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Fall Sports Season Gears up Again



North High's quarterback #3 Mique Juarez evading the Seahawks at the season's first game versus Redondo Union. Juarez and the Saxons came alive in the second half but pulled up short against the Seahawks, 21-26. For story, see page 5, and page 6 for more photos. Photo by Osvin Suazo, ozzy.suazo@gmail.com. •

City Will Provide Access To Recycled Water For Landscape Irrigation

By Cristian Vasquez

In a unanimous vote, the Torrance mayor and city council approved a licensing agreement by and between the West Basin Municipal Water District and the city for the use a portion of city-owned property at the corner of Del Amo and Crenshaw Boulevard.

With no expense to the city, Torrance City Manager LeRoy Jackson and Public Works Director Robert J. Beste recommended that the section of land identified continue to be used for the operation of disinfection facilities for recycled water. new 10-year license agreement includes the District's commitment to building a 5-feet-tall fence around the facility, as well as providing the city access to recycled water for landscape irrigation. The fence is scheduled for completion by January 2016.

The project also allows the city to assist Honda Motor Company to achieve its goal of maintaining a green building, which is if significant value for the city from an economic development perspective.

Council Agrees To Subsidize Concert At Columbia Park

the stage platform set up.

"They [Mystic Wave] were actually there, again performing for free when we did our cultural festival for the Cherry Blossoms," Mayor Furey said. "We invited them to come and they did, and we invited them again to come and they did. They are fantastic at playing anything from the 40s to jazz and up until the 80s and Tower of Power music. They had people dancing in the park. It was great."

Mystic Wave first performed during a city event on Aug. 2 at Columbia Park during a concert that the staff report described as

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Friday

Partly Cloudy 76°/65°

Saturday

Sunny 78°/64°





"The West Basin Municipal Water District has been providing recycled water to the American Honda Motor Company at Torrance Boulevard and Van Ness Avenue for their Acura Design Center sonce 2007," states the staff report. "Recycled water is also used for irrigation of the entire American Honda campus, the medians of Del Amo Boulevard between Crenshaw Boulevard and Van Ness Avenue, and at Pueblo Park."

Initially the site was identified as a shortterm solution to maintaining the quality of water being delivered to Honda. The original agreement was set at five years, but in 2006 West Basin anticipated not needing the disinfection facility past 2011.

"The District had plans to extend the Crenshaw Boulevard transmission main to Palos Verdes Peninsula customers," states the staff report. "The disinfection facility is still needed to continue to provide treated recycled water to American Honda."

There is no fee attached to the approved agreement for the use of the property. The

Torrance Mayor Patrick J. Furey and the City Council unanimously agreed to approve a subsidy in the amount of \$2,172.90 for a concert at Columbia Park, 4045 W. 190th St., that will take place on Sept. 27. From 3 to 5 p.m.

The funds are being made available through the City Council Municipal Legislative Policy Program Budget, which will be left with a remaining balance of \$7,122.10 after the concert.

"I just wanted to comment that the band, Mystic Wave, is donating their services, 100 percent," Councilman Mike Griffiths said. "So none of this money that is being subsidized is actually going to the band, which I find a little ironic in that the band is the star attraction here and they are not receiving a penny for their services."

City staff contacted the band, Mystic Wave, to request that they perform during the upcoming free concert. The band agreed to perform for the city, once again, but asked that the city cover the cost of a canopy, sound rental and all park services costs that are linked to "well-received by the community" and which included an encore performance due to audience demand.

The subsidy provided by the city will allocated \$610 to canopy and sound rental expenses, \$120 for park rangers, and \$1,442.90 for park services riser set up. Since the Cultural Services Division does not have the budget for Concerts in the Park, Community Services Director John Jones recommended that the city council subsidize the expenses as a "one-time expense."

"I wanted to take a moment just to thank the band for providing that service to our community for free; it's hard for a band to stay together and pay for their instruments so it's great that they will play for free," Griffiths said.

The staff report indicates that city staff continues to research funding options in order to return to the council with viable funding options that would allow the department to continue providing "high-quality musical performances" in the city's parks.

TerriAnn in Torrance

Labor Day

By TerriAnn Ferren Photos by TerriAnn Ferren

The first Monday in September is designated Labor Day here in the United States. For many, it is a day off of their labors but for students, it is a reminder that school is Stetson's office in Torrance. My duties included cleaning the operatory rooms, filling supplies when needed, and autoclaving the instruments. I really enjoyed the work and the people. When Labor Day came around, frankly, I didn't once think about the day

Just when did we begin celebrating Labor Day? I decided to do some digging and found out some interesting facts.

Perusing the United States Department of Labor Bulletin article Number 29, written in 1900 by Miss M.C. De Graffenried entitled Labor Day earnest, Uncle Dick." This was considered the first Labor Day parade.

Interesting enough, California adopted the holiday on February 23, 1897. Curiously, the documents state California celebrated Labor Day prior to that under the original



James Egnatuk

right around the corner.

My first job, other than babysitting, was working two or three days a week during the summer and then after school, in Dr. Rodney

or what it meant. To me, at the age of 15, it meant a day off work and a day with my family. I suppose many young people today think the same way.





Dan Thomas

"Labor Day," I discovered that Oregon was the first state to legislate for the general observance of Labor Day as a legal holiday. (At that time there were only 36 states plus the District of Columbia.)

De Graffenried wrote, "...No other country sets apart by law a similar festival. Its sanction by 36 state legislatures and by Congress for the District of Columbia shows the general agreement as to the great value and importance of the idea for which the holiday stands – recognition of the rights and dignity law, which was approved in 1893, and set Labor Day for the first Monday in October. There are many other interesting facts about Labor Day and I encourage you to take a moment to remember those, throughout our history, who lobbied for the respect of workers.

How do you celebrate Labor Day? Do you get the day off? Lots of people are off but others choose to work, or must work on that day. I decided to ask a few people in Torrance how they will spend the upcoming

"The first Monday in September is designated Labor Day here in the United States. For many, it is a day off of their labors but for students, it is a reminder that school is right around the corner.'

of labor. This open legalized recognized is one of the many results of the evolution of the workingman from a condition of bondage and serfdom into a higher civil and industrial grade. Labor Day could never have existed but for the moral force of universal manhood suffrage under democratic institutions."

The article goes on to explain the origins of the holiday citing parades in New York City in 1882. The General assembly of the Knights of Labor, while viewing a parade and, according to De Graffenried, "As the various organizations passed, Robert Price of Lonaconing, Md. said to the general worthy foreman of the Knights of Labor, 'This is Labor Day.

Rene Ayala, Director of Worship and Music at St. Lawrence Martyr Catholic Church, told me, "I think it is a fabulous holiday for the country because it gives us a chance to be thankful for the fact that, those of us who have jobs and work, and it is also a time for us to take time and reflect on those who don't [have jobs] and maybe think about ways we can help and encourage, or somehow strengthen and be faithful to those who are struggling." Then I ran into Torrance resident, Dan Thomas and he said, "Years ago, I used to get together with friends and

See TerriAnn, page 8

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THE SOUTH BAY'S HOME FOR OLD SCHOOL ENTERTAINMENT



Police Reports

Theft 8/22/2015 9:30 PM 3800 BLOCK PACIFIC COAST HWY

Suspect(s) takes unsecured property from front of location/ bicycle

Burglary-Auto 8/23/2015 9:55:00 AM 23900 BLOCK WALNUT ST

Suspect(s) enters unlocked vehicle and takes property/garage remote

Battery-Simple 8/22/2015 5:30:00 PM 21800 BLOCK HAWTHORNE BLVD

Suspect grabs victim's face, causing pain Burglary-Commercial 8/22/2015 4:56:00

PM 3500 BLOCK LOMITA BLVD Suspect(s) uses a key to enter business,

but flees without taking any property when alarm sounds

Theft 8/24/2015 7:15:00 AM 2500 BLOCK SEPULVEDA BLVD

Suspect(s) enters unsecured construction site, cuts cable and takes property/ walkbehind saw

Theft 8/22/2015 11:30:00 AM 2300 BLOCK ARLINGTON AVE

Suspect(s) takes victim's unattended property/ trike

Theft 8/22/2015 1:30:00 PM 2800 BLOCK SEPULVEDA BLVD

Suspect(s) takes property from unsecured employee locker/ purse

Burglary-Commercial 8/22/2015 6:15:00 AM 22700 BLOCK HAWTHORNE BLVD

Suspect(s) smashes glass in door for entry and takes property/ golf clubs, golf bag, range finder

Burglary-Auto 8/22/2015 10:00:00 AM 5500 BLOCK TORRANCE BLVD

Suspect(s) pries window for entry, ransacks and takes property/ cell phone, electronic device

Theft 8/22/2015 1:00:00 PM 5500 BLOCK TORRANCE BLVD

Suspect(s) takes property from victim's patio/ bicycle

Theft 8/21/2015 8:44 PM 3500 BLOCK CARSON ST

Suspect(s) enters open business and takes property from storage drawers/sunglasses

Burglary-Auto 8/22/2015 1:00:00 PM 5500 BLOCK TORRANCE BLVD

Suspect(s) enters vehicle by unknown means, ransacks and takes property/ laptop, tablet

Theft 8/21/2015 5:30:00 PM 2200 BLOCK 232ND ST

Suspects convince victim they will donate a large sum of money to a church and let him keep some of the money if he'll show he can be trusted by putting up his own cash and valuables/ cash, jewelry

Vandalism 8/22/2015 10:00:00 AM 5500 BLOCK TORRANCE BLVD

Suspect(s) throws brick at victim's vehicle's window, causing damage

Theft 8/21/2015 2:53 PM 2700 BLOCK PACIFIC COAST HWY

Suspect(s) takes victim's unattended property/cardholder

Theft 8/21/2015 1:30:00 PM 2800 BLOCK

Auto Theft 8/20/2015 12:50:00 PM 19300 BLOCK HAWTHORNE BLVD Stolen vehicle: '14 Chevrolet Tahoe

Burglary-Auto 8/20/2015 1:22:32 AM 17400 BLOCK KORNBLUM AVE

Suspect(s) enters unlocked vehicle and takes property/ GPS, coin

Auto Theft 8/20/2015 7:30:00 AM 4400 BLOCK PACIFIC COAST HWY

Stolen vehicle: '07 Ford Mustang

Auto Theft 8/20/2015 4:55:27 AM 23300 BLOCK ARLINGTON AVE

Stolen vehicle: '06 Chevrolet P/U

Theft 8/19/2015 9:30:00 PM 1700 BLOCK CARSON ST

Suspect(s) takes property from front of location/ bicycle Theft 8/19/2015 5:04 PM 2400 BLOCK

178TH ST

Suspect(s) takes victim's vehicle's catalytic converter

Vandalism 8/19/2015 2:23 PM 24200 BLOCK HAWTHORNE BLVD

Suspect(s) damages exterior light fixtures Auto Theft 8/19/2015 6:59 AM 20800 BLOCK ANZA AVE

Stolen vehicle: '07 BMW 530i

Vandalism 8/19/2015 10:30:00 AM 186TH ST & HAWTHORNE BLVD

Suspect(s) scratches victim's vehicle's paint, enters vehicle by unknown means and takes property/ stereo

Burglary-Residential 8/18/2015 8:24 PM 3900 BLOCK CARSON ST

Suspect(s) enters victim's motel room by unknown means and takes property/cell phone **Burglary-Auto** 8/18/2015 5:47 PM 1800

BLOCK 243RD PL

Suspect(s) enters vehicle by unknown means and takes property/ sunglasses, laptop, laptop case

Vandalism 8/19/2015 7:00:00 AM 18800 BLOCK CRENSHAW PL

Suspect(s) sprays paint on victim's vehicle

Theft 8/18/2015 2:55:00 PM 4500 BLOCK TOUCAN ST

Suspect(s) takes property from victim's porch/ delivered parcel

Theft 8/18/2015 1:00:00 PM 1100 BLOCK CRENSHAW BLVD

Suspect(s) takes victim's vehicle's catalytic converter

Auto Theft 8/18/2015 5:45:00 PM 21200 BLOCK WESTERN AVE

Stolen vehicle: '97 Honda Accord Vandalism 8/19/2015 10:34:45 AM 23700

BLOCK WESTERN AVE Suspect(s) smashes window/ no entry,

no loss **Theft** 8/20/2015 8:43:02 AM 16300

BLOCK ARDATH AVE

Suspect(s) takes victim's vehicle's catalytic converter

Burglary-Auto 8/17/2015 3:23:58 PM 4800 BLOCK 190TH ST

Suspect(s) enters possibly unlocked vehicle and takes property/ sunglasses, paperwork, ID, cell phone **Burglary-Residential** 8/17/2015 1:58 PM 17000 BLOCK YUKON AVE Suspect(s) enters residence by unknown means and flees when confronted by victim inside residence/ no loss

Legal Aid for Elders Change How You Think About Estate Planning to Avoid Procrastination

By R Christine Brown, southbayelderlaw.com

The simple and unpleasant truth of estate planning is this: few people enjoy spending time contemplating their own mortality. Estate Planning requires recognition that at some point in the future you will no longer be alive, which leads to anxiety. This is the so it's easier to not make any. Sometimes people get hung up on selecting a guardian for their minor children. Because they can't choose one, they don't do anything else in their estate planning. Another example is the person who is so worried about giving money to her kids. Because she knows they can't handle it, she makes no plans at all!

"Sometimes people get hung up on selecting a guardian for their minor children. Because they can't choose one, they don't do anything else in their estate planning."

biggest reason, advisors say, that people put off estate planning. Unfortunately, our heirs pay the ultimate price when we fail to plan.

Many people are reluctant to dig into the issues of estate planning, according to an article on financial-planning.com, "3 Biggest Barriers to Successful Estate Planning." The anxiety associated with estate planning leads to three major behavior responses: procrastination, indecision and inattention. Our advice? "Get Going!" Make an appointment to speak with an estate planning attorney and get the process underway. Sometimes just having the appointment can lessen some of the anxiety.

1. Procrastination. Fear is a major contributor to procrastination. You know, dealing with your own mortality... who likes to think about that? We're always too busy, and there's always something better to do, like clean the garage or organize your sock drawer. It's easier to let that fear of our mortality grow than to face it.

2. Indecision. Some folks put off doing anything because they are riddled with indecision. There are too many decisions to make, 3. Inattention. Outdated plans are a major problem in estate planning. If folks don't review their documents and update them when necessary, their estate plans become obsolete. The complexity of the subject, the constantly changing tax laws, and "estate planning fatigue" can contribute to frustration and anxiety, which causes people to avoid taking any action or to procrastinate.

Your estate planning attorney can give you an annual analysis of your total assets available for heirs. You can then re-examine how much you want to give to your heirs. Think of it not as making lifelong decisions, but as making decisions twelve months at a time. Look at it as re-comforting yourself every twelve months, and you can feel better knowing you're doing OK.

Please visit our website for information on elder law, Medi-Cal Planning and estate planning issues, and sign up for our free monthly e-newsletter. The archive on our website contains numerous blog posts on these legal areas as well. You can also "friend" us on Facebook (R Christine Brown) to receive periodic posts on elder law issues. •

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SEPULVEDA BLVD

Suspect(s) takes property from unsecured employee locker/ purse

Burglary-Auto 8/21/2015 6:45:00 AM 3700 BLOCK TORRANCE BLVD

Suspect(s) takes property from victim's unsecured vehicle's trunk/ backpack

Theft 8/21/2015 2:00 AM MADRONA AVE & PLAZA DEL AMO

Suspect(s) takes victim's unattended property/ wallet

Burglary-Auto 8/21/2015 1:53:00 AM 1900 BLOCK REYNOSA DR

Suspect(s) enters unlocked vehicle, ransacks and takes property/ sunglasses, fastrak, work gloves

Burglary-Auto 8/20/2015 9:31:17 PM 24300 BLOCK FALENA AVE

Suspect(s) enters unlocked vehicle, ransacks and takes property/ cash

Burglary-Auto 8/21/2015 7:40:00 AM 1900 BLOCK 237TH PL

Suspect(s) enters unlocked vehicle and takes property/sunglasses, garage remote

Battery-Simple 8/17/2015 12:33 PM 4400 BLOCK SPENCER ST

Suspect pulls victim's hair and hits her in the head

Vandalism 8/17/2015 11:08:09 AM 4700 BLOCK DEELANE ST

Suspect(s) damages victim's gate **Theft** 8/17/2015 2:25:00 AM 16100 BLOCK DAPHNE AVE

Suspect(s) takes victim's vehicle's catalytic converter

Theft 8/17/2015 2:10:01 AM 16200 BLOCK TAYLOR CT

Suspect(s) takes victim's vehicle's catalytic converter

Theft 8/17/2015 2:00:00 AM 3300 BLOCK RAINTREE AVE

Suspect(s) takes victim's property/ wallet •

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Film Review

Straight Outta Compton is an **Impassioned Tour N.W.A.'s Rise to Fame**

By Jared Anderson for CINEMACY

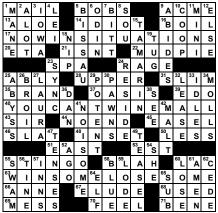
Arguably, the film of the moment is F. Gary Gray's Straight Outta Compton. Propelled by an excellent marketing campaign (because, y'know, Dr. Dre was involved) and reverence for the film's subject, the film has stood out in the August box office doldrums. There's always a lot of generalizing about American audiences being "simpleminded," but if a 2.5-hour music drama can be the biggest hit

It's also inevitably self-referential for not only its producers (Ice Cube, Dre, and Easy-E's widow Tomica Woods-Wright) but also for F. Gary Gray, since the production of Friday is included here - he directed that too. This is probably why the film feels incredibly detailed and honest; it offers insight rather than hagiography. There's a real love for hip-hop demonstrated, and Gray especially highlights the creativity and energy of the medium in



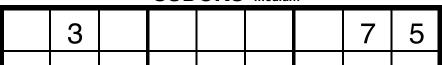
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Last Week's Answers



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9	4	6	8	5	1	7	2	3

SUDOKU Medium



Straight Outta Compton. Courtesy of Universal and Legendary Pictures.

of late summer, then we're probably doing just fine. Especially when it's one as fiery, comprehensive, and entertaining as this one, millions of fans aren't wrong.

The film spans about a decade of time, from the latter days of the Reagan era right into the median of Clinton's, and chronicles the origins of hip hop group N.W.A. as well as the rise to stardom that follows. One appeal of the film is how it manages to convey the story from the perspectives of the collective's members. The ones most prevalently featured are Eric Wright, O'Shea Jackson, and Andre Young (a.k.a. Easy-E, Ice Cube, and Dr. Dre, respectively). The narrative admirably keeps up with the individuals as it moves along, which gives an intimate quality to the film.

the recording sequences. Equally impressive are the N.W.A. concert scenes in the first half, which recapture a couple of the group's performances - including an infamous Detroit show that provoked a riot.

Straight Outta Compton is strongly acted across the board. Jason Mitchell and Corey Hawkins shine as E and Dre, as does O'Shea Jackson Jr. in portraying the ferocious talent of his father Ice Cube. Also excellent is the always-reliable Paul Giamatti as N.W.A. manager Jerry Heller (playing the snooty musician's manager for the second time this summer). And for the aforementioned run time, it zips along surprisingly well. It's absolutely one film that deserves the hype. Straight Outta Compton is now playing in theaters everywhere. •

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Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Page 5

Up and Adam Saxons Start off on Bad Note

By Adam Serrao, asixlion@earthlink.net

The wait is finally over. That's right, there are no more recaps or summaries of the football teams from around Torrance: now it's the real deal. With a 7:00pm game last Friday night at Redondo Union High School in Redondo Beach, the North High Saxons finally kicked off this year's High School football regular season. All of the hype this year is surrounding North High and their standout, do-it-all player, Mique Juarez. Despite the buildup and excitement around the team, however, Juarez and the Saxons ran into a better opponent. After taking a 20-7 lead at the half, Redondo held on tightly for a 26-21 victory over North in the first game of this year's football regular season.

The Saxons have not statistically been good when matched up against the Bay League's Redondo Sea Hawks in the past. Over the last 10 games, North has gone 3-7 against the opponent that they faced last week. That being said, last year told a different story for head coach Croce and his team as the Saxons pulled out a 13-10 win over Redondo. There was no such luck this season. Behind the running skills of the Sea Hawk's Jermar Jefferson, Redondo was able to give North High fits all night long.

Things got a little messy for the Saxons early on. Towards the beginning of the first quarter is when Jefferson began flashing for Redondo, breaking off a 16-yard run that would ultimately set up a touchdown run from the Sea Hawks quarterback, Jacob Silvera. Before the Saxons could answer, Redondo blocked a punt and ran it back for another touchdown, making it 14-0 all before the first quarter had even come to an end.

Trailing by two touchdowns early, Juarez finally came alive for North. A 22-yard completion to his wide receiver, Justin Allmond, landed the Saxons at the 1-yard line. Juarez handled it from there as he dove into the end zone to finally get his team on the board. Jefferson wouldn't let Juarez steal the show, however. On the ensuing kickoff, Redondo's running back turned kickoff returner took the ball 90-yards for a touchdown, responding immediately to North's lone scoring opportunity. "It felt great because I'm a sophomore," Jefferson said with a grin on his face. "I thought varsity was going to be harder for me, but I picked it up." The monster play from Jefferson ended the first half at 20-7 in favor of the Sea Hawks.

The Saxons, Juarez, and his go-to receiver, Allmond came out of the half determined to get back into the game. That's exactly what they did. Midway through the third quarter, Juarez tossed a bomb downfield to his receiver. 66-yards later, Allmond came down with the ball, finding the end zone to pull the Saxons to within six points at 20-14. Redondo, noticing North's intensity to start the second half, played ball control and did its best to eat time off of the scoreboard. While running all of the third quarter and most of the fourth quarter off the clock, the Sea Hawks were also able to score a late **See Saxons, page 8**

One Last Year for a Legend

By Adam Serrao, asixlion@earthlink.net

He's no longer the voice of the Dodgers, he is the voice of the game of baseball itself. With that said, Vin Scully brought the baseball world both good and bad news last week, in that order. Last Friday night, during a live telecast, the 87-year-old Dodgers announcer the math in my head to figure out that it's been 27 years since the last championship, you know it's been too long. The team better win this year - or next year - or both, to send good-ol' Vin off on a high note.

Just think, to do the same job over and over again for 67 years straight. Truly, an accomplishment and even saying that is

"No matter how old he gets in years, Vin Scully will certainly remain young and live on in the hearts and minds of Dodgers fans today and in the future."

relayed to the world that he will return next year to announce the game of baseball. It will mark his 67th season behind the microphone. Just one day later, however, Scully related that while he will return, it will most likely be his last season doing that which he loves to do most.

My personal reaction when hearing of the news was likely like most people's. First I was, of course, excited, though I just sort of expected him to be back. He's been announcing Dodger baseball longer than I've even been alive so there was a certain expectation that when I went to turn on a Dodger game next year - well - he'd just be there. My second reaction when hearing that it would be his last year was more a mix of hopefulness and frustration for and at the Dodgers. It's been since 1988 and when I have to start doing

an understatement. Think of things that he has seen; the things that he has announced. The 1953 World Series. At age 25, Scully became the youngest to ever call a World Series game. 1956 - Don Larsen threw a perfect game. 1965 - Sandy Koufax threw a perfect game. 1974 - Scully was in the booth to witness Hank Aaron's 715th home run. 1986 - The Dodgers weren't involved, but Scully called the '86 World Series where Bill Buckner had the ball sneak in between his legs. 1988 - Of course, Kirk Gibson's shot heard 'round the world. Frankly, there wasn't much history after that since the Dodgers have been so awful, but who could forget 2004 when Steve Finley hit a Grand Slam against the Giants to get the Dodgers into the playoffs. Or Manny Ramirez out See Legend, page 8



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Football: North High at Redondo

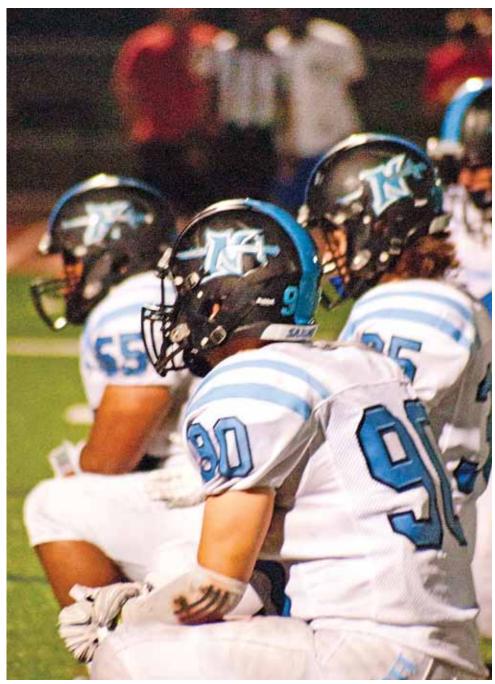


The North High Saxons face off against the Redondo Union High Seahawks. The Seahawks led the game to a final score of 21-26.





The Redondo Union High marching band during halftime.



Quarterback #3 Mique Juarez before starting the third quarter. Juarez is number 21 in Maxpreps.com's "Top 25 Athletes to Watch" list.

The North High Saxons preparing to close the gap before the fourth quarter.



The Redondo Union High School ROTC color guard during the national anthem.

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Romi is a little girl who needs lots of love.

We are looking for volunteers to help with our pet adoption fairs which are held every Saturday at the Petco located at 537 N. Pacific Coast Highway Redondo Beach 90277, from noon-3: 30 p.m. If you are interested in volunteering and can commit to at least one Saturday a month, please contact us at info@msfr.org. You can also visit all of our Miniature Schnauzers & Friends rescues at the adoption fair or check out our website, www.msfr.org. If you have any questions about a particular dog's availability you can email us at info@msfr.org. Schnauzers! Bet you can't adopt just one!

I'm Romi, a three-year old female purebred Miniature Schnauzer who was most likely dumped because my previous owners had a baby. They relinquished me to a shelter because I was "throwing up and had diarrhea" but truthfully, I think I was just having some adjustment issues with the new addition to the family. When the MSFR folks rescued me, they took me directly to their Vet where I had x-rays, and a fecal test done. There were no underlying medical problems, however, I was put on a special diet just to be safe and given precautionary medications. Since being rescued, I have exhibited no symptoms and I'm no longer on a special diet or medications. I've been spayed, had a dental exam, an umbilical hernia repaired and I'm now ready for my new home. I will admit that I am a picky eater most likely because I was an only dog and a free feeder rather than being on a feeding schedule. I'm not a very big girl, only 15 pounds but with my natural ears, docked tail and huge expressive eyes, I am a real cutie. If you are interested in Romi please email info@msfr.org for more information.

If I may, let me introduce myself. My name is Charlotte and I'm a two-year old glistening white female Miniature Schnauzer who is looking for someone to love. The MSFR folks rescued me just as my previous owner was returning me to a LA county shelter. I still can't believe I got returned because their Yorkie was too aggressive with me. What's a cute, little 12 pound gal to do? For six weeks I tried my best to be the perfect "daughter" and who is it that get's dumped? ME!!! I get along very well with dogs - at least those that are civilized to me - but I'm a bit shy at first meeting. Once I get to know you, I'll be your best friend and loyal companion. If you are interested in Charlotte please email info@msfr.org for more information.

Hi there, I'm Linus! I'm a nine-month old male Miniature Schnauzer mix who got lost and ended up at a LA county shelter as a stray. I had some folks interested in me and even had a family that was scheduled to adopt me. Sadly, they must have changed their minds at the last minute because they never came to make it official. The MSFR folks literally came to my rescue and I am so very thankful to them. They always tell me that I super sweet and what a great little (only 14 pounds) guy I am. I'm very friendly with other dogs and love people. I'm not exactly a non-shedder because I'm a mix but you could call me a low shedder because it's not very much. The best news is that when I get groomed I can get a Schnauzer cut or



Linus is very sweet and doesn't shed a lot. you can just let me go au naturel! If you are interested in Linus, please email info@msfr. org for more information.

Hello – my name is **Stuart Little**. I am a two-year old male terrier mix who will steal your heart. I was rescued from a highkill shelter in San Bernardino after what is considered a lengthy stay of three weeks. My personality and temperament made me stand out and I became a shelter favorite in no time. I really am a joyful, sweet, funloving, guy. Everyone loves me and I love everyone. I'm very friendly with people and I get along great with other dogs - both large and small. I've got lots of energy and like to play but I also love to lie quietly in a lap to be petted. I'm only 14 pounds and full grown so I won't outgrow your lap and I'm a great cuddle bug! I travel well in the car and I'm crate trained so what more can you ask for? Stuart Little can be seen anytime at Yellow Brick Road Doggie Playcare in El Segundo Call 310-606-5507 or email southbaydoggie@ hotmail.com for appointment.



Charlotte is a little shy at first but soon warms up



Stuart Little is very loving and wants to play.



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from page 5

Saxons

touchdown to increase their advantage to 26-14. Juarez and Allmond weren't done, though.

Another 14-yard pass to his new favorite receiver setup a 17-yard touchdown run by Juarez which got the Saxons to within five points at 26-21. The response showed a lot of fight and a never-give-up attitude out of North High's head coach, Todd Croce and his team. "The way we responded when we were down was good to see," Croce said. "We showed some resolve. We made plenty of mistakes, but we kept battling." The Saxons onside kick was recovered by Redondo to end the game and seal the win for the Sea Hawks. Despite 200 total penalty yards on the night and a lot of mistakes from the Saxons, the team certainly had much to hold their heads high about at the end of the night.

Juarez finished the game going 8 for 26 through the air for 148 yards and a touchdown. He also had 30 yards rushing and two

TerriAnn

go down to the beach. Now, that I have my own family, it is time to relax and spend time with them and have a barbecue. Just spend time with family."

Later, I bumped into ebullient, smiling, James Egnatuk, who happily told me his plans for Labor Day, "Labor Day, I am going to be vacationing in southern Arizona and I am going to be laying on a couch reading...with my wife, Ingrid, better known as Didi and we will probably do nothing. We will get up early...and just relax enjoy the beautiful vistas of Arizona and read a book and have a good time."

Although some children have already started their school year, for most, Labor Day marks the end of summer. Today, that is still true.

Most people I spoke with knew Labor Day was coming, and had some plans, but few actually thought about the worker - extouchdowns on the ground. Allmond shined brightly for the Saxons as well, snagging five catches for 118 yards and a touchdown. For Redondo, it was Jefferson that led the way and

from page 5

controlled the ball for most of the evening. He finished the game with 115 yards on 19 rushes and one touchdown on the night.

Though the team took the loss, it is only the first game of the season for the Saxons and there is still a lot of football left to be played. The schedule will continue for North as they move on to challenge the PV Peninsula Panthers this week. It will be the first game of the season for Palos Verdes, who is coming off of a 3-7 season last year. It may just be a perfect opportunity for Croce and the Saxons to get themselves headed in the right direction and quite possibly acquire their first win of the season. Stay tuned right here to find out the results and to follow your North High Saxons all season long. •

from page 2

cept Rene Ayala. One worker, who wasn't mentioned at all, was the person who works at home. When I was growing up my mom stayed home and took care of my sister, brother and me. She was cook, chauffeur, teacher, playmate, and anything else that we needed. She also, never had a day off. I do remember on her birthday, we would go out to dinner and celebrate, but I never thought about her 'taking a day off on Labor Day'. Now, I understand even more, how much work it takes to run a household and raise children. So here is a salute to the man or woman who stays home to not only take care of the house, but rear children who will someday run our country.

Enjoy this upcoming Labor Day - and remember everyone who labors – even those who labor at home. Happy Labor Day! •



Unanswered Financial **Questions?**

Legend

there in left field or "Mannywood," as they called it. Naturally there were many, many more memories, but yup, Vin was there for every single one of them.

Scully, who turns 88 this November, made more headlines the day after announcing his return next year. "I would say, realistically -- I don't want any headlines -- but I would say next year will be the last one." Scully continued and asked, joking of course, "How much longer can you go fooling people?" That's Vin in his ever-typical, self-effacing light. "I would be saying, "Dear God, if you give me next year, I'll hang it up."" He continued, "I do feel in my bones that will be enough for sure, and I'm sure the people will say that will be enough as well."

In his older years now, Scully is finding it harder and harder to do that which he loves the most. Currently, the Hall of Fame announcer calls all nine innings of every Dodgers home game and the away games in California and Arizona. If it meant keeping him around, I certainly wouldn't mind that workload being lessened more so. One of the things that keeps him going, however, is coming to Dodger Stadium to do his job. The friendships that he has made and the companionship that he has created has certainly gone a long way and served as a medicine, of sorts, for the veteran professional.

Scully certainly has the support of both his doctor and wife to stay on the job, too. His doctor told him to stay on the job because he still loves it. "You retire and a year from now, you'll be an old man." His wife, Sandi, echoed those sentiments. "I know if you're home you'll become an old man just waiting to do something around the house," Vin said, quoting her.

No matter how old he gets in years, Vin Scully will certainly remain young and live on in the hearts and minds of Dodgers fans today and in the future. A 67-year career is not soon forgotten, especially when you are the best who has ever done it. Even now there is perhaps nothing more important to the construction of Los Angeles than Scully's warm, soothing voice, that echoes its way into every home and teaches a lesson to all those who listen while simultaneously making you feel like everything will be okay. And just like that, you are at peace.

So is Scully with his decision, but while we have this one year left, let's not waste it. If you haven't listened to Vin Scully lately, get on the television or radio station and do it. It is not only history you will be witnessing, it something much grander than that. You can only imagine that Vin is not big on goodbyes and that he doesn't want the attention of leaving, so for now, remember him as best you can before the time comes where he will one day be a shadow in that California sun. Until then, however, remember him by his words: "Do not go gentle into that good night. Rage, rage against the dying of the light.' I'm raging against the dying of my career, which has to be around the corner now, but at least for the God-given time that I have left, I'll be raging." •

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Looking Up Stunning New Images from Dwarf Planet Ceres

Based off press releases from NASA, provided by Bob Eklund

Striking 3-D detail highlights a towering mountain, the brightest spots and other features on dwarf planet Ceres in a new video from NASA's Dawn mission. The video is available at: http://www.jpl.nasa.gov/video/ details.php?id=1392

A prominent mountain with bright streaks on its steep slopes is especially fascinating to scientists. The peak's shape has been likened to a cone or a pyramid. It appears to be about 4 miles high, with respect to the surface around it, according to the latest estimates. This means the mountain has about the same elevation as Mount McKinley in Denali National Park, Alaska, the highest point in North America.

"This mountain is among the tallest features we've seen on Ceres to date," said Dawn science team member Paul Schenk, a geologist at the Lunar and Planetary Institute, Houston. "It's unusual that it's not associated with a crater. Why is it sitting in the middle of nowhere? We don't know yet, but we may find out with closer observations."



Ceres's Gaue Crater, 52 miles long, in a photo taken by NASA's Dawn Spacecraft from a distance of 915 miles on August 18, 2015. Dawn, a project of the NASA Discovery Program, is managed by JPL for NASA's Science Mission Directorate. Credit: NASA/JPL-Caltech/ UCLA/MPS/DLR/IDA.

Also puzzling is the famous Occator (oh-KAH-tor) crater, home to Ceres' brightest spots. A new animation simulates the experience of a close flyover of this area. The crater takes its name from the Roman agriculture deity of harrowing, a method of pulverizing and smoothing soil.

In examining the way Occator's bright spots reflect light at different wavelengths, the Dawn science team has not found evidence that is consistent with ice. The spots' albedo—a measure of the amount of light reflected—is also lower than predictions for concentrations of ice at the surface.

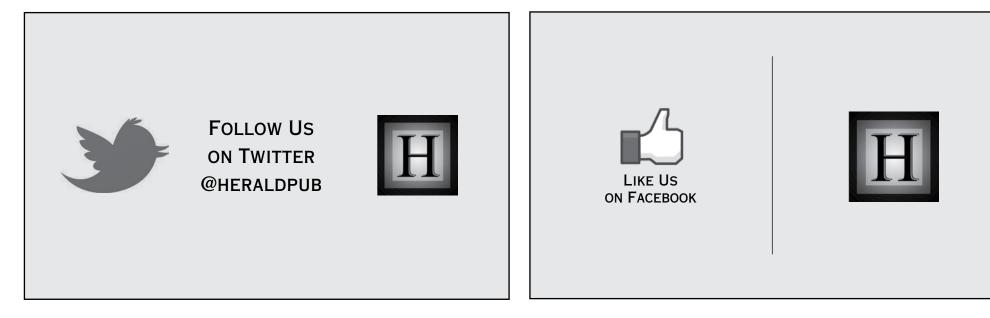
"The science team is continuing to evaluate the data and discuss theories about these bright spots at Occator," said Chris Russell, Dawn's principal investigator at the University of California, Los Angeles. "We are now comparing the spots with the reflective properties of salt, but we are still puzzled by their source. We look forward to new, higher-resolution data from the mission's next orbital phase."

Ceres, with a diameter of 584 miles, is the largest object in the main asteroid belt between Mars and Jupiter. At its current orbital altitude of 915 miles, Dawn takes 11 days to capture and return images of Ceres' whole surface. Each 11-day cycle consists of 14 orbits. Over the next two months, the spacecraft will map the entirety of Ceres six times.

The spacecraft is using its framing camera to extensively map the surface, enabling 3-D modeling. Every image from this orbit has a resolution of 450 feet per pixel, and covers less than 1 percent of the surface of Ceres. At the same time, Dawn's visible and infrared mapping spectrometer is collecting data that will give scientists a better understanding of the minerals found on Ceres' surface.

Engineers and scientists will also refine their measurements of Ceres' gravity field, which will help mission planners in designing Dawn's next orbit as well as the journey to get there. In late October, Dawn will begin spiraling toward this final orbit, which will be at an altitude of 230 miles.

Dawn is the first mission to visit a dwarf planet, and the first to orbit two distinct solar system targets. It orbited protoplanet Vesta for 14 months in 2011 and 2012, and arrived at Ceres on March 6, 2015. •



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Fictitious Business Name Statement 2015204941

The following person(s) is (are) doing business as iBody Sports Therapy, 240 Center Street, El Segundo, CA 90245, Los Angeles County. Registered Owner(s): Yolanda Richeson, 824 E. Grand Ave #6, El Segundo, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: Yolanda Richeson, Owner. This statement was filed with the County Recorder of Los Angeles County on August 6, 2015.

NOTICE: This Fictitious Name Statement expires on August 6, 2020. A new Fictitious Business Name Statement must be filed prior to August 6, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub 8/13 8/20

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Fictitious Business Name Statement 2015193686

The following person(s) is (are) doing business as 1) "Powell-Contract: UCC Treasury Trust Account.", 2) Exemption ID: 409155639, 4024 W 165 ST, LAWNDALE, CA 90260, LOS ANGELES COUNTY. Registered Owner(s): BRYAN ONEAL POWELL, 4024 W 165 ST, LAWNDALE, CA 90260. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: July 7th. Signed: BRYAN ONEAL POWELL, Owner. This statement was filed with the County Recorder of Los Angeles County on July 24, 2015.

NOTICE: This Fictitious Name Statement expires on July 24, 2020. A new Fictitious Business Name Statement must be filed prior to July 24, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

Lawndale Tribune: Pub. 8/13, 8/20, 8/27,

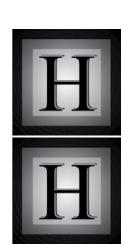
HL-1303

9/3/2015.

Fictitious Business Name Statement 2015193501

The following person(s) is (are) doing business as COFFEE PLUS RM, 2525 W 190TH ST, TORRANCE, CA 90504, LOS ANGELES COUNTY. Registered Owner(s): 1) MOHAMED RASHEED ABDUL LATHIEF, 1641 242ND PLACE #E, HARBOR CITY, CA 90710; 2) FATHIMA MUNAZZAH LATHIEF, 1641 242ND PLACE #E, HARBOR CITY, CA 90710. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: MOHAMED RASHEED ABDUL LATHIEF, OWNER. This statement was filed with the County Recorder of Los Angeles County on July 23, 2015.

23, 2015. NOTICE: This Fictitious Name Statement expires on July 23, 2020. A new Fictitious Business Name Statement must be filed prior to July 23, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another



Fictitious Business Name Statement 2015196557

The following person(s) is (are) doing business as ART'S AUTO SERVICE, 4712 ROSECRANS AVE., HAWTHORNE, ∪NTY. ı) VEKIN 226[™] CA 90250, LOS ANGELES COUNTY Registered Owner(s): 3731 W. YEGHIAYAN, TORRANCE, YEGHIAYAN, CA 90505; 3731 W. 5; 2) SILVA 226[™] ST., TORRANCE, CA 90505. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A Signed: SILVA YEGHIAYAN, Wife, This statement was filed with the County Recorder of Los Angeles County on July 28 2015

NOTICE: This Fictitious Name Statement expires on July 28, 2020. A new Fictitious Business Name Statement must be filed prior to July 28, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. **H-1302**

Fictitious Business Name Statement 2015196568

The following person(s) is (are) doing business as New Horizons Aircraft Ignition Repair, 308 #B E. Franklin Ave., EI Segundo, CA 90245, Los Angeles County. Registered Owner(s): 1) Howard R. Johnson, 1049 E. Acacia Ave., EI Segundo, CA 90245; 2) Nancy L. Johnson, 1049 E. Acacia Ave., EI Segundo, CA 90245. This business is being conducted by a Married Couple. The registrant commenced to transact business under the fictitious business name or names listed above on: Aug. 21, 1987. Signed: Howard R. Johnson, Owner. This statement was filed with the County Recorder of Los Angeles County on July 28, 2015.

NOTICE: This Fictitious Name Statement expires on July 28, 2020. A new Fictitious Business Name Statement must be filed prior to July 28, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code).

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. **H-1306**

NAME CHANGE: \$125.00

Fictitious Business Name Statement 2015200933

The following person(s) is (are) doing business as Essenceworld, 3 Vicente Terrace #201, Santa Monica, CA 90401, Los Angeles County. Registered Owner(s): Shiva Afzali, 3 Vicente Terrace #201, Santa Monica, CA 90401. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SHIVA AFZALI, Owner. This statement was filed with the County Recorder of Los Angeles County on August 3, 2015.

NOTICE: This Fictitious Name Statement expires on August 3, 2020. A new Fictitious Business Name Statement must be filed prior to August 3, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: Pub. 8/13, 8/20,

El Segundo Herald: Pub. 8/13, 8/20, 8/27, 9/3/2015. **H-1307** Every time you state what you want or believe, you're the first to hear it. It's a message to both you and others about what you think is possible. Don't put a ceiling on yourself.

Oprah Winfrey

under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Torrance Tribune: Pub. 8/13, 8/20, 8/27, 9/3/2015. **HT-1304**

Fictitious Business Name Statement 2015217250

The following person(s) is (are) doing business as FEED THE SOUL, 3650 EMERALD ST X-2, TORRANCE, CA 90503-3522, LOS ANGELES COUNTY. Registered Owner(s): INDAIARA AZIBO, 3650 EMERALD ST X-2, TORRANCE, CA 90503-3522. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on: 06/27/2015. Signed: INDAIARA AZIBO, Owner. This statement was filed with the County Recorder of Los Angeles County on August 20, 2015.

NOTICE: This Fictitious Name Statement expires on August 20, 2020. A new Fictitious Business Name Statement must be filed prior to August 20, 2020. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). Torrance Tribune: Pub. 9/3, 9/10, 9/17, 9/24/2015. HT-1308 (See Section 14400 ET SEQ., Business and Professions Code). Hawthorne Press Tribune: Pub. 8/13, 8/20, 8/27, 9/3/2015. HH-1305

Fictitious Business Name Statement 2015218108

The following person(s) is (are) doing business as Le Wood Productions 4924 Balboa Blvd. #434, Encino, CA 91316, Los Angeles County, Al #ON: 2418323. Registered Owner(s): Sherwood Enterprises, Inc., 4924 Balboa Blvd. #434, Encino, CA 91316. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A Signed: Sherwood Enterprises Inc., Mark Sherwood, President, This statement was filed with the County Recorder of Los Angeles County on August 21, 2015. NOTICE: This Fictitious Name Statement expires on August 21, 2020. A new Fictitious Business Name Statement must be filed prior to August 21, 2020 The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) El Segundo Herald: 9/17, 9/24/2015. Pub. 9/3, 9/10, H-1309

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Seniors

Customized Knee Implants Offer Advantages To Patients

(BPT) - By 2030, the number of people turning to knee replacement surgery to end pain and regain mobility will likely increase to 3.5 million annually, according to the American Academy of Orthopaedic Surgeons. For many patients, recovery from knee replacement surgery is painful and slow, and the results are often not what people expect. Multiple clinical studies have found that on average one in five patients who have a knee replacement are dissatisfied with the result because of pain after surgery or because their new knee feels unnatural.

Seventy-two-year-old Ohio resident Tedd Boomershine went from running daily to having trouble walking and completing day to day tasks. When the pain became so severe it was debilitating, he decided to look into replacement surgery for both of his knees. His doctor told him about his options, including a customized implant from ConforMIS, Inc. called iTotal(R) that is now available for total knee replacements. He liked the idea that the implant would be specifically designed to fit his anatomy based on a CT scan of his knees.

"I had no second thoughts about surgery at all. I wanted to get back to my active lifestyle and enjoy my evening walks with my dog, Stella, again," says Boomershine. "Two weeks



after my bilateral surgery with the ConforMIS customized knees, I was walking without the assistance of a cane or a walker and I was able to drive. Now after eight months, my knees are pain free and have total flexibility, my legs are straighter, my stride is better and I no longer have lower back pain. The best part is that I have been able to resume my evening walks with Stella."

Seven weeks after surgery Boomershine was able to walk to his fitness center, ride the bike and do weight machines and then walk back home, a total of three miles daily. Dr. Dan Dunaway, of Far Oaks Orthopedists in Dayton, Ohio reports that Boomershine's recovery is similar to other iTotal recoveries he has seen.

"Tedd has had an outstanding recovery, which is something we are now regularly seeing for patients who have both total and partial knee replacements with ConforMIS customized implants. Patients are able to get back to their normal routines much faster and with less pain. With an implant that is designed to fit that patient, the surgery often involves less blood loss and we can retain more of the patient's natural knee. This is a major advance in knee replacement surgery," says Dunaway.

Dunaway suggests that all patients ask their surgeon some important questions before making a decision about knee surgery:

• Is a customized knee implant that is designed based on my own anatomy an option for me?

· Could a customized knee mean less pain and a faster recovery?

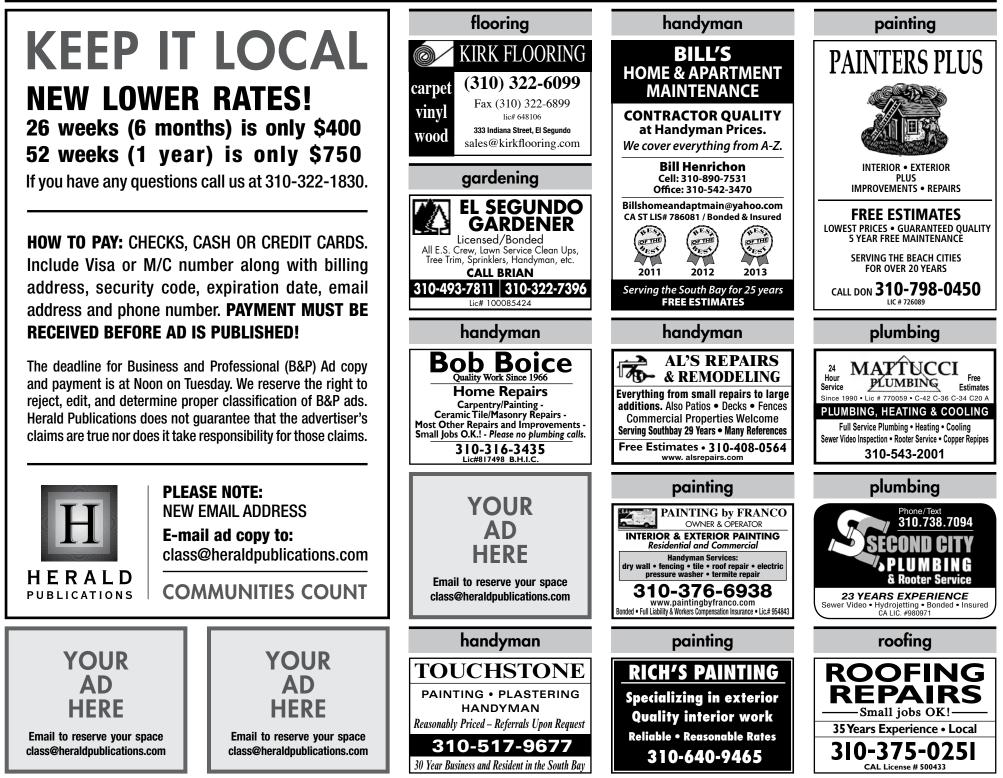
• Will I be able to enjoy an active lifestyle again?

For more information about ConforMIS customized implants please visit: www. conformis.com. •

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Walnut Stuffed Cherry Tomato Halves



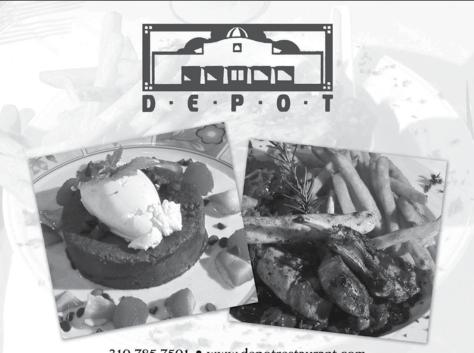
"Who doesn't love a stuffed cherry tomato?" Guarnaschelli says. "A mixture of cheese, peppery arugula and juicy tomatoes brings out the great richness of the nuts. Stuffed cherry tomatoes are satisfying without being filling, and make a great alternative to bread-based starters. You can assemble these appetizers ahead of time and refrigerate them until you're ready to serve."

> Yield: 12 servings Prep time: 15 minutes

Ingredients

- 3/4 cup fresh arugula leaves, coarsely chopped
- 1/2 cup (2 ounces) coarsely chopped Fisher Walnut Halves and Pieces, toasted
- 1/2 cup finely grated Parmesan cheese
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon balsamic vinegar
- 1 teaspoon grated lemon zest
- 1/8 teaspoon salt
- 36 cherry tomatoes

Preparation



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RESTAURANT PRMMOTION

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- 1. Toast the walnuts by placing them in a large non-stick skillet over medium heat. Stir frequently until the walnuts turn golden about three to five minutes.
- **2.** Combine the arugula with the walnuts, cheese, olive oil, vinegar and lemon zest; set aside.
- **3.** Cut the tops off the tomatoes. Use a small spoon (such as an espresso spoon), the handle of a teaspoon or a melon baller to gently remove the majority of the seeds and pulp, taking care not to pierce the skin. Season the insides lightly with salt. Fill the tomatoes with the walnut and arugula mixture. Serve at room temperature.
- **4.** "For a more Italian experience, use authentic Parmigiano Reggiano cheese in this recipe," Guarnaschelli suggests. "It's more expensive than domestic Parmesan, but it has a wonderfully rich and nutty flavor."

Inglewood News Lawndale Tribune

SIZE	NUMBER OF TIME RUN – Cost per										
	1x	4x	8x	12x	26x						
Full	\$900	700	650	600	550						
1/2	700	550	500	450	400						
1/4	550	425	375	325	250						
3/16	450	350	300	250	150						
1/8	250	200	175	150	125						
1/16	200	150	125	100	75						

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IERALE

Keg Estate **5 Outdoor Projects that Will Add Value to Your Home**

(BPT) - Everyone wants a great outdoor space, but backyard projects can be a lot of work - and in many cases, a lot of money. So it just makes sense to choose projects that will enhance your quality of living for summers to come as well as yield a great return on investment. Here, then, are five value-building outdoor projects that pay off in more ways than one.

1. Add a wood deck. Decks are great additions for multiple reasons. They expand your living space outside, creating a useful link between interior and exterior spaces. Wood decks also offer one of the highest returns on investment of any home improvement project. In fact, a wood deck will recoup more than 80 percent of its construction cost when you sell your home, according to Remodeling Magazine's Cost vs. Value report. Composite decking, in comparison, comes up short in terms of ROI.

A deck constructed of Western Red Cedar benefits from the lumber's natural rot resistance, low maintenance requirements (you can stain it or let it weather naturally) and its inherent beauty. What's more, Real Cedar lumber comes from certified sustainable forests, so you can feel good about your deck's environmental impact. Visit www.realcedar. com to learn more.

2. Update your landscape lighting. Lighting outdoor areas once required lots of wiring and professional installation, but advances in solar lighting efficiency and brilliance have made landscape lighting easy. From uplights that illuminate trees and architectural features, to light strands that provide visual delineation of stairs and railings, a variety of solar lighting options are available. Installation is often as simple as putting a stake in the ground. Plus, it's cost-effective. True, you may need to make an initial investment in quality solar lights, but you'll save in the long run on electricity. Also, doesn't the idea of a warmly lit backyard space just seem more inviting? 3. Define your seating area. Creating an



outdoor room that feels like an extension of your home is a win-win. It increases the square footage of your living space, which in turn, increases the value of your property. Of course, choosing the right material is paramount in terms of maximizing your investment. Whether you're designing a

fully loaded, outdoor kitchen/dining area or simply installing a pergola with some built-in benches, you need beautiful high-performance products. With that in mind, your best bet is a strong versatile wood such as Western Red Cedar. It's pitch and resin-free, so it readily accepts and holds a variety of finishes. Or for an ultra-low maintenance option, you can let cedar weather naturally to a graceful silvery patina.

4. Build a fire pit. Right now, fire pits are the "hottest" thing in landscaping (pun intended). Landscape architects also cite a fire pit as an outdoor improvement that's in high demand. That's because they're great for enhancing key areas and creating a sense of place, which in turn, adds value to your home. They can be both practical - warming an outdoor space on chilly fall evenings - and fun. Installing one is relatively easy, too. You can find plenty of design ideas, complete with building instructions, with a simple online search. Be sure to carefully consider where you locate your fire pit, keeping safety in mind.

5. Incorporate raised planters. Gardening is a popular outdoor pastime, and building raised planters or beds can make it easier to enjoy a variety of vegetables and flowers throughout the growing season. Planting in raised beds - instead of directly in the ground - affords you greater control over soil quality, moisture and pests. Plus, tending raised beds is easier on the back. For a longer-term investment, choose a durable, naturally rotresistant material, such as Western Red Cedar. This will ensure your beds are in good shape from season to season. And according to many home renovation experts, it's little landscaping touches like this that can add substantial value to your home. •





Five Ways To Make Your Home Office Efficient And Productive



(BPT) - Working from home is a growing trend, with 3.3 million people telecommuting at least half the time, according to the 2012 American Community Survey conducted by Global Workplace Analytics. The cost savings for not having to commute, being able to work in the comfort of your own home and having fewer distractions are all benefits to setting up a home office.

If you're working from home full-time, or just one day a week, having your home office designed for increased efficiency is important. Here are some tips for layout and design so you can enjoy spending time at the office - while at home.

• Make it a comfortable space - A comfy work chair, space to pace if you like to walk while chatting on the phone, a clear desk space dedicated to work-related materials ... all of these elements are important for designing an efficient home office. Just be careful you don't get too comfortable. For example, a bean bag instead of a chair doesn't provide a professional ambiance, and that can reduce your productivity.

basement or garage if these areas are temperaturecontrolled. To help ensure that it's an enjoyable space in which to work, install quality lighting. Even if you have a window, you'll need good quality lighting on cloudy days so you can boost your mood, energy and productivity.

• Have efficient technology - The company office will likely have copy machines to sort, print, staple and even email documents for you. When you work from home, you need a printer that provides you with quick, quality prints, preferably without having to spend a lot of money. The Canon MAXIFY MB2320 Home Office Inkjet Printer holds a full ream of paper in the paper tray and delivers a high-page yield with its XL ink tanks. The MAXIFY MB2320 printer is built to last for all your home-business needs and is supported by Canon U.S.A.'s 100 percent U.S.-based customer service and support.

· Connect with the outside world - Just because you're working from home doesn't mean you won't be working consistently with others. A strong Wi-Fi connection is a necessity

office anywhere in the house, including the allow you to work in your home office, and also anywhere in your home. Additionally, a quality headset for your phone or cellphone will allow you to communicate with co-workers and clients without forcing them to compensate for the background noises in your home, like your washing machine or barking dog.

• Install good lighting - You can put a home for a home office. Wi-Fi connectivity will

• Keep it homey - Office furniture, by its nature, is very industrial; and you don't necessarily want your home looking that way. Decorate your office like you would the rest of your home. For example, if you need to store files, instead of using a file cabinet, tuck them into a cedar chest or an ottoman. And for drawer storage, consider incorporating other home furniture like a buffet or a wardrobe to keep everything handy - as well as hidden when you're not working.

Working from home isn't just for entrepreneurs any more, as technology is making it very easy for employees of companies of all sizes to work away from the office. If your home office is arranged so you can work efficiently and comfortably, you'll enjoy the benefit so much more. •