Torrange The Weekly Newspaper of Torrance

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Inside This Issue

| Calendar of Events3 |
|----------------------|
| Certified & Licensed |
| Professionals9 |
| Classifieds4 |
| Crossword/Sudoku4 |
| Entertainment2 |
| Legals8 |
| Pets12 |
| Real Estate10-11 |
| Sports5 |



El Camino Men's Cross Country Finishes Seventh in State Finals



The El Camino men's cross country team finished seventh in the State Championships in Fresno two weekends ago. Pictured L-R: Coach David Cardona, Cole Goldman (LB Millikan), Matt Arruda, (Mira Costa), Mijo Sestich (San Pedro), Carson Bix (West Torrance), Caleb Ko (Torrance), Brian Huang (South Torrance), Michael Yaskowitz (Torrance), Coach Dean Lofgren. See inside for the women's team photo. Photo by Tom Harmon.

LA Lakers Provide Dream Job for Torrance's Michelle McIntyre

By TerriAnn Ferren TerriAnn in Torrance

Torrance resident Michelle McIntyre has what many would call a dream job. Born at Centinela Hospital, she was raised in Torrance, attended Fern Elementary, Madrona Middle School, and then attended Torrance High School. "My first job, I worked at J.C. Penny in the Del Amo Mall when I was 16," said Michelle. "I got a work permit from Torrance High and I worked in retail at J.C. Penney. I did a few other things... I was a receptionist for a chiropractor when I was in college, and then I worked at Hollywood Video. Remember that on Hawthorne and Torrance Boulevard?" She then applied for and got a filing job with the Los Angeles Lakers organization when she was 19 years old. She worked three days a week, helping out around the office filing, doing anything asked of her and learning a lot about the organization. Once she graduated from college, Michelle applied for the customer service job and was hired. She had learned a lot about the organization. "I became the Senior Rep a few years after that and then last December, I became the Manager of Service and Retention for the Los Angeles Lakers," added Michelle. Michelle continued, "There are only 30 NBA [National Basketball Association] teams and only so many jobs within those teams. It is a very small group of people who get to do what I do." She manages the service staff and the account reps for all the Lakers season ticket accounts. She has been doing

this job for so long, she also mentors the new reps. Michele told me, "I make sure that we are giving the best service that we can to our Laker season ticket members. I am also in charge of coming up with ideas of how we can give back to our season ticket members and make sure that they want to stay with us and renew year after year. This is a new position within our organization." I find this particular job incredible. I mean, they have someone working this hard on retaining season ticket subscribers when there are about 4,000 people on the waiting list? That is remarkable. In speaking with Michelle, I was impressed with her commitment to the Laker organization.

Then I asked Michelle if her family was a basketball family when she was growing up she said yes. They had always followed the Los Angeles Lakers and her grandfather had played basketball in the Navy in WWII. At this point I asked Michelle if she knew if her grandfather ever played against the

See Michelle McIntyre, page 6

Sunny 68°/54°

7

Saturday Mostly Cloudy 71°/54°



Sunday Partly Cloudy 68°/52°



Insurance Changes Bringing Much Needed Relief to Medical Practices

By Rob McCarthy

A new law will make it possible for small companies to afford workplace accident insurance next year by loosening the rules on privately-owned businesses, says the South Bay lawmaker who sponsored the bill.

Senator Steven Bradford, D-Gardena, said that more owners and board members of California corporations can opt out their company workers' comp policies under his bill. Part-owners and directors will be allowed to waive coverage as long as they have other health insurance to cover them in case of accident or illness.

The Legislature's efforts to reduce cheating by employers have made it harder

on small business owners, according to Bradford who represents the 35th District. The California Department of Insurance says that workers' comp premium fraud occurs when a company underreports the true number of employees on its payroll. The new law doesn't take effect until July 1, giving small businesses time to decide who'll claim the exemption. The California Medical Association predicted that owners of medical practices will sign up immediately for the waivers.

"All owners of medical corporations will be able to exempt themselves from workers' compensation coverage, regardless of percentage ownership, as long as they **See Insurance Changes, page 9**



Film Review Rapturous *Call Me By Your Name* Is a Sunshine-Soaked Love Story

By Morgan Rojas for www.cinemacy.com

"Is it better to speak, or to die?" These are the words Mrs. Pearlman reads aloud to her son, Elio (Timothée Chalamet) and her husband from the love story about a prince who doesn't know whether or not to express his love to the princess--the love of his life--or not. Lounging about in the living room of their 17th Century vacation villa in Northern Italy, the Pearlman family takes in the endless summer afternoon of 1983. The prince's quandary is the same one felt by young Elio when exchange student Oliver (Armie Hammer) comes to stay with the family in Luca Guadagnino's latest film, Call Me By Your Name -- a beautiful film of discovery and pure love, and one of the best films of the year.

The summer will be a transformational one for the intelligent, but still boyish 17-year-old Elio, who spends his afternoons studying classical piano sheet music and reading novels. His academic parents may have been able to culture him on the finer things in life regarding art and history. However, Elio finds himself inexperienced when it comes to understanding his feelings and own sexuality. It is only when his father's 24-year-old American intern, Oliver, arrives at their family's home to study for the summer that Elio is awakened to the feelings of pure love and desire for the very first time.

Call Me By Your Name (much like our previously reviewed film, *Thelma*) explores the theme of finding one's voice and navigating through the messiness of being in love against the backdrop of coming to understand one's sexual desires. It plays like a beautifully orchestrated dance. The patient, measured pace allows the audience to experience all

of the visceral and sensual moments the film has to offer: the bite into a plump apricot, the sound of trickling water, the warmth of the Italian sun, and an alarmingly welcomed first touch on a shoulder all convey the feelings of sensuality that first love can awaken us to in life.

These are the things that director Luca Guadagnino evokes so vividly in creating an endless summer with an amazing visual language (much as he did in his previous film, 2015's *A Bigger Splash*). In a technical sense, Guadagnino understands how to transition between these moments to allow the film to breathe effortlessly into the next as scenes are woven together with cross-dissolves and fades rather than harsh cuts. Adding to the film's overall tone is the original music from singersongwriter Sufjan Stevens, whose whispered, confessional lyrics against the quiet staccato of melodic piano keys perfectly capture and heighten the optimism of discovery in the film.

Based on the 2007 novel from André Aciman of the same name, *Call Me By Your Name* was quickly regarded as a modern classic on first love. Although mainly celebrated in the LGBTQ community for its subject matter, it has since been embraced universally for its portrayal of the joy and heartache that comes from first love that transcends gender or sexuality. The film has also been nominated for six Independent Spirit Awards, including Best Feature, Best Actor and Best Supporting Actor--and if that is any indication, there will likely be many awards tied to this film in the months to come.

Call Me By Your Name is rated R for sexual content, nudity and some language. 132 minutes. Now playing at ArcLight Hollywood and The Landmark. •

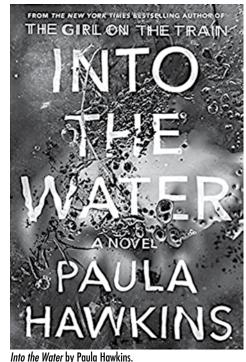


mothée Chalamet and Armie Hammer in *Call Me By Your Name*. Courtesy of Sony Pictures Classics

Check It Out Into the Water by Paula Hawkins

Reviewed By Roz Templin, Library Assistant

Into the Water is the follow-up to the blockbuster *The Girl on the Train* by author Paula Hawkins. I was pleased to find that it deals with totally different subject matter, but does retain one element from *The Girl on the Train*--the



unreliable narrator. But even with this there is a twist. Instead of a single untrustworthy

source, in this novel we have several! The Drowning Pool has an irresistible pull for photographer Nel Abbott. When she was a child she was fascinated by stories that recounted the deaths of many women that seemed to be drawn to that beautiful but deadly place. From unlucky teenager Libby Seeton, accused witch in 1679, to unhappy and unfaithful wife Lauren Townsend in the 20th Century, Nel is fascinated. But is the lure of the river too much for her? Nel's lifeless body is discovered and the mystery begins.

Jules Abbott, Nel's sister, arrives in Beckford to try and make sense of her estranged sister's death. Jules will also be caring for a niece she has never met. And Jules has some secrets of her own that she must face.

The townspeople all have opinions about Nel and her obsession with the Drowning Pool. Each person narrates a portion of their own viewpoint, which is layered on top of another's story. Bit by bit, the reader/listener realizes that there is much more at play than the investigation of a single mother's death.

The characters each recall traumas, adulterous affairs, lies and misperceptions that all eventually tie together and amp up the tension. Each time you think you've figured it out, another piece of vital information is dropped. A curveball can come from any angle and you must again sift through the clues anew. Should Detective Inspector Townsend be investigating this case? Is local teacher Mark Henderson involved? What about Louise Whittaker? She recently lost her teenage daughter. Are the deaths connected? Nickie Sage, local "psychic," insists that she is receiving messages from the dead that may implicate someone.

I listened to the book on CD version, which has several entertaining actors voicing several characters. In my opinion, when done well, as in this instance, there is an added nuance to plot and motivation in the story.

This tale is much slower than *The Girl on the Train*. There is much more to discover and those layers upon layers are important and telling. Stick with it and you will be rewarded. It is not until the final "flashback" that everything *might* resolve! You will have sympathy for those "troublesome" women.

The El Segundo Public Library offers access to its collection of titles in a variety of formats, including traditional hardback, e-books and books on CD. To check out *Into the Water* by Paula Hawkins, or any other title on your to-read list, please visit the library to apply for your library card, or please contact the reference staff for further assistance. •



Roz Templin.

"A room without books is like a body without a soul." – MARCUS TULLIUS CICERO

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Calendar of Events

Deadline for Calendar items is the prior Thursday by noon. Calendar items are \$1 per word. Email listings to marketing@heraldpublications.com. We take Visa and MasterCard.

THURSDAY, NOV. 30

 Water Commission, 7:00 PM. – 9:00 PM., Commission Meeting Room, 3031 Torrance Blvd.

FRIDAY, DEC. 1

 Free Advance Directive Workshop, 11:00 AM. - 12:00 PM., Institute for Human Caring, 5315 Torrance Blvd. Suite #B1, Call: 310-543-3402.

SATURDAY, DEC. 2

- Torrance Certified Farmers' Market at Wilson Park, 8:00 AM. - 1:00 PM., 2200 Crenshaw Blvd., Between Carson St. & Sepulveda, Call: 310-781-7520.
- The Ultimate Christmas Show (Abridged), 8:00 PM. - 10:30 PM., Tickets: \$30, Torrance Theatre Company, 1316 Cabrillo Ave, Call: 424-243-6882.
- Torrance Rose Float Volunteer Decorators, 7:45 AM. - 4:45 PM., Fiesta Parade Floats, 16016 Avenida Padilla, Irwindale, CA.
- · Art & Study of Taiko (Torrance Cultural Arts Foundation: Guest Artist Series), 2:00 PM. & 5:00 PM., Tickets: \$20/\$15/\$10, James Armstrong Theatre, 3330 Civic Center Drive, Call: 310-781-7171.

SUNDAY, DEC. 3

- Mini-Train Rides (Public Run Days), 11:00 AM. - 3:00 PM., Wilson Park, 2200 Crenshaw Blvd., donations appreciated.
- The Ultimate Christmas Show (Abridged), 2:00 PM., Tickets: \$30, Torrance Theatre Company, 1316 Cabrillo Ave, Call: 424-243-6882.
- Swedish Women's Educational Association Christmas Fair, 10:00 AM. - 5:00 PM., Admission \$10, Toyota Meeting Hall, 3330 Civic Center Drive, For more info: SweaLAChristmasFair@gmail.com.
- Irish Christmas in America, 2:00 PM. -4:00 PM., Tickets: \$30/\$25/\$20, James Armstrong Theatre, 3330 Civic Center Drive, Call: 310-781-7171.

MONDAY, DEC. 4

- · Kevin Click & Friends Present: A Night of Christmas Music, 7:00 PM. - 10:00 PM., Tickets \$10, James Armstrong Theatre, 3330 Civic Center Drive, Call: 310-781-7171.
- Mystery Book Group, 6:30 PM., free, North Torrance Library, 3604 Artesia Blvd., Call: 310-323-7200.

TUESDAY, DEC. 5

- Torrance Certified Farmers' Market at Wilson Park, 8:00 AM. - 1:00 PM., 2200 Crenshaw Blvd., Between Carson St. & Sepulveda, Call: 310-781-7520.
- City Council Meeting, 8:00 PM. 10:00 PM., City Hall, Council Chambers, 3031 Torrance Blvd., Call: 310-618-2780.
- Winter Concert (Magruder Middle School), 7:30 PM. - 9:30 PM., free, James Armstrong Theatre, 3330 Civic Center Drive.
- Artful Days: Goya: From Joy to Sorrow, 12:10 PM. - 1:15 PM., free, George Nakano Theatre, 3330 Civic Center Drive, Call: 310-618-2376.

WEDNESDAY, DEC. 6

- Science Fiction & Fantasy Book Group, 8:00 PM. – 9:00 PM., Katy Geissert Civic Center Library, 3301 Torrance Blvd., Call: 310-618-5950.
- Winter Concert (Richardson Middle School Music), 6:30 PM. – 9:00 PM., free, James Armstrong Theatre, 3330 Civic Center Drive.
- Dystopical The Reader by Traci Chee, 4:30 PM., free, Walteria Library, 3815 242nd Street, Call: 310-375-8418.

THURSDAY, DEC. 7

- · Calle Mayor Middle School Winter Concert, 7:00 PM. - 9:30 PM., Tickets \$5, James Armstrong Theatre, 3330 Civic Center Drive, Call: 310-781-7171 or 310-533-4790.
- Thrilling Thursday Theater, 4:00 PM., free, Henderson Library, 4805 Emerald Street, Call: 310-371-2075.
- Teen Zone Popcorn & A Movie, 3:30 PM., teens and tweens only, free, Katy Geissert Civic Center Library, 3301 Torrance Blvd., Call: 310-618-5964. •

Finance

Tips For Staying On Budget And Keeping The Holidays Jolly

(BPT) - If you're one of those savvy consumers already strategizing how to best fund gifts and other expenses this holiday season, you're not alone. Sixty-five percent of U.S. adults who give holiday presents establish a budget for these purchases, according to a recent Coinstar survey. Yet 85 percent admit they still tend to go over budget when it comes to gift buying, entertainment, travel, decorating and other holiday expenses.

Fortunately, planning ahead can reduce the risk of overspending. Consider how implementing the following ideas can help you stay on task and on budget when it comes to this year's holiday expenses.

1. Estimate all of your anticipated holiday expenses, not just gift purchases. Consider costs for decorations, food/alcohol, travel and special events to gain a realistic idea of your projected cash output. If the total is out of reach, consciously decide where to cut back so you're less likely to spend impulsively. You may have to acknowledge that you're not able to host a lavish party or buy generous presents for everyone on your list.

2. Reduce your stress by starting your shopping early and taking advantage of sales throughout the year. These strategies will help spread your costs so they don't all hit at once and reduce your overall holiday spending budget. A full one-third of U.S. adults shop throughout the year, according to Coinstar's survey, and 27 percent buy the majority of their presents on sale. Only 14 percent are last-minute shoppers. Looking for bargains and unique gift items at stores,

at special events and on websites can even be fun when you're not in a panic.

3. Think of ways to boost your spending power. One method is turning to the spare change you've stashed away in a coin jar, in vehicles and around your home. It's easy to take your change to one of about 20,000 Coinstar kiosks located at grocery stores throughout the country. For many, that's found money that can be converted into cash or transformed (at no fee) into e-gift cards from popular vendors such as Amazon, Best Buy, Sephora, Lowe's and Starbucks.

4. Draw names and set gift spending limits for family gift exchanges. As families grow through marriage or children added to the brood, it's easy to allow spending and gift giving to get out of control. White elephant exchanges can be great for the kids in the family. Have them gift one of their toys or possessions to another child in the family. That will not only be softer on the wallet, but will teach them the power of gifting and reusing.

5. Consider gifts big on thoughtfulness and small in cost. Perhaps a handcrafted work of art, homemade baked goods or a meaningful service such as childcare would mean more to some recipients than a store-bought knickknack, electronic gadget or sweater.

Finally, don't be too hard on yourself if you go over budget despite your best efforts. You can always make up for it by cutting expenses outside the holiday season when you may face less temptation and pressure to buy. For more information on how Coinstar

works, visit www.coinstar.com. •



olice Repor

Sunday, November 12

Burglary-Auto Betw. 11/12 10:00:00 PM & 11/13 1:30:00 PM 5300 BLOCK LORNA ST. Suspect(s) enters vehicle by unknown means, ransacks and takes property/suitcase, cash, credit cards.

Theft Betw. 11/12 3:15:00 PM & 11/12 3:30:00 PM 3100 BLOCK OPAL ST. Suspect takes property from victim's residence while working there/wallet.

Theft Betw. 11/12 11:00:00 AM & 11/13 7:45:00 AM 18300 BLOCK GLENBURN AVE. Suspect(s) takes property off of parked vehicle/tailgate.

Monday, November 13

Theft Betw. 11/13 7:00:00 PM & 11/13 7:15:00 PM 18400 BLOCK HAWTHORNE BLVD. Suspect(s) takes unattended property AVE. Suspect(s) smashes window for entry and takes property/shoes, purse.

Burglary-Commercial Betw. 11/14 10:45:00 PM & 11/15 6:00:00 AM 3500 BLOCK CARSON ST. Suspect(s) uses lockbox key to enter storage room and takes property/ MP3, laptop.

Vandalism Betw. 11/14 9:45:00 PM & 11/16 9:40:00 AM 22900 BLOCK HAWTHORNE BLVD. Suspect(s) smashes business window/ no entry, no loss.

Theft Betw. 11/14 9:00:00 PM & 11/15 7:00:00 AM 2800 BLOCK 168TH ST. Suspect(s) takes victim's vehicle's catalytic converter.

Theft Betw. 11/14 8:30:00 PM & 11/15 6:10:00 AM 5500 BLOCK NORTON ST. Suspect(s) takes victim's vehicle's catalytic

off of counter/cell phone.

Burglary-Auto Betw. 11/13 6:00:00 PM & 11/14 7:20:00 AM 4400 BLOCK PACIFIC COAST HWY. Suspect(s) enters vehicle by unknown means, ransacks and takes property/ briefcase, sawzall, electric drill, canvas bag, construction materials, sunglasses.

Theft Betw. 11/13 3:00:00 PM & 11/15 7:00:00 AM 24700 BLOCK CRENSHAW BLVD. Suspect(s) pries open toolbox and takes property/tools.

Auto Theft-All 11/13 2:46 PM 2200 BLOCK BORDER AVE. Stolen vehicle: '99 Ford F350 170058791 Auto Theft-All 11/13 10:23 AM 500 BLOCK VAN NESS AVE. Stolen vehicle: '99 Ford EC1.

Burglary-Commercial Betw. 11/13 3:50:00 AM & 11/13 4:45:00 AM 20400 BLOCK VICTOR ST. Suspect(s) uses a torch to open construction site storage containers and takes property/tools.

Tuesday, November 14

Burglary-Auto Betw. 11/14 11:00:00 PM & 11/15 9:00:00 AM 1600 BLOCK ACACIA

converter.

Auto Theft-All Betw. 11/14 8:00:00 PM & 11/15 5:00:00 AM 2900 BLOCK 168TH ST. Stolen vehicle: '16 Nissan Versa.

Vandalism Betw. 11/14 7:00:00 PM & 11/15 6:20:00 AM 18800 BLOCK HAWTHORNE BLVD. Suspect(s) smashes business window/ no entry, no loss.

Burglary-Auto Betw. 11/14 7:00:00 PM & 11/14 7:45:00 PM 2600 BLOCK PACIFIC COAST HWY. Suspect(s) smashes window for entry, ransacks and takes property/purse. Burglary-Auto Betw. 11/14 6:30:00 PM & 11/15 6:30:00 AM 25900 BLOCK ROLLING HILLS ROAD. Suspect(s) smashes window for entry, ransacks/unknown if loss at time of report.

Auto Theft-All Betw. 11/14 6:30:00 PM & 11/14 7:30:00 PM 3800 BLOCK REDONDO BEACH BLVD. Stolen vehicle: '14 Toyota Corolla.

Burglary-Auto Betw. 11/14 6:00:00 PM & 11/14 7:00:00 PM 25900 BLOCK ROLLING See Police Reports, page 8

DEADLINES

OBITUARIES: Monday at noon. **CALENDAR ITEMS:** Monday at noon. PEOPLE ITEMS: Monday at noon. CLASSIFIEDS: Tuesday at noon. **LEGAL NOTICES:** Wednesday at 11:00 am. **REAL ESTATE ADS:** Monday at noon. AD CANCELLATIONS: Prior Thursday.

> LATE CANCELLATIONS WILL BE CHARGED 50% OF AD



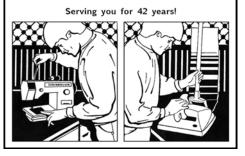
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Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

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| Apartment For Rent | Estate Moving Sale - Dec 1st - 2nd. 7am-3pm. Furniture, antiques, toys, | OFFICE SPACE FOR LEASE | | |
| 1 BD 1 BTH apartment in E/S gated building, onsite laundry, swimming | dolls, glassware, records. Too much to list. 710 Redwood Ave. | Office Space for Lease in El Segundo: 1500 SF Prime | | |
| pool, pond w waterfall, 1 parking space available now. \$1625 per mo. 310.322.7166. | House FOR RENT Beautiful Spacious, 4 BDRM, 2.5 BTH Townhome. 2 Car Garage. | Office Space for Lease; \$2.50/ NNN SF - 431 E. Grand Ave. – Contact 310-647-1635 | | |
| Apartment For Rent | Custom Built-In Storage. Central A/C, | | | |
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| DUPLEX FOR RENT | motivated part-time workers. Inside | | | |
| Duplex: 1 bedroom, 1 bath, washer/ dryer in unit, hardwood floors, big back yard, 1 car garage, A+ location. Call Tim 310.433.6809. \$2,100. | sales: work from home and make sales calls. 15% commission on all sales. Outside sales: territories are Torrance and El Segundo. Includes walking and interacting with business | To appear in next week's paper, submit your | | |
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"Christmas is doing a little something extra for someone." - Charles M. Schulz

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Noon on Tuesday

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| 7 | | | | 8 | | 9 | 3 |

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

<u>Up and Adam</u> High School Hoops Finally Return

By Adam Serrao

While for most people, the arrival of the holidays means the opportunity to be thankful and share time with family, for local Torrance high schools it means the beginning of a new basketball regular season. That new season has already seen tournament play commence for teams like the West High Warriors and the Torrance Tartars, among others. With a long and challenging basketball season now underway, West will undertake the test of attempting to repeat as champion of the Pioneer League while a new and improved Torrance team will look to become the main obstacle standing in the way.

It wasn't long ago that the West High Warriors went on a run for the record books. Just over eight months ago, the Warriors captured a Pioneer League crown and entered the CIF Southern Section Division 4AA playoffs with momentum on their side. The streak of dominance displayed by West thereafter was nothing short of impressive, to say the least. Five straight victories in the playoffs, including one overtime thriller against the San Marino Titans at West High, led the Warriors straight into the CIF championship game. Unfortunately for West, the team ran into a Helix Highlanders opponent that had only lost six games all season long and went on to snatch the title right out of the Warriors' hands with a disappointing 82-65 victory in the title game.

This year, West will be back and looking to avenge its loss in the championship game. Dealing with a defeat of that magnitude could not have been easy for head coach Neal Perlmutter and the rest of his team. A new season, however, brings with it a new outlook and a new opportunity to exert dominance over the Pioneer League once again. The Warriors will attempt to do so with the return of junior guard Alex Mishaw. Mishaw was instrumental in West's success just one year ago as a sophomore while leading the team on offense. He will look to repeat the accomplishments that he achieved just a season ago.

While Mishaw highlights a group of young players returning to the team, Perlmutter and the rest of the Warrior basketball family will be forced to deal with the departure of a variety of key seniors. Among them are forward/center Noah Carroll, forward Ricky Turner and guard Brandon Thomas. All three players did their part to fill the stat sheet for West High last season. Their absence will surely be missed, but returning seniors like Justin Hight, Nick Snyder and Bryan Souice, to name a few, will look to fill in and return the Warriors back to the glory that the team experienced in 2016-17.

The Torrance Tartars will be looking to suppress West High and capture all available glory for themselves. Torrance may have finished in fifth place in the Pioneer League standings just one season ago, but a new season brings a fresh start for head coach Paul Nitake and company. The Tartars were an extremely young team just one season ago, with only four seniors on the opening day roster. That youth and inexperience could be the main reason why Torrance failed to make it to the playoffs, but Nitake will be looking for major contributions from nowexperienced players in order to improve the team's overall record this year.

Among the more experienced players returning to the roster this season include senior captain Shane Sato and forward Jerome Duhon. Those players are just two of 12 seniors on a roster that has suddenly gotten much older from one year to the next. Tartars fans can also expect major contributions from returning players like guards Logan Young and Daniel Omoto and forwards Darius Holmes and Christopher Pitts, just to name a few. A team that finished with an overall record of 10-18 just one season ago and lost to all of their inner-city rivals including West, North and South High is dead-set on making a much bigger impact on the Pioneer League this year and possibly even taking home its second Pioneer League championship in the last three years of play.

The winter months bring along the perfect atmosphere for indoor sports--and both the West High Warriors and the Torrance Tartars certainly know how to get a gymnasium rocking. A season that is just beginning to get underway remains full of opportunity for teams that were either impressive and made deep runs into the playoffs one season ago or teams that fell upon hard times and didn't experience the best of luck. Last year, the Warriors and the Tartars represented both sides of that spectrum. This year, both teams head into a long and challenging Pioneer League season not only looking to make some memories to carry on into the future, but also hoping to bring a championship trophy back home to their respective schools. - Aserrao6@yahoo.com •

El Camino Cross Country Teams Compete in State Championships

Lakers, Rookie Ball Experiencing Early Season Highs and Lows

By Adam Serrao

Oftentimes, an NBA fan base can be overly excited when a player is taken high in the draft. Expectations become understandably high as a new hope is enlivened for an organization. Between drafting Julius Randle, D'Angelo Russell, Brandon Ingram, and even now, Lonzo Ball, Los Angeles Laker fans know all about that feeling. A complete rebuild certainly takes time in a post-Kobe Bryant era. Lakers fans have also learned that the hard way. There is no doubting that L.A. is surely inexperienced up to this point in the regular season and their unpredictable play does its own part in portraying that. Not every prospect that puts on the purple and gold is going to be the next Kobe--not even Lonzo. Despite various inconsistencies to start the year, however, an extremely young Lakers team may just be on the right track towards success.

The new star of Los Angeles, at least as far as the Lakers are concerned, is Lonzo Ball. Ball has been the starting point guard of the Lakers ever since the first day of the regular season. Despite Ball's inconsistent play, head coach Luke Walton and the rest of the coaching staff have handled the situation perfectly by keeping the point guard in the starting lineup, despite his off days and subpar shooting from the field. "The benefit is he gets the game experience," Walton explained of the sometimes shaky play of Lonzo. "Whether it's close games, it's blowouts, it's playing against top elite point guards that do different things. He gets all that in-game experience on the go and gets to learn from it all."

Grading Ball on approximately 20 games of NBA play after he spent just one season in college at the age of 20 years old certainly sounds like an unfair thing to do. When you play in Los Angeles and you're the number two overall pick in the draft, though, it sort of comes with the territory. Despite what critics may say of Lonzo, he is certainly young and inexperienced and at times looks overwhelmed on the grand stage of the NBA while taking on superstar veterans like John Wall, Russell Westbrook and more. Even Kobe had a horrible first year in the NBA, though, so this isn't necessarily the time to pull out the report card on the first-year guard.

Despite the inexperience and inconsistencies, however, Ball and the rest of the Lakers team have shown flashes of brilliance--which is certainly something that you want to see from a group of young players. As unlikely as it may seem, most of that brilliance has come on the defensive side of the ball. After ranking dead last in defensive efficiency in each of the last two seasons, the Lakers--behind Ball, Ingram and surprising rookie sensation Kyle Kuzma--were ranking in the league's top five in defensive efficiency as of last weekend. While it is always glaringly obvious when Lonzo struggles on the offensive side of the court, Walton enjoys giving the rookie credit for the team's newly invigorated defensive efficiency. "He's got great anticipation and great hands as a player already, so he's able to get a lot of loose balls for us," Walton explained. "Or he comes down and strips offensive rebounds that guys don't really see him hanging around, which gets us extra possessions obviously."

Those extra possessions have turned into victories for the Lakers too. Less than two weeks ago, Ball recorded his second tripledouble of the season to join Magic Johnson as the only other rookie in Lakers history with multiple triple-doubles in their rookie seasons. Ball recorded 11 points, 16 rebounds and 11 assists in a 127-109 victory over the Denver Nuggets, showing that when he's on his game, Los Angeles can put points up on the scoreboard. "You should always play better in front of your fans," Ball said after that game. "I'm just trying to put on a good show for them and win at the same time." The Lakers were 5-5 at Staples Center dating back to last weekend.

So far in the young season, as Lonzo Ball goes, so do the Lakers. That's not to say that Randle, Ingram and Kuzma, among other Lakers, have not come through with monster games at various times during the year. Ball, however, is the engine that runs the Lakers offense as the point guard. For all of his good also certainly comes the bad. Lonzo's shooting percentage -which was hovering around 31 percent prior to the game against the Clippers this past Monday, ranked worst among rookies who have averaged at least 10 minutes per game. His three-point percentage--at 25 percent--also ranked last among rookies who have attempted more than one three-pointer per game. That poor shooting, from a player who constantly has the ball in his hands, has done its part to not only lead to deficits in games, but also losses this season.

Just like Lonzo, the 2017-18 Lakers team has been full of good play and bad play so far this season. That being said, what more can you expect from a team that is full of youth and inexperience? The takeaway from the first quarter of this regular season is that the Lakers are good enough to at least keep their heads above the water against elite talent, which should certainly garner attention from some big-name free agents come the trade deadline and the offseason. Once a legitimate, big-name superstar is added to this core of young talent, the sky will once again be the limit for the Lakers and all of their fans. – *Aserrao6@yahoo.com* •

By Coach Dean Lofgren

The El Camino men's and women's cross country teams competed Saturday, November 18 in the CCCAA State Championships held at Woodward Park in Fresno. The morning conditions were ideal, as was the course--which was in the best shape we have seen in years. The championship races were comprised of the top 14 teams from Southern California and the top seven from the north making the field of 21 teams along with a certain number of qualifying individuals.

The El Camino women went into the championship meet ranked 11th in Southern California with three to four teams from the north "ranked" ahead. Our typical goal is to put ourselves in the best position to "hold" our SoCal place in the face of additional teams from the north, but understanding being close to that would still be a successful run. The women's team rose to the occasion and did just that by placing 11th overall and eighth team in Southern California while defeating conference rival Cerritos for the first time this season in the process. Although our top women got stuck near the rear of the field at the start, they steadily worked their way through the field over the 5,000m course. Freshman Deana Takoaka (South Torrance) was first for ECC in 28th place at 19:28 and followed closely by teammates Savannah Sehenuk (Saugus) in 49th place at 19:52; Brianna Harmon (El Segundo) in 70th at 20:24; Sarah Simpson (Torrance) in 88th at 20:38; and Princess Butler (North Torrance) in 156th at 23:58.

The El Camino men went into the championship meet ranked sixth in Southern California with two to three teams from Northern California "ranked" ahead, putting us somewhere in the eighth to ninth place range. Like the See Cross Country, page 6

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Michelle McIntyre

legendary (one of the top 100 players of all time) two-time Hall of Famer Bill Sharman, who played during WWII when he was in the Navy and also happened to be on the winning intermural basketball team... and, I might add, lived in Torrance until his passing in 2013?

Like most youngsters growing up in the South Bay, Michelle grew up a Los Angeles Kings *and* Los Angeles Lakers fan. But actually having the opportunity of working for a professional athletic team in this town is no small feat. Michelle told me, "The much satisfaction she receives from making people happy by offering a bit of fun where everyone can have a good time and concentrate on a game. A fun game. Michelle said, "I want to grow our season ticket community more and have everybody meet each other and work together and I also have a goal to have our season ticket members work with our community relations department so the season ticket members can give back to the community as well."

In addition to making people happy at a game, Michelle also assists with the



Michelle McIntyre with the winning trophy

best part for me is getting to provide these experiences for season ticket members and seeing their faces light up and see how happy we can make people. People work really hard...and at the end of the day to be able to go to a Laker game and [we] get them down to meet the Laker Girls or hi-five the players—[it's amazing] to see on their faces that we have made their day. Even if they have had a horrible day, they have gotten to come see us and we have been able to provide this experience with us and let them forget about their worries and just have a good time. I just love giving them memories that will last a lifetime."

After listening to Michelle tell me about her job, what it entails and how much she loves providing the opportunities offered by the organization, it is official--she does have a dream job. Yes, she works hard and yes, hours are sometimes long, but she told me how philanthropic endeavors of the Lakers. For example, she told me just recently they provided Halloween costumes for a nonprofit called Playworks Southern California, where the children were able to trick-ortreat around the Laker offices, play on the court and enjoy a day of fun. Also, during Thanksgiving, the organization handed out turkeys in Inglewood and opened up the practice court in El Segundo for non-profit children's organizations. The Lakers have a history of giving back to the community that goes back to when Joyce Sharman, wife of Bill Sharman, started The Laker Wives Club decades ago where the players would host youth dances, and at that time even acted as DJ's by changing the records on the record player! How times have changed, but the spirit of giving lives on.

Michelle met her husband, Ron McIntyre of Hermosa Beach, who runs an independent



Willow McIntyre, age six, and Shiloh, age three, on the Lakers floor.

punk rock record label, through the music scene. The two married and are raising their two daughters, six-year-old Willow, who is a first grader at Fern Elementary; and three-year-old Shiloh. Michelle said, "I love Torrance--it is where I grew up--and I am able to raise my kids in Torrance. My family is here in Torrance and it is really home to me. I am glad I am still here and have a job that is close to Torrance and I can stay there." When Michelle isn't working, she is busy with her family.

If you are like me, listening to Michelle reminds us all that within our own jobs we can give back, finding new ways of bringing joy to others. Go, Lakers! •



Michelle McIntyre, Manager, Service and Retention. All photos Courtesy of the Los Angeles Lakers.

Cross Country

women who had just finished their race, the men stepped up and placed seventh overall. Freshman Carson Bix (West Torrance) placed 14th in 20:41, earning All-State honors, with teammates Michael Yaskowitz (Mira Costa) close in 19th at 20:54; Matt Arruda (Mira Costa) 58th at 21:38; Caleb Ko (Torrance) 73rd at 21:47; and Brian Huang (South Torrance) 88th at 22:02. Mijo Sestich (San Pedro) was 93rd at 22:04 and Cole Goldman (LB Millikan) 122nd at 22:27. This concludes a successful season in which both teams worked very well together and were simply a pleasurable group to work with and be around-especially during the State Championships trip where they were all so supportive of each other and made the two-day trip such a pleasurable experience for all. We were also fortunate to have a tremendous amount of parent, family and friend support throughout the season. You really can't ask for much more than that as coaches and as a program! •





from page 5

Page 6

from front page

The El Camino women's cross country team finished 11th in the State Championships in Fresno. Pictured L-R: Coach Dean Lofgren, Deana Takaoka (South Torrance), Jasmine Guzman (Narbonne), Brianna Harmon (El Segundo), Princess Butler (North Torrance), Sarah Simpson (Torrance), Savannah Sehenuk (Saugus). Photo by Tom Harmon.



Former El Segundo High star Brianna Harmon (4974) soared for El Camino College at the recent cross country State Championships. Photo by Dean Lofgren.

"Cross Country: No half times, no time outs, no substitutions. It must be the only true sport." -Chuck Norris

Nine-Layer Dip **Grilled** Cheese

Recipe by Sara Lee Bread. Provided by BPT.

If you're a fan of the classic seven-layer dip (chopped layers of pepper jack cheese, refried beans, avocado, corn and pickled red onions), you'll love this savory concoction sprinkled with cilantro and grilled between buttered bread slices. Cook up a warm, gooey batch for the gang gathering around the TV for the next big game, or bring it to your next game-side tailgate.

Ingredients

- 2 slices Sara Lee[®] Artesano[™] Golden Wheat Bread
- 1 tablespoon fresh cilantro leaves
- 3 slices Pepper Jack cheese
- 1 tablespoon refried beans
- avocado, sliced
- 1 tablespoon pickled red onions
- 2 tablespoons chopped tomatoes
- 2 tablespoons roasted corn, shaved off the cob
- 2 pats salted butter, room temperature





Preparation

- 1. Add 1¹/₂ slices of Pepper Jack to 1 slice bread. Next, layer on the refried beans, avocado, pickled red onions, tomatoes, cilantro, roasted corn, and the other 11/2 slices of Pepper Jack. Add the top piece of bread and evenly smear the salted butter onto both exteriors of the sandwich and set aside.
- 2. Grill the sandwich in a cast iron skillet until the bread is golden brown and the Pepper Jack has melted (approximately 5-10 minutes). Remove from heat and let sit for 1 minute before slicing in half.

<u> One Man's Opinion</u> **It's Finally Time to Stop Shining** the Spotlight on the Talentless

By Cristian Vasquez

In our 24-hour news cycle, it's hard to ignore people who seek the spotlight despite lacking any real talent to justify the attention they seek. Perfect example is loudmouth and annoying media personality LaVar Ball. For the few lucky enough to not know who this pseudo-celebrity is, his son Lonzo Ball was a star basketball player with UCLA and is now trying to reach NBA glory with the Lakers. So yes, that's how the dad became famous--through the accomplishments of his son. In any case, last week the oldest of the Balls made headlines for refusing to acknowledge that President Trump had a hand in his second son's release from China where the youngster was being accused of shoplifting with two other UCLA basketball teammates. Usually, I'd say ignore Mr. Ball and he'll go away--but in this case, it's hard to ignore such ungratefulness and ignorance. Ball's reaction to his son's release from China highlights a bigger problem in our society: People are so filled with selfishness that they have forgotten to say thank you. This epidemic extends beyond Ball and his feud with the President because television and the Internet are fueled by these shenanigans. Society rewards the loudmouth that "stirs" things up by "keeping it real" and saying what they feel. Since Facebook and Twitter became household amenities, we can make a list of insignificant people who have made headlines because of their obnoxious behavior and have been monetarily rewarded despite their lack of talent (remember Jersey Shore? Heard of the Kardashians?).

Watching people act like they lack common sense has become our version of Roman Coliseum fights. It's a train wreck that nobody wants to look away from and the consequences come in the form of LaVar Ball. These people know that being outlandish will make them trend online and will put them on a radio station or in a newsroom for an unnecessary interview. Let's stop raising their profile. Ironically, mentioning Ball in this keeps his name in the limelight--but when we stop listening to the self-centered hacks with a false sense of grandeur of this world, this behavior will end and at the very least slow down. I personally do not know how much influence President Trump had in having the Ball kid and his teammates released from China. However, I don't for one second doubt that the President didn't use his leverage to save these kids from life-changing consequences. Unlike the senior Ball, the three UCLA athletes did thank the President for his help and at their young age demonstrated more humility than the grown-up. It's time that we stop looking at the wreckage. Just like we shouldn't slow down on the freeway to look at the accident on the shoulder, let's stop looking at these fringe hacks with a loud mouth and no substance and keep society moving forward. When we stop rewarding selfishness and begin being grateful again, the loudmouths will become irrelevant once more. •

Another Man's Opinion Bloom is off the Rose, as Once-**Esteemed Journalist Gets Canned**

By Duane Plank

Politically Speaking

As more lefty miscreants, including the respected journalist Charlie Rose, get humbled by their deviant sexual proclivities, it was recently divulged that the worst-kept secret in the hall rooms, boardrooms and bedrooms of Washington, D.C. was the existence of a taxpayer-funded slush account that is utilized to silence and pay off sexual harassment accusers.

Amazing! Your money, my money is cavalierly used by Washington pols as the basis for checks they write to buy the shutting-up ment accusations and make them disappear.

So, who was accused, who got bribed, and how much was the check written for in the cover-up culture of our nation's capital? And why didn't the accused politician write the check from his or her campaign cash account, or from his or her own personal account?

If anyone knows who was accused and who was getting paid, no one is talking. No shock there, right? It seems the main goal after winning an election is staying in power, staying in office. Certainly not implementing the taxpayer's business... Ergo, nothing seems to get done even when the pols are "working"--between taking their extended breaks to visit their disdained constituents, or by taking vacations. No repeal and replace, no tax reform, no this, no that. Anyone paying attention back in the day knew that, allegedly, a lot of dudes named Rose were abusers and miscreants. We had Pete Rose, one of the greatest hitters in baseball, who was caught dallying with an underage gal back in the day. Don't remember if she was 14 or 16. Or if he was 46 or 64 when he dallied with a young gal. Then there was NBA player Derrick Rose, who, along with his posse of hangers-on was accused of some not-so-pleasant encounters with women. No word on whether rocker Axl Rose has had dodgy dealings with women. The one-time revered journalist Charlie Rose accomplished the employment trifecta when he was canned by CBS, PBS and Bloomberg on the same day when his tawdry actions came to light. Another proud day in American journalism! •

of their accusers. And it has been going on for a very long, long time, with those in the know turning a blind eye to rampant sexual shenanigans and tawdry behavior from our elected leaders.

Millions have been paid out to "settle" harassment cases racked up by shameless politicians and others in power. And if that isn't bad enough, the deck is totally stacked against the victim's accusation ever seeing the light of day. The harassment "whistle-blower" faces a well-constructed maze of obstacles as she or he tries to get justice.

The accusers must attend mandatory counseling sessions lasting up to 30 days. Then there is a "mediation" period which can last up to 30 days. If the accusers still want to continue with the convoluted process, they will be forced to endure an administrative hearing before filing a federal lawsuit.

These payoff steps have been around the "swamp" since about 1995. For the past 20 years or so, more than \$15 million of our money has been forked over to settle harass-

from page 3

Police Reports

HILLS ROAD. Suspect(s) smashes windows for entry, ransacks/no loss.

Burglary-Auto Betw. 11/14 5:00:00 PM & 11/14 9:03:16 PM 22500 BLOCK WESTERN AVE. Suspect(s) smashes window for entry, ransacks and takes property/camera.

Battery-Simple Betw. 11/14 4:40:00 PM & 11/14 4:56:04 PM 4800 BLOCK EMERALD ST. Suspect uses a condom to slap victim in the face, pushes him, taunts him to fight.

Auto Theft-All 11/14 3:04 PM 18500 BLOCK HAWTHORNE BLVD. Stolen vehicle: '11 Hyundai Elantra.

Theft Betw. 11/14 11:00:00 AM & 11/14 1:30:00 PM 18000 BLOCK PRAIRIE AVE. Suspect(s) takes property from unattended purse/cash.

Burglary-Auto 11/14 10:27 AM 5000 BLOCK MERRILL ST. Suspect(s) enters vehicle by unknown means, ransacks and takes property/cash.

Burglary-Residential Betw. 11/14 6:15:00 AM & 11/14 6:45:00 AM 18400 BLOCK DORMAN AVE. Suspect enters rear yard, opens screen door and flees when interrupted by victim inside residence/no entry, no loss.

Burglary-Residential Betw. 11/14 & 11/15 7:00:00 PM 3900 BLOCK REDONDO BEACH BLVD. Suspect(s) enters residence by unknown means and takes property/jewelry box, jewelry.

Wednesday, November 15

Burglary-Residential Betw. 11/15 9:00:00 PM & 11/16 6:00:00 AM 20300 BLOCK AMIE AVE. Suspect(s) takes property from rear yard and storage area/bicycles, bag of golf clubs.

Burglary-Residential Betw. 11/15 8:05:00 PM & 11/15 8:08:45 PM 19900 BLOCK TOMLEE AVE. Suspects remove window screens, flee when interrupted by victim returning home/no loss.

Battery-Weapon/Agg Betw. 11/15 7:15:00 PM & 11/15 7:45:17 PM 3500 BLOCK CARSON ST. Suspects punch victim in the head, causing her to fall to the floor where suspects continue to hit her in the face and body.

Burglary-Auto Betw. 11/15 7:00:00 PM & 11/16 7:45:00 AM 20300 BLOCK MADISON ST. Suspect(s) enters vehicle by unknown means, ransacks and takes property/registration, boxing gloves.

Battery-Simple Betw. 11/15 4:05:00 PM & 11/15 4:08:16 PM 1600 BLOCK POST AVE. Suspect slaps victim's head.

Theft Betw. 11/15 1:15:00 PM & 11/15 1:40:00 PM 3500 BLOCK CARSON ST. Suspect(s) takes property from victim's purse as she shops/wallet.

Theft 11/15 10:36 AM 22400 BLOCK OCEAN AVE. Suspect(s) takes property from parking garage/bicycle.

Theft Betw. 11/15 8:00:00 AM & 11/15 3:00:00 PM 20400 BLOCK VICTOR ST. Suspect(s) takes locked property from bike rack/bicycle.

Vandalism 11/15 7:18 AM 18600 BLOCK HAWTHORNE BLVD. Suspect(s) smashes business window/no entry, no loss.

Vandalism 11/15 6:34 AM 18400 BLOCK HAWTHORNE BLVD. Suspect(s) smashes business window/no entry, no loss.

Vandalism 11/15 5:00 AM 18300 BLOCK HAWTHORNE BLVD. Suspect(s) smashes business window/no entry, no loss.

Battery-Weapon/Agg 11/15 12:03 AM 23400 BLOCK MADISON ST. Suspect repeatedly punches victim in the face.

Thursday, November 16

Burglary-Auto Betw. 11/16 11:35:26 PM & 11/16 11:35:38 PM 3900 BLOCK CARSON ST. Suspect(s) smashes window for entry and takes property/bag, laptop, paperwork.

Theft Betw. 11/16 4:00:00 PM & 11/17 7:00:00 AM 3500 BLOCK CARSON ST. Suspect(s) takes property from building under construction/drywall cart.

Vandalism Betw. 11/16 3:30:00 PM & 11/16 11:30:00 PM 21600 BLOCK HAWTHORNE BLVD. Suspect(s) smashes victim's vehicle's window/no entry, no loss.

Friday, November 17

Burglary-Commercial Betw. 11/17 11:30:00 PM & 11/18 11:30:00 AM 3800 BLOCK CARSON ST. Suspect(s) enters office by unknown means and takes property/headphones, gift card.

Auto Theft-All 11/17 7:04 PM 21900 BLOCK WESTERN AVE. Stolen vehicle: '96 Toyota Camry.

Theft 11/17 5:11 PM 2200 BLOCK AR-TESIA BLVD. Suspect(s) takes unattended property/purse.

Burglary-Auto Betw. 11/17 5:00:00 PM & 11/19 8:30:00 PM 17500 BLOCK YUKON AVE. Suspect(s) takes property from unlocked vehicle/keys, garage remote.

Theft Betw. 11/17 4:00:00 PM & 11/20 10:25:00 AM 3800 BLOCK CARSON ST. Suspect(s) takes property from office/ computer.

Theft 11/17 3:56 PM 20400 BLOCK VIC-TOR ST. Suspect(s) takes victim's locked property/skateboard.

Vandalism 11/17 3:46 PM 3500 BLOCK CARSON ST. Suspect(s) scratches victim's vehicle's paint.

Theft 11/17 11:52 AM 24600 BLOCK

CRENSHAW BLVD. Suspect(s) takes property from unsecured vehicle/bank bags, checkbook, cash.

Burglary-Residential Betw. 11/17 9:00:00 AM & 11/18 9:45:00 AM 18300 BLOCK WILTON PL. Suspect(s) partially removes window screen and smashes window/no entry, no loss.

Battery-Simple Betw. 11/17 7:50:00 AM & 11/17 8:00:00 AM 4800 BLOCK CALLE MAYOR. Suspect pushes victim to the ground, causing injury.

Burglary-Commercial Betw. 11/17 3:13:00 AM & 11/17 3:19:00 AM 4400 BLOCK 182ND ST. Suspect(s) pries front door for entry, pries register, pries file cabinets, ransacks office and takes property/cash.

Saturday, November 18

Battery-Weapon/Agg 11/18 10:00 PM 4100 BLOCK HICKMAN DR. Suspect repeatedly punches victim in the face.

Auto Theft-All Betw. 11/18 10:00:00 PM & 11/19 7:00:00 AM 22600 BLOCK OCEAN AVE. Stolen vehicle: '91 Toyota.

Theft Betw. 11/18 10:00:00 PM & 11/19 10:00:00 AM 1900 BLOCK 190TH ST. Suspect(s) takes property off of parked motorcycle/seat, saddle bags, tour pack.

Burglary-Auto Betw. 11/18 5:00:00 PM & 11/18 5:40:00 PM 24400 BLOCK CREN-SHAW BLVD. Suspect(s) takes property from bed of truck/air compressor.

Theft Betw. 11/18 4:00:00 PM & 11/18 4:05:00 PM 2600 BLOCK LOMITA BLVD. Suspect(s) takes property from victim's purse as she shops/wallet.

Vandalism Betw. 11/18 3:13:56 AM & 11/18 3:14:01 AM 18400 BLOCK REGINA AVE. Suspect(s) intentionally smashes garage window. •

PUBLIC NOTICES

Fictitious Business Name Statement 2017295271

The following person(s) is (are) doing business as AUTO CREDIT EXPRESS, 909 N. SEPULVEDA BLVD., 11TH FLOOR, ELSEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles

County on OCTOBER 12, 2017. NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16.11/23.11/30/2017 H-1712

Fictitious Business Name Statement 2017295205 following person(s) is (

The following person(s) is (are) doing business as CARSDIRECT.COM, 909 N. SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12, 2017.

NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16, 11/23, 11/30/2017 H-1713

Fictitious Business Name Statement 2017295230

following The person(s) is (are) doing business as FODOR'S, 909 N. SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD. 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12. 2017

NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ, Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16, 11/23, 11/30/2017 H-1714 Fictitious Business Name Statement 2017295212

The following person(s) is (are) doing business as FODOR'S TRAVEL, 909 N. SEPULVEDA BLVD., 11[™] FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11[™] FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017. Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12, 2017.

NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16, 11/23, 11/30/2017 H-1715

Fictitious Business Name Statement 2017295251

The following person(s) is (are) doing business as NET DRIVEN, 909 N. SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12, 2017.

NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9. 11/16. 11/23. 11/30/2017 H-1116

Fictitious Business Name Statement 2017295280

The following person(s) is (are) doing business as SATISFACTS, 909 N. SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12, 2017. NOTICE: This Fictitious Name Statement expires on OCTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022.

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Fictitious Business Name Statement 2017295292

The following person(s) is (are) doing business as 1) INTERNET BRANDS 2) MODEL MAYHEM 3) DEMANDFORCE 4) MOTORHEADMEDIA 5) RACINGJUNK, 909 N. SEPULVEDA BLVD., 11TH FLOOR, ELSEGUNDO, CA, 90245, LOSANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017 Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 12, 2023. A DRW

Rothers Products Name Statement and Proceedings of CTOBER 12, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 12, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ, Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/3, 11/30/2017 H-1718

Fictitious Business Name Statement 2017309026

The following person(s) is (are) doing business as 1) FULL SLATE 2) VBULLETIN, 909 N. SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA, 90245, LOS ANGELES COUNTY. Registered Owner(s): MH SUB I, LLC, 909 SEPULVEDA BLVD., 11TH FLOOR, EL SEGUNDO, CA 90245, DE. This business is being conducted by a LIMITED LIABILITY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 08/2017. Signed: MH SUB I, LLC, SECRETARY, B. LYNN WALSH. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 26, 2017.

NOTICE: This Fictitious Name Statement expires on OCTOBER 26, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 26, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16, 11/23, 11/30/2017 H-1720

Fictitious Business Name Statement 2017143312

The following person(s) is (are) doing business as GLONATION, 6355 W 80[™] ST, LOS ANGELES, CA, 90045, LOS ANGELES COUNTY. Articles of Incorporation or Organization Number (if applicable) Al#ON: C3190588.Registered Owner(s): SMALL FISH STUDIOS, INC., 6355 W 80[™] ST, LOS ANGELES, CA 90045, CA.This business is being conducted by a CORPORATION. The registrant commenced to transact business under the fictitious business name or names listed above on: N/A. Signed: SMALL FISH STUDIOS, INC., VICE PRESIDENT, DAVID J. KELLETT. This statement was filed with the County Recorder of Los Angeles County on November 1, 2017.

NOTICE: This Fictitious Name Statement expires on November 1, 2022. A new Fictitious Business Name Statement must be filed prior to November 1, 2022. Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). EL SEGUNDO HERALD: Pub. 11/9, 11/16, 11/23, 11/30/2017 H-1721

Fictitious Business Name Statement 2017325155

The following person(s) is (are) doing business as ENCOUNTER COMMUNITY CHURCH 18749 CRENSHAW BLVD TORRANCE, CA 90504, LOS ANGELES COUNTY. Articles of Incorporation or Organization Number (if applicable): Al #ON 0269298, Registered Owner(s) CRENSHAW BAPTIST CHURCH OF TORRANCE, CA, 18749 CRENSHAW BLVD, TORRANCE, CA 90504, CALIFORNIA. This business is being conducted by a CORPORATION. The registrant commenced to transact business under the fictitious business name or names listed above on: 10/2017 Signed: CRENSHAW BAPTIST CHURC TORRANCE, CA. PRESIDENT KENNETH BALLARD, JR. This stateme was filed with the County Recorder of Los Angeles County on NOVEMBER 13, 2017. NOTICE: This Fictitious Name Statement expires on NOVEMBER 13, 2022, A new Fictitious Business Name Statement must be filed prior to NOVEMBER 13, 2022. Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) TORRANCE TRIBUNE Pub. 11/2 Pub. 11/16, 11/23, 11/30, 12/7/2017 HT-1722

Fictitious Business Name Statement 2017329010

The following person(s) is (are) doing business as 1) EGUNDO.COM 2) EGUNDO, 345 RICHMOND ST #B, EL SEGUNDO, CA, LOS ANGELES COUNTY. C3645321 Registered Owner(s): SNATCH MEDIA INC., 345 RICHMOND ST. #B, EL SEGUNDO, CA 90245, CA. This business is being conducted by a corporation. The registrant commenced to transact business under the fictitious business name or names listed above on: 03/2010. Signed: SNATCH MEDIA INC. CEO, Truman Hedding IV. This staten was filed with the County Recorder of Los Angeles County on NOVEMBER 16, 2017. NOTICE: This Fictitious Name Statement expires on NOVEMBER 16, 2022. A new Fictitious Business Name Statement must be filed prior to NOVEMBER 16, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (See Section 14400 ET SEQ., Business and Professions Code) El Segundo Herald Pub. 11/23, 11/30, 12/7. 12/14/2017 H-1723

Fictitious Business Name Statement 2017306688

The following person(s) is (are) doing business as 1) THE ART GARDEN LA 2) THE ART GARDEN LOS ANGELES 3) THE ART GARDEN L.A. 4) THE L.A. ART GARDEN 5) THE LA ART GARDEN 6) THE LOS ANGELES ART GARDEN, 9401 CRENSHAW BLVD. UNIT 2, INGLEWOOD, CA 90305, LOS ANGELES COUNTY. Registered Owner(s): KJP INVESTMENTS, 3004 SONYA SNELLVILLE, GA, 30078, WY. LA. business is being conducted by a LIMITED LIABILTIY COMPANY. The registrant commenced to transact business under the fictitious business name or names listed above on: 07/2017. Signed: KJP INVESTMENTS, CEO, KASHIF POWELL. This statement was filed with the County Recorder of Los Angeles County on OCTOBER 24, 2017. NOTICE: This Fictitious Name Statement

NOTICE: This Fictitious Name Statement expires on OCTOBER 24, 2022. A new Fictitious Business Name Statement must be filed prior to OCTOBER 24, 2022. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). INGLEWOOD DAILY NEWS Pub. 11/23, 11/30, 12/7, 12/14/2017 HI-1724

FOR MORE DETAILED INFORMATION CALL 310-322-1830

Seniors

Know Thrombosis: Tips To Prevent Deadly Blood Clots

(BPT) - When you think of potentially deadly health issues, do you think of a blood clot? According to a recent U.S. survey, only 7 percent of people say they are concerned about blood clots, known by the medical term thrombosis. However, what they might not know is one in four people worldwide die from conditions caused by thrombosis, making it a leading cause of global death and disability.

So, what is thrombosis?

- Thrombosis is the formation of potentially deadly blood clots in the artery (arterial thrombosis) or vein (venous thrombosis).
- When a blood clot forms in the deep veins of the leg, it is known as deep vein thrombosis (DVT).
- If a blood clot travels in the circulation and lodges in the lungs, it is known as a pulmonary embolism (PE).
- Together, DVT and PE are known as venous thromboembolism (VTE), a dangerous and potentially deadly medical condition. DVT + PE = VTE.

"Thrombosis is a significant public health issue about which many people are unfortunately unaware," says Dr. Gary Raskob, Ph.D., dean of the College of Public Health at the University of Oklahoma Health Sciences

Insurance Changes

submit a waiver and have health insurance coverage," the association said when the bill was signed on October 30.

Currently, a relative or investor in a corporation can decline insurance coverage if they own at least 15 percent of the business. That same applies to a member of a board of directors. Bradford's bill relaxes the requirement so that owners with a lower 10 percent stake also may opt out as a cost-saving measure.

The 15-percent rule was "arbitrary" and left many owners of medical corporations to pay higher insurance bills for coverage they didn't need, according to the state's medical association that sponsored Bradford's bill.

CMA noted that the rule had good intentions. It was aimed at stopping employers from handing out phony job titles or small fractions of a business to avoid coverage requirements under the work comp system. Center and chairman of the World Thrombosis Day Steering Committee. "Understanding the risk factors for thrombosis and if you are at risk, as well as the signs and symptoms, is knowledge that could save your life."

Some signs and symptoms of DVT include pain or tenderness in the calf and/or thigh;

swelling of the leg, foot and/or ankle; redness and/or noticeable discoloration; and warmth.

People with PE often experience shortness of breath, rapid breathing, chest pain (which may be worse during deep breath), rapid heart rate, lightheadedness and/or fainting. Risk factors for VTE include hospitalization,



surgery, cancer, prolonged immobility, family history, estrogen-containing medications and pregnancy or recent birth. Given that up to 60 percent of VTE cases occur during or after hospitalization, it's important to ask your doctor for a risk assessment anytime you are admitted to the hospital.

"Knowing the facts about thrombosis can save your life," says Mike Albanese, a comedian living with AFib, a common type of irregular heartbeat, or arrhythmia, which can lead to the formation of a deadly blood clot. "As a comedian, I try to use my shows as a platform to educate others about thrombosis, which can be preventable when you know what to look for."

VTE-related events cause more deaths each year in the U.S. and Europe than breast cancer, AIDS and motor vehicle crashes combined. That's why the International Society on Thrombosis and Haemostasis (ISTH) created a global movement called World Thrombosis Day on Oct. 13 to increase awareness of this often-overlooked condition.

When it comes to thrombosis, knowing the signs, symptoms and risk factors can help you keep life flowing.

For more information about thrombosis, visit worldthrombosisday.org. •

from front page

The 15 percent rule wound up costing medical corporations with 10 owners an additional \$11,000 to \$18,000 per year, the CMA estimated.

Bradford, who is chairman of the state Senate Labor and Industrial Relations Committee, said that he supports all employers paying their fair share for coverage. However, small businesses are being hurt the most. "This bill balances both goals" of preventing premium fraud and removing a cost burden for smaller businesses, Bradford said on his website. Larger businesses and corporations would benefit under the change in law.

Bradford's bill, which Governor Jerry Brown signed in mid-October, rewrites the California Labor Code to ease workers' comp coverage rules and the definition of who is an employee. Under the law, all employees who aren't exempt must be accounted for in a policy for workplace accidents, illnesses and deaths.

An owner or director submits a written waiver under the penalty of perjury, and insurers don't need to verify the information is true. Bradford says on his website that he believes the bill safeguards against more fraud.

Accident insurance rates for all businesses could fall sooner than mid-year. California Insurance Commissioner Dave Jones has recommended that workers' comp insurers lower their rates by as much as 17 percent. His office calculates that the base rate for workplace coverage should be \$1.94 per \$100 of payroll. "The continued decreases in costs to insurers should be passed along to employers through lower rates," said Jones, urging lawmakers to make it automatic. "The law does not require this currently."

The state's elected commissioner advises the insurance industry on what to charge the employers, but can't force them to follow his recommendation. Insurers and their policyholders are seeing lower costs for medical care, which Jones attributes to changes in the law going back to 2012. As a result, claims are being settled more quickly, he reported in late October.

Investigators with the Department of Insurance have cracked down on employers who hide their actual number of employees, while the Division of Workers' Compensation has begun to suspend doctors who are convicted of billing fraud or other crimes. Doctors kicked out of the work comp system cannot treat injured workers or continue to bill their employers for ongoing care.

Fraud in California costs the workers' compensation system between \$1 billion to \$3 billion per year, according to the Department of Insurance.

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Reg Estate

How to Protect Your Family Against Carbon Monoxide Poisoning

(BPT) - Few areas of the country are immune to natural disasters or severe weather. Whether you live in a hurricane zone or face icy winters, it is important to prepare your home and family to weather the storm and know the potential health and safety risks that may arise in emergency situations.

Beyond inconvenience, widespread and long-term power outages resulting from storms raise a much more serious concern: carbon monoxide (CO) poisoning. While the poisonous gas can come from any fossil fuel-burning appliance or vehicle, the risk posed by generators is of particular concern because of this year's devastating storm season.

"Simple preparation, along with an understanding of the risks of CO, are key factors for protecting your home and loved ones both during storm season and throughout the year," said Tarsila Wey, director of marketing for First Alert. "The risk of CO can occur anytime - not just during emergencies - which is why installing and regularly testing CO alarms are an integral part of any home safety plan."

Often dubbed "the silent killer," the gas is colorless and odorless, making it impossible to detect without a CO alarm. According to the Journal of the American Medical Association, CO poisoning is the No. 1 cause of accidental poisoning in the United States and is responsible for an



average of 450 deaths each year.

CO poisoning is notoriously difficult to diagnose - often until it's too late. Symptoms mimic those of many other illnesses, and include nausea, headaches, dizziness, weakness, chest pain and vomiting. In more severe poisoning cases, people may experience disorientation or unconsciousness, or suffer long-term neurological disabilities, cardio-respiratory failure or death.

Sources of CO may include, but are not

limited to, generators, heaters, fireplaces, furnaces, appliances or cooking sources using coal, wood, petroleum products or other fuels emitting CO as a by-product of combustion. Attached garages with doors, ductwork or ventilation shafts connected to a living space also are sources of CO.

The National Fire Protection Association recommends installing CO alarms on every level of the home, including the basement, and within 15 feet of all sleeping rooms.

These alarms are the first line of defense against CO poisoning.

In case of power outage, never use a generator indoors. Portable electricity generators must be used outside only and should never be used in a garage or in any confined area that can allow CO to collect. When running a generator, be sure to remain 15 to 20 feet away from the outside perimeter of the home and be careful to follow operating instructions closely.

Additional areas to consider include the kitchen stove, a frequent source of CO poisoning in the home. Ensure the kitchen vent or exhaust fan is running to limit exposure. For any fuel-burning appliances in the home, make sure to have a professional inspect them regularly to detect any CO leaks. This includes items such as the furnace, oven, fireplace, dryer and water heater.

If you have an attached garage, it is extremely important to never leave your car running inside. Even if the garage door is open, CO emissions can leak inside the home.

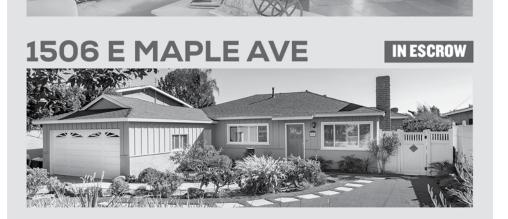
CO alarms should be battery-powered or hardwired with battery backup. To help ensure your family is protected, First Alert offers a variety of alarms to meet all needs, including a table-top alarm with a 10-year sealed battery and digital display to see detected CO levels in parts per million. •











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Ross

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"Hello, I'd like to introduce myself. My name is Ross and I'm a three-year old, male, purebred Miniature Schnauzer who is looking for a forever family to share my life. I'm not quite sure how I ended up homeless and living on the streets, but apparently from the pictures I've seen it had to have been a while. I was rescued from an LA Country shelter where I, as a stray, had been residing with the rest of the street kids. I was such a smelly, matted mess that my breed was totally unrecognizable until Grooming Gives Hope stepped in and worked their magic. Who would have ever guessed that under that mess a handsome, purebred Miniature Schnauzer was hiding? Certainly not those that passed me up! I'm really quite the looker at only 19 pounds with my natural ears and a natural tail. I get along well with other dogs and would be a great addition to your family."

If you're interested in Ross, please email

<u>Happy Tails</u>

info@msfr.org for more information.

"My given name is Maya, but a lot of folks call me Mama Maya because I have three pups! My previous owners never thought to have me spayed and when the inevitable happened, well... let's just say a family of four adorable dogs was not in their plans. They decided to relinquish my babies and me to an LA County shelter where the great folks at MSFR opened their hearts and home to us. I've been told that I'm an extremely sweet girl and I have great social manners.



Alma

I get along well with other dogs and at only two years of age, I'm still a pretty playful pup who enjoys a good romp with friends. I'm a svelte, 16-pound, purebred Miniature Schnauzer with a sweet face, natural ears and a plumy natural tail. I just know that once you see me, you won't be able to walk away and leave someone who could bring so much joy to your life. If you don't believe me, just come to adoptions and see for yourself!"

If you're interested in Maya, please email info@msfr.org for more information.



Maya

I get along really well with other dogs--so if you have one and are looking for a gal-pal for your pooch, or just someone to share your life, I'm the one for you." If you're interested in Alma, please email info@msfr.org for more information. •

"They call me Alma and I think it's because

of the meaning of my name. In Latin, it means

kind and loving and that's definitely who I am.

Well, actually I'm also a 4.5-year-old, female

Miniature Schnauzer mix who was rescued

from an LA County shelter after my previous

owners surrendered me. Can you believe that

they adopted me from the shelter when I was

only two months old and now, over four years

later, they relinquished me because they are

moving to a place that doesn't allow dogs? I

guess in hindsight I wasn't all that important

to them because they never had me spayed,

and let's just say that the environment left

me a bit nervous. I think I would like my

forever family to be an adult-only home that's

low-key and peaceful. I may be 18 pounds,

but I'm a sleek, longer-bodied girl who could

possibly have some 'doxie' in my pedigree.

Be kind. Save a life. Support animal rescue.



Good things come to those who wait was definitely true for this super sweet little gal. No one could understand why it took a bit for her to find her family. It can be rough when you're a Poodle mix in a Schnauzer rescue. Now we all know that it was kismet thanks to some help from our friends--especially Charlotte--at Yellow Brick Road Doggie Playcare. Glory and her new mom met at Yellow Brick Road where

Congratulations to Glory and her new family. Glory was being boarded. They had a great visit and it only took a couple more for her to realize that since Glory already had a place in her heart, it only made sense to give a place in her home. The family had previously owned Boxers and a Pit Bull mix, so this lovable lady is their first smaller dog. She is now living in El Segundo and has happily found her forever family. Special thanks to our friends at Yellow Brick Road for helping with this Happy Tails! •

With help from our friends at Yellow Brick Road, Glory has found a new home and family. Goodness all around!

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If you see a dog with a YELLOW RIBBON or something yellow on the leash, this is a dog who needs some space. Please do not approach this dog with your dog. Please maintain distance or give this dog and his/her person time to move out of your way



sons why a dog may need space: There are many rea HEALTH ISSUES IN TRAINING ENG REHABULATED SCARED OR REACTIVE AROUND OTHER DOGS

THANK YOU! Those of us who own these dogs appreciate your help and respect sted by Lili Out more a