Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 7, No. 18 - May 4, 2017

Weekend Forecast Friday Partly Cloudy 66°/58° Saturday AM Clouds/ PM Sun 64°/52° Sunday AM Showers 60°/53°

TerriAnn in Torrance......4

17th Annual Blueprint for Workplace Success Job Fair



More than 960 high school and college students, including some from Torrance, attended the 17th Annual Blueprint for Success Job Fair on April 27 at the Carson Community Center. Of the group, 235 students received job offers on-the-spot and 280 more were invited back for second interviews. Photo credit: Jemely Dorado.

Torrance City Hall Celebrates Students and Government Day

By Cristian Vasquez

For the 11th consecutive year, elected officials, City executives, Torrance students and their families gathered at City Hall to celebrated Students and Government Day. On Tuesday night, the 21 students selected to participate in the young tradition led the opening ceremonies of the weekly Torrance City Council meeting as the adults observed from the audience.

Students and Government Day started 11 years ago under former Mayor Frank Scotto and was created as a real-life experience opportunity that would assist Torrance students in better understanding local government through a very unique civics lesson. This City-sponsored event aims to develop a better understanding of local city government, while promoting participation in community affairs. In addition, it is expected that the experience demonstrate how local government affects citizens' lives while emphasizing that every citizen can effect change locally.

"Today we continue the tradition set forth by my predecessor Mayor Frank Scotto, who is in the audience today, with Student and Government Day," said Mayor Patrick Furey. "In Torrance we believe that continuing to improve the lives of our community entails the involvement of everyone, regardless of age. Anyone can contribute to the betterment of our city."

After leading the Pledge of Allegiance and several other formalities, the student-led council presented a proclamation declaring May 2, 2017 as National Teachers Day. The proclamation was accepted by Torrance Unified School District Superintendent Dr. George Mannon, who thanked the student council on behalf of the District's teaching staff. The students then presented a proclamation to City

Manager LeRoy Jackson (and Julian Tejano) declaring April 30-May 6 as Public Service Recognition Week in Torrance.

Students and Government Day allows eighth grade students to learn first-hand the roles of the City Council, as well as City executives, by shadowing elected officials and staff for the workday. Members of the Torrance School Board unanimously approved student participation for the annual Students and Government Day back on October 2016. Students were selected based on an essay response that was submitted to the Mayor's office. Much like in previous years, this year there were more than 1,000 essays submitted to fill the

limited spots. The City's invitation to students has grown in popularity each year, making the selection process even more competitive.

The 21 students selected for the day's activities answered the essay prompt: Volunteers are critical partners and participants in societies throughout the world. Think of the foundation of the American political system and the ways in which citizens participate in it. Develop a volunteer program for eighth graders in the City of Torrance; provide details of the program including a way to carry it out successfully.

Among the ideas submitted by students were volunteer programs to help minimize

See City Council, page 7

Six Schools to Receive Supplemental Math Software

By Cristian Vasquez

A request to purchase Special Temporal Math (ST Math) Instructional Software received approval from members of the Torrance School Board during the group's Monday night meeting. Anza, Arlington, Arnold, Riviera, Seaside and Walteria elementary schools will use the ST Math software.

"ST Math is a supplemental math program that elementary schools have been using for approximately five years now," said Senior Director Elementary Schools Dr. E. Don Kim. "At this time, all of our elementary schools have been using it with the exception of the six schools that are listed in the agenda."

Torrance Unified School District will pay \$199,000 for the supplemental software site licenses for all six campuses. For the startup fees the district will pay for implementing project management, professional development (where the company will come out and conduct several trainings with the teachers), ongoing consulting, and personalized support, as well as monthly school and district summary reports.

"It is pricey--there is no doubt about thatand that is the reason why these schools have not been able to afford it [ST Math] until now," Dr. Kim said. "We actually did get some grants--and now with those grants, we will be able to afford it for all

See School Board, page 4

PETSPETSPETSPETS

Wowser Schnauzers



Ferguson

We are looking for volunteers to help with our pet adoption fairs, which are held every Saturday at the Petco located at 537 N. Pacific Coast Highway in Redondo Beach from noon to 3:30 p.m. If you are interested in volunteering and can commit to at least one Saturday a month, please contact us at info@msfr.org. You can also visit all of our Miniature Schnauzers & Friends rescues at the adoption fair or check out our website, www.msfr.org. If you have any questions about a particular dog's availability, you can email us at info@msfr.org. Schnauzers! Bet you can't adopt just one!

"Me name is Ferguson and I'm a fiveyear-old lad of Miniature Schnauzer/Scottish Terrier pedigree. I didn't know that I had to have a human by my side when I went out for a stroll or, as luck would have it, I would end up a stray at the local LA county shelter. The shelter listed me as Scottie because, at 23 pounds, I have a bit of a stout but sturdy body. My face and head are definitely from my Schnauzer lineage and my soulful, expressive eyes are those of me Schnauzer ancestors as well. I thought after putting me charmin' personality on display that I had a new home, but my hopes were dashed as my folks failed to appear again. I be thinking it could have been the bald patch, from flea dermatitis, on my back--but not to worry, for it is gone now. A friendlier scamp you'll never find since I do well with other dogs and people. Me playful nature suggests I could be a bit younger than my listed age, but come see what a treasure I am and judge for ya'self."

If you're interested in Ferguson, please email info@msfr.org for more information.

"Well, I never thought I'd be one of those dogs dumped by their owner, but here I am! My owner surrendered me to the LA county shelter apparently after deciding to keep the Bichon mix and dump me, the Poodle/Lhasa mix. Lucky for me that the MSFR folks were there to pick up another dog and that they were right behind us. They were witness to my humiliation and decided to make it a 'two-fer' day and rescued me too. Who knows what would have happened to me if they hadn't been there. My new name is Ramsey and although the shelter had me listed as a two-year-old, I'm probably more like three to four years old. I get along great with other dogs and have a sweet temperament even though my life hasn't been the stuff fairytales are made of. I know I should lose about four pounds. I currently tip the scales at 19 pounds and I'll be working on that so



that I can be the best family addition ever." If you're interested in Ramsey, please email info@msfr.org for more information.

"Hi, I'm Lindsay and I'm looking for a family who can appreciate the special talent of a super cute, little, two-year-old Miniature Schnauzer/Poodle mix. The LA county shelter had me listed as a Miniature Schnauzer, but one look will tell you that I am much more Poodle. That may account for my diminutive size of only 10 pounds. Did I mention that I have a special talent? Well, you really have to see it for yourself, but I do this great impression of a meerkat. I just stand up on my hind legs, beg and everyone thinks I'm the cutest meerkat that they've ever seen. It's really a great icebreaker



when I first meet people because I am a bit shy and quiet. Once I do my impression and get the conversation flowing, my engaging personality comes out and I make friends-both dogs and people--quickly." •

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Calendar of Events

Deadline for Calendar items is the prior Thursday by noon. Calendar items are \$1 per word. Email listings to marketing@heraldpublications.com. We take Visa and MasterCard.

THURSDAY, MAY 4

- Environmental Quality Commission Meeting, 7:00 PM – 9:00 PM., City Hall, West Annex Commission Room, 3031 Torrance Blvd.
- Propagation Society Planting Seeds for the Future, 10:30 AM., Madrona Marsh Nature Center & Preserve, 3201 Plaza Del Amo, free to public, Call: 310-782-3989.

FRIDAY, MAY 5

- Free Advance Directive Workshop, 10:00 AM. - 11:00 AM., 5315 Torrance Blvd. Suite #B1, Call: 310-543-3402.
- FUN-tastic Fridays: May the Force Be With You On The Fifth, A Star Wars Celebration,

- 4:00 PM., free registration required, Katy Geissert Civic Center Library, 3301 Torrance Blvd., Call: 310-618-5964.
- Friday Fun for Kids, 10:00 AM. Noon, Madrona Marsh Nature Center, 3201 Plaza Del Amo, free, donations accepted, call: 310-782-3989.
- Toddlertime, 10:15 AM and 11:00 AM, Katy Geissert Civic Center Library, Polly Watts Story Theater, 3301 Torrance Blvd, Call: 310-618-5964.

SATURDAY, MAY 6

- Torrance Certified Farmers' Market at Wilson Park, 8:00 AM. - 1:00 PM., 2200 Crenshaw Blvd., Between Carson St. & Sepulveda, Call: 310-781-7520.
- Embroidered Pin Cushions, 10:00 AM., free - registration required, Henderson Library, 4805 Emerald Street, Call: 310-371-2075. •

Community Briefs

Beach Cities Go Red For Women Luncheon Focuses on Women's Heart Health

Women's heart health will be the focus of the American Heart Association's Beach Cities Go Red For Women Luncheon at the Manhattan Beach Marriott on May 5. The event, sponsored nationally by Macy's and CVS Health and locally by Union Bank, kicks off with a health expo, silent auction and educational breakout sessions on nutrition, meditation, smoking and east-west medicine. The luncheon program will feature entrepreneur and heart disease survivor Mika Leah who, at 29 years old, narrowly escaped a "widow maker" heart attack. The program will conclude with a panel discussion on women's heart health with Dr. Nazanin Azadi of Providence Little Company of Mary, Dr. Minisha Kochar of UCLA Health, Kerianne Lawson of Beach Cities Health District and Dr. Kate Niehoff of Torrance Memorial Medical Center.

Heart disease, stroke and other cardiovascular diseases cause one in three deaths among women each year--more than all cancers combined. Go Red For Women provides women with the tools and resources they need to take charge of their heart health and live longer, stronger and healthier lives.

Funds raised at the luncheon support the American Heart Association's lifesaving work, including funding innovative scientific research, bringing health education programs to children and adults in the community, setting sciencebased best practices for treating heart disease and stroke, and advocating for policies that positively impact cardiovascular health.

The Los Angeles Go Red For Women campaign is chaired this year by Johnese Spisso, president of UCLA Health and CEO of UCLA Hospital System. Additional supporters include Kaiser Permanente South Bay, Providence Little Company of Mary Medical Center and UCLA Health. For more information, visit lagored.heart.org.

Guided Bus Tour of Louis Zamperini's Old Haunts Celebrating 100 Years

The year 2017 would have been when Torrance's hometown hero Louis Zamperini would have turned 100. In celebration of his centennial year, the Torrance Historical Society will host Zamperini-themed events, including a Guided Bus Tour of his Old Haunts scheduled for Sunday, June 4 and hosted by Torrance historians Debbie Hays and Janet Payne.

In addition, attendees will cruise along the two-mile stretch of the 405 between Redondo Beach Boulevard and Western Avenue, which will soon be dedicated the Zamperini Memorial Highway. The new signage will be installed the day prior to the bus tour.

One winner will go home with a copy of

Louis Zamperini's book, Don't Give Up, Don't Give In (completed two days before his death) signed by his son Luke Zamperini.

The tour will begin at the Torrance Historical Society & Museum (1345 Post Avenue, Old Torrance) with a 9:30 check-in, followed by installation of new Torrance Historical Society Officers at 9:45. The bus will leave at 10 a.m. Costs are \$20 for members and \$25 for non-members, with continental breakfast served at the museum and water/snacks provided on the bus plus a gift for each attendee. Dress is casual with walking shoes recommended. Seating for the event is limited. For information and reservations, call 310-328-5392. •

See Community Briefs, page 6



West Stays in Pioneer League Mix with Win Against South

By Adam Serrao

A loss against an inner-city rival always hurts just a little bit more than any other does during the regular season. At this point in the year, though, a loss to the South High Spartans in the teams' series opener would have severely hurt West High's chances at a Pioneer League crown. The rivalry game between the two teams was certainly close, to say the least--but behind a terrific squeeze bunt from Kyle Sonandres last Wednesday afternoon at West High, the Warriors were able to squeak out a close 6-5 victory to stay on top of South in the divisional standings.

The game was tied at five runs apiece in the bottom of the sixth inning when the sophomore Sonandres came to the plate and saved the day for the Warriors. Senior infielder Kristopher Gee-Romero was standing on third base with his eyes set on scoring the go-ahead run. South head coach Grady Sain called his lefty Ryan Lee to the mound in an effort to keep West High at bay. That's when Sonandres fooled every onlooker in attendance as he took the bat off of his shoulder and laid down a suicide squeeze bunt that dribbled in front of home plate. Gee-Romero used his speed to race home and beat out any attempt by the opposition to foil Sonandres' plan. Just like that, the Warriors had scored the go-ahead run and went on to eventually close out South in the top of the seventh to hang on for a tight victory.

"We've talked all year about having to pull something like that off," West coach Juan Cueva explained. I'm ecstatic they executed." It wasn't only Sonandres and Gee-Romero who executed, but the entire West team in an all-around great effort. Sean Whorley took the mound in relief and finished South off in the final inning of play. Two runs off the bat of Brandon Poffenbarger in the bottom of the first tied the game after the Spartans got out to a hot start. Sonandres and Gee-Romero brought their team back from behind, each finishing the day with two RBIs and key hits that kept the West High rally alive.

The Spartans didn't take the loss without a valiant effort on the diamond. Two runs in the top of the first inning had South High and Sain feeling pretty good about their position. Spartans starting pitcher Will Anderson was unable to keep the Warriors down. Anderson gave up eight hits and three runs that led West right back into the game and had the Warriors carrying a 3-2 lead into the sixth. It was in the sixth that South's offense got going behind RBIs from Nathan Critchett, Cade Bargar and Dawson Hokuf that gave the Spartans the lead once again. For Sain and his team, it was South's relief pitching

that gave up the lead and ultimately the game. "We got some quality at-bats from our bench," Sain explained. "They were ready to play and gave us the lead with six outs left." Six outs ultimately weren't enough to hold onto a victory that looked to be in the bag for a Spartans team that eventually took a one-run loss.

The Spartans went on to lose the second of the two-game rivalry set, giving the Warriors the sweep. West (17-7, 3-1) will look to continue its hot play when the team attempts to extend its four-game winning streak with a two-game set against its league rival from Leuzinger. South (10-11, 2-4) is now looking to snap a five-game losing streak when the team begins a two-game set against North High next week.

North High

The North High Saxons have been on a brief hiatus from league play ever since splitting a series with the West High Warriors in early April. Despite their absence from divisional rivalries, however, head coach Mike Neily and the Saxons have still been able to find success. After a dominating 8-3 win over the Carson Colts two weeks ago, North moved on to defeat Mary Star of the Sea in a two-game set at Mary Star High School. The Saxons outscored their opponent by a total of 5-1 in the series to attach two wins to their season-long total.

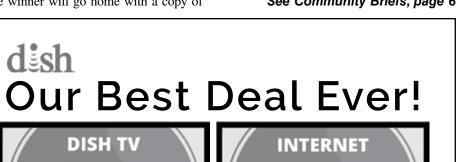
Last Wednesday night, the Serra Cavaliers traveled to North High and brought the Saxons' confidence level down a notch when Serra recorded a 9-3 win. Despite the loss, North (13-6, 3-1) is still sitting pretty in second place of the Pioneer League standings. The Saxons will look to catch the first place Tartars when they take on their inner-city rivals in Pioneer League play this Friday afternoon.

Torrance High

The Torrance Tartars (18-7, 4-0) have been nothing short of spectacular this baseball season. After a two-game sweep over South High two weeks ago, the Tartars moved on to defeat the Hart Indians in a non-league game and later in the week recorded a win by forfeit over the Leuzinger Olympians. Sophomore Neil Feist had a double and two RBIs to lead Torrance to victory over Hart. Junior Logan Young and senior Travis Martizia also produced at the plate, going one for two with two RBIs and two for two with two RBIs, respectively. Martizia pitched five innings of three-hit ball, allowing just one run and striking out five before Colton Kruger came in and closed the Indians out. Torrance will face off in a rivalry matchup against the North High Saxons this Friday in what will be a two-game series with first place implications on the line. - Asixlion@earthlink.net •

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TerriAnn in Torrance

The Return of a Very Special Bomber Jacket

By TerriAnn Ferren

On Tuesday, April 18, as I climbed the steps of the Torrance Historical Society and Museum located on Post Avenue in downtown Torrance, I was excited to see the return of Louis Zamperini's very special leather bomber



Luke Zamperini holding his father's bomber jacket.

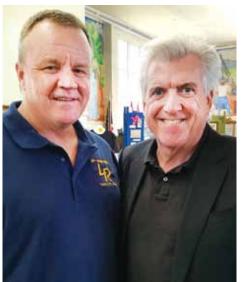
jacket. The jacket was returning to the museum after being on display at Whiteman Air Force Base, in Missouri, during the AFGSC (Air Force Global Command Senior Leader Conference) Commanding Officer's Heritage Dinner Gala (where the theme was Heritage of Great American Airmen). The jacket, under the care of Colonel Bruce R. Cox, was also taken to the formal event for the 307th Bomb Wing 75th Anniversary Celebration at the Shreveport Convention Center in Louisiana, not far from the base. During this very special event, the Zamperini Warrior Award was unveiled (funded by WWII 307th Bomb Group generation). But just how did such a valuable artifact from the Zamperini Trust happen to make the cross-country trip?

It all began when Colonel Bruce R. Cox, commander of the 307 Bomb Wing, Barksdale AFB, Louisiana, contacted the Zamperini family inquiring if they would send an artifact belonging to Louis Zamperini for the Air Force Global Strike Command Conference. Louis Zamperini was a member of the 307th Bomb Wing, and Colonel Cox told the family that the squadron is proud of Louis' legacy as part of its history--and Louis Zamperini embodies everything the Bomb Wing aspire to as Citizen Airmen. Colonel Cox was scheduled to attend the Air Force Global Strike Command Conference and had an opportunity to bring a historical artifact that would tell the story of their unit and its mission--and displaying something from Louis Zamperini would be perfect.

I found the jacket in the back of the museum on a table. As I walked up to it, I got chills thinking of Louis wearing it and all the places it had been. It has some rips and a little tear, but frankly it looks great. This precious artifact was back where it belonged, in Torrance, safely tended by the Historical Society for the citizens of Torrance.

As I was told, Lisa Zamperini, (Luke Zamperini's wife, and Louis' son) contacted the Torrance Historical Society (where Louis' items are on display) and the wheels began turning. Janet Payne, 1st Vice President of the Torrance Historical Society, was in contact with Colonel Cox. After much discussion about what the museum would send, it was decided Louis Zamperini's bomber jacket would be perfect. The two teams worked on a plan for the very special flight--for very special cargo. "We didn't want this valuable historic piece of history--Louis' jacket--did not want to ship it. We didn't want to mail it, we didn't want to FedEx it. We had a courier carrying it--first class by the way--which was fabulous by way of our president's father [Dick Smisek]," said Janet.

After the courier and means of transportation were chosen, the next hurdle was how to pack this historic leather jacket. Janet had just purchased a new carry-on bag, which fit the bill, and she and Lynda Craemer, (who works in the archives at the museum) carefully stuffed the jacket with acid free tissue paper, gently folding the priceless relic into the ordinary-looking black carry-on luggage. At this point, I was thinking about how Dick Smisek felt carrying



Colonel Bruce R. Cox and Luke Zamperini.

such a valuable piece of history. Although Janet told him he didn't have to handcuff himself to the case, I imagine he thought about it. I know I would, but then you wouldn't want to draw attention to the case. "We don't take what's in the 'Trust Collection' lightly, but when we thought that we were sending this with a courier, which is a really big deal to me, on the airplane and it was going to be with him all the time to safeguard it, and it was going directly into their museum with their archivist being responsible, he was practically going to sleep with it beside the bed if he took it anywhere," said Janet. "We thought, oh, my gosh, this is the 75th anniversary and this jacket that we are the caretakers of for the family just squashed it into the case and how absolutely fabulous that is."

Luke Zamperini arrived at the museum and told me, "I think I put most of the rips into it when I was a kid. I used to wear it [the jacket]. It hung in my closet for decades when I was

growing up. I used to put it on and play with it, as well as his other uniforms I used to play with. All the stuff hanging in the pilot's lounge at the airport--that was all in my room." I asked Luke how he felt about 'sharing' his father's jacket and he said, "We were very fortunate before Dad passed away that the Torrance Historical Society volunteered to curate his collection, which made it very easy for us. People call and ask to borrow something from my dad's and we tell them they have to go through the Torrance Historical Society and we feel confident they are doing it the right way." Luke added that his dad told him when he was in Hawaii it would be 85 degrees on the ground, but when he would get up flying in the plane--and remember it wasn't airtight--to 20 to 30 thousand feet, it's freezing even in the tropics. "I remember him [Louis] telling me every once in a while, the base commander would say, 'Okay, I want you guys to take those cases over there and put them in the plane and go up to 30,000 feet and come back down.' And so what was in the cases was beer for the officers' mess. So they would chill it and bring it back down," laughed Luke.

Also at the museum meeting and welcoming Colonel Cox, was Torrance Mayor Patrick Furey, who told me, "Obviously Louis Zamperini is part of the DNA of the city of Torrance and this jacket is a first-class relic. Louis has worn this jacket and here we have it on display in the city of Torrance. The Air Force saw how significant it was because they wanted to display it as well. Remember he was a member of the Air Force before the Air Force was the Air Force. As a result of what he and his comrades did in the Second World War Army Air Corps, [it] became the United States Air Force. That is why this year's Armed Forces Day Parade is so significant. Not that it's the 58th Annual, but it is the 75th Anniversary of the founding of the United States Air Force." Mayor Furey also shared that a number of generals from the Air Force, including the Under Secretary, are looking forward to this as a national day for the United States Air Force. That means we will see fly-overs and paratroopers! This year's parade will be special.

Then, I was able to speak with the man who brought Louis' jacket home, Colonel Cox, who told me, "There were two events that we celebrated." During the annual Air Force Global Strike Command Senior Leader Conference, hosted by Four Star General Robin Rand, a formal military gala for AFGSC Wing Commanders and their Command Chiefs is held. At the gala, each Wing Commander presents a heraldic device. In simple terms, Colonel Cox showed the jacket and told the story of Louis Zamperini. The next stop for the jacket was the 307th Bomb Wing's 75th Anniversary. This event gathered together Long Ranger American Airman from WWII, to current times to celebrate the rich heritage of the 307th flag. The highlight of the evening again was Louis' jacket. As Colonel Cox told it, there was a long line throughout the evening to read the adventures of Captain Zamperini's inspiring and unrivaled story.

When the jacket wasn't at a ball or conference, it was carefully housed and cared for at the Base Museum. It was at the formal AFGSC Commanding Officer's Heritage Dinner Gala



Janet Payne and the carry-on case that held Louis Zamperini's bomber jacket.

where the theme was Heritage of Great American Airmen where the Zamperini Warrior Award was unveiled (funded by WWII 307th Bomb Group generation). "The story will be told forever," said Colonel Cox. "And I can honestly say, even though the 307th Bomb Wing didn't exist for a time after Vietnam until modern times, we had veterans there from every war...and that jacket was the centerpiece."

Colonel Bruce R. Cox was impressive. Before I left the museum, I asked him if he had ever been to Torrance, and he said, "No, ma'am, but it's beautiful and the hospitality rivals Texas. The mayor of Forth Worth would never come out to meet me!"

Floating down the museum steps toward my car, I again gave thanks for living in Torrance and having such a rich history woven into the very fiber of this town. Thankfully, Louis Zamperini's bomber jacket is back where it belongs. Back in the city of Torrance. •



Mayor Patrick Furey admiring the Zamperini bomber jacket.

School Board

17 schools to have this math program."

ST Math uses the unique approach of visual and non-language techniques to enhance math. The staff report even identifies the software as having been recognized as one of four "STEM programs ready to scale nationally." Dr. Kim added that the startup cost is the most expensive portion of the program, but the fee in subsequent years will drop "dramatically." With the incorporation of ST Math in the curriculum maps and classroom instruction, all of the elementary schools will be capable of further supporting students with math comprehension and proficiency via visual learning.

"We do believe that there is a great benefit for our elementary students," Dr. Kim said. "Like I said, this is supplemental program and it does not take the place of the good teaching done in the classrooms by our teachers, but students have access to it after school and on weekends from home."

School Board Accepts Project Lead the Way Grant Awards

The School Board also approved a request to accept Project Lead The Way (PLTW) Grant Awards for the 2017-2018 and 2018-2019 school years. The grant funds will aid the district in offsetting a portion of the cost linked with PLTW Gateway to Technology programs.

Calle Mayor Middle School and Bert Lynn Middle School will receive the grant awards support to launch PLTY Gateway programs. Each campus is scheduled to obtain \$10,000 during the 2017-2018 school year and \$5,000 during the 2018-2019 school year.

The staff report presented on Monday describes PLTW as a national "not-for-profit organization with a proven record of success

in promoting careers in STEM (science, technology, engineering, and mathematics) subjects." In addition to engaging students in STEM-related careers, PLTW programs are aligned with Common Core State Standards (academic standards set for math and English Language Arts/Literacy) and the Next Generation Science Standards. At the local level, these standards are also aligned with the California Career Technical Education Model Curriculum Standards for the Engineering Technology Pathway.

PLTW works with K-12 students and teachers throughout the United States to create an engaging classroom environment not seen through any other program. Among the programs offered by PLTW are its K-12 Computer Science Pathway, the K-12 Engineering Pathway and K-12 Biomedical Science Pathway. Through its

from front page Computer Science program, PLTW is able to

engage students in "true-to-life activities" such as developing online art portal, or developing problem-solving apps. PLTW's engineering programs allow students to engage in career activities such as designing a home, electronic device programming, or exploring algae as a biofuel source. Students in the biomedical science program obtain a hands-on experience into the duties of medical investigators, biomedical engineers and surgeons.

The \$30,000 in grant awards will cover PLTW participation fees and all costs associated with teacher professional development. "Any additional cost will be covered by the Career Technical Education Incentive Grant (CTEIG) or school site funds. Therefore, there will be no cost to the District," the staff report concludes. •

RESTAURANT PROMOTION

6 cities for the price of 1! (or pick-and-choose)

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Inglewood News
Lawndale Tribune

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Frozen Strawberry Yogurt Pops



Make Your Desserts Healthier

Ok, if you absolutely can't go without having a late night snack then at least make it as healthy as possible. The recipe below is great because it satisfies your sweet tooth and each serving is just 30 calories.

Ingredients

- 1 cup of chopped strawberries
- 1 cup of Greek yogurt
- 1/4 cup of strawberry BiPro whey protein isolate
- 1-2 tablespoons of orange juice

Preparation

- 1. Place 1/2 cup of strawberries, yogurt, strawberry BiPro and orange juice in a blender and puree until smooth.
- 2. Divide remaining strawberries into desired molds. Pour pureed mixture over chopped fruit.
- 3. Insert sticks and freeze for at least 5 hours.•

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

For Lease

For Lease. Prime Location Downtown

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- Work / Live
- Roof_Top_Deck!!!
- Call For Details Bill Ruane 310 - 877 - 2374

For Rent

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Garage Sale

906 E. Imperial Ave. (In alley). Sat. 5/6. 7:30 a.m to 1:00 p.m. Multi-family. Clothes, shoes, books, HH items,

collectibles, and more.

House for Rent

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To appear in next week's paper, submit your Classifed Ad by Noon on Tuesday.

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Community Briefs

from page 3

Muratsuchi Refinery Bill Passes Key Committee

The Committee on Environmental Safety & Toxic Materials has passed Assemblymember Al Muratsuchi's (D-Torrance) Assembly Bill (AB) 1646, which will require that a refinery's risk management plan be available to the public and calls for the creation and maintenance of a publicly accessible community alert plan-using notifications such as reverse 911, text, and email PSAs as is consistent with California's emergency alert system plan. It also requires the maintenance of a public alert system including, but not limited to, alarms and sirens to alert the public in case of an emergency.

AB 1646 is part of Muratsuchi's "California Refinery Jobs and Safety Action Plan," which includes five Assembly bills to improve public safety at all California refineries.

"The public deserves to know immediately if an accident has happened at the refinery. The South Bay is a very dense urban area and if an accident like that one occurs again, it could cost many thousands of lives. Residents need to be alerted so they can seek safety, if necessary," said Muratsuchi. "This bill will establish guidelines for alerting residents if another unfortunate and potentially dangerous disaster happens again."

Muratsuchi's Action Plan also includes AB 1645, which will ban the use of Hydrofluoric Acid at California refineries; AB 1647, which will require that the refinery install and maintain air quality monitors at both fence-line and in the community, and mandate that the refinery publicly report the readings from the monitors in real-time; AB 1648, which will increase the number of state refinery inspectors at the California Division of Occupational Safety and Health (Cal OSHA); and AB 1649, which will codify and make permanent the existing Interagency Refinery Task Force created by Governor Jerry Brown. •

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Premarin TM \$448 VS Typical US Brand Price for 0.625mg x 84	Conj. Estrogen* Generic Price for 0.625mg x 84	\$48.00	Evista TM \$772.37 Typical US Brand Price for 60mg x 100	Raloxifene* \$84.00 Generic Price for 60mg x 100
Abilify TM \$2964.49 VS Typical US Brand Price for 15mg x 112	Aripiprazole* Generic Price for 15mg x 112	\$88.00	Zetia TM \$817.24 VS Typical US Brand Price for 10mg x 100	Ezetimibe* \$83.00 Generic Price for 10mg x 100
Celebrex TM \$1087.96 VS Typical US Brand Price for 100mg x 100	Celecoxib* Generic price for 100mg x 100	\$79.00	Januvia TM \$1144.84 VS Typical US Brand Price for 100mg x 84	Sitagliptin Phosphate* Generic Price for 100mg x 84



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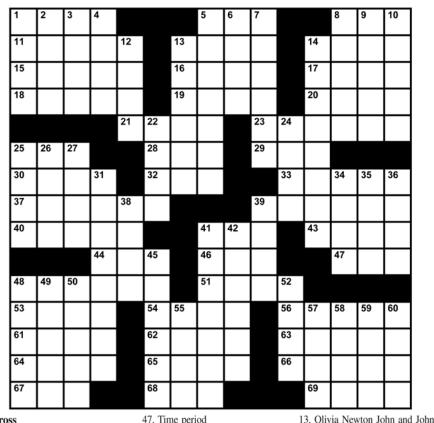




Prescription price comparison above is valid as of December 9, 2016. All trade-mark (TM) rights associated with the brand name products in this ad belong to their respective owners. *Generic drugs are carefully regulated medications that have the same active ingredients as the original brand name drug, but are generally

WEEKLY CROSSWORD

See Answers Next Week



48. Shakespeare's players

Porridge

53. Iowa output 54 Grade

56. Sharpened

61. Sherberts

63. Depart

65. Tall grass

67. Depressed

69. Set store by

68. Paddle

1. Announce

2. Golden rule word

3. Big cat that roars

Down

4. Solo

5. Moaned

6. Strives

7. Oration

66. Cicero speak

62. Not working

64. Exhausted, with "in"

Across

- 1. Influence
- 76 product
- 8. One for the road 11. Bagel choice
- 13. Hold
- 14. Alone
- 15. Gem
- 16. Vatican City
- 17. Suspects 18. Shades
- 19. Leisure
- mortals
- 21. Holier ___ thou 23. Toy boxes
- 25. Mark of perfection
- 28. Pratice do you do?"
- 30. 1967 musical 32. Detroit __ wings
- 33. Mine passage
- 37. Highlight
- 39. So very much 40. In _ _ parts
- 41. Girl
- 43. Eye drop
- 44. Mrs. Nixon 46. Fly catcher
- - 8. Fir droppings
 - 9. Wide-eyed
- - 10. Garden flowers
 - 12. Love

Last Week's Answers

											Lâ	131	V	<i>r</i> ee	
¹L	² A	³ M	⁴ B		⁵ S	° Т	7 R	⁸ A	⁹ P		¹⁰ A	11C	¹² T	¹³ S	
¹⁴ A	R	Е	Α		¹⁵ L	0	0	s	Е		¹⁶ S	L	-	Р	
¹⁷ V	Α	N	s		¹⁸ I	N	D	ı	Α		¹⁹ S	ı	Т	Ε	
²⁰ A	В	s	Е	²¹ N	С	Е		²² A	R	²³ T	- 1	С	L	Ε	
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²⁶ S	²⁷ T	28 R	Α	w	s			²⁹ P	°°	R	Т				
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³⁷ O	R	Α	L		³⁸ P	L	Α	N	ĸ		39°C	U	R	Ε	
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64					62						62				

<u> </u>	1344	513						
8	2	4	6	1	7	9	5	3
3	9	5	4	2	8	6	7	1
7	1	6	9	3	5	8	4	2
4	8	9	3	5	6	1	2	7
1	3	7	2	9	4	5	6	8
6	5	2	7	8	1	3	9	4
5	7	3	1	6	2	4	8	9
2	6	1	8	4	9	7	3	5
9	4	8	5	7	3	2	1	6

Travolta starred in it

24. Fireman's equipment

_ does it!'

34. Telephonic region, with code

35. Alert to something odd

38. Come close to

41. Puffed up

42. Got better

55. Inkling

60. Naysay

45. Souvenir item

48. Alkali neutralizers

49. Chocolate powder

50. Prevailing style

52. Unload, as stock

57. Letter opening

58. Ticket info

59. Satan's work

39. Balance sheet item

36. Phoenician trading center

14. A bit

22. In pain

26. Apiece

27. Likable

31. Answer

	6			3	2			
2			5		6			8
3		1	7		9			
1	2		8	9			3	
		5				2		
	7			2	3		1	5
			3		1	5		9
5			9		7			4
			2	5			6	

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

City Council from front page

bullying on school campuses; assisting seniors in becoming more adept with technology; creating programs for students to mentor their peers with special needs; and finding ways to minimize waste and encourage recycling. At the core of the program is the belief that students who can recognize and understand how local government works will become more informed and involved citizens and voters. The City invitation to students has become more and more popular each year, making for a very competitive selection process.

"In addition to this long-running program, I continue my practice of visiting local high schools' government classes to speak about the role of local, state and federal government," Furey said. "So far this school year, I have been able to speak to almost 1,300 high school students at all five of the Torrance Unified high schools and Bishop Montgomery."

The students participating in Students and Government Day included: Ann Kamel, Mayor; Donoven McAlister, Councilmember; Mat McComas, Councilmember; Anna

Bernstein, Councilmember; Hannah Brooks, Councilmember; Bianca Contreras, Councilmember; Hannah Hueth, Councilmember; Shua Cho, City Attorney; Jack Conchas, Communication and Information Technology Director; Danielle Cudal, City Treasurer; Marissa Cueva, Fire Chief; Mickie Curtice, City Clerk; Anthony Gadioma-Vasquez, Finance Director; Brent Jasso, General Services Director; Erin Jung, Transit Director; Keegan LaBrecque, Community Development Director; Evan McShane, Community Services Director; Tristan Minter, Public Works Director; Thomas Rossenblum, Police Chief; Julian Tejano, City Manager; Savannah Wilson, Assistant City Manager.

Each student was individually thanked and recognized by the City administrator or elected official that they shadowed throughout the day, prior to receiving a certificate and taking a picture together. "I'd like to thank everyone who makes this program happen and continues to be a success year after year after year," concluded Mayor Furey. •

PUBLIC NOTICES

Fictitious Business Name Statement

The following person(s) is (are) doing business as SOUTH BAY POOL-POND & SPA RESTORATION, 816 CRENSHAW BLVD, TORRANCE, CA 90501, LOS ANGELES COUNTY. Registered Owner(s): HUGO DE AVILA MARQUEZ 816 CRENSHAW BLVD, TORRANCE, CA, 90501. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: HUGO DE AVILA MARQUEZ, OWNER. This was filed with the County Recorder of Los Angeles County on March 21, 2017

NOTICE: This Fictitious Name Statement expires on March 21, 2022. A new Fictitious Business Name Statement must be filed prior to March 21, 2022 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: 4/27, 5/4/2017 Pub 4/13, 4/20 H-1616

Fictitious Business Name Statement 2017079367

The following person(s) is (are) doing MAILBOXES GALORE TORRANCE, CA 90501, LOS ANGELES Registered Owner(s): GINA T. RODRIGUEZ, 25925 AVOCADO ST., LOMITA, CA RODRIGUEZ, 25925 90717. 2) JOHN 25 AVOCADO ST., LOMITA, CA 90707. This business is being conducted by a Married Couple The registrant commenced to transact business under the fictitious business Signed: GINA T. RODRIGUEZ, WIFE Recorder of Los Angeles County on March

expires on March 30, 2022. A new Fictitious Business Name Statement must be filed prior to March 30, 2022 The filing of this statement does not of Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). TORRANCE TRIBUNE HT-1617 4/20, 4/27, 5/4/2017

Fictitious Business Name Statement 2017079196

The following person(s) is (are) doing business as LUFTGEKUHLT, 1601 N. SEPULVEDA BLVD. #199, MANHATTAN BEACH, CA, 90266, LOS ANGELES COUNTY COGNITION COMPANY, 1601 SEPULVEDA BLVD. #199, MANHATTAN BEACH, CA, 90266. This business is being conducted by a JOINT VENTURE The registrant commenced to transact business under the fictitious business name or names listed above on: N/A
Signed: COGNITION COMPANY PARTNER, PATRICK LONG. was filed with the County Recorder of Los Angeles County on March

NOTICE: This Fictitious Name Statement expires on March 30, 2022. A new Fictitious Business Name Statement must be filed prior to March 30, 2022 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: 4/27. 5/4/2017

Fictitious Business Name Statement 2017090817

The following person(s) (are) business as OFFICE MOVE 17103 EASTWOOD AVENUE TORRANCE, CA 90504, LOS ANGELES COUNTY. Registered Owner(s): LMR ENTERPRISES LLC, 17103 EASTWOOD AVENUE, TORRANCE, CA 90504. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2017. Signed: LMR ENTERPRISES LLC, OWNER, LAUREN MARIE RICHESON. This statement was filed with the County Recorder of Los Angeles County on April 11, 2017

NOTICE: This Fictitious Name Statement expires on April 11, 2022. A new Fictitious Business Name Statement must be filed prior to April 11, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). 4/13, 4/20

Torrance Tribune: HT-1621

Fictitious Business 2017078152

The following person(s) is (are) doing business as DELIGHT PROP, LCC, 4219 W 165TH ST., LAWNDALE, CA, 90260, LOS ANGELES COUNTY. Registered Owner(s): DELIGHT PROP, LCC, 4219 W 165TH ST., LAWNDALE, CA, 90260 This business is being conducted by a Limited Liability Company. The registrant commenced to transact business under the fictitious business name or names Signed: OWNER, listed above on: DELIGHT PROP, 08/2008. LCC, EDWARDO OSORIO. This statement was filed with the County Recorder of Los Angeles County on MARCH 29, 2017.

NOTICE: This Fictitious Name State expires on MARCH 29, 2022. A new Fictitious Business Name Statement must be filed prior to MARCH 29, 2022 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) Lawndale Tribune: Pub. 5/11/2017 **HL-1622** Pub. 4/20, 4/27, 5/4,

Fictitious Business 2017084540

is (are) BACKSPIN doing business ENTERTAINMENT, 2414 CABRILLO AVE, APT A, TORRANCE, LOS ANGELES COUNTY. Registered Owner(s): SHERWIN-RYAN RUSTE, 2414 CABRILLO AVE, APT A, TORRANCE CA 90501. This business is being conducted by an Individual. The registran commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SHERWIN RYAN RUSTE, OWNER. This statemen was filed with the County Recorder of Los

Angeles County on April 6, 2017. NOTICE: This Fictitious Name Statement expires on April 6, 2022. A new Fictitious Business Name Statement must be filed prior to April 6, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code)

Torrance Tribune: Pub. 5/11/2017 **HT-1623** 4/20, 4/27, 5/4

2017077342 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS **BUSINESS NAME**

Current File #2016192687

The following person has abandoned the use of the fictitious business name: CRAFT SHACK FUELED BY SIMMZY'S, 850 S SEPULVEDA BLVD, STE K200, EL SEGUNDO CA 90245. The fictitious business name referred to above was filed in the County of Los Angeles ON MARCH 29, 2017. Registrants SIMMZYS LLC, 1148 MANHATTAN AVE #1, MANHATTAN BEACH CA 90266. This business was conducted by a LIMITED LIABILITY Signed: SIMMZYS LLC, MANAGING MEMBER. This statement was filed with the County Clerk of Los Angeles County on MARCH 29, 2017

EL SEGUNDO HERALD: 4/20, 4/27, 5/4, 5/11/2017 H-1624

Fictitious Business 2017095477

The following person(s) is (are) doing business as LO:LA, 222 N. SEPULVEDA The following BLVD., SUITE 2000, EL SEGUNDO 90245, LOS ANGELES COUNTY Registered Owner(s): LONDON:LOS ANGELES LLC, 222 N. SEPULVEDA BLVD., SUITE 2000, EL SEGUNDO, CA 90245. This business is being conducted by a LIMITED LIABILITY COMPANY. by a LIMITED LIABILITY The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2017. Signed: LONDON:LOS ANGELES LLC CEO, NICHOLAS PLATT. This state was filed with the County Recorder of Los Angeles County on April 14, 2017.
NOTICE: This Fictitious Name Statement

expires on April 14, 2022. A new Fictitious prior to April 14, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or (See Section 14400 _ ... and Professions Code).

Fictitious Business 2017097163

The following person(s) is (are) doin BRIGHT HORIZONS business as COUNSELING SERVICES 1) 1500 MANHATTAN ROSECRANS AVE., MANHATTAN BEACH, CA, 90266, LOS ANGELES ITY. 2) 14123 JEFFERSON HAWTHORNE, CA, 90250, COUNTY. AVE., HAWTHORNE, CA, 90250, LOS ANGELES COUNTY. Registered Owner(s): BLESSY M. GIRON FRANCO, 14123 JEFFERSON AVE., HAWTHORNE, CA, 90250. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2017. BLESSY M. GIRON FRANCO, OWNER, This statement was filed with the County Recorder of Los Angeles County on April

NOTICE: This Fictitious Name Statement expires on April 17, 2022. A new Fictitious Business Name Statement must be filed prior to April 17, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 4/27, 5/4, 5/11, 5/18/2017

Fictitious Business 2017097515

The following person(s) is (are) doing business as MAYTAG LAUNDRY HAWTHORNE, 14345 INGLEWOOD HAWTHORNE, CA 90250, LOS **ANGELES** COUNTY. Registered Owner(s): MATTHEW IAN CLARK, 15307 EUCALYPTUS AVE., BELLFLOWER, CA 90706. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MATTHEW IAN CLARK, OWNER. This statement was filed with the County Recorder of Los Angeles County on April 18, 2017

NOTICE: This Fictitious Name Statement expires on April 18, 2022. A new Fictitious Business Name Statement must be filed prior to April 18, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Pub. 4/27, 5/4, 5/11, 5/18/2017

Fictitious Business 2017098145

The following person(s) is (are) doing business as ZOFICALI, 1) 13102 ROSELLE AVE., #5, HAWTHORNE, CA, 90250, LOS ANGELES COUNTY. 2) PO BOX 1394, ATTN: SOPHIE REGNIER, EL SEGUNDO CA 90245 LOS ANGELES COUNTY. Registered Owner(s): SOPHIE REGNIER, 13102 ROSELLE AVE., #5. HAWTHORNE, CA, 90250. This business is being conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SOPHIE REGNIER, OWNER. This statement was filed with the County Recorder of Los Angeles County on April

NOTICE: This Fictitious Name Statement expires on April 18, 2022. A new Fictitious Business Name Statement must be filed prior to April 18, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Tribune: Pub. 4/27, 5/4, 5/11, 5/18/2017 HH-1628

Fictitious Business 2017089763

The following person(s) is (are) doing business as INGLEWOODSLA 1) 6411 SPRINGPARK AVE. INGLEWOOD. CA 90301 LOS ANGELES COUNTY. 2) BOX 451494, LOS ANGELES, CA 90045 LOS ANGELES COUNTY. Registered Owner(s): STEPHEN ALLEN COTTON, 6411 SPRINGPARK AVE. INGLEWOOD CA 90056. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 04/2017. Signed STEPHEN ALLEN COTTON, OWNER This statement was filed with the County Recorder of Los Angeles County on APRIL NOTICE: This Fictitious Name Statement

expires on APRIL 10, 2022. A new Fictitious Business Name Statement must be filed prior to APRIL 10, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) INGLEWOOD TRIBUNE: Pub 5/4, 5/11 5/18, 5/25/2017 HI-1630

Rea Estate

Save Big Bucks on Home Heating and Cooling Costs

(BPT) - What would you rather do: Pay your utility bill or take a much-deserved vacation? With an endless stream of bills each month, you might wonder where you can find the money to jet off to the beach or mountain resort of your dreams. Read on for the solution.

The average U.S. household spends more than \$2,200 yearly on energy bills, with about half of that for heating and cooling, according to the U.S. Department of Energy (DOE). As a large portion of that energy is wasted, making your home more energy efficient will pay big dividends.

With only a couple weekends of work, these three simple low-cost DIY projects can significantly reduce your home heating and cooling costs, freeing up money year after year so you can take vacations or do other fun activities. Best of all, the three actions work together to not only reduce your utility bills, but to make your home more comfortable year-round.

Add Insulation

Chances are your home lacks sufficient insulation, despite when it was built. Some 90 percent of U.S. homes are under-insulated, reports the North American Insulation Manufacturers Association (NAIMA). Fortunately, adding insulation is simple, with products readily available at your local home improvement store.

One of the most cost-effective and easiest types of insulation to work with is expanded polystyrene (EPS) rigid foam boards. EPS panels are simple to cut to size without creating a mess, are recyclable and can be installed throughout your home, including in walls, floors, ceilings and foundation walls. A similar material, graphite polystyrene (GPS), also is easy to work with, and provides even higher insulating power, according to manufacturers. One of the EPS and GPS brands available at home improvement stores such as Home Depot and Lowe's is R-Tech insulation from Insulfoam. "R-Tech EPS and GPS insulations offer some of the highest

insulating power per dollar," says Michael McAuley, Insulfoam general manager.

Seal Air Leaks

While inadequate insulation allows heat to pass out of your home in winter or to

come in during summer, another path for

energy loss is air leaks. Insulating your home

and sealing air leaks can save you up to 20

percent on home heating and cooling costs,

notes the DOE. Common places to look for

leaks include attic access hatches, around

windows and doors and in crawl spaces.

Readily available weather stripping, caulks

and spray foams can help keep your home

airtight. For step-by-step instructions, consult

the U.S. Environmental Protection Agency's

"DIY Guide to Sealing and Insulating with

Install a Programmable

Thermostat

home, a third step you can take to cut energy

bills is to install a programmable thermostat.

Today's sophisticated thermostats enable

you to better manage your furnace when

you'll be away from home at work or to

lower the setting when you're already in

With your newly insulated and sealed

ENERGY STAR."

your warm bed. Either way, automatically turning down the heat can save you up to \$180 every year in energy costs, says the DOE. That's enough for a one-night hotel stay or a fancy dinner out.



These three utility bill-busting tips are within the skill set of many homeowners,

but if you want a little extra help, hiring a contractor is also cost effective, as these are not large projects. •





New Listing - Shows Great!!

606 W. Mariposa Ave., El Segundo

- \bullet 3 Spacious Bedrooms, 1 & $^3/_4$ baths
- Great Floor Plan
- Large Beautiful Back Yard
- Comfortable Living Room with Stone Fireplace
- New Cortex Flooring
- Brokers Open Friday 12-2pm
- Quartz Counter Tops
- Stainless Steel Appliances
- Good Sized 2-Car Garage with Direct Access to the Home

\$1,229,000

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