

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Inglewood and Lawndale

Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Inglewood News
The Weekly Newspaper of Inglewood

Lawndale Tribune
AND LAWDALE NEWS
The Weekly Newspaper of Lawndale

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 6, No. 3 - January 18, 2024

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Weekend Forecast

Friday
Cloudy
61°/54°



Saturday
Showers
60°/55°



Sunday
Showers
61°/57°



Clippers’ Intuit Dome Will Host the 2026 NBA All-Star Game



After 41 years, the NBA All-Star Game makes an exciting return to Inglewood in 2026 at the most sophisticated sports arena in the world, the Intuit Dome. Photo courtesy City of Inglewood.

Mr. Hawthorne, Your Town is Special!

By Ron Sokol

The expression “back in the day” is getting a bit worn out. Given how old the Earth is (according to reputable scientists, billions of years), what happened a little more than 100 years ago seems like a drop in the bucket.

That said, a lot has happened since 1905, when the City of Hawthorne was founded as the “Hawthorne Improvement Company” by two developers, B.L. Hanning and H.D. Lombard. Mr. Lombard’s daughter shared a birthday with the well-known American author Nathaniel Hawthorne, which happens to be July 4th, Independence Day. The decision was made to utilize his name for the then-small village.

As to Nathaniel Hawthorne, well, he has a legacy of well-regarded short stories and books, not the least of which is the Scarlett Letter. His focus was centered on New England, and he is considered part of the “Romantic movement.”

Did you know that Herman Melville’s classic Moby Dick was dedicated to Nathaniel Hawthorne? So, I do wonder -- if Nathaniel Hawthorne and I were sitting in front of the Beach Boys monument in Hawthorne -- what might we discuss?

I think he would probably ask: “How big is this place?”

“The answer is 6.1 square miles,” at which point I suspect he would then inquire: “And, how many people live here?” The answer: “About 88,000 residents.” It would probably get quiet as he thought about so many people.

Soon he would look at me with his head raised a bit: “Well, sir, just what do you think about my town?”

“Nathaniel, I love your town. It is known as The City of Good Neighbors. I have

suggested we add three words, ‘and Good People’ to this motto.

“You have a reason for such praise?”

“I do indeed. I’ve been writing about Hawthorne and persons who reside in Hawthorne for a number of years now. Some of the great residents include a lovely woman who is 100 years of age and walks her neighborhood every day, to a young person who works for a local politician and earnestly seeks to better the community, to a compassionate, dedicated Chief of Police to the remarkable City employee who has helped bring forward a leading therapy dog program here, to the owner of a local bar which welcomes patrons who clearly love the place, to the excellent Principal of Hawthorne High School, to some of the luminaries who resided at one time in Hawthorne, including

Marilyn Monroe and Jim Thorpe, and let’s not fail to mention the beloved Beach Boys whose music and lyrics have meant so much to so many over the years. I also find a warmth and friendliness in the neighborhoods. There are many parks and outstanding schools for the kids. The seniors have their own Center. Mr. Hawthorne, there is much to praise!”

He would no doubt take this in, nod, probably sigh a bit, and remark: “I am not sure that I understand all that you are talking about, but I sense there is a real pride here, a genuine community, and an objective of lifting each other up... would that be correct?”

Without missing a beat, I would put my hand on his shoulder, look him square in the eye, and say: “In my view, that is a definite. This is not to suggest Hawthorne is without

See Mr. Hawthorne, page 5



City of Good Neighbors



Entertainment

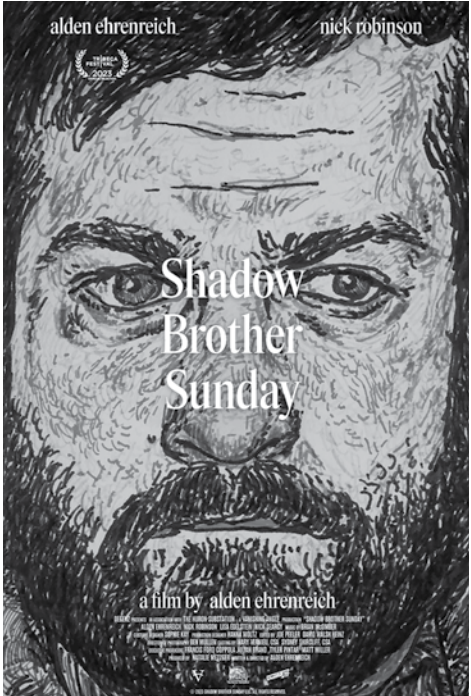


Film Review

Alden Ehrenreich Crafts a Tight, Tense Debut in Short Film, *Shadow Brother Sunday*

By Morgan Rojas for Cinemacy

Any time a well-known actor steps out from behind the lens and into the role of a filmmaker, it comes with an additional layer of pressure. After starring in a string of big-screen hits, including Netflix’s *Fair Play*, Disney’s *Solo: A Star Wars Story*, Elizabeth Banks’ *Cocaine Bear*, and the Coen Brothers’ *Hail, Caesar!*, Alden Ehrenreich



Shadow Brother Sunday, courtesy of Vanishing Angle.

proves that his expansion into directing has come by way of learning the tricks of the trade from some of the industry’s best. The experience of working with top-tier directors effortlessly translates onto the screen in his short debut film, *Shadow Brother Sunday*. It’s easy to recognize that the guy’s got talent, and hopefully, this is just the beginning of a very storied and fruitful filmmaking career.

In *Shadow Brother Sunday*, which Ehrenreich wrote and directed, he transforms himself into Cole, an aspiring musician whose jealousy toward his famous brother seeps into dangerous territory. When Jacob (Nick Robinson), an actor on the rise, returns home to attend the premiere of his latest film with his family, the general mood in the household is celebratory and bright. That is, until Cole enters and brings with him a dark cloud of negativity and gloom. Frustrated with his financial situation and seeing an easy opportunity for quick cash, Cole entertains

the idea of selling his brother’s personal information to a gossip site. The decision weighs on Cole; he loves his brother, yet feels entitled to the same amount of success that Jacob is currently basking in. Time is ticking, and Cole has to make a choice: stand by his brother, or sell him out.

Ehrenreich uses the film’s 15-minute run-time to craft a concise drama. The pacing hits the right level of tension and ends on a cliffhanger that will hopefully be addressed in a feature-length adaptation (one can dream!). As a filmmaker, Ehrenreich wanted to create as much authenticity for the actors as possible, which is why his performance is immersed in method acting—gaining over 20 pounds to fully embody Cole’s uncomfortable physical state. He also set up dinner parties so that the faux family could get acquainted off-camera and organically develop their relationships.

For transparency’s sake, Ehrenreich didn’t claim to take this project on alone. *Shadow Brother Sunday* is equipped with backing and support that most directors in the short film space only dream of, including Francis Ford Coppola serving as Executive Producer and Elizabeth Banks moderating the film premiere’s Q&A. Hollywood legends aside, the film still holds its own.

As Ehrenreich continues down the directorial path with confidence and passion, I believe he could follow a similar trajectory to Bradley Cooper (*Maestro*, *A Star is Born*). *Shadow Brother Sunday* premiered at the 2023 Tribeca Film Festival and won a Special Jury Award for Excellence in Filmmaking from the Salute Your Shorts Film Festival. •



Morgan Rojas

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Seniors

How to Have Fun, Stay Active and Be Bold at Every Age

(BPT) - No matter your age or fitness level, experts agree that physical activity brings multiple benefits to your mind and body. If you wonder how being more active as you get older can help you live a happier, healthier life - and how to get started - taking small, simple steps to boost your activity level can make a big impact.

“Age is just a number, and we’ll make sure it never slows you down, so why not begin the new year on the right foot by finding activities you love to do,” said Julie Logue, M.P.H., training manager at SilverSneakers. “You can ‘act your age’ by having the time of your life, whether you’re dancing, walking or playing pickleball with friends.”

Remember, before starting any new exercise, it’s recommended to consult your health care provider.

Stronger muscles help protect your bones and joints as you age. But if you think lifting heavy weights is the only way to strengthen your muscles, you’re in for a pleasant surprise. If you haven’t been active, you can begin strength exercises by starting slowly, using little to no special equipment, and gradually improving your strength over time.

It’s best to seek classes or programs specifically designed for seniors, such as SilverSneakers by Tivity Health - the nation’s leading fitness program for older adults that offers in-person and virtual classes with the needs of seniors in mind. Seniors can find

classes for all levels focused on building strength and flexibility as they age, along with cardio exercises to get their blood pumping.

About one in four Americans aged 65 and older will fall each year, according to the Centers for Disease Control and Prevention. Regular exercise that builds strength and improves balance is one of the best ways to help prevent falls or recover from a fall.

Classes like those offered by SilverSneakers can help strengthen your ankles, knees and hips for a sturdy foundation. Plus, they can help improve your core strength and upper-body posture - to help you stay upright and steady.

Injuries can happen at any age, but a few simple precautions can help to keep you moving injury-free. If you’re a beginner, choose instructors and exercise programs that start slow - even seated - and build your strength and flexibility gradually, so you can continue improving your fitness without risking injury. SilverSneakers even offers virtual classes designed for beginners to help get you started.

One valuable benefit of being active is finding a class or community of people you enjoy spending time with. Whether you’re taking classes in person or online, you’ll know everyone else in the class is also aiming to stay more fit and healthy. Taking classes together is a fun bonding activity that will

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Classifieds

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- We reserve the right to refuse publication of any ad for any reason.

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Lived in El Segundo for 18 yrs, current house being sold. Out of town 25% time. Require off street parking. Skip, 310.322.1604.

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VINYL RECORDS, cassettes, CD’s, 78’s, anything musical & collectible. T-shirts, programs, posters, tickets, audio equipment. Buy/Sell. Studio Antiques & Vinyl. 310.322.3895. El Segundo.

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El Segundo office space for lease. two private offices, three private bathrooms, approx 1200 sqft. \$2500 per month. For more info call Bill at 310-877-2374.

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ANTIQUES, COLLECTIBLES, jewelry, military, pottery, garden, mid-century, retro, art, ASIAN, silver, coins, stamps, anything unusual. FREE APPRAISALS. You know us from Storage Wars. Buy/Sell. 310.322.3895. El Segundo. •

To appear in next week’s paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

Love Thy Neighbor

Dear South Bay Cities Neighbors,

We love the profiles we’ve done, and we’ve learned so much about South Bay City residents. We want to do more, so please keep the suggestions coming. With over 200,000 residents, we’re sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 😊



– Best to you all. HM.

Send your suggestions in to letters@heraldpublications.com

Please have your nominee’s approval before you submit them as a nominee.



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Billy Mitchell Elementary Honors Dr. Martin Luther King Jr.



TK and Kinder students engaged in their annual Peace March in honor of the legacy of Dr. Martin Luther King Jr. Teachers prepared for this day by teaching about the legacy of Dr. King, the civil rights movement, peaceful marches, and how it connects to the way our community SOARS by always leading and serving with love. They sang songs, made signs, and engaged the entire school in their march. The entire school took part of these march by cheering them on, waving, making signs, and singing along. Let us keep working towards peace and a brighter future for our aviators and our community. Photo courtesy Billy Mitchell Elementary School.

Finance

Bad Money Habits and How to Steer Clear of Them

(BPT) - There's a good chance you may have a habit or two when it comes to money that is not doing your financial future any favors. The good news is you're not alone, and there are ways to break those habits and create better financial health for you and/or your family.

According to a recent survey from One-Poll and National Debt Relief, LLC, over 60% of people in the U.S. claim to make poor decisions when it comes to money and 42% of people admit to having current financial struggles. That may be in part because most people either have information that they aren't using in their day-to-day lives, or like over 20% of respondents, they need more information to help them learn better habits.

While spending money on things like takeout or app subscriptions may seem minor, these purchases add up over time. Your coffee may only cost \$4.99, but as a daily habit, it can become costly. If you add up these seemingly insignificant costs over a month or two you'll get a clear picture of how much you're spending. Additionally, while BOGO promotions may be appealing, if you don't need the second item, don't spend the extra money.

While you may not be a high-stakes poker player or spend hours at casinos, a regular lottery ticket habit can mean you're throwing away your hard-earned money. Instead, try saving any money you might put into gambling and investing it into a higher interest savings account, which will add up quicker than you expect, especially if you keep adding to it.

Paying bills with a credit card can work well if you're paying your balance off in full each month. But, if you're not paying your balance off in full each month, you may want to reconsider. The interest you'll end up paying on the card will make your bills much more expensive. For example, if your credit card interest rate is around 20% and you have a \$5,000 balance, it could take you around 11 years to pay this off with minimum payments. Plus, your total payments will end up being around \$8,417.

To avoid getting into this situation, try listing out your regular expenses, categorizing which ones are absolute necessities (like rent, utilities and food) and which are not (like entertainment and eating out). Then total your must-pay bills and compare that amount to what you're earning and cut anything that's not a necessity that you've been relying on

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Latundale Tribune

AND LAWNDALÉ NEWS The Weekly Newspaper of Lawndale

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Examining a Range of Topics Including Policing, Housing, Reparations, Allyship, Environmental Justice and Racial Trauma



Students from El Camino College, California State University, Fullerton, California State University, Long Beach and UC Santa Barbara were interns at the Los Angeles taping of the National Day of Racial Healing specials that were sponsored by W.K. Kellogg Foundation. The specials aired on NBC News NOW and Noticias Telemundo. Photo courtesy NBCU Academy.

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Finance

from page 3

credit cards to keep up with.

Beware of payday loans. These short-term loans often have high interest rates and may cost you a lot of money. Other options you can consider before taking out a payday loan may be finding ways to earn extra income like driving for a ride sharing company or getting some part-time work, or saving money through strict budgeting and getting rid of those non-essentials (see above for more on that).

Start by listing out all your expenses and your income. This can help you get a better picture of where, and how much, you need to cut down. Minimize unnecessary expenses and look for creative ways to boost your

income. People are always looking for help with tasks like cleaning, organizing or creative work. If you have any special talents, see if you can monetize any of them.

Need to break bad financial habits? National Debt Relief can help you resolve your debt more quickly and for less money than you owe. Their team will also help you learn skills like budgeting, how to save money, and how to live within your means so you can improve your financial health and feel confident about your future.

If you're ready to fix your bad money habits and create long-term financial security, visit NationalDebtRelief.com or call 800-674-0907. •

Discover the Heart of Our Community at Rogers Park



From wellness classes to handball courts to an outdoor preschool area – this park has it all. Don't miss out on the endless activities and facilities that make Rogers Park the ultimate hub for fun and fitness. Come join the excitement and support our parks. Photo courtesy City of Inglewood.

Mr. Hawthorne

from front page

real challenges; quite the contrary. But the heart of Hawthorne, the city that bears your last name, is very good and well-intentioned. This town has come a long way!" (At which point I would show him some photographs borrowed from the inimitable Hawthorne Historical Society and an image of events recently posted by the city for all to read).

We would get up and walk to a nearby park. A little later, we would sit and have a bite to eat. Nathaniel may question what food he is being offered, but let's be clear: Hawthorne has a multitude of good restaurants.

At some point, perhaps we could visit City Hall, where I would show him renderings of the project that is expected to substantially improve the area, including a promenade, in the future.

The bottom line is that by the time Nathaniel and I pay our visit (and respects) to Hawthorne, he will be most impressed with the city. He would say: "You know what? I am so humbled and proud that my last name is associated with such a fine place!" This would then lead to my telling him: "Nathaniel, the City of Hawthorne is a

place we embrace, a community we cherish."

In fact, once a little rested, I would take him to the Hawthorne Airport and Space X and describe how aviation has been such an important part of the community. I would have him visit the Hawthorne Memorial Center and the Betty Ainsworth Sports Complex and then, finally, take a real pause.

"Mister Sokol," Nathaniel may comment, "Sir, I appreciate what we have done today. I dare say instead of a book rooted in New England and perhaps a bit of a dark story for which I am indeed known; I will write one

about this place. And, you know, as I think about it, this story probably will be the most uplifting of all my works. It will be about the very humble beginnings of the town of Hawthorne and, over time, the audacious changes. It will be about good neighbors and good people, as you yourself have said. So, if you will excuse me, I have work to do!"

I would watch his image fade as he walks away. I would realize he was never there, to begin with, but I do feel like we had that conversation. Actually, I think we really did. •

There's a New Jewel in the Crown of Southern California

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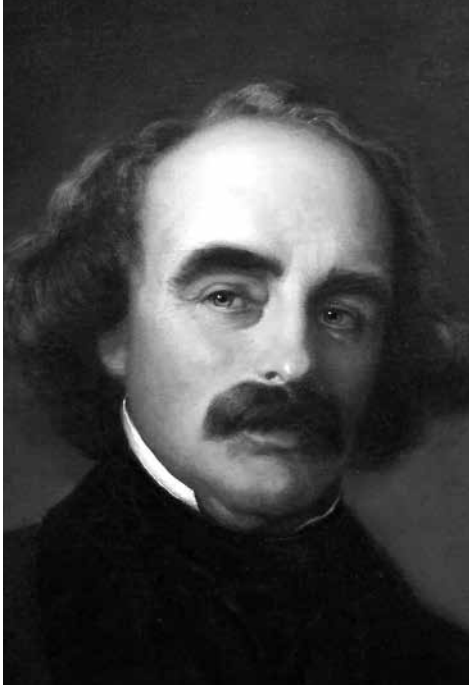
WINTER WONDERLAND
SPECTACULAR
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4PM - 8PM / FREE ENTRY
HAWTHORNE AIRPORT

COMMUNITY CLEAN UP DAY
SATURDAY, DECEMBER 9, 2023
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HAWTHORNE AIRPORT

YOUTH BASKETBALL LEAGUE
FEBRUARY 10 - MARCH 10, 2024
HAWTHORNE AIRPORT

WINTER WONDERLAND
DECORATING CONTEST
DECEMBER 12, 2023
HAWTHORNE AIRPORT

DAY AT THE PARK
JANUARY 13, 2024
HAWTHORNE AIRPORT



PUBLIC NOTICES

T.S. No.: 23-9661
Notice of Trustee's Sale
Loan No.: *****4092APN: 4041-009-067 You Are In Default Under A Deed Of Trust Dated 7/20/2017. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Yvonne Donnell, a

single woman and Richard Stevens, a single man as joint tenants Duly Appointed Trustee: Prestige Default Services, LLC Recorded 7/27/2017 as Instrument No. 20170841802 in book --, page -- of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 1/25/2024 at 9:00 AM Place of Sale: Vineyard Ballroom Doubletree Hotel Los Angeles-Norwalk, 13111 Sycamore Drive, Norwalk, CA 90650 Amount of unpaid balance and other charges: \$163,823.95 Street Address or other common designation of real property: 4644 W Broadway #30 Hawthorne, California 90250 A.P.N.: 4041-009-067 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens

senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. All checks payable to Prestige Default Services, LLC, Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 793-6107 or visit this Internet Website www.auction.com, using the file number assigned to this case 23-9661. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property

after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (800) 793-6107, or visit this internet website www.auction.com, using the file number assigned to this case 23-9661 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 12/19/2023 Prestige Default Services, LLC 1920 Old Tustin Ave. Santa Ana, California 92705 Questions: 949-427-2010 Sale Line: (800) 793-6107 Patricia Sanchez, Trustee Sale Officer Hawthorne Press Tribune Pub. 1/4, 1/11, 1/18/24

HH-28280

NOTICE TO CREDITORS
OF BULK SALE
(UCC Sec. 6105)

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Notice is hereby given that a bulk sale is about to be made. The name(s), business address(es) of the Seller(s) are: KAM MOUN TRAN, 247 MAIN STREET, EL SEGUNDO, CA 90245
Doing Business as: THE DONUT
All other business name(s) and address(es) used by the Seller(s) within the past three years, as stated by the Seller(s) is/are: NONE
The location in California of the Chief Executive Officer of the Seller(s) is: (if none, so state): NONE
The name(s) and address of the Buyer(s) is/are: TSAI CAPITAL GROUP, LLC, a California limited liability company, 1100 Fullerton Road, City of Industry, CA 91748
The assets being sold are generally described as: ALL FURNISHING, EQUIPMENT AND FIXTURES and are located at: 247 MAIN STREET, EL SEGUNDO, CA 90245
The bulk sale is intended to be consummated at the office of: Central Escrow, Inc., 1675 HANOVER ROAD, CITY OF INDUSTRY, CA 91748 and the anticipated sale date is: 02/05/24
The bulk sale IS subject to California Uniform Commercial Code Section 6106.2 YES
[If the sale subject to Sec. 61062, the following information must be provided] The names and address of the person with whom claims may be filed is: Central Escrow, Inc., 1661 Hanover Road, Suite 201, City of Industry, CA 91748 and the last date for filing claims by any creditor shall be 02/02/24, which is the business day before the sale date specified above.
Dated: 1/3/2024
Buyer(s): TSAI CAPITAL GROUP, LLC, a California limited liability company
By S/: HELEN MA, Manager/Member
By S/: WENTY HA, Manager/Member
By S/: DENNY TSAI, Manager/Member
1/18/24
CNS-3772733#
Hawthorne Press Tribune Pub. 1/18/24
HH-28294

SALE NOTICE

Notice is hereby given that SunCo Storage-Hawthorne will sell the contents of the following self-storage units by public auction to satisfy their liens against these tenants, in accordance with the Florida Self-Storage Facility Act. The auction will take place online at storage-treasures.com from 9AM on February 1st to noon on **February 4th**. Units are believed to contain household items, unless otherwise listed. SunCo Storage 20820 SE Hawthorne Rd, Hawthorne, FL 32640
Auction is with credit/debit card payments only. A \$100 refundable cleaning deposit is required. The auction will be listed and advertised on www.storage-treasures.com. All purchased items are sold as is, where is, and must be removed within 48 hours. Sale is subject to cancellation in the event of a settlement with the tenant.
Name/Unit: Wintrez Thomas Unit 62, Amber Johnson Unit 63
Hawthorne Press Tribune Pub. 1/18, 1/25/24
HH-28298



CITY OF INGLEWOOD
INVITATION TO SUBMIT BIDS
(Specifications and Conditions Governing Bid Award)

Project Subject to Bid: **RESIDENTIAL SOUND INSULATION PHASE XV, GROUP 40**
The City of Inglewood invites and will receive bids duly filed as provided herein for the furnishing of labor and materials and/or completing the above-designated project.

A mandatory pre-bid meeting will be held at 10:00 A.M. on Wednesday, January 31, 2024. The meeting will take place in the Residential Sound Insulation Department Conference Room in Inglewood City Hall on the 5th Floor. A site visit may follow the conference. Although the site visit is not mandatory, it is recommended that Contractors be in attendance. Should a Contractor elect to waive attendance, then he/she accepts full and total responsibility for any additional information given and or knowledge imparted during the site visit that might be considered relevant to this Bid and or the specifications for this project. Should you require further information, please call the City's Residential Sound Insulation Office at (310) 412-5289.
Each bid to be considered must be delivered to and received by the City Clerk no later than **11:00 A.M. on Wednesday, February 14, 2024, in the Office of the City Clerk, Inglewood City Hall, One Manchester Boulevard, Inglewood, CA 90301.**

Each bid shall be submitted and completed in all particulars using the form entitled, "Bidders Proposal and Statement" attached hereto and must be enclosed, together with the requisite bid security in a sealed envelope addressed to the City Clerk with the designation of the project "**Residential Sound Insulation Phase XV, Group 40**" appearing thereon.
Each bid shall state the unit price of each item if called for on the Bidder's Proposal and Statement form. In the event alternative bids are called for in said form, each alternative bid shall be completed.
Each bid shall be submitted as one (1) original set and two (2) copies set.
Bids will be opened in public in the **Office of the City Clerk** and will then and there be announced to all persons present.
A CD-Rom version of the plans and specifications may be purchased from the Residential Sound Insulation Department, 5th Floor, Inglewood City Hall, One Manchester Blvd., Inglewood, California for \$25.00.
Each bid must be accompanied by a deposit in the form of cash, a cashier's or certified check made payable to the City of Inglewood, or a bid bond, for an amount of not less than ten percent (10%) of the aggregate of the bid, as a guarantee that the successful bidder will, within the time specified, enter into an agreement as provided in the bid document and furnish bonds when required in the Special Provisions. One for faithful performance in the amount of the contract sum, and another for contractor's labor and materials in the amount of the contract sum.

The City Council reserves the right to reject any or all bids and to waive any irregularities in any bid, and to take bids under advisement for a period not to exceed sixty days from and after the date bids are opened and announced. Attention is directed to the provisions of Sections 1777.5 and 1777.6 of the Labor Code concerning the employment of apprentices on public works projects by the Contractor or any subcontractor under them. The Contractor or any subcontractor shall comply with the requirements of said sections in the employment of apprentices. Information relative to apprenticeship standards and administration of the apprenticeship program may be obtained from the Director of Industrial Relations, San Francisco, California, or the Division of Apprenticeship Standards and its branch offices. Notice is hereby given that the City Council has ascertained the prevailing rates of per diem wages in the locality in which the work is to be done for each craft or type of workman or mechanic needed to execute the contract in accordance with the provisions of Section 1770, et. Seq. of the Labor Code; said prevailing rates are on file in the Office of the City Clerk and are incorporated herein by reference as if set forth in full. Copies shall be made available to any interested party on request.
This contract requires a **Class B (Building Contractor) License** at the time of bid submission. The successful bidder must obtain and maintain current until completion of the project an Inglewood City Business License.
This notice is given by order of the City Administrative Officer of the City of Inglewood, California, and is dated this ____ day of _____, 20____.

Assistant City Manager
City of Inglewood, California
Inglewood Daily News Pub. 1/18/24
HH-28299

HH-28299

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AVISO DE DISPONIBILIDAD DE FONDOS (NOFA)
CIUDAD DE HAWTHORNE
Programas de Subvención en Bloque para el Desarrollo Comunitario (CDBG), Asociaciones de inversión en el Hogar (HOME), y Asociaciones de inversión en el Hogar – Plan de Rescate Americano (HOME-ARP) del AP24-25

Descripción del programa: La Ciudad de Hawthorne se complace en anunciar la disponibilidad de fondos de la Subvención en Bloque para el Desarrollo Comunitario (CDBG, por sus siglas en inglés), Asociaciones de Inversión en el Hogar (HOME, por sus siglas en inglés), y Asociaciones de Inversión en el Hogar – Plan de Rescate Americano (HOME-ARP, por sus siglas en inglés) para el Año del Programa 2024-2025. Estos programas son financiados a través del Departamento de Vivienda y Desarrollo Urbano de los Estados Unidos (HUD, por sus siglas en inglés) y son administrados localmente por la Ciudad de Hawthorne para apoyar el desarrollo de viviendas asequibles, servicios públicos, desarrollo económico, y otras actividades que beneficien principalmente a personas y vecindarios de ingresos bajos y moderados. Este Aviso de Disponibilidad de Fondos (NOFA, por sus siglas en inglés) cubre un período de un año para las actividades de CDBG, HOME, y HOME-ARP que comenzarán el 1 de julio de 2024.
Solicitantes Admisibles: La Ciudad de Hawthorne invita a los solicitantes admisibles, incluyendo organizaciones sin fines de lucro, Organizaciones para el Desarrollo de la Vivienda (CHDOs, por sus siglas en inglés), promotores con fines de lucro, y otras entidades, a presentar

solicitudes para proyectos que cumplan con los objetivos y prioridades del Plan Consolidado de la Ciudad, así como con los requisitos de los programas de CDBG, HOME, y/o HOME-ARP. Se dará prioridad para la financiación a aquellos solicitantes que apalancen otras fuentes de financiación, demuestren la colaboración con y el apoyo de la comunidad, aborden las necesidades de las poblaciones desatendidas, y promuevan la vivienda justa y la igualdad de oportunidades.
Taller sobre la NOFA: La Ciudad llevará a cabo un Taller Técnico previo a la solicitud el lunes 18 de diciembre de 2023, a la 1:00 p.m. en el Memorial Center, Sala Polaris, para proporcionar información y orientación sobre el proceso de la solicitud, los criterios de admisibilidad, los factores de evaluación, y los requisitos de presentación de informes. La asistencia al taller es muy recomendable, aunque no es obligatorio, para los solicitantes interesados.

Como Presentar la Solicitud: A partir de la fecha de esta publicación, se pueden obtener copias electrónicas rellenas de la solicitud en línea en <https://www.cityofhawthorne.org/departments/housing/cdbg>. Las solicitudes deben estar escritas a máquina (no a mano) y sólo se aceptarán por correo electrónico a rfidges@mdg-ldm.com antes de las 5:00 p.m. el **viernes, 12 de enero de 2024**. Las solicitudes presentadas tarde o incompletas no serán aceptadas ni revisadas. Se aconseja a los solicitantes que revisen cuidadosamente las instrucciones de la solicitud y que se pongan en contacto con el personal de la Ciudad para cualquier pregunta o problema técnico antes de presentar sus solicitudes. La Ciudad

reserva el derecho de modificar la cantidad y la asignación de los fondos, de rechazar alguna o todas las solicitudes, de renunciar a cualquier irregularidad o deficiencia menor en las solicitudes, y de solicitar información adicional o aclaraciones a los solicitantes.

Actualización de la fecha límite de solicitud: La Ciudad ha extendido la fecha límite de solicitud. La nueva fecha límite ahora es el **viernes 26 de enero de 2024 a las 5:00 pm**. Esta extensión tiene como objetivo garantizar que todos los interesados tengan tiempo suficiente para completar y presentar una propuesta de financiamiento.

Cumplimiento con la ADA: La intención de la Ciudad de Hawthorne es cumplir con la Ley de Estadounidenses con Discapacidades en todos los aspectos. Si, como solicitante interesado, usted necesitará asistencia especial más allá de la que normalmente se proporciona, la Ciudad de Hawthorne intentará acomodarlo de todas las maneras razonables. Por favor, póngase en contacto con la oficina del secretario municipal llamando al (310) 349-2915. La notificación 48 horas antes del taller técnico permitirá a la Ciudad hacer los arreglos razonables para asegurar la accesibilidad a esta reunión (28 CFR 35.102-35.104 ADA Título II).

Contacto de la ciudad: Si usted tiene alguna pregunta con respecto a este NOFA, por favor, póngase en contacto con Kimberly Mack, Directora de Programas de Vivienda, por correo electrónico en kmack@cityofhawthorne.org.
Publicado: 28 de diciembre de 2023 (Hawthorne Press Tribune)
Hawthorne Press Tribune Pub. 12/28, 1/4, 1/11, 1/18, 1/25/24

HH-28276



NOTICE OF PETITION TO ADMINISTER
ESTATE OF:
ASILA J. CARRERA AKA
ASILA JACQUELINE CARRERA
CASE NO. 23STPB14159

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL, or estate, or both of ASILA J. CARRERA AKA ASILA JACQUELINE CARRERA.

A PETITION FOR PROBATE has been filed by AMELIA MARGARITA NAVARRO in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that AMELIA MARGARITA NAVARRO be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL, and codicils, if any, be admitted to probate. The WILL, and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative



to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 02/09/24 at 8:30AM in Dept. 44 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of



the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
JIM L. DAVIS - SBN 220156
1945 PALO VERDE AVENUE, SUITE 101
LONG BEACH CA 90815, Telephone (562) 433-2600

1/4, 1/11, 1/18/24
CNS-3770015#
Hawthorne Press Tribune Pub. 1/4, 1/11, 1/18/24

HH-28285

PUBLIC NOTICE

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bemeshia Dudley, announce the birth of their male child, Jordan Amare Perez, on March 10, 2011, 7:14am. Born healthy at California, 8lbs 6oz approx. 21 inches.

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bemeshia Dudley, announce the birth of their male child, Micah Azai Perez, October 23, 2016, 5:52am. Born healthy at California, 8lbs 4oz approx. 20 inches.

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bemeshia Dudley, announce the birth of their male child, Titus Arinze Perez, May 4, 2019, 4:45pm. Born healthy at California, 7lbs 2oz approx. 19 inches.
Hawthorne Press Tribune Pub. 1/18, 1/25, 2/1, 2/8/24.

HH-28296



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GUNDOGRAM

SUBMIT YOUR YUM DISH!!

Cheddar Broccoli Frittata

Provided by Campbells Soup Corp.

Why do we never think frittata when we think one-dish meal? It cooks quickly, it's budget-friendly and easily customizable. This Cheddar Broccoli Frittata tastes great and is easy, too! Just saute some veggies, then pour a mixture of condensed broccoli cheese soup and eggs over the top. Let it cook for a minute or two, then quickly broil- 25 minutes, start to finish! You can also use whatever vegetables you have on hand, just keep the amounts and cut sizes the same so they cook in the same amount of time. You can also bake the mixture in a mini muffin-pan, for egg bites that look great on a brunch board! Or make a batch to freeze for a prep-ahead breakfast!



Ingredients

- 9 eggs
- 1 can (10 1/2 ounces) Campbell's® Condensed Broccoli Cheese Soup or (10 1/2 ounces) Campbell's® Condensed 98% Fat Free Broccoli Cheese Soup
- 1 tablespoon butter
- 3 ounces mushrooms, coarsely chopped (about 1 cup)
- 1 large yellow onion, chopped (about 1 cup)
- 1 small zucchini, coarsely chopped (about 1 cup)
- 1/2 cup shredded Cheddar cheese
- 3 green onion, chopped

Directions

- **Step 1:** 1Beat the eggs and soup in a medium bowl with a fork or whisk. Season with salt and pepper.
- **Step 2:** Heat the butter in a 12-inch ovenproof nonstick skillet over medium heat. Add the mushrooms, yellow onion and zucchini and cook until tender. Stir in the egg mixture. Reduce the heat to low. Cook for 5 minutes or until the egg mixture is almost set but still moist.
- **Step 3:** Heat the broiler. Sprinkle the cheese over the egg mixture. Broil the frittata with the top 4 inches from the heat for 2 minutes or until the top is golden brown. Sprinkle with the green onions before serving.

Send us a photo and recipe of your favorite dish.
We'd love to share it with the community. Send to: web@heraldpublications.com

Seniors

from page 2

help you stay motivated and may inspire you to create your own group of friends for walking or doing activities together. Physical activity can reduce stress, help you stay more present throughout your day and enjoy your life to the fullest. Classes offered by SilverSneakers include Tai Chi and Yoga, which are easy ways to help you stay more mindful and boost your overall well-being.

SilverSneakers offers members a network of up to 22,000 fitness locations, along with community-based options like community centers and parks. Workouts are offered at thousands of gyms, community centers and other participating fitness locations nationwide. Members can participate in live, instructor-led and on-demand virtual classes in a variety of lengths and formats. Learn more at SilverSneakers.com. •



If you love South Bay.



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