

South Bay Cities

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Hawthorne Press Tribune
The Weekly Newspaper of Hawthorne

Inglewood Daily News
The Weekly Newspaper of Inglewood

Lawndale Tribune
AND LAWDALE NEWS
The Weekly Newspaper of Lawndale

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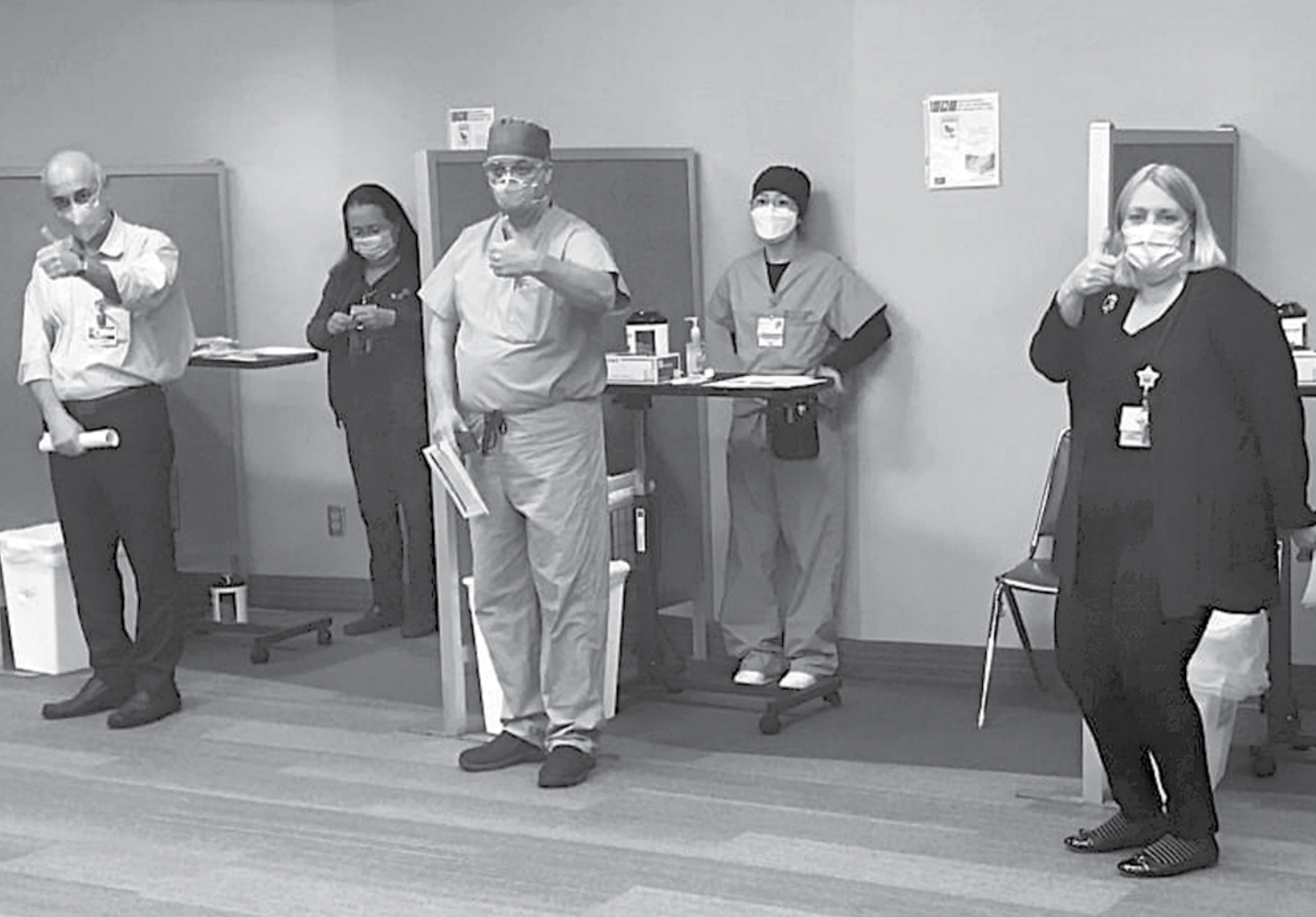
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Hope Finds a Way into the New Year with First Series of Vaccines



Hope has a way of making things come true. Centinela Hospital received their first series of COVID-19 Vaccines. Members of the hospital's Executive Leadership Team, Medical Staff and healthcare workforce were first in line to get the vaccine. Throughout the pandemic, our upmost priority has been the safety of our patients and frontline employees. This miracle breakthrough will help protect your healthcare providers and allow them to continue to treat and save our community from this virus. Its imprint on healthcare's history is historic. Today, we celebrate a New and Hopeful New Year. Photo courtesy Centinela Hospital Medical Center.

Weekend Forecast

Friday
Sunny
65°/46°



Saturday
Mostly Sunny
63°/46°



Sunday
Partly Cloudy
60°/49°



El Segundo's Minnie Carr Builds Her Ice-Skating Resume

By Duane Plank

OK, so I am one of many who only pay attention to figure skating every four years or so when it is put before us by, whichever network has maybe overpaid to gain the rights to broadcast the Winter Olympics. And who knows when the next Winter Oly's will take place, right? My one and only spin on the ice took place about 50 years ago, when I, with great trepidation, took to the ice at a long-ago demolished ice-rink in Culver City, fell on my butt after three skitterish strides, and was ridiculed by some losers who were in the stands, for my lack of skating talent. That was enough for me. So, I have no clue what an ice skating salchow jump is or a double axel. I think I have a couple of axels underneath my Toyota vehicle, but...?

OK, I will get to the story. Before the phone interview for this profile took place, this El Segundo Herald scribe watched the delayed by a day final round of the frigid Houston Women's U.S. Open Golf Championship. Women and, in some cases, girls, have taken hold of athletic opportunities and thrived in the world of sports.

That being the case, file the name of El Segundo resident Minnie Carr in the memory bank. The 10-year-old figure skater has been polishing her talents on the ice for four years or so and is heck-bent on thriving in the incredibly

tough climate of competitive figure skating.

On-ice sports are not inexpensive for parents to bankroll. When the COVID-19 scourge took hold in America, Minnie's mom, Rebecca, said, with rinks shutting down, including El Segundo's Toyota Center, she asked Minnie to explain to her what her escapades on the ice meant to her and contemplated why the family, which includes a husband, and two siblings, brother Peter and sister Annie, should continue supporting her skating endeavors. After all, a substantial amount of time and money is invested in on-ice-sports, ice-time, coaching stipends, and competitions.

Not like you can buy a soccer ball or basketball, chuck it to your kid, and say "go have fun" at the local playground, right? So, when Minnie was queried about her love of skating, here is what young Carr penned: "What I love about ice skate is that I always feel free when I do it. I work very hard in the sport, but I am always happy because I love it when I am skating. A lot of my friends are at skate when I go so I am so glad to see them!!! During summer, when it is blazing hot, I get so blessed when I get to go to the rink and spend time in the cold. I owe a lot of my thanks to all my wonderful coaches who helped me through thick and thin and who taught me all my moves that I needed to learn. Jumps are my most favorite moves of all. When I am jumping, I feel like

I am passing through a part of Heaven. "All my thoughts, all my worries just ... disappear. I feel like I am on a big cloud when I skate."

Husband Craig Carr chimed in about Rebecca's efforts to support their family: "Call it selfish, but I really think my wife, Rebecca, has done something very special for her neighbors, parents, children, and the community of El Segundo. Two years ago, Rebecca decided she wanted something different for her children and how (they were) educated. Rebecca decided to leave "their learning environment" and take our children out and planted a new hybrid home school program here in El Segundo - that was more affordable to all.

"In this new world of Zoom classroom schooling, Rebecca has brought a charter-backed hybrid home school program that is still to this day meeting physically and having actual in-classroom lessons with real teachers (not video teachers). That is now a saving grace for so many El Segundo parents and children that were drowning in remote/Zoom educations at the K-5 levels."

Rebecca Carr said she moved to SoCal from Texas to chase the perfect beach wave and enjoy the pleasant climate, calling herself a "river rat with water knowledge." An avid surfer, she met her future husband on the paved

See Minnie Carr, page 5

Your Neighborhood Therapist

Dear Neighborhood Therapist,

2020 is almost over. My friends and I all agree that 2021 cannot come too soon. Of course, it's just a date in the calendar, but what can I do to make 2021 a better year?

- *We Are So Totally Over It, Hawthorne*

Dear We Are So Totally Over It,

Yes, indeed it does appear to be true: 2020 is rapidly coming to an end. Dominated as it was by a destructive pandemic, few will miss it. Based on the available information, it seems reasonable to assume that we will begin to emerge from the pandemic over the course of 2021.

Unless you've been vaccinated or happen to be living in an alternate universe, all of us are living with a fear of covid - a fear that is like an invisible weight we are all carrying. As its prevalence diminishes, hopefully some of that weight will begin to dissipate. You may not have to change much in order to make 2021 a better year.

But you asked what you can do, not what might happen no matter what you do. Here's a mental experiment: if you knew your life would end soon and you were looking back on all of it, what would be the things you most enjoyed spending time doing? Whose company did you enjoy the most? What made you laugh? When you had a good day, or a good hour, or a good minute, what was it specifically that made it so?

(Of course it's rarely ever that easy here in the real world. Perhaps the most important question of all is, to what extent are you able to dedicate more time to the things that are important to you?)

In some ways, the way to make any future better is very simple: do more of the things that have enriched your life so far, and less of what has made life worse. In the context of my work, I have noticed two things that have tended to bring more gloom than happiness: video games and social media.

Enjoy both in moderation, for sure! But very little feels emptier than spending hours playing video games alone, or scrolling through Instagram, or doing any activity that doesn't provide us some concrete sense of accomplishment, that can be appreciated by others, and that enriches our lives.

Yes, video games are fun in the moment, but often people find themselves looking up and wondering, "where did the time go?" And in the long run, turning the pages of a good book is far more gratifying than scrolling through Twitter.

The seemingly simple act of doing the things that you set out to do tends to feel pretty good for most people. So step one: think about the activities that you enjoy most when you look back on them. Step two: decide how you intend to spend your time. Step three: make a plan to do it to the extent possible. 2021 is just around the corner. You'll be ready to welcome it.

Please write to tom@tomandreccounseling.com or text to 310.776.5299 with questions about handling what is affecting your life, your family, the community or the world. Tom Andre is a Licensed Marriage & Family Therapist (LMFT119254). The information in this column is for educational purposes only and nothing herein should be construed as professional advice or the formation of a therapeutic relationship. •

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

EMPLOYMENT

Part-time Sales. Looking for motivated part-time workers. Inside sales: work from home and make sales calls. 15% commission on all sales. Outside sales: territories are Torrance and El Segundo. Includes walking and interacting with business owners. 20%

commission on all sales. Seniors and students welcome. Send resume to management@heraldpublications.com.

WANTED

WANTED. Vinyl, vinyl, vinyl records, anything musical. Collectibles/antiques. Typewriters, sewing machines, military,

silver, Japan, records, stamps, coins, jewelry, Chinese, ANYTHING. Buy/Sell/Trade. We sell for you on EBAY. Studio Antiques, El Segundo. 310.322.3895. •

To appear in next week's paper, submit your Classified Ad by Noon on Tuesday. Late Ads will incur a \$20.00 late fee.

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Business Name
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DBAS PUBLISHED FOR ONLY \$75.00

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One Night in Miami Imagines a Night With Four Black Power Influencers

By Morgan Rojas for cinemacy.com

2020 seems to be the year of turning stage plays into strong feature films, and I am here for it. Hot off the heels of Netflix's homage to the "Mother of the Blues," Ma Rainey's Black Bottom, comes the Amazon Original One Night in Miami, a dazzling interpretation of Kemp Powers' play about the infamous night four icons spent together passionately discussing race, religion, and philosophy through monologues and music.

Miami, 1964. Friends gather to celebrate a surprising post-victory win for Cassius Clay aka Muhammad Ali (Eli Goree), the underdog who was all but guaranteed to lose his fight against heavyweight champion Sonny Liston. Reveling in glory and fame, Cassius is quickly humbled when his friends arrive at his hotel

to coaxing the best performances out of her actors. Kingsley Ben-Adir's passionate monologues as Malcolm X will shake you to your core, and Leslie Odom Jr.'s soulful rendition of Sam Cooke's "A Change Is Gonna Come" will cause the hairs on the back of your neck to stand up straight.

Watching this interpretation of how four of the original Black Power influencers could have spent that infamous night is incredibly inspiring. While One Night in Miami is a fictitious account, it doesn't negate the fact that the brotherly bond and activism promoted between these four icons was monumentally historic.

Distributed by Amazon Studios, One Night in Miami is now playing in select theaters and



One Night in Miami, courtesy Amazon Studios.

room— a room he was forced to book because Jim Crow-era segregation laws wouldn't allow him to stay in Miami Beach post-fight. Over the course of one night, Cassius and his friends, activist Malcolm X (Kingsley Ben-Adir), singer Sam Cooke (Leslie Odom Jr.), and football star Jim Brown (Aldis Hodge) passionately talk about their roles as leaders in the Black Power Movement and how they can better represent their community on the streets, on the stage, on the field, and in the ring.

First-time filmmaker Regina King proves that her creative talents extend far beyond her on-screen performances as she delivers a solid directorial debut with One Night in Miami. Granted, the shooting script is pretty straightforward with most of the filming taking place in one room over one night, but she has the thespian's golden touch when it comes

coming to Amazon Prime Video on January 15, 2021. •



Morgan Rojas

"Take a leap of faith and begin this wondrous new year by believing."

— SARAH BAN BREATHNACH



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**EL SEGUNDO OFFICE • 500 Center St. • El Segundo • CA • 90245
Phone: (310) 322-1830 • www.heraldpublications.com**

Staff and Departments

Editor-in-Chief: Heidi Maerker

Classifieds: Clara Nilles • class@heraldpublications.com

DBA: Debbie Waite • dba@heraldpublications.com • For Fictitious Business Name (DBAs) filings

Display Ad Sales: Debbie Waite • marketing@heraldpublications.com

Production: Michael Gonzales • ads@heraldpublications.com

Legals: Debbie Waite • legalnotices@heraldpublications.com

For legal notices, name changes, obituaries

Letters to the Editor: letters@heraldpublications.com

Marketing: Debbie Waite • marketing@heraldpublications.com

Real Estate: Clara Nilles • graphics@heraldpublications.com • For new realtors, contracts, ads

General Inquires: web@heraldpublications.com • For general questions or announcements

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Hawthorne Press Tribune

The Weekly Newspaper of Hawthorne

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Mayor Alex Vargas Visits One of Hawthorne's Newest Restaurants



Hawthorne's newest addition to its culinary delight is Fishbone Seafood Restaurant. They serve good Cajun style seafood that is fried or grilled with a variety of choices for sides. Come down and support our new neighbor. Photo courtesy Mayor Alex Vargas.

Seniors

Study: Social Isolation Among Seniors Is Widespread, But These Resources Can Help

(BPT) - Because of the pandemic, we've all experienced social isolation - the loss of close contact with family and friends. We're feeling that isolation even more acutely during the winter season, when we typically get together with those we love.

For older adults who have had to take extra isolating precautions against exposure to COVID-19, these losses have been magnified, and in many cases, they're layered on top of longstanding disconnections.

With 36% of adults in America age 50 or older and 17% over 65, it's reasonable to assume that social isolation is widespread. A recent survey of U.S. adults conducted by AARP Foundation and the United Health Foundation confirms it: The study found that two-thirds of respondents are experiencing social isolation, with nearly that number feeling more anxiety because of the pandemic. The consequences are disturbing.

"Social isolation has reached epidemic proportions during the pandemic," says AARP Foundation President Lisa Marsh Ryerson. "Decades of research on prolonged social isolation and loneliness show that it's worse for health than obesity, and as damaging to health as smoking 15 cigarettes a day."

The survey also reveals that most isolated older adults are not asking others for assistance,

perhaps because they don't realize help is available.

If you or a loved one are experiencing social isolation, whether it's COVID-related or a daily reality that was already present, here are some important facts to know based on the AARP Foundation/United Health Foundation survey - followed by tips that can help increase social connection.

Few have sought help about their feelings. Of those reporting social isolation during the pandemic, 50% say it has affected their motivation, 41% report greater anxiety and 37% have experienced feelings of depression. Yet only 11% have turned to medical professionals to help address these concerns, and nearly a third haven't sought help from anyone.

Women are more susceptible than men. Women 50 and older are more than twice as likely as men to feel overwhelmed as a result of the pandemic. Forty-six percent of women in that age bracket have felt anxious (compared to 36% of men), and 50% have felt stressed (compared to 40% of men). Twenty-nine percent of women 50 or older have gone for as long as three months without interacting with others outside their homes

See Seniors, page 8

HAPPY

2021

NEW YEAR

Herald Publications will be Closed on:

Thursday, December 31 and Friday, January 1

WE WISH EVERYONE A SAFE AND HAPPY HOLIDAY SEASON.

Designed by pikisuperstar / Freepik

Lawndale Elementary School District Governing Board Elects New President, Clerk and Trustees



SHIRLEY RUDOLPH
PRESIDENT



CATHY BURRIS
CLERK



ANN M. PHILLIPS
TRUSTEE



ADIM MORALES
TRUSTEE



BONNIE J. CORONADO
TRUSTEE

We are pleased to announce to you that Shirley Rudolph was elected President of our Board of Trustees and Cathy Burris was elected as Clerk. Trustees Ann M. Phillips, Adim Morales, and Bonnie J. Coronado fill the remaining three seats of our school board. Please join us in congratulating the newly elected officers and wish them well as they meet challenges and opportunities in the coming new year. Photo courtesy Lawndale Elementary School District.

Finance

Ways To Protect Your Finances And Investments In 2021

(BPT) - Finances are consistently a top concern for many Americans, with “saving money” a top-10 most common New Year’s resolution. This year, Americans are more concerned than ever before due to the uncertainty created by the COVID-19 pandemic. USE Credit Union reported that more than 75% of non-transactional calls received since the start of the pandemic were from members concerned about their financial future, citing economic hardship as the primary reason for concern. The economy and job market remain in a state of constant flux, which is causing many families to worry about their ability to pay an unexpected bill, continue to pay off student loans, mortgages or credit card debt, or save money for the future.

“Saving money is more than just putting spare change into a coffee can, or simply ordering takeout less often,” said Jeff Schroeder, vice president and chief product officer at Mercury Insurance. “Sure, those things can add up over time, but people may find that their greatest savings can come from taking a look at the necessary expenses they pay for every month, such as insurance.”

Schroeder recommends these four tips to help protect your finances in the coming year:

1) Check your auto insurance coverages. There’s no reason to pay for more coverage than you need, but being underinsured can leave you exposed. “The cost of repairs after a collision has grown in recent years, both as a result of more crossovers and SUVs on the road, and more technologically advanced vehicles,” said Schroeder. “Beyond paying for more expensive repairs if your insurance

doesn’t cover it, if you’re underinsured, you may also be responsible for paying out of pocket for medical bills, which could potentially devastate savings for a down payment on a house, your child’s college tuition or a future vacation. It’s vitally important to make sure you have the right amount of auto insurance coverage to protect against unforeseen events.”

2) Know what your homeowners insurance covers. First and foremost, be sure to read your homeowners insurance policy so you’re clear about what it does and doesn’t cover. It’s a good idea to check in with your insurance agent each year to ensure you have adequate coverage, especially if you’ve made renovations, own collectible or valuable items, or live in an area that’s prone to flooding or earthquakes, as standard homeowners insurance policies typically don’t cover these situations. Also, maintain a home inventory to make sure to have an accurate record of your belongings and property.

3) Be aware of potential gaps in coverage. A standard homeowners insurance policy often doesn’t cover mechanical failures to your home’s appliances, HVAC or other essential systems, nor does it cover a break to service lines on your property that supply your home with electricity, gas or sewer functions. In either of these scenarios, this means you would be responsible for writing a big check to a repair company or having to purchase a pricy replacement. However, adding home systems protection and service line protection endorsements can help provide coverage for costly repairs and replacements,

saving money and your peace of mind. Penalties spent now can save you thousands of dollars later.

4) Regularly shop for the best coverage and price. Insurance prices can vary significantly from company to company, so it’s a good idea to take a few minutes to see if you’re getting a good deal. Shop around at least once a year - making sure to look for the exact same coverage limits - to see if you can find a more affordable rate.

“Often, regional insurers like Mercury Insurance are more attuned to their policyholders’

needs and can offer better rates,” Schroeder added. “For example, the California Department of Insurance found that Mercury auto insurance policyholders save an average of \$670, which can go a long way in feeling more secure in your savings.”

The most effective way to make sure your finances are minimally impacted by insurance costs in 2021 is to speak to an independent insurance agent. They can help make sure you have the proper amount and type of coverage to keep yourself, your family and property protected. •

PUBLIC NOTICES

Fictitious Business Name Statement 2020212901	Fictitious Business Name Statement 2020209112	Fictitious Business Name Statement 2020222551
The following person(s) is (are) doing business as JOHNSON CONSULTANT FIRM, 527 W. REGENT STREET SUITE #249, INGLEWOOD, CA 90301, LOS ANGELES COUNTY. Registered Owner(s): PATRICIA JOHNSON, 527 W. REGENT STREET SUITE #249, INGLEWOOD, CA 90301. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: PATRICIA JOHNSON, PATRICIA JOHNSON, President. This statement was filed with the County Recorder of Los Angeles County on December 10, 2020. NOTICE: This Fictitious Name Statement expires on December 10, 2025. A new Fictitious Business Name Statement must be filed prior to December 10, 2025. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Inglewood Daily News: Pub. 12/24, 12/31, 1/7, 1/14/21 HH-2040	The following person(s) is (are) doing business as GOOD DERMATOLOGY, 3640 LOMITA BLVD STE 301, TORRANCE, CA 90505, LOS ANGELES COUNTY. Registered Owner(s): GOOD DERM INC, 3640 LOMITA BLVD STE 301, TORRANCE, CA 90505. This business is being conducted by an Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: GOOD DERM INC, CONSUELO VERONICA DAVID, President. This statement was filed with the County Recorder of Los Angeles County on December 8, 2020. NOTICE: This Fictitious Name Statement expires on December 8, 2025. A new Fictitious Business Name Statement must be filed prior to December 8, 2025. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: Pub. 12/24, 12/31, 1/7, 1/14/21 HH-2041	The following person(s) is (are) doing business as MITCHELL MANAGEMENT, 2017 LOMITA BLVD #116, LOMITA, CA 90717, LOS ANGELES COUNTY. Registered Owner(s): 1) JULIANN MITCHELL, 2017 LOMITA BLVD #116, LOMITA, CA 90717, 2) KALA TIBBALL, 2017 LOMITA BLVD #116, LOMITA, CA 90717. This business is being conducted by Copartners. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2020. Signed: JULIANN MITCHELL, Partner. This statement was filed with the County Recorder of Los Angeles County on December 22, 2020. NOTICE: This Fictitious Name Statement expires on December 22, 2025. A new Fictitious Business Name Statement must be filed prior to December 22, 2025. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: Pub. 12/31, 1/7, 1/14, 1/21/21 HH-2044

Dionne Faulk Becomes the First African American Woman to Serve on the Inglewood City Council



L-R: Assemblywoman Autumn Burke with District 4 Councilwoman Dionne Faulk. Assemblywoman Autumn Burke performed the swearing in ceremony. Congratulations to Councilwoman Faulk for this wonderful history-making accomplishment.

Minnie Carr

from front page

parking lot at El Porto, when he was kind to her after some narcissistic male surfers chastised her because she was invading their perceived “space.” Anyway, Craig, after asking her did she “have fun” shredding the waves, boldly asked her for her phone number, which she begrudgingly provided, though, according to Rebecca, Craig was a bit dubious that the future Mrs. Carr had furnished the correct phone number. And, as they say in cliché land, the rest is history.

One of Minnie’s skating coaches is Brianna Weissmann-Barajas, who has been working with the young phenom for about three years. She said “Minnie is a special kid. She is one of my favorite kids that I look forward to working with. She is an amazing child. Working with kids that want to give you that 110% effort, Minnie is one of those kids. She will try whatever it takes. She has that fire, that drive. She just wants to be the best.”

Weissmann-Barajas said she sees a skater in the young Carr who is not being pushed by her parents but is “pushing herself. The kid has improved so much.”

Rebecca said that, two years ago, a renowned ice-skating Olympic coach dropped into the Toyota Center, and after a couple of sessions with Minnie, buttonholed the mom, and related

that Minnie was “one of the most exceptional female skaters that he had coached,” and that the Carr family had to keep her in skating, and that maybe one- day she could triumph over the best female skaters that the rest of the world had to offer.

Rebecca Carr said she is up to the challenge that a parent of a possibly gifted athlete faces. “His words sent goosebumps up my arms,” she said of the riff of the famous skating coach, “but they were difficult to swallow. My daughter does have immense talent, and now it is my job to help her reach her potential. I never understood,” Carr emailed, “how much of these types of kids parents have to invest, sacrifice and sweat into the sport.”

Said Rebecca about coach Weissmann-Barajas: “She works well with Minnie’s personality, and loves her through thick-and-thin, as well as putting up with a surfer mom who makes constant mistakes in the world of figure skating. Brianna has become almost like a niece, or at least family, because we all spend so much time together.”

Rebecca said that the Carr family espouses the motto: “Have fun, do your best, and don’t worry about the rest...” Where that will lead Minnie in this uncertain future, only time will tell. •



A current photo of Skater Minnie Carr with Coach Brianna Weissmann-Barajas.

PUBLIC NOTICES

APN: 4017-008-002 & 4017-008-0026 T.S. NO. 20-03-1002 REF: CENTINELA NOTICE OF TRUSTEES SALE Pursuant to California Civil Code Section 2924(b)(1) please be advised of the following: IMPORTANT NOTICE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED OCTOBER 23, 2019. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On JANUARY 22, 2021 at 10:00 A.M. Clivest Financial Services, Inc. as duly appointed Trustee or Successor Trustee under and pursuant to a Deed of Trust recorded on 10-28-2019, as instrument number 2019-1155079 of Official Records in the office of the County Recorder of Los Angeles County, State of California, Executed by MMZ HOLDINGS, LLC, a California Limited Liability Company, as Trustor WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, A CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A STATE OR FEDERAL CREDIT UNION, OR A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, THRIFT DOMICILED IN THE STATE OF CALIFORNIA or other form of payment authorized by 2924(h)(b), (payable at the time of sale in lawful money of the United States) PLACE OF SALE: AT THE FRONT ENTRANCE OF THE PASADENA PUBLIC LIBRARY LOCATED AT 285 E

WALNUT STREET, PASADENA, CA 91101 All rights, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as follows: LEGAL DESCRIPTION SEE EXHIBIT "A" ATTACHED HERETO AND MADE A PART HEREOF The street address and other common designation, if any, of the real property described above is purported to be: 1213-1217 & 1223 CENTINELA AVE., INGLEWOOD, CA The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any shown herein. Said sale will be made in "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said deed of trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total ESTIMATED amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimate costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$333,000.00. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL

BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those who do not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale

of the property, you may call, 888-666-1685 ext. 503 for information regarding the trustee's sale, for information regarding the sale of this property, using the file number assigned to this case T.S.# 20-03-1003. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information. The best way to verify postponement information is to attend the scheduled sale. If the trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the trustee and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell, to be recorded as instrument number 2020-0482376 on May 1, 2020, of Official Records in the office of the County Recorder of Los Angeles County, State of California, where the real property is located. December 28, 2020 CITIVEST FINANCIAL SERVICES, INC., Trustee BY: E. M. Mazzarino P.O. Box 861894, Los Angeles, CA 90086 Tel: 888-666-1685 or direct 213-910-4849 12/31/20, 1/7, 1/14/21 CNS-3427868#

Inglewood Daily News Pub. 12/31, 1/7, 1/14/21

City of Hawthorne
Notice of Funding Availability (NOFA)
PY2021-2022 Community Development
Block Grant (CDBG) Program

APPLICATIONS DUE FEBRUARY 5, 2021 The City of Hawthorne is pleased to announce the availability of approximately \$196,690 in Community Development Block Grant (CDBG) funds for organizations that provide public services to low- and moderate-income residents during the 2021-2022 Program Year. Funding for this Notice of Funding Availability (NOFA) is made available pursuant to the Federal Housing and Community Development Act of 1974, as amended.

ELIGIBLE APPLICANTS: Applicants must demonstrate the service to be provided will principally benefit persons of low- and moderate-income (households earning less than 80% of Area Median Income). Examples of eligible services include, but are not limited to, those concerned with employment, crime prevention, childcare, health, drug abuse, education, welfare, or recreation. Priority for funding will be given to those applicants meeting one of the Strategic Plan goals included in the PY2020-2024 Consolidated Plan.

HOW TO APPLY: As of the date of this publication, electronic fillable copies of the applications may be obtained online at https://www.cityofhawthorne.org/cdbg-home. Applications shall only be accepted via the online submission portal. The deadline for submitting applications is 4:00 PM on Friday, February 5, 2021. Any applications received after this time will not be accepted. Applicants are encouraged to submit their applications well in advance of this deadline to ensure confirmation of receipt prior to the deadline.

Should you have any questions regarding this NOFA, please contact Kimberly Mack, Housing and CDBG Programs Manager at (310) 349-1603 or by email at kmack@cityofhawthorne.org. Hawthorne Press Tribune Pub. 12/24, 12/31, 1/7, 1/14, 1/21, 1/28/21

HH-26989

Ciudad de Hawthorne
Aviso de Disponibilidad de Fondos
(NOFA)

Programa de Subvenciones en Bloque
para el Desarrollo Comunitario (CDBG)
PY2021-2022

SOLICITUDES SE DEBEN ENTREGAR EL 5 DE FEBRERO DE 2021

La Ciudad de Hawthorne se complace en anunciar la disponibilidad de aproximadamente \$196,690 en fondos de Subvenciones en Bloque para el Desarrollo Comunitario (CDBG, por sus siglas en inglés) para organizaciones que brindan servicios públicos a residentes de ingresos bajos y moderados durante el año del programa 2021-2022. Los fondos para este Aviso de Disponibilidad de Fondos (NOFA, por sus siglas en inglés) están disponibles conformidad con la Ley Federal de Vivienda y Desarrollo Comunitario de 1974, según enmendada.

SOLICITANTES ADMISIBLES: Los solicitantes deben demostrar que el servicio que se brindará beneficiará principalmente a personas de ingresos bajos y moderados (hogares que ganan menos del 80% del ingreso medio del área). Los ejemplos de servicios admisibles incluyen, entre otros, aquellos relacionados con el empleo, la prevención del delito, el cuidado de niños, la salud, el abuso de drogas, la educación, el bienestar o la recreación. Se dará prioridad para la financiación a aquellos solicitantes que cumplan con una de las metas del Plan Estratégico incluido en el Plan Consolidado de 2020-2024.

COMO APLICAR: A la fecha de esta publicación, se pueden obtener copias electrónicas rellenas de las solicitudes en línea en https://www.cityofhawthorne.org/cdbg-home. Las solicitudes solo se aceptarán a través del portal de envío en línea. La fecha límite para enviar solicitudes son las 4:00 P.M. el viernes 5 de febrero de 2021. No se aceptarán solicitudes recibidas después de esta hora. Se alienta a los solicitantes a enviar sus solicitudes con bastante anticipación a esta fecha límite para garantizar la confirmación de recepción antes de la fecha límite.

Si tiene alguna pregunta sobre este NOFA, comuníquese con Kimberly Mack, Housing and CDBG Programs Manager al (310) 349-1603 or por correo electrónico a kmack@cityofhawthorne.org. Hawthorne Press Tribune Pub. 12/24, 12/31, 1/7, 1/14, 1/21, 1/28/21

HH-26990

PUBLIC NOTICE

Notice is hereby by given, StorQuest Self Storage will sell at public sale by competitive bidding the personal property of: Amara Redmond, Turan Sanders, Kendis Middleton, Argustus Dixon, Cajanna Jhonson, Sandra Y, Satomi Yamamoto, Samatomi Yamamoto. Property to be sold: misc. household goods, furniture, tools, clothes, boxes, toys, electronics, sporting goods, and personal content. Auction Company: www.StorageTreasures.com. The sale ends at 2:00pm January 15, 2021 at the property where said property has been stored and which is located at StorQuest Self Storage 4959 W 147th St, Hawthorne, CA 90250. Goods must be paid in cash and removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. 12/31/20, 1/7/21 CNS-3425946# Hawthorne Press Tribune Pub. 12/31, 1/7/21

HH-26993

NOTICE OF PETITION TO ADMINISTER
ESTATE OF:
MICHAEL MELVIN WELCH
CASE NO. 20STPB10526

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of MICHAEL MELVIN WELCH. A PETITION FOR PROBATE has been filed by MARCHE L. BOOSE-WELCH in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that MARCHE L. BOOSE-WELCH be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 01/20/21 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. In Pro Per Petitioner MARCHE L. BOOSE-WELCH 7721 SO. VICTORIA AVENUE INGLEWOOD CA 90305 12/31/20, 1/7, 1/14/21 CNS-3428155# Inglewood Daily News Pub. 12/31, 1/7, 1/14/21

HH-26996

NOTICE OF PETITION TO ADMINISTER
ESTATE OF:
MARY J. REED
AKA MARY JUNE REED
CASE NO. 20STPB10152

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of MARY J. REED AKA MARY JUNE REED. A PETITION FOR PROBATE has been filed by MARJORIE CUNNINGHAM-AMAND ROBERT REED JR. in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that MARJORIE CUNNINGHAM AND ROBERT REED JR. be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 01/07/21 at 8:30AM in Dept. 29 located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state

your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner BRUCE M. MACDONALD, ESQ. SBN 219031 CARICO MACDONALD KIL & BENZ LLP 841 APOLLO STREET SUITE 450 EL SEGUNDO CA 90245 12/17, 12/24, 12/31/20 CNS-3423192# LAW NDALE NEWS Lawndale Tribune Pub. 12/17, 12/24, 12/31/20

HH-26980

Amended Petition for Dissolution (Divorce) of Marriage – Marriage/ Domestic Partnership (Family Law) Attorney for Petitioner, Henry Omar Cruz: Steve Lopez, Esq. (SBN: 224540) Law Office of Steve Lopez, 8562 Florence Avenue, Downey, CA SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES STREET ADDRESS: 111 North Hill Street, Los Angeles, CA 90012 MAILING ADDRESS: 111 North Hill Street, Los Angeles, CA 90012 CITY AND ZIP CODE: LOS ANGELES, CA 90012 BRANCH NAME: Stanley Mosk Courthouse PETITIONER: Henry Omar Cruz RESPONDENT: Renee Marie Cruz CASE NUMBER: 19STFL01595 1. Legal Relationship: We are married. 2. Residence Requirements: Petitioner, has been a resident of this state for at least six months and of this country for at least three months immediately preceding the filing of this Petition. (For a divorce, at least one person in the legal relationship described in Items 1a and 1c must comply with this requirement.) 3. Statistical Facts: Date of Marriage: July 27, 2001 Date of Separation: March 1, 2006 4. MINOR CHILDREN (Children born before (or born or adopted during) the marriage or domestic partnership): Child's Name: Birthdate: Age: Sex: 5. LEGAL GROUNDS (Family Code Sections 2200-2210, 2310-2312): Divorce of the marriage or domestic partnership based on irreconcilable Differences. 6. CHILD CUSTODY AND VISITATION (PAR- ENTING TIME): a. Legal Custody of children to Joint. B. Physical custody of children to Joint. C. Child visitation (parenting time) be granted to Petitioner as requested in Form FL-311. 7. CHILD SUPPORT: a. If there are minor children born to or adopted by Petitioner and respondent before or during this marriage or domestic partnership, the court will make orders for the support of the children upon request and submission of financial forms by the requesting party. B. An earnings assignment may be issued without further notice. C. An party required to pay support must pay interest on overdue amounts at the "legal" rate, which is currently 10 percent.

8. SPOUSAL OR DOMESTIC PARTER SUPPORT: Terminate (and) the court's ability to award support to Petitioner and Respondent. 9. SEPARATE PROPERTY: Confirm as separate property the debt and debts in the following list: Bank Account (B of A) Confirm to Pet. Credit Union (Navy Fed) Confirm to Pet. 2010 Toyota 4 Runner Confirm to Pet. Home Furnishings Confirm to Pet. 10. COMMUNITY AND QUASI-COMMUNITY PROPERTY: a. There are no such assets or debts that I know of to be divided by the court. 11. OTHER REQUESTS: a. Attorney's fees and cost payable by Respondent. 12. I HAVE READ THE RETRAINING ORDERS ON THE BACK OF THE SUMMONS, AND I UNDERSTAND THAT THEY APPLY TO ME WHEN THE PETITION IS FILED. I declare under penalty of perjury under the State of California that the foregoing is true and correct. Date: 03/12/19 Henry Omar Cruz, Date: 03/12/19 Steve Lopez, Esq. (SBN#224540) Notice: You may redact (black out) social security numbers from any written material filed with the court in this case other than a form used to collect child, spousal or partner support. FOR MORE INFORMATION: Read Legal Steps for a Divorce or Legal Separation () and visit "Families Change" at www.familieschange.ca.gov — an online guide for parents and children going through divorce or separation. NOTICE—CANCELLATION OF RIGHTS: Dissolution or legal separation may automatically cancel the rights of a domestic partner or spouse under the other domestic partner's or spouse's will, trust, retirement plan, power of attorney, pay-on-death bank account, survivorship rights to any property owned in joint tenancy, and any other similar thing. It does not automatically cancel the right of a domestic partner or spouse as beneficiary of the other partner's or spouse's life insurance policy. You should review these matters, as well as any credit cards, other credit accounts, insurance policies, retirement plans, and credit reports, to determine whether they should be changed or whether you should take any other actions. Some changes may require the agreement of your partner or spouse or a court order. Lawndale Tribune Pub. 12/31, 1/7, 1/14, 1/21/21

HL-26994

SUMMONS (Family Law) FL-110 CITACIÓN (Derecho familiar) FL-110 CASE NUMBER (NÚMERO DE CASO): 19STFL01595 NOTICE TO RESPONDENT (Name) / AVISO AL DEMANDADO (Nombre): Renee Marie Cruz You have been sued. Lo han demandado. Petitioner's name is Nombre del demandante: Henry Omar Cruz You have 30 calendar days after this Summons and Petition are served on you to file a Response (form FL-120 or FL-123) at the court and have a copy served on the petitioner. A letter or phone call will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), at the California Legal Services Web site (www.lawhelpcalifornia.org), or by contacting your local county bar association. NOTICE: The restraining orders on page 2: are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. These orders are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. Tiene 30 días de calendario después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo. Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales. Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

AVISO—LAS ÓRDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PÁGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidan la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden público que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California. EXENCIÓN DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte. The name and address of the court are (El nombre y dirección de la corte son): SUPERIOR COURT OF LOS ANGELES, Central District — Stanley Mosk Courthouse, 111 N. Hill Street, Los Angeles, CA 90012 2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): Law Offices of Steve Lopez 8562 Florence Avenue, Downey, CA 90240 Phone: (562) 904-1193 Date (Fecha): Feb 11, 2019 Sherri R. Carter, Clerk, by (Secretario, por), Rebecca Baker-Stilles, Deputy (Asistente) STANDARD FAMILY LAW RESTRAINING ORDERS Starting immediately, you and your spouse or domestic partner are restrained from: (1.) removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court; (2.) cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health, automobile, and disability, held for the benefit of the parties and their minor children; (3.) transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and (4.) creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of

a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party. You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or to pay court costs. NOTICE—ACCESS TO AFFORDABLE HEALTH INSURANCE: Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506. WARNING—IMPORTANT INFORMATION California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property. ÓRDENES DE RESTRICCIÓN ESTÁNDAR DE DERECHO FAMILIAR. En forma inmediata, usted y su cónyuge o pareja de hecho tienen prohibido: (1.) llevarse del estado de California a los hijos menores de las partes, o solicitar un pasaporte nuevo o de reemplazo para los hijos menores, sin el consentimiento previo por escrito de la otra parte o sin una orden de la corte; (2.) cobrar, pedir prestado, cancelar, transferir, deshacerse o cambiar el nombre de los beneficiarios de cualquier seguro u otro tipo de cobertura, como de vida, salud, vehículo o discapacidad, que tenga como beneficiario(s) a las partes y su(s) hijo(s) menor(es); (3.) transferir, gravar, hipotecar, ocultar o deshacerse de cualquier manera de cualquier propiedad, inmueble o personal, ya sea comunitaria, cuasicomunitaria o separada,

sin el consentimiento escrito de la otra parte o una orden de la corte, excepto en el curso habitual de actividades personales y comerciales o para satisfacer las necesidades de la vida; y (4.) crear o modificar una transferencia no testamentaria de manera que afecte la asignación de una propiedad sujeta a transferencia, sin el consentimiento por escrito de la otra parte o una orden de la corte. Antes de que se pueda eliminar la revocación de una transferencia no testamentaria, se debe presentar ante la corte un aviso del cambio y hacer una entrega legal de dicho aviso a la otra parte. Cada parte tiene que notificar a la otra sobre cualquier gasto extraordinario propuesto por lo menos cinco días hábiles antes de realizarlo, y rendir cuenta a la corte de todos los gastos extraordinarios realizados después de que estas órdenes de restricción hayan entrado en vigencia. No obstante, puede usar propiedad comunitaria, cuasicomunitaria o suya separada para pagar a un abogado que lo ayude o para pagar los costos de la corte. AVISO—ACCESO A SEGURO DE SALUD MÁS ECONÓMICO: ¿Necesita seguro de salud a un costo asequible, ya sea para usted o alguien en su hogar? Si es así, puede presentar una solicitud con Covered California. Covered California lo puede ayudar a reducir el costo que paga por seguro de salud asequible y de alta calidad. Para obtener más información, visite www.coveredca.com. O llame a Covered California al 1-800-300-0213. ADVERTENCIA—INFORMACIÓN IMPORTANTE De acuerdo a la ley de California, las propiedades adquiridas por las partes durante su matrimonio o pareja de hecho en forma conjunta se consideran propiedad comunitaria para fines de la división de bienes que ocurre cuando se produce una disolución o separación legal del matrimonio o pareja de hecho. Si cualquiera de las partes de este caso llega a fallecer antes de que se divida la propiedad comunitaria de tenencia conjunta, el destino de la misma quedará determinado por las cláusulas de la escritura correspondiente que describen su tenencia (por ej., tenencia conjunta, tenencia en común o propiedad comunitaria) y no por la presunción de propiedad comunitaria. Si quiere que la presunción comunitaria quede registrada en la escritura de la propiedad, debería consultar con un abogado. Lawndale Tribune Pub. 12/31, 1/7, 1/14, 1/21/21

HL-26995





GUNDOGRAM

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Classic Standing Beef Rib Roast

Provided by BPT.

A standing rib roast is a very special treat and traditional holiday fare. Follow this simple recipe and you'll be sure to enjoy the results.



Ingredients

- 7 pound standing beef rib roast
- 1/8 teaspoon salt
- 1 pinch ground black pepper
- 6 tablespoons red wine
- 2 cups Swanson® Beef Stock or Swanson® Unsalted Beef Flavored Stock
- 1/4 cup all-purpose flour

Directions

- **Step 1:** Heat the oven to 325°F. Season the beef with the salt and black pepper. Place the beef into a roasting pan, rib-side down.
- **Step 2:** Roast for 2 hours 20 minutes for medium-rare or until desired doneness. Remove the beef to a cutting board and let stand for 20 minutes.
- **Step 3:** Spoon off any fat from the pan drippings. Stir the wine in the pan and heat over medium-high heat to a boil, stirring to scrape up any browned bits from the bottom of the pan. Reduce the heat to medium and cook for 5 minutes. Pour the wine mixture through a fine mesh sieve into a 2-quart saucepan.
- **Step 4:** Stir the stock and flour in a medium bowl with a whisk. Gradually add the stock mixture to the saucepan, stirring with a whisk. Cook and stir over medium heat for 5 minutes or until the mixture boils and thickens. Season with additional salt and black pepper, if desired. Serve the stock mixture with the beef.

Send us a photo and recipe of your favorite dish. We'd love to share it with the community. Send to: web@heraldpublications.com

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THOUSANDS OF OUR PAPERS ARE DELIVERED WITHIN MILES OF YOUR HOME OR BUSINESS.

A black and white photograph of a tabby cat. The cat is looking directly at the camera with large, light-colored eyes. It has a striped pattern on its fur and prominent white whiskers. The background is dark and out of focus, suggesting an indoor setting with foliage.

Bring joy into your home this holiday by adopting a "pet without a partner". If you are unable to adopt at this time, consider fostering or donating to support the foster program. Along with spay and neutering, if just 2% of the pet-owning households in America fostered one pet a year, we could stop euthanizing healthy pets in shelters.

Tierney is a beautiful Tortoiseshell tabby girl with gorgeous markings and an ultra-soft coat. She is a shy girl who would thrive in a quiet home with a single person or a couple. She has been raised in an office building where she loves the view from her second-floor corner office window box. Tierney prefers not to venture out to the general office area and likes the solitude of her own private office yet she enjoys receiving visitors who pet her and give her treats. This loving tabby has hosted several different short term cat guests was playful with them, so she would probably do best with a feline companion. She is sweet and docile, but she does have a penchant for giving love bites, so she is not a good match for a household with young children. With an adjustment time in a home environment, Tierney will be a lovely companion cat and deserves a home of her home.

Penny is an extremely sweet and low-key little lady who wants nothing more in life than to be forever loved and cared for by her very own human. While she could be fine in a home with one or two other animals, she would be



equally happy being the only cat. All she truly craves is human company and affection. Penny has chronic irritable bowel issues. Sadly, it was this medical condition that was left undiagnosed and untreated. This led to her losing the only family she had ever known for 11 years. She will need to receive two pills each day (which she takes like a champ!), be kept on a strict diet of freeze-dried food, and be monitored by a vet once or twice a year. Penny hopes there is someone else out there who can give her a second chance for happiness, because even at her age, she still has a lot of living (and loving) left to do! If you're interested in making Penny a part of your family and giving her the joy and unconditional love, she deserves, please drop us a line!

Corsica and his six siblings were found in an abandoned house when a good Samaritan brought the family to us. Like all kittens, Corsica loves to play and wrestle with his siblings, and cause lots of mischief! He also loves playing with his toys and having fun with humans. Corsica is the more cautious kitten of the litter, but once he gets to know you, he enjoys spending time on your lap and playing. He is a climber and likes to hang out in high places. His kitty family is very bonded,



so Corsica would love to be adopted with his remaining sibling Crete.

Crete, Corsica's brother, loves playing with his toys and family and generally, just having fun! He is a sweet, energetic, affectionate kitten who loves to be held. He is very bonded to Corsica and loves his kitty playtime. However, he would adjust to being an only cat if you only have room for one.

Allegra is a beautiful girl that loves head and chin rubs. She is a mellow kitty that likes to perch on the cat tree and bask in the sun or curl up beside her foster mom while she watches TV or takes a nap. Allegra is a bit shy when she meets new people but is not a skittish girl. The fastest way to earn Allegra's trust is through her tummy – she loves to eat wet food and yummy treats like shredded chicken.



If you want a friendly, loving kitty that likes attention yet is not too needy, Allegra is your girl! Come and meet beautiful Allegra to see if she is the right kitty for you.

Annabelle is full of spunk and curiosity and is always up to something. She likes to explore drawers, closets, is interested in whatever you are doing and especially likes to help put things away. Annabelle loves to play and has even demonstrated an ability to fetch! Annabelle is a fearless, active, loving kitty. If you have a quiet home and lots of collectibles on the shelves, Annabelle might not be the right fit for you. Annabelle enjoys playing with well mannered, cat savvy children, other cats and seems more curious about dogs than afraid of them.

These cats and kittens are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. Temporarily, adoption events are suspended. For additional information and to see these or our other kittens and cats, please check our website www.kittenrescue.org or email us at mail@kittenrescue.org.

With our city and state shut down, we are faced with the delicate balance to protect our fellow humans from the spread of COVID-19 while continuing our mission of saving the



most vulnerable victims of the homeless cat crisis. We know that these are hard times for everyone. If you can give a little, it will go a long way. They are still counting on us during these difficult times. Your tax-deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Blvd. #583, Los Angeles, CA 90024.

Saving one animal won't change the world, but the world will surely change for that animal. •



Annabelle

Phantom is home!

Phantom, one of our forty-two shelter rescues on #GivingTuesday, appeared for a short time at one of our PetSmart adoption sites, and in no time was chosen for adoption. Phantom's adopters tell us that he immediately made himself "at home" and gets along

great with his cat sister. We are grateful to his foster mom who took good care of him after his shelter rescue and to his wonderful adopters for choosing a shelter cat!

When you adopt a “pet without a partner”, you will forever make a difference in their life and they are sure to make a difference in yours. •



Congratulations to Phantom and his new family.

from page 3

or workplaces.

Low-income adults have seen greater impact. People 50 and older in income brackets of lower than \$40,000 a year have been more affected by isolation than those with incomes of \$75,000 or more. Forty percent of lower-income respondents report having trouble accessing various resources, 20% point to problems getting food and about 20% have struggled to secure health care services.

Steps you can take. AARP Foundation launched Connect2Affect to address the growing problem of social isolation. Connect2Affect offers helpful tools and resources. Here are some steps you can take to help yourself or a loved one combat social isolation:

- More medical professionals are now attuned to the physical and emotional toll social isolation can take. Discuss with your primary care doctor how you're feeling and

that it might be related to social isolation.

- Connect2Affect lists health care, food assistance and other community services available to seniors.
- Request a supportive phone call from one of AARP's Friendly Voice volunteers. This program is available free of charge, and you can arrange for ongoing check-in calls.
- If the holidays or winter season have made social isolation worse for you or a family member, take the 3-minute test on the Connect2Affect site to assess your level of connectedness, then check out some practical (and safe) tips for interacting with others.
- AARP Foundation offers free chatbots to the general public and in some senior living communities that can provide the comfort of daily conversation.

Social isolation can affect anyone. Find more helpful information at AARPFoundation.org. •