as an increase in gastrointestinal irritation or a gastrointestinal bleed. Check with a doctor or specialist pharmacist before adjusting doses or making changes to the medication regimen.
- Take as directed: For patients who already are on medication to treat the condition, adherence is critical. If patients do not take their medication as prescribed they may be faced with disability or rapid progression of the disease.
- Watch for drug interactions: Some common medications such as acetaminophen can have a drug-drug interaction with arthritis medications. Limit intake and remember that acetaminophen is often a component in common sinus, cough/cold and pain medications. Some foods and beverages can also block the effects of arthritis medications. These include grapefruit, apple and orange juice as well as milk and yogurt. Wait at least four hours after taking medications before ingesting these products. Exact times can vary depending on the disease and the treatment. Check with your healthcare professional if you have any questions.
- Stay active: OA and RA patients particularly can benefit from both endurance and resistance training. Additionally, every pound of weight lost reduces the pressure on each knee by 4 pounds. Maintaining a healthy weight and protecting against joint injury can help prevent OA. •





Smokey Bacon Mac and Cheese

Prep Time: 1 hour

Ingredients

1 pound bacon, diced into 1/2-inch pieces

3/8 cup reserved bacon fat

2 cups large onion, diced

1 tablespoon oil

1 tablespoon garlic, chopped

1 tablespoon cajun seasoning

5 tablespoons butter, unsalted

1 tablespoon whole grain mustard
1 1/2 cups all-purpose flour

1/2 cup Holland House Sherry

Cooking Wine

3 quarts milk

1 tablespoon hot sauce

1 tablespoon Worcestershire sauce



2 tablespoon salt

1 1/2 teaspoon black pepper

3 cups shredded cheddar cheese

3 cups, divided shredded Swiss cheese

1 - Î pound box Cavatappi pasta

Directions

In a large pot bring salted water to a boil to cook the pasta. Cook the pasta until just tender, cool pasta under cold water and reserve.

While the pasta is cooking, heat a medium sized skillet over medium high heat and caramelize the onions with the oil until very brown and soft. Reserve.

Dice the bacon and cook in a large pot until crispy, remove bacon from pot and add butter to the hot bacon fat in the pot. Turn the heat down to medium and once the butter is melted, add the flour and mix until the mixture begins to brown, 3-5 minutes.

Add the Cajun seasoning, Holland House Sherry Cooking Wine, garlic and mustard to the pot and stir until combined. With a whisk slowly add the milk to the pot until it is fully incorporated. Turn heat to medium low and continue to stir until the milk mixture becomes thick like an Alfredo sauce, making sure not to scorch the bottom of the pan.

Add the cheddar cheese and 2 cups of the Swiss cheese while whisking until fully incorporated and then finish with the caramelized onions, Worcestershire sauce, hot sauce, salt, and pepper for seasoning. Puree sauce with stick blender or transfer to blender and blend until smooth.

Turn on broiler to high. Add the sauce to the pasta and mix and place in a casserole dish and top with remaining Swiss cheese and broil until golden brown. Top with crispy bacon bits.•



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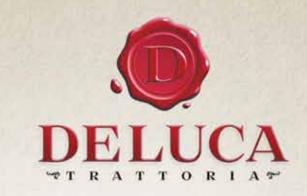
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Eagles Rout N

Eagles Rout Bishop Montgomery

By Gregg McMullin Photos by Gregg McMullin

For the third consecutive game this season, the El Segundo football team was not challenged by their opponent, rolling to a 30-0 halftime lead and defeating Bishop Montgomery 37-6. It marked the sixth win in seven games the Eagles prevailed over the Knights.

The defense once again shone, and for the third straight game, didn't give up a touchdown. The Knights couldn't get anything going throughout the game, even when the Eagles were playing their second team. Perhaps the best offense the Knights could muster up were the penalty yards they racked up thanks to 12 flags thrown at the Eagles for 116 yards. The Knight's gained their first down of the game well into the second quarter.

Defensive coordinator Dan Heck believes the defense is playing so well because of the leadership and experience. "When you have the athletes that we have and their understanding of our system you can see why we've been so good so far."

To make a case on how good the defense has been early in the first quarter the Eagles had elected to go for a first down on fourth and short. The resulting play was a 26-yard loss. It gave the Knights great field position and backed El Segundo's defense up deep in their end of the field. The Knight's offense was stopped and they attempted a short field goal. Dwayne Polk broke through the line and blocked the kick and the Eagles recovered on their own 5-yard line. That was all that was

needed to kick to offense that gained 400 or more yards for the third consecutive game. Six plays later, Lars Nootbaar found Miguel Wagner-Bagues for an 81-yard catch and run for a touchdown.

The offense continued to assault the porous Knights defense. On the Eagles' next possession they went 73 yards in eight plays to increase their lead. Wagner-Bagues picked up 29 yards receiving and another 5-yards rushing, including a 3-yard touchdown run to increase El Segundo's lead to 13-0.

The defense came up with another significant play on fourth down. To open the second quarter the Knights were forced to punt. Mateo Fabbri took the snap and attempted to get off a punt when Tyler Stephens broke through and blocked the punt. Joey Garza was there to scoop up the ball near the Eagles' sidelines and took the loose ball back 13 yards for the touchdown.

On the Eagles' next possession it resulted in longest drive of the night. When the drive stalled the Eagles settled for a 27-yard field goal by Jake Palmer to give the Eagles a 23-0 lead. The Eagles scored one more time just before halftime. After forcing the Knights to punt, the Eagles received great field position. On the fourth play Ryan Kelly keyed off a great block by center Michael Rincon. Kelly dodged through the line and went 37 yards untouched to the end zone for a touchdown and a 30-0 first half lead.

El Segundo took the opening second half kickoff and scored on the second play from See Eagles, page 16

No. 20 in the Windy City

By Adam Serrao

Nothing was usual about the way that Clayton Kershaw became the first pitcher in the major leagues to pick up his 20th victory of the season. Traveling to Chicago to take on the Cubs, Kershaw not only needed a win for number 20, but he also needed one to keep his team alive in the playoff hunt. Sure, at the time they were leading the second place San Francisco Giants by two and a half games, but if you're a Dodger fan, you're keen to their propensity to make huge mistakes in the biggest, most pressure-filled situations.

It was a bright and sunny day in the Windy City, with the temperature at about 75 degrees Fahrenheit and not a cloud in the sky. See? Nothing was usual about this day. The one thing that remained status quo, though, was Kershaw's pitching routine. Stepping softly out of the visitor side dugout, Kershaw took to the field to inspect the mound. As he stood there and looked over the edges of the circle and the dirt that surrounded it, he decided to give it a try. Without a ball or a glove in his hand, "Kersh" stared in to an empty home plate with an intent look on his face and almost not one other soul in sight. He looked ready.

What took place on the field last Friday afternoon suggested otherwise. Kershaw struggled with his control all day long, falling behind in the count to batters, walking batters and very uncharacteristically giving up three runs in just the first inning. Kershaw wound up pitching his shortest outing in three straight months as he went only five innings, giving up those three runs with nine strikeouts while issuing three walks for the first time since May 23. All in all, Kershaw pitched 106 long, hard-fought pitches. Certainly, that effort was not characteristic of an NL MVP or Cy Young Award winner.

The truth is, everyone around the Dodgers organization, fans included, have come to take their ace for granted lately. It is just assumed that every time Kershaw steps to the mound he will be in the hunt for a perfect game or a no-hitter. No -- he too is fallible and human. Kershaw, just like every other pitcher, has the ability to give up runs. Realistically, however, that is what he has a team behind him for. "Obviously, you want to get eight or nine [innings] and be the reason why the team won," Kershaw said of his performance last week. "Sometimes, the team does it for you and you just happen to be out there. So that was the way it happened today and I'll take it." Truth be told, the Dodgers were lucky that one of Kershaw's worst performances in a long time came against the Cubs. Perhaps the team's ace came out a little lackadaisical because he spent so long sitting on the bench in the first inning while his team racked up six runs to jump out to an early 6-0 lead. "It's not easy, but for six runs you'll take it and sit there for two hours if you have to," Kershaw continued. "My velocity was there. I think I was out of it. My control wasn't good, the fastball was all over, the breaking ball wasn't breaking. Just chalk it up to a bad day."

It's nice to know that even on a bad day Kershaw can still come away with a "W" that meant he was a 20 game winner for the second

time in his career, nonetheless. Behind home runs from Matt Kemp, Yasiel Puig and two from A.J. Ellis that came out of nowhere, the Dodgers cruised to an eventual 14-5 victory. Leave it to a catcher to pick up for his pitcher. With the win, Kershaw joined Pedro Martinez as the only other pitcher since World War II with 20 victories in fewer than 30 starts. Kershaw was 20-3 in just 26 starts at the time of his 20th victory. Also, after having gone 20-5 in 2011, he became the first pitcher to reach the 20-win mark twice since Claude Osteen (1969, '72) and with his 20-3 record this year, he has the best win percentage as a Dodger (.870) since Preacher Roe went 22-3 (.880) in 1951. Sweetspot TV recently put together a list of the greatest pitching seasons of the last 50 years. At the very top of that list is Pedro Martinez in 1999. That year, Pedro was 23-4 with a 2.07 ERA with 313 strikeouts in 213 1/3 innings pitched. By comparison, Kershaw so far this year (after his start vs. the Cubs) is 20-3 with a 1.80 ERA with 228 strikeouts in 190 1/3 innings pitched. This year for Clayton Kershaw could be one of the best in baseball history.

By giving up three runs on the day, Kershaw's ERA actually rose to 1.80 as Cubs hitters rejoiced despite their loss. "Nice to see the leadoff hitter walk, couple guys get some hits," Cubs infielder Chris Valaika explained. "It makes us feel like he's human." Kershaw may indeed be human, but he is still the leading candidate for the Cy Young Award and should still be the overwhelming favorite to capture this year's MVP as well, depending on how the voters vote. He is once again in line to capture the pitching Triple Crown, as (dating back to last Sunday) he leads the league in wins (20), ERA (1.80) and WHIP (0.86). With one start left against his archrivals the San Francisco Giants, you can expect Kershaw to be itching to rebound from his previous "lackluster" performance. He only hopes that his team keeps their offensive prowess going as well. In the same game, Matt Kemp drilled his 14th home run since the All-Star break as he looks to be returning to the Kemp (.281 BA) of old. Yasiel Puig (.300 BA) appears to have found his swing again and perhaps most surprisingly, Juan Uribe (.309 BA) has been getting one hit after another, leading the team in batting average this year.

On the same day that Kershaw earned his 20th victory, the Dodgers clinched at least a wild-card berth into the playoffs. A feat that two years ago would have been rejoiced, has not gone without much celebration. As of last Sunday, there is still a lot to be determined in terms of an NL West champion, but there is no doubting that the Dodgers have their minds set on going into the playoffs with the best record in the National League. With their offense on track and a 1-2-punch like Kershaw and Greinke at the top of the order, the Dodgers, when they're clicking on all cylinders, know no bounds. The season is quickly coming to a close and with the playoffs on the horizon the only question that may remain is: can these Los Angeles Dodgers be your 2014 World Series Champions? Anything short of that may just be a failure for this year's Boys in Blue. •



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Reg Estate

5 Essential Tips To Turn Your New House Into A Home

(BPT) - Moving brings great opportunities in the form of careers, social connections and new beginnings. However, the act of moving can create unnecessary stress and tension, which makes the process less than desirable. About 35 percent of Americans move every five years, according to the U.S. Census Bureau, which results in many people who are looking to simplify the process and turn their new house into a home.

Celebrity design expert and ADT spokesperson Sabrina Soto has the expert moving advice to make your house a home:

· Review everything being packed: If you have items you won't use or haven't used in six months, put them aside. They are good candidates for selling at a garage sale, listing in online classified ads, donating to charity, or as a last-case scenario, throwing away.

Also, look for ways to reduce your load. Canned goods may still have shelf life, but evaluate whether it makes sense to move or donate - it's likely the latter. The same goes for other items you can easily and inexpensively purchase at a discount store when you arrive at your destination. As you approach moving day, be sure to think twice before loading up at grocery or convenience stores.

As you take inventory of everything in your home, be sure to clean, organize and sort the remaining items so they can be packed quickly and then easily found when you arrive at your new home.

• Get secured before you move: Feeling secure and in control is an important part of transforming a new house into a home. An ADT Pulse home security and automation system gives homeowners the ability to not only monitor their home's security, but also control functions such as adjusting lights,

unlocking doors and controlling thermostats - all with the touch of an app. Plus, it can

it easier to unpack and place everything into your new house. If you have anything fragile, be sure to note how you'd like those items to be handled, saving you plenty of time and headaches in the long run.



start working for new homeowners on day one, whether using it to grant access to trusted contractors and technicians or receiving alerts when deliveries arrive at the front door. In a new neighborhood and a new house, it will be a sigh of relief to know you're in control both at home and while away.

· Keep organized on moving day: Walk through the old home with your movers to identify how you'd like your items organized and packed. Let them know you want the house packed room by room, which will make

If you're planning to move yourself, it's important to take precautions and protect your belongings while the truck is being loaded and unloaded. Have a team of trusted friends or family help you - the more sets of eyes, the easier it will be to keep track of your belongings. If you need to keep the truck parked overnight, back the vehicle up to a wall or garage door, which will make it difficult for someone to break in.

• Make yourself a happy place: Choose one room in your new home to be the room you

completely unpack and organize on the first day. This gives you a restful sanctuary where you can retreat, even if the rest of your items are still in boxes scattered among the other rooms for several days to come.

• Document and share the transformation: Use your smartphone or camera to document the change of your new home as your items are unpacked and placed. This allows you to see how your hard work has paid off.

With these tips, you can streamline your move and make it less stressful for you and your family. •



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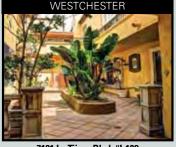
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• Sat. 2-4pm Bill Ruane

• Sat. 1-4pm Roger Hart

• Sat. 2-4pm Bill Ruane

• Sat. 2-4pm

Bill Ruane

• Sat. 2-4pm

Bill Ruane

• Sun. 2-4pm Bill Ruane

• Sun. 2-4pm Bill Ruane

• Sun. 1-4pm

26355 Dunwood, PV/RHE

2012 Andreo Ave. Torrance

7101 La Tijera#1-102, Wstchstr

2102 W. 233rd, Torrance

2012 Andreo Ave. Torrance Forecast Realty Roger Hart

310-877-2374 \$779,000 310-877-237

\$569,900 310-877-2374

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\$669,000 3/2, 1,110 sq. ft. 310-781-2000 Forecast Realty \$399,000

2/2, 2 car parking 310-877-2374 Remax El Segundo 1049 Palos Verdes Blvd, RB PV views \$929,900

Remax El Segundo 310-877-2374 \$899,000 3/3, pool

Remax El Segundo 310-877-2374 \$669,000 3/2, 2 car garage



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\$869,000 • 427 LOMA VISTA! Classic 1928 Spanish 3th Solidary with many quaint touches. Beam ceiling living rm, stone fireplace covered Spanish arched front porch, entertaining deck, with Solidary grassy back yard and much more.

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3 bedrooms with Nice Yard



Pre-qualified to \$900,000 Likes turn key but will do some personalizing 2-3 bedrooms





1012 E. Mariposa

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\$739,000





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PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE APN: 4139- be: 408 KANSAS STREET EL SEGUNDO, 014-042 T.S. No. 014953-CA Pursuant to CA Civil Code 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 3/20/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 10/9/2014 at 9:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 3/30/2007, as Instrument No. 20070748457. of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA executed by: IAN AYLER, AND AMANDA AYLER, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH. CASHIER'S CHECK DRAWN CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: VINEYARD BALLROOM, DOUBLETREE HOTEL LOS ANGELES - NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to

located at 400 Civic Center Plaza, Pomona.

CA 91766 The street address and other common designation, if any, of the real

purported to

property described above is

Ad

CA 90245-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale \$834,877.47 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before

you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 014953-Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 Date: 8/26/2014 Date Executed: CLEAR RECON ,Authorized Signature CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117 A-4481383 09/18/2014. 09/25/2014. 10/02/2014

El Segundo Herald Pub. 9/18, 9/25, 10/2/14 H-24412

pursuant to Section 2924g of the California

NOTICE OF PUBLIC HEARING DATE: October 9, 2014

5:30 p.m. City Council Chambers PLACE: 350 Main Street El Segundo, California

TAKE NOTICE that the EL SEGUNDO PLANNING COMMISSION will hold a public hearing at the time and place indicated above regarding the following:

Environmental Assessment No. EA-1061, Conditional Use Permit No. CUP 14-01,
Conditional Use Permit No. CUP 14-02, Subdivision No. SUB 14-05, Off-Site Parking Covenants Nos. MISC 14-02 and MISC 14-06, and Lot Tie Covenant Misc. 14-03

Address: 525 North Boulevard (APNs 4139-025-073, -075 -076 -081 -091 and 4139-024-013 -

Applicant: Rubicon B Hacienda, LLC Representative: John Bowman

Property Owner: Rubicon B Hacienda LLC Applicant proposes extensive renovations of the existing Hacienda Hotel and proposes to operate the facility as two separate hotels with a south hotel site and a north hotel site. The two hotel sites are proposed to be operated as two separate hotel brands, a Marriott Fairfield Inn and Suites and a Starwood Aloft Hotel. existing Hacienda Hotel site is located within the General Commercial (C-3) Zone and the existing hotel surface parking lot located north of the hotel site across Mariposa Avenue is located in the Parking (P) Zone The Applicant is proposing to amend the existing Hacienda Hotel entitlement, Conditional Use Permit No. CUP 87-01, to be applicable to the north hotel site only. Hotels are a permitted use in the C-3 Zone where the property is located. The Applicant is further proposing to operate the south hotel site as a new hotel within the C-3 Although hotels are a permitted use in the C-3 Zone, a conditional use permit is required for the new south hotel facility to allow the proposed alcohol service (a bar). The Project consists of the following

Environmental Assessment No. EA-1061 - Interior and exterior renovations to an existing hotel and division of the hotel into two separate hotels (south hotel site and north hotel site). A 6.640 square-foot addition to the south hotel site

2) <u>Conditional Use Permit No.</u> <u>CUP 14-02</u> – Allow the sale of alcohol at a bar located in the new lobby of the proposed south hotel site. Allow alcohol service in common spaces and limited rooms identified in the proposed project plans

Conditional Use Permit No. CUP 14-01 – Amend the existing Hacienda Hotel conditional use permit (CUP 87-01) to apply only to the proposed north hotel site. Modify the conditions of this CUP to match the proposed operating conditions at the north hotel site. These modifications include adjusting the number of required parking spaces for the north hotel to match the number of required spaces identified on the

proposed plans (250 parking spaces).

<u>Subdivision No. SUB 14-05</u> – Combine the existing 12 lots underlying the hotel site into two parcels, one parcel for the north hotel and one parcel for the south hotel

Miscellaneous Nos. MISC 14-02, MISC

14-03, and MISC 14-06 - South Hotel: off-site off-site parking covenant for 213 spaces. Lot tie covenants to the three parcels underlying the off-site parking location.

The proposed project is categorically exempt from the requirements of the California Environmental Quality Act (CEQA) pursuant to 14 California Code of Regulations §15301(a) (interior and exterior alterations to existing facility); §15301(d) (rehabilitation of deteriorated structure); and §15301(e) (addition less than 10,000 s.f.); and, §15315 (division of property into four or fewer

The file for this project is available for public review Monday through Thursday between 7:00 a.m. and 6:00 p.m. in the Planning Division, Planning and Building Safety Department, located at 350 Main Street, El Segundo. Any person may give testimony at the public meeting at the time and place indicated above. Please contact project planner Masa Alkire in the Planning Division at (310) 524-2371, or any other Planning Division Staff person, for further information Note that any appeal of a decision made following a public hearing may be limited to the issues raised by evidence submitted before or during that public meeting.

Director of Planning and Building Safety; and, Secretary to the Planning Commission City of El Segundo

Mailing Date: September 25, 2014 Notification Date: September 25, 2014 Posting Date: September 25 El Segundo Herald Pub. 9/25/14 September 25, 2014

NOTICE OF TRUSTEE'S SALE T.S. No.: CA 90245-2147 The undersigned Trustee disclaims any liability for any incorrectness MAI A.P.N.: 4132-004-027 NOTE: THERE of the street address and other common IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED (The designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but

above statement is made pursuant to CA Civil Code Section 2923.3(c)(1). The without covenant or warranty, expressed implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by Summary will be provided to Trustor(s) and/ or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(c)(2).) YOU ARE said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, IN DEFAULT UNDER A DEED OF TRUST estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$779,894.34 ACTION TO PROTECT YOUR PROPERTY. IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST (Estimated) as of 10/03/2014. Accrued OU, YOU SHOULD CONTACT A LAWYER nterest and additional advances, if any, will NBS Default Services, LLC, as the duly increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due power of sale contained in that certain Deed of Trust Recorded 12/27/2006 as Document NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, the office of the Recorder of Los Angeles you should understand that there are risks County, California, executed by: GORDON G VASQUEZ AND KIMBERLY S VASQUEZ, involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you HUSBAND AND WIFE, as Trustor, WILL HIGHEST BIDDER FOR CASH (payable in to free and clear ownership of the property. full at time of sale by cash, a cashier's check drawn by a state or national bank, a check auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or drawn by a state or federal credit union, or may be responsible for paying off all liens a check drawn by a state or federal savings and loan association, savings association senior to the lien being auctioned off, before or savings bank specified in section 5102 you can receive clear title to the property. You of the Financial Code and authorized to do are encouraged to investigate the existence, business in this state). All right, title and priority, and size of outstanding liens that interest conveyed to and now held by it under may exist on this property by contacting the said Deed of Trust in the property situated in said County and state, and as more fully county recorder's office or a title insurance company, either of which may charge you described in the above referenced Deed a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more of Trust. Sale Date and Time: 10/17/2014 at 11:00 AM Sale Location: By the fountain

Civil Code. The law requires that information about trustee sale postponements be made courtesy to those not present at the sale If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call, (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site, www. regarding the sale of this property using the file number assigned to this case, T.S.# 9551-1317. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive to the Trustee and the successful bidder shall have no further recourse. NBS Default 1720 Long Beach, CA 90802 800-766-7751 For Trustee Sale Information Log On To: www.servicelinkASAP.com or Call: (714) 730-2727. NBS Default Services. LLC Nicole Rodriguez, Foreclosure Associate This communication is an attempt to collect a debt and any information obtained will be used for that purpose. However, if you have received a discharge of the debt referenced herein in a bankruptcy proceeding, this is not an attempt to impose personal liability upon you for payment of that debt. In the event you have received a bankruptcy discharge, any action to enforce the debt will be taken against the property only.

A-4486066 09/25/2014. 10/02/2014.

El Segundo Herald Pub. 9/25, 10/2, 10/9/14 H-24418

Notice Inviting Sealed Bids CITY OF EL SEGUNDO RESIDENTIAL SOUND INSULATION PROGRAM RSI 14-23 (Group 65)

The City of El Segundo is accepting sealed Bids for Projects RSI 14-23 (Group 65 of the Residential Sound Insulation Program) in the City Clerk's office, 350 Main Street, El Segundo, California 90245, until 11:00 a.m. on Tuesday, October 28, 2014

at which time they will be publicly opened Bids will not be accepted after that time. Bidders are required to attend the pre-bid meeting scheduled for Thursday, October 2, 2014 at 10:00 a.m. in City Hall's West Conference Room located at 350 Main Street, El Segundo, California 90245 if they did not attend at least one of the pre-bid meetings for either the Group 55, 56, 57, 58, 59, 60, 61, 62, 63 or Group 64 projects.

Bidders are strongly encouraged to purchase Contract Documents and review them prior to the pre-bid meeting to afford themselves the opportunity to have requirements that may be unclear to them clarified by the City

during the meeting.
Bids will be received for Group 65 ("Project") of the Residential Sound Insulation Program, which consists of sound insulation improvements and related work at twentyfour (24) homes in the City of El Segundo including installation of acoustically rated windows and doors, heating and ventilation modifications, associated electrical work, attic insulation and associated abatement of asbestos containing materials and lead-

Work on the Project must be performed in strict conformity with the Contract Documents. Contract Documents for each project may be obtained by contacting the City of El Segundo. The terms and conditions for bidding on the Project are described in the Instructions to Bidders in the Contract Documents.

This Project requires payment of State prevailing rates of wages for Los Angeles County. The Contractor must post copies prevailing schedule at each job site Copies of these rates of wages are available from the State of California Department of Industrial Relations Prevailing Wage Unit, Telephone No. (415) 703-4774. The website for this agency is currently located at www

The Contractor to whom the Contract is awarded must assist in locating, qualifying, hiring and increasing the skills of minority group employees and applicants for employment, as set forth in Executive Order 11246 and 11375.

Bidders must submit a Bid Security (or "bid guarantee") with their Bid, in an amount not less than ten percent (10%) of the Total Bid (Contract Sum), as a guarantee that Bidder will fulfill its obligation to enter into a Contract with the City in accordance with the Contract

Five percent (5%) will be deducted from each progress payment and retained by the City. The remainder less the amount of all previous payments will be paid to the Contractor. Pursuant to Public Contracts Code ("PCC") § 22300, the Contractor may substitute securities for retention monies held by the City or request that the City place such monies into an escrow account The Contractor is notified that, pursuant to PCC § 22300, any such election will be at the Contractor own expense and will include costs incurred by the City to accommodate the Contractor's request.

The proposed contract is under and subject to Executive Order 11246, as amended, of September 24, 1965, and, to the Equal Employment Opportunity (EEO) and Federal

All Labor on the project must be paid no less than the minimum wage rates established by the U.S. Secretary of Labor.

Bidders must supply all the information required by the Contract Documents.

The EEO requirements, labor provisions and wage rates are included in the Contract Documents and are available for inspection at the Residential Sound Insulation (RSI) offices, 333 Main Street, Unit A, El Segundo, California 90245. Davis-Bacon prevailing wage information may be obtained directly from the Government Printing Office via the

internet at www.access.gpo.gov/davisbacon or call toll-free at 1-888-293-6498 or fax your

Bidders must complete, sign and furnish, the "Bidder's Statement on Previous Contracts Subject to EEO Clause," a "Certification, of Nonsegregated Facilities," and the "Assurance of Disadvantaged Business "Assurance of Disadv Enterprise Participation."

A Contractor having fifty (50) or more employees and his Subcontractors having fifty (50) or more employees and who may be awarded a contract of \$50,000 or more will be required to maintain an affirmative action program, the standards for which are contained in the Contract Documents.

To be eligible for award, Bidders must comply with their affirmative action requirements. Disadvantaged business enterprises (DBEs) as defined in 49 CFR Part 23 must have the maximum opportunity to participate in the performance of contracts financed in whole or in part with Federal funds under this agreement. Consequently, the DBE requirements of 49 CFR Part 23 apply to this

All solicitations, contracts, and subcontracts resulting from projects funded under the AIP must contain the foreign trade restriction required by 49 CFR Part 30, Denial of Public Works Contracts to Suppliers of Goods and Services of Countries That Deny Procurement Market Access to U.S. Contractors.

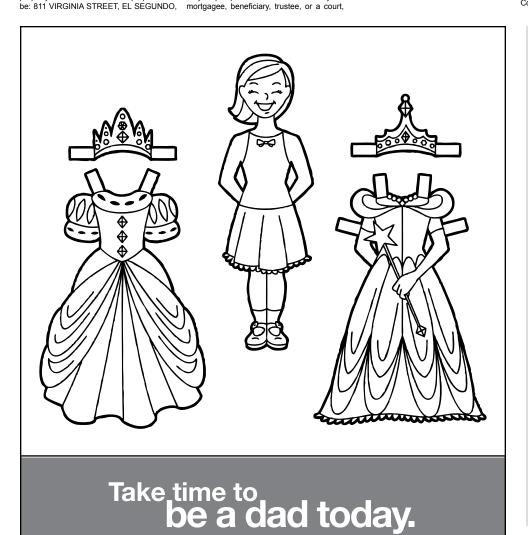
The Aviation Safety and Capacity Expansion

Act of 1990 provides that preference be given to steel and manufactured products are expended pursuant to a grant issued under the Airport Improvement Program.
Certification of Disadvantaged Business

Enterprises (DBE) Contractors and Subcontractors by Caltrans must be submitted for each DBE and must be submitted within forty eight (48) hours after the opening of bids.

Dated this 25th day of September, 2014 City of El Segundo, California Tracy Weaver, City Clerk

El Segundo Herald Pub. 9/25/14



than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER:

The sale date shown on this notice of sale

may be postponed one or more times by the

NOTICE OF PETITION ADMINISTER ESTATE JAMES MICHAEL ERDWINN Case No. BP155727

To all heirs beneficiaries creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of JAMES MICHAEL ERDWINN

PETITION PROBATE has been filed by Katherine Marie Erdwinn in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR

PROBATE requests that Katherine Marie Erdwinn be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Oct. 14, 2014 at 8:30AM in Dept. No. 11 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your

objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code

Other California statutes legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court

Attorney for petitioner: **BRIAN R BRANDLIN ESQ** SBN 132685 **BURKLEY & BRANDLIN LLP DEL AMO FINANCIAL CENTER** 21515 HAWTHORNE BLVD

STE 1260

TORRANCE CA 90503 El Segundo Herald Pub. 9/18, 9/25, 10/2/14



Police Reports

from page 2

from page 2

at 1841 hours at Rosecrans Avenue and Sepulveda Boulevard, three vehicles involved

A burglary (residential) report was taken at 2132 hours from the 800 block of Hillcrest Street. Unknown suspect(s) gained entry into the victim's residence through an open window. Taken was a steel box containing coins

Wednesday, September 17, 2014

An injury report was taken at 1231 hours from the 2100 block of East El Segundo Boulevard. An attempt suicide was made by overdosing on prescription medication

A burglary (commercial) report was taken at 1438 hours from the 1100 block of East Grand Avenue. Unknown suspects attempted to remove coins from a washing machine

Grand theft report was taken at 1544 hours from the 2100 block of East Maple Avenue. Unknown suspect(s) stole a water pressure regulator

Stolen vehicle report was taken 1646 hours from the 100 block of Main Street. Taken was a Toyota Tacoma

One male adult was arrested at 1827 hours from LAX Airport for one ESPD misdemeanor traffic warrant

Burglary (residential) report was taken at 1702 hours from the 300 block of Palm Avenue. Known suspect stole a Vespa helmet

Thursday, September 18, 2014

Grand theft auto occurred between 2200 hours on 09/17/14 and 0700 hours on 09/18/14 in the 900 block of East El Segundo Boulevard. A 2000 Ford Econoline van was taken

Attempt burglary (commercial) report was taken at 1148 hours from the 1300 block of East El Segundo Boulevard. Unknown suspect(s) attempted to break into a business

Vandalism report was taken at 1301 hours from the 600 block of south Allied Way. Unknown suspect(s) spray painted a business wall

Friday, September 19, 2014

One female adult was arrested at 0244 hours from the 400 block of South Sepulveda Boulevard for misdemeanor DUI with a BAC of 0.08% or above

An on-line lost property report was taken at 0533 hours from the 400 block of North Aviation Boulevard. An identification card was reported missing

Burglary (auto) occurred between 09/18/14 and 09/19/14 in the 1000 block of East Imperial Avenue. Unknown suspect(s) smashed the window and ransacked the vehicle

Grand theft report was taken at 0902 hours from the 100 block of Main Street. Unknown suspect(s) stole miscellaneous tools

Petty theft report was taken at 0909 hours from the 400 block of West Imperial Avenue. A bicycle was taken

One male adult was arrested at 1406 hours form Main Street and Holly Avenue for two LASD misdemeanor warrants

Court order violation report was taken at 1428 hours from the 800 block of East Grand Avenue

Traffic accident (no injuries) occurred at 1459 hours in the intersection of Maple Avenue and Sepulveda Boulevard, vehicle versus vehicle

Criminal threats report was taken at 1500 hours from the 200 block of West Mariposa Avenue. Known suspect threatened the victim

Burglary (residential) report was taken at 1850 hours from the 800 block of South Douglas Street. Unknown suspect(s) stole the victim's ring from a hotel room

Burglary (commercial) report was taken at 2027 hours from the 500 block of North Sepulveda Boulevard. Unknown suspect(s) stole beer

Domestic battery report was taken at 2236 hours from the 300 block of East Imperial Avenue. Known suspect poked the victim in the eye •

School Spotlight

Girls spent weeks searching for their perfect dress and shoes, while boys tended to worry about their appearance moments before the dance began. About two weeks before the dance, people began to get asked. As is tradition at El Segundo High, the boys ask the girls with some sort of fun idea... perhaps with donuts, candy, signs, flowers, balloons, and various other ideas. I helped one friend create a fill in the blank poster where each answer was one word in "Will you go to Coro with me?" As the boys worked up the nerve to ask their girl to the dance, the girls would stand there with a nervous smile on their face, and say yes. You could feel so much excited energy in the school halls, as wells as squeals of excitement. Of course, many students also went in groups of friends, which was also very festive.

On the day of the dance, people could possibly spend the whole day prepping. Some girls woke up to get their hair done then went to get their nails done, while others would do their hair and nails on their own. Girls and boys would match their attire to represent that they went together to the dance. Groups gathered to take pre-Coro photos, as the moms and dads snapped memories to post on FB and the kids posted to Instagram.

Upon arriving to the dance, there was an extremely long line of students waiting to enter. In line, students excitedly talked to each other about school and caught up on life in general, so though they had to wait, it was a way of communicating with other students they might not always be as close with as they desire.

Once students got to the front, they entered the gym doors to the dance and they were ushered into a visual wonder of colorful lights and boxes of color throughout the dance floor. Students said hi to their friends and complimented each other's outfits as they walked through the dance. Then, outside of the physical dance floor, there was a large tent full of games and food and tables. There were delicious hotdogs and pretzels. There were juice boxes, which I noticed the students took a liking to. Nobody is ever too old to not enjoy juice in a box! At the games students gathered and cheered around them.

As the theme of this year's coronation was "All Around the COROnation," so the dance was decorated with various cities found throughout the nation. ASB spent lots of time and effort into putting this dance on, and they did a marvelous job. At the "Coro" assembly about three weeks ago, they displayed a wonderfully produced video that all students watched to discover the theme. It consisted of three girls from the class of 2016 ASB running around the world searching for clues because someone stole the Coro ideas. At the end, they discovered the person who stole the ideas was junior Elena Wagner, and she had them on a goose-chase around the world so that they could get a glimpse into all the cities the dance would recreate. Thank you to ASB for putting together this wonderful occasion. Thank you to all the staff and volunteers of the high school for helping as well. It was a great dance.

The next major event our school has upcoming is the homecoming parade and football game this Friday, September 26. It will be an exciting week of hard work of float making, one by each class (9th-12th) and the floats will be uncovered Friday at the parade, and the winner announced at the homecoming game. Good luck Eagles football as you play Torrance in front of what will surely again be a sold out crowd, and may the best grade's float win! P.S. go 2017!!! •

from front page

School Board

Next week, on October 1st and 2nd, the Eagles Nest students will be participating in "Sports Days." The preschool children will get to learn about sports outside the classroom, rotating through different stations that will be set-up on the High School field. The event will introduce the young participants to varied sports, and allow them to participate in athletic contests with their peers.

Kirk Foster has signed-on as the Garden Education consultant at Richmond Elementary. He will work with all K-5th grade instructors and students, as well as support the Garden Committee and administration. He will advise each classroom teacher and "coach" the students up to six times during the school year. According to District provided notes, there are a total of 22 classes participating, with the amount budgeted for the program not to exceed \$6,600 for services, and \$1,500 in materials reimbursement.

On October 21st Pattie Fitzgerald will be presenting a parent education program for the Eagles' Nest parents. Fitzgerald is a certified prevention educator, speaker and author. She will instruct the parents on implementing "safe-smarts" strategies to keep their children safe. The presentation will be funded by the Eagles' nest PTO.

The action items portion of the brief 35-minute meeting featured the acceptance of gifts to the District, including four bestowments by the Target chain of stores to the ESUSD, totaling a little more than \$4,500.

The probability of a new ESHS course, AP Physics I, was the only item on the information pending action docket of the agenda. The course, which meets University of California approval and will be utilized for graduation purposes, would take the place of the current AP Physics B course.

Superintendent Melissa Moore then highlighted the upcoming informational calendar, including Thursday's Hall-of-Fame induction ceremony at the High School, as well as the

festivities surrounding High School homecoming Friday night, and, in October, the always much-anticipated Skechers Pier-to-Pier Walk that will take place on Sunday, October 26.

Next-up were the Board member reports, and Moore's Superintendent report. Prior to the meeting, Moore responded in an email, sharing her thoughts, one month into the school year.

"It is hard to believe we are already one month into the school year. I have had an opportunity to visit both the Middle School and High School classrooms and observed students actively engaged with iPads as a learning tool," she wrote. "I observed 70 sixth-grade students using Notable and an iBook. I also observed high school students using an entire host of iPad strategies.

"At the middle school level, sixth grade students are acquiring new skills. I liken it to learning a new language. What our parents need to remember is that our children are digital natives, and will quickly pick-up these new skills at an accelerated rate of speed.

"As adults, we are all technological immigrants," she wrote. "Use of technology is not something that is native to us. As a parent of three sons, I know that I have learned so much when my own son comes over to the computer and shows me a more efficient way to navigate a program. Please know that the District appreciates all of the parents' patience during this acquisition process as our sixth, seventh and eighth grade students increase their proficiency levels and become comfortable with using these new learning tools.

"In order to support these efforts, a Family Technology Learning Night has been scheduled at the Middle School for parents and their children to come together and allow the children to show off how to navigate using their new iPads." The event is scheduled for next Thursday, October 2 in Bulldog Hall from 6:00 to 7:00 p.m. The next regularly scheduled Board meeting is slated for Tuesday, October 14, at 7 p.m. •

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This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed above on: MAY 1,

Signed: PHILIP WATT MEDLEY, OWNER. This statement was filed with the County Recorder of Los Angeles County on AUGUST 07, 2014.

NOTICE: This Fictitious Name Statement expires on AUGUST 07, 2019. A new Fictitious Business Name Statement must be filed prior to AUGUST 07, 2019. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 FT SEQ., Business and Professions Code). El Segundo Herald: Pub. Sept. 11, 18, 25, Oct 2 2014 H-1151

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Signed: Eric R. Brodeur, President, This statement was filed with the County Recorder of Los Angeles County on September 2 2014 NOTICE: This Fictitious Name Statement

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Community Hazards

from front page

of community-wide activities and actions designed to reduce the risk of hazards in town. Once Davis completes a draft of the HMP, she will put it up on the City's website for public comment. "It is extremely important for people to take this survey," said Davis, who is also making presentations to community groups and appearing at local events to spread the message.

Davis went on to note that the retrofit for Fire Station 1 is an ideal project for hazard mitigation. "The station was damaged during the Northridge quake in 1994--and although it is not at a level where we think the facility at risk, there is still damage and it is vital we fix that prior to having another major earthquake. We're a small city and this is our hometown fire station, so it is at the top of the priorities list."

Speaking of earthquakes, a seismic incident is at the top of the Calculated Priority Risk Index (CPRI) of potential hazards for El Segundo due to the community's proximity to the Newport-Inglewood and Palos Verdes faults. "A large quake affects the entire city and we would see damage across the entire city," explained Davis.

Number two on the CPRI is hazardous material, of which El Segundo has an unusually large quantity given the number of industrial and manufacturing companies in town. Despite rigid quality control measures taken by the businesses themselves and the El Segundo Fire Department, Davis noted that the sheer presence of so much hazardous material makes some sort of future incident likely—although such an event would be more area-specific as opposed to community-wide in the case of an earthquake. "We are also impacted by entities outside of El Segundo such as Scattergood and LAX, so we must always be vigilant," added Davis. "The emergency operations themselves are extremely important, but hazard mitigation is what we can do ahead of time to prevent incidents and limit the possible damage. That is another reason why this plan is so important. Hazard mitigation activities and planning efforts can reduce the effects of hazards, protect people and property, and improve our preparation to respond to and recover from disasters."

To participate in the online survey, go to the City's website home page at www.elsegundo. org or directly to https://www.surveymonkey. com/s/FDDJDZF. For additional information, contact Denise Davis at 310-524-2252 or email her at Ddavis@elsegundo.org •

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Please, let me introduce myself. I am Arabelle and if you're looking for a petite, 13-pound Miniature Schnauzer/Poodle mix, I am your girl. I'm fully grown at 3 years of age, so I will always be the perfect size for your lap. I am a bit shy and I prefer a quiet home without a lot of chaos. I was adopted in 2013 by a nice couple and while I trusted my "Mom" I just couldn't warm up her husband. The nice folks at MSFR took me back and realized that I needed some special desensitization training to cope with my fears. Well, I'm here to tell you it worked! I'm now ready for my new forever home, so I'm willing to give you a chance if you are willing to give me one. If you are interested in Arabelle, please email info@ msfr.org for more information.

My name is **Bryan** and I'm a handsome, 1-year old, male Miniature Schnauzer mix

I'll bet you don't know any dogs named Waffles but that's my name. I know it's a strange name for a 6-year old, male, purebred Miniature Schnauzer, but there's a great story about how it came to be. When I was rescued, from a LA county shelter where I had been brought in as a stray, I was listed as a male. Then my listing changed to a female. When the volunteers from MSFR come to pick me up, they found that, indeed I was an intact (unneutered) male. Due to my "waffling" gender, the name "Waffles" became mine. I'm not real big, only 21

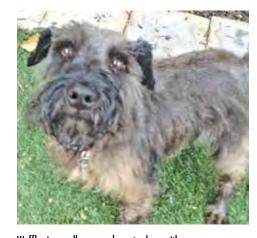
am. If you are interested in Waffles, please email info@msfr.org for more information. They call me Tolkien and even though I

pounds and because I'm a calm, mellow kind of a guy I even get along well with

other dogs. Please come visit me at our pet

adoptions and see what a honey of a dog I

who would really love a family of my own. I was rescued from a LA county shelter where I was taken after being hit by a car. I was terrified and in a whole lot of pain because I had a dislocated hip. I was taken to the MSFR Vet who performed surgery to repair my injury. The great news is that I'm fully recovered and ready to make up for lost playtime. I have a really great personality and LOVE to play with other dogs so I'm a perfect addition to any family. I've got lots of life to live and I would love to share it with you. If you are interested Bryan, please email info@msfr.org for more information.



Waffles is a mellow guy who gets along with everyone.

haven't written a book, I do have a philosophy on life. Older pets, especially little old men like me, make great companions! I am a 10-year old, male, Yorkie mix who was rescued from a county shelter last year. I was malnourished, filthy and terrified when I was introduced to the people at Yellow Brick Road. Over time, I have grown to love and trust people as well as enjoy the company of other dogs. I'm 10 pounds of affection and pretty quiet - not at all yappy - for a little guy. Although I don't require much exercise, I'm always ready to go for a walk. The YBR folks think I am adorable and would make a great companion for a calm home with or without other pets. Tolkien can be seen anytime at Yellow Brick Road Doggie Playcare in El Segundo Call 310-606-5507. •



Tolkein is a senior dog with plenty of love left.



Bryan loves to play with other dogs and humans too!

<u> Happy Tails</u>



Trey (left) and his new brother are very happy together.

Congratulations to Trey and his new family! Trey is our three-legged Lhasa mix (honorary Schnauzer) wonder dog. He met his Mom and Dad a couple of weeks ago and it was love at first sight! Trey now resides in West Los Angeles with a Parti-colored Schnauzer brother. We wish all of them much happiness. If you have any questions about a particular dog's availability you can email us at info@msfr.org.

Please visit all of our Miniature Schnauzers & Friends rescues at the adoptions fair held every Saturday from noon-3:30 p.m. or check out our website, www.msfr.org. Our adoptions fairs take place at Petco, 537 N. Pacific Coast Highway, Redondo Beach, California. Schnauzers! Bet you can't



SDOP(S)

Eagles

scrimmage. Nootbaar, who threw for 228 yards and two touchdowns, found Hassan Hendricks in stride. The speedy Hendricks caught the ball near the Bishop Montgomery's 20-yard line and outran the Knight's secondary for a touchdown and a 37-0 advantage.

Bishop Montgomery responded with a long drive of their own that resulted in Fabbri's 40 yard field goal that had enough distance for a 55 yarder. Fabbri would kick a 23-yard field goal mid way through the fourth quarter to complete the scoring for both teams.

The Eagles have yet to be challenged to start the season but their opponents have gotten progressively better each week. Friday's Homecoming Game against Torrance should be just the test that the Eagles need with the Ocean League opener two weeks away. The fourth ranked Eagles will face an experienced Torrance team that will run their signature

shotgun double-wing offense.

The Torrance Tartars (2-1) and Eagles (3-0) will play a non-conference football game for the first time in years. These two schools are no strangers to each other having both competed in the Pioneer League; the Eagles are now in the Ocean League. In the past ten years these two teams have created quite a rivalry though the Eagles own a 6-3-1 advantage. Led by an experienced line and a running back, Tyree Harris, who has scored seven rushing touchdowns in three games, the Tartars are looking for redemption for last year's 31-24 loss to the Eagles.

In what became an emotional game between two teams vying for a Pioneer League championship the Eagles came from two touchdowns down, in the first quarter, to defeat the Tartars 31-24. Though these teams aren't playing for a league title the rivalry still exists.

Frosh / Soph Football

The Eagles jumped all over Bishop Montgomery and easily defeated the Knights 53-16 to improve to 3-0. In three games the Eagles have outscored their opponents 146-22 and have yet to allow any points to be scored in the first half of any of their games this season. Leading 14-0 in the first quarter Ashton Saltz's interception set up a 33-yard touchdown run by Taj Balogun. Late in the second quarter Balogun found Kyle Freeman open for a 23 yard touchdown pass to make it 34-0. Daniel McEntee added a 22-yard TD run and a 47-yard scamper for anther score.

Cross Country

Gavin Glynn continued his medaling ways as he ran a 15:41 at the Woodbridge Invitational good for a fourth place overall finish and just ten seconds off the winning time. Scott Willis (16:22), Nolan Sharp (16:50), Nathan Vinzon

(17:21), Oliver Chen (17:36), Alex Fowler (17:49) and Nick Ostler (17:51) rounded out the Eagle's team.

from page 8

On the girls' side the future looks bright with so many juniors doing so well. Juniors Brianna Harmon, Hannah Curran, Genevieve Johnson, Sarah Robinson and Alexandra Griffin, along with seniors Jessica Lee and Maddy Froebe, paced their team. Juniors Brianna Yob, Mariela Gutierrez and Mikyla Pirsztuk all finished in the top 20 to lead their JV team to a third place finish.

Eagle Schedules

Next Tuesday, September 30, the girls' tennis team hosts South Torrance at Rec park at 2:30PM and the boys' water polo team travels to Redondo for a match at 3:15pm. Next Thursday October 2, the girls' volleyball team hosts Beverly Hills in the Ocean League opener for both teams. •



Tyler Villalobos stretches for a touchdown reception during the Eagles 53-16 win over Bishop Montgomery.



Kyle Freeman looks for an opening on his way for a 23-yard touchdown reception.





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