

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Inglewood and Lawndale

Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Inglewood News
The Weekly Newspaper of Inglewood

Lawndale Tribune
AND LAWDALE NEWS
The Weekly Newspaper of Lawndale

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 6, No. 4 - January 25, 2024

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LAX's Midfield Satellite Concourse South Celebrated Its Topping Out



Topping Out is a milestone marking the placement of the project's final structural beam. The ceremony was attended by Councilwoman Traci Park, members of the Los Angeles Board of Airport Commissioners, LAWA executives and staff and members of the design and construction team. MSC South is an extension of the West Gates at Tom Bradley International Terminal and will add approximately 150,000 square feet and eight gates for narrow body aircraft. Photo courtesy LAX.

The City Council Skates, But Only for Awhile

By Ron Sokol

The Hawthorne City's Council's second meeting of this new year had an Agenda that was notably shorter than most. Did this mean the meeting would only last an hour or two?

For once, is there not all that much to deal with? In fact, the meeting even started right on time! Mayor Pro Tem Angie Reyes gave the invocation and thanked God for directing the City Council to do the right thing. Mayor Vargas made clear that 2024 is promising to be a good year, and good things are happening, which led to what can easily be described as a joyous presentation:

Ladies and gentlemen, Louie Lopez is a professional and decorated skateboarder! His mom and dad accompanied him, among other family members. Last month, at Eucalyptus Park, with many in attendance, Louie said thank you to Hawthorne. The event had excellent sponsors, including Converse, FA World Entertainment, Noah, Spitfire, Stance, Yeti, Oakley, Skullcandy, SKF Skateboarding, CCs, Miles, independent, and Grown & Gifted.

No one went home empty-handed. This was an event about positivity and community spirit and included activities for residents of all ages. The City Council issued a Certificate of Recognition to Louie, posed for photos with him, and bottom line, encouraged this young man "to be our 2028 Olympics Skate Ambassador".

Brenda Williams, Recreation Supervisor with the City of Hawthorne, was part of the team that made the event at Eucalyptus Park so successful. Clearly, when there is teamwork of this kind, everyone benefits. Louie spoke of his bottom line: "Anything you are dreaming about, you can do it. My main goal is for

everyone to get something and everyone to leave happy. Follow your dreams..."

The Manager of the Hawthorne Library then came forward, another fine young person, Danny Grandaos. He encouraged the community to keep track online of when the library is providing free vaccines. He also wanted to ensure we knew about the Toddler Paint program on January 27 at noon. Then, on February 3 is a special guest storyteller at noon, which kicks off Black History Month.

Next, Marco Trejo. For fifteen years, and going strong, he has led Sweet Science Boxing and MMA in Hawthorne, which took two kids to the Olympic try-outs, and they got quite close.

Marco wants to keep working, in conjunction with the City of Hawthorne, to persuade young people away from gang violence and seek to guide them into productive lives. He proposed a gang prevention program, and just like that, a representative from the Hawthorne Police Department came forward to talk with him.

Also, a reminder given from the public presentation that April is Autism Awareness Month. An ongoing request is made that Hawthorne show its support.

Chris Brown then took the podium. In 2013, he became the youngest Mayor of Hawthorne and the first African American Mayor in the

See City Council, page 4

Barking at the El Segundo Dog Park

By Ron Sokol

It was about 105 degrees in Newberry Springs (near Barstow) that July morning when I traveled from the South Bay to pick up Jesse, a golden retriever, five months young, who was looking for his "forever home". The breeders were very kind and shared with me that he was from absolute champion stock, but seemed a bit too lethargic, so no one had come forward. To that point, Jesse was housed at their premises a distance away, which I would learn was *out in the boonies*.

So, in the early goings, it was clear that Jesse was a country bumpkin. He had no familiarity with common things like car horns or even stairs. At the start, I had to carry him up to our second story for bedtime, and my back paid the price.

The breeders also explained to me that Jesse was named after the *Jesse Tree*, which (at least as I heard it) is a symbol from the Bible of a tree stump from which grew a new tree, similar to the Old Testament, which gave rise to the New Testament. Some will tell you dogs are angels on four paws.

You will hear no argument here. Jesse transformed not just my life but that of my family and others who knew him and spent time with him, not the least of which was my aging mother, who resided in a "facility" that quickly welcomed Jesse because so many there enjoyed his affection and loving nature. He was a therapy dog without any training.

When I brought him home, Jesse weighed 35 pounds. He would grow

See Dog Park, page 7

Weekend Forecast

Friday

Partly
Cloudy
66°/52°



Saturday

Partly
Cloudy
72°/54°



Sunday

Partly
Cloudy
74°/54°





Entertainment

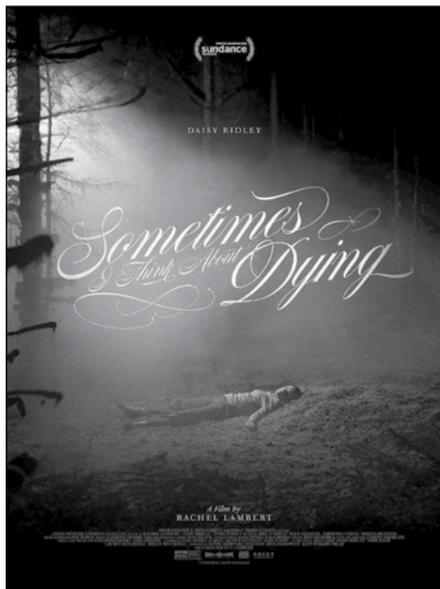


Film Review

Sometimes I Think About Dying: The Beauty of Being Mundane

By Morgan Rojas for Cinemacy

At the intersection of *Punch Drunk Love* and *Office Space* lies *Sometimes I Think About Dying*, a dark comedy about the pains of navigating corporate culture from the point of view of a socially inept millennial. Directed by Rachel Lambert, the film uses subtle humor to show how one woman (Daisy Ridley), stuck at a dead-end job, temporarily escapes the invisible chains of her cubicle by letting her mind wander into absurd territory. Anyone who has ever worked a humdrum 9-5 will be able to relate to the angst our protagonist feels, contributing to a reflective yet hilarious watch. Making its World Premiere at the 2023 Sundance Film Festival, *Sometimes I Think About Dying* is



Sometimes I Think About Dying, courtesy Oscilloscope Laboratories, finally getting its overdue theatrical release on January 26, 2024.

A beautiful harp sequence plays over images of a crisp, foggy morning along the Oregon coast. Idyllic in both soundscape and landscape, it seems like this place is heaven on earth. However, the beauty of the day doesn't make even a dent into Fran's (Daisy Ridley) downcast disposition, whose beige cardigan matches her workplace's beige interior. Given this visual, we can safely assume that her wardrobe acts as an outward reflection of her beige life.

Fran works in a small, nondescript office with nice enough co-workers, yet she stays at arm's length and remains non-receptive to their half-hearted attempts at small talk. New life is breathed into the office when the friendly new hire, Robert (Dave Merheje), joins the team. He voluntarily initi-

ates contact with Fran, asking her for help with simple tasks like ordering office supplies, and doesn't give up engaging in conversation despite her lack of enthusiasm towards him. Their connection isn't instant—far from it, in fact—but over time, Robert begins to peel away Fran's protective layers and starts to understand who the real Fran is.

This isn't a traditional love story, but more of a self-love story for the emotionally challenged. When we first meet Fran, she is working through self-doubt and criticism by envisioning all of the different ways she could die, depicted through vivid daydreams. These surreal montages incorporate risky and absurd undertakings, like standing toe to toe with a snake. These images—visceral in nature—seem to give Fran a sense of ownership over her autonomy. She may not have control over many aspects of her life but here, in her dreams, she is the boss. The film dips into this psychological aspect but doesn't linger too long in her psyche. Rather, director Rachel Lambert uses this outlet as a means of expressing Fran's quirkiness and dissimilarity to her peers.

Sometimes I Think About Dying crafts a tender and affectionate story that hits all of the right notes with conviction. The ensemble cast is made up of mostly lesser-known actors and similar in form to *Jury Duty*, they all have their own amusing quirks, making the group feel more like an improv team than co-stars. Daisy Ridley gives a stellar performance as the apathetic Fran, teetering on the edge of pity and arrogance with such finesse. Her command over the role is impressive, reminding everyone why she deserves to remain a top-billed star.

See Film Review, page 7



Morgan Rojas

Check It Out

Open Throat by Henry Hoke

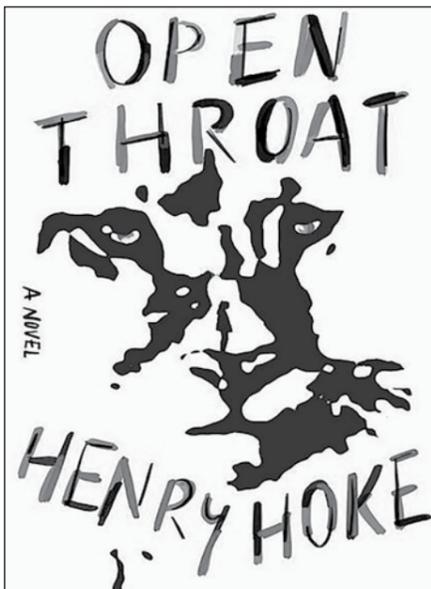
By Library Assistant Mary Martes

Designated as one of the best books of 2023 by the Washington Post, and described by the New York Times as a "slim jewel of a novel," Henry Hoke's *Open Throat* is not to be missed. Narrated by a mountain lion in the hills above Los Angeles, we see humans through the perspective of an unwitting victim to our avarice and selfish destruction of the natural world we profess to treasure and admire. Written in sentence fragments, this wickedly smart and humorous observation of the rapid lives led by a world of influencers and strivers is a joy to read. As our mountain lion declares, "I try to understand people but they make it hard."

On the other hand, it is heartbreaking to witness the cost of human disregard for nature and the wildlife we have continually pushed

to the brink of extinction. These animals are driven to increasingly desperate measures to feed themselves. Silently watching hikers pass within feet of him, the narrator drools and muses how long he could feed on a human, fighting his ever present hunger, instinctively knowing it would be the end of him even as it sustains him. "I don't know if I feel good or bad... if hungry is bad then I almost always feel hungry, so maybe I almost always feel bad." Our mountain lions' journey is an adventure of surprising discoveries and narrow escapes.

Despite the unconventional construction of the novel, Hoke's prose is remarkably expressive. Referring to the freeway as "the long death" and "a scorched world" in the aftermath of a forest fire, Hoke gives us a completely different picture of the world we pass through daily. Despite having read this book some months ago, I simply cannot forget its effect upon me. I hope your experience is as lasting. •



Open Throat by Henry Hoke.



Mary Martes

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Ad Sales / Legal Notices / Marketing: (310) 322-1830

Classifieds / Real Estate: (310) 322-1831 • www.heraldpublications.com

Staff and Departments

Editor-in-Chief: Heidi Maerker

Classifieds: Clara Nilles • class@heraldpublications.com

DBA: Debbie Waite • dba@heraldpublications.com • For Fictitious Business Name (DBAs) filings

Display Ad Sales: Debbie Waite • marketing@heraldpublications.com

Production: Michael Gonzales • ads@heraldpublications.com

Legals: Debbie Waite • legalnotices@heraldpublications.com

For legal notices, name changes, obituaries

Letters to the Editor: letters@heraldpublications.com

Marketing: Debbie Waite • marketing@heraldpublications.com

Real Estate: Clara Nilles • graphics@heraldpublications.com • For new realtors, contracts, ads

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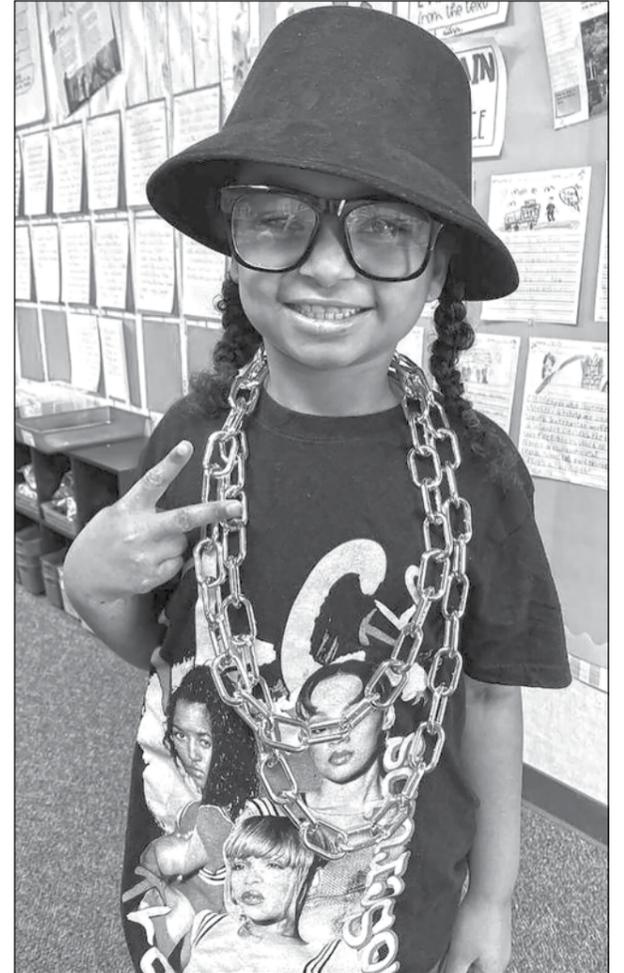
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Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

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Aviators Travel Back in Time



It was 90s day at Billy Mitchell Elementary School. Everyone showed their school spirit by dressing the part. Photo courtesy Billy Mitchell Elementary School.

Self-Care Isn't Selfish

By Lauren Mahakian,
Family Connect Care

Welcome to 2024! Every year, at this time of New Year's resolutions, I suggest that my clients don't make unrealistic resolutions to start something new (like losing weight) or change a routine (perhaps giving up coffee or some other vice) but instead resolve to cut themselves some slack and take better care of themselves. So many of us worry constantly about our loved ones with dementia that it affects our health. We stress about their care and often take on an unfair share of caring for them.

The demands of caregiving, combined with worry and stress, can tremendously affect your health and well-being. Stress causes cortisol levels to rise, leading to metabolism and weight gain changes. Other effects of cortisol include inflammation, high blood pressure, high anxiety, interrupted sleep, and even diabetes.

Stress and worry are widespread among those of us who are natural caregivers. Our loved one needs help, and we are the one person on the planet best suited to provide that help. In many cases, our loved one needing assistance is someone who raised us or otherwise cared for us in the past. We feel we owe them. Focusing on ourselves means not focusing on them, leading to guilt, a worry that only leads to additional stress.

The trouble is that many caregivers are so focused on their loved one's care that they forget to care for themselves. You might not sleep enough, exercise enough, or eat well. You may also feel depressed or anxious. All of these increase your risk of develop-

ing severe health issues. The emotional and physical demands of caregiving can be very strenuous, even on the strongest person. I often say, "If you don't take care of yourself, who will take care of your loved one?"

At the core of many caregiver's circumstances is a feeling of obligation. I'm not suggesting that anyone abandon their feelings or their loved ones. Caring for the person who once cared for you can create a tremendous feeling of obligation.

However, it's equally important to be compassionate to yourself. You are likely providing the best care and making the best decisions for your loved one, given what you know when you know it. Feeling guilty about not doing enough or about making difficult decisions is where I interrupt. My mantra for over a decade has been to give up the guilt.

Another aspect of self-care is asking for and accepting help. List people you feel can help, including immediate family, extended family, friends, and neighbors. You may not ask them to bathe your loved one, but they may sit with your loved one to watch television or go on walks, giving you a brief respite.

Finally, improvement in your diet can also help put some focus on you. Eliminate fast food and incorporate fruits and vegetables or exercise to reduce stress. A 10-minute daily walk is a great place to start, increasing your walk time weekly. And I can't emphasize enough that you need more sleep to deal with caregiver stress. Make a point of going to bed a half-hour earlier, turning off your phone, and reading a book. Do something weekly for yourself, keep to your routine, and let go of the guilt. •

"It's not too late for a new beginning."
— ELEANOR BROWNN

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Love Thy Neighbor

Dear South Bay Cities Neighbors,

We love the profiles we've done, and we've learned so much about South Bay City residents. We want to do more, so please keep the suggestions coming. With over 200,000 residents, we're sure there are some gems we may have overlooked or not been aware of them. Do you have a unique and interesting friend, neighbor, co-worker, colleague or student? All you have to do is ask their permission and send us their contact information. Of course, if you find yourself fascinating, you are welcome to send us your information too. 😊

— Best to you all. HM.

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to letters@heraldpublications.com



Please have your nominee's approval before you submit them as a nominee.

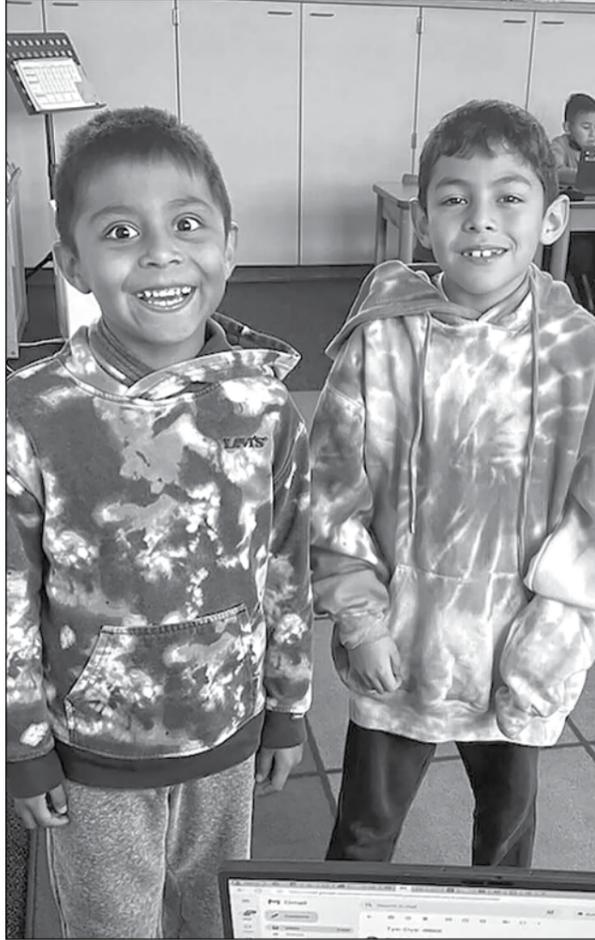
Lawndale Tribune

AND LAWNDALE NEWS

The Weekly Newspaper of Lawndale

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It's Kindness Spirit Week at Anderson



Monday was Tye-Dye day. Beautiful colors were seen all over Anderson Elementary. Photo courtesy Anderson Elementary School.

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City Council

from front page

City's then-91-year history. Chris noted the several deaths in the past four to six weeks, emphasized this is not the fault of the City Council, commended the Police Department, and stated, "I am just here to make sure you give the Police Department all the support its needs.... Keep up the good work. Ignore the noise!"

The City Clerk and each Council member in attendance (Ms. Manning was out that night) had their time to address matters of interest. Mayor Vargas spoke about "Hawthorne's own path." He emphasized that the City has real success, which should not be overshadowed by Inglewood (with SoFi and all the news the various developments in Inglewood have generated). One item of import here is the hotel corridor on Imperial Highway, which provides a more affordable alternative to the hotels along or adjacent to LAX. The Mayor commended the City Manager and staff and also reminded them that AYSO was basically founded in Hawthorne.

Then, at 7:17 pm, a bit more than an hour after the meeting began, the Council went into Executive (that is, closed) Session. Here,

then, are the positives, the high-fives, and the commendations temporarily put aside.

In November of last year, a civil lawsuit was filed locally by the Hawthorne Airport, LLC against the City of Hawthorne and others. The lawsuit is over 400 pages long, though perhaps some of that includes attachments. The myriad claims range from Breach of Contract to Accounting and Unjust Enrichment to Cancellation of Instruments.

An Executive Session is a special, closed meeting during which candid, confidential discussions can take place, often with counsel. While transparency is an integral part of government, as much as feasible, there simply are some matters – here, a possibly significant lawsuit – that are properly addressed behind closed doors.

What will be done with the lawsuit remains to be seen, to be heard, and to play out. In sum, this was a briefer City Council meeting than usual, and there was so much that was positive and gratifying. Invariably, though, there is tough stuff to deal with as well. Skating for a while, but not the whole time.

Stay tuned. •



City Council and Louie Lopez

Inglewood News

The Weekly Newspaper of Inglewood

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Inglewood Public Library Welcomes Author Dr. Randal Henry



What do Issa Rae & Etta James have in common? Learn how South LA has made world history with Dr. Randal Henry in our presentation of the Behind the Book author series. Dr. Henry is the author of *Go Crenshaw: An Afrocentric Guide to the Crenshaw District*, *Go South LA*, & *Born in South LA*. Don't miss it on Saturday, January 27 at 1:00 pm at the Main Library on the 1st Floor. Photo courtesy Inglewood Public Library.

Finance

Hybrid Heating: Save Money and Reduce Your Home's Carbon Footprint

(BPT) - As temperatures dip across the country, homeowners are shifting their attention to keeping their indoor spaces comfortable during the cooler months. However, many conventional heating and cooling systems can be very inefficient to operate, causing your utility bill to soar - especially in the winter.

What's the solution to creating a comfortable home that's also energy-efficient and supports a healthy environment? One option that homeowners in colder climates may want to consider is a hybrid system that pairs an electric heat pump with a furnace as a back-up heat source.

What Is Hybrid Heating?

A hybrid HVAC system uses a heat pump as the primary heat source paired with a furnace for supplemental heat only in the coldest months. Heat pumps "move" heat from one source to another, as opposed to "creating"

heat, making them highly efficient systems that reduce energy use by as much as two-thirds when compared to conventional heating. However, at very cold outdoor temperatures, many air source heat pumps need to rely on backup heating, which is either electric resistance strip heating or fuel combustion heating from a furnace.

Because electric resistance uses a significant amount of electricity, it is very inefficient and can place a large strain on the electric grid. This can create more harmful carbon emissions than utilizing a gas furnace for the limited periods that backup heating is needed - making hybrid systems a very sustainable solution.

"A dual fuel heat pump system is a proven, sustainable way for homeowners to heat and cool their home year-round while reducing their emissions and cutting energy costs."

See Finance, page 7



Seniors

How You Can Stay Ahead of Diabetes

(BPT) - With diabetes on the rise, getting tested and establishing a healthy routine are more important than ever.

The high rate of diabetes in this country comes at a significant cost. If not well managed, diabetes can lead to many complications, including blindness, kidney failure, heart disease and more. Diabetes also increases the risk of developing serious complications or being hospitalized with respiratory illnesses such as COVID-19 and the flu. People living with diabetes incur an average of \$16,750 in medical expenses every year - more than double the typical cost of care for people without diabetes.

"While navigating diabetes can be complicated, the most important things you need to do are get tested regularly and develop a routine to manage your condition over time," says Danielle James, PharmD, a Walgreens pharmacy manager in the Chicago area. "Your pharmacist can help you with both of those things, whether you have diabetes, prediabetes

or an elevated risk for diabetes. This is the perfect time to start that conversation with your pharmacist."

Testing and ongoing management look different for everyone, but they are both crucial to stay ahead of diabetes before it progresses or leads to complications.

Testing

The American Diabetes Association recommends all adults ages 35 and older get screened for diabetes at least once every three years. People living with diabetes also need to undergo regular testing to monitor their condition and adjust their care regimen as needed. Blood sugar tests are the most common form of testing for diabetes, and there are several different types:

- A1C testing measures your average blood sugar level over three months. This is the most common test to diagnose diabetes and monitor it over time to determine how well treatment is working.

See Seniors, page 7



PUBLIC NOTICES

SALE NOTICE

Notice is hereby given that SunCo Storage-Hawthorne will sell the contents of the following self-storage units by public auction to satisfy their liens against these tenants, in accordance with the Florida Self-Storage Facility Act. The auction will take place online at storage-treasures.com from 9AM on February 1st to noon on **February 4th**. Units are believed to contain household items, unless otherwise listed. SunCo Storage 20820 SE Hawthorne Rd, Hawthorne, FL 32640. Auction is with credit/debit card payments only. A \$100 refundable cleaning deposit is required. The auction will be listed and advertised on www.storage-treasures.com. All purchased items are sold as is, where is, and must be removed within 48 hours. Sale is subject to cancellation in the event of a settlement with the tenant. Name/Unit: Wirtrez Thomas Unit 62, Amber Johnson Unit 63. Hawthorne Press Tribune Pub. 1/18, 1/25/24 **HH-28298**

NOTICE TO CREDITORS OF BULK SALE (Division 6 of the Commercial Code) Escrow No. 050513

(1) Notice is hereby given to creditors of the within named Seller(s) that a bulk sale is about to be made on personal property hereinafter described.
(2) The name and business addresses of the seller are: SunshineAcademy Childcare Center / Tanesha Thomas, 3661 IMPERIAL HWY, INGLEWOOD, CA 90303
(3) The location in California of the chief executive office of the Seller is: 3661 IMPERIAL HWY, INGLEWOOD, CA 90303
(4) The names and business address of the Buyer(s) are: Darlene Gardener, 3661 IMPERIAL HWY, INGLEWOOD, CA 90303
(5) The location and general description of the assets to be sold are ALL STOCK IN TRADE, INCLUDING INVENTORY, SUPPLIES, MERCHANDISE, FIXTURES, EQUIPMENT, GOODWILL AND TRADE NAME of that

certain business located at: 3661 IMPERIAL HWY, INGLEWOOD, CA 90303
(6) The business name used by the seller(s) at that location is: Sunshine Academy Child-care Center
(7) The anticipated date of the bulk sale is 02/13/24 at the office of Security Land Escrow Company, 10805 Paramount Blvd., Suite A Downey, CA 90241, Escrow No. 050513, Escrow Officer: Nicole Garces-Machado.
(8) Claims may be filed with Same as "7" above.
(9) The last date for filing claims is 02/09/24.
(10) This Bulk Sale is subject to Section 6106.2 of the Uniform Commercial Code.
(11) As listed by the Seller, all other business names and addresses used by the Seller within three years before the date such list was sent or delivered to the Buyer are: NONE
Dated: January 5, 2024
Transferees:
S/ Darlene Gardener
1/25/24
CNS-3775452#
Hawthorne Press Tribune Pub. 1/25/24 **HH-28300**

PUBLIC NOTICE

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bernesha Dudley, announce the birth of their male child, Jordan Amare Perez, on March 10, 2011, 7:14am. Born healthy at California, 8lbs 6oz approx. 21 inches.

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bernesha Dudley, announce the birth of their male child, Micah Azai Perez, October 23, 2016, 5:52am. Born healthy at California, 8lbs 4oz approx. 20 inches.

NOTICE: father, Thomas Lee Perez Jr. and mother, Tashanaye Bernesha Dudley, announce the birth of their male child, Titus Arinze Perez, May 4, 2019, 4:45pm. Born healthy at California, 7lbs 2oz approx. 19 inches. Hawthorne Press Tribune Pub. 1/18, 1/25, 2/1, 2/8/24.

HH-28296

NOTICE OF PETITION TO ADMINISTER ESTATE OF: EMZEY LEE CATHEY CASE NO. 24STPB00375

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of EMZEY LEE CATHEY. APETITION FOR PROBATE has been filed by ZIVETTE M. CATON in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that ZIVETTE M. CATON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 02/14/24 at 8:30AM in Dept. 9 located at 111 N. HILL ST., LOS ANGELES, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the

court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: E. LAWRENCE BROCK - SBN 92527 KAYCEE R. LINK - SBN 347416 PROVENLAW, PLLC 216 W. ST. GEORGE BLVD. STE. 200 ST. GEORGE, UT 84770 Telephone (435) 688-9231 1/18, 1/25, 2/1/24 **CNS-3774083#** Inglewood Daily News Pub. 1/18, 1/25, 2/1/24 **HH-28295**

There are better things ahead than any we leave behind... - C.S. Lewis



NOTICE OF FUNDING AVAILABILITY (NOFA) CITY OF HAWTHORNE

PY24-25 Community Development Block Grant (CDBG), HOME Investment Partnerships (HOME), and HOME Investment Partnerships - American Rescue Plan (HOME-ARP) Programs
Program Description: The City of Hawthorne is pleased to announce the availability of Community Development Block Grant (CDBG), HOME Investment Partnerships (HOME), and HOME Investment Partnerships - American Rescue Plan (HOME-ARP) program funds for the 2024-2025 Program Year. These programs are funded through the U.S. Department of Housing and Urban Development (HUD) and are administered locally by the City of Hawthorne to support the development of affordable housing, public services, economic development, and other activities that principally benefit low- and moderate-income persons and neighborhoods. This Notice of Funding Availability (NOFA) covers a one-year period for CDBG, HOME, and HOME-ARP activities that will begin July 1, 2024.
Eligible Applicants: The City of Hawthorne invites eligible applicants, including nonprofit organizations, Community Housing Development Organizations (CHDOs), for-profit developers, and other entities, to submit applications for projects that meet the objectives and priorities of the City's Consolidated Plan as well as the

requirements of the CDBG, HOME, and/or HOME-ARP programs. Priority for funding will be given to those applicants that leverage other sources of funding, demonstrate community collaboration and support, address the needs of underserved populations, and promote fair housing and equal opportunity.
NOFA Workshop: The City will conduct a pre-application Technical Workshop on Monday, December 18, 2023, at 1:00 p.m. at the Memorial Center, Polaris Room, to provide information and guidance on the application process, eligibility criteria, evaluation factors, and reporting requirements. Attendance at the workshop is strongly encouraged, but not mandatory, for interested applicants.
How to Apply: As of the date of this publication, electronic fillable copies of the application may be obtained online at <https://www.cityofhawthorne.org/departments/housing/cdbg>. Applications must be typed (not handwritten) and shall only be accepted via e-mail to rfbridges@mdg-kdm.com by 5:00 p.m. on Friday, January 12, 2024. Late or incomplete applications will not be accepted or reviewed. Applicants are advised to review the application instructions carefully and contact the City's staff with any questions or technical issues before submitting their applications. The City reserves the right to modify the amount and allocation of funds, to reject any or all applications, to waive any minor irregularities or deficiencies in the applications, and to request additional information or

clarification from the applicants.
Application Deadline Update: The City has extended the application deadline. The new deadline is now Friday, January 26, 2024, at 5:00 pm. This extension aims to ensure that all interested have ample time to complete and submit a proposal for funding.
ADA Compliance: It is the intention of the City of Hawthorne to comply with the Americans with Disabilities Act in all respects. If, as an interested applicant, you will need special assistance beyond what is normally provided, the City of Hawthorne will attempt to accommodate you in every reasonable manner. Please contact the City Clerk's Office at (310) 349-2915. Notification 48 hours prior to the technical workshop will enable the City to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35.104 ADA Title II).
Language Access Pursuant to Executive Order 13166: Si necesita más información sobre este aviso o la traducción de documentos en español, comuníquese con Dayna Williams-Hunter al (310) 349-2915.
City Contact: Should you have any questions regarding this NOFA, please contact Kimberly Mack, Housing Director, via email at kmack@cityofhawthorne.org.
Published: December 28, 2023 (Hawthorne Press Tribune) Hawthorne Press Tribune Pub. 12/28, 1/4, 1/11, 1/18, 1/25/24 **HH-28275**

AVISO DE DISPONIBILIDAD DE FONDOS (NOFA) CIUDAD DE HAWTHORNE

Programas de Subvención en Bloque para el Desarrollo Comunitario (CDBG), Asociaciones de inversión en el Hogar (HOME), y Asociaciones de inversión en el Hogar - Plan de Rescate Americano (HOME-ARP) del AP24-25
Descripción del programa: La Ciudad de Hawthorne se complace en anunciar la disponibilidad de fondos de la Subvención en Bloque para el Desarrollo Comunitario (CDBG, por sus siglas en inglés), Asociaciones de Inversión en el Hogar (HOME, por sus siglas en inglés), y Asociaciones de Inversión en el Hogar - Plan de Rescate Americano (HOME-ARP, por sus siglas en inglés) para el Año del Programa 2024-2025. Estos programas son financiados a través del Departamento de Vivienda y Desarrollo Urbano de los Estados Unidos (HUD, por sus siglas en inglés) y son administrados localmente por la Ciudad de Hawthorne para apoyar el desarrollo de viviendas asequibles, servicios públicos, desarrollo económico, y otras actividades que benefician principalmente a personas y vecindarios de ingresos bajos y moderados. Este Aviso de Disponibilidad de Fondos (NOFA, por sus siglas en inglés) cubre un período de un año para las actividades de CDBG, HOME, y HOME-ARP que comenzarán el 1 de julio de 2024.
Solicitantes Admisibles: La Ciudad de Hawthorne invita a los solicitantes admisibles, incluyendo organizaciones sin fines de lucro, Organizaciones para el Desarrollo de la Vivienda (CHDOs, por sus siglas en inglés), promotores con fines de lucro, y otras entidades, a presentar

solicitudes para proyectos que cumplan con los objetivos y prioridades del Plan Consolidado de la Ciudad, así como con los requisitos de los programas de CDBG, HOME, y/o HOME-ARP. Se dará prioridad para la financiación a aquellos solicitantes que apalancan otras fuentes de financiación, demuestren la colaboración con y el apoyo de la comunidad, aborden las necesidades de las poblaciones desatendidas, y promuevan la vivienda justa y la igualdad de oportunidades.
Taller sobre la NOFA: La Ciudad llevará a cabo un Taller Técnico previo a la solicitud el lunes 18 de diciembre de 2023, a la 1:00 p.m. en el Memorial Center, Sala Polaris, para proporcionar información y orientación sobre el proceso de la solicitud, los criterios de admisibilidad, los factores de evaluación, y los requisitos de presentación de informes. La asistencia al taller es muy recomendable, aunque no es obligatorio, para los solicitantes interesados.
Como Presentar la Solicitud: A partir de la fecha de esta publicación, se pueden obtener copias electrónicas rellenas de la solicitud en línea en <https://www.cityofhawthorne.org/departments/housing/cdbg>. Las solicitudes deben estar escritas a máquina (no a mano) y sólo se aceptarán por correo electrónico a rfbridges@mdg-kdm.com antes de las 5:00 p.m. el viernes, 12 de enero de 2024. Las solicitudes presentadas tarde o incompletas no serán aceptadas ni revisadas. Se aconseja a los solicitantes que revisen cuidadosamente las instrucciones de la solicitud y que se pongan en contacto con el personal de la Ciudad para cualquier pregunta o problema técnico antes de presentar sus solicitudes. La Ciudad

reserva el derecho de modificar la cantidad y la asignación de los fondos, de rechazar alguna o todas las solicitudes, de renunciar a cualquier irregularidad o deficiencia menor en las solicitudes, y de solicitar información adicional o aclaraciones a los solicitantes.
Actualización de la fecha límite de solicitud: La Ciudad ha extendido la fecha límite de solicitud. La nueva fecha límite ahora es el **viernes 26 de enero de 2024 a las 5:00 pm**. Esta extensión tiene como objetivo garantizar que todos los interesados tengan tiempo suficiente para completar y presentar una propuesta de financiamiento.
Cumplimiento con la ADA: La intención de la Ciudad de Hawthorne es cumplir con la Ley de Estadounidenses con Discapacidades en todos los aspectos. Si, como solicitante interesado, usted necesitará asistencia especial más allá de la que normalmente se proporciona, la Ciudad de Hawthorne intentará acomodarlo de todas las maneras razonables. Por favor, póngase en contacto con la oficina del secretario municipal llamando al (310) 349-2915. La notificación 48 horas antes del taller técnico permitirá a la Ciudad hacer los arreglos razonables para asegurar la accesibilidad a esta reunión (28 CFR 35.102-35.104 ADA Título II).
Contacto de la ciudad: Si usted tiene alguna pregunta con respecto a este NOFA, por favor, póngase en contacto con Kimberly Mack, Directora de Programas de Vivienda, por correo electrónico en kmack@cityofhawthorne.org.
Publicado: 28 de diciembre de 2023 (Hawthorne Press Tribune) Hawthorne Press Tribune Pub. 12/28, 1/4, 1/11, 1/18, 1/25/24 **HH-28276**

PUBLISH YOUR PUBLIC NOTICES HERE

ABANDONMENTS: \$125.00

ABC NOTICES: \$125.00

DBA (Fictitious Business Name) \$75.00

NAME CHANGE: \$200.00

Other type of notice? Contact us and we can give you a price.

T.S. No.: 230405119
Notice of Trustee's Sale
Loan No.: 071222b Order No. 95527438-APN: 4021-030-022 Property Address: 243 East Tamarack Avenue Inglewood, CA 90301 You Are In Default Under A Deed Of Trust Dated 7/12/2022. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale on the highest bidder for cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of

sale. No cashier's checks older than 60 days from the day of sale will be accepted. Trustor: Brian Wayday, a Widower and Rasselan Khan Miles, a Widow, as Joint Tenants Duly Appointed Trustee. Total Lender Solutions, Inc. Recorded 7/27/2022 as Instrument No. 20220762492 in book , page of Official Records in the office of the Recorder of Los Angeles County, California. Date of Sale: 2/15/2024 at 11:00AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA Amount of unpaid balance and other charges: \$591,328.15 Street Address or other common designation of real property: 243 East Tamarack Avenue Inglewood, CA 90301 A.P.N.: 4021-030-022 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens

senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. Notice To Property Owner: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkoonsultantsinc.com, using the file number assigned to this case 230405119. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are

an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website site www.ttsales.info, using the file number assigned to this case 230405119 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. When submitting funds for a bid pursuant to Section 2924m, please make the funds payable to "Total Lender Solutions, Inc. Holding Account". If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 1/17/2024 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: Rachel Seropian, Trustee Sale Officer Inglewood Daily News Pub. 1/25, 2/1, 2/8/24 **HH-28304**

ABANDONMENTS: \$125.00

ABC NOTICES: \$125.00

DBA (Fictitious Business Name) \$75.00

NAME CHANGE: \$200.00

Other type of notice? Contact us and we can give you a price.

For DBA's email us at: dba@heraldpublications.com

All other legal notices email us at: legalnotices@heraldpublications.com



NOTICE OF PETITION TO ADMINISTER ESTATE OF: EUGENE FISHER JR. CASE NO. 24STPB00702
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of EUGENE FISHER JR. A PETITION FOR PROBATE has been filed by DANNY BARNES in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that DANNY BARNES be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This

authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 03/05/24 at 8:30AM in Dept. 44 located at 111 N. HILL ST., LOS ANGELES, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the

court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the

court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: MATTHEW C. YU, ESQ. - SBN 256235 THE LAW OFFICE OF MATTHEW C. YU 3620 PACIFIC COAST HIGHWAY #200 TORRANCE CA 90505, Telephone (310) 891-0016 1/25, 2/1, 2/8/24 **CNS-3776439#** Inglewood Daily News Pub. 1/25, 2/1, 2/8/24 **HH-28303**

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Dog Park

from front page

into an 85-pound, handsome, gentle, sweet, kind, strong, and loving companion. Time after time, people would complement me on how well-behaved he was (not realizing that I had done nothing, that he “came out of the box” that way). And his supposed lethargy turned out to be a common issue, a Thyroid deficiency, which was and is readily treatable.

One of our very favorite spots was the El Segundo Dog Park on Imperial Highway. It has an area for big dogs and a separate space for smaller dogs. There are several impressive trees (which provide not only aesthetic benefit, but comforting shade).

There are benches, water fountains for both dog and person alike, sturdy fences, pooper scoopers, trash receptacles, friendly people, and ample room for dogs to romp, jump, bark, play, and take in the day. It is a place where you yourself can unwind, where “the human” can take a nice break, while the dog has playdates with all varieties of canines.

Jesse would “high paw” me as we walked into El Segundo’s Dog Park (he was so excited and joyful). I always appreciated, and still do, that there was and is no entrance fee. Just come on in and enjoy!

Statistics indicate there are over five million privately owned dogs in Los Angeles County. Even so, dog parks are more recent than you may expect. The first dates to 1979, known as Ohlone Dog Park in Berkeley, California.



The El Segundo Dog Park

Like others, the Ohlone Dog Park started as a community project on public land that came (in time) to be officially sanctioned. While dog parks are common today, getting a dog park opened is no snap-of-the-fingers. El Segundo looked into the idea in 1998, but it was quite a few years later before the El Segundo Dog Park became a reality.

In the interim, a dog run on the nearby beach has never been approved despite considerable effort. This is not to criticize, but instead to

remind us to count our blessings. The El Segundo Dog Park is a real find.

For so many of us, dogs are a part of the family.

Leash laws, urban sprawl, and residential development, coupled with small, if any, yards, spawned a genuine need to give our buddies their own playtime and place to go. It also is important to be mindful of and follow the rules at the dog park. Aggressive dogs are not welcome. Clean up after your

pooch. I should also mention that the El Segundo Dog Park is more dirt than sod, so you probably don’t want to go there in your Sunday best. It isn’t perfect, but if a vote were taken, I would check “Yes” if we could rename this location: *The El Segundo Human and Dog Park*.

A short distance west is Clutter’s Park, which has wonderful views of LAX and planes taking off. For many of us, sitting on a bench at the El Segundo Dog Park in the shade, stretching a bit and smiling, we think: “Fly away, big old planes, and safe travels! We are happy right here.”

Granted, the car seat won’t look any better as Jesse gets back in and later out, and my shoes and pants will, of course, show signs of wear and tear, but these are a small price to pay for the fun and comfort at the El Segundo Dog Park.

The noise dissipates there. The outside world tends to drain away. Many of the folks are easy to talk with. Invariably, as you probably surmise, we try to convince each other that our dog is completely unique and, all things considered, indeed, is the best of all time. *Of all time!*

Then we wink at each other (not literally, but in our hearts). After that, we watch our four-legged kids, and all is right in the world. So, then, What about that new name? The El Segundo Human and Dog Park. Once again, you will hear no argument here. •



Ample Room for Dogs



Jesse, the Golden Retriever

Finance

from page 5

said Manuel de la Fuente, vice president and general manager of Johnson Controls-Hitachi North America.

Reliable Comfort in Extreme Cold

Hybrid heating systems work similar to how a hybrid car uses gas or electric automatically based on whatever is most efficient. In very cold weather, a hybrid heat pump with a gas furnace for backup heat will not only ensure consistent and dependable indoor temperatures, it’ll also have lower carbon emissions and operating costs than a heat pump utilizing electric resistance for backup heat.

For example, the Hitachi air365 Hybrid dual fuel system combines two heat sources: an external Hitachi Mini VRF heat pump and either your existing gas furnace with an attached dual fuel module, or a new model, such as the YORK® YP9C Modulating Gas Furnace. When the air365 Hybrid system is in heating mode, a smart sensor monitors the outdoor temperature. If it reaches a temperature where the heat pump cannot

efficiently meet the indoor heating demand, it automatically switches from the heat pump to the furnace.

Rebates and Tax Credits

There are many federal, state and local incentives available now that encourage heat pump adoption and significantly reduce the upfront costs of new equipment. For example, the Inflation Reduction Act (IRA) expanded incentives for high-efficiency HVAC equipment, including the 25C tax credit. Many electric utilities also offer incentives for customers to install high-efficiency heat pumps, and these incentives can usually be combined with federal and state programs. Climate policies and incentive programs differ from state to state and even city to city, so rebate amounts and qualifications may change depending on homeowner location.

To find a Johnson Controls-Hitachi Air Conditioning contractor, visit HitachiAirCon.com, and to learn more about Hitachi air365 Hybrid dual fuel system, visit HitachiAirCon.com/air365hybrid. •

Film Review

from page 2

“It’s hard, isn’t it? Being a person.” This line of dialogue has stuck with me since viewing the film, and I think it is the perfect summation of the overall tone. *Sometimes I Think About Dying* is a sweet nod to the outsider. While it’s not necessarily

revolutionary in its execution, it offers a cathartic release for the times when you feel like nothing more than a cog in the corporate machine.

Sometimes I Think About Dying opens on January 26, 2024, at AMC The Grove 14. •

Seniors

from page 5

• Blood glucose testing measures your blood sugar at a single moment in time and can also be used to diagnose diabetes or determine your risk of developing it. For some blood glucose tests, you will need to fast overnight before your blood is drawn.

• Blood sugar monitoring is typically performed at home by people living with diabetes to monitor and manage their condition daily. It can be done via finger pricks throughout the day or by wearing a device called a continuous glucose monitor (CGM), which measures blood glucose levels every few minutes.

Other important tests for people at risk for or living with diabetes include cholesterol and blood pressure tests, routine kidney screenings, and eye and foot exams. Based on your condition, your Walgreens pharmacist can help you identify which types of testing you need and how often you need them.

Ongoing Management

Testing is just one piece of managing

diabetes. Most people also need a routine that includes medications, lifestyle changes, and staying up to date on immunizations and other preventative health measures. Walgreens pharmacists are trained to help you with all of this:

- Teach you how to keep A1C and glucose levels on target and use testing tools such as CGMs and blood glucose meters

- Share important information about your medications and help you stay on track with medications

- Counsel you on managing your diet, physical activity and weight to improve health

- Provide vaccinations for flu, COVID-19, RSV and other vaccine-preventable illnesses

- Help you navigate insurance and find cost savings through tools such as Rx Savings Finder and Find Rx Coverage

Visit Walgreens.com/Diabetes (English) or Walgreens.com/DiabetesESP (Spanish) for more information on diabetes services at Walgreens during Diabetes Awareness Month and year-round. •

“The only way of discovering the limits of the possible is to venture a little way past them into the impossible.”

— ARTHUR C. CLARKE

PETSPETS **Pets** PETSPETS

Featured Pets of the Week

Provided by Hannah Collett, spcaLA

Drake is one lovable boy! He's a sweet 8-year-old Labrador Retriever mix who loves to give LOTS of hugs and kisses. Drake is very mild-mannered and walks well on a leash. He has lived with children and cats before and has had positive experiences with other dogs - so he may get along with yours!

Come meet Drake today, you won't regret it! <https://spcala.com/adoptable/pet/?ss=LACA-A-9691>

Casanova is a charmer who lives up to his name. Even though he is 85 pounds, that doesn't stop him from being a lap dog and a total bundle of love. Casanova gets on well with other dogs and seems to love

every person he meets. <https://spcala.com/adoptable/pet/?ss=LACA-A-12411>

Meet **Wilson**! Wilson is an adorable and super sweet 2-year-old male cat. Wilson is a love bug, and those stunning green eyes sell themselves. He would make a great companion and is a good fit for any household. <https://spcala.com/adoptable/pet/?ss=LACA-A-12858>

<https://spcala.com/adoptable/pet/?ss=LACA-A-12858>

Say hello to **Pigcasso**! Pigcasso is a 1-year-old man Guinea Pig who came to spcaLA with his siblings, who are all looking for a new home. Pigcasso has a curly coat and a super cute squeak. Come meet Pigcasso and all of his brothers and sisters today! <https://spcala.com/adoptable/pet/?ss=LACA-A-12890> •



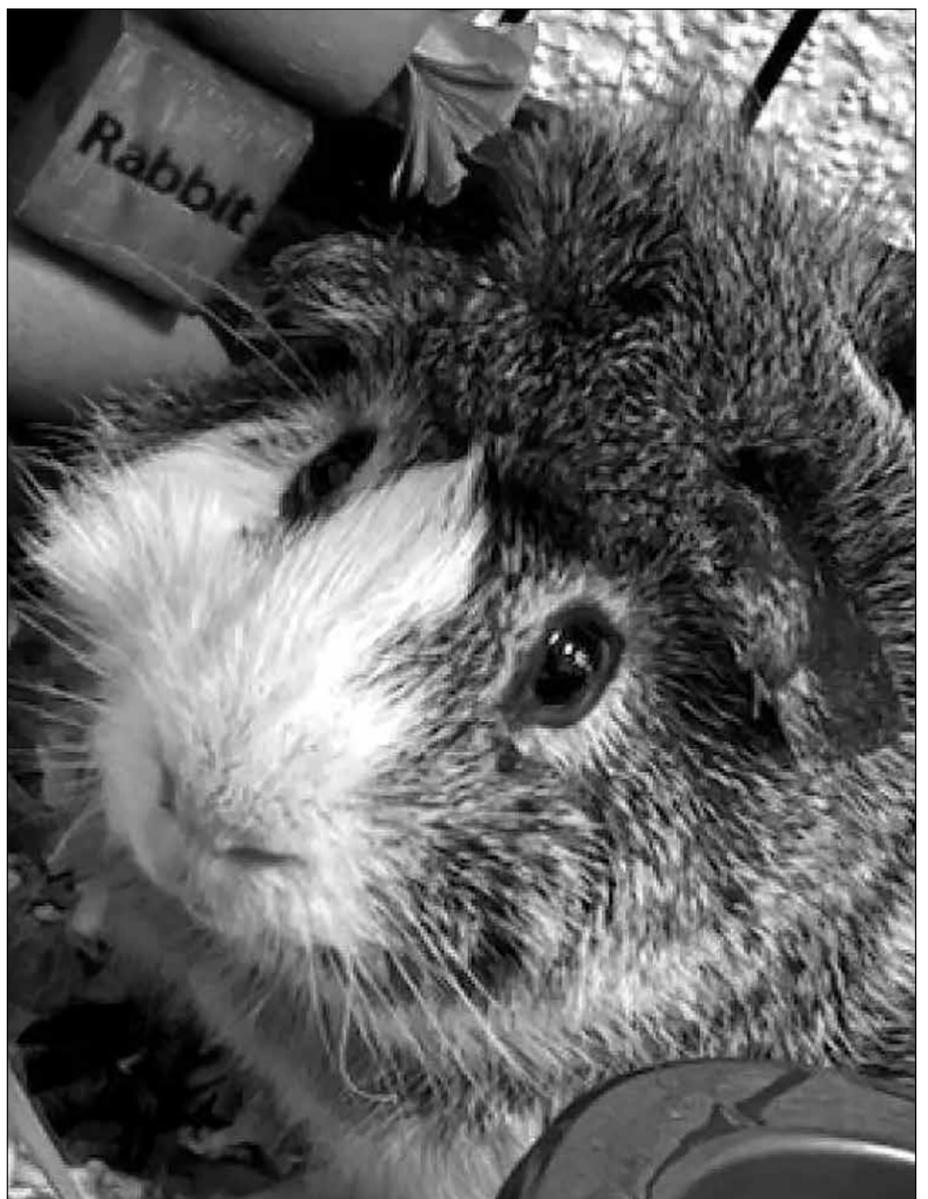
Drake



Wilson



Casanova



Pigcasso