

Lawndale Tribune

AND LAWNDALE NEWS The Weekly Newspaper of Lawndale

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Weekend Forecast

Friday
Sunny
70°/64°



Saturday
Sunny
71°/64°



Sunday
Partly
Cloudy
71°/63°



Spectrum SportsNet LA Hosts Summer Skills Baseball Clinic



Last week, Spectrum SportsNet LA hosted boys and girls from local South Bay communities, in partnership with the Los Angeles Dodgers and the Los Angeles Dodgers Foundation, for a summer skills baseball clinic at Inglewood's Darby Park led by SportsNet LA analysts and former Dodgers Nomar Garciaparra and Jerry Hairston, Jr, analyst and former Dodgers executive Ned Colletti and SportsNet LA studio host John Hartung. Garciaparra, Hairston, Colletti and Hartung instructed the kids on the basic fundamentals of the game, including hitting, throwing, base-running and infielding. Photo Provided by Charter Communications

Iffy Weather Expected for Monday's Solar Eclipse

By Rob McCarthy

South Bay residents should get the first peek of a solar eclipse that hasn't been seen in North America in nearly a century, though they may need to head inland to catch it. The National Weather Service has forecast partly sunny skies and patchy fog along the coast for The Great American Eclipse of 2017, which starts at 9 a.m. Monday and will last about three hours. Solar eclipses aren't rare. However, this celestial event is different.

Solar eclipses happen every 12 to 18 months, but Monday will mark the first time since 1979 that an eclipse will be visible across the entire country. It is a total eclipse, but only along a 70-mile band running from Oregon to South Carolina, according to published reports. Here in the South Bay, the eclipse will be noticeable at 9:05 a.m. and be fullest at 10:21 a.m. when the moon passes between the earth and sun. At its peak, the eclipse will block 70 percent of the sun and create a halo effect across the region. The visible band of sunlight is considered dangerous to look at without protective eyewear. Special solar-viewing glasses are recommended and available at retail stores. Sunglasses do not provide enough eye protection from the eclipse's damaging rays.

As many as 300 million people across North America are getting ready for the eclipse, which will last for two hours and 39 minutes in Southern California. The last time a total eclipse was visible coast to coast was in June 1918, according to information posted at timeanddate.com. Monday's eclipse is worth catching because another one won't happen for another seven years: April 8, 2024. For the

majority of people living in the United States and North America, seeing the full eclipse will require a road trip to a state that falls within a 71-mile band.

Parts of 14 U.S. states will go completely dark on Monday, and the blackout will start on the West Coast in Oregon and move eastward. The blackout of the sun will make landfall in Lincoln City, Oregon and then move eastward through the western states of Idaho and Wyoming. It will pass through the Midwest by way of Nebraska, Kansas, Missouri and Illinois before moving across the South toward South Carolina--the final viewing place for the total eclipse. When the sky goes dark, stars will make a rare daytime appearance, promises the website. Planets also become visible and other features of the sun come into view during a total eclipse.

Looking at any sized eclipse is considered dangerous and should only be done using eclipse glasses or using a pinhole view that can be made at home. Instructions on how to build an eclipse viewer made from card or paper are available at www.timeanddate.com/eclipse/make-pinhole-projector.html. Staring at the sun without eye protection or a pinhole viewer can cause blindness, and consumers are being warned to avoid buying eclipse glasses that don't meet specific safety specifications. Amazon last weekend announced it was recalling solar-protection eyewear that the online retailer sold ahead of Monday's event because of concerns they're fakes.

Glasses considered safe for directly viewing the sun must meet the International Organization for Standardization's standard, according to

American Astronomical Society. The proper eyewear will carry a label that the produce is ISO 12312-2 compliant. However, fakes started turning up on Amazon and the Web and there are concerns that people who bought the protective glasses could be put at risk. The society recommends checking eyewear for the ISO logo and certification and buying from vendors whose products have been laboratory-checked and approved for safety. Eclipse glasses should not allow any light other than the sun's brightness or an intense halogen lightbulb, the society says.

The brands that have been verified as meeting the optic-safety standard for an eclipse are:

American Paper Optics (Eclipser); APM Telescopes (Sunfilter Glasses); Baader Planetarium (AstroSolar Silver/Gold Film); Celestron (EclipSmart Glasses & Viewers); DayStar (Solar Glasses); Explore Scientific (Solar Eclipse Sun Catcher Glasses); Lunt Solar Systems (SUNsafe SUNglasses).

Meade Instruments (EclipseView Glasses & Viewers); Rainbow Symphony (Eclipse Shades); Seymour Solar (Helios Glasses); Thousand Oaks Optical (Silver-Black Polymer & SolarLite); and TSE 17 (Solar Filter Foil).

NASA officials also are concerned about the public viewing the eclipse with inadequate eye protection. Eclipse glasses that are scratched or damaged should be avoided, and people who normally wear eyeglasses should wear them under a pair of solar-filtering glasses, NASA says. More information about Monday's solar event, how to prepare for it and safety recommendations for supervising children are listed at eclipse2017.nasa.gov. •

Community Briefs

South Bay Workforce Investment Board Receives Grant to Serve Homeless Veterans

The South Bay Workforce Investment Board (SBWIB) was awarded a \$97,000 grant from U.S. Vets in Inglewood to provide employment services to homeless veterans throughout the South Bay region. The funding comes from the Homeless Veteran Reintegration Program (HVRP) through the Department of Labor’s Veterans’ Employment and Training Service. The funding obtained will also provide assistance to veterans who were formerly incarcerated or will soon be released and are now seeking employment.

The grant will provide job training, counseling, placement and related employment services to expedite the reintegration of homeless and formerly incarcerated veterans into the labor force. Veterans with families and those who are at risk of homelessness also qualify for services.

The SBWIB will focus on employing many veterans within the construction industry due to the current high demand for job seekers in the South Bay area with numerous major projects taking place; including the Los Angeles Football Stadium and Entertainment District at Hollywood Park. The Inglewood football stadium is projected to provide more than 3,500 on-site jobs during construction and more than 10,000 support jobs by the time it is completed.

For those job seekers that may not fit within the construction sector the SBWIB will place them into another priority industry. SBWIB’s Executive Director, Jan Vogel stated, “Our partnership with U.S. Vets is very important to us and we are honored to be able to receive this funding and help homeless veterans gain meaningful employment.” – *Source: SBWIB*

El Camino College to Present New Student Welcome Day 2017

Incoming El Camino College students are encouraged to attend “New Student Welcome Day” for an introduction to the campus, resources and student life.

The free event will begin with a 7:30 a.m. check-in at Marsee Auditorium on Aug. 23, and will include tours of the campus, introductions to ECC programs and resources, and a chance to purchase textbooks at the El Camino College Bookstore.

Participants at New Student Welcome Day can also attend workshops covering topics such as financial aid, transfer opportunities, student life, campus safety, library resources, transitioning into college and other support programs. Additional workshops will cover ECC’s Honors Transfer Program, resources

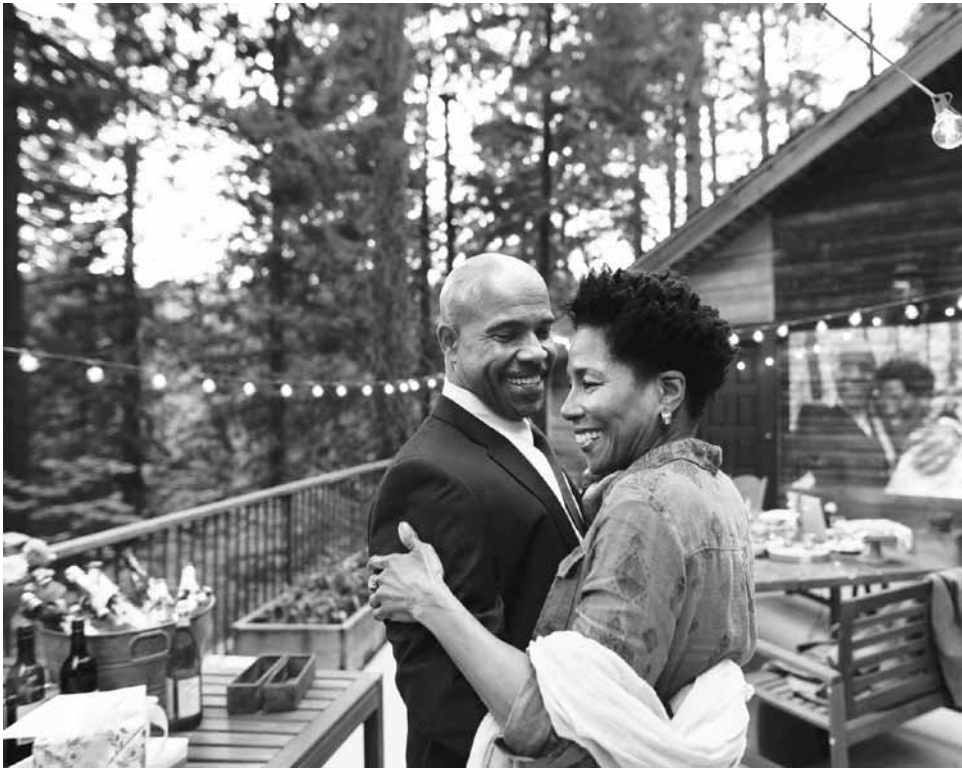
for AB 540 students, and support services for science, technology, engineering and math (STEM) students.

Students at New Student Welcome Day may also complete the required steps to enrollment including orientation, meetings with counselors and creating an educational plan.

Free parking will be available in Lot L, and lunch will be provided. For more information and to RSVP, go to www.elcamino.edu/nswd. To receive updates and reminders about New Student Welcome Day, text @eccwelcome to 81010. Contact the El Camino College Office of Outreach and School Relations at oasr@elcamino.edu or 310-660-3487 with any questions. – *Source: El Camino College* •

Seniors

How To Use Your Home Equity In Retirement



(BPT) - Most of us save and plan for decades to enjoy the period of our life when we no longer need to go into the office and work an eight-hour day for a paycheck.

But even with those decades of hard work, it can be tough to save up enough cash to cover all your costs in retirement. Many soon-to-be-retirees face a shortage between what they saved for retirement and what they actually need to live on.

For homeowners, that may be a problem that’s relatively easy to solve. Tapping into the equity in your home can help you stretch your nest egg quite a bit further.

You can tap the equity in your home with a home equity loan or a home equity line of credit (known as a HELOC). A home equity loan works like most other loans: you agree to borrow a set amount of money, receive a lump sum, and pay that back with interest and in installments each month.

A HELOC works a little differently, because it’s not a loan with pre-determined monthly payments. Instead, it’s a revolving line of credit, similar to a credit card.

The time during which you can use the HELOC is called the draw period. The line of credit revolves during this period, so you can borrow and repay the balance multiple times. The total amount is due back in full with interest at the end of the draw period. Any time you have an amount outstanding, you will make monthly payments.

You can use a HELOC or home equity loan during retirement, but remember that you will need to pay the money back. You should have a plan in place for how to repay the funds - and the interest - before you agree to take a loan

or a line of credit on your home.

The Unison HomeOwner program can unlock up to \$500,000 of your home equity and the money can be used for anything you want - including paying monthly expenses, paying off debt or making home improvements. Because it’s a home ownership investment, not a loan, there are no monthly payments and no interest charges. Learn more at www.unison.com/homeowner.

Unison invests in the home alongside you. In return for the company’s investment in your home, they receive a portion of the future change in the value of your home.

A reverse mortgage can allow homeowners 62 years or older to turn equity in their homes into cash in a way that provides them with the income they need through retirement. You can get your cash in a lump sum or in monthly payments, or in a line of credit.

But it’s important to remember that a reverse mortgage is still a loan that comes with origination fees and interest charges. It requires that you have no other debt on your property, so if you have an existing mortgage loan, you will have to repay that in full from the reverse mortgage proceeds. You will also need to pay the reverse mortgage loan back when you move out of the home, sell it or pass away.

A reverse mortgage can give you income in retirement and whenever the home is sold, the money is used to pay off the loan. However, reverse mortgages can cause a lot of trouble if you’re not careful, and the high fees that you incur when you sell the home can leave you in a worse financial position than if you skipped the reverse mortgage altogether. •

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HERALD PUBLICATIONS

Hawthorne Happenings

Classifieds

News for the City of Good Neighbors from an Old Guy named Norb Huber

40 YEARS IN HAWTHORNE

On August 15th, 1977, a naïve, blond haired, young man from rainy Washington State took the El Segundo Blvd exit off the 405 Freeway and turned south on Inglewood Avenue, took a left on 130th Street, and walked into Trinity Lutheran School to meet his new boss, Principal/Pastor Sherman Korshavn. The young man had never been to SoCal in his life, never lived in a big city, never seen an avocado or been around a palm tree or body surfed in an ocean. He was handed a copy of the Daily Breeze to check on possible apartments for rent and ended up in Moneta Gardens renting a studio for \$275 per month on Cerise Avenue. The “new” Hawthorne Mall had just recently opened with JC Penney, Broadway, and Monkey Wards as anchors. The young guy really didn’t know what he had signed up for other than he would teach a classroom full of multicultural, eighth graders just eight years his junior. He planned on staying in Hawthorne for a short time and seeing where his coaching career would take him. Little did he know that Hawthorne would be his home for the next 40 years. The best thing I did in those 40 years is ask my old lady to marry me. After 38 years of marriage, home ownership, three healthy kids and two grandkids, the young man’s hair has turned white and is looking forward to retirement in the next year. Yes, Hawthorne has been good to me. It has been a good place to raise my family. It has changed over the years. The ocean is still there, the weather is still tough to beat.

LOCAL WOMAN TO REPRESENT HAWTHORNE AT PAGEANT

Lisa G. Aguilar is proudly representing the City of Hawthorne at the Women of Achievement State Pageant on Saturday August 26th at the Queen Mary in Long Beach beginning at 2:30 pm. Tickets are \$25.00 each. Ms. Aguilar has Resolve to Rise as her community platform and is a board member of the organization that works to educate the community on the prevention of sexual abuse. She will continue to strive to make Hawthorne a safer city. A special thank you to Yolanda Dunn the director and founder of Resolve to Rise.

PARKING

Transportation drives our world. We need to get around. We need to get to our place of



work. We need to get to school. We need to go visit our family. Getting from place to place in a reasonable amount of time is what determines a lot of our day and can dramatically affect our lives. In SoCal we most often use the motor vehicle to do the job. Without one we are pretty limited on what jobs we can take and how fast we can get anywhere.

People who lived in Hawthorne in the past loved its close proximity to aerospace jobs, LAX and freeway onramps.

With our weather, loads of people moved here and looked for housing. Large housing units sprung up and Hawthorne became dense. With several adults living at the same address and working, parking became an issue. Our streets were designed for residents to park their one car in the garage or their driveway. (Yes, garages are meant to park your car in. No, they were not initially designed to make into man caves where you sip on your cold ones.) Hawthorne has parking problems. We have too many cars and too little places to park them. Soooooooo, what can we do to remedy the parking situation in Hawthorne? What measures can be taken to help with our ongoing episodes of “parking wars”? Some suggestions have been: one way residential streets which would allow for parking on both sides of the street, diagonal parking places, and neighborhood-wide permit parking which limits each address to three vehicles. What other solutions do you have? The City Council would love to hear from the residents. Come to our City Council meeting next Tuesday, August 22nd at 6 p.m. and express yourself during public comment. You have three minutes to express yourself. You have three minutes to communicate to our leaders an idea, a solution. They are there to listen and they will. The Council knows that we have parking problems; the question is how can we ease the pain? Feel free to send me your ideas, I will pass them on.

HAWTHORNE MUSEUM UPDATE

The Hawthorne Historical Society is working to set up the new Hawthorne Museum. Displays are being worked on. If you would like to help or have items to donate to the Society, please contact HHS president Danny Juarez at 310-643-6139. They could use your help. The new museum is located at 14100 Prairie Avenue, at the South end of Jim Thorpe Park and just North of the American Legion. •

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday’s paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser’s claims are true nor does it take responsibility for those claims.

APARTMENT FOR LEASE

1 Bed/1 Bath; Laundry on-site; 1 car enclosed garage; \$1795/month – Contact 310-647-1635

CONDO FOR LEASE

2 Bed/2 Bath; Beautiful and bright south-facing, top floor unit; Master suite with walk-in closet; Laundry hook-ups; \$2995/month – Contact 310-647-1635

FOR RENT

Coming Soon! Duplex, 2 bedroom 1 bath w/garage. W Maple \$2500 Large family home-4 bedroom 2 1/2 bath. W Acacia \$4200 Duplex, 3 bedroom 2 1/2 bath w/2 car garage. Eucalyptus \$3800 S&L Property Mgmt 310-350-4096 Sheri Skulick

FOR RENT

Very small 1 bed house. Suitable for 1 person. Off st parking. Small

storage. Utilities paid. Unfurnished. Private patio. Washer/Dryer. \$1,350. Call 424 456 7688.

GARAGE SALE

Sat. 8-2 p.m. 744 Sheldon St., El Segundo. Airsoft PS/4 Xbox Gamcub Gamboy Foosbal Socr

HOUSE FOR LEASE

2Bed/1Bath with large yard; \$2995/month – Contact 310-647-1635

HOUSE FOR RENT

4BD/3BA - 2 story house, 2 car garage, fenced yard, all hardwood floor. Remodeled kitchen, new paint, sound proof system. walk to beach. \$4,000/month. 310-663-9898

PRIVATE OFFICE FOR LEASE

455 Main St. – All utilities included; \$1195/month – Contact Ron 310-259-1200

ROOM WANTED

Single male seeking room to rent. Six month minimum prefer El Segundo area. References. Contact Michael Hubbard. 702-203-2135.

RUMMAGE SALE

St. Antonys Church Rummage Sale. Saturday, August 19, from 8-5:00p.m.; Sunday, August 20, 8-3:00p.m. at O’Grady Hall 220 Sierra St., El Segundo.. Collectables, electronics, etc.

TOWNHOUSE FOR LEASE

3 Bed/2 ½ Bath; 2 Car Garage; Available August 18th; \$4500/month – Contact 310-647-1635

To appear in next week’s paper, submit your Classified Ad by Noon on Tuesday.

Finance

Increase Comfort And Lower Energy Bills For The Warmer Months



(BPT) - As the warm weather creeps in and the country heats up, now is the time for homeowners to make sure they’re doing their part to help increase comfort and reduce energy bills.

From the exterior to the interior, the consideration of a few simple tips could mean the difference between a summer that’s hot and expensive and a season that’s comfortable and won’t break the bank.

A real “pane” - Use windows to your advantage. Turn off the HVAC if you’re in a climate that cools off at night and open a window. When morning comes, shut the window, and lower the blinds to capture cool air.

Seal it up - Keep the cool in and the hot out. Homeowners are encouraged to take a walk around their home and look for cracks and openings that could let hot air in. Seal up those areas with caulk or weather stripping to increase efficiencies inside.

Plant some trees - According to the Arbor Day Foundation, large deciduous trees (maple, oak, elm, birch) planted on the east, west and

northwest sides of a house not only provide cooling shade, but also can reduce summer air conditioning costs by up to 35 percent.

Insulate for the win - According to a recent survey, 46 million homes in the U.S. lack proper insulation. That translates to higher energy bills and uncomfortable residents. CertainTeed, a leader in insulation, has just the thing for homeowners with their new Insulation Selector Tool. The Insulation Selector Tool works by recommending a personalized selection of insulation solutions based on climate data, budget and the homeowner’s specific needs for their home and family. The tool considers a wide range of variables that impact comfort, including creating consistent indoor temperatures, helping reduce family allergies, moisture and mold, and providing noise control.

CertainTeed offers insulation, drywall, siding, roofing, decking, railing, exterior trim and fence product lines, all proudly made in the U.S.A. For additional home improvement ideas, building solutions and inspiration, visit www.certainteed.com. •

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THANK YOU TO ALL OF OUR ADVERTISERS!
— HERALD PUBLICATIONS

A black and white photograph of a small, striped kitten lying down. The kitten is looking up with wide, curious eyes, and its front paws are raised near its face. The kitten has distinct dark stripes on its light-colored fur. The background is a plain, light-colored surface.

Tequila

Tequila is quite the little character--he is spunky, funny and opinionated. His favorite three things are to eat, nap and play, exactly in that order. He is quite vocal when it comes to meal time because he loves wet food. It's a good thing his fast metabolism allows him to easily retain his boyish figure and good looks. In fact, Tequila is going to be on the petite side when he is fully grown. This independent little guy appreciates a good head rub, but he is not that fond of being held for longer than a minute or two. He would rather curl up next to you or sit on your lap while being petted. If you're looking for a playful kitty that has an entertaining, quirky little personality, Tequila is your guy. He is young enough to adapt to a household with cat-friendly dogs and other cats in the home.

Sam has the cutest face, with little tufts of white in his ears. His favorite time of day is feeding time, and boy does he let his foster mom know it! He herds her towards the food in the morning and again at night. When the treat bag comes out, he's beside himself with joy. He takes a minute to warm up to you--but when he does, Sam wants nothing more than to play. Feather toys are his favorite, followed by hugs and grooming from him. Because he's young and likes to

Arya is tiny, but mighty...and does not live up to the stereotype of tortie-tude. She is super-sweet! Arya is quite fearless, being the first to check things out, jump from great heights and play a serious game of tug-of-war with her feather toy. Arya also loves to be held and has fallen asleep in her foster mom and foster dad's arms many times. This young girl would love a feline playmate and feline friend who could be one of her siblings (Sam, Aemon, Theon or Yara) or another playful kitty.

Rudy is a sweet, affectionate and very playful kitty who was kicked out of his house by his 19-year-old owner because she thought he would be happier as “wild animal.” Rudy wandered the streets for over



Arya



Bongo

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations.



Sam

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location. •



Marshmallow



Rudy

How to Control the Problem of Small Dog Syndrome

By Dr. Greg Perrault

Mark Twain famously said, “It’s not the size of the dog in the fight, it’s the size of the fight in the dog.” If you own a small dog, you may have observed this phenomenon. Why do small dogs seem to want to pick fights with much larger dogs? Why do they act like a Great Dane packed into a five-pound body? Why are they so yappy and bossy? There is even a name for this behavior and it’s called Small Dog Syndrome or SDS. There are theories on why SDS occurs, but many behaviorists and trainers believe it’s the fault of their owners. After researching SDS for this article and being an owner of a small dog, I can say I may be guilty of doing some of these things.

The main reason for SDS appears to be allowing a smaller dog to behave in ways we would not tolerate from a large dog. The “traits” that we give little dogs may actually be learned behavior and not in their genes. The dominant behavior of little dogs is seen as cute rather than threatening and they often are allowed to run up to people or bark at them, for instance. Little dogs may pull on the leash when walking because they are too small to really knock you down. But allowing these behaviors may embolden them and reinforce their dominant behaviors.

Behaviorists advise using positive reinforcement training with treats and praise. Getting down to the little dog’s level when giving instruction may be helpful. Teaching tricks such as paw shakes for treats can be a fun way to reinforce discipline. Ask your veterinarian to refer you to a trainer or behaviorist to help with difficult cases.

Avoiding SDS in your little dog may also save his life.

When little dogs encounter larger dogs on a walk, SDS can lead to a lopsided and brief battle that usually does not favor the little dog. Serious injury, or in some cases death,

can happen in a blink of an eye.

One way to avoid conflicts is by staying alert and keeping your dog under a short leash and voice control at all times. You can take the additional step of not allowing your dog to look or sniff at another dog.

Teaching a dog early on that he can’t visit with every other dog he meets is one good way owners can prevent leash aggression. Teach the dog not to pull on the leash, and to sit and wait for permission before greeting another dog. Basic obedience training can help prevent fights.

Along with leashing and good training, owners can avoid conflicts by keeping their pets from roaming, neutering young dogs before six months of age, and socializing their dogs during the critical puppyhood stage between six to eight weeks of age.

Even if you follow all the rules, many fights occur with little warning. Watch for these behavioral cues to see if a fight is imminent:

- A hard, unwavering, targeted stare
- Dominance posturing, such as mounting
- Stiff body movements
- Extreme body language: the tail held stiffly up or down, lips pulled tight against the teeth

Dogfights can occur between any dogs, not just little dogs with SDS. We are a very dog-friendly city and we like to take our dogs with us to enjoy the great Southern California weather. We all love our dogs big or small. Let’s keep them as safe and healthy as we can. – Dr. Greg Perrault owns and operates Cats & Dogs Animal Hospital in Long Beach. •

Be kind. Save a life,
Support animal rescue.

Looking Up

NASA Recommends These Safety Tips for Viewing the August 21 Solar Eclipse

Based on Press Release from NASA, Provided by Bob Eklund

More than 300 million people in the United States potentially could directly view the August 21 total solar eclipse, and NASA wants everyone who will witness this celestial phenomenon to do so safely.

That Monday, a partial eclipse will be visible in every state. A total solar eclipse, which is when the Moon completely covers the Sun, will occur across 14 states in the continental U.S. along a 70-mile-wide swath of the country.

It’s common sense not to stare directly at the Sun with your naked eyes or risk damaging your vision, and that advice holds true for a partially eclipsed Sun. But, only with special-purpose solar filters, such as eclipse glasses or a handheld solar viewer, you can safely look directly at the Sun.

NASA recommends that people who plan to view the eclipse should check the safety authenticity of viewing glasses to ensure they meet basic proper safety viewing standards.

Eclipse viewing glasses and handheld solar viewers should meet all the following criteria:

- Have certification information with a designated ISO 12312-2 international standard
- Have the manufacturer’s name and address printed somewhere on the product
- Not be used if they are older than three years, or have scratched or wrinkled lenses
- Not use homemade filters
- Ordinary sunglasses – even very dark ones – should not be used as a replacement for eclipse viewing glasses or handheld solar viewers.

“While NASA isn’t trying to be the eclipse safety glasses ‘police,’ it’s our duty to inform the public about safe ways to view what should be a spectacular sky show for the entire continental United States,” said Alex Young, associate director for science in the

Heliophysics Science Division at NASA’s Goddard Space Flight Center in Greenbelt, Maryland. “It’s important that individuals take the responsibility to check they have the proper solar eclipse viewing glasses.”

An alternative method for safe viewing of the partially-eclipsed Sun is with a pinhole projector. With this method, sunlight streams through a small hole—such as a pencil hole in a piece of paper, or even the space between your fingers -- onto a makeshift screen, such as a piece of paper or the ground. It’s important to only watch the screen, not the Sun. Never look at the Sun through the pinhole—it is not safe.

NASA has coordinated with medical and science professionals to provide additional safety information: <https://eclipse2017.nasa.gov/safety>

More than 6,800 libraries across the U.S. are distributing safety-certified glasses. Many are working with scientists to hold viewing events and activities before and during the eclipse. Listing of participating libraries: <https://www.starnetlibraries.org/2017eclipse>

NASA Television is offering a special live program, “Eclipse Across America: Through the Eyes of NASA” with real-time coverage of the event from coast to coast. The nearly four-hour program will include unprecedented images of the August 21 eclipse from numerous spacecraft (including the International Space Station), high-altitude aircraft and balloons, and ground observations. Each will offer a unique vantage point for the eclipse. Additionally, the broadcast will include live coverage of activities in parks, libraries, stadiums, festivals and museums across the nation, and on social media. Watch the Aug. 21 NASA TV eclipse broadcast online and access interactive web content and views of the eclipse at <https://www.nasa.gov/eclipselive> •

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COMMUNITIES COUNT

Police Reports

MONDAY, JULY 31
TO SUNDAY, AUGUST 6

Robberies

12600 S HAWTHORNE BL. GROCERY, SMALL STORE. Crime Occurred: Mon 07/31/17 14:35.

4600 W EL SEGUNDO BL. CONVENIENCE STORE. Crime Occurred: Tue 08/01/17 16:35

3200 W ROSECRANS AV. OTHER. Crime Occurred: Wed 08/02/17 15:00. Property Taken: Gold necklace, gold cross attached to chain.

2700 W 120TH ST. WELDING SHOP, SCHOOL SHOPPING CENTER. Crime Occurred: Sun 08/06/17 11:00. Property

Taken: approximately 22 items of clothing.

Burglaries

4000 W 130TH ST. Crime Occurred: CAD: Mon 07/31 00:09--No R MS Ent.

11500 S HAWTHORNE BL. BAKERY, DELICATESSEN, Crime Occurred: Mon 07/31/17 03:36. Property Taken: Cash registers w/money unknown denomination. Method of Entry: Smashed.

4900 W 147TH ST. WAREHOUSE. Crime Occurred: Sun 07/30/17 15:00 to Mon 07/31/17 07:00. Property Taken: Copper wire from electrical boxes .Method of Entry: Pried.

4800 W ROSECRANS AV. Crime Occurred: CAD: Thu 08/03 11:26--No R MS Ent.

4100 W 141ST ST. Crime Occurred: CAD: Fri 08/04 13:38--No RM S Ent.

3700 W 139TH ST. Crime Occurred: CAD: Sat 08/05 01:00--No R MS Ent.

13700 S KORNBLUM AV APARTMENT COMMON AREAS (LNDRY,CLB HSE,ETC). Crime Occurred: Sat 08/05/17 04:39 to Sat 08/05/17 04:53. Method of Entry: Pried. POE: Single swing door. Entry Loc: Front.

13700 S KORNBLUM AV. Crime Occurred: CAD: Sat 08/05 07:44--No R MS Ent. Property Taken: Red Nike Roche shoes, gray/yellow/orange Kobes, black/white Nikes, Herbalife supplements, moccasin sandals. •

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PUBLIC NOTICES

NOTICE OF PETITION TO
ADMINISTER ESTATE OF:
ARLINGTON BANKS
CASE NO. 17STPB06478

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ARLINGTON BANKS.

A PETITION FOR PROBATE has been filed by FRIEDA WILLIAMS in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that FRIEDA WILLIAMS be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 08/22/17 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
GRETCHEN E. WETTIG, ESQ.

WETTIG LAW FIRM
1808 SIXTH STREET
BERKELEY CA 94710

8/3, 8/10, 8/17/17
CNS-3035557#

Hawthorne Press Tribune Pub. 8/3, 8/10, 8/17/17

HH-25683

NOTICE OF PETITION TO
ADMINISTER ESTATE OF:
DEBORAH HELEN HERRIES AKA
DEBRA HELEN HERRIES
CASE NO. 17STPB05046

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of DEBORAH HELEN HERRIES AKA DEBRA HELEN HERRIES.

A PETITION FOR PROBATE has been filed by DONNA WORRELL in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that SHEILA M. KREINBERG be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 9/18/17 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
SIBYLLE GREBE

LORENZO C. STOLLER
CONOVER & GREBE, LLP
3424 W CARSON ST #320

TORRANCE CA 90503
8/10, 8/17, 8/24/17
CNS-3037958#

LAWNDAL E NEWS
Lawndale Tribune Pub. 8/10, 8/17, 8/24/17

HL-25686

Order to Show Cause
for Change of Name
Case No. YS029893

Superior Court of California, County of LOS ANGELES

Petition of: HINEKURA MERE HATATA TE HAPUKINO for Change of Name
TO ALL INTERESTED PERSONS:

Petitioner HINEKURA MERE HATATA TE HAPUKINO filed a petition with this court for a decree changing names as follows:
HINEKURA MERE HATATA TE HAPUKINO to MARINA SEREIA LUTEAL SEBASTIANO

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

Notice of Hearing:
Date: 9/1/17, Time: 8:30 AM, Dept.: M.

The address of the court is :
825 MAPLE AVENUE

TORRANCE, CA 90503

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: LAWNDAL E TRIBUNE
Date: MAY 1, 2017

ERIC C. TAYLOR
Judge of the Superior Court

Lawndale Tribune Pub. 7/27, 8/3, 8/10, 8/17/17
HL-25681

PUBLIC NOTICE

Mobilite, LLC is proposing to construct a 44-foot telecommunications tower at 13703 Cordary Ave, Hawthorne, Los Angeles County, CA 90250 (33 54 27.13 N / 118 20 30.39 W). The tower is anticipated to have no lights. Interested persons may review the application for this project at www.fcc.gov/asr/applications and entering Antenna Structure Registration (ASR) Form 854 File Number "A1085906" and may raise environmental concerns about the project by filing a Request for Environmental Review with the Federal Communications Commission. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest. Parties wishing to submit the request by mail may do so by addressing the request to: FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. Hawthorne Press Tribune Pub. 8/17/17

HH-25694

PUBLIC NOTICE

Mobilite, LLC is proposing to construct a 44-foot telecommunications tower at 3747-3749 139th St, Hawthorne, Los Angeles County, CA 90250 (33 54 20.192 N / 118 20 20.641 W). The tower is anticipated to have no lights. Interested persons may review the application for this project at www.fcc.gov/asr/applications and entering Antenna Structure Registration (ASR) Form 854 File Number "A1085907" and may raise environmental concerns about the project by filing a Request for Environmental Review with the Federal Communications Commission. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest. Parties wishing to submit the request by mail may do so by addressing the request to: FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. Hawthorne Press Tribune Pub. 8/17/17

HH-25695

PUBLIC NOTICE

Mobilite, LLC is proposing to construct a 34-foot telecommunications tower at 4001-4015 W 134th St, Hawthorne, Los Angeles County, CA 90250 (33 54 38.851 N / 118 20 38.944 W). The tower is anticipated to have no lights. Interested persons may review the application for this project at www.fcc.gov/asr/applications and entering Antenna Structure Registration (ASR) Form 854 File Number "A1085908" and may raise environmental concerns about the project by filing a Request for Environmental Review with the Federal Communications Commission. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest. Parties wishing to submit the request by mail may do so by addressing the request to: FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. Hawthorne Press Tribune Pub. 8/17/17

HH-25696

PUBLIC NOTICE

Mobilite LLC is proposing to construct a 44-foot utility pole telecommunications tower at 12906-12914 Doty Avenue, Hawthorne, Los Angeles County, CA 90250 (33 54 54.7 N / 118 20 22 W). The tower is anticipated to have no lights. Interested persons may review the application for this project at www.fcc.gov/asr/applications and entering Antenna Structure Registration (ASR) Form 854 File Number "A1085221" and may raise environmental concerns about the project by filing a Request for Environmental Review with the Federal Communications Commission. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest. Parties wishing to submit the request by mail may do so by addressing the request to: FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. Hawthorne Press Tribune Pub. 8/17/17

HH-25698

PUBLIC NOTICE

Mobilite LLC is proposing to construct a 34-foot utility pole telecommunications tower at 4601-4605 W 120th Street, Hawthorne, Los Angeles County, CA 90250 (33 55 25.5 N / 118 21 25.5 W). The tower is anticipated to have no lights. Interested persons may review the application for this project at www.fcc.gov/asr/applications and entering Antenna Structure Registration (ASR) Form 854 File Number "A1085231" and may raise environmental concerns about the project by filing a Request for Environmental Review with the Federal Communications Commission. Requests for Environmental Review must be filed within 30 days of the date that notice of the project is published on the FCC's website. The FCC strongly encourages interested parties to file Requests for Environmental Review online at www.fcc.gov/asr/environmentalrequest. Parties wishing to submit the request by mail may do so by addressing the request to: FCC Requests for Environmental Review, Attn: Ramon Williams, 445 12th Street SW, Washington, DC 20554. Hawthorne Press Tribune Pub. 8/17/17

HH-25699

NOTICE OF PETITION TO ADMINISTER
ESTATE OF:
ANGELINA MARIE ALEX
CASE NO. 17STPB06982

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ANGELINA MARIE ALEX.

A PETITION FOR PROBATE has been filed by BERNARD C. ALEX, SR. in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that BERNARD C. ALEX, SR. be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 09/05/17 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the

court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
DAVID S. CHON - SBN 238274

THE LEGACY LAWYERS, PROFESSIONAL CORPORATION
10221 SLATER AVENUE, SUITE 106
FOUNTAIN VALLEY CA 92708

8/17, 8/24, 8/31/17
CNS-3041298#

Hawthorne Press Tribune Pub. 8/17, 8/24, 8/31/17

HH-25697

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 00000006765796 Title Order No.: 730-1704365-70 FHA/VA/PM No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 02/01/2012, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 02/09/2012 as Instrument No. 20120226862 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA, EXECUTED BY: RICHARD D CORONADO, A MARRIED PERSON, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/ CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States), DATE OF SALE: 09/28/2017, TIME OF SALE: 9:00AM, PLACE OF SALE: DOUBLETREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650. STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 14806-0 OSAGE AVE, LAWNDAL E, CALIFORNIA 90260. APN#: 4077-017-012. The undersigned Trustee disclaims any liability for any incorrectness of the street address and

other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$383,303.40. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these

resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 00000006765796. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL AUCTION.COM, LLC 800-280-2832 www.auction.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 08/10/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-46296108/17/2017, 08/24/2017, 08/31/2017

Lawndale Tribune Pub. 8/17, 8/24, 8/31/17
HL-25693

Mini Quiches with Chives, Shallots and Turkey Bacon



Ingredients

- 8 Eggland's Best Eggs (large)
- 12 oz. turkey bacon, chopped
- 1 small onion, minced
- 1 shallot, minced
- 1 teaspoon garlic, minced
- 1/4 cup fresh chives, minced
- Small handful of parsley, roughly chopped
- 1 teaspoon Italian seasonings
- Pinch of smoked paprika
- 1/2 teaspoon salt
- 2/3 cups fresh Parmesan cheese

Preparation

1. Preheat the oven to 350 degrees F. Lightly grease a mini muffin tin with cooking spray and place it on a cooking sheet. Doing this will make it easier to transport in and out of the oven.
2. In a large skillet, add in the turkey bacon and cook on medium-high heat. After a few minutes, add the onion, shallot and garlic and cook down for a few more minutes. Lastly, add the chives, parsley and Italian seasoning and cook mixture until the turkey bacon is cooked through. Remove mixture from heat and set aside until needed.
3. In a 4-cup liquid measuring cup, add in the eggs and take a fork to whisk until evenly beaten. Add the paprika and salt and whisk to combine.
4. Place a thin layer of Parmesan cheese into each individual muffin tin. Take one teaspoon of the bacon mixture and add it to each tin. Carefully pour enough of the egg mixture into each muffin tin, just until it covers the filling mixture. Sprinkle with some more Parmesan cheese.
5. Bake quiches for 16-18 minutes or until the eggs have fully set. Allow to cool slightly before taking a butter knife to release them from the pan. Serve immediately or let quiches cool completely, cover with plastic wrap, and store in the fridge.

To reheat, place them on a baking sheet in a 375-degree oven for 5-7 minutes, or until heated through.

– Source: Eggland's Best •

Sports

Do Los Angeles Chargers Have What it Takes to Win?

By Adam Serrao

The NFL season is right around the corner... and more than anything, football fans in L.A. will have to get used to saying the Los Angeles Chargers now instead of still referring to the team with the old prefix of San Diego attached to the moniker. Like with all things, getting used to that change will simply take time. Time, however, is something that the Chargers don't have much of if the team is looking to adapt to its new home in L.A. sooner, rather than later, and steal a ton of fans in the process. There is no doubting the fact that the Chargers have talent on their team and throughout their roster. Can this year's Chargers team put that talent together to win the AFC West and make it into this year's playoffs, though?

The Chargers will open up the 2017 regular season and play their first game as a Los Angeles football team this September 11 when they travel to Denver to take on the Broncos at Sports Authority Field. For the Chargers, this season isn't so much about the opponents on the schedule, but more about depth on their roster. As anyone who has ever played fantasy football knows, injuries are as much a part of football as chocolate chips are a part of your grandma's cookies. Charger fans were eating a lot of chocolate chip cookies baked by their grandmas last season. It's not if, but when injuries will occur in the NFL. The Chargers have been seemingly snake-bitten in recent years when it has come to that topic, so this year will be about avoiding injuries that have the potential to overturn an otherwise very deep roster.

"I know we can compete," Chargers General Manager Tom Telesco said of his 2017 team. "We have some really good core players here. I like what I've seen from the coaching staff so far. Obviously we haven't stepped on the field yet, so we're going to find out real soon where we are. You don't really know." One thing that Charger fans do know before their team has taken the field is that they have already lost their second round pick of this year's draft, Forrest Lamp, to a torn ACL and their first round pick, Mike Williams, remains sidelined for what could be an extended period of time with a lower back disc hernia. Not a

good way to start things off for a team that just last year lost its best wide receiver, one of its best cornerbacks, two running backs and a slew of other players to injury in what turned out to be a very disappointing season.

Despite the team's early rookie injuries, the Chargers will be looking to turn things around this year beginning with a move away from an old and rundown football stadium at Qualcomm in San Diego into a fairly newer, yet very small soccer stadium in Los Angeles. The 27,000-seat StubHub Center should provide the perfect atmosphere for Charger fans to get an up close and personal look at their new team during home games throughout the year's schedule. Though a team's schedule isn't everything, the Chargers will face the third toughest schedule in the NFL in 2017, based on opponents' records from last year.

Eight of the teams that the Chargers will face in 2017 had a record of .500 or better in 2016. L.A. will face opponents that combined last season for a .568 winning percentage, which at first sounds daunting, but fret not--there are a few saving graces. Three of the team's first four games of the year will be at their temporary new home, the StubHub Center. Also, the only other two teams in the league that will face a tougher overall schedule than the Chargers also reside in the AFC West. The Broncos have the hardest schedule in the NFL, while Kansas City comes in with the second toughest. The Chargers' only other opponent from within their division, the Oakland Raiders, ranks fourth in strength of schedule, just behind Los Angeles. If the Chargers have to face a horrifying schedule, at least all of their rivals will too.

Every NFL season stands alone, so strength of schedule may not mean much once the 2017 football year comes to an end. No matter who their opponents happen to be though, the Chargers are hungry to finally prove to their fans that they have the talent on their roster to get out of the gutter of the AFC West--a place where they have been relinquished to in recent years. "I think our guys are hungry," Telesco continued. "They should be. The guys that have been here three, four or five years--they won five games last year, four games the year

before. You want to show people you're better than that. I think they have that attitude." That means it's up to players like quarterback Phillip Rivers, running back Melvin Gordon, receiver Keenan Allen, and a revamped offensive line to make a change in this year's Chargers team, once and for all.

With less than a month until kickoff, the Chargers are getting ready to prove to fans across Los Angeles that they are the team to

beat in the NFL and the team to root for in the city. Barring more unforeseen injuries biting the team like last year, the Chargers have the talent on their roster to not only compete for an AFC West championship, but to also make a strong playoff run. What might be even more important this year, though, is that with success also comes ownership of one of the biggest football markets in the entire world.

– *Asixlion@earthlink.net* •

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