

South Bay Cities

Featuring the Weekly Newspapers of Hawthorne, Inglewood and Lawndale

Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Inglewood News
The Weekly Newspaper of Inglewood

Lawndale Tribune
AND LAWNDALE NEWS
The Weekly Newspaper of Lawndale

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 5, No. 16 - April 20, 2023

Celebrating Women's History

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Ms. Schmitz Class held a Gallery Walk at Anderson Elementary School to honor Great Women in History. This wonderful event showcased amazing art and inspiring stories. Photos courtesy Anderson Elementary School.

Grappling with WWE Wrestling

By Ron Sokol

The following is a recent conversation in which yours truly participated:

Wife: "You do understand that it's fully scripted?"

Me: "Yes, I know the outcome is decided before they start."

Wife: "So, then, you know it's just a kind of soap opera, right? Men and women, in all kinds of unusual outfits, face paint, masks... Still, you pay good money to see that?"

Me: "Granted, I feel a little silly, but there was a packed house at SoFi two nights in a row. This event is in our backyard here in the South Bay. John Cena, one of the most famous, has set a record for granting Make a Wish for kids!"

Wife: "Well, I'm glad you had fun. But, when friends come over tonight for dinner, please, if you talk about it, keep it to a minimum, ok?"

You see, my son and I went to the second night of Wrestlemania this past Sunday, April 2nd, at Inglewood's So Fi Stadium. The wrestler Roman Reigns (referred to as "The Head of the Table" and "The Tribal Chief") continued his longstanding run as Champion of World Wrestling Entertainment, to the chagrin of many there. It was all very dramatic and ended with quite an array of fireworks.

Let me be clear: My son and I are at least somewhat intelligent. We also are from two very different generations. So, we asked ourselves, "Why do we have fun with this?" There was music, including excellent piano playing, a variety of colorful lights, lots and lots of pyrotechnics, and a fair amount of

humor (from, among others, co-host Snoop Dogg). The crowd was noisy, boisterous, and very diverse. There were a fair number of families, lots of excited kids, and the atmosphere at times electric.

The organization itself (the WWE) supports several worthy causes, not the least of which are folks in the military. And SoFi Stadium is indeed one of the pride and joys of the South Bay. Inglewood Mayor James T. Butts spoke before the event began. Wrestlemania was good for our local economy.

Yes, the action is make-believe, except they throw each other around, and I am sure it hurts at any given time. Women are very prominent in matches and a significant part of the industry. The show opened with the singing of *America the Beautiful*.

So, as I have mulled this over, here is what happened to me: Long ago, when I was in high school, some friends and I went to the Olympic Auditorium in downtown Los Angeles to see a favorite wrestler, Bobo Brazil. There were, maybe, a few hundred people there – not 80,000 each night like at SoFi. There was no pyrotechnics. There was no music and no fancy walk-in ramp. It was pretty bare bones. The chairs we sat in looked like party rentals. I saw two grandmothers – they sure looked like grandmothers – standing up, shouting at the wrestlers, and shaking their fists and purses at the "bad guys." It was fun, silly, distracting, and, bottom line; I got hooked.

Professional wrestling is similar today, except
See Wrestling, page 4



The Entrance Ramp.

Weekend Forecast

Friday
Sunny
73°/58°



Saturday
Mostly Sunny
74°/58°



Sunday
Mostly Sunny
67°/57°



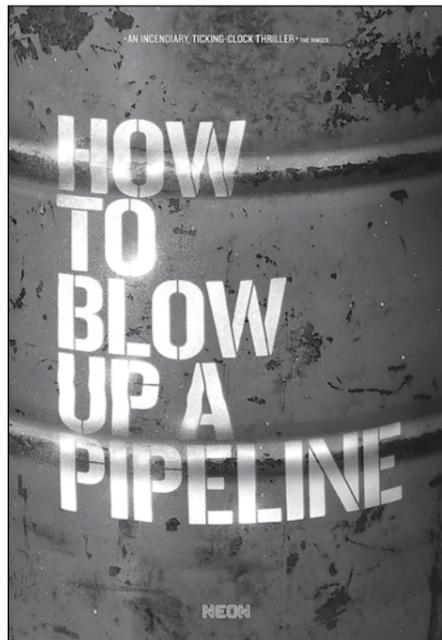
Entertainment

Film Review

In *How To Blow Up a Pipeline*, Eco-Activists Take On the Oil Industry

By Morgan Rojas for Cinemacy

Director Daniel Goldhaber does not shy away from centering his films around controversial subject matters. His sophomore feature film, the ecological thriller *How To Blow Up a Pipeline*, thrusts a group of activists from across the country into a fight against the oil industry.



How To Blow Up a Pipeline, courtesy NEON.

Adapted from Andreas Malm's book of the same name, it's an ambitious and worthwhile cinematic and political statement for our times.

We first meet the collective, made up of eight young men and women from various backgrounds. They have convened in West Texas, with plans of destruction already in motion. At first, the lack of context for the first 15 minutes feels insufficient and mildly confusing. However, the characters' backstories and how they all came to meet are eventually revealed.

Once we're given more information on who these people are and why they're risking their freedom and lives to make a statement, their reasoning seems justified. Passion and anger

fuel their actions, and their message, on the whole, is one worth supporting. There are enough twists in the script to make *How To Blow Up a Pipeline* an enjoyably unpredictable watch. Yet, I fear it lacks the staying power to make it a cinematic political statement of the highest degree.

The film's aesthetic is comforting in its warm and grainy look, similar to Power Ranger films of the mid-90s. The editing is also reminiscent of old-school superhero shows you'd find on TV after school. It gives the film an organic texture that feels rooted in the Earth, almost like we can feel the effects of global warming through the screen.

Composer Gavin Brivik incorporates the sounds of the enemy – oil drums and pipes – into his score by recording samples with distorted and pulsing synth sounds.

There's no doubt that this story is one worth telling. *How To Blow Up a Pipeline* is a commendable effort to bring attention to this crisis. While it may not rank among my favorite ecological thrillers (*Woman at War* and *Night Moves* to name a couple), *How To Blow Up a Pipeline's* message alone is worth the watch.

100 minutes. Now playing in select theaters. •



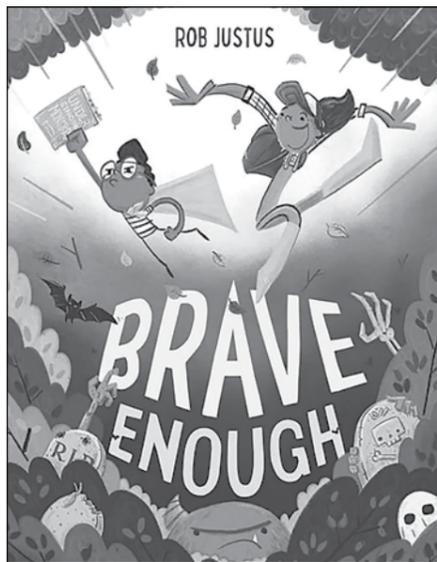
Morgan Rojas

Check It Out

Fiction/Non-Fiction Matchup: *Brave Enough* by Rob Justus and *All About Anxiety* by Carrie Lewis

By Kristina Kora-Beckman, Senior Librarian, El Segundo Public Library

This week, I'm pairing one of my favorite new picture books about overcoming fears with a non-fiction favorite that helps kids understand anxiety.



Brave Enough by Rob Justus

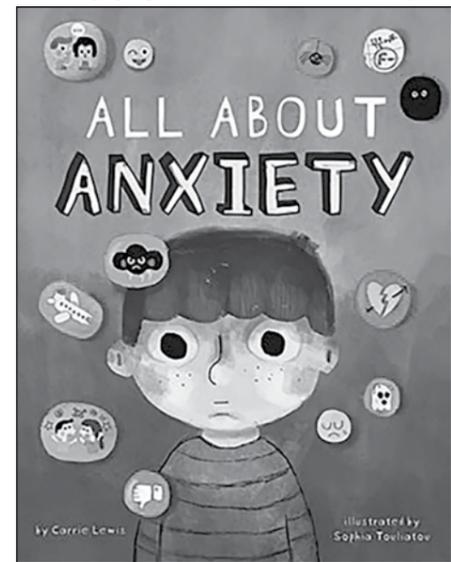
Brave Enough by Rob Justus opens with studious Little Brother, who is afraid of monsters due to all the books he's read about the scary topic, hiding under the covers of his bed. But his brash, brave big sister is determined to prove they don't exist and drags Little Brother down the block, through fields and into forest. When they fall down a hole due to sister's impulsivity and run into an actual monster, Little Brother comes to the rescue with facts from one of his monster books. Readers will relate to the polar sibling viewpoints, each with their complementing strengths and weaknesses, and how experience can debunk unfounded anxieties.

For suffers of anxiety, like Little Brother, the world can be a scary, confusing place. A little bit can be good but a lot can be debilitating. And for kids, who might struggle to put into words what they are feeling and why, books like *All About Anxiety* by Carrie Lewis, can be helpful.

The book breaks down questions kids might have about anxiety such as what causes it, what can they do about it, and who can they ask for help. Included are colorful illustrations

that help convey emotions, visualize parts of the body that are involved with anxiety and normalize the experience.

For more fiction/non-fiction pairings, stop by the youth desk, we'd love to help you find engaging, informative books on your



All About Anxiety by Carrie Lewis

favorite topics.

Don't have a library card yet? Stop by to sign up at the front desk to borrow materials including books, movies, magazines and more! With an El Segundo Public Library card, you can also download eBooks and eAudiobooks, and stream tv series and movies using Kanopy. •



Kristina Kora-Beckman

"There is more treasure in books than in all the pirate's loot on Treasure Island."
— WALT DISNEY

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California News Publishers Association

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Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

<h4>APARTMENT FOR RENT</h4> <p>Apartment for rent next to the Rec Park on Penn and East Holly Ave. 2 bedroom, 2 bath. \$3,000/month with 2 year lease. Near full remodel, second floor of 4 unit building, 2 private garages with automatic openers and driveway. Shared laundry. Call Evan 310.322.1939.</p>	<h4>WANTED</h4> <p>ANTIQUES, COLLECTIBLES, jewelry, military, pottery, garden, mid century, retro, art, ASIAN, silver, coins, stamps, anything unusual. FREE APPRAISALS. You know us from Storage Wars. Buy/Sell. 310.322.3895. El Segundo.</p>	<h4>WANTED</h4> <p>VINYL RECORDS, cassettes, CD's, 78's, anything musical & collectible. T-shirts, programs, posters, tickets, audio equipment. Buy/Sell. Studio Antiques & Vinyl. 310.322.3895. El Segundo.</p>
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To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

Herald Publications - El Segundo, Hawthorne, Lawndale & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 65, No. 16 - April 20, 2023

The City Holds a Ribbon Cutting Ceremony for the New Bridge of Hope Community Housing



This housing community will provide interim shelter for unhoused individuals in the community. The 3800 sqft City-owned lot is located at 131st St. and Simms Ave, offers (12) 64 sq. Ft. insulated shelter units. The units have locked doors and windows, secure ventilation, a folding bed with a custom fit mattress, a folding desk, electricity, wall-mounted heater, air conditioner, fire extinguisher, smoke detector, carbon monoxide detector, slip resistant floors and storage. Eligible Hawthorne individuals suffering from homelessness is the City's target population. The ideal length of stay is between 90-180 days. A service provider who will bring onsite case management, job training, three daily meals and connection to additional services will operate the site. The City will leverage CDBG CARES Act dollars, the American Rescue Plan Act awards, PLHA grants and an HOME ARP allocation to build and operate this project. This is a temporary site that will initially run for 3 years or until all available funds have been exhausted. Thank you City of Hawthorne for helping our residents in need. Photo courtesy City of Hawthorne.

Seniors

Kidney Stones: Recurring Symptoms Could Signal an Inherited Disease

(BPT) - Throughout her life, Kim had no explanation for the recurrent, painful kidney stones she experienced. Growing up she and her doctors dismissed these stones and associated pain for other conditions like menstrual cramps and irritable bowel syndrome (IBS). It wasn't until her sister Joy passed away from the same disease that Kim received answers in the form of an official diagnosis - Kim's kidney stones were the result of an inherited disease called primary hyperoxaluria type 1 (PH1).

Kidney stones are a hallmark symptom of PH1. However, many people who experience recurrent stones in adulthood or even one kidney stone as a child do not consider or investigate a root cause, which can lead to delayed diagnoses and further complications. After watching her sister's progressive PH1 symptoms, Kim is determined to ensure her sister's memory lives on by sharing PH1 education and her own disease journey. Here's some information to know about PH1, including signs and symptoms, to better understand what to look for and when to potentially suspect this rare disease.

PH1 causes an overproduction of oxalate - an unneeded waste product that cannot be broken down further - in the liver. Normally, oxalate is present only in small amounts, is not used by the body for anything and needs to be eliminated by the kidneys. The overproduction of oxalate can lead to the formation of painful and recurrent kidney stones as well as progressive damage - meaning it can get worse over time and cause permanent damage.

As a rare disease, PH1 affects approximately 1 to 3 individuals per million in the United States and Europe, with an estimated 1,300 to 2,100 diagnosed cases across geographies. In some regions, such as the Middle East and North Africa, the genetic prevalence of PH1 is estimated to be higher.

After getting diagnosed with PH1, Kim took a genealogy test that showed she is, in part, of Middle Eastern descent, giving her a higher likelihood of having PH1. Knowing this helped fuel her vigorous research to learn about disease management options, especially since she and her

See Seniors, page 7

Garage Sale

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BY

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Lawndale Tribune

AND LAWDALE NEWS

The Weekly Newspaper of Lawndale

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Celebrating our Lawndale High School's Certificated, Classified, and Teacher of the Year



Congratulations to our amazing Cardinals who go above and beyond for our students. Shown from Left to Right: Daniel Swearingen, Certificated Employee of the Year; Leslie Fine, Teacher of the Year; Richard Estrella, Classified Employee of the Year. Photo courtesy Lawndale High School.

"A good teacher can inspire hope; ignite the imagination, and instill a love of learning."

— BRAD HENRY

Wrestling

from front page

on a much grander stage. It has become huge business. World Wrestling Entertainment is a multi-billion dollar public company traded on the New York stock exchange and is now merging with an even larger multi-billion dollar company.

Times change, don't they? But, in a way, the song remains the same.

The reported numbers from this recent Wrestlemania are rather astonishing: The largest audience in Wrestlemania history, with over 160,000 for the two nights; a record gate of more than \$21 million; highest sponsorship revenue so far, of \$20 million-plus, doubling the prior year; and even the



SoFi Hosts Wrestlemania.

merchandise sales set a record.

This event was Wrestlemania, number 39. The first was back in 1985. As noted, SoFi is said to have had 80,000 in attendance, 80,000, mind you, each night.

So, let me please ask: We can't all be crazy, right?

You know what, maybe it's better if you don't answer that one.

And, so you know, when we had friends over for dinner recently, Wrestlemania was mentioned, but only in passing. One of the guests asked, "You're kidding me. You went there?" I thought briefly and smartly answered: "What about those Dodgers?!" •



A Big Crowd.



The Ring.

Inglewood News

The Weekly Newspaper of Inglewood

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Pepsico Brings Joy to Our City's Youth



Thanks to the city's community partner PepsiCo, the newly renovated basketball courts at Ed Vincent Jr. Park are a real win for the community. With two-tier bleachers, sail shade canopies, and custom artwork, these courts are not only stylish, but also provide an enhanced play environment for hoopers of all ages to enjoy. Plus, with environmentally friendly products used in the construction, PepsiCo is helping the City create a sustainable future for our community and beyond. Let's Hoop. Thank you PepsiCo for looking out for our youth. Photo courtesy City of Inglewood.

Finance

Transition To Clean Energy With New Tax Credits

(BPT) - America has begun the transition to a clean energy future, but what does this mean for you and your family - and what smart energy choices can you make to significantly increase your home's efficiency and make a difference in protecting the climate?

Clean energy is generated from renewable sources without producing any pollution, which helps to improve the health of the environment and reduces the amounts of harmful emissions people are exposed to. Electricity made from clean energy can power appliances, heat and cool homes, and fuel transportation.

Benefits of clean energy abound - shifting to electricity generated from renewable sources of energy is important to slow down global warming and protect the environment from harmful smog and toxic buildups in the air and water. Using renewable sources of energy also helps conserve natural resources and reduces dependence on foreign oil.

At the same time, using energy efficiently is important to ensure there is ultimately enough clean energy supply to meet the demand. Here are some key steps you can take to be part of the clean energy future.

Start planning an ENERGY STAR Home Upgrade, which is a set of six high-impact, energy-efficiency improvements for your home that include upgrading to electric heat pump technology for heating, cooling and water heating. Working together to deliver significant energy and cost savings, an ENERGY STAR

Home Upgrade is designed to help you transition from fossil fuels for an energy-efficient, healthier and more comfortable home.

For the average American household, almost half of the annual energy bill goes toward heating and cooling - approximately \$900 a year, according to the U.S. Environmental Protection Agency. Therefore, finding ways to efficiently heat and cool your home - such as switching to a super-efficient heat pump for heating and cooling and integrating a smart thermostat for more efficient energy usage - is key to reducing energy usage and saving money year-round.

After heating and cooling systems, your water heater is the second largest energy user in your home and uses more energy than your refrigerator, clothes washer, dishwasher and dryer, combined. Given the energy intensity of water heaters, switching to an energy-efficient heat pump water heater, specifically one that has earned the ENERGY STAR label, can save you hundreds of dollars on your yearly energy costs.

Finally, you'll want to pay attention to your home envelope and make sure to seal any air leaks and check for adequate attic insulation. These changes alone can save homeowners an

average of 15% on heating and cooling costs - or an average of 11% on total energy costs - by air sealing key areas around your home such as attics, crawl spaces and basements, and making sure your attic is well insulated.

Choosing electricity generated by renewables, such as wind and solar, instead of fossil fuels, supports a cleaner energy supply and makes a difference in the fight against climate change. Take advantage of opportunities in your community to choose green power as the energy source for your home.

Driving an electric vehicle can save you money and benefit the environment. For every mile driven using electricity, you can save half of what it costs to drive a similar gasoline-powered vehicle. On average, the savings can be \$800 to \$1,000 a year on fuel and \$4,600 on maintenance over the vehicle's lifetime, according to Consumer Reports.

The Inflation Reduction Act is making it more affordable for families to purchase energy-efficient equipment, make repairs to their homes and save money on their utility bills each month. New federal income tax credits are available through 2032, providing up to \$3,200 annually to lower the cost of energy-efficient home upgrades by up to 30%.

Combined with utility rebates offered in many parts of the country, these incentives could significantly reduce the cost of making energy-efficient improvements to your home. Learn more at [Energystar.gov](https://energystar.gov).



PUBLIC NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF: GILBERTO LUGO CASE NO. 23STPB03392

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of GILBERTO LUGO. A PETITION FOR PROBATE has been filed by GILBERTO LUGO in the Superior Court of California, County of LOS ANGELES.

the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

NOTICE OF PETITION TO ADMINISTER ESTATE OF: CLARA MANABAT CASE NO. 23STPB03433

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of CLARA MANABAT. A PETITION FOR PROBATE has been filed by ROBERT HAMMOND in the Superior Court of California, County of LOS ANGELES.

be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

NOTICE OF PETITION TO ADMINISTER ESTATE OF: PETER R. DYCK CASE NO. 23STPB02020

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of PETER R. DYCK. A PETITION FOR PROBATE has been filed by MARY DRINKHALL in the Superior Court of California, County of LOS ANGELES.

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

NOTICE OF PUBLIC HEARING AND REVIEW Draft 2023-2024 Action Plan City Council Meeting April 25, 2023

Program Description: Pursuant to the United States Department of Housing and Urban Development (HUD) regulations, the City of Hawthorne (City) has prepared the draft Action Plan for the 2023-2024 Program Year. The Action Plan is the City's application to HUD for Community Development Block Grant (CDBG) and HOME Investment Partnerships (HOME) funds.

videoconferencing, or another equivalent option, will be included with the posted City Council Agenda. The Agenda will be posted online at least 72 hours in advance of the hearing at https://www.cityofhawthorne.org/.

ADA Compliance: It is the intention of the City of Hawthorne to comply with the Americans with Disabilities Act in all respects. If, as an attendee at this meeting, you will need special assistance beyond what is normally provided, the City of Hawthorne will attempt to accommodate you in every reasonable manner.

AVISO DE AUDIENCIA PÚBLICA Y REVISIÓN Borrador del Plan de Acción de 2023-2024 Reunión del Ayuntamiento 25 de abril de 2023

Descripción del Programa: De conformidad con las regulaciones del Departamento de Vivienda y Desarrollo Urbano de los Estados Unidos (HUD, por sus siglas en inglés), la Ciudad de Hawthorne (Ciudad) ha preparado el borrador del Plan de Acción para el Año del Programa 2023-2024.

Hawthorne el martes, 25 de abril de 2023, a las 6 p.m. para proporcionar comentarios públicos. Los detalles específicos sobre cómo participar, que pueden incluir teleconferencia, videoconferencia u otra opción equivalente, se incluirán en el orden del día publicado del Ayuntamiento.

en la audiencia pública, puede enviar sus comentarios por escrito al Departamento de Vivienda a 4455 West 126th Street, Hawthorne, CA 90250 desde el 23 de marzo de 2023 hasta el 25 de abril de 2023.

REQUEST FOR QUALIFICATIONS & PROPOSALS RFP-0201 ARCHITECTURAL AND ENGINEERING SERVICES

INGLEWOOD MAIN LIBRARY RENOVATION ("Project") Proposal Submission Deadline Due Date & Time: May 18, 2023 @ 10:00 a.m. To: Prospective Applicants: Project Name: INGLEWOOD MAIN LIBRARY RENOVATION ("Project") GENERAL DESCRIPTION This City intends to renovate its 74,500 square foot Main Library building located at 101 West Manchester Boulevard, Inglewood, California (the "Building").

documents forming a part of this Request for Qualifications and Proposals ("RFP"). All of the foregoing is hereinafter generically referred to as the "Project". The Project will be constructed using a "Design - Bid - Build" delivery method.

Contractor, to be retained by City via a separate procurement. Rather, the City has engaged a construction management firm ("CM") to oversee the General Contractor's work, including but not limited to the General Contractor's construction activities, as well as the General Contractor's adherence to the Project schedule and budget.

Proposed Duration: The following Pre-Construction and Design Services will have a total anticipated duration of February 2024 through April 2025 (approximately 15-months). 1. Programming and Project Criteria Development Services

before the posting of same; assisting City and CM with preparation of responses to Requests for Clarifications submitted by Bidders; and reviewing and commenting on the Statements of Qualifications and Bids submitted by Bidders.

hereinafter "Proposals" from interested Proposers for the Project. This RFP seeks Qualifications from the Proposers for Phase One, Phase Two, and Phase Three Services.



CITY OF INGLEWOOD SPECIFICATIONS FOR Vincent Park Pavilions Replacement Project BID NO. CB-23-11 Public Works Department One West Manchester Boulevard, 3rd floor Inglewood, California 90301 (310) 412-5333 April 2023 Due on April 26, 2023 at 11:30 AM Bid Proposers are requested to submit bid proposal to: City Clerk's Office, 1st floor City of Inglewood One West Manchester Blvd. Inglewood, CA 90301



Vincent Park is located at, 700 Warren Lane, Inglewood CA. 90301. Pavilions are southeast of the swimming pool building. Cal Boytrese Osias (City Capital Improvement Manager) or Kenick Sanderlin (Associate Engineer), at (310) 412-5333 should you require further information.



furnish bonds when required in the Special Provisions: One for faithful performance in the amount of the contract sum, and another for contractor's labor and materials in the amount of the contract sum.



concerning the employment of apprentices by the Contractor or any subcontractor under them. The Contractor or any subcontractor shall comply with the requirements of said sections in the employment of apprentices.

NOTICE OF PETITION TO ADMINISTER ESTATE OF Paul J Alexander Jr. Case No 23STPB01990.

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Paul J. Alexander Jr. A petition for probate has been filed by Marvin Pierce Jr. in the Superior Court of California, County of Los Angeles.

located at 111 N Hill St., Los Angeles, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.

Seniors

from page 3

siblings are more likely to have PH1 due to their ancestry.

Most people with PH1 have their first symptoms as children or teens, but some people don't have signs until they're adults. Kidney stones are the most common symptom of PH1, which may include pain in the side of the body, painful and/or bloody urination and urinary tract infections. However, not everyone with PH1 may have kidney stones. Other symptoms of PH1 include, but are not limited to, nephrocalcinosis (crystal deposits in kidney tissue), failure to thrive in babies and end-stage kidney disease (kidney failure).

Kim was not the first person in her family to experience kidney stones. In fact, this seemingly common symptom ran in her family. Her brother passed away at birth due to crystallization in his kidneys, and her sister also experienced kidney stones, among other PH1 symptoms, throughout her life. Their symptoms were undiagnosed by doctors for years until they received a formal diagnosis later in life - which unfortunately, was too late in her sister's battle with PH1.

PH1 can be diagnosed by a doctor measuring oxalate levels in the urine or blood, and/or with a genetic test. While managing

PH1 is life long, there are various ways to address the symptoms. A person diagnosed with PH1 should work with their doctor or care team to create a personalized care plan, which likely would include monitoring oxalate levels and kidney function. Management options include hyperhydration (drinking a lot of water to dilute urinary calcium oxalate), dialysis (removing oxalate and other waste products from the blood) and certain supplements or oxalate-lowering medications.

For many patients, like Kim, PH1 is not diagnosed immediately. Half of people living with PH1 may be undiagnosed. Unfortunately, Kim's sister was also diagnosed later in life and, due to the delayed diagnosis, developed severe oxalosis throughout her body, including in her legs and heart before passing away.

Today, Kim is passionate about telling her story, so she was happy to be sponsored to share her story with Alnylam. She also advocates for herself and others with PH1. To learn more about PH1 and access educational resources about the symptoms and management of PH1, visit www.TakeOnPH1.com. If you suspect you may have PH1, talk to your doctor about your symptoms and testing. •



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Email dba@heraldpublications.com or call 310-322-1830 for more information.

PUBLIC NOTICES

PUBLIC NOTICE

Notice is hereby given, StorQuest Self Storage will sell at public sale by competitive bidding the personal property of:

- Kristian Walker
- Patricia Byrd
- Jade Canales
- Barbara Henderson
- James Mala
- Nanci Martinez
- Stephanie M Esquivel
- Nelson Perez
- Luisa Bautista
- Candice L Smith
- Kristen Godoy
- Tiara Harris
- Andrew Huh

Property to be sold: misc. household goods, furniture, tools, clothes, boxes, toys, electronics, sporting goods, and personal content. Auction Company: www.StorageTreasures.com. The sale ends at 10:00am April 28, 2023 at the property where said property has been stored and which is located at StorQuest Self Storage 4959 W 147th St, Hawthorne, CA 90250. Goods must be paid in cash and removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

Date: 4/13, 4/20/23
CNS-368687#
Hawthorne Press Tribune Pub. 4/13, 4/20/23
HH-27984



The City of Inglewood Request for Bid (RFB) for Equipment Rental for Citywide Special Events
Solicitation Number: RFB-0161 Re-Issue
Solicitation Issue Date: April 12, 2023
Questions and Comments Due: April 19, 2023, at 12:00 p.m.
Bid Due Date and Time (Closing Date): April 26, 2023, at 11:00 a.m.
Contract Terms: Two (2) years from the effective date as defined in the City's General Provisions.
Submissions: The bidder is required to provide one (1) original, (1) copy, and (1) electronic copy (e.g., USB drive).
City Contact: Rocio Nunez, Procurement and Contracts Coordinator, (310) 412-5266, nunez@cityofinglewood.org
The completed and signed RFB signature page is required, with the most recent addendum listed as an acknowledgment of all addenda issued. Note: Emailed submissions will not be accepted.
Inglewood Daily News Pub. 4/13, 4/20/23
HH-27990

PUBLIC NOTICE

The Inglewood Planning Commission hereby gives notice that it will hold a public hearing on Wednesday, May 3, 2023, at 7:00 p.m., in the City Council Chambers, Ninth Floor, Inglewood City Hall, One Manchester Boulevard, to consider the following matters:
1. A public hearing to consider General Plan Amendment No. 2022-002 (GPA-2022-002) to update the Safety Element of the Inglewood General Plan.
A Notice of Exemption (EA-CE-2022-117) has been prepared stating that the proposed amendment is exempt from further environmental review under the California Environmental Quality Act, a copy of which is available for public review on the first floor of City Hall or via email request to bmccormby@cityofinglewood.org.
2. A public hearing to consider an application by Jenna Spivey, representing Cinepolis Luxury Cinemas, for Special Use Permit No. 23-00004 (SUP23-00004) to allow the sale of alcoholic beverages (beer, wine, and distilled spirits) for on-site consumption within an approximately 55,000 square-foot movie theater that is part of the Hollywood Park Tomorrow retail center on an approximately 1.53-acre, HPSP (Hollywood Park Specific Plan) zoned property at 1233 South District Drive.
A Notice of Exemption (EA-CE-2023-035) has been prepared stating that the proposed

Order to Show Cause for Change of Name Case No. 23TRCP00023

Superior Court of California, County of LOS ANGELES
Petitioner of: KRISTIAN SPAFFORD for Change of Name
TO ALL INTERESTED PERSONS: Petitioner KRISTIAN SPAFFORD filed a petition with this court for a decree changing names as follows:

KRISTIAN SPAFFORD to KRISTIAN RANGEL

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing: Date: 5-12-23, Time: 9:30 AM., Dept: 8
The address of the court is: ONE REGENT STREET INGLEWOOD, CA 90301

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: LAWDALE TRIBUNE
Date: MARCH 29, 2023
RONALD F. FRANK
Judge of the Superior Court
Lawndale Tribune Pub. 4/6, 4/13, 4/20, 4/27/23
HH-27976



*Sunny days are ahead!!
Always look to the positive & good things will come your way!!
- Love You Always!! - Mom*

Order to Show Cause for Change of Name Case No. 23BCCP00083

Superior Court of California, County of LOS ANGELES
Petitioner of: LORI ANN GRAVES for Change of Name
TO ALL INTERESTED PERSONS: Petitioner LORI ANN GRAVES filed a petition with this court for a decree changing names as follows:

LORI ANN GRAVES to LORI ANN TAYLOR

The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing: Date: MAY 26, 2023, Time: 8:30 AM., Dept: B
The address of the court is: 300 EAST OLIVE AVENUE BURBANK, CA 91502

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: INGLEWOOD DAILY NEWS
Date: APRIL 18, 2023
ROBIN MILLER SLOAN
Judge of the Superior Court
Inglewood Daily News Pub. 4/20, 4/27, 5/4, 5/11/23
HH-27993



NOTICE OF PUBLIC HEARING Design Review Application No. 2022DR01

PUBLIC NOTICE is hereby given that the Planning Commission of the City of Hawthorne will hold a public hearing to consider the following matter:
Project Title: Design Review No. 2022DR01 - New Industrial Building
Project Location: 4944 W. 145th Street - City of Hawthorne, Los Angeles County, State of California APN: 4149-001-147
Project Description: A request to approve the design of a new industrial building. The property is located within the Heavy Industrial (M-2) Zone.
MEETING DETAILS:
Day: Wednesday
Date: May 3, 2023
Time: 6:00 PM
Place: City Council Chambers 4455 West 126th Street Hawthorne, CA 90250

Those interested in this item may appear at the meeting and submit oral or written comments. Written information pertaining to this item must be submitted to the Planning and Community Development Department prior to 5:00 PM May 2, 2023, at 4455 West 126th Street, Hawthorne, CA 90250 or emailed to nlevey@cityofhawthorne.org. For additional information, you may contact Nathan Levey at (310) 349-2970 or at the email noted above.

ENVIRONMENTAL REVIEW: Design Review No. 2022DR01 is Categorically Exempt per Section 15332, Class 32, infill development. The industrial building is being proposed on an approximately 94,500 square-foot lot in the southwestern portion of the City.

PLEASE NOTE that pursuant to Government Code Section 65009: In an action or proceeding to attack, review, set aside, void, or annul a finding, determination or decision of the Planning Commission or City Council, the issues raised shall be limited to those raised at the public hearing in this notice or in written correspondence delivered to the Planning Commission or City Council at or prior to the public hearing.
Hawthorne Press Tribune Pub. 4/20/23
HH-27991



SALE NOTICE

Notice is hereby given that SunCo Storage-Spring Hill will sell the contents of the following self-storage units by public auction to satisfy their liens against these tenants, in accordance with the Florida Self-Storage Facility Act. The auction will take place online at storageatres.com from 9am on May 1st to noon on May 4th. Units are believed to contain household items, unless otherwise listed. SunCo Storage 20820 SE Hawthorne Rd, Hawthorne, FL 32640 Auction is with credit/debit card payments only. The auction will be listed and advertised on www.storageatres.com. All purchased items are sold as is, where is, and must be removed within 24 hours. Sale is subject to cancellation in the event of a settlement with the tenant. Name/Unit: Ronald Terrell Unit 151, Rebecca Chapel Unit 78, Christine Parrish Unit 50, Charles Baker Unit 136, Deltrice Simmons Unit 71
Hawthorne Press Tribune Pub. 4/20, 4/27/23
HH-27994



Invitation to Submit Bids for RFB-0162

The City of Inglewood invites and will receive bids duly filed herein for qualified "Sound, Stage, and Lighting for Citywide Special Events," as specified in this document.

Each bid shall be submitted and completed in all particulars and must be enclosed in a sealed package addressed to the City of Inglewood, The Office of the City Clerk 1st floor, One Manchester Blvd., Inglewood, CA 90301, with the designation of the project, "Sound, Stage, and Lighting for Citywide Special Events" appearing thereon.
Bids will be opened in public on May 10, 2023, at 11:00 am, in the Office of the City Clerk and will be announced then and there to all persons present. Specifications and other bid documents for the above service are on the City's PlanetBids portal.

The City reserves the right to waive any irregularity within any bid and to take bids under advisement for a period of ninety (90) calendar days from and after the date bids are opened and announced.

The following conditions and terms apply:
1) The City Council reserves the right to reject any or all bids.

2) Attached are detailed specifications and conditions for bid submission.
3) You must execute your contract within ten (10) days after the City e-mails it. If the contract is not executed within ten (10) days, the City reserves the unilateral right to cancel it.
4) If any provision of the contract is violated, the City, after suitable notice, may cancel the contract and make arrangements to have the products and/or services supplied by others. Any extra cost to the City will be paid by the contractor.

5) Bids may be obtained from the City's PlanetBids portal located at <https://www.planetbids.com/portal/portal.cfm?CompanyID=45619>.

6) All bids with pricing must be for specific amounts. Any attempt to qualify prices with an 'escalation clause' or any other method of making a price variable, is unacceptable. Bid shall be valid for ninety (90) calendar days from and after the date bids are opened and announced.

7) The City reserves the right to add or subtract quantities and/or services based on the unit prices/unit lump sums so indicated as its budgetary needs may require.

8) All request for bid documents can please be located on the City of Inglewood's PlanetBids Portal.
Date: / / 2023
Sharon Koike, Assistant Finance Director
Inglewood Daily News Pub. 4/20, 4/27/23
HH-27996

PUBLISH YOUR PUBLIC NOTICES HERE

- ABANDONMENTS: \$125.00
- ABC NOTICES: \$125.00
- DBA (Fictitious Business Name) \$75.00
- NAME CHANGE: \$200.00

Other type of notice? Contact us and we can give you a price.

PETSPETS **Pets** PETSPETS

Featured Pets of the Week

Provided by Hannah Collett, spcaLA

Tecate is one handsome boy! Tecate is very lovable three year old male shepherd mix, and greets everyone with a high five. He is very energetic and loves to play, so he would be best suited in a home with a large backyard and an active family that loves the outdoors. Come meet Tecate today! <https://spcala.com/adoptable/pet/?ss=LACA-A-8435>

LACA-A-8435

Meet **Messi**! Messi, a five year old male Husky mix, was found wandering the streets and now he patiently waits for his forever home. He loves all our staff and volunteers and is a well-mannered and laid-back pup. Messi walks well on leash and has plenty of energy for playtime and long walks. Apply for Messi today! <https://spcala.com/adoptable/pet/?ss=LACA-A-8361>

pet/?ss=LACA-A-8361

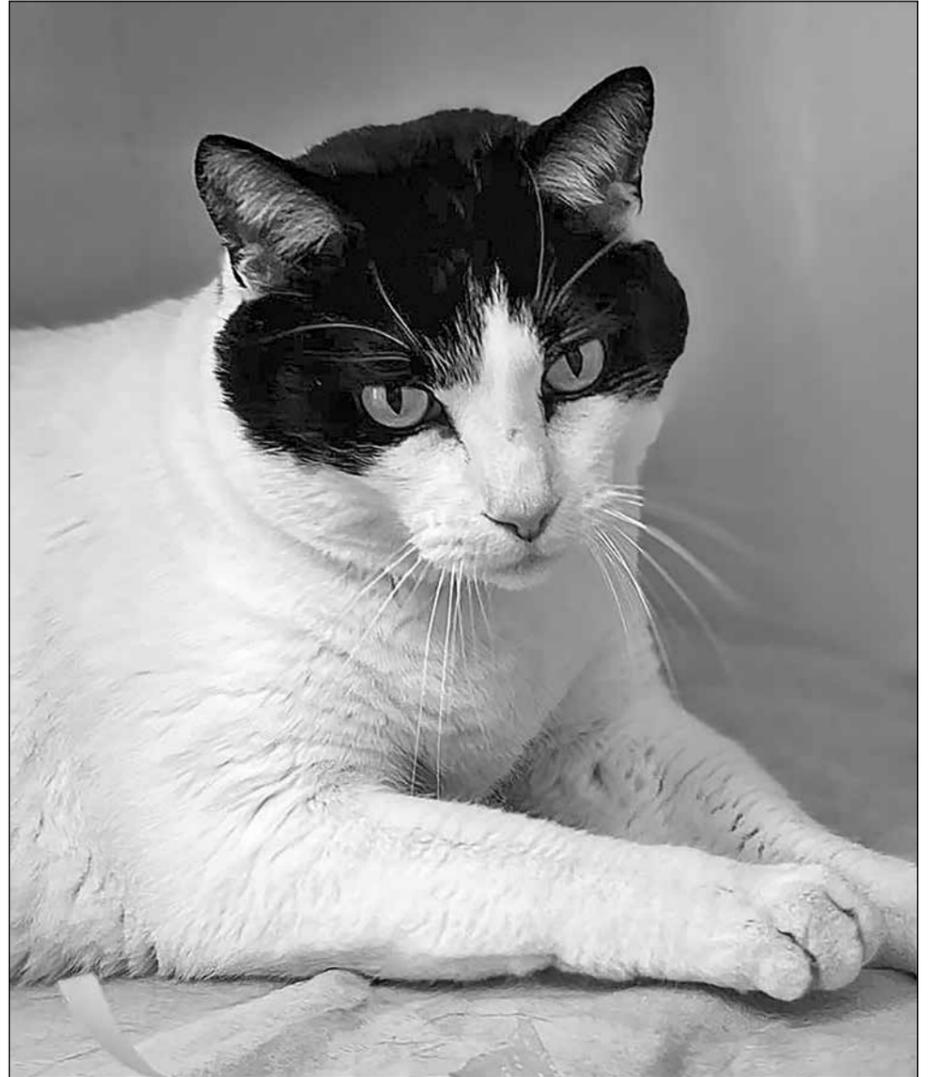
Emmet is a very laid-back nine year old domestic short hair male cat who would love to be a couch potato and keep you company during movie night. He is an independent boy and will happily spend his time watching the birds outside or sleeping the day away in front of a sunny window. Once you meet Emmet, you're sure to fall in love. <https://spcala.com/adoptable/pet/?ss=LACA-A-8406>

<https://spcala.com/adoptable/pet/?ss=LACA-A-8406>

Isis is a sweet two year old domestic short hair girl with lots of love to give. She is an adorable tabby that is sure to bring plenty of joy and love into your life. If you're looking for a new furry friend to add to your family, look no further than Isis! <https://spcala.com/adoptable/pet/?ss=LACA-A-7810> •



Tecate



Emmet



Messi



Isis