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Weekend Forecast

Friday,  
October 6  
Sunny  
74°/61°



Saturday,  
October 7  
Sunny  
78°/61°



Sunday,  
October 8  
Partly Cloudy  
74°/62°



Library Holds Historic Remembrance



To honor Veteran's Day the Manhattan Beach Library is showing an overview of a part of World War II. More information is below. Shown: A torpedoed Japanese destroyer Yamakaze sinking on June, 25, 1942. Provided by Manhattan Beach Library.

Drivers Flunk at Safety Around Area Schools

By Rob McCarthy

South Bay schools rank dangerously low in traffic safety because of distracted driving and parents’ refusal to use designated drop-off zones, according to a data-analytics firm recently featured on the CBS Evening News.

San Francisco-based Zendrive gave the majority of South Bay campuses a “D” in its “School Safety Snapshot,” which the company released as students and teachers headed back to school in August. Zendrive compiled data taken from phone apps of drivers using roads near public and private schools in South Bay and Los Angeles County, and gave each campus a letter grade ranging from “A” to “F.” Cell phone use by drivers, hard stops and quick acceleration in the vicinity of a campus resulted in a lower grade on the Zendrive scale.

“The roads around your kid’s school aren’t as safe as you think,” the Zendrive project team said after studying driver performance data around 1,768 schools in Los Angeles County.

Three schools in Inglewood received a “C minus”—the highest grade given to any South Bay campus. ICEF Inglewood Middle and Elementary Charter academies topped the list of local schools, along with Inglewood Christian School. St. Bernard in Westchester also got a “C minus” and each school benefited from nearby drivers not using cell phones while behind the wheel, according to Zendrive.

Zendrive says it embarked on the project to protect children while making drivers aware of the consequences of not paying attention to the road. “As kids are increasingly getting to school on foot, bike, and bus, it’s on us to take responsibility for their safety when driving near schools,” it said.

The dangers of striking a pedestrian or being involved in a crash are higher in the

2-to-5 p.m. drive time, Zendrive reported. Being on the road between 4 and 5 p.m. carries the highest risk. Another pair of sobering statistics: crashes are the leading causing of death for U.S. teens and schools in urban areas are most dangerous.

Cell phone use while driving increases the chance of a crash by 20 times, according to the survey. While driver behavior was responsible for the low marks throughout the South Bay, populated metro areas were routinely downgraded in the survey results because of higher traffic. The Zendrive project team awarded one California school in rural Siskiyou County its top-safety rating. Bessie Carmichael Schools in San Francisco was named among the most dangerous in America because of distraction and disregard for school zone safety.

Not every school was included on Zendrive’s report due to insufficient data, though the company promises to update the school safety snapshot as more data becomes available.

The South Bay schools and districts that made the grade on Zendrive’s back-to-school snapshot were:

El Segundo: D- for El Segundo High School, Arena High School, El Segundo Middle School and El Segundo Unified School District offices. The bright spot: low cell phone use around them.

Hawthorne: D for Lawndale High School, with high cell phone use. D for Leuzinger High School with moderate cell phone use. D- for Centinela Valley High School with moderate cell phone activity.

Inglewood: D- at Inglewood High School, low cel -phone activity; D+ for Animo Inglewood Charter High School, moderate cell phones; C- with low cell phone activity at ICEF Inglewood Middle and Elementary Charters, and Inglewood Christian School. D at Inglewood Continuation High School with low cell phones. D for Hillcrest High School, also minimal cell phone usage.

**See Driver Safety, page 4**

“Silent Running: The Submarine War Against Japan” at Manhattan Beach Library

In honor of upcoming Veterans Day, come to the Manhattan Beach Library on Monday, October 30th, 2017 at 6:00 PM for “Silent Running: The Submarine War Against Japan,” a brief historical overview of an exciting but often overlooked part of World War II.

In this program, Manhattan Beach resident and amateur historian Rick Farrell, himself the son of a WWII submarine commander, will lead a talk and Q&A about the United States’ submarine campaign against Japanese shipping and the Imperial Japanese Navy during

the Pacific War. Following that will be the screening of rare footage, taken by actual submarine commanders, of a sub task force operating in the Sea of Japan in 1945.

This event is free and registration is not required.

Manhattan Beach Library is part of the County of Los Angeles Public Library, and is located at 1320 Highland Ave., Manhattan Beach, CA 90266. For more information, please call 310545-8595 or visit the library’s website at colapublib.org •



Seniors

Hey Guys, is Your Good Health a Perception or Reality?



(BPT) - When it comes to health, perception is not always reality. This is especially true when considering how men care for themselves when faced with a health condition. In fact, while most men would say they are more focused on their health than they have been in the past, physicians report a different truth. This difference is especially concerning when it comes to treating chronic conditions, because failure to follow treatment regimens may lead to bigger health problems in the future.

Missed appointments and opportunities According to research from the American Academy of Family Physicians, which surveyed its member physicians, one in five doctors said up to half of their male patients failed to fill a prescription. In addition, one in three doctors said that up to half of their male patients did not take a prescription as directed. Four in ten reported that up to half of their male patients failed to follow up with a regular routine test when ordered for their condition.

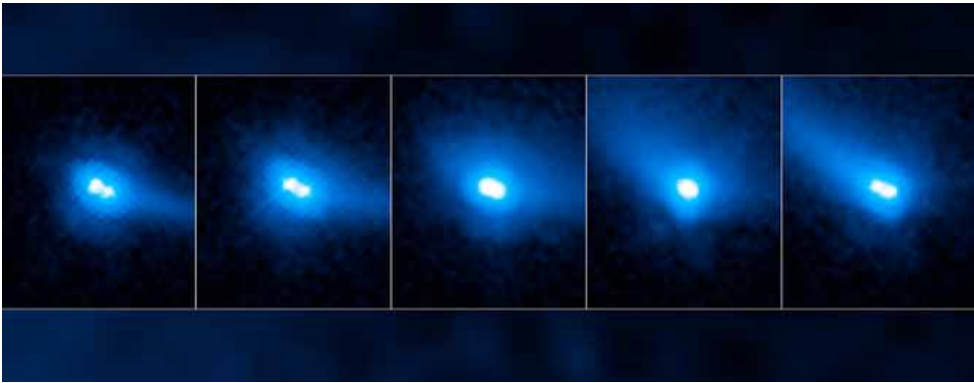
In addition, nearly a quarter of surveyed doctors said up to half of their male patients failed to show up for planned follow-up visits. These missed opportunities come at a time when chronic conditions among men continue to rise. According to the National Ambulatory Medical Survey, diagnoses of three common, yet potentially severe, conditions all have increased year over year. The data shows that cases of high blood pressure

(4 percent increase), high cholesterol (5 percent) and diabetes (2 percent) have all seen notable increases. “People may not take these conditions seriously because they don’t have any noticeable symptoms, and that’s a big mistake,” says John Meigs, Jr., MD, president of the AAFP. “High blood pressure and high cholesterol have been called ‘silent killers’ for a reason. If they aren’t controlled, they can lead to heart attack, stroke or kidney disease. In addition to these complications, uncontrolled diabetes also can cause blindness, nerve damage and loss of limbs.

“So it’s vital that men see their doctors, get preventive care and follow instructions for any chronic diseases they may have.” Finding solutions for ongoing care Fortunately, taking a more proactive approach to health care is easier than most men think. A visit to your family physician is the first step toward taking charge of your health and identifying any health issues. Your family physician will help you learn about any chronic conditions you might have and how to treat them. For health information that is easy to understand, visit familydoctor.org. You’ll find a men’s guide to preventive health care, and information about healthy diets and weight control. Follow the advice provided here, as well as your doctor’s recommendations, and you’ll turn your goal for good health from simple perception into reality. •

Looking Up

Comet or Asteroid? Hubble Discovers that a Unique Object is a Binary



Press Release from Space Telescope Science Institute, Provided by Bob Eklund

NASA’s Hubble Space Telescope helped an international team of astronomers find that an unusual object in the asteroid belt is, in fact, two asteroids orbiting each other that have comet-like features. These include a bright halo of material, called a coma, and a long tail of dust. Hubble was used to image the asteroid, designated 300163 (2006 VW139), in September 2016 just before the asteroid made its closest approach to the Sun. Hubble’s crisp images revealed that it was actually not one, but two asteroids of almost the same mass and size, orbiting each other at a distance of 60 miles.

Asteroid 300163 (2006 VW139) was discovered by Spacewatch in November 2006 and then the possible cometary activity was seen in November 2011 by Pan-STARRS. Both Spacewatch and Pan-STARRS are asteroid survey projects of NASA’s Near Earth Object Observations Program. After the Pan-STARRS observations it was also given a comet designation of 288P. This makes the object the first known binary asteroid that is also classified as a main-belt comet.

The more recent Hubble observations revealed ongoing activity in the binary system. “We detected strong indications for the sublimation of water ice due to the increased solar heating — similar to how the tail of a comet is created,” explained team leader Jessica Agarwal of the Max Planck Institute for Solar System Research, Germany.

The combined features of the binary

asteroid—wide separation, near-equal component size, high eccentricity orbit, and comet-like activity—also make it unique among the few known binary asteroids that have a wide separation. Understanding its origin and evolution may provide new insights into the early days of the solar system. Main-belt comets may help to answer how water came to a bone-dry Earth billions of years ago.

The team estimates that 2006 VW139/288P has existed as a binary system only for about 5,000 years. The most probable formation scenario is a breakup due to fast rotation. After that, the two fragments may have been moved further apart by the effects of ice sublimation, which would give a tiny push to an asteroid in one direction as water molecules are ejected in the other direction.

The fact that 2006 VW139/288P is so different from all other known binary asteroids raises some questions about how common such systems are in the asteroid belt. “We need more theoretical and observational work, as well as more objects similar to this object, to find an answer to this question,” concluded Agarwal.

The research is presented in a paper, to be published in the journal Nature this week.

The Hubble Space Telescope is a project of international cooperation between NASA and ESA (European Space Agency). NASA’s Goddard Space Flight Center in Greenbelt, Maryland, manages the telescope. The Space Telescope Science Institute (STScI) in Baltimore, Maryland, conducts Hubble science operations. STScI is operated for NASA by the Association of Universities for Research in Astronomy, Inc., in Washington, D.C. •



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# Sports

## The Magic Runs out for Sam Darnold, USC Trojans

By Adam Serrao

The projected number one quarterback in next year's NFL Draft finally had his (and his team's) magic run out last Friday night in Pullman when the fifth-ranked USC Trojans took on the number 26 Washington State Cougars. Though the game was close and particularly exciting in the final quarter of play, Sam Darnold was outplayed by his Washington State counterpart, Luke Falk. There is absolutely no doubting the fact that this year's Trojan team is exciting, to say the least, but their 30-27 loss on the road may just have proven that they are vulnerable as well.

Darnold is the engine that makes the USC Trojans Mack Truck run. Despite being the heart of the team, however, the quarterback was extremely inconsistent in last week's loss to the Cougars. While Darnold watched Falk complete 34 of 51 passes for 340 yards and two touchdowns, he struggled mightily—completing just 15 of 29 passes through the air for 164 yards and an interception. Multiple injuries along the Trojans offensive line certainly didn't help Darnold and his team's cause either, but there is now reason to believe that the sophomore quarterback might need a bit more experience before he's ready to be called one of the best quarterbacks in all of college football.

Despite not throwing for a touchdown, Darnold was able to run it in not once, but twice for touchdowns on the ground. Even still, it was the first time in 15 career starts that he failed to throw for more than 200 yards as his passes were inconsistent and his decisions remained questionable at best. It was even Darnold who gave away the ball on the final possession of the game as he tried to lead his team from behind to victory, fumbling the ball directly into the arms of the waiting Washington State defense.

"I thought Sam made some really good plays and there wasn't good plays," said Trojans quarterbacks coach Tyson Helton. "That's playing quarterback, though. You're going to

have some good plays and you're not going to have good plays." Darnold's struggles may be more telling of one bad night on the job as opposed to a quarterback who's simply not ready yet, though. His inconsistency is certainly hurting the Trojans, but a subpar offensive line may have more to do with bad play coming from the quarterback position than anything else. USC lost three starters on the O-line to the NFL this offseason and another three to injury this year already. A team that gave up a total of 12 sacks all of last season has already given up nine through five games of the regular season.

Despite injuries mounting up, neither Washington State nor any other opponent will feel bad for USC or give the Trojans any breaks. Even Darnold acknowledged that as a quarterback and leader on the team, he needs to play better. "I think I didn't play my best, for sure," he explained. "There's a lot to learn from. We're going to look at the film and learn from there." Darnold was thrust into his first role as starting quarterback of the USC Trojans almost exactly one year ago to the week. To say that he is not necessarily

the best quarterback in all of college football is less of a crucifixion of the sophomore and more of an admission that no matter how talented you are, there is much to learn going forward about a position as complex and important as the quarterback position is.

The Trojans' winning streak has officially ended at 13 games and has dropped the team out of the number five seed in the rankings. USC had previously looked vulnerable in its last two games against Texas and Cal, respectively. Those vulnerabilities finally caught up with them all at once in the loss to the Cougars. It wasn't just Darnold's fumble that lost the team the game. It was the lack of execution on both sides of the ball that allowed Washington State to hang around all night before it finally pulled the rug out from underneath the Trojans.

As good as Darnold has the potential to be, it is perhaps his aggressiveness that leads to mistakes and eventually puts stress on the defense and the team as a whole. While he has thrown nine touchdown passes this season, he has also thrown eight interceptions through just the first five games in what can

be seen as a clear attempt to simply try to do too much for his team. Darnold threw nine interceptions all of last season through 10 total starts. While USC's starting quarterback remains one of the top prospects in all of college football, it may be his inconsistent play that has led the team to risky performances and the first loss of the regular season rather than becoming the top team in the nation.

The Trojans and Darnold still have the opportunity to turn things around following their loss and drop in the rankings. This week's date against the Oregon State Beavers should be the perfect get-right game before USC takes on the currently 20th-ranked Utah Utes. Matchups against Notre Dame and UCLA will round out the schedule for the Trojans as they look to rebound and make it into this year's Pac-12 championship game. While USC and Darnold are fully expected to shake off the rust and win every game remaining on their schedule, there is no doubting the fact that a bit of the magic surrounding the team and their quarterback has now been lost.

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Finance

Three Reasons to Go Cashless

(BPT) - The dollar, the euro, the pound, the yen... the currency people use around the world has many different names, but it all shares something in common. Paper forms of currency are out and digital payments are in. The security and convenience of card based electronic payments and digital payments are driving a global shift away from cash. As consumers and merchants around the world become more and more digitally connected this shift will continue to accelerate.



All over the world, the shift toward cashless payments is well underway. On the beaches of Cabo San Lucas, taco and tamale vendors are starting to offer their delicious food to customers with the swipe or tap of a card on a mobile phone. In Singapore, consumers can rent bikes, pay for their morning coffee and

split their dinner bill without ever needing cash, and in Warsaw, as cashless payments are becoming increasingly accepted, tourists can start to tap and pay their way around the city without carrying cash.

The United States is seeing similar changes. Cash and checks are on their way out and swiping, dipping, tapping and clicking are filling the void - benefiting consumers and

businesses alike.

A recent Cashless Cities study from Visa, set to be released later this year, finds that if businesses in the top 100 U.S. cities transitioned from cash to digital payments, those businesses and their cities would experience net benefits of \$312 billion per year. Businesses in New York City alone would net \$6.8 billion while saving more than 186 million hours in labor. But the benefits of taking checks and cash out of the system do not stop at labor cost efficiencies. They include:

- Convenience. Consumers and businesses alike benefit from the speed and convenience of electronic and digital payments. Faster checkout times mean more sales for businesses and more time to spend on the important things in life for consumers.
- Security. Accepting cash payments has always placed businesses in a bind; as their revenue increases, so does their risk of falling victim to theft. Transitioning to cashless payment options enhances security and reduces risk for businesses and their customers.

- Reduced costs. Cash payments must be counted, stored and transported. There are costs associated with all of these processes. Adopting cashless payments saves businesses time and money.

Many businesses across the country are already benefiting from going cashless, but for companies - particularly small businesses that have yet to take the leap - now is the perfect time to make such a change.

Visa is announcing The Visa Cashless Challenge, a call to action for small business restaurants, cafés or food truck owners to describe what cashless means for them, their employees and customers. Visa will be awarding up to \$500,000 to 50 eligible U.S.-based small business food service owners who commit to joining the 100 percent cashless quest.

Business owners can learn more about the challenge and the other benefits of going cashless at [www.visa.com/cashless](http://www.visa.com/cashless). Complete rules and information will be available on the website on Aug. 15. •

Driver Safety

from front page

Manhattan Beach: D- for Mira Costa High School, very high cell phone usage.

Torrance: D- for Torrance High School, with some cell phone distraction. D- for Torrance Elementary School and Torrance Montessori School, both with moderate cell phone activity near the campuses.

Wiseburn: D-, with moderate cell phone use nearby.

Drivers continue to ignore California's hands-free cell phone law, and far too many drivers are multitasking with their smartphones while in traffic, the Zendrive project team said. The distraction of looking away from the road to tap a phone

screen becomes especially dangerous in congested school drop-off zones, they say. "Our recent study revealed 88 percent of drivers use their phones while driving--definitely a contributor to the one in three drivers showing unsafe pickup or drop-off behavior in school zones," according to the report.

Zendrive works with companies and transportation companies to improve safety of its drivers and lower accident rates and insurance costs. The Bay Area company measures driver safety using phone apps and has tracked 30 billion miles of driving. Zendrive used anonymous driver data from customers and shared by partners, including

1 IN 3

DRIVERS SHOW  
UNSAFE PICK-UP OR  
DROP-OFF BEHAVIOR  
IN SCHOOL ZONES.<sup>1</sup>

Cell phone data showed South Bay drivers being dangerous around schools. Credit: Zendrive.

GasBuddy, Life360, and HopSkipDrive, to profile schools and districts nationwide.

Los Angeles County was 53rd in the state ranking for driver safety around campuses among 55 counties counted by Zendrive.

California and Florida received an F among the 50 states, while Nevada and Arizona made the bottom rankings with a D and D- respectively. Oregon drivers were judged best in the West, earning a B. •

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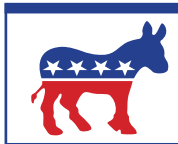
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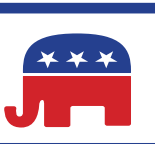
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# Politically Speaking



## One Man's Opinion

### Hefner Wasn't a Hero or Villain: Just a Businessman

By Cristian Vasquez

It's easy to have an opinion of a person, especially a vile one, when we disagree with their views or actions. The death of Playboy magazine founder Hugh Hefner was not immune to the waves of praise and criticism, both of which make for a good chuckle. When a person isn't well-liked in life, I don't expect death to change those feelings. If anything, I find it hypocritical when a person changes their tone about someone simply because their time on this earth was to change. At this point it's no surprise to read the vile opinion pieces on Hefner, as well as the endless praise, but I can't help but laugh at both.

From the critics of the entrepreneur have come some of the most exaggerated attacks.

One columnist from the NYT described Hefner as "pornographer and chauvinist," among other things and attributed the man's fortune to "consumerism and the exploitation of women." Personally I never met Hefner, so I can't confirm or deny if he was a chauvinist. As for the pornographer claim, fair point--but nobody is forced to purchase said materials. Forbes magazine reported that said industry earns billions each year, proving that high demand exists. Which leads me to the columnist's consumerism and exploitation claim...

In all honesty, I can't remember the last time I bought a magazine. In high school there were two magazines my group of friends always passed around: Lowrider and Rolling Stone. Neither seemed interesting then, or today, so I remember the covers but

never their content. Much like my friends never forced me to read these publications, Hefner never forced millions of Americans to purchase his magazine. Hefner created such an appealing product that people either wanted to read the magazine, publish their articles or pose for the centerfold. Emphasis on wanted. Hefner didn't force anyone to do either of the three.

Exploitation is a go-to word for any sensationalist trying to sell their point of view. Do images of beautiful people influence a person's self-esteem? Does it affect one's perception of their self-worth? Of course they do. It'd be absurd to say there was absolutely no impact. However, it's not a magazine's responsibility to raise people to understand the difference between real life

and entertainment. Hefner never forced the thousands of women in his magazine to pose. If anything, the magazine had to turn people away because the desire to grace the cover was that popular among aspiring models, actresses and overall good-looking women.

Maybe it's because I'm not ultra-conservative, or a prude, or simply because I believe people are responsible for themselves and their kids, but I've never seen Hugh Hefner for anything other than a magazine owner. Hefner's business began under the perfect circumstances to eventually grow into the empire that it became. Rather than trying to make Hefner a villain and condemn his business, we should take responsibility for our personal choices and accept that as a society we appreciate attractive people. •

## Another Man's Opinion

### Apparently, the Price Wasn't Right...Price Shown the Door after Cheating Taxpayers

By Duane Plank

Sometimes it is difficult, or darn near impossible, to build a rationale case for some of the mechanizations of President Trump and his administration.

Tom Price, richer than all of us together, was scamming us after hitching rides at our expense, while he completely failed at his job as Health and Human Services Secretary. Trump showed him the door last weekend, giving him that little box to remove his privates and get the hell out of Washington.

But, on second thought, isn't that how well-run businesses are administered? You bring someone in and if they aren't a good fit, or don't tow the line, you either coach them into line or show them the door. Toss them into the raging waters.

So, Trump was going to "drain the swamp." Right. One of his campaign pledges. Well, who knew that a bunch of the alligators and vermin in the swamp were pampered Republicans? Well, anyone paying attention (sorry, nodding off Hillary)? So last Saturday, Trump accepted the "resignation" of Price, who apparently cheated us taxpayers out of about a million bucks to make some fly-arounds.

Once the scoundrel was caught, he made the standard mea culpa, feeling very badly, went to a yoga class and said he was going to pay back the money he stole. Trump accepted his "resignation paperwork" the next day.

Damn deep swamp that President Trump is attempting to drain from his weekend golf course getaway

So last week, early in the week, the folks in Puerto Rico, pummeled by another hurricane, seemed grateful for the Trump administration support, with a horrific third hurricane hitting landfall after the devastation that nailed Texas and Florida,

Chris "Crybaby" Cuomo, CNN morning anchor--and I am not sure what he is anchoring, so help me Anderson Cooper--lost his mind, went unhinged the other early morning, yelling at some gentleman on the screen, screeding Trump wasn't helping the troubled Puerto Ricans. Which, shockingly, was right in step with the DNC-CNN blame Trump playbook.

Incredibly, the gal down there who was griping about the Trump's administration, some mayor from San Juan, was all on board for the great response from Trump and company until late last week, when, apparently, the Dems or the little pathos Cuomo sent her a stupid, ill-fitting t-Shirt, scripted "Help Us, we are Dying!"

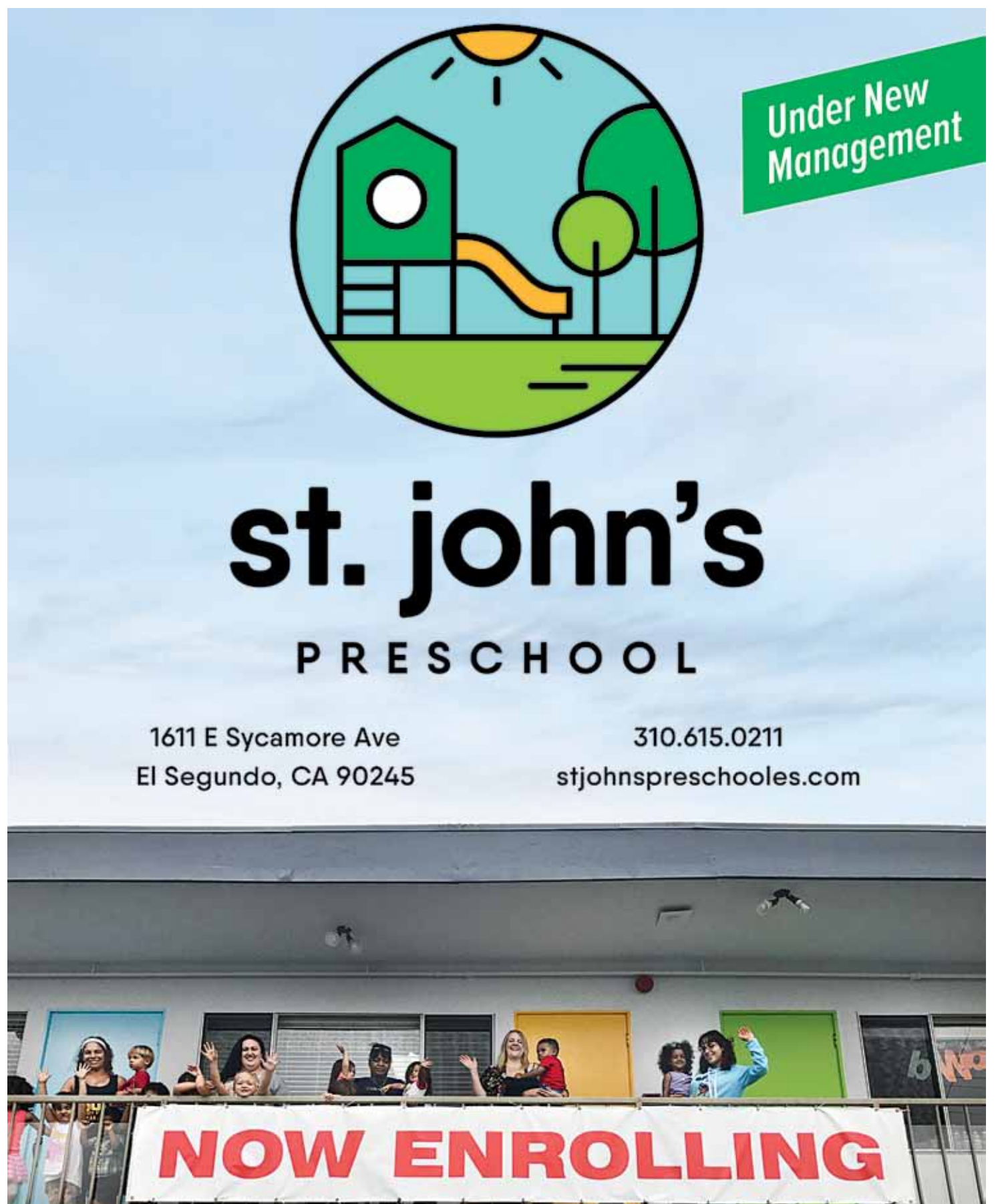
Spoiler alert. Yes, people have died. One death is one to many, obviously. But this was another natural disaster. Another horrific

weather event. Right after God, who hopefully is sending down an ark to pick me up, my family, my chosen friends (you know who you are) to move us the heck out of here.

So the CNN'rs are bloviating, blaming

Trump for (in their opinion) a slow response to the devastation in Puerto Rico. Typical blowhard morons on the left, hiding behind the cloak of racism (Cuomo), said Trump and his administration were dragging their feet

on the PR recovery for racist reasons. Even The Biggest Loser, wasn't that a weight loss scam show? Hillary chimed in as she did her loser lap pimping her pathetic, ghost-written book And the beat goes on. •







# Entertainment

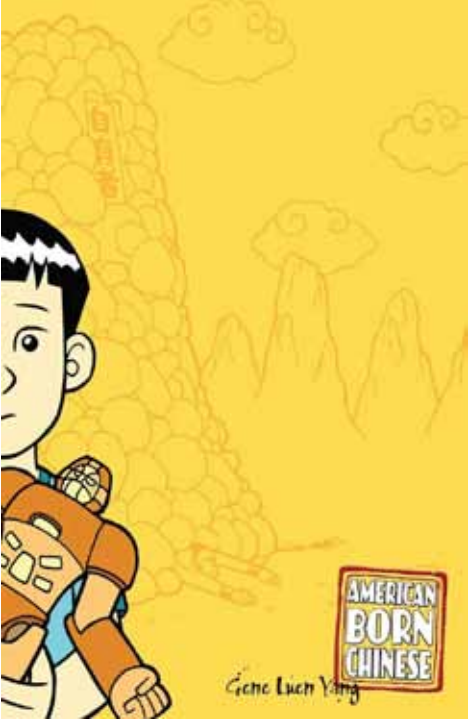
## Check It Out

### American Born Chinese

By Gene Luen Yang

**Reviewed by Katrena Woodson,  
Teen and Young Reader Librarian,  
El Segundo Public Library**

This week's review is for an award-winning graphic novel called *American Born Chinese* by Gene Luen Yang. When this



*American Born Chinese* by Gene Luen Yang.

was first published, it broke boundaries by winning the 2007 Printz Award and by becoming a 2006 National Book Award finalist. No graphic novel had ever received either award before. Since then, it has gone on to win many other awards as well as having become a school reading staple in many communities.

Yang does an amazing job portraying the difficulty, prejudice and hardships that can come as a result of being different. He does a spectacular job blending Chinese and American cultures in each of the three competing stories told over the course of the graphic novel. The first of these stories is a well-known Chinese tale called "The Monkey King." The second involves Jin

Wang, who is one of only two Chinese students in the class. The third story is about a kid named Danny who has a Chinese relative come to visit named Chin-Keen--basically the embodiment of every Asian based stereotype. Yang goes back and forth between these three stories, but they end up colliding in an unexpected way. This story gives a genuine and honest look into what it is like not only to grow up as a Chinese-American, but what it is to grow up as a first generation American, being a minority and being different. The graphic novel is well-written and illustrated with simple yet expressive images keeping true to the story's origin as a web comic. Yang's message is clear: you need to accept who you are and where you come from. Once you do that, you will have already reached out and connected with others.

The El Segundo Public Library offers access to its collection of titles in a variety of formats, including traditional hardback, e-books and books on CD. To check out, *American Born Chinese* by Gene Luen Yang or any other title on your to-read list, please visit the library to apply for your library card, or please contact the reference staff for further assistance. •



Katrena Woodson.

## Film Review

### *mother!* is a Stunning and Provocative Gut Punch That Will Divide Audiences

By Morgan Rojas for [www.cinemacy.com](http://www.cinemacy.com)

By now, I'm sure you've heard the polarizing reactions to Darren Aronofsky's horror/freakout film, *mother!* and you may have already drawn your own conclusion about whether or not you'll be seeing the Jennifer Lawrence-starring film in theaters--if at all. It has been the cause of audience confusion, offense and walkouts, and even earned a rare "F" Cinemascore (a rating of audience's reactions leaving the movie). So clearly, people are divided on the film.

However, one can argue that the sign of any good film is the impression it leaves on its audience, whether it be one of love or even hate. To this standard Aronofsky has succeeded in not only making a successful film, but having written and directed one of the most polarizing and divisive movies of recent times. It proves the power that cinema has to elicit debate, physical reactions and psychological head trips that last far beyond

man, then his wife (Michelle Pfeiffer)--and then hordes of unwanted guests. The guests idolize Him: as fans of his writing, they worship his every word, even if it comes at mother's expense. This becomes too much for her. Her generosity and kind spirit are abused, disrespected and all-around disregarded at times, even subconsciously by her own husband. As she nears her breaking point, mayhem becomes imminent and what ensues is the most shocking and head-spinning of circumstances seen onscreen this year.

Allegorical themes and symbolism run rampant throughout the film, yet are best left to be discovered organically. That is the gift of *mother!* It goes far beyond just the surface. Bardem gives a performance that is captivatingly creepy with mystery lurking just beyond his signature stare. Lawrence is a subtle thunderstorm, starting off restrained and building towards a crescendo that only she could create. Her performance is nothing



Javier Bardem and Jennifer Lawrence in "*mother!*" Courtesy of Paramount Pictures.

the film's two-hour run time.

Aronofsky (*The Wrestler*, *Black Swan*) is a modern father of unconventional storytelling and *mother!* is no exception. The story centers on a young woman (named lowercase "mother" and played by Lawrence) and her older husband (named uppercase "Him" and portrayed by Javier Bardem), an acclaimed poet. The couple lives alone, isolated from the rest of society in his childhood home that she willingly renovates while he works on his writing. Their quaint life of solitude comes to an abrupt halt when a man (Ed Harris) shows up at the couple's door with more baggage than just his belongings.

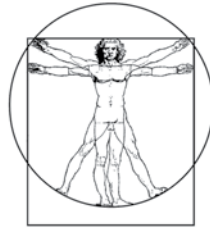
The couple's life turns upside down as their sacred space gets encroached upon by the

shy of phenomenal.

To say *mother!* has been grossly misunderstood by the masses is an understatement. It should be applauded for its unwavering commitment to breaking the stereotypical and formulaic Hollywood tropes. It is a punch to the gut. It will push you out of your comfort zone and will make you question humanity and the true intentions of your neighbors and friends altogether. *mother!* will unnerve you and shock you, and the best part is it will reaffirm your faith in the magic and power that movies still hold in serving as a reflection of the equally shocking times in which we live.

*mother!* is rated R for strong disturbing violent content, some sexuality, nudity and language. 121 minutes. Now playing in theaters. •

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## Ingredients

- Marinade:**
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  - 2 tablespoons vegetable oil • 1 to 2 tablespoons soy sauce
  - 1 tablespoon white or rice wine vinegar
- Korean BBQ Sauce:**
- 1 tablespoon vegetable oil • 2 cloves garlic, minced
  - 1/2 cup water • 2 tablespoons soy sauce
  - 2 tablespoons sriracha sauce • 4 teaspoons brown sugar
  - 2 teaspoons minced ginger • 2 teaspoons KC Masterpiece BBQ Sauce

## Preparation

Sprinkle both sides of the pork chops with salt and pepper and place in a large resealable food storage bag. Whisk together honey teriyaki marinade, oil, soy sauce and vinegar; mix well. Pour over pork chops; seal the bag and let stand 1 hour. For Korean BBQ Sauce, heat oil in small saucepan on medium; fry garlic until it begins to turn color. Stir in water, soy sauce, sriracha sauce, brown sugar, ginger and BBQ sauce. Bring to a simmer; reduce heat and cook for 10 minutes or until it becomes thick. Heat charcoal or gas grill to medium. Remove pork chops from marinade (discard marinade) grill for three minutes or until the pork chop easily releases from the grill. Flip chops and continue to cook for three more minutes until internal temperature reaches 145°F to 160°F. Baste each pork chop with Korean BBQ Sauce, grill one minute on each side. Let chops stand for three minutes before serving. •

Recipe by Chef Ernest Servantes for Smithfield  
Prep Time: 10 minutes plus one hour marinade time. Cook Time: 18 minutes.  
Makes: Six to eight servings

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# Real Estate

## Simple Steps to Create the Perfect Outdoor Oasis

(BPT) - Summer is home to many of the year's most beautiful days, so who can blame you for wanting to spend them all outside? Your yard becomes your living room and your patio the kitchen. It's your home away from home, which begs the question - do you like your current digs?

If your home's outdoor space lacks the comfort and appeal you are longing for, don't worry. Now is the perfect time to transform your backyard into the perfect outdoor oasis you can enjoy all summer long.

To get started upgrading your backyard without breaking the bank - follow these tips from the experts at Lowe's.

### A Place to Gather

Think of the parties you've hosted in your home. They've likely all had a common gathering place such as the kitchen counter, the living room couch or the dining room table. Your outdoor space needs a similar location and a dining set naturally invites guests to relax. Five-piece dining sets from Lowe's are perfect for more intimate gatherings, while seven-piece sets comfortably accommodate larger crowds.

### The Focal

#### Pointof Your Kitchen

Grilling out is a staple of any summer party, so if your existing grill isn't hitting

all cylinders, it's time for an upgrade. The Master Forge 5-Burner Modular Gas Grill features four heavy-duty burners, one infrared searing burner and one infrared rotisserie burner, giving you a solution for any menu

The sofas and armchairs in your living room are popular sitting destinations during any indoor event, and you can create the same environment outdoors with sectional patio furniture. The Garden Treasures Palm

level, meaning when you sit, you'll never want to leave.

### A Little Shade Goes a Long Way

An all-day party means plenty of sun, and when guests need a break from the heat, it's good to provide an area of relief. Patio umbrellas are an affordable option, available in 8-1/2 and 9-foot varieties, providing ample coverage for a large gathering. And to keep the awning a hot destination into the evening, look for an umbrella outfitted with LED lights.

### The Perfect Accents

The difference between a backyard and an outdoor oasis is in the details you add to your space. Island King Garden Torches bring light to any situation. With durable metal construction and a long-lasting fiberglass wick, these lights will keep their look in any conditions. To add a little extra green space to your outdoor entertaining area, consider purchasing raised garden beds. They provide a grand ambiance upgrade to your oasis at an affordable price.

Summer has just begun! Implement any of the upgrades listed above and you'll be able to enjoy the season's greatest days from your brand-new oasis. To find everything you need to remake your backyard, without breaking your bank, visit [lowes.com](http://lowes.com).



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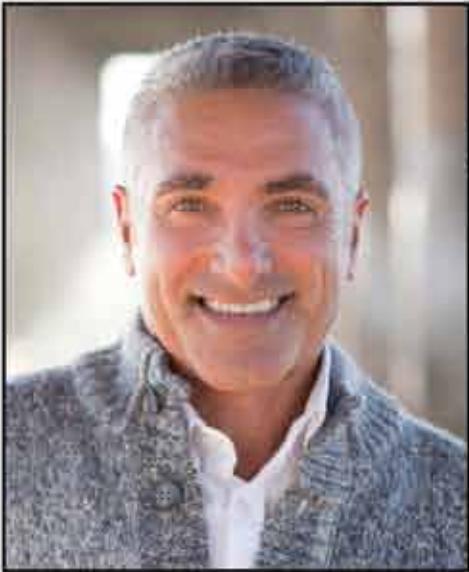
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# PETSPETS Pets PETSPETS PETSPETS

## Purrrfect Companions



Mummy



Macaroon



Rascal



Taylor

Kitten Rescue is an all-volunteer organization that depends on the hard work of its volunteers. We are able to rescue and adopt out over 1,000 cats and kittens every year thanks to our dedicated volunteers! Most of our rescued cats and kittens live in foster volunteers' homes, and more foster homes are always needed. There are also plenty of ways beyond fostering that you can volunteer with us, get involved and make a difference in the life of homeless animals. Cats may have four paws, but they can always use a helping hand! Even if you only have an hour a week to spare... that's okay, because we always are happy to have the help. With the help of our wonderful volunteers, here are a few of the beautiful cats and kittens who are ready for a home with you.

**Mummy** is a fantastic mama cat to her current litter "The Monster Kittens." She has given birth to many litters in her day and is finally ready to take a well-deserved break. Mummy is a very sweet and docile feline. When she is caring for her babies, she makes sure they always come first. When she is alone for a moment, she is ready to be the center of attention. Mummy loves to chat with her visitors, often meowing, trilling and purring. She is ready for the easy life and would love to go to her new forever home with one of her babies (preferably Ghost), or by herself where she can be reborn into the queen bee she's always wanted to be.

**Oksana** is super-sweet and playful. She is a little shy, but with a little bit of time she comes around and her personality shines. She has tons of energy and likes to follow other kittens instead of being the leader. This little marmalade will melt your heart. She is at Northridge PetSmart in the enclosures. Come check Oksana out and you, too, will be in love.

**Macaroon** is a sweet, but shy young cat. He is energetic and loves to play, but he will need a few days to feel comfortable interacting with people and other cats. Once he feels safe, Macaroon is affectionate and playful. He needs to go to a home with people who will let him take his own time to settle in. He is smart and observant and is always taking things in. Macaroon is very sweet with the young kittens in his foster home, letting them eat first and even letting them take his toys if they want to play with them. You will love his green eyes that contrast strikingly with his Russian blue color.

**Vanessa** is a dreamy kitty--a blue cream calico polydactyl. She is super affectionate, playful and pretty as a picture. Your jaw will drop when you meet her. Vanessa likes being in the center of the action--she wants to hop on the laundry you are folding, sit on your lap to watch TV and even watch you scoop the litterbox. She must be paired with a fun, young companion cat to meet her social needs. Her brother Taylor is a good match, or Rascal could be a good friend.

**Taylor** is almost indescribable. He is "an experience." Taylor is a resilient, affectionate cat who is ready to conquer the world. He wakes up, stretches and says, "Hey world, I'm here!" He was saved with his lovely sister, Vanessa. He has been through many changes, yet is unphased. Taylor must be paired with a young, fun, beta kitty to meet his social needs. A good match is his sister Vanessa. We have other excellent candidates too.

**Rascal** is a darling and handsome young, black/white tuxedo boy. He is a very loving, playful, curious, energetic, happy little boy! He is also very much a lap kitty....a smart, well-mannered sweetheart. Rascal loves to wrestle,

play soccer with toys and chase wand toys. With his playful nature, he would be best with a playful, friendly, beta companion. After playtime, he likes to snuggle on your lap. At night, he wants to be curled up by your side. If you are looking for an exceptionally happy, fun kitten, little Rascal is your guy.

**Gaston** is a handsome boy who enjoys gentle grooming. He has a lot of love to give to his forever family. Gaston is mildly playful, but may become more active when he is no longer caged. He would do well as an only pet or with a dog or cat that doesn't come on too strong. He has been through a lot of changes recently, so he is looking for security and comfort in his forever home. Gaston would be okay with children over

seven who have a respect for animals.

**Brandi** and **Cory** are bonded siblings and must be adopted together. They also like other friendly, beta, fun kitties and could be a great family addition to a home with a sweet-natured cat. They are very darling, affectionate, beautiful and smart youngsters. They love getting pets and chin scratches--and purr in approval. Brandi has a soft meow when she wants attention. Corey is the quieter of the two. It is expected that they both will be more vocal, as Siamese often are, when they feel completely at home. They bond to their caretakers quickly. Like most cats, they need to transition slowly to feel safe and establish their territory. These are the sweetest pair who snuggle when you hold them. They like to explore and also like calming classical music. Brandi and Cory are eager for a home of their own.

These cats and kittens are available through Kitten Rescue, one of the largest cat rescue groups in southern California. All of our kitties are spayed/neutered, microchipped, tested of FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see these or our other cats and kittens, visit our website [www.kittenrescue.org](http://www.kittenrescue.org) or email us at [mail@kittenrescue.org](mailto:mail@kittenrescue.org). Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location. •



Gaston



Oksana



Vanessa



Brandi and Cory



# PETSPETS Pets PETSPETS PETSPETS

## Wowser Schnauzers



Glory

We are looking for volunteers to help with our pet adoption fairs that are held every Saturday at the Petco located at 537 N. Pacific Coast Highway in Redondo Beach, from noon-3:30 p.m. If you are interested in volunteering and can commit to at least one Saturday a month, please contact us at [info@msfr.org](mailto:info@msfr.org). You can also visit all of our Miniature Schnauzers & Friends rescues at the adoption fair or check out our website, [www.msfr.org](http://www.msfr.org). If you have any questions about a particular dog's availability you can email us at [info@msfr.org](mailto:info@msfr.org). Schnauzers! Bet you can't adopt just one!

"They call me **Glory** and I certainly am in mine now that I've been rescued. I kept hearing about the impending Fourth of July fireworks, so I thought I'd best find a place to hide before they started. Little did I know that so many houses looked like mine and therein lies the reason for my getting lost. I wandered around and eventually ended up at an LA county shelter. They called me a stray, but I'm really a three-year old female Schnoodle—a Schnauzer/Poodle mix who is just a tiny, 14-pound cutie. When I arrived, I must admit I was a real mess—filthy, dark gray, matted dreadlocks is the only way to describe my coat. After a bath and something called a grooming, even *I* didn't recognize me. Who was this beautiful gal with the glistening white coat and huge, dark eyes? I even had someone who was going to adopt me, but then sadly they didn't show up to take me home and I still can't figure that out

because everyone says I'm cute as a button. However it was really fortuitous because the folks that rescued me are helping me find my forever home. They tell me that I am wonderful with other dogs, I'm high-energy and very playful...so I could be just the perfect addition to your family!"

If you're interested in Glory, please email [info@msfr.org](mailto:info@msfr.org) for more information.

"My name is **Faye** and I'm a 10-year old female Chihuahua that was rescued from an LA county shelter after my owner surrendered me. Honestly, I have no idea why they just left me and went away, but



Faye



Rachel

it broke my heart. We had a wonderful, happy life together and then they no longer wanted me even though I loved them with all my being. It couldn't be I was cranky because even though I may be a bit older, I still get along well with other dogs and am a very sweet and easygoing lady. I'm at my ideal weight of eight pounds, so I'm easily transportable and don't take up much room. Basically all it takes is a little walk around the block, a soft bed and a human to love me to make me happy. If you're looking for a mature, petite little gal that is serene, excels in good manners and will be able to

provide years of companionship, please won't you open your heart and home to me? I'm a dignified gal with a tad of mischief in my eyes and lots of love to give. I can be seen by appointment at Yellow Brick Road Doggie Playcare in El Segundo. Call 310-606-5507, or email [southbaydoggie@hotmail.com](mailto:southbaydoggie@hotmail.com) for an appointment or more information."

"Let me introduce myself. My name is **Rachel**. I'm a stunning three-year-old, female purebred Miniature Schnauzer that was rescued from an LA county shelter. I was feeling a bit frumpy and decided I needed a new look—so while I was out looking for a groomer, animal control found me and delivered me to the shelter calling me a stray. Seriously? I'm very sociable and get along great with other dogs, but that did zero to get me adopted. I had several folks lined up to adopt me, but no one even showed up for an introduction and I'm sure it was my looks. After MSFR rescued me, I had my makeover and what a difference! The groomer did such an awesome job that now all of the gals are asking for the 'Rachel Cut.' I'm still a bit shy at initial meetings, but with my newfound confidence I warm up very quickly. Since I'm only 15 pounds, I'm a great lap dog and will spend time being super affectionate and giving lots of kisses. If you would love to have the gal who started the Rachel Cut and are looking for a real great companion, please come visit our adoption fair and ask for me—everyone knows me."

If you're interested in Rachel, please email [info@msfr.org](mailto:info@msfr.org) for more information. •

## Happy Tails



Congratulations to Jack and his new life!

Another experience where a lot of love, patience and perseverance paid off. Jack was one of our older, special needs dogs that was difficult to place. He had to have an eye removed after being hit by a car and his remaining eye required drops twice a day. At one time we thought we had found him a home, but he was returned because he took his job as protector of his family a little too seriously. His defensive nature when meeting strangers could be a bit off-putting, so we had a trainer work with him to improve his introduction manners. While adoptions didn't reveal his finer attributes, he was loving and patient with his caretakers and that is who opened their heart to Jack. Despite his issues, Jack's caregiver, who works at Yellow Brick Road, fell in love with Jack. She continued working with him and started taking Jack home at night to acquaint him with her two dogs, one of which is an MSFR alumni.

They like Jack and Jack likes them and they are all now one happy family. Congratulations to Jack and his new life. We wish you all happy times and great memories. •

THE YELLOW DOG PROJECT.com

If you see a dog with a **YELLOW RIBBON** or something yellow on the leash, this is a dog who needs some space. Please do not approach this dog with your dog. Please maintain distance or give this dog and his/her person time to move out of your way.



There are many reasons why a dog may need space:

- HEALTH ISSUES
- IN TRAINING
- BEING REHABILITATED
- SCARED OR REACTIVE AROUND OTHER DOGS

**THANK YOU!**

Those of us who own these dogs appreciate your help and respect!



Be kind. Save a life.  
Support animal rescue.